

**CORRIDA  
10KM**



# 3º Grande Prémio 28 Maio 2017 Atletismo

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	213	BRUNO PAIXAO	M	32		00:35:24.53	00:35:21.58	BEJA AC
2	246	FILIPE ROSA	M	32		00:36:05.22	00:36:05.22	ADR ÁGUAS BELAS
3	212	PEDRO ARSENIO	M	34		00:36:41.26	00:36:41.26	BEJA AC
4	214	JOAO CRUZ	M	31		00:37:32.14	00:37:30.01	BEJA AC
5	176	JOAO CAETANO	M	32		00:38:37.81	00:38:36.26	CA ODIMARQ
6	175	MARIO CASSACA	M	44		00:38:38.14	00:38:33.14	CA ODIMARQ
7	210	EUGENIO NETO	M	54		00:39:26.40	00:39:25.00	GD RR
8	178	ANDRE FERREIRA	M	36		00:39:28.53	00:39:25.53	CA ODIMARQ
9	281	ANTÓNIO ALMEIDA	M	33		00:39:34.51	00:39:34.51	C BENFICA ABRANTES
10	177	JOAO FERREIRA	M	40		00:39:43.24	00:39:41.71	CA ODIMARQ
11	215	JOSE LAIR	M	41		00:39:46.25	00:39:46.25	BEJA AC
12	269	JORGE CORREIA	M	46		00:40:10.50	00:40:08.45	C BENFICA ABRANTES
13	245	MIGUEL COTRTIM	M	35		00:40:29.94	00:40:27.66	ADR ÁGUAS BELAS
14	219	MARCO FERREIRA	M	19		00:40:50.96	00:40:50.96	NS CP TORRES NOVAS
15	243	JOÃO MARQUES	M	49		00:40:55.56	00:40:52.81	PADEL CLUB VR STO ANTÓNIO
16	291	TIAGO NUNO	M	33		00:41:00.53	00:41:00.53	C BENFICA ABRANTES
17	211	CUSTODIO ANTONIO	M	40		00:41:25.69	00:41:25.69	BEJA AC
18	179	ALEXANDRE SOARES	M	55		00:41:27.35	00:41:25.71	CA ODIMARQ
19	277	LUIS MOTA	M	46		00:41:29.00	00:41:29.00	C BENFICA ABRANTES
20	273	JOSÉ DURÃO	M	51		00:41:44.22	00:41:42.00	C BENFICA ABRANTES
21	255	NUNO GAMBOA	M	37		00:42:22.65	00:42:19.34	C BENFICA CASTELO BRANCO
22	187	AIRES PRATAS	M	62		00:42:27.46	00:42:25.82	CA ODIMARQ
23	206	JOÃO CORREIA	M	51		00:42:29.26	00:42:29.26	ADR AA AVIS
24	185	PAULO FERNANDES	M	50		00:42:49.64	00:42:43.57	CCD O ALVITEJO
25	158	ARLINDO BRÁS	M	44		00:43:03.04	00:43:03.04	CCCDV/ONDALUX
26	193	MIGUEL PINTO	M	43		00:43:13.56	00:43:07.57	
27	295	ARTUR PAIS	M	45		00:43:38.12	00:43:35.14	C BENFICA ABRANTES
28	224	JOÃO SOUSA	M	49		00:44:14.59	00:44:14.59	NS CP TORRES NOVAS
29	248	RÚBEN ROSA	M	18		00:44:36.84	00:44:32.87	ADR ÁGUAS BELAS
30	259	TIAGO MARQUES	M	39		00:44:41.98	00:44:38.38	C BENFICA CASTELO BRANCO
31	263	JOAO LUIS	M	50		00:44:50.97	00:44:48.15	CPA ALCANENA
32	266	CLAUDIO COTRIM	M	21		00:44:59.07	00:44:59.07	CPA ALCANENA
33	188	JOSE F SILVA	M	55		00:45:02.42	00:44:58.00	PATO BRAVO
34	223	JOAQUIM SANTOS	M	46		00:45:07.66	00:45:02.97	NS CP TORRES NOVAS
35	247	RODRIGO ROSA	M	30		00:45:14.95	00:45:10.37	ADR ÁGUAS BELAS
36	155	JOÃO P R LOURO	M	39		00:45:28.93	00:45:25.78	CCCDV/ONDALUX

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37	290	SÉRGIO CAMPOS	M	31	00:45:42.73	00:45:42.73	C BENFICA ABRANTES
38	199	NELSON OLIVEIRA	M	39	00:45:55.54	00:45:48.95	CLAC ENTRONCAMENTO
39	230	JUCELINO MONTEIRO	M	50	00:46:00.60	00:45:58.33	GDR FIGUEIRAS-Mª GRANDE
40	161	ANTONIO RIBEIRO	M	37	00:46:12.99	00:46:09.99	CCCDAV/ONDALUX
41	159	RUI F P LOPES	M	41	00:46:13.23	00:46:10.58	CCCDAV/ONDALUX
42	194	DAVID LOPES	M	46	00:46:14.14	00:46:09.64	
43	190	LUIS C S PAULETA	M	31	00:46:24.84	00:46:22.92	CCCDAV/ONDALUX
44	226	MÁRCIO L CATARINO	M	38	00:47:00.55	00:46:56.49	
45	171	ANDRE ROSARIO	M	28	00:47:22.85	00:47:16.23	OS PONTA BRANCA UDA
46	297	JOÃO SILVA	M	18	00:47:26.42	00:47:23.15	C BENFICA ABRANTES
47	252	LEONÍDO AFONSO	M	55	00:47:30.46	00:47:27.72	C BENFICA CASTELO BRANCO
48	262	LUIS SILVA	M	46	00:47:44.35	00:47:44.35	CPA ALCANENA
49	192	CARLA SANTOS	F	40	00:47:53.62	00:47:51.62	
50	258	RUI FERNANDES	M	32	00:47:54.72	00:47:49.52	C BENFICA CASTELO BRANCO
51	207	ANTÓNIO VALENTE	M	35	00:47:55.55	00:47:55.55	ADR AA AVIS
52	270	FILIPA MOUTINHO	F	34	00:48:07.73	00:48:00.73	C BENFICA ABRANTES
53	157	HUGO M M A LOPES	M	41	00:48:08.63	00:48:04.60	CCCDAV/ONDALUX
54	181	JOAQUIM MARTINS	M	54	00:48:22.70	00:48:22.70	CA ODIMARQ
55	264	ANTOINE GODINHO	M	38	00:48:30.82	00:48:30.82	CPA ALCANENA
56	265	BRUNO VIEIRA	M	40	00:48:30.96	00:48:27.88	CPA ALCANENA
57	294	PAULO FERREIRA	M	43	00:48:38.70	00:48:35.07	C BENFICA ABRANTES
58	244	CARLOS DURO	M	59	00:48:41.51	00:48:37.81	ADR ÁGUAS BELAS
59	167	FRANCISCO J S V SILVA	M	43	00:48:45.82	00:48:41.71	JÁ TAPANHO
60	289	RENATO MARQUES	M	48	00:48:48.33	00:48:48.33	C BENFICA ABRANTES
61	232	ANTONIO FERREIRA	M	59	00:48:52.14	00:48:50.67	GDR FIGUEIRAS-Mª GRANDE
62	153	MÁRCIO D D ANDRADE	M	31	00:48:52.97	00:48:51.54	CCCDAV/ONDALUX
63	156	HUGO X P COUTINHO	M	28	00:48:54.21	00:48:52.30	CCCDAV/ONDALUX
64	231	MARIO DUARTE	M	59	00:48:55.88	00:48:52.51	GDR FIGUEIRAS-Mª GRANDE
65	195	ANTONIO TIBURCIO	M	52	00:49:01.56	00:48:58.40	
66	191	JOÃO HENRIQUES	M	44	00:49:03.62	00:48:59.68	
67	283	EDGAR GASPAR	M	33	00:50:03.00	00:49:58.58	C BENFICA ABRANTES
68	256	PEDRO FARIA	M	40	00:50:12.42	00:50:03.92	C BENFICA CASTELO BRANCO
69	189	ANTÓNIO J G COSTA	M	53	00:50:24.16	00:50:21.31	
70	272	JOÃO GONÇALVES	M	39	00:50:32.03	00:50:27.15	C BENFICA ABRANTES
71	254	NUNO DUARTE	M	42	00:50:35.51	00:50:27.13	C BENFICA CASTELO BRANCO
72	229	CARLOS FILIPE	M	51	00:50:43.05	00:50:43.05	GDR FIGUEIRAS-Mª GRANDE
73	160	JÚLIO G CRUZ	M	40	00:50:45.23	00:50:39.41	CCCDAV/ONDALUX

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74	186	JOSÉ FERNANDES	M	57	00:51:15.89	00:51:09.25	CCD O ALVITEJO
75	235	EVANGELINO CARDEIRA	M	61	00:51:41.24	00:51:37.59	GDR FIGUEIRAS-Mª GRANDE
76	249	RODRIGO AZEVEDO	M	17	00:51:55.74	00:51:55.74	ADR ÁGUAS BELAS
77	217	MARINA FERREIRA	F	23	00:51:58.37	00:51:58.37	NS CP TORRES NOVAS
78	296	PAULO MARTINS	M	47	00:53:14.19	00:53:08.54	C BENFICA ABRANTES
79	299	NUNO CARREIRA	M	61	00:53:35.38	00:53:28.55	C BENFICA ABRANTES
80	268	AUGUSTO CRUZ	M	67	00:53:59.83	00:53:57.56	C BENFICA ABRANTES
81	184	JOÃO J FERNANDES	M	35	00:54:08.73	00:54:08.73	
82	218	MARIA PIRES	F	20	00:54:17.82	00:54:17.82	NS CP TORRES NOVAS
83	279	RUBEN TIBÉRIO	M	18	00:54:31.29	00:54:26.49	C BENFICA ABRANTES
84	201	LUCIO SERRA	M	57	00:54:45.86	00:54:38.68	AM AMOREIRA
85	233	DIAMANTINO CRUZ	M	59	00:54:49.58	00:54:44.67	GDR FIGUEIRAS-Mª GRANDE
86	251	DALILA ROMÃO	F	23	00:56:34.14	00:56:29.93	C BENFICA CASTELO BRANCO
87	234	ADRIANO FONTE	M	60	00:56:40.63	00:56:36.82	GDR FIGUEIRAS-Mª GRANDE
88	198	JOÃO JOAQUIM	M	70	00:56:46.26	00:56:46.26	CLAC ENTRONCAMENTO
89	280	TERESA MENDES	F	49	00:56:47.77	00:56:47.77	C BENFICA ABRANTES
90	163	PEDRO ALFAIATE	M	38	00:56:48.75	00:56:48.75	CCCD/ONDALUX
91	197	ALVARO LUIS	M	44	00:57:02.59	00:56:58.46	CLAC ENTRONCAMENTO
92	242	MARIO LIMA	M	38	00:57:08.55	00:57:04.86	
93	286	ALICE SILVA	F	44	00:57:20.08	00:57:20.08	C BENFICA ABRANTES
94	222	HUGO NUNES	M	33	00:57:20.59	00:57:15.50	NS CP TORRES NOVAS
95	257	PEDRO LOPES	M	38	00:57:43.65	00:57:43.65	C BENFICA CASTELO BRANCO
96	200	LUIS SERRA	M	60	00:57:49.05	00:57:42.08	AM AMOREIRA
97	274	JOSÉ FONTINHA	M	40	00:57:49.93	00:57:45.47	C BENFICA ABRANTES
98	260	FILIPE GONCALVES	M	17	00:57:50.00	00:57:46.00	C BENFICA ABRANTES
99	236	LEONEL RODRIGUES	M	63	00:58:03.96	00:57:58.83	GDR FIGUEIRAS-Mª GRANDE
100	202	INÊS KOL	F	35	00:58:50.88	00:58:43.44	
101	170	JOSÉ SARAIVA	M	53	00:58:51.28	00:58:43.37	CORRER LISBOA
102	276	MANUEL SILVA	M	43	00:59:02.39	00:59:02.39	C BENFICA ABRANTES
103	196	TATIANA ILDEFONSO	F	34	00:59:37.97	00:59:37.97	
104	227	RICARDO A VIEGAS	M	40	01:00:12.99	01:00:12.99	
105	250	ADELINO INÊS	M	32	01:00:59.63	01:00:53.31	C BENFICA CASTELO BRANCO
106	293	ANTÓNIO ANACLETO	M	47	01:01:55.57	01:01:49.09	C BENFICA ABRANTES
107	253	NUNO DIAS	M	44	01:03:05.38	01:02:59.78	C BENFICA CASTELO BRANCO
108	300	ISABEL SILVA	F	32	01:03:06.16	01:03:06.16	PANORAMA DRINKS
109	241	NUNO RITO	M	35	01:04:58.70	01:04:58.70	QUALQUERCOISA
110	203	INÊS FONSECA	F	41	01:05:08.62	01:05:01.60	ADR AA AVIS

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111	162	ALEXANDRA I M MARTINS	F	31	01:05:57.31	01:05:51.62	CCCDV/ONDALUX
112	298	PAULO SIMAO	M	52	01:08:15.78	01:08:08.01	C BENFICA ABRANTES
113	166	CLÁUDIA MOURATO	F	40	01:08:33.75	01:08:30.42	
114	173	MÁRIO A FERREIRA	M	50	01:08:57.20	01:08:53.20	
115	238	FILIPE CARRILHO	M	46	01:09:00.66	01:08:51.89	QUALQUERCOISA
116	154	JOÃO F D ANDRADE	M	37	01:10:13.69	01:10:08.00	CCCDV/ONDALUX
117	165	JOAQUIM APERTA	M	50	01:10:20.26	01:10:12.39	COA - C ORIENTAÇÃO E AVENTURA
118	164	LUIS GONÇALVES	M	52	01:10:21.32	01:10:13.38	COA - C ORIENTAÇÃO E AVENTURA
119	183	Mª ALCINA CORREIAV	F	64	01:11:57.96	01:11:52.45	C BENFICA ABRANTES
120	239	TERESA VENTURA	F	35	01:12:45.22	01:12:37.75	QUALQUERCOISA
121	182	JOÃO ROSA	M	45	01:13:01.75	01:13:01.75	
122	228	ANA HOMEM	F	40	01:19:15.25	01:19:15.25	
123	278	PAULO CALADO	M	41	01:21:37.37	01:21:32.04	C BENFICA ABRANTES
124	237	MÓNICA VENTURA	F	36	01:24:49.50	01:24:49.50	QUALQUERCOISA
125	240	JOAQUIM VENTURA	M	72	01:24:51.19	01:24:51.19	QUALQUERCOISA
126	204	FLORBELA RODRIGUES	F	47	01:29:06.87	01:29:06.87	ADR AA AVIS
127	208	OTILIA VEDOR	F	41	01:29:07.48	01:29:07.48	ADR AA AVIS

**Total de registos: 127**

### Classificação colectiva baseada na soma dos tempos dos 5 primeiros atletas chegados:

Class	Soma das posições dos 1ºs 5 classificados	Equipa	Nº atletas registados
1	36	BEJA AC	5
2	47	CA ODIMARQ	7
3	76	C BENFICA ABRANTES	26
4	137	ADR ÁGUAS BELAS	6
5	185	CCCDV/ONDALUX	12
6	216	C BENFICA CASTELO BRANCO	10
7	222	CPA ALCANENA	5
8	235	NS CP TORRES NOVAS	6
9	311	GDR FIGUEIRAS-Mª GRANDE	8
10	437	ADR AA AVIS	5
11	593	QUALQUERCOISA	5

**Total de equipas com 5 ou mais atletas registados: 11**