

Class	Num	Nome	Sx	Idd	Cat	Bat	Volta	T. Total	T. Volta
1	430	ALEX GLOWA	M	28		-	4	00:06:52.25	00:01:45.29
							3	00:05:06.96	00:01:51.97
							2	00:03:14.99	00:01:43.71
							1	00:01:31.28	00:01:31.28
2	130	MARIO FERREIRA	M	37		-	4	00:07:46.92	00:01:56.25
							3	00:05:50.67	00:02:08.69
							2	00:03:41.98	00:01:58.94
							1	00:01:43.04	00:01:43.04
3	713	VANDA RIBEIRO	F	43		-	4	00:08:32.72	00:02:08.30
							3	00:06:24.43	00:02:08.34
							2	00:04:16.09	00:02:15.06
							1	00:02:01.02	00:02:01.02
4	322	JOÃO RAMALHO	M	33		-	4	00:08:32.95	00:02:15.28
							3	00:06:17.67	00:02:14.61
							2	00:04:03.06	00:02:07.69
							1	00:01:55.37	00:01:55.37
5	801	KIERAN POFF	M	31		-	4	00:08:37.76	00:02:25.08
							3	00:06:12.68	00:02:13.35
							2	00:03:59.33	00:02:11.75
							1	00:01:47.58	00:01:47.58
6	703	PEDRO ANTUNES	M	39		-	4	00:08:41.74	00:02:06.67
							3	00:06:35.07	00:02:25.19
							2	00:04:09.89	00:02:20.15
							1	00:01:49.73	00:01:49.73
7	820	PATRICK MCLAREN	M	24		-	4	00:08:43.58	00:02:20.48
							3	00:06:23.10	00:02:20.05
							2	00:04:03.04	00:02:08.22
							1	00:01:54.83	00:01:54.83
8	312	MARCO BRITO	M	32		-	4	00:08:59.09	00:02:22.31
							3	00:06:36.78	00:02:17.86
							2	00:04:18.92	00:02:16.63
							1	00:02:02.29	00:02:02.29
9	707	CARLOS GONÇALVES	M	42		-	4	00:09:07.14	00:02:26.23
							3	00:06:40.91	00:02:29.01
							2	00:04:11.91	00:02:10.69
							1	00:02:01.22	00:02:01.22

10	106	JOÃO RIBEIRO	M	42	-	4	00:09:10.92	00:02:39.95
						3	00:06:30.97	00:02:35.05
						2	00:03:55.92	00:02:14.68
						1	00:01:41.24	00:01:41.24
11	124	CARLOS FERNANDES	M	41	-	4	00:09:19.79	00:02:27.48
						3	00:06:52.31	00:02:37.46
						2	00:04:14.85	00:02:24.87
						1	00:01:49.98	00:01:49.98
12	615	SHEA ZASTROW	M	34	-	4	00:09:23.15	00:02:41.17
						3	00:06:41.99	00:02:30.96
						2	00:04:11.02	00:02:18.24
						1	00:01:52.78	00:01:52.78
13	811	ADAM WILLIAMS	M	31	-	4	00:09:31.23	00:02:29.30
						3	00:07:01.94	00:02:37.90
						2	00:04:24.04	00:02:30.06
						1	00:01:53.98	00:01:53.98
14	326	JOSÉ DIAS	M	40	-	4	00:09:39.91	00:02:52.32
						3	00:06:47.59	00:02:20.24
						2	00:04:27.35	00:02:13.93
						1	00:02:13.42	00:02:13.42
15	804	MITCHELL EVANS	M	19	-	4	00:09:40.00	00:02:43.00
						3	00:06:57.00	00:02:30.99
						2	00:04:26.01	00:02:25.50
						1	00:02:00.50	00:02:00.50
16	213	PAULO CUNHA	M	44	-	4	00:09:40.13	00:02:08.37
						3	00:07:31.76	00:02:22.60
						2	00:05:09.16	00:02:31.40
						1	00:02:37.76	00:02:37.76
17	204	ANTÓNIO GONÇALVES	M	56	-	4	00:09:46.63	00:02:28.85
						3	00:07:17.78	00:02:11.78
						2	00:05:06.00	00:02:43.97
						1	00:02:22.03	00:02:22.03
18	721	FLÁVIO LOPES	M	36	-	4	00:09:46.71	00:02:45.10
						3	00:07:01.62	00:02:34.04
						2	00:04:27.58	00:02:24.77
						1	00:02:02.81	00:02:02.81
19	120	RUI LUIS	M	44	-	4	00:09:46.85	00:02:38.40

							3	00:07:08.45	00:02:39.36
							2	00:04:29.09	00:02:37.61
							1	00:01:51.48	00:01:51.48
20	115	CARLOS RODRIGUES	M	61	-	4	00:09:50.37	00:02:07.96	
						3	00:07:42.41	00:02:44.65	
						2	00:04:57.76	00:02:25.70	
						1	00:02:32.06	00:02:32.06	
21	226	PAULO ALVES	M	42	-	4	00:10:02.21	00:02:22.86	
						3	00:07:39.35	00:02:42.45	
						2	00:04:56.90	00:02:30.47	
						1	00:02:26.43	00:02:26.43	
22	114	JUAN COSTA	M	53	-	4	00:10:03.92	00:02:26.84	
						3	00:07:37.08	00:02:39.99	
						2	00:04:57.09	00:02:44.07	
						1	00:02:13.02	00:02:13.02	
23	902	FRANCISCO COSTA	M	41	-	4	00:10:10.02	00:02:54.65	
						3	00:07:15.38	00:02:32.98	
						2	00:04:42.39	00:02:21.31	
						1	00:02:21.08	00:02:21.08	
24	925	DIOGO CONDE	M	35	-	4	00:10:13.01	00:02:39.44	
						3	00:07:33.56	00:02:51.58	
						2	00:04:41.99	00:02:35.35	
						1	00:02:06.63	00:02:06.63	
25	906	HENRIQUE LOPES	M	40	-	4	00:10:15.63	00:02:27.46	
						3	00:07:48.17	00:02:46.03	
						2	00:05:02.13	00:02:41.14	
						1	00:02:20.99	00:02:20.99	
26	722	MIGUEL BAPTISTA	M	29	-	4	00:10:28.09	00:02:43.22	
						3	00:07:44.87	00:03:08.86	
						2	00:04:36.01	00:02:37.28	
						1	00:01:58.73	00:01:58.73	
27	513	PAULO SILVEIRA	M	39	-	4	00:10:28.33	00:02:31.79	
						3	00:07:56.54	00:02:45.90	
						2	00:05:10.65	00:02:32.50	
						1	00:02:38.15	00:02:38.15	
28	819	FRANCISCO ALMEIDA	M	24	-	4	00:10:31.29	00:03:08.08	
						3	00:07:23.21	00:03:04.14	

							2	00:04:19.07	00:02:29.20
							1	00:01:49.88	00:01:49.88
29	220	ALEKSANDRA DAMYANOVA	F	33	-	4	00:10:40.16	00:02:48.75	
						3	00:07:51.41	00:02:41.47	
						2	00:05:09.94	00:02:36.38	
						1	00:02:33.56	00:02:33.56	
30	1005	CARLOS MIRANDA	M	43	-	4	00:10:43.16	00:02:42.05	
						3	00:08:01.12	00:02:50.53	
						2	00:05:10.58	00:02:43.57	
						1	00:02:27.02	00:02:27.02	
31	201	PEDRO PINHO	M	45	-	4	00:10:43.93	00:02:53.58	
						3	00:07:50.35	00:02:50.90	
						2	00:04:59.45	00:02:36.12	
						1	00:02:23.33	00:02:23.33	
32	613	VÍTOR PAULINO	M	44	-	4	00:10:47.75	00:02:59.05	
						3	00:07:48.70	00:03:08.07	
						2	00:04:40.63	00:02:22.40	
						1	00:02:18.23	00:02:18.23	
33	129	JOSÉ NEVES	M	44	-	4	00:10:57.97	00:03:10.31	
						3	00:07:47.66	00:02:48.21	
						2	00:04:59.45	00:02:37.80	
						1	00:02:21.65	00:02:21.65	
34	331	FRANCISCO GERALDES	M	25	-	4	00:10:58.61	00:03:10.60	
						3	00:07:48.01	00:02:53.68	
						2	00:04:54.33	00:02:49.65	
						1	00:02:04.68	00:02:04.68	
35	126	PAULO ALMEIDA	M	50	-	4	00:11:13.24	00:03:05.08	
						3	00:08:08.16	00:02:54.41	
						2	00:05:13.75	00:02:53.23	
						1	00:02:20.52	00:02:20.52	
36	1008	FELISBERTO DIAS	M	41	-	4	00:11:21.14	00:02:51.27	
						3	00:08:29.87	00:02:59.77	
						2	00:05:30.10	00:03:06.64	
						1	00:02:23.45	00:02:23.45	
37	1020	MARIA RODRIGUES AMORIM	F	24	-	4	00:11:23.16	00:03:09.25	
						3	00:08:13.92	00:03:06.08	
						2	00:05:07.84	00:02:52.70	

							1	00:02:15.14	00:02:15.14
38	203	LEONEL FREIRA	M	44	-	4	00:11:25.57	00:03:41.42	
						3	00:07:44.15	00:02:53.02	
						2	00:04:51.13	00:02:37.68	
						1	00:02:13.45	00:02:13.45	
39	113	PAULO REVÉS	M	46	-	4	00:11:34.72	00:03:21.65	
						3	00:08:13.07	00:02:48.33	
						2	00:05:24.74	00:02:43.18	
						1	00:02:41.56	00:02:41.56	
40	429	RICARDO RODRIGUES	M	38	-	4	00:11:40.01	00:03:13.51	
						3	00:08:26.51	00:03:12.61	
						2	00:05:13.90	00:02:46.37	
						1	00:02:27.53	00:02:27.53	
41	424	ANTONIO FERREIRA	M	50	-	4	00:11:43.31	00:03:17.35	
						3	00:08:25.97	00:02:43.15	
						2	00:05:42.82	00:03:06.41	
						1	00:02:36.41	00:02:36.41	
42	1011	PEDRO GOMES	M	31	-	4	00:11:45.24	00:02:56.50	
						3	00:08:48.74	00:03:12.72	
						2	00:05:36.02	00:02:55.77	
						1	00:02:40.25	00:02:40.25	
43	812	STEVE QUIGLEY	M	32	-	4	00:11:53.00	00:02:26.00	
						3	00:09:27.00	00:03:14.00	
						2	00:06:13.00	00:03:30.12	
						1	00:02:42.87	00:02:42.87	
44	403	RUI REIS	M	50	-	4	00:12:01.52	00:03:12.02	
						3	00:08:49.50	00:03:21.73	
						2	00:05:27.77	00:03:01.06	
						1	00:02:26.71	00:02:26.71	
45	1004	PAULO FONSECA	M	44	-	4	00:12:05.69	00:02:49.89	
						3	00:09:15.81	00:03:15.39	
						2	00:06:00.42	00:03:14.99	
						1	00:02:45.43	00:02:45.43	
46	830	VITOR ROCHA	M	46	-	4	00:12:19.75	00:03:47.03	
						3	00:08:32.72	00:03:41.14	
						2	00:04:51.58	00:02:56.58	
						1	00:01:55.00	00:01:55.00	

47	705	PEDRO SANTOS	M	44	-	4	00:12:27.69	00:03:19.57
						3	00:09:08.12	00:03:23.71
						2	00:05:44.41	00:03:10.52
						1	00:02:33.88	00:02:33.88
48	702	JONY DOMINGOS	M	42	-	4	00:12:27.90	00:03:19.41
						3	00:09:08.49	00:03:24.98
						2	00:05:43.51	00:03:07.90
						1	00:02:35.61	00:02:35.61
49	704	LUIS CAETANO	M	42	-	4	00:12:27.92	00:03:19.58
						3	00:09:08.34	00:03:24.27
						2	00:05:44.06	00:03:08.27
						1	00:02:35.80	00:02:35.80
50	706	ISIDRO DIAS	M	46	-	4	00:12:28.03	00:03:19.59
						3	00:09:08.44	00:03:23.27
						2	00:05:45.16	00:03:08.96
						1	00:02:36.20	00:02:36.20
51	727	ANIBAL RIBEIRO	M	42	-	4	00:12:28.48	00:03:13.68
						3	00:09:14.80	00:03:07.95
						2	00:06:06.86	00:03:16.82
						1	00:02:50.04	00:02:50.04
52	901	PAULO PORFIRIO	M	40	-	4	00:12:31.95	00:03:35.65
						3	00:08:56.30	00:03:36.87
						2	00:05:19.42	00:02:55.18
						1	00:02:24.24	00:02:24.24
53	325	CARLOS COELHO	M	29	-	4	00:12:34.05	00:03:38.09
						3	00:08:55.96	00:03:20.13
						2	00:05:35.83	00:03:06.39
						1	00:02:29.44	00:02:29.44
54	420	CARLOS FINO	M	51	-	4	00:12:34.98	00:03:45.43
						3	00:08:49.56	00:03:29.24
						2	00:05:20.32	00:03:14.04
						1	00:02:06.28	00:02:06.28
55	202	JOSÉ HENRIQUES	M	50	-	4	00:12:42.35	00:04:34.20
						3	00:08:08.15	00:02:40.79
						2	00:05:27.36	00:02:47.32
						1	00:02:40.04	00:02:40.04
56	205	CARLOS REIS	M	51	-	4	00:12:42.59	00:03:28.24

							3	00:09:14.35	00:03:36.22
							2	00:05:38.13	00:02:57.86
							1	00:02:40.27	00:02:40.27
57	207	ANTÓNIO RODRIGUES	M	57	-	4	00:12:42.61	00:03:28.89	
						3	00:09:13.72	00:03:33.34	
						2	00:05:40.38	00:03:05.92	
						1	00:02:34.46	00:02:34.46	
58	1006	NUNO CARVALHO	M	20	-	4	00:12:43.91	00:03:30.27	
						3	00:09:13.64	00:03:29.33	
						2	00:05:44.30	00:03:17.61	
						1	00:02:26.70	00:02:26.70	
59	611	JOÃO FERREIRA	M	40	-	4	00:13:02.21	00:04:39.47	
						3	00:08:22.73	00:03:43.56	
						2	00:04:39.18	00:02:43.05	
						1	00:01:56.13	00:01:56.13	
60	313	RUI NOBRE	M	42	-	4	00:13:03.73	00:03:18.51	
						3	00:09:45.22	00:03:31.37	
						2	00:06:13.85	00:04:18.22	
						1	00:01:55.63	00:01:55.63	
61	525	PAULO LOURO	M	54	-	4	00:13:10.43	00:03:52.07	
						3	00:09:18.36	00:03:28.02	
						2	00:05:50.34	00:02:48.24	
						1	00:03:02.10	00:03:02.10	
62	208	PEDRO LOURENÇO	M	34	-	4	00:13:16.34	00:03:43.58	
						3	00:09:32.76	00:03:59.22	
						2	00:05:33.54	00:02:53.74	
						1	00:02:39.80	00:02:39.80	
63	127	JOÃO COUTINHO	M	55	-	4	00:13:22.10	00:04:01.12	
						3	00:09:20.98	00:03:45.20	
						2	00:05:35.78	00:03:22.96	
						1	00:02:12.82	00:02:12.82	
64	428	RUI ALDEANO	M	35	-	4	00:13:25.55	00:04:33.95	
						3	00:08:51.61	00:03:32.53	
						2	00:05:19.08	00:02:53.95	
						1	00:02:25.13	00:02:25.13	
65	116	ANTERO R C MARTINS	M	48	-	4	00:13:31.38	00:03:46.27	
						3	00:09:45.11	00:03:55.53	

							2	00:05:49.58	00:03:27.83
							1	00:02:21.75	00:02:21.75
66	121	INACIO RIBEIRO	M	30	-	4	00:13:36.37	00:03:52.81	
						3	00:09:43.56	00:04:20.85	
						2	00:05:22.71	00:03:05.93	
						1	00:02:16.78	00:02:16.78	
67	210	NUNO ALVES	M	34	-	4	00:13:43.17	00:05:01.46	
						3	00:08:41.71	00:02:35.58	
						2	00:06:06.13	00:03:28.57	
						1	00:02:37.56	00:02:37.56	
68	514	VANDA CORREIA	F	36	-	4	00:13:48.65	00:03:33.03	
						3	00:10:15.63	00:03:42.87	
						2	00:06:32.76	00:03:08.71	
						1	00:03:24.05	00:03:24.05	
69	216	EMERSON FIGUEIREDO	M	49	-	4	00:13:49.03	00:03:42.00	
						3	00:10:07.03	00:03:59.95	
						2	00:06:07.08	00:03:27.75	
						1	00:02:39.33	00:02:39.33	
70	324	JOSÉ MARQUES	M	34	-	4	00:13:49.68	00:03:40.59	
						3	00:10:09.09	00:03:46.70	
						2	00:06:22.39	00:03:29.73	
						1	00:02:52.66	00:02:52.66	
71	528	MANUEL DIAS	M	51	-	4	00:13:52.50	00:03:37.91	
						3	00:10:14.59	00:03:37.49	
						2	00:06:37.11	00:03:27.39	
						1	00:03:09.71	00:03:09.71	
72	1025	PEDRO CABRAL BORGES	M	43	-	4	00:13:56.50	00:04:38.87	
						3	00:09:17.62	00:03:37.95	
						2	00:05:39.67	00:03:05.86	
						1	00:02:33.82	00:02:33.82	
73	419	EDGAR OLIVEIRA	M	35	-	4	00:13:57.08	00:04:32.93	
						3	00:09:24.16	00:03:44.99	
						2	00:05:39.17	00:03:15.88	
						1	00:02:23.29	00:02:23.29	
74	328	JORGE PARAÍBA	M	43	-	4	00:14:00.41	00:04:02.35	
						3	00:09:58.06	00:04:35.22	
						2	00:05:22.84	00:03:28.97	



							1	00:01:53.87	00:01:53.87
75	712	MARTIN PETERSEN	M	30	-	4	00:14:08.40	00:04:55.35	
						3	00:09:13.05	00:03:40.15	
						2	00:05:32.90	00:03:10.77	
						1	00:02:22.13	00:02:22.13	
76	728	NUNO CONDE	M	43	-	4	00:14:18.99	00:03:22.05	
						3	00:10:56.94	00:04:22.89	
						2	00:06:34.04	00:03:42.11	
						1	00:02:51.94	00:02:51.94	
77	629	PEDRO SANTOS	M	33	-	4	00:14:19.25	00:03:44.41	
						3	00:10:34.84	00:03:55.00	
						2	00:06:39.84	00:03:11.19	
						1	00:03:28.65	00:03:28.65	
78	711	MARCOS ANDRÉ	M	32	-	4	00:14:21.22	00:04:11.80	
						3	00:10:09.43	00:04:28.68	
						2	00:05:40.74	00:03:17.95	
						1	00:02:22.79	00:02:22.79	
79	815	GUSTAVO MONTEIRO	M	25	-	4	00:14:30.33	00:06:11.29	
						3	00:08:19.04	00:03:20.20	
						2	00:04:58.83	00:02:42.75	
						1	00:02:16.08	00:02:16.08	
80	316	ANTONIO COSTA	M	60	-	4	00:14:39.20	00:04:13.28	
						3	00:10:25.92	00:03:51.42	
						2	00:06:34.50	00:03:34.26	
						1	00:03:00.24	00:03:00.24	
81	118	MAURÍCIO SANTOS	M	51	-	4	00:14:40.98	00:04:24.70	
						3	00:10:16.28	00:04:09.44	
						2	00:06:06.84	00:03:35.58	
						1	00:02:31.26	00:02:31.26	
82	117	JOÃO FERREIRA	M	54	-	4	00:14:41.51	00:04:25.40	
						3	00:10:16.11	00:04:09.55	
						2	00:06:06.56	00:03:47.02	
						1	00:02:19.54	00:02:19.54	
83	729	QUITO MELO	M	50	-	4	00:14:42.79	00:03:59.67	
						3	00:10:43.12	00:04:09.04	
						2	00:06:34.09	00:03:47.80	
						1	00:02:46.28	00:02:46.28	

84	209	VASCO BAPTISTA	M	33	-	4	00:14:46.41	00:05:27.65
						3	00:09:18.76	00:03:40.19
						2	00:05:38.57	00:03:07.23
						1	00:02:31.34	00:02:31.34
85	917	RUI FILIPE COSTA	M	28	-	4	00:14:50.38	00:06:17.03
						3	00:08:33.34	00:03:35.12
						2	00:04:58.22	00:02:39.16
						1	00:02:19.07	00:02:19.07
86	916	RICARDO F S PEDRO	M	27	-	4	00:14:50.40	00:06:44.81
						3	00:08:05.59	00:03:22.47
						2	00:04:43.12	00:02:38.82
						1	00:02:04.29	00:02:04.29
87	607	ANTÓNIO RODRIGUES	M	38	-	4	00:14:52.81	00:05:11.87
						3	00:09:40.94	00:03:43.67
						2	00:05:57.28	00:03:23.65
						1	00:02:33.62	00:02:33.62
88	606	TIAGO SILVA	M	43	-	4	00:14:57.32	00:03:24.03
						3	00:11:33.29	00:05:00.93
						2	00:06:32.36	00:03:21.40
						1	00:03:10.95	00:03:10.95
89	810	ANDY MASON	M	33	-	4	00:15:15.75	00:03:43.32
						3	00:11:32.44	00:04:36.80
						2	00:06:55.64	00:04:02.00
						1	00:02:53.64	00:02:53.64
90	813	STEPHEN FLOWER	M	31	-	4	00:15:15.98	00:04:01.43
						3	00:11:14.55	00:04:31.93
						2	00:06:42.63	00:03:52.75
						1	00:02:49.88	00:02:49.88
91	112	PAULO ANTUNES	M	50	-	4	00:15:20.55	00:04:02.10
						3	00:11:18.45	00:05:04.47
						2	00:06:13.98	00:03:28.15
						1	00:02:45.83	00:02:45.83
92	229	CATARINA SERRA	F	42	-	4	00:15:30.89	00:05:05.02
						3	00:10:25.87	00:04:15.18
						2	00:06:10.69	00:03:20.72
						1	00:02:49.97	00:02:49.97
93	227	PEDRO SANTOS	M	42	-	4	00:15:31.16	00:04:44.45

							3	00:10:46.71	00:04:51.41
							2	00:05:55.30	00:03:18.49
							1	00:02:36.81	00:02:36.81
94	228	JORGE SILVA	M	47	-	4	00:15:33.03	00:07:21.78	
						3	00:08:11.25	00:03:25.03	
						2	00:04:46.22	00:02:32.04	
						1	00:02:14.18	00:02:14.18	
95	230	LUÍS REI	M	23	-	4	00:15:40.32	00:04:23.07	
						3	00:11:17.25	00:04:42.04	
						2	00:06:35.21	00:03:34.15	
						1	00:03:01.06	00:03:01.06	
96	231	VÍTOR COSTA	M	45	-	4	00:15:40.47	00:05:37.61	
						3	00:10:02.86	00:03:57.99	
						2	00:06:04.87	00:03:04.24	
						1	00:03:00.63	00:03:00.63	
97	224	ANDREIA GONÇALVES	F	32	-	4	00:15:49.05	00:03:59.01	
						3	00:11:50.04	00:04:29.65	
						2	00:07:20.39	00:03:54.68	
						1	00:03:25.71	00:03:25.71	
98	225	RAQUEL SERRÃO	F	33	-	4	00:15:49.38	00:03:59.54	
						3	00:11:49.84	00:04:29.05	
						2	00:07:20.79	00:04:31.77	
						1	00:02:49.02	00:02:49.02	
99	111	ANGELA CONVENIENTE	F	37	-	4	00:15:50.56	00:05:28.24	
						3	00:10:22.32	00:03:54.33	
						2	00:06:27.99	00:03:33.90	
						1	00:02:54.09	00:02:54.09	
100	404	CRISTINA VICENTE	F	28	-	4	00:15:50.75	00:04:11.52	
						3	00:11:39.23	00:04:50.38	
						2	00:06:48.85	00:03:25.84	
						1	00:03:23.01	00:03:23.01	
101	426	NUNO FONTES	M	32	-	4	00:15:52.41	00:07:08.32	
						3	00:08:44.10	00:03:17.83	
						2	00:05:26.27	00:03:25.05	
						1	00:02:01.22	00:02:01.22	
102	618	JOAO LOPES	M	33	-	4	00:15:52.46	00:04:33.22	
						3	00:11:19.24	00:05:07.49	

							2	00:06:11.75	00:03:57.29
							1	00:02:14.47	00:02:14.47
103	517	PAULO VIEIRA	M	38	-	4	00:15:53.00	00:03:56.29	
						3	00:11:56.71	00:04:24.08	
						2	00:07:32.63	00:03:25.63	
						1	00:04:07.00	00:04:07.00	
104	814	RICHARD KANG	M	31	-	4	00:15:53.02	00:04:33.44	
						3	00:11:19.59	00:04:16.88	
						2	00:07:02.71	00:04:07.08	
						1	00:02:55.63	00:02:55.63	
105	807	NIK PAMPLIN	M	34	-	4	00:15:53.32	00:04:38.33	
						3	00:11:15.00	00:03:59.97	
						2	00:07:15.02	00:03:56.80	
						1	00:03:18.23	00:03:18.23	
106	521	RICARDO FIGUEIREDO	M	38	-	4	00:15:56.09	00:03:59.74	
						3	00:11:56.36	00:04:24.78	
						2	00:07:31.58	00:04:27.33	
						1	00:03:04.24	00:03:04.24	
107	323	FILIPPE ABREU	M	35	-	4	00:16:00.76	00:05:05.49	
						3	00:10:55.27	00:04:12.32	
						2	00:06:42.95	00:03:26.16	
						1	00:03:16.79	00:03:16.79	
108	307	JOÃO CALADO	M	38	-	4	00:16:02.11	00:04:19.37	
						3	00:11:42.74	00:04:42.82	
						2	00:06:59.92	00:03:57.21	
						1	00:03:02.71	00:03:02.71	
109	206	JOÃO BORREGO	M	56	-	4	00:16:06.58	00:04:22.75	
						3	00:11:43.83	00:04:30.49	
						2	00:07:13.34	00:04:14.29	
						1	00:02:59.05	00:02:59.05	
110	626	RICARDO TAVARES	M	39	-	4	00:16:08.42	00:05:11.25	
						3	00:10:57.18	00:03:44.38	
						2	00:07:12.80	00:03:42.65	
						1	00:03:30.15	00:03:30.15	
111	732	FILIPA MARTINS	F	42	-	4	00:16:09.69	00:05:28.38	
						3	00:10:41.31	00:03:59.51	
						2	00:06:41.80	00:03:47.43	

							1	00:02:54.37	00:02:54.37
112	623	PAULO VERISSÍMO	M	53	-	4	00:16:09.76	00:03:28.32	
						3	00:12:41.44	00:04:41.48	
						2	00:07:59.96	00:04:25.88	
						1	00:03:34.08	00:03:34.08	
113	731	VERA INACIO	F	38	-	4	00:16:10.09	00:05:28.66	
						3	00:10:41.43	00:03:59.41	
						2	00:06:42.02	00:03:47.34	
						1	00:02:54.68	00:02:54.68	
114	622	TERESA SIMÕES	F	22	-	4	00:16:11.93	00:03:24.86	
						3	00:12:47.07	00:04:44.82	
						2	00:08:02.25	00:04:27.91	
						1	00:03:34.33	00:03:34.33	
115	425	RICARDO CARDOSO	M	36	-	4	00:16:20.34	00:05:18.02	
						3	00:11:02.31	00:04:35.01	
						2	00:06:27.31	00:03:49.17	
						1	00:02:38.14	00:02:38.14	
116	1014	JOSÉ RAMALHO	M	48	-	4	00:16:27.95	00:03:57.70	
						3	00:12:30.24	00:03:31.45	
						2	00:08:58.80	00:03:48.58	
						1	00:05:10.22	00:05:10.22	
117	107	VERA BEXIGA	F	38	-	4	00:16:48.78	00:05:08.73	
						3	00:11:40.05	00:04:20.77	
						2	00:07:19.28	00:04:06.07	
						1	00:03:13.21	00:03:13.21	
118	806	TOMAS KINMONTH	M	31	-	4	00:16:52.03	00:05:18.52	
						3	00:11:33.50	00:04:42.39	
						2	00:06:51.12	00:04:19.46	
						1	00:02:31.66	00:02:31.66	
119	309	TIAGO SILVA	M	34	-	4	00:16:57.94	00:02:37.54	
						3	00:14:20.40	00:05:26.79	
						2	00:08:53.61	00:05:06.63	
						1	00:03:46.98	00:03:46.98	
120	311	ANA DE ANDRADE	F	50	-	4	00:17:00.28	00:05:36.77	
						3	00:11:23.51	00:04:59.69	
						2	00:06:23.82	00:03:32.48	
						1	00:02:51.34	00:02:51.34	

121	805	MICHAEL BLINCO	M	60	-	4	00:17:17.20	00:04:10.99
						3	00:13:06.21	00:04:48.13
						2	00:08:18.08	00:04:58.44
						1	00:03:19.65	00:03:19.65
122	825	PAULO RICARDO MAPELI	M	43	-	4	00:17:17.74	00:07:17.03
						3	00:10:00.71	00:04:40.48
						2	00:05:20.23	00:03:06.46
						1	00:02:13.76	00:02:13.76
123	527	ROMAIN LOMBERTY	M	27	-	4	00:17:19.93	00:06:42.83
						3	00:10:37.09	00:04:44.73
						2	00:05:52.37	00:03:12.30
						1	00:02:40.07	00:02:40.07
124	708	FÁBIO SILVA	M	29	-	4	00:17:26.02	00:05:51.65
						3	00:11:34.36	00:05:37.49
						2	00:05:56.88	00:03:46.32
						1	00:02:10.55	00:02:10.55
125	332	RUBEN BERNARDO	M	28	-	4	00:17:28.40	00:06:07.18
						3	00:11:21.22	00:04:56.65
						2	00:06:24.57	00:04:15.29
						1	00:02:09.28	00:02:09.28
126	802	TOM BLINCO	M	31	-	4	00:17:30.21	00:04:55.80
						3	00:12:34.42	00:05:03.91
						2	00:07:30.51	00:04:14.49
						1	00:03:16.01	00:03:16.01
127	803	JAMES BLINCO	M	19	-	4	00:17:32.49	00:05:40.14
						3	00:11:52.36	00:04:35.51
						2	00:07:16.84	00:04:45.31
						1	00:02:31.54	00:02:31.54
128	620	LUIS SILVA	M	37	-	4	00:17:34.24	00:05:49.46
						3	00:11:44.77	00:05:01.93
						2	00:06:42.85	00:03:58.80
						1	00:02:44.05	00:02:44.05
129	427	BRUNO CARVALHO	M	41	-	4	00:17:37.53	00:04:22.16
						3	00:13:15.38	00:06:10.71
						2	00:07:04.67	00:04:12.96
						1	00:02:51.71	00:02:51.71
130	317	MAFALDA PINA	F	43	-	4	00:17:38.28	00:04:19.14

							3	00:13:19.14	00:04:51.45
							2	00:08:27.69	00:04:38.86
							1	00:03:48.83	00:03:48.83
131	310	SUSANA MARQUES	F	33	-	4	00:17:38.37	00:04:19.06	
						3	00:13:19.31	00:04:51.87	
						2	00:08:27.44	00:04:39.83	
						1	00:03:47.61	00:03:47.61	
132	808	MARIO MANOS	M	29	-	4	00:17:40.05	00:05:03.55	
						3	00:12:36.49	00:05:01.94	
						2	00:07:34.56	00:04:17.95	
						1	00:03:16.60	00:03:16.60	
133	1021	JOAQUIM P M VIEIRA	M	29	-	4	00:17:41.40	00:06:39.84	
						3	00:11:01.56	00:05:15.57	
						2	00:05:46.00	00:03:08.87	
						1	00:02:37.12	00:02:37.12	
134	818	MARIANA FARIA	F	25	-	4	00:17:47.97	00:04:27.88	
						3	00:13:20.09	00:03:54.42	
						2	00:09:25.67	00:06:42.61	
						1	00:02:43.06	00:02:43.06	
135	817	RITA GALOCHA	F	25	-	4	00:17:47.97	00:06:22.52	
						3	00:11:25.46	00:04:21.96	
						2	00:07:03.49	00:04:19.74	
						1	00:02:43.76	00:02:43.76	
136	110	CECÍLIA CONVENIENTE	F	37	-	4	00:17:49.11	00:06:59.46	
						3	00:10:49.65	00:04:15.72	
						2	00:06:33.93	00:03:37.61	
						1	00:02:56.32	00:02:56.32	
137	725	RICARDO NOVAES FERREIRA	M	48	-	4	00:17:56.78	00:05:06.02	
						3	00:12:50.76	00:05:19.73	
						2	00:07:31.03	00:04:10.38	
						1	00:03:20.64	00:03:20.64	
138	726	ANDREA ALMEIDA PEREIRA	M	48	-	4	00:17:56.94	00:05:06.18	
						3	00:12:50.76	00:05:19.35	
						2	00:07:31.40	00:04:10.32	
						1	00:03:21.09	00:03:21.09	
139	827	CARLOS CONCEIÇÃO	M	34	-	4	00:18:10.89	00:06:15.97	
						3	00:11:54.92	00:05:02.47	

							2	00:06:52.45	00:04:06.09
							1	00:02:46.37	00:02:46.37
140	709	LENY FAÇANHA	F	32	-	4	00:18:13.96	00:05:08.47	
						3	00:13:05.49	00:05:45.26	
						2	00:07:20.23	00:04:26.75	
						1	00:02:53.48	00:02:53.48	
141	327	CARLOS GONÇALVES	M	57	-	4	00:18:20.24	00:04:46.86	
						3	00:13:33.38	00:04:54.93	
						2	00:08:38.45	00:04:39.67	
						1	00:03:58.78	00:03:58.78	
142	823	PALOMA GONÇALVES	F	23	-	4	00:18:20.94	00:06:28.72	
						3	00:11:52.22	00:04:21.82	
						2	00:07:30.40	00:04:18.96	
						1	00:03:11.45	00:03:11.45	
143	619	MARTIN SANTOS	M	33	-	4	00:18:25.41	00:05:08.02	
						3	00:13:17.40	00:06:20.85	
						2	00:06:56.54	00:04:04.54	
						1	00:02:52.01	00:02:52.01	
144	710	MARCO LOPES	M	36	-	4	00:18:26.95	00:05:39.96	
						3	00:12:46.99	00:05:20.26	
						2	00:07:26.72	00:04:30.44	
						1	00:02:56.28	00:02:56.28	
145	518	LUIS MENDES	M	38	-	4	00:18:28.01	00:05:18.54	
						3	00:13:09.47	00:04:26.21	
						2	00:08:43.26	00:04:36.65	
						1	00:04:06.61	00:04:06.61	
146	211	NUNO GOMES	M	31	-	4	00:18:32.90	00:10:52.93	
						3	00:07:39.97	00:02:31.24	
						2	00:05:08.73	00:02:35.92	
						1	00:02:32.81	00:02:32.81	
147	217	LUIS CASTANHO	M	43	-	4	00:18:33.55	00:06:40.75	
						3	00:11:52.80	00:04:19.16	
						2	00:07:33.64	00:04:06.39	
						1	00:03:27.25	00:03:27.25	
148	1003	SAMUEL FILIPE ANTUNES	M	41	-	4	00:18:49.21	00:06:42.39	
						3	00:12:06.82	00:06:01.88	
						2	00:06:04.94	00:03:20.23	



								1	00:02:44.71	00:02:44.71
149	232	JOAQUIM MARQUES	M	44	-	4		00:18:51.90	00:04:33.02	
						3		00:14:18.88	00:05:31.94	
						2		00:08:46.94	00:04:47.87	
						1		00:03:59.07	00:03:59.07	
150	423	GABRIEL PICARELI	M	26	-	4		00:18:54.00	00:07:11.75	
						3		00:11:42.25	00:06:04.66	
						2		00:05:37.60	00:03:26.96	
						1		00:02:10.64	00:02:10.64	
151	816	NUNO CACELA	M	25	-	4		00:18:59.56	00:04:32.60	
						3		00:14:26.97	00:06:08.32	
						2		00:08:18.64	00:04:50.77	
						1		00:03:27.88	00:03:27.88	
152	608	ROMEU ALMEIDA	M	41	-	4		00:19:05.16	00:05:57.31	
						3		00:13:07.84	00:04:53.35	
						2		00:08:14.50	00:04:50.67	
						1		00:03:23.83	00:03:23.83	
153	824	BEATRIZ MARTINS	F	25	-	4		00:19:05.50	00:05:16.91	
						3		00:13:48.59	00:06:37.24	
						2		00:07:11.36	00:04:13.85	
						1		00:02:57.50	00:02:57.50	
154	1007	SUSANA ANTUNES	F	27	-	4		00:19:15.52	00:03:10.64	
						3		00:16:04.88	00:08:56.08	
						2		00:07:08.81	00:04:04.33	
						1		00:03:04.47	00:03:04.47	
155	506	DIOGO PINHEIRO	M	41	-	4		00:19:35.33	00:06:41.43	
						3		00:12:53.89	00:05:04.02	
						2		00:07:49.87	00:04:21.87	
						1		00:03:28.00	00:03:28.00	
156	504	ANTÓNIO ALMARAL	M	48	-	4		00:19:35.70	00:05:58.12	
						3		00:13:37.58	00:05:33.10	
						2		00:08:04.49	00:04:36.11	
						1		00:03:28.37	00:03:28.37	
157	505	RUI ARENGA	M	45	-	4		00:19:35.73	00:06:42.64	
						3		00:12:53.10	00:05:04.30	
						2		00:07:48.80	00:04:21.07	
						1		00:03:27.72	00:03:27.72	

158	610	MARCO RODRIGUES	M	39	-	4	00:19:41.31	00:08:08.79
						3	00:11:32.52	00:05:03.23
						2	00:06:29.30	00:03:46.60
						1	00:02:42.69	00:02:42.69
159	215	MARCOS POSSATO	M	41	-	4	00:19:46.62	00:08:41.97
						3	00:11:04.65	00:04:34.03
						2	00:06:30.62	00:03:33.89
						1	00:02:56.73	00:02:56.73
160	131	TIAGO ANDRADE	M	35	-	4	00:19:53.51	00:04:03.02
						3	00:15:50.49	00:07:54.39
						2	00:07:56.10	00:04:41.82
						1	00:03:14.28	00:03:14.28
161	526	FIRMINO GOUVEIA	M	50	-	4	00:20:00.39	00:05:42.80
						3	00:14:17.58	00:06:04.18
						2	00:08:13.41	00:05:29.99
						1	00:02:43.41	00:02:43.41
162	922	HENRIQUE MADEIRA	M	34	-	4	00:20:06.27	00:05:44.78
						3	00:14:21.49	00:06:04.95
						2	00:08:16.54	00:04:29.42
						1	00:03:47.12	00:03:47.12
163	924	ENZO DIMASI	M	37	-	4	00:20:06.32	00:06:25.42
						3	00:13:40.90	00:05:24.73
						2	00:08:16.16	00:04:28.46
						1	00:03:47.70	00:03:47.70
164	1017	VIKTORIA SUKHOTCKAIA	F	55	-	4	00:20:13.87	00:06:47.61
						3	00:13:26.26	00:04:48.97
						2	00:08:37.29	00:05:15.41
						1	00:03:21.89	00:03:21.89
165	1018	DENIS ORLOV	M	44	-	4	00:20:14.09	00:06:48.90
						3	00:13:25.20	00:05:53.03
						2	00:07:32.16	00:04:20.51
						1	00:03:11.66	00:03:11.66
166	908	NUNO M C LOPES	M	42	-	4	00:20:33.70	00:06:24.98
						3	00:14:08.71	00:07:06.71
						2	00:07:02.00	00:03:20.83
						1	00:03:41.18	00:03:41.18
167	907	VITOR BRANCO	M	42	-	4	00:20:35.07	00:06:25.33

							3	00:14:09.75	00:05:34.14
							2	00:08:35.60	00:04:38.90
							1	00:03:56.71	00:03:56.71
168	905	JOÃO SERRAZINA	M	29	-	4	00:20:39.63	00:06:28.91	
						3	00:14:10.71	00:05:37.78	
						2	00:08:32.93	00:04:37.01	
						1	00:03:55.93	00:03:55.93	
169	614	VANESSA M C MIRANDA	F	27	-	4	00:21:02.04	00:05:58.11	
						3	00:15:03.93	00:06:28.82	
						2	00:08:35.11	00:04:52.40	
						1	00:03:42.70	00:03:42.70	
170	219	HUGO ROCHA	M	43	-	4	00:21:15.33	00:07:31.36	
						3	00:13:43.97	00:06:15.89	
						2	00:07:28.08	00:04:48.76	
						1	00:02:39.32	00:02:39.32	
171	212	ANTÓNIO VIOLA	M	48	-	4	00:21:15.44	00:07:31.58	
						3	00:13:43.86	00:06:16.02	
						2	00:07:27.84	00:04:38.01	
						1	00:02:49.83	00:02:49.83	
172	218	DANIEL MARQUES	M	36	-	4	00:21:15.93	00:07:31.95	
						3	00:13:43.98	00:06:14.43	
						2	00:07:29.55	00:04:43.53	
						1	00:02:46.02	00:02:46.02	
173	223	MARGARIDA SCHIAPPA	F	29	-	4	00:21:33.69	00:06:41.53	
						3	00:14:52.16	00:06:37.81	
						2	00:08:14.35	00:04:47.83	
						1	00:03:26.52	00:03:26.52	
174	222	VANESSA PAIXÃO	F	32	-	4	00:21:33.69	00:06:41.46	
						3	00:14:52.23	00:06:37.53	
						2	00:08:14.70	00:04:48.80	
						1	00:03:25.90	00:03:25.90	
175	625	CARLOS REIS	M	36	-	4	00:21:39.00	00:06:04.28	
						3	00:15:34.72	00:07:43.81	
						2	00:07:50.90	00:04:04.50	
						1	00:03:46.41	00:03:46.41	
176	627	PEDRO PINA	M	51	-	4	00:21:39.01	00:06:04.59	
						3	00:15:34.43	00:06:40.50	

							2	00:08:53.92	00:05:02.30
							1	00:03:51.63	00:03:51.63
177	628	JOÃO FRANCISCO	M	27	-	4	00:21:39.35	00:06:04.09	
						3	00:15:35.25	00:07:44.50	
						2	00:07:50.76	00:04:04.53	
						1	00:03:46.23	00:03:46.23	
178	624	PEDRO CARREIRA	M	35	-	4	00:22:00.59	00:06:27.22	
						3	00:15:33.38	00:07:41.34	
						2	00:07:52.03	00:04:24.41	
						1	00:03:27.62	00:03:27.62	
179	103	DÁRIO T PRECIOSO	M	35	-	4	00:22:01.38	00:06:16.28	
						3	00:15:45.10	00:08:13.34	
						2	00:07:31.76	00:04:43.31	
						1	00:02:48.45	00:02:48.45	
180	104	JOSÉ M CANTO	M	35	-	4	00:22:02.22	00:06:17.54	
						3	00:15:44.68	00:08:12.96	
						2	00:07:31.72	00:04:43.46	
						1	00:02:48.26	00:02:48.26	
181	105	JORGE ÂNGELO	M	34	-	4	00:22:03.42	00:06:16.90	
						3	00:15:46.52	00:08:14.46	
						2	00:07:32.06	00:04:44.49	
						1	00:02:47.57	00:02:47.57	
182	1031	TERESA PINTO	F	42	-	4	00:22:19.96	00:07:58.40	
						3	00:14:21.56	00:05:25.18	
						2	00:08:56.38	00:05:07.13	
						1	00:03:49.25	00:03:49.25	
183	1032	NUNO PINTO	M	42	-	4	00:22:20.44	00:07:59.98	
						3	00:14:20.46	00:05:25.58	
						2	00:08:54.88	00:05:06.97	
						1	00:03:47.91	00:03:47.91	
184	119	ANIBAL MARTINS	M	33	-	4	00:22:20.75	00:03:25.07	
						3	00:18:55.68	00:12:05.51	
						2	00:06:50.17	00:04:27.31	
						1	00:02:22.86	00:02:22.86	
185	122	JORGE MARGARIDO	M	31	-	4	00:22:34.74	00:03:36.04	
						3	00:18:58.70	00:09:44.07	
						2	00:09:14.63	00:06:02.00	

							1	00:03:12.63	00:03:12.63
186	522	PAULO MENDES	M	38	-	4	00:22:39.18	00:06:49.00	
						3	00:15:50.17	00:07:06.60	
						2	00:08:43.58	00:04:37.55	
						1	00:04:06.03	00:04:06.03	
187	919	NUNO ANDRÉ	M	44	-	4	00:22:42.83	00:08:21.55	
						3	00:14:21.29	00:06:05.29	
						2	00:08:15.99	00:04:38.66	
						1	00:03:37.34	00:03:37.34	
188	306	NELSON MENDES	M	38	-	4	00:23:10.76	00:08:26.44	
						3	00:14:44.32	00:06:13.61	
						2	00:08:30.71	00:04:16.25	
						1	00:04:14.46	00:04:14.46	
189	308	RICARDO L CASTRO	M	18	-	4	00:23:11.10	00:09:17.60	
						3	00:13:53.50	00:05:22.97	
						2	00:08:30.53	00:04:16.11	
						1	00:04:14.42	00:04:14.42	
190	410	PEDRO COSTA	M	37	-	4	00:23:21.82	00:06:28.84	
						3	00:16:52.98	00:06:49.57	
						2	00:10:03.41	00:05:28.76	
						1	00:04:34.65	00:04:34.65	
191	411	ANA RITA VASCONCELOS	F	30	-	4	00:23:21.88	00:06:13.83	
						3	00:17:08.05	00:07:03.96	
						2	00:10:04.08	00:05:28.66	
						1	00:04:35.43	00:04:35.43	
192	128	SÉRGIO FREITAS	M	42	-	4	00:23:29.76	00:07:16.19	
						3	00:16:13.57	00:08:38.03	
						2	00:07:35.54	00:04:58.44	
						1	00:02:37.10	00:02:37.10	
193	413	TIAGO DINIS	M	35	-	4	00:23:38.72	00:08:06.46	
						3	00:15:32.26	00:06:02.67	
						2	00:09:29.60	00:05:30.82	
						1	00:03:58.78	00:03:58.78	
194	921	JOÃO HENRIQUES	M	38	-	4	00:23:39.67	00:08:30.66	
						3	00:15:09.01	00:05:57.43	
						2	00:09:11.58	00:05:10.82	
						1	00:04:00.76	00:04:00.76	

195	412	RICARDO VALBONTIM	M	40	-	4	00:23:41.67	00:08:08.96
						3	00:15:32.71	00:06:02.84
						2	00:09:29.87	00:05:29.43
						1	00:04:00.44	00:04:00.44
196	415	JÚLIA FILIPE	F	40	-	4	00:23:41.72	00:08:09.45
						3	00:15:32.26	00:06:03.33
						2	00:09:28.94	00:05:29.78
						1	00:03:59.16	00:03:59.16
197	214	JOSÉ NOGUEIRA	M	43	-	4	00:24:50.61	00:08:55.06
						3	00:15:55.55	00:08:28.50
						2	00:07:27.05	00:04:38.36
						1	00:02:48.69	00:02:48.69
198	918	ANA ANDRÉ	F	38	-	4	00:25:30.37	00:06:10.53
						3	00:19:19.84	00:09:24.65
						2	00:09:55.20	00:05:28.46
						1	00:04:26.74	00:04:26.74
199	1015	FRANCISCO S G MARQUES	M	44	-	4	00:25:38.72	00:09:31.21
						3	00:16:07.52	00:07:16.76
						2	00:08:50.75	00:06:25.99
						1	00:02:24.76	00:02:24.76
200	1027	CESAR BRITO	M	28	-	4	00:25:38.82	00:10:20.29
						3	00:15:18.53	00:05:23.57
						2	00:09:54.96	00:07:14.88
						1	00:02:40.07	00:02:40.07
201	1016	MIGUEL CAMILO	M	29	-	4	00:25:38.94	00:10:47.10
						3	00:14:51.83	00:06:56.84
						2	00:07:54.99	00:05:08.08
						1	00:02:46.92	00:02:46.92
202	510	NUNO MONTEIRO	M	32	-	4	00:25:53.14	00:06:33.33
						3	00:19:19.80	00:07:06.69
						2	00:12:13.11	00:06:05.97
						1	00:06:07.15	00:06:07.15
203	828	ANA SOARES	F	27	-	4	00:26:17.13	00:07:57.39
						3	00:18:19.74	00:08:41.86
						2	00:09:37.88	00:06:17.81
						1	00:03:20.07	00:03:20.07
204	829	RICARDO PINHO	M	27	-	4	00:26:18.07	00:07:56.97

							3	00:18:21.10	00:08:43.30
							2	00:09:37.81	00:06:17.24
							1	00:03:20.57	00:03:20.57
205	714	BERNARDO VEDOR	M	19	-	4	00:26:34.33	00:09:54.81	
						3	00:16:39.52	00:06:39.35	
						2	00:10:00.17	00:04:56.61	
						1	00:05:03.56	00:05:03.56	
206	716	ANDRÉ SILVA	M	19	-	4	00:26:34.50	00:08:49.55	
						3	00:17:44.96	00:07:45.47	
						2	00:09:59.48	00:04:57.09	
						1	00:05:02.40	00:05:02.40	
207	320	JOÃO LOURENÇO	M	51	-	4	00:26:50.88	00:07:48.19	
						3	00:19:02.69	00:07:00.65	
						2	00:12:02.04	00:05:34.46	
						1	00:06:27.58	00:06:27.58	
208	319	MARIA JOSÉ MARREIROS	F	39	-	4	00:26:51.49	00:07:47.54	
						3	00:19:03.95	00:07:02.09	
						2	00:12:01.86	00:05:43.05	
						1	00:06:18.81	00:06:18.81	
209	318	MANUEL CRUZ	M	50	-	4	00:26:51.99	00:07:47.27	
						3	00:19:04.72	00:07:01.61	
						2	00:12:03.11	00:05:43.74	
						1	00:06:19.37	00:06:19.37	
210	321	ANTÓNIO SARGENTO	M	50	-	4	00:26:55.32	00:07:53.32	
						3	00:19:02.00	00:08:24.47	
						2	00:10:37.53	00:06:02.68	
						1	00:04:34.85	00:04:34.85	
211	923	PATRIÍCIA MARTINS	F	33	-	4	00:27:26.18	00:11:02.77	
						3	00:16:23.41	00:07:06.30	
						2	00:09:17.12	00:04:55.29	
						1	00:04:21.82	00:04:21.82	
212	519	PEDRO PIRRALHO	M	38	-	4	00:27:26.50	00:09:38.25	
						3	00:17:48.25	00:08:15.66	
						2	00:09:32.59	00:04:50.66	
						1	00:04:41.93	00:04:41.93	
213	516	PEDRO GONÇALVES	M	38	-	4	00:27:26.54	00:09:38.65	
						3	00:17:47.89	00:08:14.95	

							2	00:09:32.94	00:05:20.87
							1	00:04:12.06	00:04:12.06
214	520	JOÃO CARDOSO	M	38	-	4	00:27:26.63	00:07:22.06	
						3	00:20:04.56	00:07:38.98	
						2	00:12:25.58	00:07:43.21	
						1	00:04:42.38	00:04:42.38	
215	612	NUNO MARQUES	M	44	-	4	00:27:56.43	00:09:56.24	
						3	00:18:00.18	00:09:46.29	
						2	00:08:13.89	00:04:56.34	
						1	00:03:17.56	00:03:17.56	
216	602	TIAGO SANTOS	M	42	-	4	00:27:56.81	00:08:12.37	
						3	00:19:44.43	00:08:14.00	
						2	00:11:30.44	00:07:40.60	
						1	00:03:49.84	00:03:49.84	
217	605	BRUNO RAMOS	M	40	-	4	00:27:56.89	00:09:57.57	
						3	00:17:59.33	00:10:27.09	
						2	00:07:32.23	00:04:14.04	
						1	00:03:18.19	00:03:18.19	
218	603	NUNO RODRIGUES	M	37	-	4	00:27:57.50	00:08:13.86	
						3	00:19:43.65	00:08:13.54	
						2	00:11:30.11	00:07:17.52	
						1	00:04:12.58	00:04:12.58	
219	604	NUNO ARSÉNIO	M	44	-	4	00:28:00.75	00:10:01.73	
						3	00:17:59.01	00:08:55.70	
						2	00:09:03.32	00:04:49.48	
						1	00:04:13.83	00:04:13.83	
220	913	JOÃO ZORRINHO	M	27	-	4	00:29:22.98	00:07:18.59	
						3	00:22:04.38	00:10:08.52	
						2	00:11:55.87	00:07:14.45	
						1	00:04:41.41	00:04:41.41	
221	912	JOÃO RAPOSO	M	26	-	4	00:29:23.04	00:07:19.24	
						3	00:22:03.81	00:10:06.55	
						2	00:11:57.26	00:07:16.03	
						1	00:04:41.22	00:04:41.22	
222	920	MANUELA GONÇALVES	F	44	-	4	00:29:46.41	00:09:39.72	
						3	00:20:06.69	00:09:25.16	
						2	00:10:41.54	00:06:18.23	



								1	00:04:23.31	00:04:23.31
223	509	JOAQUIM GAMA	M	32	-	4		00:29:47.11	00:11:56.06	
						3		00:17:51.06	00:06:35.79	
						2		00:11:15.27	00:06:04.65	
						1		00:05:10.61	00:05:10.61	
224	508	RICARDO VALE	M	31	-	4		00:29:47.20	00:12:06.58	
						3		00:17:40.63	00:06:26.07	
						2		00:11:14.55	00:06:04.34	
						1		00:05:10.22	00:05:10.22	
225	512	ALEXANDRE FIGUEIRA	M	32	-	4		00:29:47.24	00:12:06.12	
						3		00:17:41.13	00:06:25.90	
						2		00:11:15.23	00:06:04.85	
						1		00:05:10.38	00:05:10.38	
226	301	HUGO REGO	M	37	-	4		00:30:55.11	00:09:02.84	
						3		00:21:52.27	00:08:51.57	
						2		00:13:00.70	00:07:44.38	
						1		00:05:16.32	00:05:16.32	
227	303	MARCO GUERREIRO	M	36	-	4		00:30:55.49	00:09:02.87	
						3		00:21:52.63	00:08:53.92	
						2		00:12:58.71	00:07:41.91	
						1		00:05:16.80	00:05:16.80	
228	305	DAVIDE CHAINHO	M	31	-	4		00:30:55.58	00:09:03.68	
						3		00:21:51.90	00:08:51.92	
						2		00:12:59.98	00:07:41.74	
						1		00:05:18.24	00:05:18.24	
229	304	SANDRA NUNES	F	38	-	4		00:30:56.06	00:09:03.62	
						3		00:21:52.45	00:08:52.87	
						2		00:12:59.58	00:07:41.99	
						1		00:05:17.59	00:05:17.59	
230	302	LUIS M VIEIRA	M	31	-	4		00:30:56.35	00:09:03.62	
						3		00:21:52.73	00:08:52.71	
						2		00:13:00.02	00:07:43.02	
						1		00:05:17.00	00:05:17.00	
231	909	JOÃO AMARAL	M	27	-	4		00:43:29.22	00:15:11.26	
						3		00:28:17.95	00:16:19.40	
						2		00:11:58.56	00:07:17.24	
						1		00:04:41.32	00:04:41.32	

232	408	RITA VIANA	F	30	-	4	00:51:58.84	00:14:12.63
						3	00:37:46.21	00:14:34.66
						2	00:23:11.55	00:12:23.81
						1	00:10:47.74	00:10:47.74
233	407	ANABELA SANTOS	F	39	-	4	00:51:59.63	00:14:14.43
						3	00:37:45.21	00:14:33.51
						2	00:23:11.69	00:12:23.89
						1	00:10:47.80	00:10:47.80

Total de registros 233

Classificações colectivas baseadas na soma das posições dos 4 primeiros atletas:

Classificação	Equipa	Chegados	Soma pos 4 primeiros	Posição			
				1º	2º	3º	4º
1	BLINCO'S BACHELOR BEER BRIGADE	13	76	5	13	15	43
2	POSTSCRIPTUM	9	88	2	17	31	38
3	CHURRASCO	6	110	6	9	47	48
4	ALCOÓLICOS ASSUMIDOS	8	153	30	36	42	45
5	SABADO DESPORTIVO	11	236	16	67	69	84
6	TEORIA DO BEER BANG	4	262	8	60	74	120
7	BURACA BEER RUNNERS	11	266	32	59	87	88
8	TERRORES DO ASFALTO	5	280	11	19	66	184
9	TÁLENTO PARA CORRER TEAM	4	291	63	65	81	82
10	EME	6	300	21	92	93	94
11	PÉROLA DE PALMA	5	376	28	79	134	135
12	AS CARALHAS	5	397	29	97	98	173
13	FREUNTSCHAFTSDIENSZLEISTUNGSVEREINBARUNGSEKTLÄRUNG	5	417	75	78	124	140
14	HERE 4 BEER	4	526	25	166	167	168
15	DOMATICA RUNNERS	6	538	77	110	175	176
16	POLLINODAO&CRUZ	7	706	162	163	187	194
17	A MOCIDADI	5	910	226	227	228	229