Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	231	JOÃO MOTA	M	31		00:34:11.62	00:34:10.52	EQUIPA MARINHA - CEFA
2	3041	VITOR OLIVEIRA	M	27		00:34:18.65	00:34:17.02	ASS VALE GRANDE
3	560	FILIPE JANUARIO	M	33		00:34:39.98	00:34:38.34	C MILLENNIUM BCP
4	559	ANDRE JANUARIO	M	33		00:35:03.34	00:35:01.44	C MILLENNIUM BCP
5	971	PAULO GUIMARAES	M	39		00:35:13.81	00:35:12.58	AMINHACORRIDA/MYPROTEIN
6	3034	MARCO CARDOSO	M	30		00:35:17.85	00:35:15.99	
7	846	PAULO ALVES	M	39		00:35:24.87	00:35:22.67	GDCT IN CASA MOEDA
8	106	EDGAR OLIVEIRA	M	26		00:35:44.50	00:35:42.02	CDR RIBEIRINHO
9	970	RUI BALTAZAR	M	51		00:35:53.60	00:35:51.45	AMINHACORRIDA/MYPROTEIN
10	618	JOSÉ SILVA	M	46		00:36:14.38	00:36:12.33	ASS VALE GRANDE
11	917	LUIS SANTOS	M	34		00:36:15.30	00:36:12.78	A VALE SILENCIO
12	355	MIGUEL CORREIA	M	50		00:36:28.10	00:36:25.89	CA PATAMEIRAS
13	232	PEDRO LOMBA	M	33		00:36:29.00	00:36:26.75	EQUIPA MARINHA - CEFA
14	991	CARLOS FREITAS	M	45		00:36:30.19	00:36:30.08	BELÉM RUNNERS
15	617	LUIS VASCONCELOS	M	45		00:36:38.72	00:36:36.13	ASS VALE GRANDE
16	234	RICARDO OLIVEIRA	M	37		00:37:06.87	00:37:04.08	EQUIPA MARINHA - CEFA
17	3038	RUI J F HENRIQUES	M	37		00:37:23.81	00:37:22.03	SS MONTEPIO GERAL
18	3052	FERNANDO J S SANTOS	M	51		00:37:58.17	00:37:56.41	MARINHA GUERRA PORTUGUESA
19	236	MANUEL DE SOUSA	M	45		00:38:17.35	00:38:13.92	EQUIPA MARINHA - CEFA
20	766	ANDRÉ F L GAGA	M	29		00:38:20.13	00:38:14.40	
21	899	TIAGO LOBO	M	38		00:38:22.47	00:38:22.03	
22	3035	NELSON FONSECA	M	38		00:38:22.55	00:37:58.16	JOBRINDE-MONTES SALOIOS
23	491	LUIS M S BAÇO	M	41		00:38:23.29	00:38:21.08	
24	620	MARCOS O S ESTRELA	M	23		00:38:25.54	00:38:21.63	ESTORIL PRAIA
25	198	ANGELO SILVA	M	33		00:38:30.92	00:38:26.40	CCDT METRO LX
26	918	PAULO POVOA	M	53		00:38:44.90	00:38:41.92	A VALE SILENCIO
27	555	PEDRO MARTINS	M	49		00:38:46.77	00:38:42.50	C MILLENNIUM BCP
28	702	ANTÓNIO SIMÕES	M	46		00:38:48.45	00:38:47.02	GDC BANCO PORTUGAL
29	108	LUIS REBELO	M	52		00:39:05.20	00:39:05.20	FALCÕES SELVAGENS
30	237	SÉRGIO SIMÕES	M	49		00:39:11.12	00:39:06.76	EQUIPA MARINHA - CEFA
31	619	ANTÓNIO SANTOS	M	48		00:39:13.29	00:39:10.77	ASS VALE GRANDE
32	424	JOÃO PASTOR	M	44		00:39:24.67	00:39:19.22	AA MAFRA
33	749	NELSON PEREIRA	M	40		00:39:29.53	00:39:22.73	GAREHOTELRUNNING
34	987	TIAGO S NOGUEIRA	M	34		00:39:31.39	00:39:25.86	BELÉM RUNNERS

35	751	JOSÉ GEADA	M	46	00:39:36.26	00:39:33.49	ASS VALE GRANDE
36	42	EDUARDO PENA	M	52	00:39:39.45	00:39:35.44	KEEP RUNNING
37	1000	RUI SILVA	M	31	00:39:41.51	00:39:38.78	BELÉM RUNNERS
38	849	VALTER OLIVEIRA	M	40	00:39:44.77	00:39:43.56	GDCT IN CASA MOEDA
39	1071	JOAO MARTINHO	M	36	00:39:48.27	00:39:25.43	
40	614	RUI MARTINS	M	31	00:39:48.74	00:39:45.77	ASS VALE GRANDE
41	706	FERNANDO MARTINS	M	46	00:39:52.48	00:39:51.01	GDC BANCO PORTUGAL
42	1090	ALEXANDRA SOUSA	F	34	00:39:54.50	00:39:52.38	GFD RUNNING
43	993	GONÇALO FERREIRA	M	44	00:39:55.30	00:39:53.76	BELÉM RUNNERS
44	3004	ANTÓNIO FIGUEIREDO	M	36	00:40:00.10	00:39:58.88	OS GALGOS
45	359	JOÃO LUIS	M	50	00:40:06.00	00:40:04.06	CP ALCANENA
46	3027	PAULO PINTO	M	43	00:40:11.83	00:40:08.15	CCDT AUT ALMADA
47	1044	AURELIO AGUIAR	M	61	00:40:15.34	00:40:15.34	A VALE SILENCIO
48	845	NUNO SOUSA	M	43	00:40:15.38	00:40:11.31	GDCT IN CASA MOEDA
49	696	BRUNO PIRES	M	35	00:40:16.07	00:40:14.33	GDC BANCO PORTUGAL
50	104	NUNO SILVA	M	38	00:40:16.24	00:40:08.66	CARACÓIS DE PEDRA
51	920	TIAGO POVOA	M	27	00:40:17.32	00:40:13.80	A VALE SILENCIO
52	1062	HENRIQUE MATIAS	M	39	00:40:22.18	00:39:28.95	CN TRIATLO LISBOA
53	239	SANDRA CONCEIÇÃO	F	36	00:40:22.57	00:40:19.87	EQUIPA MARINHA - CEFA
54	238	MÁRIO ROSA	M	51	00:40:25.04	00:40:22.26	EQUIPA MARINHA - CEFA
55	644	GIL X ALVES	M	40	00:40:27.27	00:40:26.21	UNIDOS DA MANUTENÇÃO
56	571	JOAO CARVALHO	M	53	00:40:29.42	00:40:27.50	C MILLENNIUM BCP
57	16	NUNO ALMEIDA	M	37	00:40:29.87	00:40:25.98	ANSELMINHOS
58	322	JOSÉ GOMES	M	56	00:40:31.03	00:40:28.31	
59	61	DUARTE COSTA	M	33	00:40:32.38	00:40:29.66	O CÃO LARANJA
60	792	ANASTACIO VALADAS	M	63	00:40:32.68	00:40:29.61	GD SANTANDER TOTTA
61	705	PEDRO BARREIRÃO	M	30	00:40:42.97	00:40:40.96	GDC BANCO PORTUGAL
62	38	JOEL P GOMES	M	40	00:40:46.41	00:40:43.17	
63	924	PEDRO C LOPES	M	48	00:40:49.32	00:40:47.15	C PEDRO PESSOA ESC ATLETISMO
64	643	MANUEL SOARES	M	52	00:40:51.97	00:40:50.74	UNIDOS DA MANUTENÇÃO
65	500	BRUNO AMARO	M	37	00:40:54.54	00:40:25.87	
66	907	PAULO J R FIDALGO	M	48	00:41:02.17	00:40:56.19	
67	646	JOSÉ BORGES	M	41	00:41:04.39	00:41:01.28	
68	35	LÚCIA OLIVEIRA	F	37	00:41:04.62	00:41:01.54	EQUIPA MARINHA - CEFA
69	848	RUI CORREIA	M	40	00:41:09.29	00:41:09.29	GDCT IN CASA MOEDA

70	368	LEONARDO CABACEIRA	M	21	00:41:10.63	00:41:02.62	CABACEIRA SPORTS & RUN
71	997	PEDRO A PEREIRA	M	41	00:41:12.46	00:41:09.68	BELÉM RUNNERS
72	3028	ANTONIO SILVA	M	46	00:41:13.73	00:41:10.26	CCDT AUT ALMADA
73	511	VITOR M B BRAGANÇA	M	45	00:41:15.01	00:41:09.51	OS COXOS E O MIGUEL
74	169	PEDRO NOBRE	M	32	00:41:18.19	00:41:12.56	CP EDP LISBOA
75	3009	ANTONIO REBELO	M	45	00:41:23.05	00:41:06.17	
76	452	ANTÓNIO SOUSA	M	55	00:41:25.86	00:41:24.39	
77	776	CARLOS M P VISEU	M	47	00:41:26.24	00:41:20.74	ARNEIRO
78	1035	JOÃO MARREIROS	M	53	00:41:26.72	00:41:20.80	
79	883	CESÁRIO MENDES	M	49	00:41:26.93	00:41:19.80	RUNNERS REGUENGOS
80	910	FERNANDO SOARES	M	42	00:41:39.25	00:41:35.26	URBAN RUN TEAM
81	423	FERNANDO PIRES	M	39	00:41:45.29	00:41:37.42	GALHARDOS RUNNERS
82	421	HUGO HENRIQUES	M	36	00:41:45.57	00:41:37.69	GALHARDOS RUNNERS
83	3044	SUSANA MATOS	F	45	00:41:46.37	00:41:46.37	WINE RUNNERS
84	48	MIGUEL TRAVANCA	M	49	00:41:48.83	00:41:27.52	
85	233	FÁBIO TEIXEIRA	M	38	00:41:50.57	00:41:27.68	EQUIPA MARINHA - CEFA
86	199	ANTÓNIO PEREIRA	M	52	00:41:50.71	00:41:27.95	CCDT METRO LX
87	781	JOAO JESUS	M	41	00:41:50.91	00:41:48.79	GD SANTANDER TOTTA
88	471	RICARDO PITA	M	36	00:41:55.16	00:41:55.16	CAMARA L CLUBE
89	197	ANA F RODRIGUES	F	21	00:41:55.81	00:41:49.91	INGLESES FC
90	483	JOÃO VALHELHAS	M	45	00:41:56.08	00:41:50.00	CAMARA L CLUBE
91	796	RUI MACHINHO	M	40	00:41:58.34	00:41:55.66	GD SANTANDER TOTTA
92	3026	SERGIO SANTOS	M	52	00:42:01.92	00:41:58.73	CCDT AUT ALMADA
93	3007	JAIME LAMEGO	M	57	00:42:02.65	00:41:59.78	MULTIRUNNERS
94	616	BERNARDINO SOARES	M	43	00:42:05.18	00:42:01.41	ASS VALE GRANDE
95	727	LUIS MONTEIRO	M	45	00:42:13.31	00:42:09.37	CLUBE NOVO BANCO
96	66	PAULO J G BRUNO	M	44	00:42:20.40	00:41:56.67	
97	1026	RUI FERNANDES	M	43	00:42:22.95	00:41:29.79	
98	969	CARLOS LOPES	M	42	00:42:30.52	00:42:05.55	AMINHACORRIDA/MYPROTEIN
99	3053	ANTÓNIO P D C F MIRANDA	M	27	00:42:31.18	00:42:01.67	
100	1022	PAULO CHAINHO	M	52	00:42:34.80	00:42:29.64	GDR S FRANCISCO SERRA
101	923	SÉRGIO PIRES	M	41	00:42:42.81	00:42:37.49	
102	294	ANTÓNIO MARÇAL	M	57	00:42:45.39	00:42:39.28	
103	912	OSVALDO CALDEIRA	M	58	00:42:45.85	00:42:41.61	URBAN RUN TEAM
104	525	ANDRÉ F S C PEREIRA	M	32	00:42:46.49	00:42:37.07	

105	963	ARLINDO M S FURÃO	M	43	00:42:46.80	00:42:41.44	
106	3023	RUI MONTEIRO	M	52	00:43:00.90	00:42:57.93	AC PORTALEGRE/UTSM
107	986	MARIO S PEREIRA	M	32	00:43:02.25	00:42:54.38	BELÉM RUNNERS
108	3054	PAULO S C ALVES	M	46	00:43:09.39	00:43:07.08	
109	442	LUÍS ZÊZERE	M	40	00:43:09.92	00:43:01.65	CCD CRÉDITO AGRÍCOLA
110	379	JOSÉ A A BRITO	M	54	00:43:14.19	00:43:12.46	
111	568	ANDRE GONÇALVES	M	20	00:43:16.96	00:42:47.22	C MILLENNIUM BCP
112	146	JORGE M A BERNARDO	M	44	00:43:19.01	00:43:16.17	
113	3017	JOSÉ ALEIXO	M	48	00:43:20.28	00:43:05.76	ALVERCA URBAN RUNNERS
114	59	ANTÓNIO J L MARTINS	M	50	00:43:23.30	00:42:43.35	NAV RUNNERS
115	489	IVAN COSTA	M	28	00:43:27.46	00:43:18.29	CAMARA L CLUBE
116	640	ANTONIO TEXUGO	M	36	00:43:33.18	00:43:17.83	
117	394	JOÃO MONIZ	M	21	00:43:35.43	00:43:34.32	
118	597	ANTERO BRAZ	M	53	00:43:35.72	00:42:55.30	HC RUNNERS
119	911	ANTONIO CARDOSO	M	49	00:43:36.24	00:43:27.88	URBAN RUN TEAM
120	3008	CHANTAL XHERVELLE	F	48	00:43:37.69	00:43:35.72	CPPEA
121	72	EDUARDO SANTOS	M	37	00:43:40.13	00:43:40.13	
122	998	PEDRO CANELAS	M	44	00:43:40.25	00:43:32.59	BELÉM RUNNERS
123	700	JOSÉ MONTEIRO	M	60	00:43:44.56	00:42:54.44	GDC BANCO PORTUGAL
124	515	DAVID T PINHEIRO	M	38	00:43:47.09	00:42:55.29	CCD-AT
125	161	DIOGO LUCAS	M	21	00:44:07.93	00:44:02.55	OS COXOS E O MIGUEL
126	302	JOSE GERARDO	M	54	00:44:10.86	00:43:59.91	CA NAZARÉ
127	174	JOSÉ M V FAUSTINO	M	63	00:44:10.90	00:44:08.79	
128	999	PEDRO R AFONSO	M	49	00:44:14.08	00:44:00.29	BELÉM RUNNERS
129	162	FLORIVAL LUCAS	M	53	00:44:14.43	00:44:09.55	OS COXOS E O MIGUEL
130	351	OSCAR SANTOS	M	58	00:44:15.97	00:44:05.53	CA PATAMEIRAS
131	613	JOSÉ MOREIRA	M	40	00:44:20.47	00:44:17.24	ASS VALE GRANDE
132	531	PEDRO SA	M	44	00:44:21.25	00:43:37.26	C MILLENNIUM BCP
133	629	RUI ALMEIDA	M	50	00:44:21.85	00:44:21.85	GD INE
134	219	MIGUEL T SOUSA	M	42	00:44:28.04	00:44:28.04	C COLAB AGEAS
135	517	CARLOS GONCALVES	M	34	00:44:37.50	00:44:30.89	PRAFIT CLUBE GINASIO VIVENCIA
136	44	JOSÉ NUNES	M	49	00:44:46.32	00:44:46.32	KEEP RUNNING
137	235	VITOR VENDA	M	45	00:44:46.86	00:44:37.52	EQUIPA MARINHA - CEFA
138	534	CRESCENCIO FERREIRA	M	57	00:44:49.28	00:44:40.49	C MILLENNIUM BCP
139	94	PAULO COSTA	M	50	00:44:52.96	00:44:41.32	

140	464	DAVID PEREIRA	M	22	00:44:54.01	00:44:47.25	IMASAMS
141	639	TIAGO FERREIRA	M	33	00:44:59.53	00:44:45.36	
142	364	LEONEL SILVA	M	40	00:45:00.73	00:44:00.84	
143	328	JOSÉ MONSANTO	M	36	00:45:01.13	00:44:32.06	TARTARUGAS INDOMÁVEIS
144	868	PEDRO MENDONÇA	M	40	00:45:02.66	00:44:52.12	GRFH IMPORTAÇAÕ E EXPORTAÇÃO
145	750	CARMEN FERREIRA	F	48	00:45:03.73	00:44:53.05	ASS VALE GRANDE
146	107	JOÃO AZEVEDO	M	34	00:45:07.28	00:45:07.28	
147	74	DIOGO LEITE	M	29	00:45:08.45	00:45:02.78	AXIROS RUNNING
148	459	LUÍS APOLINÁRIO	M	48	00:45:09.27	00:44:53.50	
149	823	ELMAR DERKITSCH	M	60	00:45:10.37	00:44:59.85	MARRIOTT LISBOA
150	1052	RUI BOLOTA	M	44	00:45:11.68	00:45:07.52	
151	1085	MIGUEL CUNHA	M	42	00:45:14.40	00:45:08.99	
152	661	CARLOS ANTUNES	M	42	00:45:16.97	00:44:54.77	SS CGD
153	861	PEDRO PEDROSO	M	32	00:45:22.01	00:44:45.36	
154	636	NUNO C CARMO	M	42	00:45:24.07	00:45:20.93	CPPEA
155	637	CATARINA C CARMO	F	19	00:45:24.54	00:45:20.88	CPPEA
156	976	ERCILIO TABORDA	M	41	00:45:28.09	00:44:50.93	SS CGD
157	793	PEDRO PALHA	M	33	00:45:32.04	00:44:50.02	GD SANTANDER TOTTA
158	1028	JOHN ALMEIDA	M	25	00:45:37.46	00:44:50.79	EQUIPA
159	1037	RUI P G RODRIGUES	M	38	00:45:37.56	00:45:11.24	
160	3011	VASCO L P SOUSA	M	43	00:45:38.17	00:45:10.69	CNMAL
161	3024	ICIAR R NEVADO	F	40	00:45:39.42	00:45:35.01	
162	752	ANDREIA PACHECO	F	23	00:45:40.92	00:45:29.24	
163	977	JOSE MARTINS	M	42	00:45:41.30	00:45:20.26	SS CGD
164	519	DANIEL SEBORRO	M	32	00:45:41.31	00:45:11.89	CLUBE TAP PORTUGAL
165	876	NUNO SILVA	M	41	00:45:41.46	00:45:34.25	NAVIGATOR CLUBE SETUBAL
166	429	ARMANDO CORREIA	M	65	00:45:41.80	00:45:17.98	LESMAS ALOPRADAS
167	474	MIGUEL VELEZ	M	53	00:45:42.39	00:44:23.82	CAMARA L CLUBE
168	756	CÉDRIC MONTEIRO	M	29	00:45:42.76	00:45:12.84	CASEBRE
169	484	JÚLIO REIS	M	44	00:45:45.49	00:45:36.16	CAMARA L CLUBE
170	989	APOLO PEREIRA	M	47	00:45:49.61	00:45:47.92	BELÉM RUNNERS
171	512	GONÇALO PATRICIO	M	36	00:45:50.33	00:45:05.62	
172	670	JOAQUIM FRADE	M	61	00:45:50.97	00:45:45.91	SS CGD
173	342	JOSÉ COSTA	M	37	00:45:51.62	00:45:37.76	
174	371	PEDRO AFONSO	M	31	00:45:52.29	00:45:17.06	CLUBE ANACOM

175	520	JORGE GONÇALVES	M	31	00:45:54.24	00:45:24.30	CLUBE TAP PORTUGAL
176	1093	BRUNO COSTA	M	39	00:45:55.60	00:45:03.35	GDCTIMCM
177	396	GONÇALO FRAGOSO	M	32	00:45:56.35	00:45:27.19	CCD CASA PIA
178	864	MIGUEL MANA	M	37	00:45:58.00	00:45:08.05	
179	3000	HUGO QUEIMADO	M	39	00:46:01.80	00:45:46.67	LÁCHEGAREI
180	99	HELDER VALADAS	M	36	00:46:03.93	00:45:27.28	OS PERIGOSOS
181	262	FILIPE ARCADINHO	M	36	00:46:04.05	00:45:25.24	PAIEFILHO
182	245	CONSTANTINO ARAÚJO	M	49	00:46:06.00	00:45:42.66	
183	980	HELDER R M SILVA	M	43	00:46:09.89	00:45:51.05	GE RUNNERS
184	242	JOÃO L G BOGALHEIRO	M	47	00:46:10.99	00:46:05.54	A VALE SILENCIO
185	763	JOAO BRAZ	M	53	00:46:11.05	00:45:53.84	CA ODIMARQ
186	472	PAULO GONÇALVES	M	45	00:46:16.20	00:46:01.33	CAMARA L CLUBE
187	807	PEDRO XAVIER	M	44	00:46:17.05	00:45:50.10	GD SANTANDER TOTTA
188	3022	NUNO LOPES	M	37	00:46:18.89	00:46:13.02	
189	1072	FATIMA NEGRI	F	26	00:46:27.55	00:46:04.10	
190	157	JOSÉ BATISTA	M	46	00:46:31.79	00:46:31.79	
191	3030	CARLOS COELHO	M	55	00:46:35.20	00:46:10.95	GA MONSANTO/GASCAN
192	129	JOÃO PEDRO VIEGAS	M	51	00:46:35.46	00:46:29.18	
193	842	ANA CORREIA	F	37	00:46:36.31	00:46:07.80	MARGIL
194	324	JOAQUIM RAMALHO	M	47	00:46:36.76	00:46:27.40	
195	55	BRUNO SILVA	M	36	00:46:37.53	00:46:06.62	BIFANAS CORRIDA
196	1060	OSEIAS GESSO	M	39	00:46:37.85	00:46:12.20	
197	397	NUNO NAIA	M	42	00:46:38.44	00:46:31.36	C MILLENNIUM BCP
198	436	BRUNO ROCHA	M	33	00:46:39.48	00:46:32.17	CCD CRÉDITO AGRÍCOLA
199	1027	PAULO MARQUES	M	41	00:46:42.38	00:45:48.68	SS CGD
200	1046	MÁRIO ESPERANÇA	M	34	00:46:43.54	00:46:17.08	
201	80	LUIS AMORIM	M	59	00:46:43.63	00:46:28.93	NA BDF
202	217	JOSÉ L CAETANO	M	64	00:46:48.80	00:46:24.05	C COLAB AGEAS
203	166	CARLOS P RODRIGUES	M	59	00:46:50.43	00:46:47.97	CP EDP LISBOA
204	330	NUNO A V MIGUEL	M	44	00:46:53.61	00:46:49.12	
205	139	LUIS F A BERNARDO	M	41	00:46:59.85	00:46:54.85	
206	3040	NUNO SILVA	M	40	00:47:01.64	00:46:45.07	3B TRIATULO
207	821	CARLOS M S CAEIRO	M	62	00:47:01.74	00:46:58.82	
208	673	JOSE DIMAS	M	48	00:47:03.96	00:46:43.80	SS CGD
209	708	FERNANDO RIBEIRO	M	51	00:47:06.44	00:46:57.64	GDC BANCO PORTUGAL

210	947	JOAQUIM SIMAO	M	54	00:47:06.88	00:47:06.88	ODEBRECHT PORTUGAL
211	241	JESSICA GOMES	F	22	00:47:06.91	00:47:03.33	EQUIPA MARINHA - CEFA
212	780	CARLOS TEIXEIRA	M	44	00:47:09.80	00:46:41.31	GD SANTANDER TOTTA
213	668	HENRIQUE AMADOR	M	45	00:47:12.45	00:46:51.22	SS CGD
214	615	MARIA FREITAS	F	37	00:47:13.89	00:47:13.89	ASS VALE GRANDE
215	21	NUNO MENDES	M	27	00:47:15.74	00:47:01.02	
216	701	ADELINO SEMEDO	M	64	00:47:15.97	00:46:27.50	GDC BANCO PORTUGAL
217	647	LUÍS G CALDEIRA	M	44	00:47:16.63	00:46:56.40	OCS / PROAVENTURAS
218	333	ERNESTO GUIA	M	62	00:47:19.33	00:47:02.44	ACD BOCAL
219	916	LEONEL NEVES	M	63	00:47:20.67	00:47:05.56	A VALE SILENCIO
220	671	JORGE MORGADO	M	56	00:47:21.63	00:46:49.32	SS CGD
221	692	SARA NEIVA	F	19	00:47:22.27	00:47:15.60	SPORT ALMADA FIGUEIRINHAS
222	305	JOSÉ FREITAS	M	54	00:47:23.73	00:46:42.08	AA LEBRES SADO
223	37	SERGIO M G MACHADO	M	39	00:47:25.19	00:47:05.09	SEA WOLVES
224	346	RUI REAL	M	35	00:47:25.58	00:46:54.66	BIFANAS CORRIDA
225	404	MANUEL NASCIMENTO	M	60	00:47:25.62	00:47:25.62	CPPEA
226	292	CATARINA A ALVES	F	26	00:47:25.92	00:47:21.64	
227	888	JOAO CARVALHO	M	28	00:47:27.98	00:46:44.24	HC RUNNERS
228	3050	VITOR MARTINS	M	57	00:47:31.46	00:47:08.28	
229	320	RUI BARROS	M	48	00:47:33.16	00:47:25.88	
230	45	NUNO GONÇALVES	M	64	00:47:34.95	00:47:23.68	KEEP RUNNING
231	325	HILARIO TORRES	M	57	00:47:34.99	00:47:09.53	RUN 4 FUN
232	879	AMILCAR M M FERNANDES	M	43	00:47:35.37	00:47:21.85	GYDARUN
233	173	LUIS M P MARTINS	M	42	00:47:37.39	00:47:04.52	ECI RUNNING TEAM
234	573	CARLOS RAMOS	M	50	00:47:41.73	00:46:59.96	C MILLENNIUM BCP
235	913	ANTONIO FERNANDES	M	60	00:47:43.26	00:47:43.26	A VALE SILENCIO
236	693	JOSÉ A CALIXTO	M	64	00:47:44.65	00:47:18.86	
237	349	EDUARDO BRAZ	M	45	00:47:45.22	00:47:02.95	710806
238	438	CÂNDIDO ALVES	M	44	00:47:45.98	00:47:36.90	CCD CRÉDITO AGRÍCOLA
239	393	FABIANO BORTOLOTTI	M	42	00:47:46.84	00:47:42.28	EMSA
240	532	FERNANDO RODRIGUES	M	52	00:47:47.04	00:47:04.20	C MILLENNIUM BCP
241	25	JOÃO P MARREIROS	M	46	00:47:47.83	00:47:27.08	SEA WOLVES
242	3037	RUI MARQUES	M	40	00:47:49.31	00:47:35.09	
243	39	HUGO FAVINHA	M	33	00:47:50.04	00:47:29.18	SEA WOLVES
244	816	ANTONIO FERREIRA	M	45	00:47:52.17	00:46:49.69	GD SANTANDER TOTTA

245	3048	RUI NED	M	40	00:47:53.72	00:47:45.32	
246	389	PAULO J PAIXÃO	M	42	00:47:57.02	00:47:47.65	C COLAB AGEAS
247	386	RODRIGO CARMO	M	19	00:48:00.25	00:47:13.98	
248	192	NELSON SALDANHA	M	39	00:48:03.61	00:47:44.00	
249	628	NUNO ROMAO	M	49	00:48:05.04	00:47:15.00	GD INE
250	856	FERNANDO ANACLETO	M	66	00:48:06.56	00:48:00.76	
251	939	PEDRO CANECO	M	43	00:48:07.02	00:47:23.48	COININHAS RUNNERS
252	598	LEONARDO BRAZ	M	19	00:48:12.07	00:47:31.48	HC RUNNERS
253	742	PEDRO A R FAVINHA	M	37	00:48:12.59	00:48:06.13	RACING BIKES
254	871	LUIS A TAVARES	M	46	00:48:15.79	00:48:10.68	
255	443	CARLOS MARTINS	M	43	00:48:16.23	00:48:06.09	CCD CRÉDITO AGRÍCOLA
256	960	VITOR MORAIS	M	58	00:48:20.91	00:48:06.54	MARGIL
257	156	EURICO GOMES	M	54	00:48:21.13	00:47:51.34	ADCR PJ
258	1048	JULIO DAMAS	M	37	00:48:21.24	00:48:03.87	EQUIPA PÉS ESCALDADOS
259	150	PEDRO PINEL	M	47	00:48:22.70	00:47:41.05	NAV RUNNERS
260	659	BRUNO DIAS	M	40	00:48:23.11	00:48:00.96	SS CGD
261	387	LUIS F M P P COELHO	M	44	00:48:23.64	00:47:57.05	
262	800	DANIEL SIMOES	M	43	00:48:24.76	00:48:07.74	GD SANTANDER TOTTA
263	3042	PAULO MONTEIRO	M	43	00:48:26.20	00:48:13.49	ASS VALE GRANDE
264	428	FERNANDO BAPTISTA	M	46	00:48:26.52	00:47:45.05	HC RUNNERS
265	791	ANTONIO CRUZ	M	69	00:48:26.65	00:48:06.66	GD SANTANDER TOTTA
266	896	PEDRO M S V COSTA	M	50	00:48:27.47	00:48:03.84	CORRER LISBOA
267	940	JOÃO CALISTO	M	56	00:48:27.49	00:48:02.31	
268	979	JOSE BELO	M	45	00:48:28.40	00:47:58.81	GE RUNNERS
269	983	CATARINA M MORAIS	F	34	00:48:28.44	00:47:58.95	GE RUNNERS
270	3045	CLÁUDIA ROSADO	F	34	00:48:28.89	00:48:15.28	
271	747	FERNANDO TORRES	M	53	00:48:30.89	00:48:24.30	GAREHOTELRUNNING
272	366	SÓNIA A F ALMEIDA	F	39	00:48:32.41	00:48:18.29	
273	204	JOSÉ L SANTOS	M	47	00:48:34.42	00:47:54.43	CCDT METRO LX
274	738	SAMUEL LOUREIRO	M	37	00:48:36.57	00:48:28.86	CLUBE NOVO BANCO
275	1049	TIAGO SALDANHA	M	33	00:48:39.19	00:48:21.28	EQUIPA PÉS ESCALDADOS
276	909	MARIANA CALDEIRA	F	27	00:48:39.88	00:48:35.53	URBAN RUN TEAM
277	3021	JOÃO ANTUNES	M	47	00:48:46.97	00:48:42.05	
278	456	JOSE ADRIÃO	M	44	00:48:49.44	00:48:22.50	IMASAMS
279	477	LICÍNIO FIDALGO	M	57	00:48:49.74	00:48:30.96	CAMARA L CLUBE

280	498	PEDRO CONFRARIA	M	39	00:48:51.93	00:48:51.93	CARVALHO CONFRARIA
281	380	EDUARDO B S NUNES	M	38	00:48:54.88	00:47:57.04	
282	468	ADELINO GOMES	M	47	00:48:55.26	00:48:38.61	
283	921	SERGIO MELRO	M	50	00:48:56.01	00:47:43.26	
284	698	JOAQUIM FERRÃO	M	56	00:48:56.60	00:48:39.12	GDC BANCO PORTUGAL
285	884	MÁRIO S COSTA	M	36	00:48:59.31	00:48:01.97	
286	567	JOSE ARRUDA	M	67	00:49:01.75	00:48:39.56	C MILLENNIUM BCP
287	152	DIOGO SOUSA	M	32	00:49:02.71	00:48:46.39	
288	839	SILVIA NEIVA	F	46	00:49:05.37	00:48:58.06	SS CGD
289	840	LUIS CALHA	M	48	00:49:05.48	00:49:02.26	
290	350	PAULO GAMBOA	M	46	00:49:06.31	00:48:25.00	CA PATAMEIRAS
291	1074	ATLETA NÃO CADASTRADO	M	0	00:49:06.35	00:48:41.57	
292	905	JOSÉ L N M A LOPES	M	42	00:49:06.39	00:48:43.40	
293	136	CRISTINA MADANÇOS	F	37	00:49:06.74	00:48:25.92	
294	847	RICARDO ALVES	M	40	00:49:07.59	00:48:30.30	GDCT IN CASA MOEDA
295	3039	NUNO M S VENES	M	41	00:49:10.99	00:49:07.10	
296	3060	PATRICIA FERREIRA	F	40	00:49:17.94	00:49:14.89	
297	962	MARCOS A F PEREIRA	M	61	00:49:18.21	00:48:34.98	
298	50	RUI VIEIRA	M	42	00:49:21.05	00:48:59.50	
299	681	PEDRO LOPES	M	37	00:49:23.96	00:49:23.96	SS CGD
300	304	PEDRO CRAVEIRO	M	45	00:49:26.90	00:49:11.99	
301	118	PAULO FERREIRA	M	39	00:49:27.38	00:49:12.48	
302	360	VITOR FERREIRA	M	52	00:49:29.07	00:48:56.79	CP ALCANENA
303	764	CARLOS ANTUNES	M	65	00:49:29.94	00:49:10.60	CA ODIMARQ
304	353	MIGUEL TAVARES	M	44	00:49:31.05	00:49:25.21	CA PATAMEIRAS
305	402	EMANUEL SEITA	M	42	00:49:31.15	00:49:28.19	
306	753	JORGE ANDRADE	M	54	00:49:31.21	00:49:22.52	
307	982	IDALECIO BARROS	M	62	00:49:31.40	00:49:25.30	GE RUNNERS
308	286	CARLOS GONÇALVES	M	52	00:49:32.54	00:49:22.84	SFUAP
309	131	RICARDO PALMA	M	35	00:49:35.00	00:49:07.28	CNMAL
310	185	AUGUSTO CARIA	M	64	00:49:35.71	00:49:23.58	MARGIL
311	665	FERNANDO LIMA	M	47	00:49:39.67	00:49:17.22	SS CGD
312	75	ANABELA CONSTANTE	F	43	00:49:41.03	00:49:12.59	BIFANAS CORRIDA
313	635	TITO SANTOS	M	41	00:49:42.24	00:49:24.10	CLUBE VODAFONE
314	632	ALEXANDRE SILVA	M	41	00:49:42.74	00:49:23.49	CLUBE VODAFONE

315	867	JOÃO TELES	M	32	00:49:43.67	00:49:10.31	
316	191	JOÃO TELO	M	42	00:49:43.91	00:49:24.08	
317	536	CARLOS COSTA	M	52	00:49:44.04	00:49:32.36	C MILLENNIUM BCP
318	466	NUNO BRUNHETA	M	41	00:49:45.62	00:49:30.14	
319	874	RITA NOVO	F	40	00:49:46.18	00:48:52.00	RUN BUDDY RUN
320	755	CHRISTIANE MONTEIRO	F	34	00:49:46.23	00:49:18.64	CASEBRE
321	545	PEDRO PEREIRA	M	51	00:49:49.63	00:49:33.69	C MILLENNIUM BCP
322	308	PAULO DUARTE	M	51	00:49:57.47	00:49:45.91	GDCT UNICRE
323	135	JOÃO P F S R TABORDA	M	31	00:49:57.78	00:49:11.82	
324	1078	TITO PEREIRA	M	33	00:49:58.00	00:49:02.79	CARVALHAL
325	953	JOÃO P TEIXEIRA	M	47	00:49:58.00	00:49:03.35	
326	318	FATIMA MANTEIGA	F	47	00:49:58.13	00:49:58.13	GDCT UNICRE
327	667	FRANCISCO VIEIRA	M	48	00:49:59.93	00:49:44.28	SS CGD
328	880	SÓNIA P R SARO	F	28	00:50:01.72	00:49:34.41	
329	937	TAM AFONSO	M	64	00:50:02.90	00:49:57.86	AÇOREANA
330	1116	JOSE MACHADO	M	51	00:50:03.74	00:49:20.46	NAV RUNNERS
331	327	ANA I MARQUES	F	47	00:50:03.82	00:49:22.76	NAV RUNNERS
332	801	MANUEL ROBALO	M	71	00:50:08.72	00:49:50.25	GD SANTANDER TOTTA
333	215	FERNANDO J MATIAS	M	60	00:50:10.03	00:49:45.59	C COLAB AGEAS
334	447	RUI GRAÇA	M	54	00:50:10.29	00:50:02.29	CCD CRÉDITO AGRÍCOLA
335	227	ROBERTO C M AZEVEDO	M	37	00:50:10.76	00:50:07.19	
336	392	ARTUR ALFAMA	M	39	00:50:10.91	00:49:52.83	
337	475	ERNESTO MONTEIRO	M	44	00:50:12.91	00:49:53.03	CAMARA L CLUBE
338	83	LUIS NUNES	M	42	00:50:14.14	00:49:59.13	CTJ
339	461	MIGUEL PEREIRA	M	42	00:50:15.18	00:49:48.02	IMASAMS
340	870	DANIEL RIBEIRO	M	21	00:50:19.54	00:49:33.64	LEVEL HEALTH CLUB
341	737	RUI DUARTE	M	44	00:50:19.65	00:50:04.74	CLUBE NOVO BANCO
342	123	JOSE GASPAR	M	44	00:50:19.82	00:50:05.97	TRIO
343	178	ÁLVARO GOMES	M	43	00:50:22.94	00:50:16.88	
344	377	JOSÉ HILÁRIO	M	57	00:50:23.54	00:49:31.20	OS ARGÁLIAS
345	739	VANDA MURTEIRA	F	42	00:50:23.64	00:50:23.64	CLUBE NOVO BANCO
346	526	ANTÓNIO H MARQUES	M	55	00:50:23.99	00:49:58.99	
347	252	RICARDO J M BRANCO	M	46	00:50:25.16	00:50:20.31	GFD RUNNING
348	992	CLAUDIA BORRALHO	F	43	00:50:25.48	00:50:21.83	BELÉM RUNNERS
349	936	NUNO M B MARTINS	M	44	00:50:25.64	00:49:48.94	

350	3014	LUÍS SIMÕES	M	41	00:50:25.86	00:49:57.55	LEVEL HEALTH CLUB
351	878	RENATO MOREIRA	M	31	00:50:30.03	00:50:11.76	NAVIGATOR CLUBE SETUBAL
352	137	CARLOS PEREIRA	M	34	00:50:30.74	00:50:03.62	OS ZATOPEQUES
353	641	ABEL P V GONÇALVES	M	38	00:50:32.41	00:50:15.86	EQUIPA MARINHA-CEFA
354	754	RAFAELA C BENTO	F	28	00:50:32.53	00:50:19.72	
355	676	LUIS SILVA	M	47	00:50:33.95	00:50:18.01	SS CGD
356	101	JOSÉ HENRIQUES	M	61	00:50:35.95	00:50:27.35	OS PERIGOSOS
357	41	JOÃO PALMA	M	19	00:50:36.08	00:50:23.08	KEEP RUNNING
358	315	FERNANDO LUZ	M	46	00:50:36.25	00:50:24.84	GDCT UNICRE
359	316	PAULA RATO	F	51	00:50:37.06	00:50:26.13	GDCT UNICRE
360	518	LUIS DIAS	M	35	00:50:37.39	00:50:30.36	PRAFIT CLUBE GINASIO VIVENCIA
361	297	AMADIZ SABINO	M	43	00:50:39.15	00:50:14.76	AZEITÃO RUNNING
362	748	PAULO TORRES	M	40	00:50:39.92	00:50:32.53	GAREHOTELRUNNING
363	251	ALEXANDRE KORTES	M	42	00:50:40.02	00:50:12.23	SETUBAL
364	406	ANTÓNIO SENGO	M	38	00:50:44.07	00:50:25.11	
365	112	ANGELO M L SOUSA	M	40	00:50:45.88	00:50:11.92	
366	113	GUSTAVO GONZÁLEZ	M	31	00:50:46.02	00:50:11.68	
367	544	ACACIO LOPES	M	49	00:50:47.14	00:50:09.34	C MILLENNIUM BCP
368	339	CARLOS JESUS	M	34	00:50:47.84	00:50:45.88	
369	690	NUNO SOBRAL	M	41	00:50:49.29	00:49:53.53	RUN BUDDY RUN
370	140	ANTONIO C NOVAS	M	38	00:50:50.73	00:50:01.19	
371	358	PAULA GONÇALVES	F	41	00:50:52.54	00:50:26.08	
372	175	RUI MARTINS	M	44	00:50:52.70	00:50:25.88	
373	329	ANDRÉ CARDOSO	M	36	00:50:53.35	00:50:24.26	TARTARUGAS INDOMÁVEIS
374	578	JOSE RODRIGUES	M	66	00:50:54.59	00:50:51.91	C MILLENNIUM BCP
375	40	PEDRO DIAS	M	42	00:50:54.74	00:50:41.49	KEEP RUNNING
376	184	BENTO J C RAMINHOS	M	47	00:50:54.85	00:50:31.15	
377	218	MIGUEL F ESTEVES	M	34	00:50:55.22	00:50:30.98	C COLAB AGEAS
378	280	PAULO PIRES	M	54	00:50:56.09	00:50:31.69	SUNSET GYM
379	85	JOÃO M J ESTEVÃO	M	36	00:50:58.88	00:50:32.83	
380	203	JOÃO P CUNHA	M	19	00:51:02.68	00:50:31.18	CCDT METRO LX
381	981	VITOR PAULO	M	43	00:51:03.21	00:50:32.86	GE RUNNERS
382	109	ANA REBELO	F	23	00:51:04.85	00:50:43.25	FALCÕES SELVAGENS
383	1014	JOSE MONTEIRO	M	59	00:51:07.45	00:50:12.65	
384	445	MIGUEL VINAGRE	M	41	00:51:07.64	00:50:38.63	CCD CRÉDITO AGRÍCOLA

385	434	ANTÓNIO P AMARAL	M	39	00:51:07.73	00:50:58.32	CCD CRÉDITO AGRÍCOLA
386	952	MIGUEL GAMA	M	48	00:51:09.53	00:51:01.11	
387	3012	MAURO CASTRO	M	41	00:51:09.77	00:50:41.29	RUNNIOLOGIA
388	961	AMÉRICO LOPES	M	53	00:51:11.15	00:50:28.68	ÁGUIAS DA CAPARICA
389	966	MAXIMIANO SANTOS	M	52	00:51:11.58	00:50:58.54	
390	105	JÚLIO FERREIRA	M	62	00:51:13.18	00:50:33.11	CARACÓIS SONOLENTOS
391	686	SANDRO COSTA	M	36	00:51:13.67	00:50:55.64	SS CGD
392	521	MANUEL MEXIA	M	51	00:51:14.06	00:50:18.06	CLUBE TAP PORTUGAL
393	852	RUI BRÁZ	M	39	00:51:15.11	00:50:38.23	GDCT IN CASA MOEDA
394	3018	JOSÉ L CARDOSO	M	45	00:51:16.21	00:50:49.68	CNMAL
395	902	JOSÉ A F GOMES	M	64	00:51:17.45	00:50:40.43	TEJAVISTA
396	496	JOÃO FIALHO	M	38	00:51:21.69	00:50:32.05	CCD-AT
397	522	JOSE SOUSA	M	52	00:51:25.53	00:50:29.65	CLUBE TAP PORTUGAL
398	1030	MÁRIO GENOVEVO	M	50	00:51:27.21	00:51:12.74	
399	1057	CARLOS TEIXEIRA	M	56	00:51:27.81	00:50:48.26	LEBRES E TARTARUGAS
400	354	INES SANTOS	F	28	00:51:28.62	00:51:17.80	CA PATAMEIRAS
401	765	GONÇALO RODRIGUES	M	57	00:51:29.25	00:50:49.25	
402	684	RUI M OLIVEIRA	M	44	00:51:30.68	00:51:09.13	SS CGD
403	356	RUI FONTE-BOA	M	27	00:51:31.61	00:51:13.80	CA PATAMEIRAS
404	914	CARLOS COSTA	M	50	00:51:32.04	00:51:14.35	A VALE SILENCIO
405	194	ELSA LUIS	F	46	00:51:32.60	00:51:32.60	BIFANAS CORRIDA
406	599	JORGE M S SILVA	M	62	00:51:32.87	00:51:26.44	
407	388	VASCO SANTOS	M	34	00:51:33.21	00:50:39.64	
408	967	LUÍS AMARO	M	48	00:51:34.29	00:50:58.27	
409	205	JOSÉ P CUNHA	M	53	00:51:35.29	00:51:03.14	CCDT METRO LX
410	300	JOÃO C FERREIRA	M	53	00:51:36.02	00:50:48.37	
411	604	BRUNO ALVES	M	29	00:51:38.94	00:51:32.77	
412	247	RUI DIAS	M	39	00:51:39.97	00:51:25.83	MOVET
413	946	MANUEL PAULO	M	59	00:51:41.71	00:51:29.01	ODEBRECHT PORTUGAL
414	64	ANTÓNIO BARBAS	M	49	00:51:41.91	00:50:50.22	
415	14	RAUL MOITA	M	60	00:51:42.77	00:50:45.45	
416	450	PEDRO F C ALMEIDA	M	40	00:51:42.84	00:51:42.84	BIFANAS CORRIDA
417	666	FRANCISCO CLERIGO	M	63	00:51:43.29	00:51:23.70	SS CGD
418	122	MIGUEL FIGUEIREDO	M	41	00:51:43.98	00:51:29.57	TRIO
419	348	LUIS FERNANDES	M	45	00:51:44.31	00:51:02.15	710806

420	955	NUNO SILVA	M	39	00:51:45.27	00:51:07.91	
421	826	VITOR MONTEIRO	M	54	00:51:46.05	00:51:34.45	MARRIOTT LISBOA
422	804	LARA VELOSO	F	41	00:51:47.63	00:51:14.04	GD SANTANDER TOTTA
423	857	GUSTAVO BASTOS	M	40	00:51:51.94	00:51:33.35	QUENIANOS DO SADO
424	965	GONÇALO TAVARES	M	41	00:51:52.20	00:51:31.45	
425	1023	PAULO VERISSIMO	M	49	00:51:54.58	00:51:37.46	CLUBE NOVO BANCO
426	110	RUI FERNANDES	M	46	00:51:55.49	00:51:11.08	
427	398	CARLOS BARGADO	M	52	00:51:55.84	00:51:23.66	AÇOREANA
428	67	BRUNO GONÇALVES	M	38	00:51:56.30	00:51:29.58	
429	460	PEDRO MACHADO	M	34	00:51:57.16	00:51:40.49	
430	564	SERGIO ANJOS	M	69	00:51:58.68	00:51:33.33	C MILLENNIUM BCP
431	31	MARIO RAMOS	M	57	00:52:00.29	00:51:15.91	APOGMA
432	476	EDUARDO MANSO	M	55	00:52:03.51	00:52:03.51	CAMARA L CLUBE
433	513	ALEXANDRA GUERREIRO	F	43	00:52:04.70	00:51:12.99	CCD-AT
434	43	EURICO CAROCHA	M	50	00:52:06.71	00:51:54.70	KEEP RUNNING
435	296	HÉ?ÍO AUGUSTO	M	40	00:52:09.49	00:51:49.06	AZEITÃO RUNNING
436	87	CARLOS SECO	M	56	00:52:10.14	00:51:57.97	
437	630	ALEXANDRE NEVES	M	42	00:52:11.19	00:49:51.80	
438	535	ARTUR LEITE	M	52	00:52:14.82	00:51:31.70	C MILLENNIUM BCP
439	691	PEDRO LOPES	M	44	00:52:18.48	00:51:23.97	RUN BUDDY RUN
440	723	JORGE PEREIRA	M	62	00:52:20.30	00:51:40.37	CLUBE NOVO BANCO
441	1015	FRANCISCO BANDO	M	66	00:52:22.25	00:51:29.06	
442	777	JOAO ROCHA	M	65	00:52:23.34	00:52:21.13	GD SANTANDER TOTTA
443	376	ROBERT TEIXEIRA	M	30	00:52:24.48	00:51:32.55	OS ARGÁLIAS
444	1092	MARCO CARVALHO	M	40	00:52:25.63	00:51:47.16	GDCTIMCM
445	715	ANA M MONTEIRO	F	50	00:52:27.46	00:52:09.36	CLUBE NOVO BANCO
446	3020	NUNO ALMEIDA	M	41	00:52:31.95	00:52:00.07	SPORTINGS DE ALMEIDA
447	606	RAUL CARVALHO	M	58	00:52:35.03	00:52:24.61	FALCÕES SELVAGENS
448	46	JOAQUIM VARANDA	M	54	00:52:36.30	00:52:24.08	KEEP RUNNING
449	176	ARMANDO SILVA	M	61	00:52:36.35	00:52:36.35	
450	18	MARIO ALVES	M	61	00:52:41.40	00:51:50.52	SFUAP
451	721	JOAQUIM MONTEIRO	M	49	00:52:43.10	00:52:24.63	CLUBE NOVO BANCO
452	787	TIAGO CANHOTO	M	45	00:52:43.12	00:51:57.34	GD SANTANDER TOTTA
453	897	VITOR RAMOS	M	37	00:52:46.58	00:52:46.58	OS ZATOPEQUES
454	28	JOSE PIRES	M	46	00:52:46.65	00:52:03.29	APOGMA

455	481	ADELINO PIRES	M	52	00:52:48.48	00:52:14.42	CAMARA L CLUBE
456	142	AMÁVEL LUZ	M	55	00:52:48.91	00:52:29.21	
457	56	AIRES ILDEFONSO	M	61	00:52:50.42	00:51:50.37	
458	400	TIAGO CATALÃO	M	33	00:52:51.40	00:52:33.95	CARACÓIS TURBINADOS
459	403	JOSE L S CORREIA	M	57	00:52:56.67	00:52:31.34	NAV RUNNERS
460	858	CIRO SILVA	M	39	00:52:57.67	00:52:39.45	QUENIANOS DO SADO
461	803	LIDIA LOPES	F	54	00:52:58.18	00:52:34.75	GD SANTANDER TOTTA
462	96	FILIPE MONTEIRO	M	28	00:52:59.11	00:52:08.19	
463	1099	JULIO QUINTINO	M	46	00:53:01.42	00:52:20.63	CM ALMADA
464	202	CARLOS MOREIRA	M	63	00:53:07.34	00:52:41.38	CCDT METRO LX
465	352	RUTE SANTOS	F	50	00:53:08.64	00:52:50.28	CA PATAMEIRAS
466	984	MIGUEL D CARDOSO	M	41	00:53:09.48	00:52:38.71	GE RUNNERS
467	274	ANTÓNIO GASPAR	M	53	00:53:10.93	00:52:29.98	SUNSET GYM
468	505	SUZANA FARIA	F	45	00:53:11.20	00:52:43.87	
469	3016	LUIS ROMANEIRO	M	56	00:53:11.73	00:52:52.51	CORRIDAS E COMIDAS
470	271	MÁRIO ANJO	M	52	00:53:12.31	00:52:30.95	SUNSET GYM
471	3013	RICARDO CONCEIÇÃO	M	31	00:53:14.86	00:52:43.66	
472	226	JOÃO SEQUEIRA	M	40	00:53:16.59	00:52:35.19	CORRER LISBOA
473	886	LUIS FERREIRA	M	62	00:53:19.93	00:52:54.28	
474	528	FRANCISCO HEITOR	M	40	00:53:20.66	00:53:00.31	
475	47	JOSÉ ANDRADE	M	51	00:53:21.62	00:53:08.34	KEEP RUNNING
476	385	PEDRO NUNES	M	44	00:53:22.15	00:52:35.63	
477	712	TÓ JERÓNIMO	M	37	00:53:23.11	00:52:28.87	RUN BUDDY RUN
478	440	JOÃO VIEIRA	M	58	00:53:23.31	00:53:15.58	CCD CRÉDITO AGRÍCOLA
479	357	RUI MARTINS	M	60	00:53:23.72	00:52:42.20	CA PATAMEIRAS
480	942	JOSE A RODRIGUES	M	57	00:53:25.26	00:52:26.05	
481	903	SEVERINO CRUZ	M	54	00:53:26.00	00:52:35.46	AFIS-OVAR
482	770	RODRIGO COUTINHO	M	40	00:53:26.67	00:52:54.68	
483	68	HUGO M R COLAÇO	M	39	00:53:29.53	00:53:29.53	
484	100	ALCIDES NUNES	M	58	00:53:30.91	00:52:53.06	OS PERIGOSOS
485	762	NOEMIA MONTEIRO	F	42	00:53:31.38	00:53:11.82	
486	210	PAULO A MORAIS	M	43	00:53:33.13	00:53:00.70	CCDT METRO LX
487	243	MARIA FERNANDES	F	43	00:53:35.02	00:53:35.02	
488	612	BRUNO M V CARVALHO	M	31	00:53:37.92	00:53:22.15	
489	154	VÍTOR GONZAS	M	50	00:53:40.72	00:53:14.89	PIRATE RUNNERS

490	854	ALEXANDRA ALVES	F	38	00:53:41.51	00:53:04.54	GDCT IN CASA MOEDA
491	53	HENRIQUE S MARTINS	M	56	00:53:41.75	00:52:49.82	
492	30	CARLOS SOUSA	M	49	00:53:42.66	00:52:58.00	APOGMA
493	951	GONCALO LOUREIRO	M	39	00:53:47.62	00:53:16.53	ROADRUNNERS
494	435	BRUNO LIMA	M	29	00:53:49.36	00:53:16.30	CCD CRÉDITO AGRÍCOLA
495	95	JORGE A S GUERREIRO	M	48	00:53:55.18	00:53:48.69	
496	291	VITOR AGUILAR	M	66	00:53:55.62	00:53:25.36	RUN 4 FUN
497	779	JOSE MONTEIRO	M	67	00:53:59.69	00:53:40.01	GD SANTANDER TOTTA
498	651	JOÃO F DUARTE	M	64	00:54:00.00	00:53:35.40	
499	650	LUIS M L VICENTE	M	56	00:54:00.18	00:54:00.18	
500	964	SALVADOR AFONSO	M	63	00:54:00.89	00:53:43.95	GD SANTANDERTOTTA
501	733	MIGUEL DIAS	M	46	00:54:01.07	00:53:30.59	CLUBE NOVO BANCO
502	1117	ATLETA NÃO CADASTRADO	M	0	00:54:01.80	00:53:38.57	
503	891	NUNO TORRES	M	33	00:54:04.06	00:53:29.64	
504	1024	JOÃO CARLOS BORGES	M	49	00:54:05.51	00:53:27.98	TEJAVISTA
505	278	PEDRO GONÇALVES	M	51	00:54:05.81	00:53:25.21	SUNSET GYM
506	562	MARIO CAMPOS	M	68	00:54:07.08	00:53:33.24	C MILLENNIUM BCP
507	1053	LUÍS REVÉS	M	43	00:54:08.00	00:53:48.97	
508	363	ABILIO TAVARES	M	61	00:54:08.53	00:53:56.85	
509	439	LUÍS DAMIÃO	M	49	00:54:09.22	00:53:58.91	CCD CRÉDITO AGRÍCOLA
510	284	JOÃO FIALHO	M	35	00:54:10.53	00:53:37.32	SUNSET GYM
511	711	NEVES SILVA	M	64	00:54:11.32	00:53:51.77	C FERROV PORTUGAL
512	542	CARLA PALMA	F	42	00:54:11.79	00:53:15.42	C MILLENNIUM BCP
513	541	JORGE PALMA	M	43	00:54:11.93	00:53:16.89	C MILLENNIUM BCP
514	487	EDUARDO ALEIXO	M	52	00:54:12.36	00:54:04.71	CAMARA L CLUBE
515	592	HELENA GONCALVES	F	46	00:54:12.51	00:54:04.06	CAMARA L CLUBE
516	627	MARCO MOURA	M	37	00:54:18.96	00:54:18.96	GD INE
517	595	PEDRO PEREIRA	M	41	00:54:19.90	00:53:27.44	
518	695	ANA PINTO	F	23	00:54:20.42	00:54:11.15	
519	510	ALEXANDRE PEDROSA	M	41	00:54:21.04	00:53:26.83	BTT COSTA AZUL
520	509	ANTONIO POLIDO	M	44	00:54:21.22	00:53:26.50	BTT COSTA AZUL
521	121	JOAQUIM BENTES	M	66	00:54:21.49	00:54:08.26	TRIO
522	148	RENATO CORREIA	M	41	00:54:22.56	00:54:08.04	
523	724	JOSE PEQUENO	M	41	00:54:23.95	00:54:23.95	CLUBE NOVO BANCO
524	730	MANUELA MANTEIGAS	F	33	00:54:24.16	00:53:28.11	CLUBE NOVO BANCO

525	556	NUNO MENDES	M	32	00:54:25.21	00:53:49.88	C MILLENNIUM BCP
526	822	ANTONIO ALVES	M	55	00:54:28.70	00:54:17.70	MARRIOTT LISBOA
527	27	OSCAR RODRIGUES	M	47	00:54:28.72	00:53:40.83	BELÉM RUNNERS
528	717	FERNANDO BRANDAO	M	53	00:54:28.95	00:53:55.97	CLUBE NOVO BANCO
529	1104	SERGIO BORGES	M	44	00:54:29.22	00:54:13.16	
530	23	PEDRO SOARES	M	43	00:54:31.99	00:54:13.16	
531	340	DIOGO ARRAIAS	M	62	00:54:34.47	00:54:12.48	OS ARRAIAS
532	341	SANDRA ARRAIAS	F	35	00:54:34.66	00:54:12.53	OS ARRAIAS
533	444	MIGUEL MENDANHA	M	40	00:54:40.06	00:54:29.62	CCD CRÉDITO AGRÍCOLA
534	3049	FREDERICO FERREIRA	M	37	00:54:41.95	00:54:20.41	AC DO CARACOL
535	338	PEDRO CORTES	M	41	00:54:42.07	00:54:25.36	
536	258	BERNARDO ELISEU	M	42	00:54:45.66	00:54:45.66	BREAKAWAY
537	1076	PATRICK CARDOSO	M	24	00:54:46.08	00:54:24.15	
538	1009	GILBERTO GONÇALVES	M	68	00:54:46.56	00:53:57.85	
539	703	GINA CHEIO	F	45	00:54:47.82	00:54:38.89	GDC BANCO PORTUGAL
540	164	ALFREDO PARADA	M	55	00:54:49.45	00:54:01.78	CP EDP LISBOA
541	427	FRANCISCO MACHETA	M	44	00:54:54.16	00:54:17.43	
542	978	OLIVIA GASPAR	F	46	00:54:54.39	00:54:18.46	SS CGD
543	29	JOSE ANDRE	M	61	00:54:56.35	00:54:56.35	APOGMA
544	33	HELDER GANDARINHO	M	48	00:54:56.59	00:54:12.54	APOGMA
545	722	JORGE MONTEIRO	M	50	00:54:57.26	00:54:46.00	CLUBE NOVO BANCO
546	948	THELMO CUNHA	M	56	00:54:57.31	00:54:57.31	ODEBRECHT PORTUGAL
547	728	MAANUEL ANASTACIO	M	47	00:54:57.88	00:54:45.73	CLUBE NOVO BANCO
548	384	PAULA V NUNES	F	42	00:54:59.18	00:54:12.33	
549	11	FERNANDO TEIXEIRA	M	55	00:55:00.73	00:54:41.92	CORRER LISBOA
550	1001	PAULO ANGELICA	M	39	00:55:01.02	00:54:46.16	CM ALMADA
551	582	ANTONIO GASPAR	M	57	00:55:01.14	00:54:50.87	C MILLENNIUM BCP
552	1082	LUIS GONCALVES	M	41	00:55:02.77	00:54:07.51	CARVALHAL
553	894	DAVID ALMEIDA	M	45	00:55:03.37	00:54:05.35	
554	410	PEDRO INÁCIO	M	35	00:55:03.75	00:54:30.72	
555	865	ANTÓNIO BRITO	M	36	00:55:04.00	00:55:04.00	
556	893	SERGIO SANTOS	M	35	00:55:04.21	00:55:04.21	
557	97	FERNANDO COUTINHO	M	49	00:55:04.26	00:54:13.51	MAD MAX TEAM
558	98	LUIS COUTINHO	M	39	00:55:04.48	00:54:13.38	MAD MAX TEAM
559	222	TIAGO NASCIMENTO	M	28	00:55:04.95	00:54:21.97	C COLAB AGEAS

560	299	OLGA CUNHA	F	26	00:55:05.61	00:54:54.19	
561	270	CÉLIA CARVALHO	F	45	00:55:09.82	00:54:46.16	SUNSET GYM
562	147	HERNANI MADEIRA	M	46	00:55:11.06	00:55:06.59	
563	422	SÉRGIO SANCHES	M	37	00:55:11.24	00:55:11.24	GALHARDOS RUNNERS
564	1070	FILIPE EUGENIO	M	34	00:55:11.27	00:54:47.66	
565	563	JOAQUIM FULGENCIO	M	59	00:55:11.63	00:54:41.32	C MILLENNIUM BCP
566	3056	AMILCAR POVOA	M	70	00:55:11.86	00:55:11.86	
567	813	JOSE BARATA	M	56	00:55:14.20	00:55:01.78	GD SANTANDER TOTTA
568	683	ROGERIO LUIS	M	45	00:55:15.51	00:55:07.58	SS CGD
569	736	RICARDO SILVA	M	39	00:55:16.20	00:54:53.30	CLUBE NOVO BANCO
570	225	VERA DUARTE	F	44	00:55:16.42	00:54:37.44	CORRER LISBOA
571	514	RITA CAPUCHO	F	42	00:55:16.42	00:54:24.10	CCD-AT
572	263	LUIS ARCADINHO	M	64	00:55:18.30	00:55:18.30	PAIEFILHO
573	374	JOSÉ PINTO	M	41	00:55:22.00	00:54:45.23	CLUBE ANACOM
574	530	FERNANDO ALMEIDA	M	48	00:55:26.06	00:54:41.60	C MILLENNIUM BCP
575	529	LEONEL BRANDAO	M	49	00:55:26.20	00:55:00.41	C MILLENNIUM BCP
576	138	MARTA LOPES	F	52	00:55:28.04	00:54:58.41	
577	504	FRANCISCO MAGALHAES	M	37	00:55:28.52	00:55:13.34	GDCT UNICRE
578	365	PHILIPPE SILVA	M	34	00:55:29.50	00:54:29.04	
579	577	PAULO REBOCHO	M	52	00:55:30.60	00:54:42.43	C MILLENNIUM BCP
580	1029	JOAQUIM CARDOSO	M	30	00:55:30.76	00:54:43.94	EQUIPA
581	116	PAULA LEÃO	F	45	00:55:33.63	00:55:05.30	
582	224	VITOR JOSÉ RAMOS	M	43	00:55:34.27	00:55:22.91	C COLAB AGEAS
583	63	LUÍS NETO	M	52	00:55:34.97	00:55:04.78	CARAPAUS DE CORRIDA
584	453	ANDRÉ MARTINS	M	28	00:55:40.87	00:54:43.75	FALCÕES SELVAGENS
585	448	RUI TOMÁS	M	46	00:55:40.94	00:55:32.17	CCD CRÉDITO AGRÍCOLA
586	451	ANTÓNIO C MARTINS	M	55	00:55:41.07	00:54:44.03	FALCÕES SELVAGENS
587	508	RICARDO MENDES	M	38	00:55:43.30	00:55:10.79	ROADRUNNERS
588	103	JOSÉ BELCHIOR	M	65	00:55:46.23	00:55:07.59	OS PERIGOSOS
589	1021	ISABEL SANTOS	F	56	00:55:47.12	00:55:12.52	SANTOS & SILVA
590	289	Mª MANUELA GONÇALVES	F	49	00:55:47.38	00:55:36.28	SFUAP
591	3010	ANTONIO M RIBEIRO	M	52	00:55:48.69	00:55:35.08	
592	664	ESMERALDO PEREIRA	M	70	00:55:49.08	00:55:16.28	SS CGD
593	3002	RUI T CARREIRO	M	33	00:55:49.23	00:54:39.39	SCARED RUNNERS
594	177	PAULO VARANDAS	M	34	00:55:49.65	00:55:39.58	PACE.MAKERS

595	260	JOSÉ ANTÓNIO	M	55	00:55:50.07	00:55:13.18	BREAKAWAY
596	941	JULIA CALISTO	F	53	00:55:55.15	00:55:55.15	
597	680	PEDRO C COSTA	M	44	00:55:56.15	00:55:24.36	SS CGD
598	935	JOSÉ C M FIGUEIREDO	M	53	00:55:56.75	00:55:00.59	
599	3015	MITCHELL A MARCO	M	35	00:55:57.16	00:55:32.36	EQUIPA
600	625	CARLOS DIAS	M	57	00:55:59.06	00:55:07.28	GD INE
601	253	JOSÉ M PEDRO	M	62	00:55:59.21	00:55:06.52	
602	295	FERNANDO PEREIRA	M	45	00:56:01.71	00:55:37.93	AZEITÃO RUNNING
603	827	SERGIO MORAIS	M	34	00:56:02.77	00:55:51.44	MARRIOTT LISBOA
604	290	MARIO SOBRAL	M	42	00:56:05.32	00:55:21.83	CORRER LISBOA
605	502	JHONNY TEIXEIRA	M	33	00:56:11.89	00:55:16.68	
606	214	ANA P MATIAS	F	51	00:56:17.84	00:56:07.08	C COLAB AGEAS
607	130	RITA PALMA	F	35	00:56:19.97	00:55:51.50	CNMAL
608	687	TIAGO MORGADO	M	20	00:56:22.71	00:55:51.27	SS CGD
609	720	JOAO SILVA	M	56	00:56:33.15	00:56:15.08	CLUBE NOVO BANCO
610	259	PAULO FLORIDO	M	52	00:56:36.89	00:56:02.51	BREAKAWAY
611	430	PAULO ANTUNES	M	49	00:56:37.27	00:56:28.63	LESMAS ALOPRADAS
612	119	JOSÉ BAIXINHO	M	59	00:56:38.02	00:55:49.12	SANTIAGO FC
613	479	PAULO GORDINHO	M	42	00:56:42.45	00:55:51.16	CAMARA L CLUBE
614	806	IVO LIMA	M	40	00:56:42.65	00:56:15.01	GD SANTANDER TOTTA
615	24	FERNANDA AFONSO	F	49	00:56:47.28	00:56:28.25	
616	34	RICARDO VIEGAS	M	31	00:56:47.48	00:56:26.87	SEA WOLVES
617	572	DULCE RAMOS	F	47	00:56:48.59	00:56:06.87	C MILLENNIUM BCP
618	919	SANDRA BAPTISTA	F	41	00:57:05.29	00:56:15.54	A VALE SILENCIO
619	488	DANIEL OLIVEIRA	M	61	00:57:05.47	00:56:36.56	CAMARA L CLUBE
620	915	JOSE MOGA	M	58	00:57:05.54	00:56:16.52	A VALE SILENCIO
621	901	PEDRO LETRAS	M	46	00:57:06.50	00:56:36.45	BUÉDASTRESS
622	900	MÁRIO SARAIVA	M	47	00:57:06.69	00:56:36.65	BUÉDASTRESS
623	740	XANA FILIPE	F	45	00:57:08.72	00:56:52.05	CLUBE NOVO BANCO
624	78	LUÍS SIMÃO	M	38	00:57:09.82	00:56:38.09	BIFANAS CORRIDA
625	77	Mª JOÃO REGALO	F	43	00:57:09.96	00:56:38.23	BIFANAS CORRIDA
626	417	RICARDO CALDEIRA	M	41	00:57:09.97	00:57:05.21	CP IVA
627	446	PEDRO FIGUEIREDO	M	41	00:57:14.57	00:57:04.87	CCD CRÉDITO AGRÍCOLA
628	1075	PEDRO TRINDADE	M	23	00:57:20.48	00:56:57.66	
629	633	LUIS FOUTO	M	45	00:57:20.70	00:57:01.46	CLUBE VODAFONE

630	125	DANIEL FREITAS	M	35	00:57:22.16	00:56:42.92	
631	634	SÉRGIO PEREIRA	M	44	00:57:22.50	00:57:11.74	CLUBE VODAFONE
632	716	CARLA CORREIA	F	41	00:57:22.96	00:56:56.87	CLUBE NOVO BANCO
633	925	HUGO BOSS	M	31	00:57:23.33	00:56:15.78	EQUIPA
634	588	LUIS CAMPOS	M	50	00:57:24.32	00:56:39.63	C MILLENNIUM BCP
635	321	HERMÍNIO CABACEIRA	M	55	00:57:30.33	00:57:17.11	
636	58	LUIS MATIAS	M	61	00:57:30.54	00:57:00.80	MAIS QUE CUIDAR RUNNING
637	959	ANDRÉ SALVADO	M	42	00:57:32.84	00:56:52.34	
638	167	MARIA CORTESÃO	F	31	00:57:34.13	00:57:22.79	CP EDP LISBOA
639	362	FILOMENA COSTA	F	50	00:57:34.24	00:56:53.46	
640	480	JOÃO PEREIRA	M	46	00:57:35.67	00:56:44.53	CAMARA L CLUBE
641	497	INÊS CARVALHO	F	39	00:57:37.36	00:57:27.29	CARVALHO CONFRARIA
642	141	NUNO MOLERO	M	35	00:57:39.32	00:57:17.74	
643	877	VITOR MATOS	M	40	00:57:41.07	00:57:22.59	NAVIGATOR CLUBE SETUBAL
644	494	LUIS DIAS	M	42	00:57:44.19	00:57:19.62	CAN RUNNERS
645	1064	ANTONIO DEODATO	M	37	00:57:50.81	00:56:52.44	OS CÁGADOS
646	679	PATRICIA TAVARES	F	37	00:57:51.76	00:57:31.36	SS CGD
647	84	SÉRGIO CAVACO	M	43	00:57:57.11	00:57:47.20	
648	1073	CELESTE ALMEIDA	F	47	00:58:06.55	00:57:38.70	SIMECQ
649	248	DANIEL SEBASTIÃO	M	35	00:58:12.18	00:57:23.62	
650	743	FRANCISCO BERNARDO	M	41	00:58:13.20	00:57:40.03	
651	331	EDUARDO ALVES	M	39	00:58:13.38	00:57:32.13	
652	579	PEDRO DELGADO	M	49	00:58:13.97	00:57:27.12	C MILLENNIUM BCP
653	3031	JOÃO PINTO	M	55	00:58:16.19	00:57:20.81	GA MONSANTO/GASCAN
654	17	MARISA SERRA	F	45	00:58:16.32	00:57:21.38	ANSELMINHOS
655	552	PEDRO MURCA	M	50	00:58:19.14	00:57:34.55	C MILLENNIUM BCP
656	533	ANTONIO ALMEIDA	M	50	00:58:24.17	00:57:39.62	C MILLENNIUM BCP
657	490	PAULA LEITÃO	F	42	00:58:25.32	00:57:57.34	CAMARA L CLUBE
658	293	FERNANDO SEBASTIÃO	M	40	00:58:26.47	00:57:38.18	
659	172	JOÃO MELO	M	44	00:58:29.03	00:57:58.34	
660	768	CARLOS LOPES	M	48	00:58:29.69	00:58:08.11	
661	3006	PAULA NICOLAU	F	45	00:58:31.33	00:57:32.13	
662	120	JUDITE BAIXINHO	F	30	00:58:33.21	00:57:43.46	SANTIAGO FC
663	493	PEDRO REIS	M	44	00:58:33.83	00:58:09.39	CAN RUNNERS
664	795	PAULA FIGUEIREDO	F	59	00:58:33.97	00:58:25.37	GD SANTANDER TOTTA

665	463	PAULO PEDRO	M	56	00:58:35.36	00:57:39.67	IMASAMS
666	938	RICARDO SOUSA	M	38	00:58:36.22	00:57:52.69	COININHAS RUNNERS
667	814	JOAO BARROS	M	53	00:58:36.74	00:58:22.07	GD SANTANDER TOTTA
668	825	JORGE GUERREIRO	M	41	00:58:40.49	00:58:28.75	MARRIOTT LISBOA
669	433	BRUNO M RAMOS	M	40	00:58:41.35	00:57:44.01	
670	954	PAULO PADRÃO	M	48	00:58:42.00	00:57:46.97	
671	794	LUIS COITO	M	46	00:58:43.08	00:57:40.17	GD SANTANDER TOTTA
672	495	PAULA SANTOS	F	47	00:58:45.18	00:58:02.47	
673	306	TITO ANDRADE	M	44	00:58:47.05	00:58:07.52	
674	908	CATIA RAMOS	F	37	00:58:50.80	00:58:03.15	
675	815	LUIZ PEREIRA	M	36	00:58:51.01	00:58:03.07	GD SANTANDER TOTTA
676	375	JAIME AFONSO	M	51	00:58:55.37	00:58:16.35	CLUBE ANACOM
677	3025	LUIS PROENÇA	M	47	00:59:02.35	00:58:18.64	
678	391	PEDRO R LEITÃO	M	34	00:59:05.17	00:58:17.70	
679	168	NUNO S GOMES	M	48	00:59:13.45	00:59:07.39	CP EDP LISBOA
680	565	RODOLFO LIMA	M	49	00:59:16.42	00:58:51.80	C MILLENNIUM BCP
681	719	IVONE FERREIRA	F	35	00:59:17.45	00:58:57.42	CLUBE NOVO BANCO
682	922	ANDRÉ PEREIRA	M	39	00:59:21.79	00:58:25.15	
683	757	PAULO MARTINS	M	48	00:59:28.39	00:58:44.27	CASEBRE
684	507	NUNO E C B MOREIRA	M	44	00:59:28.77	00:58:36.18	CCD-AT
685	1045	PEDRO ALMEIDA	M	25	00:59:30.38	00:59:23.57	O MARRETA
686	407	NUNO SERRANO	M	36	00:59:33.82	00:59:08.35	
687	408	JOEL MÓSCA	M	49	00:59:33.95	00:59:08.81	
688	828	SARA GONÇALVES	F	26	00:59:35.90	00:59:04.65	
689	767	ODETE FRANCISCO	F	46	00:59:40.14	00:59:18.60	
690	250	CARLOS SAMPAIO	M	54	00:59:41.60	00:59:14.04	SETUBAL
691	741	TERESA REIS	M	46	00:59:43.21	00:59:03.98	
692	3033	VÍTOR RODRIGUES	M	62	00:59:47.75	00:58:54.21	GA MONSANTO/GASCAN
693	3019	MARCO F B A BENTO	M	40	00:59:50.27	00:58:51.46	
694	102	BENTO VALENTE	M	51	00:59:53.95	00:59:11.19	OS PERIGOSOS
695	783	TIAGO VEIGA	M	32	00:59:54.62	00:59:00.08	GD SANTANDER TOTTA
696	782	CARINA SILVA	F	31	00:59:54.84	00:59:00.08	GD SANTANDER TOTTA
697	257	NÁDIA LUCAS	F	24	00:59:59.46	00:59:24.41	BREAKAWAY
698	478	JOÃO FIGUEIREDO	M	60	00:59:59.97	00:59:26.00	CAMARA L CLUBE
699	1079	ATLETA NÃO CADASTRADO	M	0	01:00:03.16	00:59:25.97	

700	268	JOÃO G GARCIA	M	44	01:00:08.03	00:59:29.89	SUNSET GYM
701	551	MONICA ROCHA	F	20	01:00:08.99	00:59:21.96	C MILLENNIUM BCP
702	550	JOSE ROCHA	M	49	01:00:09.35	01:00:09.35	C MILLENNIUM BCP
703	153	FRANCISCO PIRES	M	29	01:00:12.26	00:59:23.27	
704	1025	JOÃO PARRA CAROÇO	M	60	01:00:14.97	00:59:36.98	TEJAVISTA
705	1058	GONÇALO SOUSA	M	26	01:00:18.92	00:59:39.06	LEBRES E TARTARUGAS
706	652	VASCO PAULO	M	50	01:00:19.16	00:59:29.54	
707	759	NUNO SANTOS	M	43	01:00:19.58	00:59:48.53	CLUBE OGMA
708	760	MIGUEL SANTOS	M	19	01:00:19.63	00:59:48.46	CLUBE OGMA
709	334	PEDRO TEIXEIRA	M	40	01:00:19.64	00:59:26.03	
710	862	MANUEL SEQUEIRA	M	66	01:00:29.49	01:00:09.35	GDCT REPSOL POLÍMEROS
711	201	CARLA S R MANTEIGAS	F	38	01:00:35.04	00:59:58.88	CCDT METRO LX
712	207	JOSÉ A TAVARES	M	46	01:00:35.09	00:59:58.89	CCDT METRO LX
713	337	SÍLVIA SILVA	F	40	01:00:36.54	01:00:20.27	
714	543	VITOR GOMES	M	47	01:00:38.88	00:59:53.45	C MILLENNIUM BCP
715	539	PEDRO FIGUEIREDO	M	52	01:00:39.34	00:59:52.20	C MILLENNIUM BCP
716	209	PAULO J FERNANDES	M	44	01:00:40.03	01:00:14.04	CCDT METRO LX
717	1019	ANTÓNIO AMARAL	M	60	01:00:40.53	01:00:27.92	
718	996	OSCAR RODRIGUES	M	47	01:00:40.53	01:00:15.49	BELÉM RUNNERS
719	881	PLÍNIO MARQUES	M	38	01:00:40.87	00:59:44.40	
720	143	DOMINGAS MÓNICA	F	58	01:00:41.44	01:00:06.21	
721	151	MARIO CAEIRO	M	46	01:00:41.68	01:00:06.46	CNMAL
722	1051	CÉLIA FREIRE	F	37	01:00:43.58	01:00:26.05	EQUIPA PÉS ESCALDADOS
723	596	RENATO FARIA	M	39	01:00:47.78	01:00:04.74	
724	707	ANTÓNIO SILVA	M	31	01:01:02.10	01:00:48.63	GDC BANCO PORTUGAL
725	1040	DANIELA VINHAS	F	36	01:01:02.17	01:00:08.56	RUN BUDDY RUN
726	1103	MONICA MIRA	F	31	01:01:02.29	01:00:48.02	GDC BANCO PORTUGAL
727	574	EDUARDO VILHENA	M	50	01:01:04.10	01:00:11.99	C MILLENNIUM BCP
728	581	CARLOS TOME	M	65	01:01:04.69	01:00:31.23	C MILLENNIUM BCP
729	1056	FREDERICO SOUSA	M	53	01:01:10.37	01:00:30.33	LEBRES E TARTARUGAS
730	863	RUTE BRITO	F	41	01:01:12.45	01:00:38.75	
731	1063	PAULO J GODINHO	M	49	01:01:14.35	01:00:29.72	
732	462	MARGARIDA MARQUES	F	44	01:01:19.18	01:00:50.93	IMASAMS
733	465	RAQUEL PEREIRA	F	23	01:01:19.21	01:00:51.84	IMASAMS
734	124	Mª JOÃO F SIMÕES	F	48	01:01:21.01	01:00:42.41	

735	503	PAULO MARQUES	M	48	01:01:24.28	01:01:10.48	GDCT UNICRE
736	945	ANTONIO ALVES	M	60	01:01:29.41	01:01:02.99	ODEBRECHT PORTUGAL
737	229	SERGIO FROTA	M	36	01:01:32.34	01:01:08.85	
738	230	TIAGO RIBEIRO	M	36	01:01:32.52	01:01:09.37	
739	682	PEDRO MEDEIROS	M	41	01:01:34.52	01:01:01.30	SS CGD
740	275	VIRGINIA BORDEIRA	F	53	01:01:39.44	01:00:59.41	SUNSET GYM
741	735	PAULO RICARDO	M	49	01:01:40.39	01:01:05.83	CLUBE NOVO BANCO
742	326	MARIA SILVA	F	47	01:01:41.78	01:01:18.82	
743	92	CARLA MARTININO	F	30	01:01:45.74	01:01:03.38	
744	819	SUSANA GUERREIRO	F	40	01:01:51.27	01:01:03.42	GD SANTANDER TOTTA
745	820	MARIO COSTA	M	40	01:01:51.61	01:01:04.20	GD SANTANDER TOTTA
746	473	CARLOS FERREIRA	M	52	01:01:58.57	01:01:06.64	CAMARA L CLUBE
747	206	JOSÉ PIRES	M	81	01:02:00.40	01:01:10.00	CCDT METRO LX
748	1033	SÓNIA DOMINGOS	F	39	01:02:03.62	01:01:32.01	
749	1031	ALEXANDRE MAURICIO	M	43	01:02:06.63	01:01:19.78	
750	1032	VERA MORAIS	F	33	01:02:06.68	01:01:19.57	
751	873	MARIO ALMEIDA	M	71	01:02:09.47	01:01:16.06	EQUIPA
752	872	PEDRO ALMEIDA	M	46	01:02:09.52	01:01:15.40	EQUIPA
753	266	LUIS H SILVA	M	45	01:02:15.20	01:01:35.89	SUNSET GYM
754	267	GRAÇA C PEREIRA	F	49	01:02:15.27	01:01:37.32	SUNSET GYM
755	594	ÉLIA GRANJA	F	43	01:02:16.86	01:01:32.32	
756	254	ÁLVARO JORGE	M	59	01:02:17.93	01:01:59.91	CARACÓIS TURBINADOS
757	1067	ABILIO MARCOS	M	52	01:02:21.10	01:01:33.53	GD CHELAS
758	943	LUCIA CORTINHAL	F	42	01:02:21.51	01:01:59.44	
759	926	RUI CONTREIRAS	M	43	01:02:26.17	01:01:22.60	EQUIPA
760	950	CATIA PINTO	F	35	01:02:27.58	01:01:55.58	ROADRUNNERS
761	313	ANA MADEIRA	F	43	01:02:32.14	01:02:18.85	GDCT UNICRE
762	549	JOAO CUNHA	M	59	01:02:32.26	01:01:46.82	C MILLENNIUM BCP
763	310	MARCELO CARDOSO	M	47	01:02:32.60	01:02:26.66	GDCT UNICRE
764	601	ALEXANDRA PAZ	F	32	01:02:34.97	01:01:39.81	
765	906	ESMERALDA RAMALHO	F	45	01:02:35.31	01:02:35.31	
766	1034	ISABEL DIAS	F	50	01:02:38.46	01:02:05.91	
767	3047	DMITRY SOROKIN	M	42	01:02:40.61	01:02:09.50	
768	449	SÉRGIO TAVARES	M	34	01:02:41.75	01:02:24.16	CCD CRÉDITO AGRÍCOLA
769	790	JOSE RIBEIRO	M	71	01:02:47.33	01:02:27.70	GD SANTANDER TOTTA

770	223	VANDA SEQUEIRA	F	44	01:02:50.61	01:02:40.43	C COLAB AGEAS
771	810	LUIS ALMEIDA	M	47	01:02:55.05	01:02:48.19	GD SANTANDER TOTTA
772	1077	MARIO FERREIRA	M	56	01:03:01.15	01:02:36.17	
773	499	PAULO CARVALHO	M	48	01:03:03.08	01:02:54.09	CARVALHO CONFRARIA
774	584	HENRIQUE ALVES	M	54	01:03:03.16	01:02:58.06	C MILLENNIUM BCP
775	1039	ELSA COSTA	F	37	01:03:10.12	01:02:14.26	RUN BUDDY RUN
776	399	MÓNICA MARTINS	F	33	01:03:10.36	01:02:51.09	CARACÓIS TURBINADOS
777	127	RUI FREIXO	M	31	01:03:13.99	01:02:20.91	MANOS FREIXO
778	128	CLÁUDIA FREIXO	F	34	01:03:14.15	01:02:21.56	MANOS FREIXO
779	1016	CLAUDIA TAM	F	34	01:03:15.18	01:02:27.47	AÇOREANA
780	256	OLIVIA LUCAS	F	51	01:03:15.87	01:02:40.69	BREAKAWAY
781	255	VÍTOR LUCAS	M	54	01:03:15.91	01:02:39.42	BREAKAWAY
782	585	LUIS MENDES	M	59	01:03:25.63	01:02:39.44	C MILLENNIUM BCP
783	279	CRISTINA FERNANDES	F	25	01:03:27.25	01:02:49.69	SUNSET GYM
784	638	EMANUEL CARLOS	M	25	01:03:27.55	01:02:49.80	MANU
785	437	CÂNDIDA ESTEVES	F	45	01:03:27.57	01:03:19.08	CCD CRÉDITO AGRÍCOLA
786	600	JORGE L VIEGAS	M	60	01:03:28.81	01:02:29.52	
787	898	MANUEL A SANTOS	M	77	01:03:30.65	01:02:31.72	OUR ESPIRITO SANTO
788	1043	JOAO PEREIRA	M	39	01:03:40.26	01:03:40.26	
789	3032	LUÍS ANTUNES	M	54	01:03:43.91	01:03:11.06	GA MONSANTO/GASCAN
790	631	SONIA CRUZ	F	39	01:03:49.80	01:01:51.56	
791	332	MARTA FERREIRA	F	41	01:03:50.70	01:03:10.07	
792	621	JOSÉ C H CARDOSO	M	56	01:03:52.55	01:03:07.32	
793	1012	MARINA GUEDES	F	40	01:03:55.64	01:03:06.06	
794	575	DORA VILHENA	F	47	01:04:09.69	01:03:17.72	C MILLENNIUM BCP
795	467	SARA PEDRO	F	34	01:04:14.36	01:03:57.40	
796	718	FERNANDO FILIPE	M	48	01:04:14.53	01:04:14.53	CLUBE NOVO BANCO
797	656	ANA CALINAS	F	45	01:04:19.85	01:04:13.08	SS CGD
798	81	CESAR GUERRA	M	47	01:04:35.35	01:03:39.54	CTJ
799	605	CARLOS LOPES	M	63	01:04:42.08	01:03:47.53	
800	851	ANA SANTOS	F	42	01:04:47.09	01:04:47.09	GDCT IN CASA MOEDA
801	126	JOSÉ DESCALÇO	M	42	01:04:51.73	01:04:12.53	
802	699	LUÍS RIO	M	45	01:04:58.12	01:04:43.63	GDC BANCO PORTUGAL
803	710	CARLA MARCEDO	F	35	01:04:58.34	01:04:43.88	GDC BANCO PORTUGAL
804	52	LURDES ALVES	F	60	01:05:05.84	01:04:04.95	

805	307	ANTONIO PINHO	M	64	01:05:07.58	01:05:04.11	AA LEBRES SADO
806	558	LUIS JANUARIO	M	59	01:05:18.97	01:04:28.77	C MILLENNIUM BCP
807	249	JOAQUIM FRAGOSO	M	67	01:05:19.04	01:04:35.33	CCD CASA PIA
808	587	FERNANDO DOMINGUES	M	61	01:05:27.94	01:04:42.51	C MILLENNIUM BCP
809	561	LEONEL FERREIRINHA	M	68	01:05:28.23	01:04:42.61	C MILLENNIUM BCP
810	949	LUISA ALVES	F	36	01:05:28.41	01:05:00.29	ODEBRECHT PORTUGAL
811	968	MANUEL OLIVEIRA	M	77	01:05:28.95	01:04:42.53	AAE BNU
812	273	HUANA VIANA	F	22	01:05:30.85	01:04:47.92	SUNSET GYM
813	789	FABIO PIO	M	45	01:05:41.49	01:05:21.43	GD SANTANDER TOTTA
814	208	ORLANDO SOUSA	M	54	01:05:41.69	01:04:51.43	CCDT METRO LX
815	797	PEDRO DIAS	M	45	01:05:48.41	01:05:21.28	GD SANTANDER TOTTA
816	309	GONALO LOPES	M	41	01:05:59.24	01:05:47.34	GDCT UNICRE
817	159	JOSÉ EUGÉNIO	M	55	01:06:10.72	01:05:47.25	
818	655	ALEXANDRA RIBEIRO	F	40	01:06:14.09	01:05:58.01	SS CGD
819	335	ANTÓNIO GARRIDO	M	64	01:06:14.38	01:05:29.72	
820	1020	ORLANDO SILVA	M	64	01:06:22.42	01:05:46.76	SANTOS & SILVA
821	841	ISAURA MEDEIROS	F	27	01:06:27.19	01:06:14.48	
822	744	ANTONIO J F CARAPUÇA	M	56	01:06:42.92	01:05:45.53	
823	390	CATARINA M FIGUEIRA	F	38	01:06:47.71	01:06:37.53	C COLAB AGEAS
824	1018	CUSTÓDIO J TEIGÃO	M	63	01:06:55.00	01:06:20.24	
825	769	FLÁVIA G YÁZIGI	F	48	01:06:56.86	01:06:11.91	
826	1050	NATHALIE BARONET	F	38	01:06:57.36	01:06:40.14	EQUIPA PÉS ESCALDADOS
827	697	ANTÓNIO PEREIRA	M	75	01:06:57.55	01:06:12.77	GDC BANCO PORTUGAL
828	1047	NÉLSON LOURO	M	36	01:06:57.73	01:06:40.23	EQUIPA PÉS ESCALDADOS
829	213	ANA M GUIMARÃES	F	60	01:06:58.43	01:06:31.15	C COLAB AGEAS
830	216	JOÃO P PINTO	M	48	01:06:58.87	01:06:31.58	C COLAB AGEAS
831	1081	NUNO F P SILVA	M	34	01:07:10.05	01:06:41.35	OUT SYSTEMS O OEIRAS
832	441	LINO GOMES	M	55	01:07:15.41	01:07:06.05	CCD CRÉDITO AGRÍCOLA
833	165	CARLOS MORGADO	M	53	01:07:16.79	01:06:28.90	CP EDP LISBOA
834	811	HERLANDER BRAZ	M	57	01:07:17.02	01:07:03.83	GD SANTANDER TOTTA
835	3029	ANTÓNIO REYES	M	62	01:07:35.72	01:06:42.52	GA MONSANTO/GASCAN
836	382	ARTUR DINIS	M	59	01:07:42.87	01:07:12.02	ALGYMNS
837	855	ARTUR GOMES	M	58	01:07:48.55	01:06:43.44	
838	317	PAULO FRANA	M	55	01:07:51.59	01:07:39.06	GDCT UNICRE
839	538	FERNANDO FERREIRA	M	70	01:08:00.07	01:07:13.00	C MILLENNIUM BCP

840	1054	FILIPA LEITÃO	F	42	01:08:08.37	01:07:47.56	
841	645	NUNO M S OLIVEIRA	M	40	01:08:13.16	01:07:34.39	
842	1059	ORLANDO RODRIGUES	M	51	01:08:18.66	01:07:53.43	
843	347	JORGE CEREJEIRA	M	49	01:08:19.41	01:07:20.86	KLENTOS
844	602	JOAQUIM CARDOSO	M	44	01:08:19.94	01:07:22.84	
845	709	ANA DUARTE	F	31	01:08:34.48	01:07:55.60	GDC BANCO PORTUGAL
846	22	EDUARDO J S GAMA	M	36	01:08:45.15	01:07:52.60	
847	303	MARTA CARREIRA	F	48	01:08:50.79	01:08:39.61	CA NAZARÉ
848	583	CARLOS CONCEIÇAO	M	54	01:08:58.52	01:08:22.76	C MILLENNIUM BCP
849	405	MARTA MARQUES	F	27	01:08:58.69	01:08:39.39	
850	860	LILIANA PAIS	F	29	01:09:13.72	01:08:36.30	
851	731	MARIANA BATISTA	F	36	01:09:24.74	01:08:35.60	CLUBE NOVO BANCO
852	373	JOÃO MÁRTIRES	M	51	01:09:26.26	01:09:26.26	CLUBE ANACOM
853	372	ISABEL RODRIGUES	F	50	01:09:26.73	01:08:51.93	CLUBE ANACOM
854	812	LINA GOMES	F	30	01:09:28.95	01:08:51.75	GD SANTANDER TOTTA
855	850	VITOR CARDOSO	M	39	01:09:31.23	01:08:51.48	GDCT IN CASA MOEDA
856	829	RAQUEL MARQUES	F	42	01:09:34.76	01:09:19.14	GDCT UNICRE
857	301	CARLA PEREIRA	F	39	01:09:47.01	01:09:47.01	
858	648	NUNO CARAMELO	M	43	01:10:50.85	01:09:52.05	DHS
859	19	JOAO NOGUEIRA	M	52	01:11:00.90	01:10:42.99	
860	818	CRISTINA CARNEIRO	F	44	01:11:16.03	01:10:33.66	GD SANTANDER TOTTA
861	566	FOCK WAN	F	66	01:11:23.49	01:11:23.49	C MILLENNIUM BCP
862	134	JOSÉ SAFARA	M	60	01:11:24.93	01:10:50.55	
863	677	MANUEL BRAS	M	48	01:11:29.82	01:11:08.67	SS CGD
864	844	MIGUEL FRAGA	M	46	01:11:30.65	01:11:03.16	GDCT IN CASA MOEDA
865	62	LINA BAIA	F	34	01:11:30.98	01:10:55.98	O CÃO LARANJA
866	853	IOLANDA MARTINS	F	40	01:12:10.67	01:11:46.88	GDCT IN CASA MOEDA
867	557	ANA MENDES	F	31	01:12:33.42	01:11:58.50	C MILLENNIUM BCP
868	732	MARTA NEVES	F	40	01:12:33.54	01:11:43.66	CLUBE NOVO BANCO
869	1066	JOSE SANTOS	M	38	01:12:34.53	01:11:35.26	OS CÁGADOS
870	932	MARISA CANEIRAS	M	33	01:12:49.53	01:11:43.65	EQUIPA
871	370	JOSÉ JÚLIO CABACEIRA	M	56	01:13:06.39	01:12:50.28	CABACEIRA SPORTS & RUN
872	933	PATRICIA MACHADO	F	24	01:13:44.74	01:12:38.73	EQUIPA
873	934	IRINA MACHADO	F	24	01:13:45.01	01:12:39.23	EQUIPA
874	734	PAULA MELLO	F	50	01:13:52.73	01:13:18.01	CLUBE NOVO BANCO

875	927	RUI KELLEN	M	22	01:14:44.69	01:13:37.18	EQUIPA
876	272	GESSINA MENDES	F	48	01:15:00.59	01:14:16.74	SUNSET GYM
877	10	JOHNNY THOMASSEN	M	56	01:15:06.37	01:14:17.76	
878	3058	MARIO ALMEIDA	M	71	01:15:23.99	01:15:23.99	EQUIPA
879	663	CRISTINA SANTOS	M	51	01:15:44.17	01:15:02.48	SS CGD
880	887	GUALDINO FREIRE	M	71	01:15:45.74	01:15:14.19	CCDT METRO LX
881	929	ADRIANA CONDENÇA	F	21	01:15:51.25	01:14:43.53	EQUIPA
882	1065	PAULO QUINTINO	M	45	01:16:11.95	01:15:13.19	OS CÁGADOS
883	133	HUGO HENRIQUES	M	35	01:16:24.52	01:15:44.80	OS PERIGOSOS
884	132	CATARINA COUTO	F	35	01:16:24.57	01:15:45.50	OS PERIGOSOS
885	809	MARIA PATRICIO	F	68	01:16:43.98	01:15:59.65	GD SANTANDER TOTTA
886	928	ANA KELLEN	F	24	01:16:54.14	01:15:46.69	EQUIPA
887	158	ISABEL GOMES	F	47	01:17:16.19	01:16:38.11	
888	344	JOÃO E E MIRANDA	M	44	01:17:16.32	01:16:14.94	
889	1010	PEDRO GORRÃO	M	26	01:17:42.67	01:17:22.11	
890	117	Mª CARMO ANJOS	F	70	01:18:57.50	01:18:35.01	CONDOR
891	785	PEDRO INACIO	M	47	01:21:27.81	01:20:37.59	GD SANTANDER TOTTA
892	412	DIANA RODRIGUES	F	24	01:21:30.14	01:20:51.73	SUNSET GYM
893	323	MARIA MACEDO	F	54	01:21:48.00	01:21:44.29	
894	282	BARBARA DE BUCK	F	19	01:21:58.83	01:21:21.88	SUNSET GYM
895	570	ANA VILELA	F	50	01:23:32.91	01:22:43.81	C MILLENNIUM BCP
896	576	MARIANA VILHENA	F	19	01:23:33.20	01:22:44.04	C MILLENNIUM BCP
897	642	ANTÓNIO MARQUES	M	70	01:24:20.83	01:23:52.84	
898	930	ROSARIA SALGUEIRO	F	50	01:25:14.09	01:24:05.05	EQUIPA
899	931	ANTÓNIO SANCHES	M	51	01:25:14.93	01:24:05.43	EQUIPA
900	694	LUCINDA HENRIQUES	F	68	01:25:34.20	01:25:11.58	
901	57	Mª ROSÁRIO PINTO	F	54	01:25:34.37	01:24:33.95	
902	281	ISABEL BRISSOS	F	49	01:25:49.83	01:25:12.89	SUNSET GYM
903	413	LUENA PERESTRELO	F	27	01:25:49.87	01:25:11.36	SUNSET GYM
904	725	LUIS CAETANO	M	52	01:25:57.28	01:25:33.87	CLUBE NOVO BANCO
905	990	CARLOS ALVES	M	39	01:26:47.76	01:25:57.53	BELÉM RUNNERS
906	985	ANA R DUARTE	F	30	01:26:54.01	01:26:02.73	BELÉM RUNNERS
907	1069	ROSARIO PEREIRA	F	46	01:26:55.42	01:26:03.63	BELÉM RUNNERS
908	220	NÁJLA DA MATA	F	32	01:30:00.57	01:29:21.45	C COLAB AGEAS

Total de registros: 908

Classificação por equipas com um mínimo de 4 elementos masculinos:

Class	Soma das posições dos 1ºs 4 classificados masculinos	Equipa	Nº atletas registados na equipa
1	49	EQUIPA MARINHA - CEFA	8
2	58	ASS VALE GRANDE	9
3	92	C MILLENNIUM BCP	43
4	128	BELÉM RUNNERS	12
5	139	A VALE SILENCIO	9
6	166	GDCT IN CASA MOEDA	8
7	183	GDC BANCO PORTUGAL	11
8	345	CAMARA L CLUBE	17
9	403	GD SANTANDER TOTTA	26
10	432	CCDT METRO LX	13
11	651	SS CGD	23
12	740	CA PATAMEIRAS	6
13	763	KEEP RUNNING	8
14	805	CCD CRÉDITO AGRÍCOLA	15
15	866	HC RUNNERS	4
16	920	C COLAB AGEAS	8
17	1134	CLUBE TAP PORTUGAL	4
18	1140	CLUBE NOVO BANCO	16
19	1143	GE RUNNERS	5
20	1167	NAV RUNNERS	4
21	1326	SEA WOLVES	4
22	1426	IMASAMS	4
23	1462	BIFANAS CORRIDA	4
24	1500	CP EDP LISBOA	5
25	1502	GD INE	4
26	1588	CNMAL	4
27	1611	OS PERIGOSOS	6
28	1647	FALCÕES SELVAGENS	4
29	1703	MARRIOTT LISBOA	5
30	1824	SUNSET GYM	7
31	1889	CLUBE VODAFONE	4
32	1894	CORRER LISBOA	4
33	1908	ODEBRECHT PORTUGAL	4
34	1924	APOGMA	5
35	1994	GDCT UNICRE	7
36	2277	CLUBE ANACOM	4
37	2326	GA MONSANTO/GASCAN	5
38	2523	BREAKAWAY	4

Total de equipas com 4 ou mais atletas registados: 38

Classificação por equipas com um mínimo de 4 elementos femininos:

Class	Soma das posições das 1ªs 4 classificadas femininas	Equipa	Nº atletas registados
1	1940	CLUBE NOVO BANCO	9
2	2245	GD SANTANDER TOTTA	8
3	2275	SS CGD	5
4	2304	GDCT UNICRE	4
5	2625	C MILLENNIUM BCP	8
6	2838	SUNSET GYM	10
7	2914	GDC BANCO PORTUGAL	4
8	3028	C COLAB AGEAS	5

Total de equipas com 4 ou mais atletas registados: 8