

Class.	Número	Nome	Clube	Escalão	Marca Cross	Pontos	Marca Praia	Pontos	Marca meia	Pontos	Total
1	45	RAFAEL MENAU	ASSOCIAÇÃO ONDA-SÓLIDA ARR	M0034	00:14:20	100,00	00:17:09	100,0	01:14:54	94,5	294,5
2	31	LUÍS SEMEDO	ATLETISMO CLUBE DE PORTALEG	M0034	00:14:33	98,51	00:17:14	99,5	01:15:33	93,7	291,8
3	49	JOSÉ ANTUNES	GDRR	M4549	00:14:51	96,52	00:17:19	99,0	01:19:00	89,6	285,2
4	8	ANTONIO AFONSO	CR ALTURENSE	M4044	00:15:33	92,18	00:18:15	94,0	01:21:09	87,3	273,4
5	81	NATHAN SMITH	UK	M0034	00:15:47	90,81	00:18:19	93,6	01:20:12	88,3	272,7
6	39	JOÃO MIRANDA	AA MAFRA	M4044	00:15:36	91,88	00:18:50	91,1	01:21:54	86,5	269,4
7	57	MIGUEL MARTINS	B.V. MONTEMOR O NOVO	M0034	00:15:32	92,27	00:18:28	92,9	01:24:44	83,6	268,7
8	5	IVO GONÇALVES	CR ALTURENSE	M0034	00:15:43	91,20	00:18:39	92,0	01:25:47	82,6	265,7
9	27	EMÍLIO PAULINO	ATLETISMO CLUBE DE PORTALEG	M5559	00:16:08	88,84	00:19:06	89,8	01:23:46	84,5	263,2
10	19	ANACLETO FAÍSCA	CD AREIAS SÃO JOÃO	M5559	00:16:35	86,43	00:18:41	91,8	01:25:26	82,9	261,1
11	73	LUIS MATOS	DONAS-FUNDÃO	M4044	00:16:37	86,26	00:19:07	89,7	01:24:35	83,7	259,7
12	53	MIGUEL SOBRAL	ASSOCIAÇÃO GDAK	M3539	00:16:28	87,04	00:18:54	90,7	01:26:57	81,4	259,2
13	20	DAVID PATTON	TREVO TUGA	M0034	00:15:38	91,68	00:20:55	82,0	01:22:53	85,4	259,1
14	21	JOÃO SAMOUCHEIRO	INDIVIDUAL	M3539	00:16:38	86,17	00:19:10	89,5	01:29:16	79,3	255,0
15	7	LUIS VARZEA	CR ALTURENSE	M3539	00:17:08	83,66	00:20:02	85,6	01:27:59	80,5	249,8
16	2	MARCOS OLIVEIRA	GD INE	M4044	00:17:06	83,82	00:20:08	85,2	01:31:23	77,5	246,5
17	52	JOAQUIM MARTINS	CLUBE DE ATLETISMO ODIMARQ	M5054	00:17:24	82,38	00:20:21	84,3	01:28:45	79,8	246,4
18	48	PEDRO CARDOSO	CORRER LISBOA	M0034	00:16:56	84,65	00:20:29	83,7	01:31:29	77,4	245,8
19	71	PATRÍCIA SERAFIM	INDIVIDUAL	F0034	00:17:51	80,30	00:21:47	78,7	01:21:55	86,4	245,5
20	1	GONÇALO FERREIRA	GD INE	M4044	00:17:34	81,59	00:20:19	84,4	01:30:10	78,5	244,5
21	42	ENRIQUE HUERGA	CA AYAMONTE	M4044	00:16:48	85,32	00:19:55	86,1	01:36:57	73,0	244,5
22	10	VITOR MARTINS	CR ALTURENSE	M4044	00:17:30	81,90	00:20:14	84,8	01:31:06	77,7	244,4
23	46	VASCO MIGUEL DO CARMO TEIXEIRA	PEGADA@TAVIRA	M3539	00:17:32	81,75	00:20:24	84,1	01:32:03	76,9	242,8
24	29	JOÃO FARINHA	ATLETISMO CLUBE DE PORTALEG	M0034	00:17:37	81,36	00:20:32	83,5	01:32:11	76,8	241,7
25	70	PETER STEINHAUSEN	INDIVIDUAL	M6099	00:17:50	80,37	00:20:36	83,3	01:36:18	73,5	237,2
26	68	VALÉRIO MIGUEL DE SOUSA FERNANDE	ABTTBG	M4549	00:17:59	79,70	00:21:00	81,7	01:33:46	75,5	236,9
27	63	JORGE HORTA	PEGADA@TAVIRA	M3539	00:17:47	80,60	00:21:24	80,1	01:33:13	76,0	236,7
28	66	FERNANDO CORREIA	PEGADA@TAVIRA	M4549	00:18:08	79,04	00:20:58	81,8	01:34:30	74,9	235,8
29	69	LUIS GOUVEIA	TRT TRAIL RUNNER TEAM	M3539	00:17:56	79,93	00:21:06	81,3	01:35:38	74,1	235,3
30	56	JOSÉ SIMÕES	JD NEVES	M5559	00:18:27	77,69	00:21:05	81,3	01:33:11	76,0	235,0
31	44	NUNO PIRES	FAQUIR RUNNING	M4044	00:17:56	79,93	00:20:52	82,2	01:37:41	72,5	234,6
32	67	PEDRO MENDONÇA	MATILHA RUNNING	M3539	00:18:05	79,26	00:21:18	80,5	01:34:49	74,7	234,5
33	65	RUI MENAS	MATILHA RUNNING	M3539	00:18:34	77,20	00:21:16	80,6	01:32:37	76,5	234,3
34	78	LILIANA VERISSIMO	SAPEIRA TEAM - ALGARVE	F0034	00:18:11	78,83	00:21:49	78,6	01:34:06	75,3	232,7

35	50	JOSÉ NUNES	INDIVIDUAL	M4549	00:17:47	80,60	00:21:08	81,2	01:40:05	70,8	232,5
36	37	ALICE BASILIO	AA MAFRA	F4099	00:18:28	77,62	00:21:58	78,1	01:34:53	74,6	230,3
37	77	FRANCISCO ANGULO MESTRE	INDIVIDUAL	M5054	00:18:02	79,48	00:21:53	78,4	01:39:09	71,4	229,3
38	23	CARLOS GODINHO	ASSOCIAÇÃO CULTURAL SAMBRA	M4549	00:18:45	76,44	00:21:46	78,8	01:37:24	72,7	227,9
39	26	MARCO PAULO OLIVEIRA	PEGADA@TAVIRA	M4549	00:19:17	74,33	00:22:24	76,6	01:32:05	76,9	227,8
40	25	BRUNO CARRILHO	ATLETISMO CLUBE DE PORTALEG	M0034	00:18:49	76,17	00:21:42	79,0	01:42:36	69,0	224,2
41	35	ANTONIO FERREIRA	AABV - LAGOA - ALGARVE	M4549	00:19:21	74,07	00:22:04	77,7	01:38:53	71,6	223,4
42	72	JOAO CALÇADA	INDIVIDUAL	M4549	00:18:36	77,06	00:22:28	76,3	01:41:11	70,0	223,4
43	28	INES MARQUES	AMINHACORRIDA/ SCKECHERS	F3539	00:19:13	74,59	00:22:14	77,1	01:42:31	69,1	220,8
44	18	MIGUEL LINO	PROAVENTURAS	M4549	00:19:43	72,70	00:22:55	74,8	01:39:43	71,0	218,6
45	36	EDUARDO VILLAMOR	INDIVIDUAL	M4044	00:18:54	75,84	00:22:37	75,8	01:47:38	65,8	217,5
46	38	JOSE TENA	INDIVIDUAL	M3539	00:19:27	73,69	00:22:37	75,8	01:47:39	65,8	215,3
47	55	ISABEL GONÇALVES	SAPEIRA TEAM - ALGARVE	F0034	00:19:42	72,76	00:23:21	73,4	01:46:01	66,8	213,0
48	17	CARLOS FORTUNATO	INDIVIDUAL	M5054	00:20:52	68,69	00:23:22	73,4	01:41:09	70,0	212,1
49	64	MIGUEL LOPES	INDIVIDUAL	M3539	00:20:29	69,98	00:23:26	73,2	01:42:56	68,8	212,0
50	80	RUI FALHAS	RB RUNNING	M3539	00:19:54	72,03	00:23:23	73,3	01:46:34	66,5	211,8
51	47	ASSOCIAÇÃO CORRER LISBOA	CORRER LISBOA	M0034	00:20:09	71,13	00:23:17	73,7	01:48:45	65,1	209,9
52	13	ALMERI BRITO	CR ALTURENSE	F3539	00:20:18	70,61	00:24:11	70,9	01:47:47	65,7	207,2
53	60	PAULO SOUSA	GD INE	M4044	00:20:29	69,98	00:24:06	71,2	01:47:32	65,9	207,0
54	51	AMÍLCAR ROMÃO	G. D. R. SÃO FRANCISCO DA SERP	M6099	00:20:52	68,69	00:24:41	69,5	01:43:52	68,2	206,4
55	43	JOSE MELLADO	AD KRONOS	M6099	00:20:37	69,52	00:24:46	69,2	01:45:56	66,9	205,6
56	41	MANUEL COBO	TRI S MIRAFLORES	M4549	00:20:24	70,26	00:24:30	70,0	01:50:01	64,4	204,6
57	58	JOSÉ VALÉRIO	INDIVIDUAL	M6099	00:20:27	70,09	00:24:25	70,2	01:50:14	64,2	204,6
58	3	SALOME FERREIRA	GD INE	F4099	00:20:57	68,42	00:24:30	70,0	01:48:23	65,3	203,8
59	33	PAULA MACHADO	INDIVIDUAL	F4099	00:21:12	67,61	00:24:16	70,7	01:53:00	62,7	201,0
60	14	MARIA CARREGA	CR ALTURENSE	F4099	00:21:27	66,82	00:25:47	66,5	01:50:31	64,1	197,4
61	59	RUI FERREIRA	INDIVIDUAL	M4549	00:22:01	65,10	00:25:12	68,1	01:59:46	59,1	192,3
62	74	LEONIA CEBAN	INDIVIDUAL	F4099	00:24:07	59,43	00:28:38	59,9	02:05:10	56,6	175,9
63	40	NURIA GACINO	TRI S MIRAFLORES	F4099	00:28:51	49,68	00:32:07	53,4	02:24:31	49,0	152,1
64	30	MANUEL BELTRAN	ATL VET CORDOBA	M5559	00:30:00	47,78	00:33:26	51,3	02:16:38	51,8	150,9
65	32	Mª CARMEN RODRIGUEZ	INDIVIDUAL	F4099	00:30:00	47,78	00:37:12	46,1	02:16:40	51,8	145,7