

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|-------------------|----|-----|-----|----------|------------|-------------------------|
| 1 | 1786 | BRUNO LOURENÇO | M | 27 | | 00:51:53 | 00:51:53 | EQ HOLMES PLACE |
| 2 | 646 | BRUNO PAIS | M | 34 | | 00:52:02 | 00:52:01 | ESTORIL PRAIA |
| 3 | 1799 | PEDRO CRUZ | M | 29 | | 00:52:13 | 00:52:12 | GFD RUNNING |
| 4 | 1737 | FRANCISCO PEDRO | M | 45 | | 00:52:21 | 00:52:21 | INDIVIDUAL |
| 5 | 1004 | LUIS GOMES | M | 35 | | 00:52:32 | 00:52:31 | GA CARANGUEJEIRA |
| 6 | 694 | PAULO GUIMARAES | M | 38 | | 00:52:59 | 00:52:58 | AMINHACORRIDA / KALENJI |
| 7 | 1581 | VITOR OLIVEIRA | M | 26 | | 00:53:16 | 00:53:15 | ASC VALE GRANDE |
| 8 | 1113 | DAVID INACIO | M | 33 | | 00:53:33 | 00:53:33 | JD ALMANSOR |
| 9 | 1409 | CRISTIANO REIS | M | 27 | | 00:53:52 | 00:53:52 | AABV-LAGOA ALGARVE |
| 10 | 1434 | JOEL PINHEIRO | M | 38 | | 00:54:27 | 00:54:27 | CUA BENAVENTENSE |
| 11 | 1437 | PEDRO RIBEIRO | M | 27 | | 00:54:34 | 00:54:34 | CUA BENAVENTENSE |
| 12 | 1585 | JOSE SILVA | M | 45 | | 00:55:12 | 00:55:12 | ASC VALE GRANDE |
| 13 | 1586 | PAULO ALVES | M | 38 | | 00:55:18 | 00:55:18 | ASC VALE GRANDE |
| 14 | 998 | EDGAR JACINTO | M | 29 | | 00:55:38 | 00:55:37 | AUTO_JACINTO |
| 15 | 1006 | ILIDIO DIAS | M | 23 | | 00:55:49 | 00:55:48 | GA CARANGUEJEIRA |
| 16 | 1435 | HENRIQUE SANTOS | M | 35 | | 00:55:56 | 00:55:56 | CUA BENAVENTENSE |
| 17 | 1251 | PEDRO DIAS | M | 44 | | 00:56:18 | 00:56:18 | GD SANTANDER TOTTA |
| 18 | 1666 | MIGUEL DUARTE | M | 24 | | 00:56:25 | 00:56:23 | ESTORIL-PRAIA |
| 19 | 1094 | JOÃO INOCÊNCIO | M | 45 | | 00:56:28 | 00:56:27 | A VALE SILENCIO |
| 20 | 1410 | SÉNIO MESSIA | M | 34 | | 00:56:53 | 00:56:52 | AABV-LAGOA ALGARVE |
| 21 | 825 | MIGUEL VELEZ | M | 52 | | 00:57:00 | 00:57:00 | ESTORIL PRAIA |
| 22 | 1321 | JOSÉ CORREIA | M | 49 | | 00:57:20 | 00:57:19 | CA PATAMEIRAS |
| 23 | 1003 | LUIS GUARDA | M | 51 | | 00:57:38 | 00:57:38 | GA CARANGUEJEIRA |
| 24 | 170 | MARCO CARDOSO | M | 29 | | 00:57:41 | 00:57:40 | INDIVIDUAL |
| 25 | 317 | LUIS FERREIRA | M | 39 | | 00:57:50 | 00:57:50 | RENERGIA |
| 26 | 815 | PAULO J C GASPAR | M | 38 | | 00:57:52 | 00:57:29 | ADCPEREIROBTTRUPE |
| 27 | 1333 | ANTÓNIO RODRIGUES | M | 35 | | 00:57:58 | 00:57:58 | GRJA TRIATLO |
| 28 | 1798 | ERNESTO FERREIRA | M | 45 | | 00:58:02 | 00:58:01 | GFD RUNNING |
| 29 | 1691 | MIGUEL FRAGOSO | M | 36 | | 00:58:07 | 00:58:04 | INDIVIDUAL |
| 30 | 1449 | SÉRGIO SANTOS | M | 47 | | 00:58:19 | 00:58:18 | CA PENAFIRME |
| 31 | 622 | RICARDO SIMÕES | M | 51 | | 00:58:20 | 00:58:18 | CARTAXO ESC ATLETISMO |
| 32 | 1725 | RICARDO COSTA | M | 30 | | 00:58:21 | 00:58:18 | AHBESTORIS |
| 33 | 629 | LUIS VASCONCELOS | M | 44 | | 00:58:32 | 00:58:31 | ASC VALE GRANDE |
| 34 | 1436 | JOSÉ BORGES | M | 55 | | 00:58:37 | 00:58:37 | CUA BENAVENTENSE |
| 35 | 157 | JOÃO PEDRO | M | 45 | | 00:59:10 | 00:59:09 | INDIVIDUAL |
| 36 | 1064 | LUIS M A MIRANDA | M | 44 | | 00:59:12 | 00:59:09 | INDIVIDUAL |
| 37 | 1687 | PAULO LOPES | M | 42 | | 00:59:13 | 00:58:54 | PSP |
| 38 | 248 | ARMANDO PESSOA | M | 46 | | 00:59:14 | 00:59:14 | SS CGD |
| 39 | 1484 | PAULO J P COSTA | M | 50 | | 00:59:17 | 00:59:16 | INDIVIDUAL |

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|--------------------|----|-----|-----|----------|------------|------------------------------|
| 40 | 1221 | FERNANDO CANDEIAS | M | 44 | | 00:59:19 | 00:59:15 | SS CGD |
| 41 | 1770 | LUIS BRITO | M | 40 | | 00:59:22 | 00:59:21 | INDIVIDUAL |
| 42 | 1093 | PAULO POVÓA | M | 52 | | 00:59:26 | 00:59:26 | A VALE SILENCIO |
| 43 | 562 | RODRIGO GUERRA | M | 40 | | 00:59:28 | 00:59:27 | INDIVIDUAL |
| 44 | 843 | JAIME MAYORDOMO | M | 31 | | 00:59:33 | 00:59:26 | EMSA TEAM |
| 45 | 263 | ANTÓNIO HENRIQUES | M | 58 | | 00:59:35 | 00:59:34 | ODIMARQ ALUMÍNIOS |
| 46 | 1548 | HUGO RITO | M | 30 | | 00:59:48 | 00:59:35 | CPR A-DO-BARBAS |
| 47 | 442 | JOAQUIM RODRIGUES | M | 46 | | 00:59:49 | 00:59:44 | OS CARREGUEIRENSES |
| 48 | 477 | SÉRGIO BATALHA | M | 46 | | 00:59:53 | 00:59:52 | GAA VF XIRA |
| 49 | 762 | NUNO COUTO | M | 42 | | 00:59:57 | 00:59:50 | GRFH IMPORTAÇÃO E EXPORTAÇÃO |
| 50 | 1771 | RAUL CAETANO | M | 43 | | 01:00:04 | 01:00:03 | EQ CUA BENAVENTE |
| 51 | 1623 | ANTÓNIO SIMÕES | M | 46 | | 01:00:24 | 01:00:23 | GDC Banco de Portugal |
| 52 | 1471 | BRUNO MIGUEL | M | 31 | | 01:00:28 | 01:00:21 | GDP CHÃO DURO |
| 53 | 379 | JOSÉ J C P MOTA | M | 28 | | 01:00:29 | 01:00:17 | DOLCE FURADOURO |
| 54 | 546 | VITOR ANTUNES | M | 42 | | 01:00:43 | 01:00:41 | SR CAMARNAL |
| 55 | 1793 | MIGUEL GUERREIRO | M | 40 | | 01:00:43 | 01:00:43 | ESTORIL PRAIA |
| 56 | 31 | PEDRO BASSO | M | 45 | | 01:00:49 | 01:00:48 | OS COXOS E O MIGUEL |
| 57 | 1002 | ANTONIO FRANCISCO | M | 51 | | 01:00:54 | 01:00:53 | GA CARANGUEJEIRA |
| 58 | 829 | CARLOS CUSTÓDIO | M | 42 | | 01:00:59 | 01:00:57 | CAMARA L CLUBE |
| 59 | 673 | PAULO ARRENEGA | M | 29 | | 01:01:04 | 01:00:55 | UA POVOENSE |
| 60 | 1154 | FÁBIO R R TEIXEIRA | M | 31 | | 01:01:12 | 01:01:05 | INDIVIDUAL |
| 61 | 1608 | JORGE GONÇALVES | M | 47 | | 01:01:18 | 01:01:16 | SAMORUNNING |
| 62 | 1067 | CARLOS A S MARTINS | M | 47 | | 01:01:24 | 01:01:24 | INDIVIDUAL |
| 63 | 1158 | PEDRO CARAVANA | M | 41 | | 01:01:30 | 01:00:50 | INDIVIDUAL |
| 64 | 1493 | PEDRO A MARQUES | M | 40 | | 01:01:34 | 01:01:32 | GD CHELAS |
| 65 | 539 | BRUNO SEMEDO | M | 37 | | 01:01:35 | 01:01:34 | CCD-AT |
| 66 | 671 | JOÃO AFONSO | M | 58 | | 01:01:42 | 01:01:35 | UA POVOENSE |
| 67 | 670 | JOÃO DIAS | M | 44 | | 01:01:42 | 01:01:33 | UA POVOENSE |
| 68 | 441 | JOAO FRANCO | M | 62 | | 01:01:45 | 01:01:39 | OS CARREGUEIRENSES |
| 69 | 1091 | LUIS SANTOS | M | 35 | | 01:01:47 | 01:01:47 | A VALE SILENCIO |
| 70 | 1432 | FERNANDO RODRIGUES | M | 48 | | 01:01:49 | 01:01:48 | A VALE SILENCIO |
| 71 | 1092 | TIAGO POVÓA | M | 33 | | 01:01:51 | 01:01:50 | A VALE SILENCIO |
| 72 | 1058 | NUNO SOUSA | M | 42 | | 01:01:51 | 01:01:50 | GDCT IN CASA DA MOEDA |
| 73 | 92 | JOÃO P C M A SILVA | M | 35 | | 01:01:57 | 01:01:55 | SAMORUNNING |
| 74 | 36 | BRUNO AMARO | M | 37 | | 01:02:00 | 01:01:57 | INDIVIDUAL |
| 75 | 1060 | VALTER OLIVEIRA | M | 38 | | 01:02:03 | 01:02:03 | GDCT IN CASA DA MOEDA |
| 76 | 783 | RUI OLIVEIRA | M | 45 | | 01:02:10 | 01:02:08 | AÇOREANA |
| 77 | 1654 | PEDRO TAVARES | M | 40 | | 01:02:11 | 01:01:59 | RF RIBEIRINHA POVOA STA IRIA |
| 78 | 1299 | MIGUEL SILVA | M | 47 | | 01:02:12 | 01:02:11 | CA NAZARÉ |

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|-------|------|---------------------|----|-----|-----|----------|------------|------------------------------|
| 79 | 492 | MANUEL SOARES | M | 51 | | 01:02:14 | 01:02:13 | UNIDOS DA MANUTENÇÃO |
| 80 | 856 | PAULO OLIVEIRA | M | 47 | | 01:02:16 | 01:02:14 | CCD PM CASCAIS |
| 81 | 780 | LUIS ALBUQUERQUE | M | 45 | | 01:02:20 | 01:02:18 | AÇOREANA |
| 82 | 1359 | BRUNO GONCALVES | M | 37 | | 01:02:22 | 01:02:21 | INDIVIDUAL |
| 83 | 1753 | DAMIEN GALLAND | M | 30 | | 01:02:24 | 01:02:20 | VILLEJUIF |
| 84 | 272 | ANGELO SILVA | M | 32 | | 01:02:28 | 01:02:24 | CCDT METRO LX |
| 85 | 1692 | JOSE MESTRE | M | 25 | | 01:02:30 | 01:02:24 | INDIVIDUAL |
| 86 | 1184 | MÁRIO SÁ | M | 36 | | 01:02:31 | 01:02:28 | INDIVIDUAL |
| 87 | 924 | HUGO DOURADO | M | 35 | | 01:02:32 | 01:02:12 | INDIVIDUAL |
| 88 | 271 | MÁRCIO PEREIRA | M | 33 | | 01:02:34 | 01:02:28 | UA POVOENSE |
| 89 | 1267 | ANASTACIO VALADAS | M | 62 | | 01:02:35 | 01:02:34 | GD SANTANDER TOTTA |
| 90 | 695 | CRISTINA PONTE | F | 43 | | 01:02:37 | 01:02:35 | AMINHACORRIDA / KALENJI |
| 91 | 971 | MÓNICA A C SANTOS | F | 38 | | 01:02:39 | 01:02:37 | GYDARUN |
| 92 | 1745 | LOURENÇO CADIMA | M | 31 | | 01:02:41 | 01:02:25 | RUN@FIGUEIRA |
| 93 | 409 | JOSÉ ESTEVES | M | 50 | | 01:02:46 | 01:02:43 | TARTARUGAS SOLIDARIAS |
| 94 | 1635 | FERNANDO FIGUEIREDO | M | 49 | | 01:02:47 | 01:02:47 | FALCOES SELVAGENS |
| 95 | 1475 | JOAQUIM ALEXANDRE | M | 49 | | 01:02:49 | 01:02:46 | URD ARRANHÒ |
| 96 | 1510 | JOSÉ M S SERRANO | M | 44 | | 01:02:53 | 01:02:52 | MONSANTO RUNNING TEAM |
| 97 | 1665 | NUNO GONÇALO | M | 33 | | 01:02:57 | 01:02:54 | CARAP AUS DE CORRIDA |
| 98 | 1564 | ORLANDO CORREIA | M | 44 | | 01:03:00 | 01:02:46 | ABC CAMPOLIDE |
| 99 | 189 | GONÇALO ZARCO | M | 42 | | 01:03:03 | 01:03:03 | SCALABIS NIGHT RUNNERS |
| 100 | 1667 | JOAO RODRIGUES | M | 56 | | 01:03:07 | 01:03:05 | UF DEGOLADOS |
| 101 | 1559 | LEONTINO S LAMPREIA | M | 29 | | 01:03:09 | 01:02:35 | C BENFICA SEIXAL |
| 102 | 1629 | FERNANDO MARTINS | M | 45 | | 01:03:09 | 01:03:07 | GDC Banco de Portugal |
| 103 | 1428 | MARCUS BONITO | M | 41 | | 01:03:10 | 01:02:56 | CASA ANTERO/PACHÁ |
| 104 | 735 | PEDRO FERREIRA | M | 43 | | 01:03:12 | 01:02:59 | RF RIBEIRINHA POVOA STA IRIA |
| 105 | 1399 | LUÍS ZÊZERE | M | 39 | | 01:03:14 | 01:02:58 | CCD CA MÚTUO |
| 106 | 1293 | LUIS MAZEDA | M | 30 | | 01:03:15 | 01:02:56 | ASAS NOS PÉS |
| 107 | 230 | NUNO PITA | M | 41 | | 01:03:17 | 01:03:15 | CCDT METRO LX |
| 108 | 1547 | MARCIO SOUSA | M | 34 | | 01:03:19 | 01:03:16 | CPR A-DO-BARBAS |
| 109 | 227 | JOAO PASTOR | M | 43 | | 01:03:21 | 01:03:20 | CCDT METRO LX |
| 110 | 1112 | PETER STEINHAUSEN | M | 63 | | 01:03:23 | 01:03:22 | INDIVIDUAL |
| 111 | 1000 | JOAQUIM CUNHA | M | 47 | | 01:03:34 | 01:03:30 | AUTO_JACINTO |
| 112 | 1714 | JOSE BARROS | M | 32 | | 01:03:35 | 01:03:28 | INDIVIDUAL |
| 113 | 544 | DINIS PRUDENCIO | M | 44 | | 01:03:40 | 01:03:39 | MODIRA SHOES |
| 114 | 997 | ANTÓNIO JACINTO | M | 56 | | 01:03:43 | 01:03:43 | AUTO_JACINTO |
| 115 | 895 | JOAO R MARTINS | M | 51 | | 01:03:45 | 01:03:44 | C FERROV PORTUGAL |
| 116 | 1756 | MICHAEL HOPPE | M | 35 | | 01:03:48 | 01:03:42 | VILLEJUIF |
| 117 | 1364 | NUNO FILIPE LINO | M | 35 | | 01:03:50 | 01:03:44 | INDIVIDUAL |

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|----------------------|----|-----|-----|----------|------------|-----------------------------|
| 118 | 495 | LUIS M P CARVALHO | M | 40 | | 01:03:53 | 01:03:49 | CLUBE OGMA |
| 119 | 1649 | AFZAL AZIZ | M | 28 | | 01:04:03 | 01:04:01 | FOXHOUND |
| 120 | 229 | MANUEL B COSTA | M | 59 | | 01:04:10 | 01:04:02 | CCDT METRO LX |
| 121 | 1558 | JOSE BISCAIA | M | 32 | | 01:04:11 | 01:04:05 | INDIVIDUAL |
| 122 | 1052 | CARLOS VIEGAS | M | 48 | | 01:04:16 | 01:04:16 | SR CAMARNAL |
| 123 | 1187 | ANÍBAL GASPAR | M | 46 | | 01:04:18 | 01:04:16 | CCD O ALVITEJO |
| 124 | 305 | VÍTOR NOGUEIRA | M | 51 | | 01:04:25 | 01:04:25 | GAA VF XIRA |
| 125 | 1519 | JULIO VICENTE | M | 44 | | 01:04:27 | 01:04:24 | INDIVIDUAL |
| 126 | 1072 | CARLOS BAPTISTA | M | 55 | | 01:04:28 | 01:04:21 | SC CASAINHOS |
| 127 | 647 | FILIPE MENDONÇA | M | 34 | | 01:04:28 | 01:04:26 | ESTORIL PRAIA |
| 128 | 560 | PEDRO LUCAS | M | 42 | | 01:04:30 | 01:04:11 | INDIVIDUAL |
| 129 | 936 | LUÍS MONTEIRO | M | 44 | | 01:04:36 | 01:04:33 | CLUBE NOVO BANCO |
| 130 | 142 | VITOR RIBEIRO | M | 55 | | 01:04:36 | 01:04:34 | OS CANSADOS |
| 131 | 1540 | ARMANDO V SANTOS | M | 34 | | 01:04:37 | 01:03:55 | TEJAVISTA |
| 132 | 1183 | EDUARDO SANTOS | M | 36 | | 01:04:39 | 01:04:37 | INDIVIDUAL |
| 133 | 995 | JOÃO PEREIRA | M | 37 | | 01:04:46 | 01:04:44 | AUTO_JACINTO |
| 134 | 397 | CARLOS SERRA | M | 38 | | 01:04:47 | 01:04:40 | INDIVIDUAL |
| 135 | 1800 | PEDRO FAVINHA | M | 43 | | 01:04:50 | 01:04:19 | INDIVIDUAL |
| 136 | 1470 | FERNANDO A C FARINHA | M | 49 | | 01:04:53 | 01:04:45 | INDIVIDUAL |
| 137 | 141 | DULCINEA SILVA | F | 43 | | 01:04:55 | 01:04:53 | OS CANSADOS |
| 138 | 1621 | JOSÉ MONTEIRO | M | 59 | | 01:04:56 | 01:04:26 | GDC Banco de Portugal |
| 139 | 530 | PEDRO ABOIM | M | 20 | | 01:05:02 | 01:04:52 | C MILLENNIUM BCP |
| 140 | 396 | PEDRO RIBEIRO | M | 39 | | 01:05:07 | 01:04:37 | INDIVIDUAL |
| 141 | 1253 | CARLOS TEIXEIRA | M | 43 | | 01:05:10 | 01:05:06 | GD SANTANDER TOTTA |
| 142 | 1404 | DIONISIO BAPTISTA | M | 54 | | 01:05:13 | 01:05:02 | AABV-LAGOA ALGARVE |
| 143 | 180 | JOSÉ PAJINHA | M | 55 | | 01:05:14 | 01:05:13 | ODIMARQ ALUMÍNIOS |
| 144 | 374 | ANTÓNIO DUARTE | M | 40 | | 01:05:20 | 01:05:19 | KANINOS |
| 145 | 293 | PEDRO FERREIRA | M | 38 | | 01:05:22 | 01:05:17 | INDIVIDUAL |
| 146 | 746 | RICARDO L ALVES | M | 33 | | 01:05:24 | 01:04:51 | C BENFICA SEIXAL |
| 147 | 1190 | CARLOS CARAPETO | M | 52 | | 01:05:26 | 01:05:18 | CCD O ALVITEJO |
| 148 | 482 | LUIS M PEREIRA | M | 44 | | 01:05:27 | 01:04:21 | CCD-AT |
| 149 | 1061 | NUNO HENRIQUES | M | 40 | | 01:05:28 | 01:05:28 | GDCT IN CASA DA MOEDA |
| 150 | 578 | JOSÉ MAGALHÃES | M | 50 | | 01:05:29 | 01:05:16 | RUNNING & CARING TIL WE DIE |
| 151 | 147 | ANTONIO GONCALVES | M | 31 | | 01:05:30 | 01:05:16 | LE CLUB RUNNERS |
| 152 | 945 | RUI LOPES | M | 63 | | 01:05:36 | 01:05:32 | CLUBE NOVO BANCO |
| 153 | 1116 | CARLOS PEDRO | M | 44 | | 01:05:37 | 01:05:06 | CLUBE TAP PORTUGAL |
| 154 | 371 | ANTONIO SOUSA | M | 54 | | 01:05:46 | 01:05:46 | INDIVIDUAL |
| 155 | 910 | PAULO MATA | M | 51 | | 01:05:48 | 01:05:44 | INDIVIDUAL |
| 156 | 1346 | BRUNO VITORINO | M | 39 | | 01:05:48 | 01:05:38 | INDIVIDUAL |

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|-------|------|---------------------|----|-----|-----|----------|------------|------------------------------|
| 157 | 1080 | FILIPE SILVA | M | 31 | | 01:05:49 | 01:05:46 | CP RTP |
| 158 | 434 | GABRIEL FRADE | M | 51 | | 01:05:54 | 01:05:46 | ZAPOTEQUES SABORES DO PAÇO |
| 159 | 334 | JOAQUIM CAPELA | M | 44 | | 01:05:57 | 01:05:57 | KANINOS |
| 160 | 155 | ANTONIO M T C SOUSA | M | 47 | | 01:05:57 | 01:05:53 | KANINOS |
| 161 | 949 | SÉRGIO GOMES | M | 37 | | 01:05:58 | 01:05:41 | INDIVIDUAL |
| 162 | 1189 | ANTÓNIO AZEDO | M | 50 | | 01:06:02 | 01:05:53 | CCD O ALVITEJO |
| 163 | 431 | MIGUEL BERTOLO | M | 34 | | 01:06:02 | 01:05:52 | ZAPOTEQUES SABORES DO PAÇO |
| 164 | 231 | ORLANDO SILVA | M | 58 | | 01:06:05 | 01:05:42 | CCDT METRO LX |
| 165 | 1738 | VITOR CUNHA | M | 45 | | 01:06:08 | 01:05:56 | WIKABOO |
| 166 | 1743 | LUIS GRILLO | M | 48 | | 01:06:08 | 01:05:58 | WIKABOO |
| 167 | 758 | JOÃO GAMEIRO | M | 45 | | 01:06:09 | 01:05:52 | INDIVIDUAL |
| 168 | 433 | PAULO FRADE | M | 45 | | 01:06:10 | 01:06:01 | ZAPOTEQUES SABORES DO PAÇO |
| 169 | 1186 | FÁBIO MARTINS | M | 26 | | 01:06:11 | 01:05:58 | CCD O ALVITEJO |
| 170 | 1373 | AMÉRICO PEREIRA | M | 43 | | 01:06:12 | 01:06:12 | INDIVIDUAL |
| 171 | 1017 | ANDRÉ CARDOSO | M | 31 | | 01:06:12 | 01:05:58 | INDIVIDUAL |
| 172 | 1033 | DIOGO FERREIRA | M | 34 | | 01:06:17 | 01:05:46 | C VETERANOS LIS |
| 173 | 1690 | JOSE LOPES | M | 51 | | 01:06:19 | 01:06:12 | RB RUNNING |
| 174 | 1102 | JOSÉ MARQUES | M | 48 | | 01:06:23 | 01:06:15 | C PRAÇAS ARMADA |
| 175 | 736 | FERNANDO TAVARES | M | 44 | | 01:06:24 | 01:06:18 | LISBOA MARRIOTT HOTEL |
| 176 | 808 | MARIO SEABRA | M | 43 | | 01:06:24 | 01:06:11 | RF RIBEIRINHA POVOA STA IRIA |
| 177 | 853 | MÁRIO SANTOS | M | 46 | | 01:06:29 | 01:05:59 | CCD PM CASCAIS |
| 178 | 105 | JOSÉ M V FAUSTINO | M | 62 | | 01:06:30 | 01:06:30 | INDIVIDUAL |
| 179 | 1366 | LINO SANTOS | M | 51 | | 01:06:31 | 01:06:28 | INDIVIDUAL |
| 180 | 29 | JOÃO RODRIGUES | M | 18 | | 01:06:36 | 01:05:20 | INDIVIDUAL |
| 181 | 128 | FERNANDO ANDRADE | M | 36 | | 01:06:36 | 01:06:16 | OS PERIGOSOS |
| 182 | 190 | RICARDO SILVA | M | 34 | | 01:06:37 | 01:06:35 | INDIVIDUAL |
| 183 | 818 | ANTÓNIO MERUJO | M | 56 | | 01:06:39 | 01:06:14 | SCU TORREENSE |
| 184 | 1273 | LUIS MILHEIRO | M | 55 | | 01:06:43 | 01:06:24 | GD SANTANDER TOTTA |
| 185 | 1097 | TOZÉ CARNEIRO | M | 47 | | 01:06:44 | 01:06:41 | CLUBE OGMA |
| 186 | 704 | JOAO CALDAS | M | 50 | | 01:06:44 | 01:06:33 | ND AUTOCOOPE |
| 187 | 501 | MARCOS A F PEREIRA | M | 60 | | 01:06:51 | 01:06:48 | INDIVIDUAL |
| 188 | 776 | ANDRÉ QUARENTA | M | 45 | | 01:06:53 | 01:06:49 | AÇOREANA |
| 189 | 1545 | JOAQUIM GOMES | M | 65 | | 01:06:53 | 01:06:51 | CPR A-DO-BARBAS |
| 190 | 303 | MAURO PIMENTA | M | 39 | | 01:06:55 | 01:06:35 | GAA VF XIRA |
| 191 | 1595 | ELISABETE SOUSA | F | 42 | | 01:06:56 | 01:06:49 | CA PENAFIRME |
| 192 | 366 | JOÃO M M CADETE | M | 49 | | 01:06:57 | 01:06:18 | LX RUN |
| 193 | 1594 | ANTÓNIO GOUVEIA | M | 43 | | 01:06:57 | 01:06:50 | CA PENAFIRME |
| 194 | 1271 | RUI MACHINHO | M | 39 | | 01:06:58 | 01:06:48 | GD SANTANDER TOTTA |
| 195 | 347 | VICTOR VARIZO | M | 40 | | 01:07:01 | 01:06:57 | PERNAS DE GAFANHOTO |

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|---------------------|----|-----|-----|----------|------------|------------------------------|
| 196 | 121 | HELDER VALADAS | M | 35 | | 01:07:03 | 01:06:41 | OS PERIGOSOS |
| 197 | 1640 | RICARDO T M D GOMES | M | 34 | | 01:07:03 | 01:06:35 | RF RIBEIRINHA POVOA STA IRIA |
| 198 | 1446 | ANDRE LOPES | M | 26 | | 01:07:04 | 01:06:18 | CRP/PROFISERV |
| 199 | 236 | BRUNO LOPES | M | 34 | | 01:07:06 | 01:07:02 | AA MAFRA |
| 200 | 674 | FERNANDO VAZ | M | 46 | | 01:07:10 | 01:07:08 | INDIVIDUAL |
| 201 | 991 | ALEXANDRE LEAL | M | 40 | | 01:07:10 | 01:06:28 | CARAP AUS DE CORRIDA |
| 202 | 221 | CARLOS N DIAS | M | 55 | | 01:07:13 | 01:06:27 | CCDT METRO LX |
| 203 | 1407 | JORGE REIS | M | 46 | | 01:07:17 | 01:07:15 | AABV-LAGOA ALGARVE |
| 204 | 1408 | EUNICE FERNANDES | F | 41 | | 01:07:17 | 01:07:15 | AABV-LAGOA ALGARVE |
| 205 | 304 | CLÁUDIO MIRA | M | 50 | | 01:07:18 | 01:07:18 | GAA VF XIRA |
| 206 | 438 | JOAO BERNARDES | M | 40 | | 01:07:18 | 01:06:04 | OS CARREGUEIRENSES |
| 207 | 559 | NUNO F B MENDÃO | M | 42 | | 01:07:19 | 01:07:03 | INDIVIDUAL |
| 208 | 1405 | ANTÓNIO FERREIRA | M | 49 | | 01:07:21 | 01:07:19 | AABV-LAGOA ALGARVE |
| 209 | 1709 | JOSÉ A A BRITO | M | 53 | | 01:07:21 | 01:07:17 | INDIVIDUAL |
| 210 | 1681 | JOAO ALVES | M | 33 | | 01:07:24 | 01:07:18 | PSP |
| 211 | 432 | NELSON BERTOLO | M | 40 | | 01:07:27 | 01:07:20 | ZAPOTEQUES SABORES DO PAÇO |
| 212 | 1582 | RUI MARTINS | M | 30 | | 01:07:27 | 01:07:24 | ASC VALE GRANDE |
| 213 | 1583 | JOSE MOREIRA | M | 39 | | 01:07:28 | 01:07:26 | ASC VALE GRANDE |
| 214 | 797 | ANTÓNIO R PEREIRA | M | 53 | | 01:07:29 | 01:07:27 | C COLAB AXA |
| 215 | 1188 | FRANCISCO CALÇADA | M | 51 | | 01:07:32 | 01:07:24 | CCD O ALVITEJO |
| 216 | 315 | FERNANDO CASTELA | M | 44 | | 01:07:34 | 01:07:24 | RENERGIA |
| 217 | 1261 | JOAO JESUS | M | 40 | | 01:07:36 | 01:07:27 | GD SANTANDER TOTTA |
| 218 | 901 | GERMANO SILVA | M | 57 | | 01:07:39 | 01:07:29 | AD REAL ACADEMIA |
| 219 | 219 | ANTONIO PEREIRA | M | 51 | | 01:07:39 | 01:07:19 | CCDT METRO LX |
| 220 | 196 | HELDER BEXIGA | M | 47 | | 01:07:40 | 01:06:42 | ALVERCA URBAN RUNNERS |
| 221 | 1544 | NUNO JORGE | M | 40 | | 01:07:42 | 01:07:37 | CPR A-DO-BARBAS |
| 222 | 1229 | JOAQUIM FRADE | M | 60 | | 01:07:43 | 01:07:25 | SS CGD |
| 223 | 1499 | OZEIAS GESSO | M | 38 | | 01:07:44 | 01:07:15 | INDIVIDUAL |
| 224 | 1109 | RUI M P HENRIQUES | M | 40 | | 01:07:47 | 01:07:01 | INDIVIDUAL |
| 225 | 1106 | JOÃO HIPÓLITO | M | 50 | | 01:07:49 | 01:07:33 | INDIVIDUAL |
| 226 | 1037 | PAULO BASÍLIO | M | 48 | | 01:07:51 | 01:07:25 | OS ZATOPEQUES |
| 227 | 1171 | PAULO HENRIQUE | M | 47 | | 01:07:53 | 01:07:02 | GAA VF XIRA |
| 228 | 770 | PAULO PEREIRA | M | 48 | | 01:07:55 | 01:07:52 | AÇOREANA |
| 229 | 346 | LÚCIA OLIVEIRA | F | 36 | | 01:07:55 | 01:07:53 | GENERG |
| 230 | 284 | JOÃO FERNANDES | M | 27 | | 01:07:56 | 01:07:35 | INDIVIDUAL |
| 231 | 436 | JOEL RODRIGUES | M | 36 | | 01:08:00 | 01:07:51 | INDIVIDUAL |
| 232 | 1693 | ANGELINA SANTOS | F | 54 | | 01:08:00 | 01:08:00 | CCD HOSPITAL VF XIRA |
| 233 | 826 | JOÃO VALHELHAS | M | 44 | | 01:08:00 | 01:07:51 | CAMARA L CLUBE |
| 234 | 1014 | LUIS MARTINS | M | 52 | | 01:08:01 | 01:07:50 | INDIVIDUAL |

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Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|---------------------|----|-----|-----|----------|------------|-------------------------|
| 235 | 1075 | ARMANDO CORREIA | M | 33 | | 01:08:01 | 01:07:54 | SC CASAINHOS |
| 236 | 1096 | ANDRÉ SANTOS | M | 39 | | 01:08:01 | 01:07:50 | A VALE SILENCIO |
| 237 | 302 | VÍTOR NOVAIS | M | 40 | | 01:08:03 | 01:07:42 | GAA VF XIRA |
| 238 | 1403 | PEDRO ONOFRE | M | 54 | | 01:08:05 | 01:08:04 | AABV-LAGOA ALGARVE |
| 239 | 919 | RAUL B COELHO | M | 38 | | 01:08:05 | 01:08:00 | INDIVIDUAL |
| 240 | 106 | PAULO FERREIRA | M | 45 | | 01:08:08 | 01:07:48 | INDIVIDUAL |
| 241 | 652 | HUGO ROCHA | M | 34 | | 01:08:09 | 01:07:28 | INDIVIDUAL |
| 242 | 150 | TIAGO RAIMUNDO | M | 36 | | 01:08:10 | 01:07:34 | JATAPANHO |
| 243 | 151 | NELSON SILVA | M | 33 | | 01:08:10 | 01:07:34 | JATAPANHO |
| 244 | 868 | JOÃO SALVADOR | M | 29 | | 01:08:11 | 01:08:08 | SAMORUNNING |
| 245 | 824 | RICARDO PITA | M | 35 | | 01:08:11 | 01:08:09 | CAMARA L CLUBE |
| 246 | 1720 | CARLOS HIPÓLITO | M | 41 | | 01:08:19 | 01:08:09 | SCALABIS NIGHT RUNNERS |
| 247 | 738 | JULIO C ROQUE | M | 50 | | 01:08:25 | 01:08:14 | A VALE SILENCIO |
| 248 | 1300 | JOSÉ GERARDO | M | 53 | | 01:08:26 | 01:08:22 | CA NAZARÉ |
| 249 | 612 | PAULO FONSECA | M | 46 | | 01:08:27 | 01:08:10 | INDIVIDUAL |
| 250 | 337 | SERGIO M R TEIXEIRA | M | 40 | | 01:08:29 | 01:08:28 | INDIVIDUAL |
| 251 | 181 | DANIEL SILVA | M | 56 | | 01:08:30 | 01:08:25 | ODIMARQ ALUMÍNIOS |
| 252 | 1029 | JORGE NABAIS | M | 33 | | 01:08:32 | 01:08:27 | INDIVIDUAL |
| 253 | 494 | GIL XAVIER ALVES | M | 39 | | 01:08:38 | 01:08:37 | UNIDOS DA MANUTENÇÃO |
| 254 | 64 | ANTÓNIO VALENTE | M | 33 | | 01:08:41 | 01:08:16 | INDIVIDUAL |
| 255 | 1521 | ÁLVARO J L MENDONÇA | M | 33 | | 01:08:42 | 01:08:30 | GÁFETERUNNERS |
| 256 | 1160 | MICKAEL GONÇALVES | M | 26 | | 01:08:43 | 01:07:49 | FORCE61 |
| 257 | 1652 | JOÃO RAQUEL | M | 37 | | 01:08:43 | 01:08:20 | INDIVIDUAL |
| 258 | 1628 | PEDRO FERREIRA | M | 29 | | 01:08:45 | 01:08:17 | GDC Banco de Portugal |
| 259 | 733 | LUÍS MENDES | M | 36 | | 01:08:45 | 01:07:37 | INDIVIDUAL |
| 260 | 38 | JORGE P CURTO | M | 40 | | 01:08:48 | 01:08:46 | COXOS E O MIGUEL |
| 261 | 168 | LUÍS ALVES | M | 37 | | 01:08:51 | 01:08:38 | CAD A CORRER |
| 262 | 266 | NUNO SILVA | M | 39 | | 01:08:53 | 01:08:14 | LX RUN |
| 263 | 687 | CARLOS LOPES | M | 41 | | 01:08:54 | 01:08:52 | AMINHACORRIDA / KALENJI |
| 264 | 1578 | FERNANDA S BARBOZA | F | 36 | | 01:08:55 | 01:08:43 | INDIVIDUAL |
| 265 | 1443 | JOÃO VAZ | M | 50 | | 01:08:55 | 01:08:12 | INDIVIDUAL |
| 266 | 1140 | HÉLIO MARQUES | M | 41 | | 01:08:57 | 01:08:52 | INGLESES FC |
| 267 | 306 | ANTÓNIO RIBEIRO | M | 54 | | 01:08:59 | 01:08:38 | GAA VF XIRA |
| 268 | 681 | CARLOS MENDES | M | 49 | | 01:09:00 | 01:08:58 | INDIVIDUAL |
| 269 | 1319 | ANTÓNIO FERREIRA | M | 32 | | 01:09:01 | 01:08:45 | CA PATAMEIRAS |
| 270 | 427 | PEDRO FERREIRA | M | 38 | | 01:09:05 | 01:09:02 | CLUBE ROBBIALAC |
| 271 | 66 | CARLOS VIEIRA | M | 31 | | 01:09:07 | 01:08:38 | INDIVIDUAL |
| 272 | 218 | ANTONIO GONÇALVES | M | 50 | | 01:09:09 | 01:08:24 | CCDT METRO LX |
| 273 | 990 | PAULO VIEIRA | M | 48 | | 01:09:12 | 01:08:35 | INDIVIDUAL |

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Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|---------------------|----|-----|-----|----------|------------|----------------------------|
| 274 | 680 | ANTONIO MENDES | M | 59 | | 01:09:14 | 01:09:11 | INDIVIDUAL |
| 275 | 1431 | CARLOS A S SANTOS | M | 42 | | 01:09:14 | 01:08:22 | INDIVIDUAL |
| 276 | 215 | PAULO TORRES | M | 40 | | 01:09:15 | 01:09:04 | GAREHOTELRUNNING |
| 277 | 435 | OSCAR OLIVEIRA | M | 50 | | 01:09:19 | 01:09:11 | ZAPOTEQUES SABORES DO PAÇO |
| 278 | 1590 | ALMERINDO SILVA | M | 50 | | 01:09:21 | 01:09:16 | INDIVIDUAL |
| 279 | 1089 | LEONEL NEVES | M | 62 | | 01:09:22 | 01:09:12 | A VALE SILENCIO |
| 280 | 672 | FÁBIO FERREIRA | M | 29 | | 01:09:24 | 01:09:17 | UA POVOENSE |
| 281 | 1459 | LUIS CALEIRAS | M | 43 | | 01:09:28 | 01:09:21 | INDIVIDUAL |
| 282 | 237 | BRUNO FERREIRA | M | 24 | | 01:09:29 | 01:09:28 | AA MAFRA |
| 283 | 39 | MIGUEL SIMÕES | M | 37 | | 01:09:31 | 01:09:09 | INDIVIDUAL |
| 284 | 1254 | NUNO CARVALHO | M | 40 | | 01:09:33 | 01:08:39 | GD SANTANDER TOTTA |
| 285 | 756 | NUNO PEREIRA | M | 39 | | 01:09:34 | 01:09:30 | CLUBE OGMA |
| 286 | 1406 | JOAQUIM GONÇALVES | M | 63 | | 01:09:36 | 01:09:15 | AABV-LAGOA ALGARVE |
| 287 | 37 | FERNANDO TEIXEIRA | M | 54 | | 01:09:37 | 01:09:29 | INDIVIDUAL |
| 288 | 787 | VIRGILIO MADEIRA | M | 56 | | 01:09:37 | 01:09:28 | AÇOREANA |
| 289 | 127 | MARCO CASEIRO | M | 37 | | 01:09:38 | 01:09:17 | OS PERIGOSOS |
| 290 | 1485 | CESAR P ANDRADE | M | 35 | | 01:09:39 | 01:09:03 | INDIVIDUAL |
| 291 | 817 | MÁRIO J FERNANDES | M | 30 | | 01:09:39 | 01:08:53 | 3B TRIATLO |
| 292 | 894 | AIRES S PEDRO | M | 61 | | 01:09:40 | 01:09:15 | C FERROV PORTUGAL |
| 293 | 48 | DIOGO GARCIA | M | 28 | | 01:09:40 | 01:08:52 | OS CONTA-KILÓMETROS |
| 294 | 547 | HELDER MARQUES | M | 50 | | 01:09:42 | 01:09:39 | SR CAMARNAL |
| 295 | 52 | ANTÓNIO VALE | M | 28 | | 01:09:43 | 01:08:55 | OS CONTA-KILÓMETROS |
| 296 | 960 | NUNO JACINTO | M | 41 | | 01:09:43 | 01:09:31 | CLUBE VODAFONE |
| 297 | 875 | JOAQUIM FERNANDES | M | 53 | | 01:09:44 | 01:09:33 | AA LEBRES SADO |
| 298 | 593 | NUNO COSTA | M | 42 | | 01:09:47 | 01:09:33 | CAD A CORRER |
| 299 | 1105 | CHEN QUN | M | 40 | | 01:09:48 | 01:09:43 | INDIVIDUAL |
| 300 | 732 | EDUARDO COSTA | M | 40 | | 01:09:49 | 01:08:41 | INDIVIDUAL |
| 301 | 363 | FLORIVAL LUCAS | M | 52 | | 01:09:50 | 01:09:44 | OS COXOS E O MIGUEL |
| 302 | 849 | ANTÓNIO PUCARIÇO | M | 54 | | 01:09:52 | 01:09:21 | CCD PM CASCAIS |
| 303 | 1332 | CARLOS M PEREIRA | M | 48 | | 01:09:52 | 01:09:52 | INDIVIDUAL |
| 304 | 201 | RUBEN COSTA | M | 35 | | 01:09:53 | 01:09:38 | BRRNIGHTRUNNERS |
| 305 | 214 | CARLOS M CONSTANCIO | M | 40 | | 01:09:55 | 01:09:18 | ERICSSON |
| 306 | 1631 | BRUNO MARTINS | M | 38 | | 01:09:55 | 01:09:52 | CARACÓIS DE CORRIDA |
| 307 | 43 | HUMBERTO R BORGES | M | 48 | | 01:09:57 | 01:09:37 | INDIVIDUAL |
| 308 | 348 | DAVID RAMOS | M | 35 | | 01:09:58 | 01:09:53 | INDIVIDUAL |
| 309 | 152 | PAULO CRAVEIRO | M | 39 | | 01:10:01 | 01:09:24 | JATAPANHO |
| 310 | 446 | DANIEL SIMÕES | M | 31 | | 01:10:02 | 01:08:56 | INDIVIDUAL |
| 311 | 634 | ANTONIO J PAINHA | M | 48 | | 01:10:02 | 01:09:58 | INDIVIDUAL |
| 312 | 1095 | JOÃO BOGALHEIRO | M | 46 | | 01:10:05 | 01:10:00 | A VALE SILENCIO |

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Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|----------------------|----|-----|-----|----------|------------|------------------------------|
| 313 | 173 | FÁBIO RODRIGUES | M | 25 | | 01:10:08 | 01:09:54 | JIMBRAS RUNNING |
| 314 | 1215 | CARLOS ANTUNES | M | 41 | | 01:10:09 | 01:09:48 | SS CGD |
| 315 | 613 | RUI M M PEREIRA | M | 58 | | 01:10:09 | 01:10:04 | INDIVIDUAL |
| 316 | 312 | BENTO RIBEIRO | M | 53 | | 01:10:11 | 01:09:57 | CKL RUNNING |
| 317 | 563 | RUBEN MAURICIO | M | 35 | | 01:10:11 | 01:09:44 | RF RIBEIRINHA POVOA STA IRIA |
| 318 | 542 | ANGELO RELVAS | M | 19 | | 01:10:12 | 01:09:45 | RF RIBEIRINHA POVOA STA IRIA |
| 319 | 529 | LUIS GONÇALVES | M | 38 | | 01:10:13 | 01:10:03 | C MILLENNIUM BCP |
| 320 | 1216 | CARLOS LEITAO | M | 52 | | 01:10:15 | 01:10:05 | SS CGD |
| 321 | 1369 | LUIS DIAS | M | 30 | | 01:10:16 | 01:10:03 | JIMBRAS RUNNING |
| 322 | 1071 | EDUARDO LUÍS | M | 38 | | 01:10:16 | 01:10:05 | ATÓMICOS |
| 323 | 1170 | CARLOS M G MARQUES | M | 44 | | 01:10:25 | 01:09:57 | INDIVIDUAL |
| 324 | 1247 | RUI PEREIRA | M | 45 | | 01:10:30 | 01:09:48 | SS CGD |
| 325 | 1313 | MÁRCIO BATISTA | M | 25 | | 01:10:30 | 01:10:30 | INDIVIDUAL |
| 326 | 1790 | JUAN COSTA | M | 50 | | 01:10:31 | 01:10:31 | |
| 327 | 1087 | JOÃO SALDANHA | M | 42 | | 01:10:33 | 01:09:35 | A VALE SILENCIO |
| 328 | 90 | JOÃO A V FREITAS | M | 38 | | 01:10:33 | 01:10:13 | INDIVIDUAL |
| 329 | 723 | SÉRGIO VINHAS | M | 42 | | 01:10:34 | 01:10:13 | INDIVIDUAL |
| 330 | 1641 | FERNANDO COSTA | M | 39 | | 01:10:35 | 01:10:26 | INDIVIDUAL |
| 331 | 465 | FERNANDO ROSETE | M | 45 | | 01:10:36 | 01:09:43 | RUN 4 FUN |
| 332 | 178 | JOÃO SILVA | M | 36 | | 01:10:38 | 01:10:12 | CASA DA DIZIMA |
| 333 | 669 | VITOR A F CAVACO | M | 38 | | 01:10:39 | 01:09:53 | ZFORTES |
| 334 | 71 | ARMANDO CARDOSO | M | 29 | | 01:10:42 | 01:09:47 | RF RIBEIRINHA POVOA STA IRIA |
| 335 | 195 | JOAO HENRIQUE | M | 47 | | 01:10:43 | 01:10:43 | INDIVIDUAL |
| 336 | 217 | NELSON PEREIRA | M | 39 | | 01:10:44 | 01:09:20 | GAREHOTELRUNNING |
| 337 | 318 | PEDRO CARVALHO | M | 51 | | 01:10:45 | 01:10:36 | RENERGIA |
| 338 | 345 | NELSON CUSTODIO | M | 40 | | 01:10:47 | 01:10:41 | INDIVIDUAL |
| 339 | 344 | BRUNO CARDOSO | M | 36 | | 01:10:47 | 01:10:42 | INDIVIDUAL |
| 340 | 764 | FREDERICO BAIÃO | M | 35 | | 01:10:48 | 01:10:46 | INDIVIDUAL |
| 341 | 367 | SÉRGIO M P FELICIANO | M | 38 | | 01:10:50 | 01:10:31 | CORRER LISBOA |
| 342 | 393 | JAIME COELHO | M | 32 | | 01:10:51 | 01:10:05 | GYDARUN |
| 343 | 309 | JOSÉ JOÃO TEIXEIRA | M | 62 | | 01:10:51 | 01:10:30 | GAA VF XIRA |
| 344 | 488 | JOAO LOBO | M | 29 | | 01:10:52 | 01:10:05 | GYDARUN |
| 345 | 1441 | MANUEL TAVARES | M | 57 | | 01:10:53 | 01:10:32 | INDIVIDUAL |
| 346 | 467 | FLAVIO R I AMORIM | M | 27 | | 01:10:55 | 01:10:11 | GYDARUN |
| 347 | 1520 | ALDINO SILVA | M | 47 | | 01:10:55 | 01:10:43 | INDIVIDUAL |
| 348 | 697 | JOSE MARTINS | M | 53 | | 01:10:58 | 01:10:46 | AMINHACORRIDA / KALENJI |
| 349 | 801 | MIGUEL T SOUSA | M | 40 | | 01:11:00 | 01:09:41 | C COLAB AXA |
| 350 | 1661 | SERGIO SANTOS | M | 43 | | 01:11:00 | 01:10:10 | INDIVIDUAL |
| 351 | 988 | VERÓNICA A R CORREIA | F | 40 | | 01:11:03 | 01:11:01 | INDIVIDUAL |

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Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|-------------------|----|-----|-----|----------|------------|------------------------------|
| 352 | 60 | RUI VIEITAS | M | 40 | | 01:11:04 | 01:10:50 | FAT OLD DUDES |
| 353 | 1460 | JORGE REI | M | 41 | | 01:11:05 | 01:10:55 | INDIVIDUAL |
| 354 | 1658 | RÚBEN M SOUSA | M | 26 | | 01:11:05 | 01:10:32 | INDIVIDUAL |
| 355 | 500 | JORGE ANTUNES | M | 40 | | 01:11:07 | 01:10:26 | VOLKSWAGEN AUTOEUROPA |
| 356 | 1451 | JORGE FREITAS | M | 56 | | 01:11:07 | 01:11:02 | UA POVOENSE |
| 357 | 301 | BRUNO SILVA | M | 41 | | 01:11:07 | 01:10:44 | GAA VF XIRA |
| 358 | 1472 | FILIPE BRANCO | M | 46 | | 01:11:15 | 01:11:03 | URD ARRANHÒ |
| 359 | 905 | AURELIO AFONSO | M | 39 | | 01:11:18 | 01:11:03 | ADCR PJ |
| 360 | 1767 | PAULO TOMAS | M | 39 | | 01:11:19 | 01:11:11 | |
| 361 | 1375 | CARLOS M JACINTO | M | 47 | | 01:11:19 | 01:11:15 | INDIVIDUAL |
| 362 | 1076 | MANUEL BENTO | M | 39 | | 01:11:20 | 01:11:13 | SC CASAINHOS |
| 363 | 836 | JÚLIO REIS | M | 42 | | 01:11:21 | 01:11:12 | CAMARA L CLUBE |
| 364 | 963 | TIAGO MARTINS | M | 34 | | 01:11:24 | 01:11:07 | CLUBE VODAFONE |
| 365 | 1761 | PEDRO GUEDES | M | 41 | | 01:11:32 | 01:10:54 | INDIVIDUAL |
| 366 | 1622 | ADELINO SEMEDO | M | 62 | | 01:11:32 | 01:11:03 | GDC Banco de Portugal |
| 367 | 405 | LUIS RELVAS | M | 32 | | 01:11:32 | 01:11:05 | RELVASSPEED ATLETISMO |
| 368 | 1164 | NUNO A V ALVES | M | 24 | | 01:11:34 | 01:11:24 | INDIVIDUAL |
| 369 | 906 | VIRGILIO OLIVEIRA | M | 55 | | 01:11:37 | 01:11:18 | ADCR PJ |
| 370 | 903 | HUGO MONTEIRO | M | 39 | | 01:11:37 | 01:11:18 | ADCR PJ |
| 371 | 611 | HILARIO TORRES | M | 56 | | 01:11:40 | 01:11:23 | INDIVIDUAL |
| 372 | 1104 | RICARDO MATIAS | M | 30 | | 01:11:40 | 01:11:40 | INDIVIDUAL |
| 373 | 706 | JUVENAL MOREIRA | M | 52 | | 01:11:41 | 01:11:26 | ND AUTOCOOPE |
| 374 | 1574 | MARIO ALVES | M | 60 | | 01:11:43 | 01:10:54 | SFUAP |
| 375 | 1575 | PEDRO ALVAREZ | M | 43 | | 01:11:44 | 01:10:55 | SFUAP |
| 376 | 942 | PEDRO GABRIEL | M | 41 | | 01:11:44 | 01:10:55 | CLUBE NOVO BANCO |
| 377 | 437 | RAUL QUARESMA | M | 35 | | 01:11:47 | 01:09:46 | O MUNDO DA CORRIDA |
| 378 | 1562 | RUI P RODRIGUES | M | 41 | | 01:11:48 | 01:11:20 | ABC CAMPOLIDE |
| 379 | 1315 | NUNO CORDEIRO | M | 47 | | 01:11:48 | 01:11:32 | INDIVIDUAL |
| 380 | 1130 | RICARDO MENDES | M | 26 | | 01:11:50 | 01:11:42 | INDIVIDUAL |
| 381 | 1340 | TIAGO GAMEIRO | M | 32 | | 01:11:51 | 01:11:48 | INDIVIDUAL |
| 382 | 1306 | ANTÓNIO CAMACHO | M | 63 | | 01:11:54 | 01:11:44 | CA VALE FIGUEIRA |
| 383 | 1677 | NUNO CRUZ | M | 35 | | 01:11:55 | 01:11:21 | INDIVIDUAL |
| 384 | 172 | FILIPE OLIVEIRA | M | 40 | | 01:11:57 | 01:11:30 | RF RIBEIRINHA POVOA STA IRIA |
| 385 | 59 | JOÃO S MELO | M | 38 | | 01:11:58 | 01:11:23 | INDIVIDUAL |
| 386 | 1481 | FERNANDO PAULINO | M | 39 | | 01:11:59 | 01:11:21 | ASAS NOS PÉS |
| 387 | 1320 | ANTÓNIO MORAIS | M | 63 | | 01:11:59 | 01:11:44 | CA PATAMEIRAS |
| 388 | 193 | HELIO M P PEREIRA | M | 34 | | 01:12:00 | 01:11:34 | INDIVIDUAL |
| 389 | 616 | MANUEL M M COSTA | M | 39 | | 01:12:02 | 01:11:22 | A JORGE PINA |
| 390 | 1556 | NUNO ALVES | M | 40 | | 01:12:02 | 01:11:11 | MOVET |

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Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|-----------------------|----|-----|-----|----------|------------|--|
| 391 | 1367 | CARLOS D F ASSEICEIRA | M | 31 | | 01:12:03 | 01:11:36 | MELRO RUNNERS |
| 392 | 1626 | PEDRO PINTO | M | 30 | | 01:12:04 | 01:10:55 | GDC Banco de Portugal |
| 393 | 341 | CRISTOVÃO A MARCOS | M | 31 | | 01:12:04 | 01:11:42 | INDIVIDUAL |
| 394 | 970 | MÁRIO J S FETEIRA | M | 41 | | 01:12:06 | 01:11:40 | INDIVIDUAL |
| 395 | 57 | PATRICIA CALDAS | F | 33 | | 01:12:07 | 01:12:02 | INDIVIDUAL |
| 396 | 164 | FRANCISCO BORGES | M | 36 | | 01:12:07 | 01:11:11 | ALVERCA URBAN RUNNERS |
| 397 | 58 | SAMUEL SEBASTIAO | M | 33 | | 01:12:07 | 01:12:02 | INDIVIDUAL |
| 398 | 927 | CARLOS NABIÇA | M | 52 | | 01:12:08 | 01:11:49 | CLUBE NOVO BANCO |
| 399 | 159 | RUI PEREIRA | M | 41 | | 01:12:09 | 01:11:30 | CDS SALVATERRENSE |
| 400 | 1528 | FILIPE ARCADINHO | M | 35 | | 01:12:10 | 01:11:47 | INDIVIDUAL |
| 401 | 1185 | CARLA CALÇADA | F | 46 | | 01:12:11 | 01:12:03 | CCD O ALVITEJO |
| 402 | 489 | JOAO CARVALHO | M | 41 | | 01:12:14 | 01:11:45 | INDIVIDUAL |
| 403 | 747 | JORGE M C M DUARTE | M | 41 | | 01:12:15 | 01:12:09 | CHESTER TEAM |
| 404 | 184 | JOAO PEREIRA | M | 53 | | 01:12:16 | 01:11:52 | SAPATISTAS |
| 405 | 389 | HUGO PINTO | M | 40 | | 01:12:18 | 01:11:53 | CCDT METRO LX |
| 406 | 1193 | LUIS M DUARTE | M | 43 | | 01:12:20 | 01:11:47 | C BENFICA SEIXAL |
| 407 | 46 | PEDRO TRIGO | M | 30 | | 01:12:20 | 01:11:33 | OS CONTA-KILÓMETROS |
| 408 | 1395 | PEDRO TRABUCHO | M | 51 | | 01:12:20 | 01:12:07 | GD BANCO BPI |
| 409 | 1243 | PEDRO FONTOURA | M | 45 | | 01:12:21 | 01:12:11 | SS CGD |
| 410 | 445 | MARCO CAMPANIÇO | M | 33 | | 01:12:22 | 01:11:44 | VOLKSWAGEN AUTOEUROPA |
| 411 | 183 | HUGO M C S S SILVA | M | 39 | | 01:12:24 | 01:11:59 | INDIVIDUAL |
| 412 | 1039 | JOSÉ CUNHA | M | 51 | | 01:12:24 | 01:11:57 | OS ZATOPEQUES |
| 413 | 1159 | BRUNO MARCELINO | M | 38 | | 01:12:25 | 01:11:45 | INDIVIDUAL |
| 414 | 1543 | GONÇALO JANUARIO | M | 31 | | 01:12:29 | 01:12:26 | CPR A-DO-BARBAS |
| 415 | 809 | FERNANDO FERNANDES | M | 54 | | 01:12:31 | 01:12:22 | APOGMA |
| 416 | 511 | SERGIO GONÇALVES | M | 42 | | 01:12:32 | 01:11:55 | C MILLENNIUM BCP |
| 417 | 545 | MARCO FIDALGO | M | 38 | | 01:12:32 | 01:11:55 | SR CAMARNAL |
| 418 | 549 | JOSUÉ FRANCISCO | M | 44 | | 01:12:33 | 01:12:16 | SR CAMARNAL |
| 419 | 384 | ANTÓNIO J SILVA | M | 35 | | 01:12:34 | 01:11:59 | INDIVIDUAL |
| 420 | 448 | PAULO N C CAMPOS | M | 45 | | 01:12:36 | 01:12:20 | PERNAS DE GAFANHOTO |
| 421 | 702 | ANTONIO ALMEIDA | M | 52 | | 01:12:36 | 01:12:20 | ND AUTOCOOPE |
| 422 | 1129 | JOAQUIM SILVA | M | 43 | | 01:12:38 | 01:11:27 | GINGINHA RUNNERS |
| 423 | 472 | MARTA I S ANSELMO | F | 44 | | 01:12:38 | 01:12:22 | INDIVIDUAL |
| 424 | 796 | ANDRÉ F DIAS | M | 28 | | 01:12:41 | 01:12:32 | C COLAB AXA |
| 425 | 1453 | HELDER GUERREIRO | M | 39 | | 01:12:44 | 01:12:28 | OMDPE - ORG MUNDIAL DESENV PESSOAL E ESPIRITUAL |
| 426 | 111 | HUGO MARREIROS | M | 34 | | 01:12:46 | 01:11:52 | CORREDORES DA ADEGA |
| 427 | 278 | FILIPA MENDES | F | 30 | | 01:12:46 | 01:12:17 | INDIVIDUAL |
| 428 | 1561 | LUIS M C SANTOS | M | 45 | | 01:12:48 | 01:12:11 | ALVERCA URBAN RUNNERS |
| 429 | 1132 | TIAGO N ANTUNES | M | 35 | | 01:12:48 | 01:12:10 | INDIVIDUAL |

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|-----------------------|----|-----|-----|----------|------------|------------------------------|
| 430 | 548 | JOSE FRANCO | M | 57 | | 01:12:51 | 01:12:48 | SR CAMARNAL |
| 431 | 1283 | JOSÉ NETO | M | 58 | | 01:12:51 | 01:12:30 | TEAM NETO |
| 432 | 1565 | RUI RODRIGUES | M | 50 | | 01:12:52 | 01:12:38 | ABC CAMPOLIDE |
| 433 | 273 | ABILIO TAVARES | M | 60 | | 01:12:52 | 01:12:12 | INDIVIDUAL |
| 434 | 662 | JAIME CORREIA | M | 36 | | 01:12:52 | 01:11:44 | INDIVIDUAL |
| 435 | 1748 | LUIS CRUZ | M | 33 | | 01:12:53 | 01:12:29 | INDIVIDUAL |
| 436 | 583 | CARLOS DA COSTA | M | 44 | | 01:12:56 | 01:12:39 | CCD-AT |
| 437 | 1596 | JOÃO BARROS | M | 42 | | 01:12:57 | 01:12:34 | INDIVIDUAL |
| 438 | 1532 | JOAQUIM FIDALGO | M | 55 | | 01:12:58 | 01:12:56 | TEJAVISTA |
| 439 | 1211 | ANTONIO TABORDA | M | 65 | | 01:12:58 | 01:12:30 | SS CGD |
| 440 | 625 | NUNO M A FONSECA | M | 40 | | 01:12:58 | 01:11:50 | INDIVIDUAL |
| 441 | 1237 | NOEMIA SEQUEIRA | F | 47 | | 01:12:59 | 01:12:49 | SS CGD |
| 442 | 1419 | LUÍS CARLOS SILVA | M | 40 | | 01:13:00 | 01:12:26 | C BENFICA SEIXAL |
| 443 | 967 | FREDERICO PACHECO | M | 33 | | 01:13:00 | 01:12:37 | INDIVIDUAL |
| 444 | 1291 | ROGÉRIO CARREIRO | M | 54 | | 01:13:02 | 01:12:22 | ASAS NOS PÉS |
| 445 | 503 | SÉRGIO PIRES | M | 40 | | 01:13:04 | 01:13:01 | INDIVIDUAL |
| 446 | 1196 | JOSÉ COSTA | M | 46 | | 01:13:06 | 01:12:13 | INDIVIDUAL |
| 447 | 240 | LUIS AMARAL | M | 49 | | 01:13:09 | 01:12:45 | LA CONSULTORES |
| 448 | 1473 | EDGAR FRANCISCO | M | 50 | | 01:13:14 | 01:13:02 | URD ARRANHÒ |
| 449 | 750 | RUI REGO | M | 28 | | 01:13:14 | 01:12:46 | QUALY - PRODUTOS DE LIMPEZA |
| 450 | 759 | VITOR GAMEIRO | M | 49 | | 01:13:15 | 01:12:57 | INDIVIDUAL |
| 451 | 1274 | ANTONIO CRUZ | M | 68 | | 01:13:16 | 01:12:03 | GD SANTANDER TOTTA |
| 452 | 1350 | NUNO CRUZ | M | 33 | | 01:13:17 | 01:13:01 | INDIVIDUAL |
| 453 | 822 | MANUEL G SILVA | M | 56 | | 01:13:19 | 01:13:06 | INDIVIDUAL |
| 454 | 133 | MIGUEL RODRIGUES | M | 39 | | 01:13:20 | 01:13:07 | INDIVIDUAL |
| 455 | 1474 | LUIS FERREIRA | M | 49 | | 01:13:20 | 01:13:08 | URD ARRANHÒ |
| 456 | 1424 | ANTÓNIO C TEIXEIRA | M | 46 | | 01:13:23 | 01:13:02 | INDIVIDUAL |
| 457 | 1766 | CRISTINA GODINHO | F | 45 | | 01:13:23 | 01:12:59 | |
| 458 | 1345 | BRUNO M N GARCIA | M | 35 | | 01:13:24 | 01:13:11 | INDIVIDUAL |
| 459 | 1224 | HENRIQUE AMADOR | M | 44 | | 01:13:26 | 01:13:05 | SS CGD |
| 460 | 1636 | NELSON M SANTOS | M | 35 | | 01:13:26 | 01:13:04 | INDIVIDUAL |
| 461 | 1361 | LUÍS CAETANO | M | 54 | | 01:13:27 | 01:13:21 | DESCOMPASSO |
| 462 | 566 | ANTONIO SOARES | M | 43 | | 01:13:28 | 01:12:58 | RF RIBEIRINHA POVOA STA IRIA |
| 463 | 508 | RICARDO J P WENCESLAU | M | 33 | | 01:13:29 | 01:13:13 | INDIVIDUAL |
| 464 | 846 | ANA I BRÁS | F | 31 | | 01:13:31 | 01:13:29 | CCD PM CASCAIS |
| 465 | 1360 | RUI LOURENÇO | M | 47 | | 01:13:32 | 01:13:26 | DESCOMPASSO |
| 466 | 414 | NUNO M R SOARES | M | 34 | | 01:13:33 | 01:12:44 | RUN4MINIS |
| 467 | 1114 | ANTONIO IRIA | M | 47 | | 01:13:33 | 01:13:09 | CLUBE TAP PORTUGAL |
| 468 | 1318 | PAULO GAMBOA | M | 45 | | 01:13:34 | 01:13:18 | CA PATAMEIRAS |

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|---------------------|----|-----|-----|----------|------------|------------------------------|
| 469 | 1287 | CARLOS COELHO | M | 54 | | 01:13:35 | 01:13:23 | GA MONSANTO/GASCAN |
| 470 | 989 | DOMINGOS SILVA | M | 40 | | 01:13:35 | 01:13:00 | INDIVIDUAL |
| 471 | 72 | FILIPE MARQUES | M | 38 | | 01:13:36 | 01:12:42 | ATLETAS MADRUGADA |
| 472 | 1226 | JOAO CABRITO | M | 52 | | 01:13:36 | 01:13:23 | SS CGD |
| 473 | 1686 | RICARDO TAVARES | M | 34 | | 01:13:38 | 01:13:04 | PSP |
| 474 | 350 | MANUEL CRISPIM | M | 64 | | 01:13:41 | 01:13:38 | UDCA |
| 475 | 1174 | DÉCIO P ANDRADE | M | 32 | | 01:13:43 | 01:13:08 | INDIVIDUAL |
| 476 | 784 | NELSON MOTA | M | 45 | | 01:13:44 | 01:13:21 | AÇOREANA |
| 477 | 1506 | NUNO VIEGAS | M | 38 | | 01:13:45 | 01:13:41 | INDIVIDUAL |
| 478 | 807 | VITOR PEREIRA | M | 39 | | 01:13:47 | 01:13:33 | RF RIBEIRINHA POVOA STA IRIA |
| 479 | 589 | LUIS PEREIRA | M | 32 | | 01:13:47 | 01:12:48 | ALVERCA URBAN RUNNERS |
| 480 | 831 | LICÍNIO FIDALGO | M | 56 | | 01:13:51 | 01:13:41 | CAMARA L CLUBE |
| 481 | 1491 | JOSÉ RIBEIRO | M | 53 | | 01:13:53 | 01:13:29 | TOUGH TRAILS ALENQUER |
| 482 | 1482 | CARMEN FERREIRA | F | 48 | | 01:13:54 | 01:13:20 | ASC VALE GRANDE |
| 483 | 289 | NUNO A G BOGALHEIRO | M | 43 | | 01:14:00 | 01:13:55 | A VALE SILENCIO |
| 484 | 1515 | JOSE OLIVEIRA | M | 42 | | 01:14:01 | 01:13:20 | INDIVIDUAL |
| 485 | 1393 | JOSÉ GAMA | M | 49 | | 01:14:03 | 01:13:40 | GD BANCO BPI |
| 486 | 996 | LUIS FERREIRA | M | 38 | | 01:14:03 | 01:13:49 | AUTO_JACINTO |
| 487 | 1396 | JOSÉ MAGALÃES | M | 54 | | 01:14:04 | 01:14:04 | GD BANCO BPI |
| 488 | 994 | EDUARDO GRILO | M | 48 | | 01:14:04 | 01:13:49 | AUTO_JACINTO |
| 489 | 772 | FRANCISCO PEREIRA | M | 48 | | 01:14:04 | 01:13:42 | AÇOREANA |
| 490 | 1500 | RAFAELA SANTOS | F | 18 | | 01:14:06 | 01:13:44 | DOLCE FURADOURO |
| 491 | 696 | CIDALIA MARTINS | F | 51 | | 01:14:08 | 01:13:56 | AMINHACORRIDA / KALENJI |
| 492 | 1338 | TELMO TORRES | M | 32 | | 01:14:10 | 01:12:47 | GAREHOTELRUNNING |
| 493 | 827 | PAULO SANTOS | M | 50 | | 01:14:11 | 01:13:43 | CAMARA L CLUBE |
| 494 | 343 | ANDRÉ SOUSA | M | 29 | | 01:14:14 | 01:13:50 | ESCOLA DO MOVIMENTO |
| 495 | 984 | LOURENÇO ROSÁRIO | M | 42 | | 01:14:15 | 01:12:58 | EQUIPAS/ MADRUGA RUNNERS |
| 496 | 1242 | PAULO CORREIA | M | 49 | | 01:14:22 | 01:13:53 | SS CGD |
| 497 | 1429 | BERNARDO RODRIGUES | M | 46 | | 01:14:23 | 01:14:08 | CASA ANTERO/PACHÁ |
| 498 | 407 | VITOR SANTOS | M | 36 | | 01:14:23 | 01:13:49 | INDIVIDUAL |
| 499 | 126 | CARLOS SOUSA | M | 58 | | 01:14:25 | 01:14:04 | OS PERIGOSOS |
| 500 | 637 | LUÍS FERREIRA | M | 44 | | 01:14:28 | 01:13:29 | INDIVIDUAL |
| 501 | 1503 | RODOLFO SERRA | M | 33 | | 01:14:33 | 01:14:32 | BUÉ DA SERRAS |
| 502 | 1284 | MÁRCIO NETO | M | 37 | | 01:14:33 | 01:14:11 | TEAM NETO |
| 503 | 1303 | ANTÓNIO MARTINS | M | 61 | | 01:14:34 | 01:14:33 | CA NAZARÉ |
| 504 | 717 | CARLOS M D CARRANCA | M | 50 | | 01:14:36 | 01:14:12 | INDIVIDUAL |
| 505 | 579 | ANDREIA MENDES | F | 40 | | 01:14:36 | 01:14:23 | RUNNING & CARING TIL WE DIE |
| 506 | 1162 | CARLOS RAMOS | M | 28 | | 01:14:41 | 01:13:46 | FORCE61 |
| 507 | 550 | RICARDO VICENTE | M | 37 | | 01:14:41 | 01:13:50 | SR CAMARNAL |

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|----------------------|----|-----|-----|----------|------------|-----------------------------|
| 508 | 401 | CARLOS AZEVEDO | M | 50 | | 01:14:41 | 01:13:52 | EQUIPA DE CICLISMO CACB |
| 509 | 867 | LUIS ALMEIDA | M | 42 | | 01:14:43 | 01:14:09 | GUP GRALHAS |
| 510 | 689 | FLORIMUNDO SILVA | M | 60 | | 01:14:45 | 01:14:25 | AMINHACORRIDA / KALENJI |
| 511 | 886 | MARCO PALMA | M | 36 | | 01:14:47 | 01:13:57 | FALCOES SELVAGENS |
| 512 | 1619 | JOAQUIM FERRÃO | M | 55 | | 01:14:53 | 01:14:24 | GDC Banco de Portugal |
| 513 | 1085 | JOAQUIM SANTOS | M | 57 | | 01:14:55 | 01:14:09 | FALCOES SELVAGENS |
| 514 | 1568 | MANUEL MARTINS | M | 59 | | 01:14:55 | 01:14:43 | ABC CAMPOLIDE |
| 515 | 1233 | LUIS MARTINS | M | 44 | | 01:14:56 | 01:14:46 | SS CGD |
| 516 | 1398 | CARLOS SILVA | M | 52 | | 01:14:58 | 01:14:41 | CCD CA MÚTUO |
| 517 | 296 | PAULO FERNANDES | M | 41 | | 01:14:59 | 01:13:45 | SERR AGOSTINHO DUARTE, LDA |
| 518 | 75 | RICARDO J A L CAPELO | M | 31 | | 01:14:59 | 01:13:58 | CLUBE CIMPOR |
| 519 | 715 | VASCO ROSÁRIO | M | 40 | | 01:15:02 | 01:14:40 | INDIVIDUAL |
| 520 | 751 | TIAGO BARBOSA | M | 24 | | 01:15:02 | 01:14:33 | QUALY - PRODUTOS DE LIMPEZA |
| 521 | 606 | GONÇALO RANGEL | M | 29 | | 01:15:03 | 01:14:12 | INDIVIDUAL |
| 522 | 1257 | MARIO COSTA | M | 40 | | 01:15:06 | 01:14:09 | GD SANTANDER TOTTA |
| 523 | 1673 | NUNO M C MARTINS | M | 39 | | 01:15:06 | 01:14:54 | WIKABOO |
| 524 | 585 | NUNO FIALHO | M | 37 | | 01:15:08 | 01:14:21 | RUN4MINIS |
| 525 | 803 | PAULO J PAIXÃO | M | 42 | | 01:15:08 | 01:14:14 | C COLAB AXA |
| 526 | 552 | NUNO A V MIGUEL | M | 43 | | 01:15:09 | 01:14:30 | INDIVIDUAL |
| 527 | 1155 | PAULO C SILVA | M | 34 | | 01:15:09 | 01:14:31 | URBAN TRAIL SAMORA CORREIA |
| 528 | 1099 | NUNO SALVADOR | M | 41 | | 01:15:09 | 01:14:31 | URBAIN TRAIL SAMORA CORREIA |
| 529 | 711 | PEDRO FIGUEIREDO | M | 32 | | 01:15:09 | 01:14:43 | FALCOES SELVAGENS |
| 530 | 165 | FERNANDO PEDRO | M | 42 | | 01:15:09 | 01:15:06 | ALVERCA URBAN RUNNERS |
| 531 | 1120 | JORGE GONÇALVES | M | 30 | | 01:15:13 | 01:13:34 | CLUBE TAP PORTUGAL |
| 532 | 1505 | PEDRO RATO | M | 40 | | 01:15:14 | 01:14:30 | INDIVIDUAL |
| 533 | 727 | JORGE BORGES | M | 39 | | 01:15:14 | 01:14:50 | INDIVIDUAL |
| 534 | 316 | NUNO STOFFEL | M | 42 | | 01:15:14 | 01:15:00 | RENERGIA |
| 535 | 1376 | CARLOS TEIXEIRA | M | 55 | | 01:15:15 | 01:14:40 | LEBRES E TARTARUGAS |
| 536 | 898 | ANTONIO SANTOS | M | 57 | | 01:15:17 | 01:14:54 | GD INE |
| 537 | 885 | ANTÓNIO C MARTINS | M | 54 | | 01:15:17 | 01:14:45 | FALCOES SELVAGENS |
| 538 | 452 | FERNANDO OLIVEIRA | M | 57 | | 01:15:18 | 01:15:08 | CLUBE ANACOM |
| 539 | 56 | BRUNO PERDIGAO | M | 39 | | 01:15:19 | 01:14:52 | EQUIPA |
| 540 | 385 | SERGIO R DORES | M | 41 | | 01:15:20 | 01:14:54 | OS COXOS E O MIGUEL |
| 541 | 1356 | DIOGO LEITE | M | 28 | | 01:15:21 | 01:15:00 | CENAS RUNNING |
| 542 | 900 | JOSE MAGALHAES | M | 61 | | 01:15:21 | 01:15:21 | GD INE |
| 543 | 950 | RUI OLIVEIRA | M | 46 | | 01:15:21 | 01:14:56 | LOS PEREGRINOS |
| 544 | 42 | JOÃO M H CARDOSOS | M | 53 | | 01:15:26 | 01:15:20 | INDIVIDUAL |
| 545 | 1592 | JORGE FERREIRA | M | 57 | | 01:15:27 | 01:15:25 | HOVIONE |
| 546 | 594 | JOSÉ C H CARDOSO | M | 55 | | 01:15:27 | 01:15:21 | INDIVIDUAL |

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|--------------------|----|-----|-----|----------|------------|-----------------------------------|
| 547 | 778 | NUNO COELHO | M | 47 | | 01:15:28 | 01:15:20 | AÇOREANA |
| 548 | 1602 | FREDERICO RICHART | M | 29 | | 01:15:29 | 01:14:55 | INDIVIDUAL |
| 549 | 1059 | RUI CORREIA | M | 39 | | 01:15:31 | 01:13:59 | GDCT IN CASA DA MOEDA |
| 550 | 1056 | JOÃO FREIRE | M | 50 | | 01:15:31 | 01:14:00 | GDCT IN CASA DA MOEDA |
| 551 | 1031 | AMERICO SANTOS | M | 61 | | 01:15:31 | 01:14:40 | C VETERANOS LIS |
| 552 | 336 | CARLOS RANGEL | M | 62 | | 01:15:32 | 01:14:53 | INDIVIDUAL |
| 553 | 890 | JOSE GALVAO | M | 49 | | 01:15:32 | 01:15:04 | CAMARA L CLUBE |
| 554 | 383 | JOÃO M J ESTEVÃO | M | 35 | | 01:15:33 | 01:15:11 | INDIVIDUAL |
| 555 | 731 | FILIPE RAMOS | M | 42 | | 01:15:34 | 01:14:26 | INDIVIDUAL |
| 556 | 1536 | CLAUDIO FIGUEIRA | M | 30 | | 01:15:39 | 01:14:26 | TEJAVISTA |
| 557 | 1537 | CARLOS RODRIGUES | M | 47 | | 01:15:41 | 01:14:28 | TEJAVISTA |
| 558 | 716 | ARNALDO J G ROLO | M | 49 | | 01:15:42 | 01:15:15 | RF RIBEIRINHA POVOA STA IRIA |
| 559 | 582 | JOAQUIM DIAS | M | 41 | | 01:15:43 | 01:14:49 | KENIANNUS ALBINNUS |
| 560 | 1329 | JOAO CALISTO | M | 55 | | 01:15:43 | 01:15:35 | INDIVIDUAL |
| 561 | 372 | MAURO FERREIRA | M | 38 | | 01:15:44 | 01:15:18 | INDIVIDUAL |
| 562 | 1276 | JOSE C PEREIRA | M | 46 | | 01:15:45 | 01:15:15 | GD SANTANDER TOTTA |
| 563 | 658 | CAMILA GOMES | F | 34 | | 01:15:46 | 01:15:26 | INDIVIDUAL |
| 564 | 659 | RENATO GOMES | M | 37 | | 01:15:46 | 01:15:26 | INDIVIDUAL |
| 565 | 660 | NELSON GOMES | M | 37 | | 01:15:46 | 01:15:26 | INDIVIDUAL |
| 566 | 364 | ROBSON LIMA | M | 36 | | 01:15:47 | 01:15:21 | INDIVIDUAL |
| 567 | 117 | TIAGO CRUZ | M | 29 | | 01:15:48 | 01:15:01 | CUCAS RUNNERS |
| 568 | 241 | ANA MARTINS | F | 49 | | 01:15:49 | 01:15:26 | LA CONSULTORES |
| 569 | 580 | JOÃO VEIGA | M | 48 | | 01:15:49 | 01:15:34 | RUNNING & CARING TIL WE DIE |
| 570 | 160 | PAULA TEIXEIRA | F | 38 | | 01:15:50 | 01:15:42 | FALCOES SELVAGENS |
| 571 | 851 | IVAN RAMOS | M | 32 | | 01:15:51 | 01:15:23 | CCD PM CASCAIS |
| 572 | 135 | PEDRO REGO | M | 38 | | 01:15:53 | 01:15:08 | INDIVIDUAL |
| 573 | 464 | JORGE CAMPOS | M | 41 | | 01:15:53 | 01:15:37 | INDIVIDUAL |
| 574 | 1454 | CLÁUDIA FUSTIGA | F | 37 | | 01:15:53 | 01:15:39 | TREINO PERSONALIZADO COM MÁRIO SÁ |
| 575 | 1713 | CARLOS RODRIGUES | M | 41 | | 01:15:56 | 01:14:33 | NEPN |
| 576 | 1461 | NUNO M R T MARQUES | M | 42 | | 01:15:56 | 01:14:33 | INDIVIDUAL |
| 577 | 256 | MÁRIO OLIVEIRA | M | 40 | | 01:16:00 | 01:15:34 | OS COXOS E O MIGUEL |
| 578 | 748 | FERNANDO VERÍSSIMO | M | 54 | | 01:16:02 | 01:15:18 | CHESTER TEAM |
| 579 | 1146 | JOSÉ GUERREIRO | M | 58 | | 01:16:03 | 01:14:53 | SS MONTEPIO GERAL |
| 580 | 1584 | PAULO MONTEIRO | M | 42 | | 01:16:05 | 01:16:00 | ASC VALE GRANDE |
| 581 | 1700 | MARCO GASPAR | M | 33 | | 01:16:06 | 01:15:18 | CCD HOSPITAL VF XIRA |
| 582 | 1542 | RENATO FILHO | M | 40 | | 01:16:09 | 01:15:31 | INDIVIDUAL |
| 583 | 913 | JOSÉ C PEREIRA | M | 46 | | 01:16:10 | 01:14:57 | INDIVIDUAL |
| 584 | 955 | FERNANDO GOMES | M | 35 | | 01:16:10 | 01:15:03 | Brujos Runners |
| 585 | 570 | MÁRCIO BASÍLIO | M | 32 | | 01:16:11 | 01:16:06 | INDIVIDUAL |

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|-----------------------|----|-----|-----|----------|------------|----------------------|
| 586 | 1008 | ERNESTO GUIA | M | 61 | | 01:16:13 | 01:15:45 | ACD BOCAL |
| 587 | 1110 | EDUARDO COELHO | M | 33 | | 01:16:16 | 01:15:39 | ADRC MATA BENFICA |
| 588 | 974 | VALTER R M L N SANTOS | M | 26 | | 01:16:17 | 01:16:13 | INDIVIDUAL |
| 589 | 1527 | JOÃO QUELHAS | M | 41 | | 01:16:17 | 01:15:20 | CLUBE OGMA |
| 590 | 1016 | ANDRÉ LEAL | M | 28 | | 01:16:18 | 01:15:23 | INDIVIDUAL |
| 591 | 908 | BRUNO GONÇALVES | M | 30 | | 01:16:18 | 01:15:22 | INDIVIDUAL |
| 592 | 1149 | NUNO RODRIGUES | M | 40 | | 01:16:20 | 01:15:10 | SS MONTEPIO GERAL |
| 593 | 235 | ZULMIRA N M R BELO | F | 49 | | 01:16:20 | 01:16:18 | UA POVOENSE |
| 594 | 1046 | MARIO ZORRO | M | 40 | | 01:16:21 | 01:16:17 | AA MAFRA |
| 595 | 1656 | MIGUEL RAMALHO | M | 34 | | 01:16:23 | 01:15:43 | VALADARES |
| 596 | 1365 | BRUNO DELFINO | M | 34 | | 01:16:28 | 01:16:26 | INDIVIDUAL |
| 597 | 832 | EDUARDO MANSO | M | 54 | | 01:16:28 | 01:16:03 | CAMARA L CLUBE |
| 598 | 375 | EDGAR J S ANASTACIO | M | 51 | | 01:16:29 | 01:15:44 | GYDARUN |
| 599 | 1630 | JOSE CARLOS | M | 56 | | 01:16:30 | 01:16:22 | INDIVIDUAL |
| 600 | 1383 | JOÃO FERNANDES | M | 35 | | 01:16:31 | 01:15:02 | INDIVIDUAL |
| 601 | 1723 | RUI AFONSO | M | 47 | | 01:16:31 | 01:15:59 | INDIVIDUAL |
| 602 | 1762 | MARTA NUNES | F | 33 | | 01:16:31 | 01:15:59 | INDIVIDUAL |
| 603 | 1344 | NELSON R G MORAIS | M | 36 | | 01:16:31 | 01:15:02 | INDIVIDUAL |
| 604 | 907 | EURICO GOMES | M | 53 | | 01:16:33 | 01:16:19 | ADCR PJ |
| 605 | 904 | JOAO COSTA | M | 45 | | 01:16:33 | 01:16:19 | ADCR PJ |
| 606 | 1088 | ANTÓNIO FERNANDES | M | 59 | | 01:16:33 | 01:16:14 | A VALE SILENCIO |
| 607 | 1697 | NUNO FILIPE PERES | M | 36 | | 01:16:34 | 01:15:44 | CCD HOSPITAL VF XIRA |
| 608 | 626 | MIGUEL S PAYO | M | 53 | | 01:16:35 | 01:15:41 | RUN 4 FUN |
| 609 | 828 | IVAN COSTA | M | 27 | | 01:16:38 | 01:15:51 | CAMARA L CLUBE |
| 610 | 1397 | ANTÓNIO AMARAL | M | 38 | | 01:16:47 | 01:16:31 | CCD CA MÚTUO |
| 611 | 1391 | JORGE ATALAIA | M | 35 | | 01:16:47 | 01:15:28 | GD BANCO BPI |
| 612 | 1311 | JOSÉ MONTEIRO | M | 59 | | 01:16:48 | 01:16:46 | INDIVIDUAL |
| 613 | 1036 | JOSÉ MORAIS | M | 54 | | 01:16:48 | 01:16:22 | OS ZATOPEQUES |
| 614 | 1662 | DANIEL MADUREIRA | M | 38 | | 01:16:48 | 01:16:06 | INDIVIDUAL |
| 615 | 793 | VITOR G MARTINS | M | 56 | | 01:16:49 | 01:15:48 | INDIVIDUAL |
| 616 | 1228 | JOAO HENRIQUES | M | 41 | | 01:16:52 | 01:16:41 | SS CGD |
| 617 | 40 | JOÃO FIALHO | M | 37 | | 01:16:53 | 01:16:35 | CCD-AT |
| 618 | 479 | BRUNO PEREIRA | M | 39 | | 01:16:55 | 01:16:54 | INDIVIDUAL |
| 619 | 786 | PAULO FERNANDES | M | 47 | | 01:16:56 | 01:16:34 | AÇOREANA |
| 620 | 734 | PEDRO FARINHA | M | 34 | | 01:16:56 | 01:15:47 | INDIVIDUAL |
| 621 | 679 | EDUARDO MARTINS | M | 41 | | 01:16:56 | 01:15:46 | GINJINHAS RUNNERS |
| 622 | 962 | RUI P ALMEIDA | M | 39 | | 01:16:58 | 01:15:49 | CLUBE VODAFONE |
| 623 | 872 | ALEXANDRE CAPUCHA | M | 45 | | 01:17:00 | 01:16:40 | INDIVIDUAL |
| 624 | 940 | JOAO SANTOS | M | 50 | | 01:17:01 | 01:16:30 | CLUBE NOVO BANCO |

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Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|--------------------|----|-----|-----|----------|------------|----------------------------|
| 625 | 1414 | NUNO SILVA | M | 30 | | 01:17:02 | 01:16:19 | AC SALVATERRA |
| 626 | 1119 | FERNANDO COELHO | M | 50 | | 01:17:04 | 01:16:32 | CLUBE TAP PORTUGAL |
| 627 | 307 | JOSÉ SERAFIM | M | 60 | | 01:17:04 | 01:16:45 | GAA VF XIRA |
| 628 | 1117 | CARLOS SILVA | M | 50 | | 01:17:04 | 01:16:33 | CLUBE TAP PORTUGAL |
| 629 | 1024 | ALEXANDRE VICENTE | M | 29 | | 01:17:04 | 01:16:34 | LINK |
| 630 | 1490 | ORLANDO MARTINS | M | 50 | | 01:17:04 | 01:16:31 | CA AGUALVA |
| 631 | 766 | VERA S CARVALHO | F | 41 | | 01:17:05 | 01:16:21 | URBAN TRAIL SAMORA CORREIA |
| 632 | 1068 | VITOR MORAIS | M | 57 | | 01:17:05 | 01:17:05 | INDIVIDUAL |
| 633 | 1571 | TIAGO CORREIA | M | 25 | | 01:17:05 | 01:16:41 | ABC CAMPOLIDE |
| 634 | 964 | CÉSAR AGUIAR | M | 27 | | 01:17:06 | 01:15:29 | INDIVIDUAL |
| 635 | 1181 | JOSE P LOPES | M | 58 | | 01:17:08 | 01:16:31 | INDIVIDUAL |
| 636 | 1489 | JOÃO SANCHES | M | 53 | | 01:17:11 | 01:16:39 | CA AGUALVA |
| 637 | 1480 | JOÃO BONIFÁCIO | M | 37 | | 01:17:11 | 01:16:56 | INDIVIDUAL |
| 638 | 914 | MIGUEL FERRINHO | M | 43 | | 01:17:12 | 01:15:48 | PÉS DE CHUMBO |
| 639 | 410 | EDUARDO MARQUES | M | 30 | | 01:17:12 | 01:17:11 | INDIVIDUAL |
| 640 | 1123 | NUNO SEABRA | M | 43 | | 01:17:14 | 01:16:49 | CLUBE TAP PORTUGAL |
| 641 | 1764 | GUILHERME BARON | M | 38 | | 01:17:15 | 01:16:11 | INDIVIDUAL |
| 642 | 1496 | NORBERTO MARQUES | M | 45 | | 01:17:16 | 01:16:01 | RUNNING OF Dª MARIA |
| 643 | 156 | RUI MATOS | M | 38 | | 01:17:16 | 01:16:43 | BE2RUN |
| 644 | 1322 | MIGUEL TAVARES | M | 43 | | 01:17:19 | 01:16:40 | CA PATAMEIRAS |
| 645 | 131 | VASCO ARMES | M | 43 | | 01:17:20 | 01:16:37 | CARAP AUS DE CORRIDA |
| 646 | 1757 | VITOR B CORREIA | M | 40 | | 01:17:21 | 01:16:55 | INDIVIDUAL |
| 647 | 504 | JOSE DUARTE | M | 48 | | 01:17:21 | 01:17:03 | BOM RETIRO TRAIL RUNNERS |
| 648 | 911 | CARLOS M BARROSO | M | 38 | | 01:17:21 | 01:17:03 | BOM RETIRO TRAIL RUNNERS |
| 649 | 565 | EUGÉNIO PISCO | M | 64 | | 01:17:21 | 01:16:56 | INDIVIDUAL |
| 650 | 701 | FERNANDO N CORREIA | M | 47 | | 01:17:21 | 01:17:03 | INDIVIDUAL |
| 651 | 1264 | TIAGO DOMINGUES | M | 38 | | 01:17:23 | 01:16:30 | GD SANTANDER TOTTA |
| 652 | 265 | RUI NEVES | M | 27 | | 01:17:23 | 01:16:36 | CUCAS RUNNERS |
| 653 | 392 | PAULO GONÇALVES | M | 43 | | 01:17:24 | 01:17:11 | BE SMART |
| 654 | 67 | JOAQUIM RAMALHO | M | 46 | | 01:17:27 | 01:17:20 | INDIVIDUAL |
| 655 | 1343 | JOÃO J FERNANDES | M | 34 | | 01:17:28 | 01:16:42 | INDIVIDUAL |
| 656 | 667 | JORGE REIS NETO | M | 49 | | 01:17:30 | 01:17:13 | INDIVIDUAL |
| 657 | 1062 | VASCO FERREIRA | M | 40 | | 01:17:35 | 01:17:35 | GDCT IN CASA DA MOEDA |
| 658 | 1479 | ANDRÈ MOTA | M | 39 | | 01:17:35 | 01:17:23 | URD ARRANHÒ |
| 659 | 1439 | FERNANDO AVELINO | M | 55 | | 01:17:39 | 01:17:39 | A VALE SILENCIO |
| 660 | 1142 | DANIEL FARINHA | M | 31 | | 01:17:39 | 01:17:26 | SS MONTEPIO GERAL |
| 661 | 331 | SUSANA FRAZÃO | F | 34 | | 01:17:39 | 01:16:56 | SAMORUNNING |
| 662 | 123 | MÁRIO LOPES | M | 47 | | 01:17:40 | 01:17:12 | OS PERIGOSOS |
| 663 | 458 | JOSÉ VAZ | M | 57 | | 01:17:42 | 01:17:33 | CLUBE ANACOM |

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Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|---------------------|----|-----|-----|----------|------------|-----------------------------|
| 664 | 577 | EZEQUIEL PESSOA | M | 38 | | 01:17:43 | 01:17:30 | RUNNING & CARING TIL WE DIE |
| 665 | 954 | LEONEL NEVES | M | 44 | | 01:17:43 | 01:17:30 | INDIVIDUAL |
| 666 | 1413 | LUIS ANDRADE | M | 33 | | 01:17:44 | 01:17:00 | AC SALVATERRA |
| 667 | 845 | ALBERTO ABREU | M | 48 | | 01:17:44 | 01:17:12 | CCD PM CASCAIS |
| 668 | 1418 | ANTÓNIO FONSECA | M | 46 | | 01:17:46 | 01:17:25 | INDIVIDUAL |
| 669 | 144 | NUNO NUNES | M | 40 | | 01:17:47 | 01:17:02 | INDIVIDUAL |
| 670 | 1161 | RICARDO RAMOS | M | 33 | | 01:17:47 | 01:16:51 | FORCE61 |
| 671 | 1312 | FRANCISCO BANDO | M | 65 | | 01:17:50 | 01:17:48 | INDIVIDUAL |
| 672 | 1726 | RICARDO J F FRANCO | M | 43 | | 01:17:51 | 01:17:09 | INDIVIDUAL |
| 673 | 1597 | PAULO ALVES | M | 52 | | 01:17:52 | 01:17:13 | ARMADA TORREENSE |
| 674 | 447 | FRANCISCO M C PINTO | M | 56 | | 01:17:53 | 01:17:50 | INDIVIDUAL |
| 675 | 700 | CRISTINA CAETANO | F | 38 | | 01:17:54 | 01:17:19 | AMINHACORRIDA / KALENJI |
| 676 | 1246 | ROGERIO LUIS | M | 44 | | 01:17:56 | 01:16:52 | SS CGD |
| 677 | 930 | JOÃO BATISTA | M | 40 | | 01:17:56 | 01:17:02 | CLUBE NOVO BANCO |
| 678 | 132 | PAULO J G MARQUES | M | 30 | | 01:17:56 | 01:17:15 | INDIVIDUAL |
| 679 | 175 | RUI GAMEIRO | M | 42 | | 01:17:56 | 01:16:46 | CP RTP |
| 680 | 850 | HUGO LOURENÇO | M | 41 | | 01:17:57 | 01:17:29 | CCD PM CASCAIS |
| 681 | 422 | MÁRCIO CASTRO | M | 35 | | 01:17:57 | 01:16:27 | INDIVIDUAL |
| 682 | 1135 | JOÃO H S DIONISIO | M | 37 | | 01:17:58 | 01:17:33 | INDIVIDUAL |
| 683 | 110 | JOÃO P F SILVA | M | 45 | | 01:18:00 | 01:17:13 | INDIVIDUAL |
| 684 | 576 | MIGUEL SERRA | M | 43 | | 01:18:00 | 01:17:46 | RUNNING & CARING TIL WE DIE |
| 685 | 338 | TIAGO PINTO | M | 37 | | 01:18:01 | 01:17:35 | CORRER LISBOA |
| 686 | 280 | MARCO MENDES | M | 37 | | 01:18:01 | 01:17:35 | CORRER LISBOA |
| 687 | 1388 | LUIS CALHEIROS | M | 41 | | 01:18:01 | 01:16:41 | GD BANCO BPI |
| 688 | 113 | IGOR BATISTA | M | 31 | | 01:18:02 | 01:17:07 | CORREDORES DA ADEGA |
| 689 | 199 | MIGUEL CASTELA | M | 45 | | 01:18:02 | 01:17:20 | AA LEBRES SADO |
| 690 | 358 | JOSÉ ROSA | M | 30 | | 01:18:03 | 01:17:36 | INDIVIDUAL |
| 691 | 987 | JOÃO CARAPINHA | M | 41 | | 01:18:05 | 01:16:50 | EQUIPAS/ MADRUGA RUNNERS |
| 692 | 1122 | MANUEL MEXIA | M | 50 | | 01:18:05 | 01:16:26 | CLUBE TAP PORTUGAL |
| 693 | 986 | PAULO SOUSA | M | 40 | | 01:18:07 | 01:16:50 | EQUIPAS/ MADRUGA RUNNERS |
| 694 | 421 | LUIS FARIA | M | 53 | | 01:18:08 | 01:17:50 | CARTAXO NIGHT RUNNERS |
| 695 | 403 | NELSON SALDANHA | M | 38 | | 01:18:09 | 01:16:47 | INDIVIDUAL |
| 696 | 327 | MIGUEL SIMÕES | M | 37 | | 01:18:09 | 01:16:47 | INDIVIDUAL |
| 697 | 378 | NUNO LOPES | M | 41 | | 01:18:09 | 01:16:49 | FC ESTRELAS LISBOA |
| 698 | 1111 | BERNARDO GARCIA | M | 31 | | 01:18:10 | 01:17:56 | ADRC MATA BENFICA |
| 699 | 1516 | RICARDO LOURENÇO | M | 34 | | 01:18:12 | 01:17:00 | INDIVIDUAL |
| 700 | 745 | VASCO PALMA | M | 53 | | 01:18:13 | 01:18:05 | INDIVIDUAL |
| 701 | 1245 | PEDRO TORRINHA | M | 39 | | 01:18:13 | 01:17:11 | SS CGD |
| 702 | 944 | RODRIGO ALMEIDA | M | 36 | | 01:18:14 | 01:18:02 | CLUBE NOVO BANCO |

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Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|------------------------|----|-----|-----|----------|------------|---------------------------|
| 703 | 648 | JOÃO M COCHARRO | M | 39 | | 01:18:14 | 01:17:07 | INDIVIDUAL |
| 704 | 1260 | RUI CUNHA | M | 49 | | 01:18:15 | 01:17:26 | GD SANTANDER TOTTA |
| 705 | 1688 | CARLOS FERNANDES | M | 48 | | 01:18:16 | 01:17:25 | PSP |
| 706 | 1177 | MARCO VENÂNCIO | M | 35 | | 01:18:16 | 01:17:06 | GINJINHAS RUNNERS |
| 707 | 956 | ANTÓNIO J H FERREIRA | M | 57 | | 01:18:17 | 01:18:00 | INDIVIDUAL |
| 708 | 391 | MIGUEL BERMONTE | M | 39 | | 01:18:19 | 01:18:07 | BE SMART |
| 709 | 802 | MÓNICA T SOUSA | F | 43 | | 01:18:19 | 01:17:42 | C COLAB AXA |
| 710 | 841 | VITOR LEMOS | M | 35 | | 01:18:20 | 01:17:52 | INDIVIDUAL |
| 711 | 1248 | RUI SANTOS | M | 48 | | 01:18:21 | 01:18:09 | SS CGD |
| 712 | 63 | ORLANDO A S SILVA | M | 45 | | 01:18:22 | 01:16:52 | INDIVIDUAL |
| 713 | 79 | PAULO M SALSA | M | 37 | | 01:18:22 | 01:16:53 | INDIVIDUAL |
| 714 | 1445 | PAULO LEANDRO | M | 48 | | 01:18:27 | 01:17:41 | CRP/PROFISERV |
| 715 | 1250 | VITOR AGUILAR | M | 65 | | 01:18:27 | 01:18:19 | RUN 4 FUN |
| 716 | 973 | FERNANDO M L GONÇALVES | M | 47 | | 01:18:27 | 01:18:22 | INDIVIDUAL |
| 717 | 1317 | FREDERICO ANTUNES | M | 34 | | 01:18:28 | 01:17:53 | INDIVIDUAL |
| 718 | 200 | GONÇALO GUIOMAR | M | 22 | | 01:18:33 | 01:17:45 | CUCAS RUNNERS |
| 719 | 1392 | PAULO LUZ | M | 49 | | 01:18:33 | 01:17:14 | GD BANCO BPI |
| 720 | 896 | NEVES SILVA | M | 63 | | 01:18:39 | 01:18:20 | C FERROV PORTUGAL |
| 721 | 624 | DANIELA A R AFONSO | F | 29 | | 01:18:39 | 01:17:54 | INDIVIDUAL |
| 722 | 1045 | CARLOS MIRA | M | 44 | | 01:18:40 | 01:18:33 | INDIVIDUAL |
| 723 | 1477 | PAULO TOMAS | M | 43 | | 01:18:41 | 01:18:35 | URD ARRANHÒ |
| 724 | 551 | CARLOS MARTINHO | M | 46 | | 01:18:43 | 01:18:10 | CAD A CORRER |
| 725 | 1599 | DIAMANTINO GAMITO | M | 50 | | 01:18:43 | 01:17:57 | ATLÉTICO VIA RARA |
| 726 | 806 | JORGE FERRAZ | M | 44 | | 01:18:46 | 01:17:49 | EQUIPA FI RONALD MCDONALD |
| 727 | 1030 | JOSE FELICIANO | M | 41 | | 01:18:47 | 01:17:32 | AERO RUNNERS |
| 728 | 592 | HELDER MENDES | M | 40 | | 01:18:47 | 01:18:21 | INDIVIDUAL |
| 729 | 811 | MARIO RAMOS | M | 56 | | 01:18:49 | 01:18:33 | APOGMA |
| 730 | 1090 | JOSÉ MOGA | M | 57 | | 01:18:49 | 01:18:30 | A VALE SILENCIO |
| 731 | 881 | JOAQUIM DINIZ | M | 44 | | 01:18:50 | 01:17:27 | INDIVIDUAL |
| 732 | 1438 | TITO TEIXEIRA | M | 38 | | 01:18:52 | 01:18:14 | C COLAB AXA |
| 733 | 1421 | JOAO POMBINHO | M | 33 | | 01:18:52 | 01:18:18 | INDIVIDUAL |
| 734 | 948 | PEDRO M S V COSTA | M | 49 | | 01:18:54 | 01:18:47 | CORRER LISBOA |
| 735 | 918 | RUI SIMÕES | M | 42 | | 01:18:55 | 01:17:58 | EQUIPA FI RONALD MCDONALD |
| 736 | 285 | RUI SILVA | M | 44 | | 01:18:57 | 01:17:32 | INDIVIDUAL |
| 737 | 471 | ILISITO FERREIRA | M | 32 | | 01:18:57 | 01:18:23 | CAD A CORRER |
| 738 | 1035 | JACINTO FERREIRA | M | 59 | | 01:18:58 | 01:17:48 | C VETERANOS LIS |
| 739 | 1280 | ICIAR NEVADO | F | 39 | | 01:19:04 | 01:18:54 | INDIVIDUAL |
| 740 | 889 | JULIO PATRICIO | M | 53 | | 01:19:04 | 01:18:35 | BV BOMBARRAL |
| 741 | 765 | TELMO F R F CARVALHO | M | 38 | | 01:19:07 | 01:18:54 | JIMBRAS RUNNING TEAM |

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|-------------------|----|-----|-----|----------|------------|------------------------------|
| 742 | 97 | PEDRO RIBEIRO | M | 40 | | 01:19:08 | 01:18:11 | ALVERCA URBAN RUNNERS |
| 743 | 109 | VANDA CHAVES | F | 37 | | 01:19:08 | 01:19:05 | RF RIBEIRINHA POVOA STA IRIA |
| 744 | 1448 | PAULO PEREIRA | M | 42 | | 01:19:08 | 01:18:47 | CA PENAFIRME |
| 745 | 238 | JOSÉ A PEDRO | M | 43 | | 01:19:09 | 01:18:15 | INDIVIDUAL |
| 746 | 209 | CARLO COSTA PINHO | M | 42 | | 01:19:14 | 01:18:39 | INDIVIDUAL |
| 747 | 360 | PAULO OLIVEIRA | M | 39 | | 01:19:14 | 01:18:39 | INDIVIDUAL |
| 748 | 1455 | RICARDO CAMPOS | M | 40 | | 01:19:17 | 01:18:25 | CCD-AT |
| 749 | 475 | NUNO PEREIRA | M | 36 | | 01:19:19 | 01:18:47 | INDIVIDUAL |
| 750 | 1653 | SÍLVIA BARRA | F | 38 | | 01:19:24 | 01:18:28 | RF RIBEIRINHA POVOA STA IRIA |
| 751 | 1020 | JOÃO PERLEQUES | M | 42 | | 01:19:26 | 01:18:39 | Lost Runners |
| 752 | 299 | SÉRGIO CATALÃO | M | 29 | | 01:19:31 | 01:19:27 | INDIVIDUAL |
| 753 | 1795 | JOAO DIAS | M | 50 | | 01:19:32 | 01:18:10 | |
| 754 | 122 | ALCIDES NUNES | M | 57 | | 01:19:33 | 01:19:06 | OS PERIGOSOS |
| 755 | 722 | PAULA MADEIRA | F | 31 | | 01:19:36 | 01:19:18 | UA POVOENSE |
| 756 | 1352 | PEDRO SERRA | M | 33 | | 01:19:36 | 01:18:18 | INDIVIDUAL |
| 757 | 335 | RAMIRO INACIO | M | 64 | | 01:19:38 | 01:19:19 | KANINOS |
| 758 | 454 | ROGÉRIO PINA | M | 61 | | 01:19:39 | 01:19:30 | CLUBE ANACOM |
| 759 | 1231 | JOSE PEREIRA | M | 60 | | 01:19:39 | 01:18:49 | SS CGD |
| 760 | 1703 | MIGUEL BARRADAS | M | 43 | | 01:19:41 | 01:18:51 | CCD HOSPITAL VF XIRA |
| 761 | 1768 | VITOR LUIS | M | 41 | | 01:19:43 | 01:19:35 | |
| 762 | 1549 | VITOR CARDEIRA | M | 49 | | 01:19:43 | 01:19:35 | CPR A-DO-BARBAS |
| 763 | 216 | FERNANDO TORRES | M | 54 | | 01:19:44 | 01:18:22 | GAREHOTELRUNNING |
| 764 | 80 | PEDRO PATRICIO | M | 55 | | 01:19:47 | 01:18:39 | INDIVIDUAL |
| 765 | 790 | JOÃO SERRA | M | 43 | | 01:19:48 | 01:19:27 | AÇOREANA |
| 766 | 982 | PEDRO RUAS | M | 36 | | 01:19:49 | 01:19:27 | INDIVIDUAL |
| 767 | 418 | VITOR RAMOS | M | 36 | | 01:19:51 | 01:18:28 | CUCAS RUNNERS |
| 768 | 1048 | RICARDO M J GOMES | M | 33 | | 01:19:53 | 01:18:56 | GOTCHA |
| 769 | 1212 | BRUNO DIAS | M | 39 | | 01:19:54 | 01:19:38 | SS CGD |
| 770 | 1166 | JOSE A RODRIGUES | M | 56 | | 01:19:54 | 01:19:16 | INDIVIDUAL |
| 771 | 162 | RUI REIS | M | 37 | | 01:19:57 | 01:18:41 | INDIVIDUAL |
| 772 | 1230 | JOSE ALVES | M | 66 | | 01:19:58 | 01:19:28 | SS CGD |
| 773 | 1754 | JULIEN GIRAUDOU | M | 27 | | 01:20:01 | 01:19:27 | VILLEJUIF |
| 774 | 922 | ABDURAMANÉ SEIDI | M | 39 | | 01:20:01 | 01:18:58 | SC CASAINHOS |
| 775 | 1796 | HUGO RODRIGUES | M | 41 | | 01:20:03 | 01:20:03 | |
| 776 | 1642 | EDUARDO CABRITA | M | 46 | | 01:20:04 | 01:18:42 | CCD TRANQUILIDADE |
| 777 | 1643 | ANDRÉ MEDEIROS | M | 28 | | 01:20:04 | 01:18:44 | CCD TRANQUILIDADE |
| 778 | 210 | ISIDRO CARVALHO | M | 45 | | 01:20:05 | 01:19:21 | INDIVIDUAL |
| 779 | 1244 | PEDRO SEQUEIRA | M | 48 | | 01:20:07 | 01:19:23 | SS CGD |
| 780 | 1379 | JOÃO FERREIRA | M | 60 | | 01:20:08 | 01:18:55 | AMIGOS DA FLOR |

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Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|----------------------|----|-----|-----|----------|------------|------------------------|
| 781 | 1195 | CARLOS GRADÍSSIMO | M | 33 | | 01:20:08 | 01:18:54 | INDIVIDUAL |
| 782 | 882 | INÊS S ARAÚJO | F | 33 | | 01:20:09 | 01:19:19 | OS CONTA-KILÓMETROS |
| 783 | 1380 | MANUEL HORTELÃO | M | 46 | | 01:20:09 | 01:18:56 | AMIGOS DA FLOR |
| 784 | 1651 | LUÍS DUARTE | M | 46 | | 01:20:10 | 01:20:07 | INDIVIDUAL |
| 785 | 1262 | NUNO DAMIAES | M | 34 | | 01:20:10 | 01:18:53 | GD SANTANDER TOTTA |
| 786 | 1647 | JOSÉ COELHO | M | 57 | | 01:20:10 | 01:20:05 | SCALABIS NIGHT RUNNERS |
| 787 | 1308 | RICARDO D M B BRAZ | M | 43 | | 01:20:10 | 01:19:51 | INDIVIDUAL |
| 788 | 713 | HENRIQUE VENTURA | M | 36 | | 01:20:12 | 01:19:05 | INDIVIDUAL |
| 789 | 1259 | LINO OLIVEIRA | M | 70 | | 01:20:13 | 01:20:08 | GD SANTANDER TOTTA |
| 790 | 666 | ANTÓNIO PATRÃO | M | 46 | | 01:20:13 | 01:19:51 | INDIVIDUAL |
| 791 | 279 | HUGO CARABINEIRO | M | 36 | | 01:20:13 | 01:18:56 | INDIVIDUAL |
| 792 | 443 | JOAO TRAVADO | M | 46 | | 01:20:14 | 01:18:59 | OS CARREGUEIRENSES |
| 793 | 1452 | JOSÉ R M V AFONSO | M | 23 | | 01:20:15 | 01:19:09 | INDIVIDUAL |
| 794 | 1555 | ANDRÉ SEQUEIRA | M | 38 | | 01:20:18 | 01:19:42 | LX RUN |
| 795 | 820 | JOSÉ VIEIRA | M | 38 | | 01:20:18 | 01:19:40 | LX RUN |
| 796 | 390 | GONÇALO SEABRA | M | 46 | | 01:20:18 | 01:19:42 | INDIVIDUAL |
| 797 | 1729 | JOAQUIM BACALHAU | M | 63 | | 01:20:19 | 01:19:52 | INDIVIDUAL |
| 798 | 840 | ANDRÉ MARTINS | M | 31 | | 01:20:21 | 01:19:04 | INDIVIDUAL |
| 799 | 1307 | JOSÉ LINDO | M | 69 | | 01:20:21 | 01:20:18 | CA VALE FIGUEIRA |
| 800 | 254 | PEDRO MARQUES | M | 41 | | 01:20:22 | 01:19:47 | ERICSSON |
| 801 | 255 | LUIS BRUNHETA | M | 37 | | 01:20:22 | 01:19:46 | ERICSSON |
| 802 | 1468 | CARLOS F L F CORREIA | M | 30 | | 01:20:22 | 01:20:21 | INDIVIDUAL |
| 803 | 1165 | SÉRGIO PAULO | M | 39 | | 01:20:23 | 01:20:10 | INDIVIDUAL |
| 804 | 1625 | FILIPA GONÇALVES | F | 34 | | 01:20:25 | 01:20:23 | GDC Banco de Portugal |
| 805 | 661 | ANA SANTOS | F | 38 | | 01:20:25 | 01:20:05 | INDIVIDUAL |
| 806 | 1624 | GINA CHEIO | F | 44 | | 01:20:25 | 01:20:23 | GDC Banco de Portugal |
| 807 | 1620 | LUÍS RIO | M | 44 | | 01:20:26 | 01:20:24 | GDC Banco de Portugal |
| 808 | 167 | FERNANDO MARQUES | M | 66 | | 01:20:30 | 01:20:27 | CP EDP CARREGADO |
| 809 | 120 | FILIPE J SILVA | M | 55 | | 01:20:31 | 01:20:11 | INDIVIDUAL |
| 810 | 757 | ISIDRO M SERRA | M | 60 | | 01:20:31 | 01:20:20 | INDIVIDUAL |
| 811 | 487 | ANTONIO G FERREIRA | M | 53 | | 01:20:32 | 01:19:09 | INDIVIDUAL |
| 812 | 1022 | JOAO P ADEGAS | M | 45 | | 01:20:35 | 01:19:40 | INSTRUMONIT |
| 813 | 188 | NUNO SANTOS | M | 42 | | 01:20:35 | 01:20:29 | CLUBE OGMA |
| 814 | 1325 | MANUEL J S DIAS | M | 49 | | 01:20:36 | 01:20:03 | INDIVIDUAL |
| 815 | 571 | RUI M D MORGADO | M | 40 | | 01:20:36 | 01:19:15 | INDIVIDUAL |
| 816 | 1394 | LUCIANO MARQUES | M | 56 | | 01:20:37 | 01:20:20 | GD BANCO BPI |
| 817 | 1235 | LUISA LANDEIRO | F | 45 | | 01:20:38 | 01:20:27 | SS CGD |
| 818 | 400 | MICAEL TOITO | M | 27 | | 01:20:39 | 01:19:27 | INDIVIDUAL |
| 819 | 621 | HELENA TAUBE | F | 42 | | 01:20:40 | 01:20:26 | TOUGH TRAILS ALENQUER |

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|-------------------|----|-----|-----|----------|------------|----------------------------|
| 820 | 1199 | PAULO CARDOSO | M | 38 | | 01:20:41 | 01:19:56 | INDIVIDUAL |
| 821 | 206 | RUI SIMOES | M | 38 | | 01:20:41 | 01:19:17 | INDIVIDUAL |
| 822 | 574 | JOSÉ CASTRO | M | 57 | | 01:20:43 | 01:19:32 | CAA BELÉM |
| 823 | 166 | CARLOS PEREIRA | M | 34 | | 01:20:44 | 01:19:20 | ZAPOTEQUES SABORES DO PAÇO |
| 824 | 686 | PEDRO ALVES | M | 42 | | 01:20:45 | 01:19:28 | MADRUGA RUNNERS |
| 825 | 1309 | LUIS RIBEIRO | M | 39 | | 01:20:47 | 01:20:40 | TERTÚLIA DA FESFORRA |
| 826 | 1420 | ADELINO TEIXEIRA | M | 56 | | 01:20:50 | 01:20:01 | INDIVIDUAL |
| 827 | 1632 | RUI M S ALVES | M | 41 | | 01:20:51 | 01:20:07 | GYDARUN |
| 828 | 600 | MIGUEL MARQUES | M | 55 | | 01:20:51 | 01:20:00 | INDIVIDUAL |
| 829 | 1591 | ARSENIO FERNANDES | M | 59 | | 01:20:52 | 01:20:01 | CA AMIGOS PARQUE PAZ |
| 830 | 311 | ANTONIO MARQUES | M | 51 | | 01:20:53 | 01:20:38 | CKL RUNNING |
| 831 | 623 | PAULO NICOLAU | M | 47 | | 01:20:57 | 01:20:15 | GYDARUN |
| 832 | 651 | JOAO RODRIGUES | M | 36 | | 01:20:58 | 01:20:16 | INDIVIDUAL |
| 833 | 714 | ANA I MARQUES | F | 46 | | 01:21:00 | 01:20:42 | BRRNIGHTRUNNERS |
| 834 | 603 | JOÃO BORGES | M | 52 | | 01:21:02 | 01:20:28 | INDIVIDUAL |
| 835 | 602 | LUÍS MENDONÇA | M | 33 | | 01:21:02 | 01:20:28 | INDIVIDUAL |
| 836 | 1270 | ANTONIO CASTRO | M | 46 | | 01:21:02 | 01:20:54 | GD SANTANDER TOTTA |
| 837 | 107 | CARLOS ALMEIDA | M | 59 | | 01:21:04 | 01:21:00 | INDIVIDUAL |
| 838 | 491 | MIGUEL BARBOSA | M | 61 | | 01:21:05 | 01:21:00 | UNIDOS DA MANUTENÇÃO |
| 839 | 618 | LUÍS RAMALHO | M | 42 | | 01:21:07 | 01:20:18 | INDIVIDUAL |
| 840 | 737 | VITOR MONTEIRO | M | 53 | | 01:21:07 | 01:21:01 | LISBOA MARRIOTT HOTEL |
| 841 | 246 | NUNO M LOPES | M | 39 | | 01:21:07 | 01:20:56 | CCD-AT |
| 842 | 319 | DANIEL MARTINHO | M | 45 | | 01:21:08 | 01:19:41 | INDIVIDUAL |
| 843 | 76 | LUIS S CAGAREU | M | 38 | | 01:21:09 | 01:20:15 | ATLETAS MADRUGADA |
| 844 | 979 | HUGO DUARTE | M | 37 | | 01:21:11 | 01:20:36 | INDIVIDUAL |
| 845 | 980 | MIGUEL ESTEVES | M | 33 | | 01:21:11 | 01:20:35 | INDIVIDUAL |
| 846 | 978 | PAULO COSTA | M | 36 | | 01:21:12 | 01:20:38 | INDIVIDUAL |
| 847 | 223 | FRANCISCO PLINIO | M | 60 | | 01:21:12 | 01:20:14 | CCDT METRO LX |
| 848 | 1151 | PEDRO CARRASCO | M | 44 | | 01:21:14 | 01:20:02 | SS MONTEPIO GERAL |
| 849 | 1173 | RUI GONCALVES | M | 43 | | 01:21:17 | 01:21:08 | CCD O ALVITEJO |
| 850 | 1010 | JOSÉ COSTA | M | 51 | | 01:21:18 | 01:20:40 | INDIVIDUAL |
| 851 | 22 | PEDRO CORREIA | M | 38 | | 01:21:18 | 01:20:49 | INDIVIDUAL |
| 852 | 1249 | OLGA BORGES | F | 40 | | 01:21:19 | 01:21:08 | SS CGD |
| 853 | 1028 | SANDRA DASSILVA | F | 40 | | 01:21:20 | 01:20:28 | LINK |
| 854 | 925 | ANTÓNIO CRUZ | M | 60 | | 01:21:21 | 01:20:59 | CLUBE NOVO BANCO |
| 855 | 1573 | CARLOS GONÇALVES | M | 51 | | 01:21:24 | 01:20:54 | SFUAP |
| 856 | 921 | DAVID CHARRINHO | M | 33 | | 01:21:25 | 01:20:22 | SC CASAINHOS |
| 857 | 1074 | FÁBIO PEREIRA | M | 23 | | 01:21:25 | 01:20:23 | SC CASAINHOS |
| 858 | 101 | PEDRO QUADRIO | M | 44 | | 01:21:25 | 01:19:56 | INDIVIDUAL |

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|-------------------|----|-----|-----|----------|------------|------------------------------|
| 859 | 1021 | MARTA CONCEIÇÃO | F | 31 | | 01:21:28 | 01:20:42 | Lost Runners |
| 860 | 897 | CARLOS NEVES | M | 63 | | 01:21:32 | 01:20:57 | AD REAL ACADEMIA |
| 861 | 453 | MANUEL BARROS | M | 59 | | 01:21:33 | 01:21:21 | CLUBE ANACOM |
| 862 | 1191 | JOSÉ GRILATE | M | 71 | | 01:21:34 | 01:20:58 | CCD O ALVITEJO |
| 863 | 1079 | NUNO VENTURA | M | 42 | | 01:21:37 | 01:20:39 | GA MONSANTO/GASCAN |
| 864 | 466 | VASCO SANTOS | M | 38 | | 01:21:38 | 01:20:57 | CANIANOS |
| 865 | 655 | HUGO COSTA | M | 43 | | 01:21:39 | 01:21:09 | INDIVIDUAL |
| 866 | 823 | DANIEL ANTUNES | M | 54 | | 01:21:41 | 01:21:39 | CAMARA L CLUBE |
| 867 | 1462 | CARLOS GIL | M | 42 | | 01:21:44 | 01:20:58 | INDIVIDUAL |
| 868 | 34 | AMÉRICO D VAZ | M | 61 | | 01:21:45 | 01:21:35 | INDIVIDUAL |
| 869 | 1617 | JOAQUIM BORRALHO | M | 69 | | 01:21:48 | 01:21:33 | GDC Banco de Portugal |
| 870 | 943 | PEDRO MORGADO | M | 46 | | 01:21:49 | 01:20:57 | CLUBE NOVO BANCO |
| 871 | 1348 | JORGE ESTEVES | M | 51 | | 01:21:50 | 01:20:59 | RUN 4 FUN |
| 872 | 1349 | TEODORO TRINDADE | M | 54 | | 01:21:50 | 01:20:58 | RUN 4 FUN |
| 873 | 49 | ANTÓNIO ALMEIDA | M | 36 | | 01:21:51 | 01:21:06 | OS CONTA-KILÓMETROS |
| 874 | 983 | FRANCISCO VIEIRA | M | 42 | | 01:21:52 | 01:20:35 | EQUIPAS/ MADRUGA RUNNERS |
| 875 | 630 | RICARDO CASTELO | M | 32 | | 01:21:52 | 01:20:55 | INDIVIDUAL |
| 876 | 1025 | CARLOS PALMA | M | 47 | | 01:21:53 | 01:21:25 | LINK |
| 877 | 985 | DÉCIO CARVALHO | M | 39 | | 01:21:53 | 01:20:36 | EQUIPAS/ MADRUGA RUNNERS |
| 878 | 1724 | JOÃO VENTURA | M | 31 | | 01:21:53 | 01:21:04 | INDIVIDUAL |
| 879 | 1463 | FREDERICO WIBORG | M | 44 | | 01:21:54 | 01:21:07 | INDIVIDUAL |
| 880 | 102 | ANDRÉ FIGUEIREDO | M | 39 | | 01:21:54 | 01:21:31 | PERNAS DE GAFANHOTO |
| 881 | 440 | RUI SALES | M | 49 | | 01:21:56 | 01:20:41 | OS CARREGUEIRENSES |
| 882 | 888 | DIOGO G S MARTINS | M | 23 | | 01:21:57 | 01:20:48 | INDIVIDUAL |
| 883 | 1488 | TOMÁS FERNANDES | M | 19 | | 01:22:00 | 01:21:35 | CORRER LISBOA |
| 884 | 946 | SÍLVIO PAIVA | M | 64 | | 01:22:01 | 01:21:11 | CLUBE NOVO BANCO |
| 885 | 86 | JULIO M C ALVADIA | M | 35 | | 01:22:01 | 01:21:08 | ATLETAS MADRUGADA |
| 886 | 1600 | EDUARDO BENTO | M | 44 | | 01:22:01 | 01:21:05 | ATLETAS MADRUGADA |
| 887 | 869 | BRUNO MARTINS | M | 39 | | 01:22:02 | 01:22:02 | INDIVIDUAL |
| 888 | 1739 | NUNO RAFAEL | M | 36 | | 01:22:03 | 01:20:55 | AUTO_JACINTO |
| 889 | 993 | JOÃO GRILO | M | 28 | | 01:22:03 | 01:20:56 | AUTO_JACINTO |
| 890 | 1374 | PAULO SILVESTRE | M | 46 | | 01:22:05 | 01:21:47 | RF RIBEIRINHA POVOA STA IRIA |
| 891 | 854 | NUNO ALMEIDA | M | 43 | | 01:22:05 | 01:21:34 | CCD PM CASCAIS |
| 892 | 1727 | LUIZ PEREIRA | M | 35 | | 01:22:06 | 01:20:48 | INDIVIDUAL |
| 893 | 220 | CARLOS MOREIRA | M | 62 | | 01:22:07 | 01:21:38 | CCDT METRO LX |
| 894 | 1524 | JORGE SANTOS | M | 41 | | 01:22:08 | 01:21:51 | OS COXOS E O MIGUEL |
| 895 | 1731 | JOSE MATA | M | 48 | | 01:22:09 | 01:20:46 | INDIVIDUAL |
| 896 | 805 | VICTOR JOSÉ RAMOS | M | 44 | | 01:22:10 | 01:21:31 | C COLAB AXA |
| 897 | 631 | FRANCISCA RAPOSO | F | 25 | | 01:22:10 | 01:21:16 | INDIVIDUAL |

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Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|--------------------|----|-----|-----|----------|------------|------------------------------|
| 898 | 294 | HELIA SANTOS | F | 31 | | 01:22:12 | 01:21:25 | INDIVIDUAL |
| 899 | 1302 | MARTA COLAÇO | F | 39 | | 01:22:14 | 01:22:13 | CA NAZARÉ |
| 900 | 91 | NUNO NUNES | M | 41 | | 01:22:15 | 01:21:57 | CCD-AT |
| 901 | 73 | ARMANDO MARTINS | M | 52 | | 01:22:15 | 01:20:45 | INDIVIDUAL |
| 902 | 1567 | ANTONIO LIMA | M | 53 | | 01:22:16 | 01:22:15 | ABC CAMPOLIDE |
| 903 | 125 | JOSÉ HENRIQUES | M | 61 | | 01:22:17 | 01:21:58 | OS PERIGOSOS |
| 904 | 225 | ISABEL FRANÇA | F | 43 | | 01:22:18 | 01:21:32 | CCDT METRO LX |
| 905 | 129 | JOSÉ BELCHIOR | M | 64 | | 01:22:18 | 01:21:58 | OS PERIGOSOS |
| 906 | 1101 | PEDRO FIGUEIRA | M | 38 | | 01:22:20 | 01:21:37 | INDIVIDUAL |
| 907 | 510 | PEDRO FONTES | M | 50 | | 01:22:21 | 01:21:20 | C MILLENNIUM BCP |
| 908 | 855 | PAULA MACHADO | F | 61 | | 01:22:21 | 01:22:10 | CCD PM CASCAIS |
| 909 | 1281 | JOÃO J A PASSEIRO | M | 53 | | 01:22:23 | 01:20:55 | INDIVIDUAL |
| 910 | 1504 | JOSÉ SERRA | M | 62 | | 01:22:23 | 01:22:23 | BUÉ DA SERRAS |
| 911 | 1285 | ANDRÉ OLIVEIRA | M | 26 | | 01:22:23 | 01:21:08 | RIBATEXANOS |
| 912 | 1486 | JORGE RODRIGUES | M | 39 | | 01:22:24 | 01:22:10 | INDIVIDUAL |
| 913 | 1363 | HELENA PINTO | F | 37 | | 01:22:28 | 01:21:27 | ALVERCA URBAN RUNNERS |
| 914 | 96 | ANTONIO GONÇALVES | M | 54 | | 01:22:29 | 01:21:28 | ALVERCA URBAN RUNNERS |
| 915 | 114 | PAULO LOPES | M | 44 | | 01:22:29 | 01:21:28 | CP EDP CARREGADO |
| 916 | 398 | ANTONIO MELGAO | M | 36 | | 01:22:30 | 01:21:22 | INDIVIDUAL |
| 917 | 1710 | NUNO PINELA | M | 37 | | 01:22:31 | 01:21:34 | MIRÒBRIGA TRAIL RUN |
| 918 | 1572 | JOSE NASCIMENTO | M | 41 | | 01:22:33 | 01:21:35 | INDIVIDUAL |
| 919 | 1605 | ANA PEREIRA | F | 47 | | 01:22:36 | 01:22:01 | RF RIBEIRINHA POVOA STA IRIA |
| 920 | 992 | JOAQUIM GRILO | M | 59 | | 01:22:37 | 01:21:30 | AUTO_JACINTO |
| 921 | 1023 | FERNANDO FARIA | M | 53 | | 01:22:37 | 01:22:09 | LINK |
| 922 | 232 | RAFAEL SANTOS | M | 48 | | 01:22:39 | 01:21:41 | CCDT METRO LX |
| 923 | 514 | ALBERTO NUNES | M | 52 | | 01:22:42 | 01:21:52 | C MILLENNIUM BCP |
| 924 | 524 | ANTONIO ALMEIDA | M | 49 | | 01:22:42 | 01:21:41 | C MILLENNIUM BCP |
| 925 | 204 | MÁRIO SANTOS | M | 50 | | 01:22:43 | 01:21:38 | INDIVIDUAL |
| 926 | 506 | JORGE FERRO | M | 49 | | 01:22:43 | 01:21:38 | INDIVIDUAL |
| 927 | 1672 | SUSANA FERREIRA | F | 38 | | 01:22:49 | 01:22:35 | SCALABIS NIGHT RUNNERS |
| 928 | 404 | JOÃO TELO | M | 41 | | 01:22:49 | 01:21:28 | INDIVIDUAL |
| 929 | 1711 | ANTÓNIO VARDASCA | M | 40 | | 01:22:50 | 01:21:37 | INDIVIDUAL |
| 930 | 1660 | RUI NOGUEIRA | M | 47 | | 01:22:50 | 01:21:38 | NOZES |
| 931 | 1415 | PEDRO GALVÃO | M | 35 | | 01:22:53 | 01:22:10 | AC SALVATERRA |
| 932 | 755 | FABIANO BORTOLOTTI | M | 41 | | 01:22:53 | 01:21:53 | INDIVIDUAL |
| 933 | 590 | NUNO SILVA | M | 34 | | 01:22:55 | 01:21:44 | CAA BELÉM |
| 934 | 1339 | FILIPE MARQUES | M | 28 | | 01:22:57 | 01:21:41 | INDIVIDUAL |
| 935 | 268 | JOSÉ RAMOS | M | 35 | | 01:22:59 | 01:22:30 | INDIVIDUAL |
| 936 | 1670 | ISA RIBEIRO | F | 31 | | 01:23:00 | 01:22:31 | EQUIPA |

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|-----------------------|----|-----|-----|----------|------------|------------------------------|
| 937 | 1295 | EDUARDO LOBITO | M | 40 | | 01:23:03 | 01:22:25 | ASAS NOS PÉS |
| 938 | 1296 | JOSÉ LEITÃO | M | 46 | | 01:23:03 | 01:22:24 | ASAS NOS PÉS |
| 939 | 1456 | NUNO MOREIRA | M | 40 | | 01:23:06 | 01:22:41 | INDIVIDUAL |
| 940 | 1182 | PAULO A GONÇALVES | M | 57 | | 01:23:06 | 01:22:04 | INDIVIDUAL |
| 941 | 835 | JOÃO PEREIRA | M | 45 | | 01:23:07 | 01:22:42 | CAMARA L CLUBE |
| 942 | 205 | ANTONIO TEIXEIRA | M | 38 | | 01:23:07 | 01:21:43 | INDIVIDUAL |
| 943 | 1494 | MARTA M S ANDRADE | F | 41 | | 01:23:08 | 01:22:15 | TREINO EM CASA |
| 944 | 1223 | FRANCISCO VIEIRA | M | 47 | | 01:23:09 | 01:22:37 | SS CGD |
| 945 | 207 | AUGUSTO J RAMÔA | M | 63 | | 01:23:10 | 01:23:04 | INDIVIDUAL |
| 946 | 586 | DANIEL RAMOS | M | 39 | | 01:23:13 | 01:22:19 | JOBRINDE MONTES SALOIOS |
| 947 | 773 | TAM AFONSO | M | 63 | | 01:23:14 | 01:23:12 | AÇOREANA |
| 948 | 617 | RUI ALMEIDA | M | 38 | | 01:23:14 | 01:22:05 | INDIVIDUAL |
| 949 | 1342 | DAVID CARDOSO | M | 36 | | 01:23:14 | 01:22:05 | TEAM MARAVILHA |
| 950 | 507 | RICARDO BORDALO | M | 46 | | 01:23:16 | 01:23:10 | INDIVIDUAL |
| 951 | 564 | JOÃO RAMOS | M | 55 | | 01:23:17 | 01:22:26 | INDIVIDUAL |
| 952 | 744 | FILIPE PINTO | M | 37 | | 01:23:18 | 01:21:48 | INDIVIDUAL |
| 953 | 1423 | RICARDO M J S TEODORO | M | 35 | | 01:23:18 | 01:21:58 | ÁGUIA RIBATEJANA |
| 954 | 752 | Mª JOÃO CORTESÃO | F | 30 | | 01:23:19 | 01:23:15 | CP EDP LISBOA |
| 955 | 177 | PEDRO BAPTISTA | M | 35 | | 01:23:20 | 01:22:52 | CASA DA DIZIMA |
| 956 | 1498 | SARA VIDAL | F | 29 | | 01:23:22 | 01:22:46 | INDIVIDUAL |
| 957 | 1627 | INÊS MARIQUITOS | F | 26 | | 01:23:23 | 01:22:29 | GDC Banco de Portugal |
| 958 | 819 | HELENA MOREIRA | F | 39 | | 01:23:23 | 01:23:17 | C BENFICA ALG M MARTINS |
| 959 | 1669 | ANTONIO NUNES | M | 46 | | 01:23:24 | 01:22:35 | INDIVIDUAL |
| 960 | 1657 | ARTUR SANTOS | M | 38 | | 01:23:24 | 01:22:44 | VALADARES |
| 961 | 1051 | BRUNO QUENTAL | M | 41 | | 01:23:27 | 01:21:53 | INDIVIDUAL |
| 962 | 1427 | FERNANDA FRANÇA | F | 42 | | 01:23:28 | 01:22:45 | CLUBE OGMA |
| 963 | 1426 | JOAQUIM BEXIGA | M | 47 | | 01:23:28 | 01:22:45 | CLUBE OGMA |
| 964 | 61 | MIGUEL CASTRO | M | 48 | | 01:23:31 | 01:22:47 | FAT OLD DUDES |
| 965 | 1145 | JORGE SOUSA | M | 42 | | 01:23:31 | 01:22:20 | SS MONTEPIO GERAL |
| 966 | 968 | DANIEL E G REIS | M | 30 | | 01:23:32 | 01:22:42 | OS CONTA-KILÓMETROS |
| 967 | 1152 | RICARDO DIAS | M | 42 | | 01:23:32 | 01:22:17 | SS MONTEPIO GERAL |
| 968 | 726 | JOAO FERREIRA | M | 30 | | 01:23:33 | 01:23:12 | INDIVIDUAL |
| 969 | 1234 | LUIS QUENTAL | M | 49 | | 01:23:38 | 01:22:35 | SS CGD |
| 970 | 532 | PEDRO FERNANDES | M | 39 | | 01:23:39 | 01:23:09 | C MILLENNIUM BCP |
| 971 | 708 | SERGIO BORGES | M | 43 | | 01:23:40 | 01:23:21 | ND AUTOCOOPE |
| 972 | 413 | JOSÉ MAGRO | M | 46 | | 01:23:41 | 01:23:23 | RF RIBEIRINHA POVOA STA IRIA |
| 973 | 705 | JOSE DIAS | M | 58 | | 01:23:42 | 01:23:24 | ND AUTOCOOPE |
| 974 | 499 | JOÃO SANTOS | M | 32 | | 01:23:42 | 01:22:53 | INDIVIDUAL |
| 975 | 417 | RAFAELA PÉREZ | F | 32 | | 01:23:43 | 01:23:15 | INDIVIDUAL |

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|-------------------|----|-----|-----|----------|------------|----------------------------|
| 976 | 1065 | HÉLDER SALEMA | M | 24 | | 01:23:44 | 01:23:31 | SAMORUNNING |
| 977 | 1358 | HÉLIO CARREIRA | M | 30 | | 01:23:45 | 01:23:27 | INDIVIDUAL |
| 978 | 1577 | MANUELA GONÇALVES | F | 48 | | 01:23:47 | 01:23:15 | SFUAP |
| 979 | 130 | JOÃO MENDES | M | 40 | | 01:23:49 | 01:22:59 | OS CONTA-KILÓMETROS |
| 980 | 112 | LUIS BATISTA | M | 34 | | 01:23:51 | 01:22:58 | CORREDORES DA ADEGA |
| 981 | 1659 | CARLOTA V PINTO | F | 29 | | 01:23:54 | 01:23:03 | INDIVIDUAL |
| 982 | 1634 | PAULO MOUTINHO | M | 44 | | 01:23:55 | 01:23:37 | INDIVIDUAL |
| 983 | 269 | TÂNIA VEIGA | F | 35 | | 01:23:57 | 01:23:57 | INDIVIDUAL |
| 984 | 1769 | PEDRO RAMOS | M | 20 | | 01:23:59 | 01:22:56 | |
| 985 | 1526 | JOANA A FERNANDES | F | 26 | | 01:24:00 | 01:23:34 | CORRER LISBOA |
| 986 | 812 | PAULO PIRES | M | 50 | | 01:24:01 | 01:23:47 | APOGMA |
| 987 | 813 | CARLOS SOUSA | M | 48 | | 01:24:01 | 01:23:44 | APOGMA |
| 988 | 1018 | ADÉRITO CARRELHAS | M | 61 | | 01:24:02 | 01:23:58 | INDIVIDUAL |
| 989 | 1118 | DAVID AFONSO | M | 50 | | 01:24:02 | 01:23:02 | CLUBE TAP PORTUGAL |
| 990 | 1314 | FRANCISCO AGRA | M | 52 | | 01:24:03 | 01:23:41 | OS ZATOPEQUES |
| 991 | 1086 | LUIS LISBOA | M | 57 | | 01:24:05 | 01:23:46 | A VALE SILENCIO |
| 992 | 649 | JOÃO E REBOCHO | M | 43 | | 01:24:05 | 01:23:07 | INDIVIDUAL |
| 993 | 915 | PEDRO PIRES | M | 43 | | 01:24:06 | 01:22:43 | PÉS DE CHUMBO |
| 994 | 537 | AURORA SOARES | F | 45 | | 01:24:07 | 01:22:42 | C MILLENNIUM BCP |
| 995 | 1328 | LUIS PINTO | M | 39 | | 01:24:08 | 01:22:49 | INDIVIDUAL |
| 996 | 1637 | RUI PEDROSO | M | 39 | | 01:24:09 | 01:23:28 | INDIVIDUAL |
| 997 | 792 | LUIS PINHEIRO | M | 42 | | 01:24:09 | 01:23:11 | INDIVIDUAL |
| 998 | 1054 | RUI F R CAMPOS | M | 39 | | 01:24:09 | 01:23:27 | INDIVIDUAL |
| 999 | 572 | LUIZ ROSA | M | 62 | | 01:24:09 | 01:22:58 | CAA BELÉM |
| 1000 | 527 | JOAO CAEIRO | M | 44 | | 01:24:10 | 01:23:40 | C MILLENNIUM BCP |
| 1001 | 575 | JOSÉ GORDILHO | M | 52 | | 01:24:10 | 01:23:32 | CAA BELÉM |
| 1002 | 1464 | RUI M R SILVA | M | 49 | | 01:24:12 | 01:23:32 | INDIVIDUAL |
| 1003 | 1156 | CARLOS HILÁRIO | M | 49 | | 01:24:13 | 01:23:45 | INDIVIDUAL |
| 1004 | 1009 | ÂNGELO FERREIRA | M | 51 | | 01:24:13 | 01:23:43 | INDIVIDUAL |
| 1005 | 349 | JOAQUIM CRISPIM | M | 59 | | 01:24:14 | 01:22:51 | UDCA |
| 1006 | 179 | MARIA MARTINS | F | 25 | | 01:24:16 | 01:23:50 | CASA DA DIZIMA |
| 1007 | 1717 | RENATO SARAGOÇA | M | 39 | | 01:24:17 | 01:23:44 | UDRS GUERREIRO DO RIO |
| 1008 | 1382 | SÉRGIO CANÁRIO | M | 40 | | 01:24:18 | 01:23:43 | INDIVIDUAL |
| 1009 | 1788 | PAULO AH QUIN | M | 37 | | 01:24:18 | 01:24:18 | EQ HOLMES PLACE |
| 1010 | 608 | JOÃO FAUSTINO | M | 63 | | 01:24:24 | 01:24:20 | INDIVIDUAL |
| 1011 | 1330 | JULIA CALISTO | F | 52 | | 01:24:24 | 01:24:17 | INDIVIDUAL |
| 1012 | 320 | ANTÓNIO ALMEIDA | M | 44 | | 01:24:26 | 01:23:01 | INDIVIDUAL |
| 1013 | 528 | MIGUEL MARQUES | M | 33 | | 01:24:26 | 01:23:10 | C MILLENNIUM BCP |
| 1014 | 1176 | SUSANA RIBEIRO | F | 43 | | 01:24:27 | 01:23:45 | STARVES TRAILERS & RUNNERS |

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|---------------------|----|-----|-----|----------|------------|------------------------------|
| 1015 | 534 | SERGIO SA | M | 41 | | 01:24:27 | 01:23:11 | C MILLENNIUM BCP |
| 1016 | 912 | JOÃO BOLINHAS | M | 35 | | 01:24:27 | 01:23:21 | SAGRES UNITED |
| 1017 | 461 | SEERGIO CRISPIM | M | 35 | | 01:24:28 | 01:23:22 | GDM TEAMAÇO |
| 1018 | 1040 | ELISIO COSTA | M | 60 | | 01:24:28 | 01:23:05 | OS ZATOPEQUES |
| 1019 | 124 | JOSÉ PEREIRA | M | 59 | | 01:24:45 | 01:24:17 | OS PERIGOSOS |
| 1020 | 1646 | ANA MARQUES | F | 38 | | 01:24:45 | 01:24:40 | SCALABIS NIGHT RUNNERS |
| 1021 | 23 | SILVANO MONTEIRO | M | 64 | | 01:24:45 | 01:24:15 | INDIVIDUAL |
| 1022 | 1210 | ANGELA CRUZ | F | 45 | | 01:24:46 | 01:23:44 | SS CGD |
| 1023 | 314 | MANUEL RIBEIRO | M | 61 | | 01:24:46 | 01:24:32 | CKL RUNNING |
| 1024 | 313 | JOSÉ CORREIA | M | 55 | | 01:24:47 | 01:24:32 | CKL RUNNING |
| 1025 | 1747 | LUIS ALVES | M | 32 | | 01:24:47 | 01:24:47 | INDIVIDUAL |
| 1026 | 1180 | PAULO LOURENÇO | M | 33 | | 01:24:48 | 01:23:34 | INDIVIDUAL |
| 1027 | 395 | ANDREIA MONTEIRO | F | 37 | | 01:24:48 | 01:23:39 | WALKING DEADS |
| 1028 | 1220 | FERNANDO ALVES | M | 54 | | 01:24:49 | 01:23:49 | SS CGD |
| 1029 | 917 | JOÃO GARCIA | M | 43 | | 01:24:50 | 01:23:25 | PÉS DE CHUMBO |
| 1030 | 1353 | JOSÉ SERRA | M | 58 | | 01:24:57 | 01:23:39 | INDIVIDUAL |
| 1031 | 439 | ANTONIO BERNARDES | M | 66 | | 01:24:59 | 01:23:44 | OS CARREGUEIRENSES |
| 1032 | 1733 | FATIMA LAVRADOR | F | 43 | | 01:25:02 | 01:24:15 | INDIVIDUAL |
| 1033 | 1606 | RUI TEIXEIRA | M | 33 | | 01:25:03 | 01:24:13 | INDIVIDUAL |
| 1034 | 415 | HELDER MENEZES | M | 37 | | 01:25:05 | 01:23:57 | INDIVIDUAL |
| 1035 | 158 | JOÃO OLIVEIRA | M | 61 | | 01:25:08 | 01:23:56 | INDIVIDUAL |
| 1036 | 47 | LILIANA HENRIQUES | F | 29 | | 01:25:11 | 01:24:20 | OS CONTA-KILÓMETROS |
| 1037 | 134 | LUIS CAMPOS | M | 66 | | 01:25:12 | 01:24:12 | ALVERCA URBAN RUNNERS |
| 1038 | 50 | JOANA COSTA | F | 28 | | 01:25:12 | 01:24:21 | OS CONTA-KILÓMETROS |
| 1039 | 83 | NUNO MOREIRA | M | 34 | | 01:25:13 | 01:24:12 | ALVERCA URBAN RUNNERS |
| 1040 | 1514 | KIM TOMÉ | M | 44 | | 01:25:14 | 01:24:05 | PANELA MAGICA |
| 1041 | 675 | JOÃO ESTEVES | M | 46 | | 01:25:14 | 01:24:05 | PANELA MAGICA |
| 1042 | 1593 | RICARDO FIGUEIREDO | M | 33 | | 01:25:15 | 01:24:05 | PANELA MÁGICA |
| 1043 | 1554 | FABIO ABREU | M | 27 | | 01:25:15 | 01:24:05 | PANELA MAGICA |
| 1044 | 540 | ANTONIO MATIAS | M | 41 | | 01:25:15 | 01:24:05 | PANELA MÁGICA |
| 1045 | 1553 | LUIS LOPES | M | 48 | | 01:25:15 | 01:24:08 | PANELA MAGICA |
| 1046 | 1513 | RICARDO SARDINHEIRO | M | 42 | | 01:25:16 | 01:24:05 | PANELA MAGICA |
| 1047 | 749 | JULIO PARREIRA | M | 67 | | 01:25:17 | 01:24:33 | CHESTER TEAM |
| 1048 | 597 | LUIS FILIPE | M | 40 | | 01:25:17 | 01:24:37 | BEER RUNNERS |
| 1049 | 1288 | CARLOS IPE | M | 40 | | 01:25:17 | 01:24:37 | ASAS NOS PÉS |
| 1050 | 352 | ACACIO BARATA | M | 40 | | 01:25:20 | 01:24:43 | ERICSSON |
| 1051 | 211 | ANTÓNIO A M MOREIRA | M | 52 | | 01:25:20 | 01:23:54 | INDIVIDUAL |
| 1052 | 569 | PEDRO CARVALHO | M | 31 | | 01:25:20 | 01:24:47 | CAD A CORRER |
| 1053 | 95 | TÂNIA OLIVEIRA | F | 34 | | 01:25:21 | 01:25:05 | RF RIBEIRINHA POVOA STA IRIA |

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|-----------------------|----|-----|-----|----------|------------|-----------------------------|
| 1054 | 1255 | SALVADOR AFONSO | M | 62 | | 01:25:23 | 01:24:48 | GD SANTANDER TOTTA |
| 1055 | 668 | LUIS FERREIRA | M | 61 | | 01:25:27 | 01:24:50 | INDIVIDUAL |
| 1056 | 916 | CARLOS COSTA | M | 44 | | 01:25:31 | 01:24:08 | PÉS DE CHUMBO |
| 1057 | 329 | FABIO BATISTA | M | 38 | | 01:25:32 | 01:24:44 | INDIVIDUAL |
| 1058 | 1442 | CECÍLIA TAVARES | F | 49 | | 01:25:32 | 01:25:09 | INDIVIDUAL |
| 1059 | 1038 | ORLANDO SILVA | M | 56 | | 01:25:34 | 01:25:08 | OS ZATOPEQUES |
| 1060 | 1589 | DANIEL A L COSTA | M | 23 | | 01:25:37 | 01:24:21 | CCD HOSPITAL VF XIRA |
| 1061 | 354 | JOÃO SILVA | M | 45 | | 01:25:47 | 01:24:51 | INDIVIDUAL |
| 1062 | 1144 | JAIME GOMES | M | 59 | | 01:25:52 | 01:24:39 | SS MONTEPIO GERAL |
| 1063 | 118 | PAULO LOPES | M | 35 | | 01:25:52 | 01:24:48 | ALVERCA URBAN RUNNERS |
| 1064 | 1530 | LUIS MOURA | M | 58 | | 01:25:54 | 01:24:39 | TEJAVISTA |
| 1065 | 1730 | LUIS FOUTO | M | 44 | | 01:25:55 | 01:25:47 | CLUBE VODAFONE |
| 1066 | 394 | HUGO COSTA | M | 37 | | 01:25:56 | 01:24:48 | WALKING DEADS |
| 1067 | 425 | JOSÉ VILELA | M | 51 | | 01:25:59 | 01:25:57 | CLUBE ROBBIALAC |
| 1068 | 1125 | NUNO RIBEIRO | M | 41 | | 01:26:01 | 01:25:49 | INDIVIDUAL |
| 1069 | 1206 | ALVARO FURTADO | M | 57 | | 01:26:01 | 01:24:57 | SS CGD |
| 1070 | 1324 | JORGE LOPES | M | 49 | | 01:26:01 | 01:25:54 | INDIVIDUAL |
| 1071 | 782 | PAULO TORRÃO | M | 44 | | 01:26:02 | 01:24:40 | AÇOREANA |
| 1072 | 781 | FAUSTO ISAAC | M | 46 | | 01:26:02 | 01:24:40 | AÇOREANA |
| 1073 | 1168 | AMANDIO BUSCA | M | 48 | | 01:26:03 | 01:25:30 | INDIVIDUAL |
| 1074 | 1603 | MARIA SEBASTIÃO | F | 25 | | 01:26:04 | 01:25:32 | INDIVIDUAL |
| 1075 | 1007 | MARCO P A R GONÇALVES | M | 42 | | 01:26:08 | 01:24:59 | INDIVIDUAL |
| 1076 | 862 | ROGÉRIO FERREIRA | M | 43 | | 01:26:09 | 01:25:04 | INDIVIDUAL |
| 1077 | 1098 | JOÃO VALÉRIO | M | 44 | | 01:26:10 | 01:25:28 | URBAIN TRAIL SAMORA CORREIA |
| 1078 | 1227 | JOAO FONTES | M | 38 | | 01:26:13 | 01:25:09 | SS CGD |
| 1079 | 1222 | FRANCISCO CLERIGO | M | 62 | | 01:26:14 | 01:25:13 | SS CGD |
| 1080 | 933 | JORGE MONTEIRO | M | 48 | | 01:26:16 | 01:25:14 | CLUBE NOVO BANCO |
| 1081 | 791 | JOANA RUIVO | F | 33 | | 01:26:16 | 01:25:19 | INDIVIDUAL |
| 1082 | 412 | JOSÉ RUIVO | M | 65 | | 01:26:17 | 01:25:20 | ARANAV |
| 1083 | 108 | SOFIA ALMEIDA | F | 25 | | 01:26:17 | 01:26:13 | INDIVIDUAL |
| 1084 | 614 | CLAUDIA L FERREIRA | F | 49 | | 01:26:19 | 01:26:02 | INDIVIDUAL |
| 1085 | 1335 | CARLOS VIDAIS | M | 42 | | 01:26:20 | 01:25:32 | ATLÉTICO VIA RARA |
| 1086 | 1507 | RICARDO AGUIAR | M | 53 | | 01:26:22 | 01:24:52 | INDIVIDUAL |
| 1087 | 1797 | MANUEL PACHECO | M | 34 | | 01:26:23 | 01:25:07 | |
| 1088 | 834 | PAULO GORDINHO | M | 41 | | 01:26:25 | 01:25:59 | CAMARA L CLUBE |
| 1089 | 481 | VASCO FRIJA | M | 18 | | 01:26:25 | 01:25:36 | AQUATEAM |
| 1090 | 923 | CUSTÓDIO QUIBINA | M | 30 | | 01:26:26 | 01:25:24 | SC CASAINHOS |
| 1091 | 365 | SÓNIA C MOR | F | 35 | | 01:26:32 | 01:26:12 | CORRER LISBOA |
| 1092 | 340 | FRANCISCO VITORINO | M | 65 | | 01:26:36 | 01:25:32 | INDIVIDUAL |

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|---------------------|----|-----|-----|----------|------------|------------------------------|
| 1093 | 893 | ANTONIO G FERREIRA | M | 59 | | 01:26:43 | 01:25:24 | C FERROV PORTUGAL |
| 1094 | 428 | JORGE PINTO | M | 45 | | 01:26:44 | 01:26:43 | CLUBE ROBBIALAC |
| 1095 | 1614 | SONIA REI | F | 37 | | 01:26:44 | 01:26:00 | EQUIPA GYDRUN AZAMBUJA |
| 1096 | 444 | Mª JOÃO CORREIA | F | 43 | | 01:26:44 | 01:26:00 | GYDARUN |
| 1097 | 525 | RICARDO MENDES | M | 43 | | 01:26:45 | 01:26:21 | C MILLENNIUM BCP |
| 1098 | 1372 | CARLA P FERNANDES | F | 39 | | 01:26:45 | 01:26:29 | CORRER LISBOA |
| 1099 | 1580 | MARCOS PINTO | M | 36 | | 01:26:46 | 01:26:20 | C FERROV PORTUGAL |
| 1100 | 1509 | ROGÉRIO BREIA | M | 27 | | 01:26:47 | 01:26:31 | CORRER LISBOA |
| 1101 | 1476 | HENRIQUE FERREIRA | M | 44 | | 01:26:50 | 01:26:38 | URD ARRANHÒ |
| 1102 | 1294 | JOSÉ GOUVEIA | M | 49 | | 01:26:50 | 01:26:07 | ASAS NOS PÉS |
| 1103 | 632 | GUILHERME BORBA | M | 43 | | 01:26:51 | 01:25:52 | INDIVIDUAL |
| 1104 | 260 | JORGE SILVA | M | 38 | | 01:26:54 | 01:25:59 | EQUIPA A PENSAR NA SOPA |
| 1105 | 245 | MIGUEL A C RIBAS | M | 46 | | 01:26:55 | 01:26:17 | INDIVIDUAL |
| 1106 | 536 | JORGE SOARES | M | 50 | | 01:26:56 | 01:25:31 | C MILLENNIUM BCP |
| 1107 | 581 | PEDRO LOPES | M | 38 | | 01:26:56 | 01:25:27 | INDIVIDUAL |
| 1108 | 1759 | PAULA GONÇALVES | F | 40 | | 01:26:58 | 01:25:55 | SS CGD |
| 1109 | 1758 | NUNO COSTA | M | 41 | | 01:26:59 | 01:26:46 | SS CGD |
| 1110 | 799 | FERNANDO J MATIAS | M | 59 | | 01:27:01 | 01:26:30 | C COLAB AXA |
| 1111 | 556 | NUNO ALMEIDA | M | 38 | | 01:27:01 | 01:25:58 | COALA |
| 1112 | 288 | VASCO ALPALHÃO | M | 46 | | 01:27:02 | 01:25:30 | ALPALHÃO |
| 1113 | 1644 | SANDRA FREITAS | F | 40 | | 01:27:02 | 01:26:59 | CCD TRANQUILIDADE |
| 1114 | 468 | SARA COLAÇO | F | 41 | | 01:27:02 | 01:26:43 | CA AMIGOS PARQUE PAZ |
| 1115 | 387 | FRANCISCO LINHOL | M | 61 | | 01:27:03 | 01:25:58 | INDIVIDUAL |
| 1116 | 1143 | FERNANDO PALMA | M | 40 | | 01:27:04 | 01:25:55 | SS MONTEPIO GERAL |
| 1117 | 1197 | ANA C PINHEIRO | F | 35 | | 01:27:06 | 01:25:54 | INDIVIDUAL |
| 1118 | 104 | RUI ALMEIDA | M | 39 | | 01:27:07 | 01:26:36 | RF RIBEIRINHA POVOA STA IRIA |
| 1119 | 810 | JOSE ANDRE | M | 60 | | 01:27:10 | 01:26:56 | APOGMA |
| 1120 | 814 | HELDER GANDARINHO | M | 47 | | 01:27:10 | 01:26:56 | APOGMA |
| 1121 | 596 | FILIPE FERREIRA | M | 29 | | 01:27:10 | 01:26:08 | INDIVIDUAL |
| 1122 | 842 | RODRIGO CARVALHO | M | 51 | | 01:27:11 | 01:26:39 | INDIVIDUAL |
| 1123 | 760 | SILVINA GAMEIRO | F | 48 | | 01:27:13 | 01:26:55 | INDIVIDUAL |
| 1124 | 239 | JOSE S M VERMELHUDO | M | 56 | | 01:27:17 | 01:26:03 | AERO RUNNERS |
| 1125 | 380 | HUGO XAVIER | M | 38 | | 01:27:21 | 01:27:02 | INDIVIDUAL |
| 1126 | 654 | MANUEL ROCHA | M | 62 | | 01:27:24 | 01:26:44 | INDIVIDUAL |
| 1127 | 1041 | LUIS GRAVE | M | 58 | | 01:27:25 | 01:27:20 | OS ZATOPEQUES |
| 1128 | 1153 | RITA GONÇALVES | M | 40 | | 01:27:30 | 01:26:20 | SS MONTEPIO GERAL |
| 1129 | 55 | FILIPA VICENTE | F | 32 | | 01:27:31 | 01:26:39 | INDIVIDUAL |
| 1130 | 93 | JOÃO TELES | M | 33 | | 01:27:31 | 01:26:55 | INDIVIDUAL |
| 1131 | 645 | ANN MACPHERSON | F | 37 | | 01:27:32 | 01:26:32 | EMSA TEAM |

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|-------------------|----|-----|-----|----------|------------|------------------------------|
| 1132 | 1198 | ANTÓNIO M S MURTA | M | 56 | | 01:27:33 | 01:26:13 | INDIVIDUAL |
| 1133 | 292 | ANDRÉ SALVADO | M | 41 | | 01:27:40 | 01:26:00 | INDIVIDUAL |
| 1134 | 656 | PEDRO M P SANTOS | M | 38 | | 01:27:41 | 01:26:40 | ALVERCA URBAN RUNNERS |
| 1135 | 502 | CARLA M P SILVA | F | 43 | | 01:27:41 | 01:26:59 | GYDARUN |
| 1136 | 26 | CARLOS LAVRADOR | M | 50 | | 01:27:43 | 01:27:06 | RUN 4 FUN |
| 1137 | 41 | PEDRO ALMEIDA | M | 57 | | 01:27:45 | 01:27:05 | LOBIFANCA |
| 1138 | 1638 | JOSÉ CATITA | M | 57 | | 01:27:51 | 01:26:30 | GARMIN/ CO OEIRAS |
| 1139 | 1787 | JOANA ALBUQUERQUE | F | 42 | | 01:27:53 | 01:26:22 | EQ HOLMES PLACE |
| 1140 | 1722 | JOAO FREITAS | M | 49 | | 01:27:55 | 01:27:54 | PAPAVERONNOIR |
| 1141 | 137 | JOAQUIM VENÂNCIO | M | 60 | | 01:27:59 | 01:27:17 | CLUBE OGMA |
| 1142 | 136 | JOÃO SIMÕES | M | 52 | | 01:28:00 | 01:27:19 | CLUBE OGMA |
| 1143 | 1336 | JOSÉ CORREIA | M | 58 | | 01:28:00 | 01:27:13 | ATLÉTICO VIA RARA |
| 1144 | 619 | DAMIÃO REGA | M | 54 | | 01:28:01 | 01:27:19 | INDIVIDUAL |
| 1145 | 1508 | RUTE MENDES | F | 49 | | 01:28:02 | 01:28:02 | INDIVIDUAL |
| 1146 | 1334 | CARLOS CORREIA | M | 50 | | 01:28:02 | 01:27:16 | ATLÉTICO VIA RARA |
| 1147 | 78 | JOÃO C SEQUEIRA | M | 44 | | 01:28:03 | 01:27:10 | INDIVIDUAL |
| 1148 | 1685 | GABRIEL MATEUS | M | 37 | | 01:28:06 | 01:27:58 | PSP |
| 1149 | 321 | JOÃO P ALMEIDA | M | 48 | | 01:28:07 | 01:27:59 | KANINOS |
| 1150 | 1466 | GORETI FERNANDES | F | 52 | | 01:28:08 | 01:27:10 | CLUBE CIMPOR |
| 1151 | 163 | CARINA ALMEIDA | F | 37 | | 01:28:11 | 01:27:56 | RF RIBEIRINHA POVOA STA IRIA |
| 1152 | 382 | LUIS DUARTE | M | 41 | | 01:28:11 | 01:27:32 | RF RIBEIRINHA POVOA STA IRIA |
| 1153 | 1511 | LUIS LOURENCO | M | 29 | | 01:28:13 | 01:27:30 | INDIVIDUAL |
| 1154 | 721 | JOÃO OLIVAL | M | 47 | | 01:28:14 | 01:27:20 | INDIVIDUAL |
| 1155 | 1290 | PAULO LIBÂNIO | M | 41 | | 01:28:19 | 01:28:19 | ASAS NOS PÉS |
| 1156 | 538 | HELDER LOURENÇO | M | 44 | | 01:28:20 | 01:27:21 | ALVERCA URBAN RUNNERS |
| 1157 | 1354 | MAURO SILVA | M | 37 | | 01:28:23 | 01:27:29 | INDIVIDUAL |
| 1158 | 381 | BRUNO GONÇALVES | M | 37 | | 01:28:28 | 01:28:07 | INDIVIDUAL |
| 1159 | 1073 | NUNO PEREIRA | M | 44 | | 01:28:28 | 01:28:27 | SC CASINHOS |
| 1160 | 1047 | BRUNO M R BATISTA | M | 44 | | 01:28:29 | 01:27:05 | INDIVIDUAL |
| 1161 | 1167 | LUIS GARÇÃO | M | 48 | | 01:28:29 | 01:27:56 | INDIVIDUAL |
| 1162 | 879 | ISABEL MARTINS | F | 46 | | 01:28:31 | 01:28:30 | INDIVIDUAL |
| 1163 | 191 | PEDRO PINEL | M | 46 | | 01:28:32 | 01:27:40 | NAV RUNNERS |
| 1164 | 326 | FRANCISCO DIAS | M | 46 | | 01:28:32 | 01:27:11 | INDIVIDUAL |
| 1165 | 753 | RUI XAVIER | M | 49 | | 01:28:33 | 01:28:30 | CP EDP LISBOA |
| 1166 | 192 | JOSE MACHADO | M | 50 | | 01:28:33 | 01:27:39 | NAV RUNNERS |
| 1167 | 1050 | HELENA QUENTAL | F | 46 | | 01:28:34 | 01:27:01 | INDIVIDUAL |
| 1168 | 386 | MARCO RODRIGUES | M | 41 | | 01:28:35 | 01:28:01 | INDIVIDUAL |
| 1169 | 1792 | JOAQUIM CASQUINHA | M | 51 | | 01:28:42 | 01:27:46 | |
| 1170 | 145 | PEDRO MACHADO | M | 40 | | 01:28:45 | 01:27:32 | INDIVIDUAL |

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Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|----------------------|----|-----|-----|----------|------------|----------------------------|
| 1171 | 703 | CARLOS FERREIRA | M | 59 | | 01:28:50 | 01:28:33 | ND AUTOCOOPE |
| 1172 | 1362 | LUIS CATITA | M | 57 | | 01:28:51 | 01:27:58 | INDIVIDUAL |
| 1173 | 595 | CESAR D D SILVESTRE | M | 39 | | 01:28:52 | 01:27:23 | INDIVIDUAL |
| 1174 | 1107 | JOAO FERREIRA | M | 56 | | 01:28:53 | 01:28:02 | CORRER LISBOA |
| 1175 | 469 | RUBEM SOUSA | M | 22 | | 01:28:54 | 01:28:45 | ZAPOTEQUES SABORES DO PAÇO |
| 1176 | 665 | SÉRGIO ANTUNES | M | 40 | | 01:28:58 | 01:28:01 | QUEIMA BORRACHA |
| 1177 | 664 | ELISABETE VINAGRE | F | 30 | | 01:28:58 | 01:28:02 | QUEIMA BORRACHA |
| 1178 | 351 | JOSÉ RODRIGUES | M | 62 | | 01:29:00 | 01:28:52 | UDCA |
| 1179 | 419 | NUNO PINHEIRO | M | 28 | | 01:29:00 | 01:28:02 | INDIVIDUAL |
| 1180 | 459 | JOSÉ BAIXINHO | M | 58 | | 01:29:00 | 01:27:46 | SANTIAGO FC |
| 1181 | 1736 | ALICE VILAÇA | F | 37 | | 01:29:02 | 01:27:54 | INDIVIDUAL |
| 1182 | 1552 | PEDRO RIBEIRO | M | 47 | | 01:29:03 | 01:27:56 | CP RTP |
| 1183 | 1551 | PEDRO MARTINS | M | 45 | | 01:29:04 | 01:27:57 | CP RTP |
| 1184 | 863 | FERNANDO CASTANHEIRA | M | 65 | | 01:29:07 | 01:27:43 | CORR RESINEIROS DE CORGAS |
| 1185 | 969 | JOÃO P FERREIRA | M | 37 | | 01:29:07 | 01:28:07 | ORTOBEST RUNNING TEAM |
| 1186 | 460 | JUDITE BAIXINHO | F | 29 | | 01:29:08 | 01:27:55 | SANTIAGO FC |
| 1187 | 1655 | JOAQUIM VALADARES | M | 53 | | 01:29:09 | 01:28:29 | VALADARES |
| 1188 | 725 | PEDRO GONÇALVES | M | 42 | | 01:29:11 | 01:28:21 | TURBOLENTOS |
| 1189 | 1178 | SILVERIO BRAS | M | 56 | | 01:29:14 | 01:27:54 | INDIVIDUAL |
| 1190 | 451 | SÉRGIO ANTUNES | M | 48 | | 01:29:14 | 01:29:04 | CLUBE ANACOM |
| 1191 | 1401 | SÉRGIO TAVARES | M | 33 | | 01:29:15 | 01:28:59 | CCD CA MÚTUO |
| 1192 | 1612 | RUI PEDRO | M | 34 | | 01:29:18 | 01:27:57 | OS PERIGOSOS |
| 1193 | 1124 | PEDRO FERNANDES | M | 50 | | 01:29:20 | 01:28:21 | CLUBE TAP PORTUGAL |
| 1194 | 1241 | PAULO BILAO | M | 45 | | 01:29:21 | 01:28:19 | SS CGD |
| 1195 | 1497 | RICARDO SIMOES | M | 46 | | 01:29:24 | 01:28:08 | RUNNING OF Dª MARIA |
| 1196 | 1570 | CARINA MARTINS | F | 27 | | 01:29:24 | 01:29:00 | ABC CAMPOLIDE |
| 1197 | 1752 | MANUEL FONSECA | M | 52 | | 01:29:24 | 01:29:24 | ABC CAMPOLIDE |
| 1198 | 1569 | SUSANA MARTINS | F | 26 | | 01:29:24 | 01:28:59 | ABC CAMPOLIDE |
| 1199 | 957 | ANTÓNIO R SIETRA | M | 44 | | 01:29:26 | 01:28:30 | CLUBE VODAFONE |
| 1200 | 28 | JORGE RODRIGUES | M | 47 | | 01:29:30 | 01:28:12 | INDIVIDUAL |
| 1201 | 25 | ANTÓNIO SILVA | M | 53 | | 01:29:30 | 01:28:12 | INDIVIDUAL |
| 1202 | 591 | OLEKSANDR PASTUKH | M | 40 | | 01:29:31 | 01:28:11 | OS PERIGOSOS |
| 1203 | 1613 | RUSLAN DUBOV | M | 38 | | 01:29:31 | 01:28:11 | OS PERIGOSOS |
| 1204 | 138 | CARLOS SEQUEIRA | M | 54 | | 01:29:31 | 01:28:48 | CLUBE OGMA |
| 1205 | 1078 | CONSTÂNCIO ALMEIDA | M | 56 | | 01:29:34 | 01:28:26 | GA MONSANTO/GASCAN |
| 1206 | 767 | LUIS FEIO | M | 55 | | 01:29:36 | 01:29:04 | INDIVIDUAL |
| 1207 | 1721 | PAULO BARRETO | M | 35 | | 01:29:37 | 01:28:36 | INDIVIDUAL |
| 1208 | 860 | TÂNIA VALENTIM | F | 33 | | 01:29:37 | 01:28:28 | CCD PM CASCAIS |
| 1209 | 1502 | ISABEL BUÉ | F | 34 | | 01:29:38 | 01:29:34 | BUÉ DA SERRAS |

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|--------------------|----|-----|-----|----------|------------|------------------------------|
| 1210 | 1269 | LUCIO SILVA | M | 49 | | 01:29:42 | 01:28:31 | GD SANTANDER TOTTA |
| 1211 | 1121 | LUIS FORTUNATO | M | 35 | | 01:29:43 | 01:29:42 | CLUBE TAP PORTUGAL |
| 1212 | 1136 | RUI M S R CARVALHO | M | 47 | | 01:29:45 | 01:29:34 | INDIVIDUAL |
| 1213 | 821 | PAULA SOARES | F | 42 | | 01:29:45 | 01:29:28 | RF RIBEIRINHA POVOA STA IRIA |
| 1214 | 1297 | CLÁUDIA VALENTIM | F | 29 | | 01:29:45 | 01:29:13 | INDIVIDUAL |
| 1215 | 554 | ANA SILVA | F | 35 | | 01:29:45 | 01:28:39 | INDIVIDUAL |
| 1216 | 663 | MÁRCIA FREIRE | F | 38 | | 01:29:47 | 01:28:53 | QUEIMA BORRACHA |
| 1217 | 1534 | JOÃO BORGES | M | 48 | | 01:29:49 | 01:28:33 | TEJAVISTA |
| 1218 | 899 | CARLA A LOPES | F | 43 | | 01:29:52 | 01:29:16 | GD INE |
| 1219 | 1607 | GONÇALO SEABRA | M | 38 | | 01:29:52 | 01:28:28 | OS ZATOPEQUES |
| 1220 | 1789 | HUGO BERTOLO | M | 41 | | 01:29:53 | 01:29:53 | |
| 1221 | 1417 | MOISÉS GARCIA | M | 36 | | 01:29:54 | 01:29:32 | INDIVIDUAL |
| 1222 | 262 | MARGARIDA SANTOS | F | 36 | | 01:29:54 | 01:28:59 | EQUIPA A PENSAR NA SOPA |
| 1223 | 33 | LUIS PROENÇA | M | 46 | | 01:29:56 | 01:29:22 | INDIVIDUAL |
| 1224 | 1742 | MIGUEL FONSECA | M | 36 | | 01:29:58 | 01:29:06 | INDIVIDUAL |
| 1225 | 678 | FILIPPE JUNQUEIRA | M | 34 | | 01:29:58 | 01:29:08 | INDIVIDUAL |
| 1226 | 330 | ROGÉRIO DIAS | M | 35 | | 01:30:00 | 01:29:46 | INDIVIDUAL |
| 1227 | 1070 | ANA NUNES | F | 32 | | 01:30:01 | 01:29:17 | EQUIPA COELHOS DE CORRIDA |
| 1228 | 1069 | TIAGO ANTUNES | M | 34 | | 01:30:01 | 01:29:17 | EQUIPA COELHOS DE CORRIDA |
| 1229 | 833 | JOÃO FIGUEIREDO | M | 59 | | 01:30:02 | 01:29:39 | CAMARA L CLUBE |
| 1230 | 143 | NUNO CORDEIRO | M | 41 | | 01:30:05 | 01:29:25 | A MATA DE ESCAROUPIM |
| 1231 | 754 | DANIELA SANTOS | F | 41 | | 01:30:09 | 01:28:43 | INDIVIDUAL |
| 1232 | 187 | CARLA MARQUES | F | 43 | | 01:30:14 | 01:29:48 | SAPATISTAS |
| 1233 | 1077 | ANTÓNIO REYES | M | 61 | | 01:30:18 | 01:29:09 | GA MONSANTO/GASCAN |
| 1234 | 1707 | RUI ALEXANDRE | M | 24 | | 01:30:19 | 01:29:22 | CCD HOSPITAL VF XIRA |
| 1235 | 1538 | JOSE AZURARA | M | 57 | | 01:30:22 | 01:29:07 | TEJAVISTA |
| 1236 | 275 | MARCOS RATOLA | M | 36 | | 01:30:25 | 01:29:50 | CONTA GOTAS |
| 1237 | 1057 | NUNO GONÇALVES | M | 40 | | 01:30:31 | 01:28:59 | GDCT IN CASA DA MOEDA |
| 1238 | 1108 | RUI J B AMADOR | M | 41 | | 01:30:35 | 01:29:32 | INDIVIDUAL |
| 1239 | 941 | PAULO VERÍSSIMO | M | 48 | | 01:30:42 | 01:29:50 | CLUBE NOVO BANCO |
| 1240 | 1175 | NUNO J T SANTOS | M | 45 | | 01:30:45 | 01:29:34 | INDIVIDUAL |
| 1241 | 1134 | JOANA ALMEIDA | F | 35 | | 01:30:48 | 01:29:19 | INDIVIDUAL |
| 1242 | 1133 | ALEXANDRE MARTINS | M | 34 | | 01:30:50 | 01:29:21 | INDIVIDUAL |
| 1243 | 1049 | ANTÓNIO ALMEIDA | M | 50 | | 01:30:57 | 01:29:44 | INDIVIDUAL |
| 1244 | 45 | SANDRA MARQUES | F | 33 | | 01:31:00 | 01:30:11 | OS CONTA-KILÓMETROS |
| 1245 | 140 | RICARDO J L MATOS | M | 44 | | 01:31:01 | 01:30:03 | ALVERCA URBAN RUNNERS |
| 1246 | 486 | NUNO SANTOS | M | 39 | | 01:31:03 | 01:29:41 | CONDONES |
| 1247 | 1518 | DAVID BARBOTIN | M | 31 | | 01:31:08 | 01:29:46 | TOKANDAR |
| 1248 | 1517 | MARÍLIA RIBEIRO | F | 32 | | 01:31:09 | 01:29:47 | TOKANDAR |

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|-------------------|----|-----|-----|----------|------------|-----------------------|
| 1249 | 1286 | PATRÍCIA ALVES | F | 34 | | 01:31:13 | 01:30:44 | INDIVIDUAL |
| 1250 | 1194 | JOSÉ VERAS | M | 55 | | 01:31:13 | 01:30:43 | ALDIPONTENSES |
| 1251 | 1533 | JOÃO P CAROÇO | M | 59 | | 01:31:14 | 01:30:00 | TEJAVISTA |
| 1252 | 558 | GASPAR LANEIRO | M | 56 | | 01:31:17 | 01:31:09 | VETERANOS DE MASSAMÁ |
| 1253 | 423 | JAIME VEIGA | M | 52 | | 01:31:17 | 01:30:15 | EMSA TEAM |
| 1254 | 1219 | ESMERALDO PEREIRA | M | 69 | | 01:31:18 | 01:30:13 | SS CGD |
| 1255 | 1740 | MARIO PATACAS | M | 44 | | 01:31:19 | 01:30:58 | INDIVIDUAL |
| 1256 | 1458 | DEOLINDA URBANO | F | 60 | | 01:31:19 | 01:31:13 | UA POVOENSE |
| 1257 | 1741 | MARGARIDA SILVA | F | 31 | | 01:31:20 | 01:30:25 | INDIVIDUAL |
| 1258 | 653 | SUSANA BARREIROS | F | 31 | | 01:31:21 | 01:30:40 | INDIVIDUAL |
| 1259 | 424 | RAÚL COSTA | M | 55 | | 01:31:27 | 01:31:24 | CLUBE ROBBIALAC |
| 1260 | 858 | RUI SYMANIC | M | 36 | | 01:31:33 | 01:30:21 | CCD PM CASCAIS |
| 1261 | 1645 | HUGO GASPAR | M | 40 | | 01:31:41 | 01:31:38 | CCD TRANQUILIDADE |
| 1262 | 1525 | RICARDO NEVES | M | 38 | | 01:31:42 | 01:30:40 | INDIVIDUAL |
| 1263 | 462 | TELMA MOREIRA | F | 30 | | 01:31:42 | 01:30:51 | INDIVIDUAL |
| 1264 | 972 | SOFIA COMPLETO | F | 43 | | 01:31:43 | 01:30:54 | OS CONTA-KILÓMETROS |
| 1265 | 1012 | RUI BELO | M | 30 | | 01:31:45 | 01:30:57 | INDIVIDUAL |
| 1266 | 1013 | MIGUEL LINO | M | 28 | | 01:31:45 | 01:30:58 | INDIVIDUAL |
| 1267 | 598 | LUIS GONÇALVES | M | 39 | | 01:31:45 | 01:31:05 | BEER RUNNERS |
| 1268 | 1279 | TERESA SEPULVEDA | F | 35 | | 01:31:55 | 01:31:26 | GARMIN/ CO OEIRAS |
| 1269 | 1763 | JOAO CRAVO | M | 27 | | 01:32:04 | 01:31:08 | INDIVIDUAL |
| 1270 | 1746 | CARLOS ALVES | M | 32 | | 01:32:07 | 01:32:07 | INDIVIDUAL |
| 1271 | 512 | EDUARDO PINTO | M | 48 | | 01:32:16 | 01:31:59 | C MILLENNIUM BCP |
| 1272 | 928 | FELICINA FERREIRA | F | 50 | | 01:32:21 | 01:31:48 | CLUBE NOVO BANCO |
| 1273 | 1201 | RUI CABAÇO | M | 45 | | 01:32:23 | 01:31:03 | OS BRAVOS |
| 1274 | 377 | RODRIGO OLIVEIRA | M | 38 | | 01:32:24 | 01:31:04 | FC ESTRELAS LISBOA |
| 1275 | 1200 | Mª JOAO CABAÇO | F | 44 | | 01:32:24 | 01:31:04 | OS BRAVOS |
| 1276 | 376 | PAULA LEITÃO | F | 36 | | 01:32:24 | 01:31:02 | FC ESTRELAS LISBOA |
| 1277 | 769 | HELENA SANTOS | F | 53 | | 01:32:30 | 01:32:20 | AÇOREANA |
| 1278 | 557 | MANUEL AZEVEDO | M | 59 | | 01:32:31 | 01:32:21 | VETERANOS DE MASSAMÁ |
| 1279 | 368 | LUIS MARTINS | M | 60 | | 01:32:32 | 01:31:40 | NAV RUNNERS |
| 1280 | 1169 | PEDRO CARVALHO | M | 43 | | 01:32:32 | 01:31:58 | INDIVIDUAL |
| 1281 | 768 | ANTÓNIO JORGE | M | 61 | | 01:32:32 | 01:32:22 | AÇOREANA |
| 1282 | 1225 | JAQUELINA VIEIRA | F | 40 | | 01:32:33 | 01:32:02 | SS CGD |
| 1283 | 719 | MARTA BERNEAUD | F | 34 | | 01:32:33 | 01:31:33 | ORTOBEST RUNNING TEAM |
| 1284 | 323 | PAULO PEREIRA | M | 38 | | 01:32:37 | 01:31:12 | ADCR PJ |
| 1285 | 975 | RUI NETO | M | 27 | | 01:32:40 | 01:31:36 | PROJOELHO |
| 1286 | 795 | ANA P MATIAS | F | 50 | | 01:32:42 | 01:31:45 | C COLAB AXA |
| 1287 | 1650 | MIGUEL RIBEIRO | M | 41 | | 01:32:45 | 01:32:06 | INDIVIDUAL |

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Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|-----------------------|----|-----|-----|----------|------------|-----------------------|
| 1288 | 1587 | CARLOS A P CORDEIRO | M | 59 | | 01:32:48 | 01:31:50 | CCD HOSPITAL VF XIRA |
| 1289 | 1794 | ATLETA NÃO CADASTRADO | M | 0 | | 01:32:49 | 01:32:28 | |
| 1290 | 69 | ANA M MARTINS | F | 48 | | 01:32:50 | 01:32:02 | FALCOES SELVAGENS |
| 1291 | 70 | LUIS REIS | M | 53 | | 01:32:50 | 01:32:01 | FALCOES SELVAGENS |
| 1292 | 1671 | JULIA ROCHA | F | 44 | | 01:32:54 | 01:32:07 | FALCOES SELVAGENS |
| 1293 | 561 | HÉLIA C M MACHADO | F | 29 | | 01:32:58 | 01:32:45 | INDIVIDUAL |
| 1294 | 277 | CLAUDIA OLIVEIRA | F | 32 | | 01:32:59 | 01:32:34 | CCD-AT |
| 1295 | 1751 | BELMIRO AGUIAR | M | 52 | | 01:33:01 | 01:31:45 | ABC CAMPOLIDE |
| 1296 | 1495 | JORGE FERREIRA | M | 50 | | 01:33:07 | 01:31:50 | RUNNING OF Dª MARIA |
| 1297 | 683 | PAULO SANTOS | M | 41 | | 01:33:08 | 01:32:28 | INDIVIDUAL |
| 1298 | 1550 | INÊS A V PAIS | F | 35 | | 01:33:08 | 01:32:15 | MOVET |
| 1299 | 535 | ABEL LOURO | M | 58 | | 01:33:09 | 01:32:46 | C MILLENNIUM BCP |
| 1300 | 1326 | RICARDO PEREIRA | M | 35 | | 01:33:11 | 01:31:48 | INDIVIDUAL |
| 1301 | 1323 | LUCINDA TAVARES | F | 39 | | 01:33:13 | 01:32:36 | CA PATAMEIRAS |
| 1302 | 515 | TELMA MIRANDA | F | 36 | | 01:33:14 | 01:32:39 | C MILLENNIUM BCP |
| 1303 | 1214 | CRISTIANA ALMEIDA | F | 51 | | 01:33:15 | 01:32:12 | SS CGD |
| 1304 | 456 | ISAAC CARRÊLO | M | 55 | | 01:33:15 | 01:33:05 | CLUBE ANACOM |
| 1305 | 1213 | ANDRE NORONHA | M | 51 | | 01:33:16 | 01:32:13 | SS CGD |
| 1306 | 258 | SANDRA BATISTA | F | 43 | | 01:33:18 | 01:32:55 | INDIVIDUAL |
| 1307 | 1277 | NUNO SILVA | M | 33 | | 01:33:20 | 01:32:50 | GARMIN/ CO OEIRAS |
| 1308 | 1292 | PATRICIA SANTOS | F | 31 | | 01:33:24 | 01:32:43 | ASAS NOS PÉS |
| 1309 | 1141 | BRUNO CATARINO | M | 37 | | 01:33:28 | 01:32:17 | SS MONTEPIO GERAL |
| 1310 | 1618 | ANTÓNIO PEREIRA | M | 74 | | 01:33:29 | 01:33:09 | GDC Banco de Portugal |
| 1311 | 100 | SERGIO SUSANO | M | 24 | | 01:33:31 | 01:32:02 | INDIVIDUAL |
| 1312 | 30 | EDUARDO AMORIM | M | 44 | | 01:33:35 | 01:32:17 | INDIVIDUAL |
| 1313 | 587 | CARLOS LUIS | M | 52 | | 01:33:36 | 01:32:59 | INDIVIDUAL |
| 1314 | 588 | FERNANDO MONTEIRO | M | 45 | | 01:33:36 | 01:32:59 | INDIVIDUAL |
| 1315 | 139 | VANDA PEREIRA | F | 39 | | 01:33:37 | 01:32:08 | INDIVIDUAL |
| 1316 | 952 | MANUEL VAZQUEZ | M | 60 | | 01:33:38 | 01:33:15 | LOS PEREGRINOS |
| 1317 | 1615 | ELIA GRANJA | F | 43 | | 01:33:39 | 01:32:33 | INDIVIDUAL |
| 1318 | 1616 | RENATO FARIA | M | 38 | | 01:33:39 | 01:32:32 | INDIVIDUAL |
| 1319 | 44 | LUÍS TRIGO | M | 35 | | 01:33:43 | 01:32:54 | OS CONTA-KILÓMETROS |
| 1320 | 1668 | SÓNIA MARQUES | F | 35 | | 01:33:44 | 01:32:27 | INDIVIDUAL |
| 1321 | 476 | TIAGO CASTRO | M | 23 | | 01:33:45 | 01:32:41 | INDIVIDUAL |
| 1322 | 478 | ANA CARRASCO | F | 26 | | 01:33:46 | 01:32:41 | INDIVIDUAL |
| 1323 | 148 | ANTONIO CID | M | 31 | | 01:33:47 | 01:33:36 | LE CLUB RUNNERS |
| 1324 | 981 | ALEXANDRE MAURICIO | M | 43 | | 01:33:51 | 01:33:22 | INDIVIDUAL |
| 1325 | 99 | FERNANDO SUSANO | M | 48 | | 01:33:51 | 01:32:23 | INDIVIDUAL |
| 1326 | 98 | AMADEU CARVALHO | M | 48 | | 01:33:52 | 01:32:23 | INDIVIDUAL |

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|--------------------|----|-----|-----|----------|------------|-------------------------|
| 1327 | 976 | MIGUEL LUCAS | M | 27 | | 01:33:53 | 01:32:48 | PROJOELHO |
| 1328 | 951 | JOÃO DIAS | M | 61 | | 01:33:53 | 01:33:29 | LOS PEREGRINOS |
| 1329 | 599 | MIGUEL VASCONCELOS | M | 45 | | 01:33:53 | 01:33:30 | INDIVIDUAL |
| 1330 | 1487 | JOSÉ OLIVEIRA | M | 48 | | 01:33:57 | 01:33:12 | INDIVIDUAL |
| 1331 | 68 | GISELA PADRE | F | 41 | | 01:33:58 | 01:32:43 | INDIVIDUAL |
| 1332 | 1560 | MIRIAM VISTAS | F | 34 | | 01:34:01 | 01:33:08 | MOVET |
| 1333 | 497 | ACÁCIO GAMBOA | M | 45 | | 01:34:12 | 01:33:07 | INDIVIDUAL |
| 1334 | 541 | CARLOS FERREIRA | M | 41 | | 01:34:12 | 01:33:07 | HL&CF RUNNER LOVERS |
| 1335 | 82 | HUGO M F HENRIQUES | M | 39 | | 01:34:12 | 01:33:05 | INDIVIDUAL |
| 1336 | 838 | ANABELA M VIA | F | 47 | | 01:34:17 | 01:33:52 | CAMARA L CLUBE |
| 1337 | 1732 | CARLA PEREIRA | F | 43 | | 01:34:17 | 01:33:17 | INDIVIDUAL |
| 1338 | 961 | REBECA SANTOS | F | 23 | | 01:34:18 | 01:33:15 | CLUBE VODAFONE |
| 1339 | 847 | ANTÓNIO BUGALHO | M | 41 | | 01:34:19 | 01:33:09 | CCD PM CASCAIS |
| 1340 | 1457 | HELENA PEREIRA | F | 39 | | 01:34:24 | 01:34:01 | INDIVIDUAL |
| 1341 | 844 | ANDRÉ F E CANITO | M | 26 | | 01:34:26 | 01:33:11 | INDIVIDUAL |
| 1342 | 1027 | LURDES ANTÓNIO | F | 46 | | 01:34:31 | 01:34:04 | LINK |
| 1343 | 1026 | LUIS OCHÔA | M | 42 | | 01:34:32 | 01:33:53 | LINK |
| 1344 | 1381 | ANABELA PEREIRA | F | 42 | | 01:34:35 | 01:33:22 | AMIGOS DA FLOR |
| 1345 | 837 | CARLOS FERREIRA | M | 51 | | 01:34:38 | 01:34:13 | CAMARA L CLUBE |
| 1346 | 261 | CLAUDIA SANTOS | F | 37 | | 01:34:46 | 01:33:51 | EQUIPA A PENSAR NA SOPA |
| 1347 | 724 | TERESA F SANTOS | F | 41 | | 01:34:47 | 01:33:56 | TURBOLENTOS |
| 1348 | 1433 | JOÃO PARDAL | M | 36 | | 01:34:48 | 01:33:47 | INDIVIDUAL |
| 1349 | 197 | MAYER RAPOSO | M | 68 | | 01:34:54 | 01:34:45 | AA LEBRES SADO |
| 1350 | 839 | MARTINHO ROQUE | M | 47 | | 01:34:55 | 01:33:46 | INDIVIDUAL |
| 1351 | 620 | CARMINDA PIRES | F | 53 | | 01:34:56 | 01:34:16 | INDIVIDUAL |
| 1352 | 1483 | RUI GONÇALVES | M | 49 | | 01:34:58 | 01:34:23 | ASC VALE GRANDE |
| 1353 | 1465 | JOÃO FERREIRA | M | 43 | | 01:35:02 | 01:34:01 | CLUBE CIMPOR |
| 1354 | 1541 | CARLOS CUNHA | M | 28 | | 01:35:04 | 01:35:04 | INDIVIDUAL |
| 1355 | 865 | NUNO VALENTE | M | 32 | | 01:35:08 | 01:34:09 | INDIVIDUAL |
| 1356 | 866 | PEDRO VALENTE | M | 38 | | 01:35:08 | 01:34:08 | INDIVIDUAL |
| 1357 | 87 | RAQUEL D M DUQUE | F | 29 | | 01:35:12 | 01:34:50 | INDIVIDUAL |
| 1358 | 186 | ALZIRA PEREIRA | F | 49 | | 01:35:15 | 01:34:49 | SAPATISTAS |
| 1359 | 496 | INÊS BRANCO | F | 39 | | 01:35:16 | 01:34:13 | INDIVIDUAL |
| 1360 | 977 | JOANA DIAS | F | 28 | | 01:35:18 | 01:34:15 | PROJOELHO |
| 1361 | 1084 | JOÃO FERNANDES | M | 31 | | 01:35:19 | 01:34:31 | INDIVIDUAL |
| 1362 | 1131 | MARISA MARRUZ | F | 29 | | 01:35:19 | 01:34:31 | GYDARUN |
| 1363 | 876 | FRANCISCO PRATES | M | 68 | | 01:35:21 | 01:34:39 | AA LEBRES SADO |
| 1364 | 1478 | GABRIEL ANTONIO | M | 52 | | 01:35:24 | 01:34:11 | URD ARRANHÔ |
| 1365 | 636 | VITOR GONÇALVES | M | 46 | | 01:35:27 | 01:34:13 | 4 AO KM |

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|---------------------|----|-----|-----|----------|------------|----------------------------|
| 1366 | 635 | ISADORA COSTA | F | 28 | | 01:35:28 | 01:34:14 | 4 AO KM |
| 1367 | 1601 | JOSE PALHA | M | 39 | | 01:35:29 | 01:34:27 | INDIVIDUAL |
| 1368 | 470 | IVAN OLIVEIRA | M | 19 | | 01:35:30 | 01:35:21 | ZAPOTEQUES SABORES DO PAÇO |
| 1369 | 457 | FERNANDO VARELA | M | 41 | | 01:35:34 | 01:35:23 | CLUBE ANACOM |
| 1370 | 1015 | SÉRGIO N P VIÇOSO | M | 34 | | 01:35:39 | 01:34:39 | ALHANDRA RIO - CONDOMÍNIO |
| 1371 | 816 | JORGE H PEREIRA | M | 52 | | 01:35:43 | 01:34:17 | INDIVIDUAL |
| 1372 | 1529 | DANIELA MOURA | F | 55 | | 01:35:43 | 01:34:28 | TEJAVISTA |
| 1373 | 553 | JULIETA CALDARELLA | F | 42 | | 01:35:48 | 01:34:41 | INDIVIDUAL |
| 1374 | 1217 | CELINA COUTINHO | F | 45 | | 01:35:52 | 01:34:47 | SS CGD |
| 1375 | 1208 | ANA CALINAS | F | 43 | | 01:35:52 | 01:34:47 | SS CGD |
| 1376 | 94 | HUGO SANTOS | M | 38 | | 01:35:54 | 01:34:23 | INDIVIDUAL |
| 1377 | 1268 | PAULA FIGUEIREDO | M | 58 | | 01:35:55 | 01:34:43 | GD SANTANDER TOTTA |
| 1378 | 1011 | MARIA CONCEIÇÃO | F | 53 | | 01:35:55 | 01:35:25 | INDIVIDUAL |
| 1379 | 785 | ALBANO ALVES | M | 61 | | 01:35:57 | 01:35:42 | AÇOREANA |
| 1380 | 399 | JOSÉ A BARREIROS | M | 45 | | 01:35:58 | 01:34:59 | INDIVIDUAL |
| 1381 | 27 | CRISTINA LAVRADOR | F | 49 | | 01:36:01 | 01:35:24 | RUN 4 FUN |
| 1382 | 684 | ORLANDO RODRIGUES | M | 50 | | 01:36:04 | 01:35:21 | INDIVIDUAL |
| 1383 | 1240 | PATRICIA TAVARES | F | 36 | | 01:36:05 | 01:34:54 | SS CGD |
| 1384 | 1258 | SUSANA GUERREIRO | F | 39 | | 01:36:08 | 01:35:13 | GD SANTANDER TOTTA |
| 1385 | 692 | CARLA ANDRE | F | 38 | | 01:36:19 | 01:35:09 | AMINHACORRIDA / KALENJI |
| 1386 | 939 | PATRICIA SANTOS | F | 44 | | 01:36:19 | 01:35:08 | CLUBE NOVO BANCO |
| 1387 | 324 | SUSANA PEREIRA | F | 39 | | 01:36:22 | 01:34:55 | ADCR PJ |
| 1388 | 411 | ANÁLIA CLAUDINO | F | 32 | | 01:36:22 | 01:34:57 | INDIVIDUAL |
| 1389 | 1232 | LIDIA BILAO | F | 46 | | 01:36:34 | 01:35:31 | SS CGD |
| 1390 | 1680 | Mª CONCEICAO TOMAS | F | 46 | | 01:36:34 | 01:35:48 | ASAS NOS PÉS |
| 1391 | 353 | ALEXANDRA PIRES | F | 48 | | 01:36:37 | 01:35:40 | INDIVIDUAL |
| 1392 | 1674 | RAQUEL F MARTINS | F | 28 | | 01:36:40 | 01:36:36 | INDIVIDUAL |
| 1393 | 1100 | JORGE PIRES | M | 37 | | 01:36:40 | 01:35:56 | INDIVIDUAL |
| 1394 | 1716 | DANIELA CARVALHO | F | 39 | | 01:36:41 | 01:36:09 | UDRS GUERREIRO DO RIO |
| 1395 | 1384 | JOAQUIM FRAGOSO | M | 66 | | 01:36:42 | 01:35:36 | CCD CASA PIA |
| 1396 | 739 | ADRIANA PAIS | F | 31 | | 01:36:46 | 01:35:16 | INDIVIDUAL |
| 1397 | 505 | CLÁUDIO MILHEIRO | M | 39 | | 01:36:46 | 01:35:41 | INDIVIDUAL |
| 1398 | 298 | PAULO SERRA | M | 41 | | 01:36:49 | 01:35:37 | SERR AGOSTINHO DUARTE, LDA |
| 1399 | 295 | ELISABETE FERNANDES | F | 38 | | 01:36:49 | 01:35:34 | SERR AGOSTINHO DUARTE, LDA |
| 1400 | 153 | SANDRA RAIMUNDO | F | 35 | | 01:37:01 | 01:36:18 | JATAPANHO |
| 1401 | 1147 | LUIS FARINHA | M | 47 | | 01:37:03 | 01:36:21 | SS MONTEPIO GERAL |
| 1402 | 1377 | FRDERICO SOUSA | M | 52 | | 01:37:10 | 01:36:34 | LEBRES E TARTARUGAS |
| 1403 | 953 | RUI MELÃO | M | 51 | | 01:37:10 | 01:36:29 | INDIVIDUAL |
| 1404 | 1066 | CAROLINE BAKEROOT | F | 37 | | 01:37:21 | 01:36:13 | INDIVIDUAL |

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|---------------------|----|-----|-----|----------|------------|----------------------------|
| 1405 | 521 | JOAO GONÇALVES | M | 49 | | 01:37:21 | 01:36:10 | C MILLENNIUM BCP |
| 1406 | 520 | PEDRO MATIAS | M | 46 | | 01:37:21 | 01:36:08 | C MILLENNIUM BCP |
| 1407 | 1138 | JOSÉ LAMEGO | M | 64 | | 01:37:24 | 01:36:00 | AGUIAS DO CARTAXO |
| 1408 | 775 | JOÃO MELO | M | 29 | | 01:37:24 | 01:36:07 | AÇOREANA |
| 1409 | 1447 | IVO PEREIRA | M | 37 | | 01:37:25 | 01:37:01 | URBAN TRAIL SAMORA CORREIA |
| 1410 | 779 | CLAUDIA TAM | F | 34 | | 01:37:25 | 01:36:04 | AÇOREANA |
| 1411 | 513 | RODOLFO LIMA | M | 48 | | 01:37:28 | 01:37:20 | C MILLENNIUM BCP |
| 1412 | 874 | NUNO JESUS | M | 38 | | 01:37:28 | 01:36:38 | NJEP |
| 1413 | 873 | ELISABETE PINHEL | F | 42 | | 01:37:28 | 01:36:38 | NJEP |
| 1414 | 406 | EBERHARD A WILHELM | M | 68 | | 01:37:32 | 01:36:58 | 4 AO KM |
| 1415 | 1203 | INÊS BRITO | F | 26 | | 01:37:35 | 01:36:17 | OS BRAVOS |
| 1416 | 1204 | PEDRO VICENTE | M | 32 | | 01:37:39 | 01:36:20 | OS BRAVOS |
| 1417 | 1202 | PEDRO SILVA | F | 43 | | 01:37:39 | 01:36:19 | OS BRAVOS |
| 1418 | 999 | ANDREIA SILVA | F | 28 | | 01:37:40 | 01:37:08 | AUTO_JACINTO |
| 1419 | 1385 | ALBERTO SANTOS | M | 59 | | 01:37:43 | 01:36:24 | GD BANCO BPI |
| 1420 | 1272 | FABIO DIAS | M | 44 | | 01:37:48 | 01:37:13 | GD SANTANDER TOTTA |
| 1421 | 1368 | ALEXANDRA SILVA | F | 42 | | 01:37:52 | 01:36:43 | GINJINHA RUNNERS |
| 1422 | 718 | ADELAIDE LEITÃO | F | 44 | | 01:37:53 | 01:36:44 | GINJINHAS RUNNERS |
| 1423 | 1357 | MÁRIO TORRES | M | 29 | | 01:37:59 | 01:36:36 | GAREHOTELRUNNING |
| 1424 | 1128 | TANIA MARTINS | F | 31 | | 01:37:59 | 01:37:13 | ZUMBASTICAS |
| 1425 | 247 | SOFIA FORTE | F | 45 | | 01:38:05 | 01:36:55 | INDIVIDUAL |
| 1426 | 870 | MARIO CATITA | M | 44 | | 01:38:06 | 01:37:26 | INDIVIDUAL |
| 1427 | 804 | VANDA SEQUEIRA | F | 43 | | 01:38:30 | 01:37:33 | C COLAB AXA |
| 1428 | 798 | CATARINA M FIGUEIRA | F | 37 | | 01:38:30 | 01:37:34 | C COLAB AXA |
| 1429 | 310 | EGLANTINO CHARNECA | M | 77 | | 01:38:31 | 01:38:12 | GAA VF XIRA |
| 1430 | 1266 | HELDER LOPES | M | 46 | | 01:38:31 | 01:37:54 | GD SANTANDER TOTTA |
| 1431 | 455 | JOÃO CASTRO | M | 55 | | 01:38:44 | 01:38:34 | CLUBE ANACOM |
| 1432 | 1042 | DAVID LOPES | M | 31 | | 01:38:47 | 01:37:13 | INDIVIDUAL |
| 1433 | 1043 | JOÃO PACHECO | M | 32 | | 01:38:48 | 01:37:14 | INDIVIDUAL |
| 1434 | 176 | MÁRIO LIMA | M | 36 | | 01:38:52 | 01:37:27 | BV BOMBARRAL |
| 1435 | 62 | MONICA PEREIRA | F | 39 | | 01:38:53 | 01:37:25 | INDIVIDUAL |
| 1436 | 677 | MARIA QUITÉRIA | F | 42 | | 01:38:59 | 01:38:13 | ALGYMNS |
| 1437 | 891 | MANUEL AUGUSTO | M | 77 | | 01:39:00 | 01:37:32 | OUR ESP SANTO |
| 1438 | 1712 | MARTA S EMÍDIO | F | 33 | | 01:39:03 | 01:37:42 | INDIVIDUAL |
| 1439 | 1425 | MARTA FILIPE | F | 36 | | 01:39:04 | 01:37:37 | INDIVIDUAL |
| 1440 | 892 | GUILHERME GONÇALVES | M | 55 | | 01:39:04 | 01:37:41 | C FERROV PORTUGAL |
| 1441 | 573 | GILBERTO GONÇALVES | M | 67 | | 01:39:13 | 01:39:13 | CAA BELÉM |
| 1442 | 333 | BRUNO F S CARMONA | M | 35 | | 01:39:21 | 01:38:27 | INDIVIDUAL |
| 1443 | 77 | PEDRO SILVA | M | 43 | | 01:39:31 | 01:38:37 | INDIVIDUAL |

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|----------------------|----|-----|-----|----------|------------|------------------------------|
| 1444 | 1450 | MIGUEL T SOUSA | F | 38 | | 01:39:38 | 01:38:19 | INDIVIDUAL |
| 1445 | 929 | FERNANDO FILIPE | M | 47 | | 01:39:38 | 01:38:45 | CLUBE NOVO BANCO |
| 1446 | 789 | ELIZABETE DUARTE | F | 57 | | 01:39:49 | 01:38:59 | AÇOREANA |
| 1447 | 771 | ARMANDO PARREIRA | M | 47 | | 01:39:49 | 01:39:00 | AÇOREANA |
| 1448 | 463 | FÁTIMA CARDOSO | F | 23 | | 01:39:51 | 01:39:24 | INDIVIDUAL |
| 1449 | 1139 | EDMUNDO CARDEIRA | M | 68 | | 01:39:52 | 01:38:27 | AGUIAS DO CARTAXO |
| 1450 | 1467 | FATIMA FERNANDES | F | 54 | | 01:39:55 | 01:38:55 | CLUBE CIMPOR |
| 1451 | 1760 | PAULA COSTA | F | 44 | | 01:39:56 | 01:38:39 | SS CGD |
| 1452 | 1719 | ISABEL SANTOS | F | 55 | | 01:40:12 | 01:38:51 | SANTOS & SILVA |
| 1453 | 369 | INÊS MARTINS | F | 32 | | 01:40:15 | 01:39:22 | NAV RUNNERS |
| 1454 | 1337 | JOAO CUNHA | M | 47 | | 01:40:24 | 01:39:01 | INDIVIDUAL |
| 1455 | 555 | PAULA RODRIGUES | F | 35 | | 01:40:25 | 01:39:17 | INDIVIDUAL |
| 1456 | 1718 | ORLANDO SILVA | M | 63 | | 01:40:30 | 01:39:10 | SANTOS & SILVA |
| 1457 | 182 | DÁLIA LEITE | F | 53 | | 01:40:32 | 01:40:26 | UA POVOENSE |
| 1458 | 644 | PAULO GUEDES | M | 43 | | 01:40:33 | 01:39:11 | INDIVIDUAL |
| 1459 | 85 | ISABEL DIAS | F | 49 | | 01:40:36 | 01:39:20 | INDIVIDUAL |
| 1460 | 1699 | Mª VIRGINIA CARVALHO | F | 30 | | 01:40:38 | 01:40:38 | CCD HOSPITAL VF XIRA |
| 1461 | 1390 | HUGO REIS | M | 38 | | 01:40:40 | 01:39:19 | GD BANCO BPI |
| 1462 | 1563 | JOSE GOMES | M | 42 | | 01:40:45 | 01:39:27 | ABC CAMPOLIDE |
| 1463 | 1127 | SUSANA MENDES | F | 37 | | 01:40:46 | 01:40:00 | ZUMBASTICAS |
| 1464 | 115 | PAULO VIEIRA | M | 43 | | 01:40:50 | 01:39:48 | CP EDP CARREGADO |
| 1465 | 1238 | MIGUEL ANGELO | M | 40 | | 01:40:57 | 01:39:54 | SS CGD |
| 1466 | 794 | ANA M GUIMARÃES | F | 58 | | 01:41:03 | 01:40:07 | C COLAB AXA |
| 1467 | 800 | JOÃO P PINTO | M | 47 | | 01:41:03 | 01:40:07 | C COLAB AXA |
| 1468 | 1750 | REGINA SOARES | F | 44 | | 01:41:06 | 01:39:50 | ABC CAMPOLIDE |
| 1469 | 281 | SILVIA MENDES | F | 35 | | 01:41:10 | 01:40:49 | CORRER LISBOA |
| 1470 | 483 | CÁTIA COELHO | F | 26 | | 01:41:25 | 01:40:56 | BESJOGING |
| 1471 | 657 | LUIS ROSA | M | 40 | | 01:41:27 | 01:40:20 | INDIVIDUAL |
| 1472 | 642 | MILENA ALIPIO | F | 48 | | 01:41:43 | 01:41:09 | INDIVIDUAL |
| 1473 | 643 | SANDRA BOLAS | F | 44 | | 01:41:44 | 01:41:10 | INDIVIDUAL |
| 1474 | 1701 | MARIANA SILVA | F | 30 | | 01:42:04 | 01:42:04 | CCD HOSPITAL VF XIRA |
| 1475 | 1523 | JORGE PEREIRA | M | 28 | | 01:42:06 | 01:41:35 | EQUIPA |
| 1476 | 1522 | NÍDIA VICENTE | F | 27 | | 01:42:07 | 01:41:35 | EQUIPA |
| 1477 | 373 | JOAO LANDEIRO | M | 69 | | 01:42:11 | 01:40:42 | INDIVIDUAL |
| 1478 | 1347 | ANDREA MARQUES | F | 37 | | 01:42:18 | 01:41:17 | RF RIBEIRINHA POVOA STA IRIA |
| 1479 | 1663 | ISABEL MARQUES | F | 46 | | 01:42:23 | 01:41:41 | INDIVIDUAL |
| 1480 | 676 | ARTUR DINIS | M | 58 | | 01:42:33 | 01:41:44 | ALGYMNS |
| 1481 | 887 | ANTÓNIO PINHO | M | 63 | | 01:42:34 | 01:42:01 | AA LEBRES SADO |
| 1482 | 228 | JOSE LUIS SANTOS | M | 46 | | 01:42:34 | 01:41:36 | CCDT METRO LX |

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|--------------------|----|-----|-----|----------|------------|----------------------|
| 1483 | 852 | JOSÉ FIALHO | M | 56 | | 01:43:00 | 01:41:53 | CCD PM CASCAIS |
| 1484 | 920 | VASCO PAULO | M | 49 | | 01:43:00 | 01:41:33 | INDIVIDUAL |
| 1485 | 154 | CLAUDIA VARELA | F | 30 | | 01:43:22 | 01:42:38 | JATAPANHO |
| 1486 | 1791 | RICARDO NASCIMENTO | M | 45 | | 01:43:25 | 01:41:51 | |
| 1487 | 1019 | REBECA GUERRA | F | 57 | | 01:43:25 | 01:42:22 | INDIVIDUAL |
| 1488 | 938 | MARTA NEVES | F | 40 | | 01:43:27 | 01:41:59 | CLUBE NOVO BANCO |
| 1489 | 937 | MARIANA BATISTA | F | 35 | | 01:43:30 | 01:42:04 | CLUBE NOVO BANCO |
| 1490 | 777 | MÓNICA QUARENTA | F | 42 | | 01:43:37 | 01:42:52 | AÇOREANA |
| 1491 | 1400 | PEDRO SÉRGIO | M | 48 | | 01:43:40 | 01:43:24 | CCD CA MÚTUO |
| 1492 | 1609 | ANA NUNES | F | 43 | | 01:44:40 | 01:44:23 | INDIVIDUAL |
| 1493 | 1610 | ANTÓNIO NUNES | M | 53 | | 01:44:40 | 01:44:23 | INDIVIDUAL |
| 1494 | 484 | OFÉLIA AUGUSTO | F | 57 | | 01:44:48 | 01:44:17 | BESJOGING |
| 1495 | 222 | FERNANDO FERNANDES | M | 63 | | 01:44:49 | 01:43:27 | CCDT METRO LX |
| 1496 | 174 | BRUNO MARTINS | M | 37 | | 01:44:57 | 01:44:01 | INDIVIDUAL |
| 1497 | 641 | SERGIO LEOTE | M | 35 | | 01:44:59 | 01:43:40 | INDIVIDUAL |
| 1498 | 640 | PEDRO B CAROÇO | M | 36 | | 01:45:00 | 01:43:42 | INDIVIDUAL |
| 1499 | 194 | CARLOS JESUS | M | 33 | | 01:45:00 | 01:44:02 | INDIVIDUAL |
| 1500 | 526 | CARLOS TOME | M | 64 | | 01:45:03 | 01:44:10 | C MILLENNIUM BCP |
| 1501 | 328 | CARLA PINTO | F | 45 | | 01:45:05 | 01:44:18 | INDIVIDUAL |
| 1502 | 1351 | ANA PARDAL | F | 42 | | 01:45:06 | 01:44:06 | INDIVIDUAL |
| 1503 | 226 | JOAO BARBOSA | M | 55 | | 01:45:07 | 01:43:44 | CCDT METRO LX |
| 1504 | 1053 | LUIS M V VARANDAS | M | 51 | | 01:45:08 | 01:44:02 | INDIVIDUAL |
| 1505 | 1082 | ANA PEREIRA | F | 42 | | 01:45:26 | 01:43:58 | INDIVIDUAL |
| 1506 | 1749 | MARIA AGUIAR | F | 44 | | 01:45:34 | 01:44:19 | ABC CAMPOLIDE |
| 1507 | 877 | JOSÉ L T ALMEIDA | M | 56 | | 01:45:35 | 01:44:57 | TELLES |
| 1508 | 1310 | MANSOOR AZIZ | M | 25 | | 01:45:35 | 01:45:28 | TERTÚLIA DA FESFORRA |
| 1509 | 1531 | FATIMA RIBEIRO | F | 52 | | 01:45:57 | 01:44:43 | TEJAVISTA |
| 1510 | 1416 | SANDRA M NUNES | F | 38 | | 01:45:59 | 01:44:34 | INDIVIDUAL |
| 1511 | 1715 | ANA SEABRA | F | 50 | | 01:46:03 | 01:44:47 | INDIVIDUAL |
| 1512 | 202 | CLAUDIA COLAÇO | F | 34 | | 01:46:06 | 01:45:48 | BRRNIGHTRUNNERS |
| 1513 | 420 | DORA PINHEIRO | F | 34 | | 01:46:31 | 01:45:55 | INDIVIDUAL |
| 1514 | 116 | NUNO SILVA | M | 29 | | 01:46:32 | 01:45:07 | CMUPCV |
| 1515 | 54 | INÊS C MARQUES | F | 32 | | 01:46:32 | 01:45:08 | INDIVIDUAL |
| 1516 | 53 | PATRICK MAGALHÃES | M | 33 | | 01:46:34 | 01:45:10 | INDIVIDUAL |
| 1517 | 788 | IDALINA MADEIRA | F | 55 | | 01:46:50 | 01:46:05 | AÇOREANA |
| 1518 | 339 | CARLA FERREIRA | F | 38 | | 01:47:04 | 01:46:43 | CORRER LISBOA |
| 1519 | 1566 | LUIS GAMA | M | 52 | | 01:47:05 | 01:45:52 | ABC CAMPOLIDE |
| 1520 | 1218 | EDUARDO RODRIGUES | M | 35 | | 01:47:45 | 01:46:40 | SS CGD |
| 1521 | 1205 | SUSANA MATOS | F | 34 | | 01:47:45 | 01:46:40 | SS CGD |

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|-----------------------|----|-----|-----|----------|------------|----------------------------|
| 1522 | 1402 | VICTOR LOBO | M | 44 | | 01:47:49 | 01:47:33 | CCD CA MÚTUO |
| 1523 | 89 | LURDES OLAS | F | 43 | | 01:47:56 | 01:46:27 | INDIVIDUAL |
| 1524 | 74 | PAULA MRTINSA | F | 51 | | 01:47:56 | 01:46:27 | INDIVIDUAL |
| 1525 | 356 | JOAQUIM A B CARREIRO | M | 51 | | 01:48:09 | 01:47:19 | INDIVIDUAL |
| 1526 | 1157 | JOSE NUNES | M | 42 | | 01:48:17 | 01:47:06 | INDIVIDUAL |
| 1527 | 1588 | MARIANA V M CORDEIRO | F | 19 | | 01:48:21 | 01:47:23 | CCD HOSPITAL VF XIRA |
| 1528 | 84 | SONIA DOMINGOS | F | 37 | | 01:48:38 | 01:47:22 | INDIVIDUAL |
| 1529 | 297 | TATIANA SERRA | F | 33 | | 01:48:39 | 01:47:24 | SERR AGOSTINHO DUARTE, LDA |
| 1530 | 276 | SOFIA MINCHIN | M | 37 | | 01:48:42 | 01:47:10 | CONTA GOTAS |
| 1531 | 274 | SILVIA NUNES | F | 37 | | 01:48:42 | 01:47:11 | CONTA GOTAS |
| 1532 | 287 | ANA ALPALHÃO | F | 42 | | 01:48:43 | 01:47:11 | ALPALHÃO |
| 1533 | 233 | CATARINA SOARES | F | 34 | | 01:49:41 | 01:49:20 | CORRER LISBOA |
| 1534 | 161 | NUNO LOUREIRO | M | 49 | | 01:50:09 | 01:49:19 | FALCOES SELVAGENS |
| 1535 | 1679 | ANA C PEREIRA | F | 41 | | 01:50:09 | 01:48:41 | SPORTLIFE |
| 1536 | 1734 | CONCEICAO CUNHA | F | 45 | | 01:50:09 | 01:49:24 | INDIVIDUAL |
| 1537 | 1678 | MARIO SOBRAL | M | 41 | | 01:50:10 | 01:48:42 | SPORTLIFE |
| 1538 | 1765 | ATLETA NÃO CADASTRADO | M | 0 | | 01:50:12 | 01:49:11 | |
| 1539 | 1209 | ANABELA ESTEVES | F | 52 | | 01:50:35 | 01:49:48 | SS CGD |
| 1540 | 1207 | ANA AZEVEDO | F | 37 | | 01:50:36 | 01:49:50 | SS CGD |
| 1541 | 208 | VANDA FREDERICO | F | 40 | | 01:50:42 | 01:49:34 | INDIVIDUAL |
| 1542 | 1535 | ISAURA ATANASIO | F | 63 | | 01:51:08 | 01:49:53 | TEJAVISTA |
| 1543 | 1327 | RITA FILIPE | F | 34 | | 01:51:38 | 01:50:19 | INDIVIDUAL |
| 1544 | 947 | XANA FILIPE | F | 44 | | 01:51:56 | 01:51:05 | CLUBE NOVO BANCO |
| 1545 | 1103 | ÂNGELO BORGES | M | 28 | | 01:51:58 | 01:51:26 | INDIVIDUAL |
| 1546 | 774 | MA FEE HUNG | F | 65 | | 01:52:14 | 01:51:31 | AÇOREANA |
| 1547 | 429 | MIGUEL SILVA | M | 41 | | 01:52:56 | 01:52:54 | CLUBE ROBBIALAC |
| 1548 | 1126 | MARTA SANTOS | F | 41 | | 01:53:15 | 01:52:30 | ZUMBASTICAS |
| 1549 | 610 | HERNÂNI TOMÁS | M | 40 | | 01:53:25 | 01:52:58 | SR CAMARNAL |
| 1550 | 609 | ANA TOMÁS | F | 40 | | 01:53:27 | 01:53:00 | SR CAMARNAL |
| 1551 | 878 | VANESSA S CODEA | F | 34 | | 01:53:30 | 01:52:18 | INDIVIDUAL |
| 1552 | 1412 | MARCO A R LOPES | M | 43 | | 01:53:59 | 01:53:28 | ALVERCA URBAN RUNNERS |
| 1553 | 20 | ANA MIRANDA | F | 43 | | 01:54:06 | 01:53:07 | INDIVIDUAL |
| 1554 | 1539 | MANUELA BUSTORFF | F | 60 | | 01:54:26 | 01:53:13 | TEJAVISTA |
| 1555 | 361 | NUNO M S OLIVEIRA | M | 39 | | 01:54:28 | 01:53:18 | INDIVIDUAL |
| 1556 | 243 | NÉLIA SANTOS | F | 38 | | 01:54:40 | 01:53:49 | INDIVIDUAL |
| 1557 | 426 | DANIEL RODRIGUES | M | 35 | | 01:54:54 | 01:54:51 | CLUBE ROBBIALAC |
| 1558 | 430 | PAULO CABRAL | M | 41 | | 01:54:54 | 01:54:50 | CLUBE ROBBIALAC |
| 1559 | 213 | MARTA TEIXEIRA | F | 40 | | 01:54:57 | 01:54:33 | INDIVIDUAL |
| 1560 | 212 | JOÃO NOGUEIRA | M | 51 | | 01:54:57 | 01:54:34 | INDIVIDUAL |

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|------------------------|----|-----|-----|----------|------------|---------------------------|
| 1561 | 1705 | ALEXANDRA CALIXTO | F | 29 | | 01:55:45 | 01:55:45 | CCD HOSPITAL VF XIRA |
| 1562 | 864 | MARCO CASTANHEIRA | M | 38 | | 01:56:58 | 01:55:33 | CORR RESINEIROS DE CORGAS |
| 1563 | 51 | RITA LEA | F | 28 | | 01:57:46 | 01:57:00 | OS CONTA-KILÓMETROS |
| 1564 | 742 | HUGO C BRANCO | M | 40 | | 01:58:32 | 01:57:03 | INDIVIDUAL |
| 1565 | 601 | Mª FERNANDES M CONDECO | F | 52 | | 01:59:37 | 01:59:13 | INDIVIDUAL |
| 1566 | 848 | ANTÓNIO TAVARES | M | 51 | | 01:59:59 | 01:58:49 | CCD PM CASCAIS |
| 1567 | 1371 | JOSÉ MESTRE | M | 35 | | 02:00:28 | 01:59:10 | INDIVIDUAL |
| 1568 | 1389 | JOSÉ MESTRE | M | 58 | | 02:00:28 | 01:59:10 | GD BANCO BPI |
| 1569 | 1370 | SILVIA CARVALHAL | F | 38 | | 02:00:29 | 01:59:11 | INDIVIDUAL |
| 1570 | 473 | VERA AGUIAR | F | 30 | | 02:01:54 | 02:00:27 | INDIVIDUAL |
| 1571 | 935 | LUÍS CAETANO | M | 51 | | 02:03:47 | 02:02:59 | CLUBE NOVO BANCO |
| 1572 | 408 | SARA DE SOUSA | F | 37 | | 02:03:50 | 02:03:49 | TARTARUGAS SOLIDARIAS |
| 1573 | 264 | CRISTINA BARATA | F | 38 | | 02:05:01 | 02:03:51 | INDIVIDUAL |
| 1574 | 325 | DEOLINDA CALDEIRA | F | 61 | | 02:05:52 | 02:04:20 | INDIVIDUAL |
| 1575 | 1744 | LIDIA I C D SABOGA | F | 38 | | 02:07:47 | 02:06:27 | INDIVIDUAL |
| 1576 | 259 | VASCO COELHO | M | 41 | | 02:08:20 | 02:07:09 | CARACÓIS DE CORRIDA |
| 1577 | 743 | CÉLIA PINTO | F | 37 | | 02:08:22 | 02:06:52 | INDIVIDUAL |

Total de registros: 1577