

Posição Geral	Dorsal	Nome	Tempo Prova	Tempo Líquido	Idade	Género	Escalão	Posição Género	Posição Escalão	Equipa
1	114	MIGUEL VALENTE	0:33:27.00	0:33:26.97	24	M	Jun Sen M (0-34)	1	1	BEJA ATLÉTICO CLUBE
2	847	MIGUEL QUARESMA	0:34:11.04	0:34:11.04	40	M	VetII M (40-44)	2	1	RUNTEJO
3	539	GONCALO BRANDAO MENDES	0:35:28.54	0:35:27.38	23	M	Jun Sen M (0-34)	3	2	C MILLENNIUM BCP
4	167	MARIO RUI POVOA	0:35:47.09	0:35:46.92	40	M	VetII M (40-44)	4	2	ANIMAL.K
5	108	DAVID PATTON	0:36:08.88	0:36:08.17	40	M	VetII M (40-44)	5	3	
6	723	PAULO ALVES	0:36:14.17	0:36:13.56	45	M	VetIII M (45-49)	6	1	GDCT IN CM
7	470	JOÃO PAULO SILVA	0:36:19.94	0:36:19.83	43	M	VetII M (40-44)	7	4	GM 1 DEZEMBRO QUEIJAS
8	724	JOÃO LOPES	0:36:29.33	0:36:27.24	37	M	VetI M (35-39)	8	1	GDC BANCO DE PORTUGAL
9	469	BRUNO BATISTA	0:36:29.50	0:36:29.47	32	M	Jun Sen M (0-34)	9	3	CLUBE RECREATIVO ALTURENSE
10	868	FREDERICO LAZARO	0:36:30.00	0:36:30.00	44	M	VetII M (40-44)	10	5	CF BELENENSES
11	522	DAVID ANTUNES	0:36:57.21	0:36:47.94	30	M	Jun Sen M (0-34)	11	4	C MILLENNIUM BCP
12	194	JOÃO ALVES	0:37:41.81	0:37:40.43	31	M	Jun Sen M (0-34)	12	5	URBAN RUN TEAM
13	703	NUNO TINTIM	0:37:48.35	0:37:45.23	46	M	VetIII M (45-49)	13	2	GRCD LEIÃO
14	867	BRUNO SOUSA	0:37:51.09	0:37:51.09	41	M	VetII M (40-44)	14	6	
15	613	PEDRO ALVES MARTINS	0:37:52.87	0:37:50.43	55	M	VetV M (55-59)	15	1	C MILLENNIUM BCP
16	227	HUGO LOPES	0:37:54.61	0:37:53.08	39	M	VetI M (35-39)	16	2	CCD CRÉDITO AGRÍCOLA
17	753	JORGE DEUS	0:38:19.57	0:38:16.44	48	M	VetIII M (45-49)	17	3	CCD TRANQUILIDADE
18	486	ANDRE CARDOSO	0:38:22.00	0:38:22.00	39	M	VetI M (35-39)	18	3	C MILLENNIUM BCP
19	718	NUNO FARIA	0:38:25.96	0:38:25.37	34	M	Jun Sen M (0-34)	19	6	
20	241	IVO MENDES	0:38:30.23	0:38:30.23	41	M	VetII M (40-44)	20	7	
21	425	PAULO COSTA	0:38:32.14	0:38:10.37	49	M	VetIII M (45-49)	21	4	BAR OGILVY
22	233	GODINHO RAMOS	0:38:35.24	0:38:28.00	45	M	VetIII M (45-49)	22	5	
23	190	FRANCISCO PALMA	0:38:44.07	0:38:44.07	45	M	VetIII M (45-49)	23	6	
24	789	EDGAR RODRIGO AGUIAR	0:38:45.07	0:38:43.12	30	M	Jun Sen M (0-34)	24	7	

25	767	ORLANDO JOSÉ RAMOS	0:38:51.21	0:38:46.27	47	M	VetIII M (45-49)	25	7	
26	712	RICARDO CANDEIAS	0:38:55.47	0:38:52.08	39	M	VetI M (35-39)	26	4	UNIQUE ADVENTURE
27	602	NUNO NAIA	0:38:55.76	0:38:53.26	49	M	VetIII M (45-49)	27	8	C MILLENNIUM BCP
28	778	JORGE CARVALHEIRO	0:39:22.00	0:39:16.71	32	M	Jun Sen M (0-34)	28	8	HERDADE MODERNA
29	258	BRUNO ALVES SOUSA	0:39:35.32	0:39:35.32	20	M	Jun Sen M (0-34)	29	9	OCR PORTUGAL LAB CLUB
30	173	PAULO GOMES	0:39:40.68	0:39:33.12	43	M	VetII M (40-44)	30	8	WALKANDRUN - WERUN
31	267	JOSÉ LUÍS SANTOS	0:39:59.37	0:39:50.94	54	M	VetIV M (50-54)	31	1	CCDTMETROLX
32	203	ANTÓNIO ARAÚJO	0:40:00.46	0:40:00.27	58	M	VetV M (55-59)	32	2	
33	701	FERNANDO ARTUR MIRANDA	0:40:01.49	0:40:01.40	50	M	VetIV M (50-54)	33	2	
34	165	JAMES GIALLOMBARDO	0:40:03.43	0:39:40.83	36	M	VetI M (35-39)	34	5	
35	783	GONCALO PAIVA LIMA	0:40:12.86	0:39:41.43	42	M	VetII M (40-44)	35	9	C MILLENNIUM BCP
36	443	DINIS RIBAS	0:40:13.01	0:40:01.80	52	M	VetIV M (50-54)	36	3	#NAOTREINESNAO
37	661	RICARDO ESPIRITO SANTO	0:40:19.64	0:40:05.71	34	M	Jun Sen M (0-34)	37	10	C MILLENNIUM BCP
38	794	FERNANDO SILVA	0:40:25.00	0:40:21.94	47	M	VetIII M (45-49)	38	9	
39	431	MIGUEL PINTO	0:40:27.42	0:40:22.70	48	M	VetIII M (45-49)	39	10	FEDERAÇÃO DA FAMÍLIA
40	798	PEDRO MIGUEL CASTRO	0:40:35.00	0:40:27.66	44	M	VetII M (40-44)	40	10	
41	686	RUI HENRIQUES	0:40:39.12	0:40:39.12	44	M	VetII M (40-44)	41	11	SERVIÇOS SOCIAIS MONTEPIO
42	215	DUARTE JOSÉ BRITO	0:41:03.35	0:40:55.37	32	M	Jun Sen M (0-34)	42	11	NAZABOBODA
43	586	LUIS MANUEL GODINHO	0:41:18.56	0:41:11.97	57	M	VetV M (55-59)	43	3	C MILLENNIUM BCP
44	183	MARIO FERNANDES	0:41:31.64	0:41:31.12	56	M	VetV M (55-59)	44	4	
45	157	DANIEL MARTINS	0:41:36.81	0:41:03.70	27	M	Jun Sen M (0-34)	45	12	UNIDOS NO CALVÁRIO
46	761	RICARDO ALVES	0:41:37.06	0:41:28.73	39	M	VetI M (35-39)	46	6	CCD TRANQUILIDADE
47	729	GONÇALO AMADO	0:41:40.14	0:41:36.18	30	M	Jun Sen M (0-34)	47	13	GDC BANCO DE PORTUGAL
48	61	VALTER RIBEIRO	0:41:47.53	0:41:43.76	32	M	Jun Sen M (0-34)	48	14	
49	366	CARLOS CAEIRO	0:41:49.88	0:41:49.01	49	M	VetIII M (45-49)	49	11	AMINHACORRIDARUNEXTREM
50	282	ANDRE FILIPE	0:41:56.65	0:41:52.68	33	M	Jun Sen M (0-34)	50	15	SS CGD

51	255	RODRIGO COSTA	0:41:57.43	0:41:50.13	30	M	Jun Sen M (0-34)	51	16	S.F.P. LOUREIROS
52	446	JOHN NICHOLLS	0:42:12.51	0:41:48.31	41	M	VetII M (40-44)	52	12	
53	748	FILIFE ALEXANDRE SILVA	0:42:14.14	0:42:13.03	46	M	VetIII M (45-49)	53	12	CCD TRANQUILIDADE
54	629	SERGIO ACCIÓN	0:42:15.79	0:42:08.95	35	M	VetI M (35-39)	54	7	
55	717	JORGE DUARTE	0:42:23.12	0:42:11.11	34	M	Jun Sen M (0-34)	55	17	
56	394	JACINTO PEREIRA	0:42:25.00	0:42:14.56	31	M	Jun Sen M (0-34)	56	18	MARVILA JOVEM
57	347	JOAO BOGALHEIRO	0:42:27.39	0:42:21.73	53	M	VetIV M (50-54)	57	4	BEJA ATLETICO CLUBE
58	410	JOSÉ SIMÕES	0:42:28.98	0:42:23.97	64	M	VetVI M (60-64)	58	1	LINDA-A-PASTORA SPORTING CLUBE
59	567	NUNO CARREIRA	0:42:40.99	0:42:40.99	32	M	Jun Sen M (0-34)	59	19	INFINERA
60	603	NUNO MIGUEL LOPES	0:42:48.00	0:42:40.34	50	M	VetIV M (50-54)	60	5	C MILLENNIUM BCP
61	819	PEDRO SILVA	0:43:06.42	0:42:55.49	32	M	Jun Sen M (0-34)	61	20	
62	122	LUÍS MANUEL LEMOS	0:43:06.45	0:43:01.97	47	M	VetIII M (45-49)	62	13	CLUBE OGMA
63	626	CARLA MARTINS CARMONA	0:43:23.63	0:43:22.79	44	F	VetII F (40-44)	1	1	AMINHACORRIDARUNEXTREM
64	827	JOÃO SOARES	0:43:26.20	0:43:09.48	42	M	VetII M (40-44)	63	13	
65	622	SADIQ KASSAMO	0:43:27.40	0:43:25.22	49	M	VetIII M (45-49)	64	14	URBAN RUN TEAM
66	634	JOAO BESSA	0:43:28.22	0:43:26.04	45	M	VetIII M (45-49)	65	15	ACA RUNNING ENGEL&VOLKERS
67	389	BRUNO DO BRITO	0:43:29.02	0:43:24.86	43	M	VetII M (40-44)	66	14	
68	621	CARLOS LOURENÇO	0:43:31.72	0:43:28.90	54	M	VetIV M (50-54)	67	6	CCD PM CASCAIS
69	191	FILIFE GOMES	0:43:37.21	0:43:14.87	39	M	VetI M (35-39)	68	8	
70	265	CLAUDIO OEIRAS	0:43:48.01	0:43:10.51	45	M	VetIII M (45-49)	69	16	
71	382	VITOR MARTINS	0:43:55.90	0:43:25.52	54	M	VetIV M (50-54)	70	7	A TEAM AGEAS
72	760	NUNO REIS	0:43:57.50	0:43:48.62	41	M	VetII M (40-44)	71	15	CCD TRANQUILIDADE
73	118	JOÃO SABINA	0:44:01.90	0:43:50.35	46	M	VetIII M (45-49)	72	17	FOODEIVOS
74	444	PEDRO MIGUEL PEREIRA	0:44:15.00	0:44:14.36	45	M	VetIII M (45-49)	73	18	BOMBEIROS VOLUNTÁRIOS DE MONTE
75	826	BRUNO SOUSA	0:44:16.04	0:44:13.22	47	M	VetIII M (45-49)	74	19	
76	407	VALTER JORGE	0:44:17.10	0:43:45.20	38	M	VetI M (35-39)	75	9	

77	226	GONÇALO FERREIRA	0:44:21.21	0:44:17.77	36	M	VetI M (35-39)	76	10	CCD CRÉDITO AGRÍCOLA
78	163	PATRICK REIS	0:44:24.50	0:44:24.50	36	M	VetI M (35-39)	77	11	
79	820	JONAS VERHEYEN	0:44:24.68	0:44:17.02	32	M	Jun Sen M (0-34)	78	21	TEAM4FUN
80	525	DIOGO MONTEIRO JUSTINO	0:44:30.94	0:44:07.03	40	M	VetII M (40-44)	79	16	C MILLENNIUM BCP
81	619	WALLACE SANTOS MAGALHÃES	0:44:31.79	0:44:19.52	37	M	VetI M (35-39)	80	12	BACON & PACENTAS
82	558	JOSE BAPTISTA	0:44:33.00	0:44:28.92	57	M	VetV M (55-59)	81	5	C MILLENNIUM BCP
83	763	VIRGILIO MADEIRA	0:44:37.93	0:44:34.68	64	M	VetVI M (60-64)	82	2	CCD TRANQUILIDADE
84	476	LEANDRO NETO	0:44:38.50	0:44:32.49	22	M	Jun Sen M (0-34)	83	22	
85	90	JOÃO GÓIS	0:44:39.57	0:44:15.99	32	M	Jun Sen M (0-34)	84	23	
86	177	BERNARDO FERNANDES	0:44:40.87	0:44:21.21	33	M	Jun Sen M (0-34)	85	24	
87	475	TEOTONIO XAVIER NETO	0:44:41.93	0:44:30.02	59	M	VetV M (55-59)	86	6	
88	176	VÍTOR HUGO CAIRES	0:44:43.78	0:44:36.43	24	M	Jun Sen M (0-34)	87	25	
89	715	JOSÉ PINTO	0:44:46.59	0:44:38.68	60	M	VetVI M (60-64)	88	3	CLINICA SERVIÇOS DENTÁRIOS DR
90	112	VIRIATO RIBEIRO PATAÇO	0:44:48.15	0:44:44.45	53	M	VetIV M (50-54)	89	8	
91	730	LUÍS RIO	0:44:50.00	0:44:45.52	52	M	VetIV M (50-54)	90	9	GDC BANCO DE PORTUGAL
92	83	OTSUKA HIROSHI	0:44:56.77	0:44:49.95	60	M	VetVI M (60-64)	91	4	
93	465	PAULO SANTOS	0:44:57.96	0:44:56.26	56	M	VetV M (55-59)	92	7	ASSOC. CULTURAL SAMBRASENSE
94	536	FRANCISCO CASEGAS	0:45:01.31	0:44:57.09	31	M	Jun Sen M (0-34)	93	26	C MILLENNIUM BCP
95	434	PAULO FERREIRA	0:45:10.86	0:45:08.14	43	M	VetII M (40-44)	94	17	FEDERAÇÃO DA FAMÍLIA
96	647	MARCOS ALEXANDRE MESQUITA	0:45:20.18	0:44:52.03	56	M	VetV M (55-59)	95	8	
97	822	FABRICE POLTEAU	0:45:23.84	0:45:23.84	50	M	VetIV M (50-54)	96	10	AMINHACORRIDAPACERS
98	406	CARLA SANTOS	0:45:24.00	0:45:24.00	47	F	VetIII F (45-49)	2	1	ML SPORTS
99	274	DANIEL PINTO	0:45:40.00	0:45:40.00	33	M	Jun Sen M (0-34)	97	27	BRRNIGHTRUNNERS
100	207	RAFAELA GONÇALVES	0:45:42.19	0:45:40.13	29	F	Jun Sen F (0-34)	3	1	
101	790	FÁBIO MOREIRA	0:45:44.43	0:45:44.43	26	M	Jun Sen M (0-34)	98	28	BSE
102	795	LEONARDO LEITÃO	0:45:47.88	0:44:58.17	21	M	Jun Sen M (0-34)	99	29	BSE

103	842	DANIEL DOMINGURS	0:45:50.54	0:45:43.96	38	M	VetI M (35-39)	100	13	
104	292	LEONEL ALVES	0:45:50.60	0:45:43.74	44	M	VetII M (40-44)	101	18	
105	632	ANTÓNIO CANEIRAS	0:45:58.94	0:45:53.99	47	M	VetIII M (45-49)	102	20	ACA RUNNING ENGEL&VOLKERS
106	438	MARIA LUCAS	0:45:59.00	0:45:42.22	56	F	VetV F (55-59)	4	1	FEDERAÇÃO DA FAMÍLIA
107	814	JOSÉ BRITO	0:46:00.14	0:45:51.70	61	M	VetVI M (60-64)	103	5	
108	436	JOSÉ PEREIRA	0:46:00.32	0:45:56.23	61	M	VetVI M (60-64)	104	6	FEDERAÇÃO DA FAMÍLIA
109	398	JOSE MANUEL	0:46:10.52	0:46:00.98	50	M	VetIV M (50-54)	105	11	CD MAFRA
110	205	RICARDO BARRADAS PEREIRA	0:46:12.26	0:46:12.26	24	M	Jun Sen M (0-34)	106	30	
111	259	RUBEN ALEXANDRE FAGUNDES	0:46:20.45	0:46:15.25	24	M	Jun Sen M (0-34)	107	31	CLUBE OLÍMPICO DE OEIRAS
112	756	MÁRIO CLÁUDIO	0:46:24.25	0:46:18.33	47	M	VetIII M (45-49)	108	21	CCD TRANQUILIDADE
113	210	PEDRO FILIPE	0:46:29.56	0:46:23.06	32	M	Jun Sen M (0-34)	109	32	
114	320	VASCO DE FERREIRA	0:46:30.85	0:46:29.43	19	M	Jun Sen M (0-34)	110	33	
115	380	RICARDO ALVES REIS	0:46:32.92	0:45:47.18	47	M	VetIII M (45-49)	111	22	A TEAM AGEAS
116	568	DINIS MORAIS	0:46:32.94	0:46:18.94	53	M	VetIV M (50-54)	112	12	INFINERA
117	456	ALEXANDRE MANUEL SOUSA	0:46:39.00	0:46:17.42	34	M	Jun Sen M (0-34)	113	34	
118	786	VIRGILIO VEDOR COSTA	0:46:39.86	0:46:39.86	53	M	VetIV M (50-54)	114	13	C MILLENNIUM BCP
119	142	JOÃO PEREIRA	0:46:40.41	0:45:59.14	46	M	VetIII M (45-49)	115	23	GRUPO CORRIDA JCS
120	707	VINICIUS GUEDES	0:46:43.16	0:46:12.74	43	M	VetII M (40-44)	116	19	GRCD LEIÃO
121	547	JOAO FRANCISCO BOTO	0:46:55.68	0:46:22.75	30	M	Jun Sen M (0-34)	117	35	C MILLENNIUM BCP
122	386	HENRIQUE PAIVA	0:46:57.87	0:46:40.86	25	M	Jun Sen M (0-34)	118	36	
123	79	RUI MANUEL MENDES	0:47:00.51	0:46:54.50	51	M	VetIV M (50-54)	119	14	CA VALE FIGUEIRA
124	411	LIAT SUZANA	0:47:02.08	0:46:49.66	46	F	VetIII F (45-49)	5	2	
125	830	NELSON TAVARES	0:47:04.30	0:46:49.99	35	M	VetI M (35-39)	120	14	
126	437	BRUNO AMARO	0:47:06.75	0:46:38.96	42	M	VetII M (40-44)	121	20	FEDERAÇÃO DA FAMÍLIA
127	617	RUI LUIS	0:47:08.31	0:47:03.80	34	M	Jun Sen M (0-34)	122	37	PRIMOS RUNNERS
128	433	ISABEL SANTOS	0:47:10.77	0:47:06.34	54	F	VetIV F (50-54)	6	1	FEDERAÇÃO DA FAMÍLIA

129	315	FRANCISCO GAMA	0:47:11.14	0:47:00.78	59	M	VetV M (55-59)	123	9	CORRERLOURES
130	423	JOSE PEDRO VAGOS	0:47:11.32	0:46:48.94	49	M	VetIII M (45-49)	124	24	C MILLENNIUM BCP
131	68	JOSÉ MANUEL RESENDE	0:47:12.10	0:46:31.52	63	M	VetVI M (60-64)	125	7	
132	564	MÁRIO LOURENÇO	0:47:17.84	0:47:05.09	31	M	Jun Sen M (0-34)	126	38	INFINERA
133	571	FILIPPE ALBUQUERQUE	0:47:25.90	0:47:22.78	36	M	VetI M (35-39)	127	15	
134	705	MIGUEL BAPTISTA	0:47:27.28	0:47:20.82	29	M	Jun Sen M (0-34)	128	39	GRCD LEIÃO
135	831	HENRIQUE AMADOR	0:47:29.65	0:47:07.50	52	M	VetIV M (50-54)	129	15	SS CGD
136	284	JOAQUIM FRADE	0:47:32.37	0:47:10.34	68	M	VetVII M (65-69)	130	1	SS CGD
137	702	DEIVID DE FERREIRA	0:47:32.54	0:47:01.95	39	M	VetI M (35-39)	131	16	
138	218	EWERTON FRANCO	0:47:35.45	0:47:28.43	36	M	VetI M (35-39)	132	17	
139	234	NELSON PALMA	0:47:39.56	0:47:06.52	42	M	VetII M (40-44)	133	21	
140	148	PEDRO CANELAS	0:47:41.50	0:47:26.58	51	M	VetIV M (50-54)	134	16	GRUPO CORRIDA JCS
141	217	PAULO JORGE BONIFÁCIO	0:47:42.85	0:47:34.93	56	M	VetV M (55-59)	135	10	
142	417	PEDRO CATARINO	0:47:54.49	0:47:37.98	42	M	VetII M (40-44)	136	22	
143	313	RUI MANUEL HENRIQUES	0:47:55.86	0:47:37.92	52	M	VetIV M (50-54)	137	17	
144	566	CARLOS GOMES FERREIRA	0:47:57.66	0:47:45.63	51	M	VetIV M (50-54)	138	18	INFINERA
145	631	PEDRO GONÇALVES	0:47:58.36	0:47:56.25	38	M	VetI M (35-39)	139	18	AMIGOS VALE SILENCIO
146	404	FILIPPE LEITAO	0:48:01.14	0:48:01.14	46	M	VetIII M (45-49)	140	25	
147	775	SERGIO RODRIGUES	0:48:05.18	0:48:00.58	40	M	VetII M (40-44)	141	23	RECO RECO
148	669	RUI JORGE RAMALHO	0:48:13.79	0:47:59.83	55	M	VetV M (55-59)	142	11	C MILLENNIUM BCP
149	759	NUNO BEIJOCA	0:48:14.70	0:48:07.86	47	M	VetIII M (45-49)	143	26	CCD TRANQUILIDADE
150	113	JOSÉ GOUVEIA	0:48:22.09	0:48:19.04	54	M	VetIV M (50-54)	144	19	
151	172	INÊS PEIXOTO	0:48:33.30	0:48:26.13	44	F	VetII F (40-44)	7	2	WALKANDRUN - WERUN
152	513	CARLO PINHO	0:48:51.72	0:48:21.95	49	M	VetIII M (45-49)	145	27	C MILLENNIUM BCP
153	403	JOÃO TELES	0:48:53.16	0:48:18.41	31	M	Jun Sen M (0-34)	146	40	
154	211	MARQUES MIGUEL	0:49:00.15	0:48:49.76	45	M	VetIII M (45-49)	147	28	

155	385	JOÃO DIOGO DOMINGOS	0:49:02.54	0:48:46.28	25	M	Jun Sen M (0-34)	148	41	
156	668	ROGERIO PAULO ARAUJO	0:49:04.73	0:48:57.56	59	M	VetV M (55-59)	149	12	C MILLENNIUM BCP
157	224	JIMMY BOY	0:49:05.07	0:48:55.67	59	M	VetV M (55-59)	150	13	CCD CRÉDITO AGRÍCOLA
158	654	PEDRO NEVES	0:49:06.84	0:48:38.46	58	M	VetV M (55-59)	151	14	C MILLENNIUM BCP
159	793	HELIO RICARDO NUNES	0:49:07.73	0:49:05.06	24	M	Jun Sen M (0-34)	152	42	
160	348	ALEXANDRA CONCEIÇÃO	0:49:08.00	0:49:08.00	52	F	VetIV F (50-54)	8	2	BEJA ATLETICO CLUBE
161	699	FÁBIO ALEXANDRE ORFÃO	0:49:09.70	0:47:56.71	34	M	Jun Sen M (0-34)	153	43	
162	625	ANTÓNIO MANUEL GONÇALVES	0:49:11.89	0:49:11.89	47	M	VetIII M (45-49)	154	29	AMIGOS VALE SILÊNCIO
163	832	JOAO CABRITO	0:49:13.46	0:49:13.46	60	M	VetVI M (60-64)	155	8	SS CGD
164	286	JOSE FERREIRA	0:49:13.46	0:49:13.46	67	M	VetVII M (65-69)	156	2	SS CGD
165	288	MIGUEL ANGELO	0:49:13.46	0:49:13.46	47	M	VetIII M (45-49)	157	30	SS CGD
166	728	JOÃO RODRIGUES	0:49:15.50	0:49:15.50	44	M	VetII M (40-44)	158	24	GDC BANCO DE PORTUGAL
167	483	ANA MARQUES	0:49:18.50	0:48:55.04	63	F	VetVI F (60-64)	9	1	C MILLENNIUM BCP
168	784	TIAGO SILVA ANDRADE	0:49:19.33	0:49:02.33	19	M	Jun Sen M (0-34)	159	44	C MILLENNIUM BCP
169	388	ANDRÓNICO DUARTE	0:49:21.00	0:49:12.81	45	M	VetIII M (45-49)	160	31	
170	501	BRUNO ANTONIO VAZ	0:49:22.60	0:48:56.26	54	M	VetIV M (50-54)	161	20	C MILLENNIUM BCP
171	379	MÁRIO PINHEIRO	0:49:24.73	0:48:34.51	52	M	VetIV M (50-54)	162	21	A TEAM AGEAS
172	556	JORGE MANUEL ANTUNES	0:49:26.00	0:48:47.51	48	M	VetIII M (45-49)	163	32	C MILLENNIUM BCP
173	316	PEDRO CARVALHO	0:49:36.22	0:49:10.38	46	M	VetIII M (45-49)	164	33	
174	201	FRANÇOIS GOUVERT	0:49:38.95	0:49:15.78	35	M	VetI M (35-39)	165	19	CAMPO RUN
175	601	NUNO AUGUSTO	0:49:44.78	0:49:10.84	40	M	VetII M (40-44)	166	25	C MILLENNIUM BCP
176	276	FRANCISCO PASSOS	0:49:45.33	0:49:29.18	62	M	VetVI M (60-64)	167	9	
177	802	HENRIQUE ADREGA	0:49:46.65	0:49:37.91	71	M	VetVIII M (70-99)	168	1	CAA BELEM
178	791	NUNO ARRAIANO	0:49:48.31	0:48:56.94	31	M	Jun Sen M (0-34)	169	45	BSE
179	792	NELSON INÁCIO	0:49:48.69	0:48:55.83	35	M	VetI M (35-39)	170	20	BSE
180	706	NUNO MEIA-ONÇA	0:49:51.47	0:49:34.23	43	M	VetII M (40-44)	171	26	GRCD LEIÃO

181	275	TIAGO MELO	0:49:53.56	0:49:31.99	39	M	VetI M (35-39)	172	21	
182	496	ANTONIO RENATO BOTAO	0:49:53.73	0:49:27.18	30	M	Jun Sen M (0-34)	173	46	C MILLENNIUM BCP
183	499	ARTUR BOTÃO	0:49:53.87	0:49:27.74	54	M	VetIV M (50-54)	174	22	C MILLENNIUM BCP
184	823	LUIS PEDRO	0:49:57.17	0:49:55.38	45	M	VetIII M (45-49)	175	34	AMINHACORRIDAPACERS
185	722	BALTASAR DE MARTINHO	0:49:59.80	0:49:44.70	22	M	Jun Sen M (0-34)	176	47	
186	840	HELDER TAVARES	0:50:00.98	0:49:40.88	26	M	Jun Sen M (0-34)	177	48	
187	781	BERNARDO FRAUSTO ANGELO	0:50:03.03	0:50:03.03	26	M	Jun Sen M (0-34)	178	49	C MILLENNIUM BCP
188	154	SOFIA SEABRA	0:50:06.09	0:49:29.59	55	F	VetV F (55-59)	10	2	GRUPO CORRIDA JCS
189	870	EUGENIA ANDRADE	0:50:09.00	0:50:09.00	45	F	VetIII F (45-49)	11	3	AMINHACORRIDARUNEXTREM
190	307	MIGUEL SANTANA	0:50:11.22	0:49:21.59	21	M	Jun Sen M (0-34)	179	50	VAI QU'É TEU
191	95	FRANCISCO MACHADO	0:50:19.77	0:49:33.91	45	M	VetIII M (45-49)	180	35	RUN 4 FUN
192	1615	GONCALO HENRIQUES TEIXEIRA	0:50:25.00	0:50:25.00	15	M	Jun Sen M (0-34)	181	51	C MILLENNIUM BCP
193	337	JOÃO MIGUEL RIBEIRO	0:50:25.35	0:50:04.91	26	M	Jun Sen M (0-34)	182	52	
194	734	TIAGO DIOGO	0:50:25.51	0:49:32.63	46	M	VetIII M (45-49)	183	36	GDC BANCO DE PORTUGAL
195	698	ANDRÉ NOVAIS SALGADO	0:50:29.89	0:50:05.53	36	M	VetI M (35-39)	184	22	
196	109	ANDRÉ CAMPOS ANDRADE	0:50:31.37	0:49:53.30	45	M	VetIII M (45-49)	185	37	
197	87	ADELAIDE DAMIÃO	0:50:32.79	0:50:27.44	59	F	VetV F (55-59)	12	3	
198	102	SEBASTIAN MAZUR	0:50:36.42	0:50:11.68	33	M	Jun Sen M (0-34)	186	53	CCD SIEMENS
199	845	PEDRO AZEVEDO	0:50:40.17	0:50:25.42	43	M	VetII M (40-44)	187	27	
200	773	CLÁUDIA MADEIRA	0:50:41.98	0:50:34.47	43	F	VetII F (40-44)	13	3	CORRER LISBOA
201	676	SOFIA INES RAMALHO	0:50:43.02	0:50:31.59	27	F	Jun Sen F (0-34)	14	2	C MILLENNIUM BCP
202	557	JORGE SALVADO	0:50:46.59	0:50:46.59	60	M	VetVI M (60-64)	188	10	C MILLENNIUM BCP
203	120	ÉLIO FAUSTINO JOAQUIM	0:50:46.60	0:50:46.60	39	M	VetI M (35-39)	189	23	FOODEIVOS
204	50	LÚCIA OLIVEIRA	0:50:49.00	0:50:49.00	44	F	VetII F (40-44)	15	4	GENERG
205	653	PEDRO MIGUEL CORDAS	0:50:49.10	0:50:24.20	49	M	VetIII M (45-49)	190	38	C MILLENNIUM BCP
206	641	PAULO MANAÇAS	0:50:50.58	0:50:36.65	52	M	VetIV M (50-54)	191	23	

207	540	RICARDO MANUEL JORDÃO	0:50:51.90	0:50:43.28	36	M	VetI M (35-39)	192	24	
208	117	FILIPA DIAS	0:50:53.60	0:50:24.76	46	F	VetIII F (45-49)	16	4	FOODEIVOS
209	319	RUI ANTUNES	0:50:56.02	0:50:36.69	46	M	VetIII M (45-49)	193	39	
210	578	JOSE LUIS MARQUES	0:51:07.00	0:50:51.33	53	M	VetIV M (50-54)	194	24	C MILLENNIUM BCP
211	515	CARLOS JOSE RAMOS	0:51:10.11	0:50:42.88	57	M	VetV M (55-59)	195	15	C MILLENNIUM BCP
212	188	NUNO SILVA	0:51:13.38	0:50:49.45	32	M	Jun Sen M (0-34)	196	54	
213	828	PEDRO VICENTE	0:51:13.71	0:51:03.38	40	M	VetII M (40-44)	197	28	
214	467	GONÇALO PERES	0:51:15.36	0:50:18.85	44	M	VetII M (40-44)	198	29	
215	520	CELIA MARINA LOURENCO	0:51:18.99	0:37:04.11	49	F	VetIII F (45-49)	17	5	C MILLENNIUM BCP
216	532	FERNANDO RODRIGUES	0:51:20.92	0:50:53.85	59	M	VetV M (55-59)	199	16	C MILLENNIUM BCP
217	84	RUI PEDRO DUARTE	0:51:22.98	0:51:07.63	52	M	VetIV M (50-54)	200	25	JAMOR BEER RUNNERS
218	82	ROCCO DE DONATO	0:51:24.16	0:51:17.24	57	M	VetV M (55-59)	201	17	
219	689	JORGE SOUSA	0:51:27.49	0:51:00.91	50	M	VetIV M (50-54)	202	26	SERVIÇOS SOCIAIS MONTEPIO
220	341	JOÃO PEDRO SOUSA	0:51:31.41	0:51:10.88	25	M	Jun Sen M (0-34)	203	55	
221	295	ANDRÉ MARTINS	0:51:32.65	0:51:24.09	35	M	VetI M (35-39)	204	25	
222	222	ALEXANDRE DÂMASO	0:51:33.51	0:50:46.94	55	M	VetV M (55-59)	205	18	CCD CRÉDITO AGRÍCOLA
223	96	FRANCISCO ROSA	0:51:35.56	0:50:49.72	18	M	Jun Sen M (0-34)	206	56	CLUBE MILLENNIUM BCP
224	181	LEONEL NEVES	0:51:37.26	0:51:28.00	70	M	VetVIII M (70-99)	207	2	AMIGOS VALE SILÊNCIO
225	185	CEU FERNANDES	0:51:37.37	0:51:35.64	46	F	VetIII F (45-49)	18	6	AMIGOS VALE SILÊNCIO
226	180	TOMÁS MIGUEL BASTOS	0:51:40.10	0:51:26.72	26	M	Jun Sen M (0-34)	208	57	
227	697	RÚBEN SILVA	0:51:45.32	0:51:22.10	67	M	VetVII M (65-69)	209	3	AFRS
228	829	MARCO VAZ	0:51:46.11	0:51:43.39	40	M	VetII M (40-44)	210	30	CLUBE OGMA
229	304	BRUNO MATEUS	0:51:52.31	0:51:52.31	26	M	Jun Sen M (0-34)	211	58	BOBADELAS RUNNING TEAM
230	687	PAULO RODRIGUES	0:51:53.32	0:51:22.23	48	M	VetIII M (45-49)	212	40	SERVIÇOS SOCIAIS MONTEPIO
231	309	JOSÉ MARZIA	0:51:54.55	0:51:03.39	28	M	Jun Sen M (0-34)	213	59	VAI QU'É TEU
232	747	ELIZETE DUARTE	0:51:54.76	0:51:29.11	50	F	VetIV F (50-54)	19	3	CCD TRANQUILIDADE

233	375	DIMITRI VAN BULCK	0:51:56.21	0:51:39.31	42	M	VetII M (40-44)	214	31	
234	680	TANIA ALMEIDA	0:51:57.16	0:51:05.80	30	F	Jun Sen F (0-34)	20	3	C MILLENNIUM BCP
235	249	ANTÓNIO BARBAS	0:51:58.00	0:51:46.80	56	M	VetV M (55-59)	215	19	
236	159	TIAGO SILVA	0:52:02.09	0:51:33.82	39	M	VetI M (35-39)	216	26	
237	721	CARLOS MANUEL MARTINHO	0:52:05.81	0:51:47.45	59	M	VetV M (55-59)	217	20	
238	301	JOAO COELHO	0:52:07.23	0:51:36.59	39	M	VetI M (35-39)	218	27	
239	289	NOÉMIA RODRIGUES SEQUEIRA	0:52:07.59	0:51:42.75	55	F	VetV F (55-59)	21	4	SS CGD
240	769	BERNARDO MIGUEL SILVA	0:52:09.13	0:51:44.84	32	M	Jun Sen M (0-34)	219	60	
241	230	MIGUEL VINAGRE	0:52:11.85	0:51:31.62	48	M	VetIII M (45-49)	220	41	CCD CRÉDITO AGRÍCOLA
242	447	CARLA SERRANO	0:52:12.18	0:51:50.46	46	F	VetIII F (45-49)	22	7	
243	264	JOÃO ESTEVÃO	0:52:14.55	0:51:44.76	43	M	VetII M (40-44)	221	32	
244	343	PAULO JORGE LEANDRO	0:52:21.72	0:52:21.72	46	M	VetIII M (45-49)	222	42	PAULO JORGE DA GRAÇA LEANDRO
245	806	ANTÓNIO C. CAEIRO	0:52:22.15	0:52:10.90	57	M	VetV M (55-59)	223	21	
246	293	JOSÉ BRAGANÇA	0:52:23.72	0:52:17.88	45	M	VetIII M (45-49)	224	43	
247	497	ARLINDO FRIAS DEUS	0:52:27.03	0:52:19.73	74	M	VetVIII M (70-99)	225	3	C MILLENNIUM BCP
248	633	SÉRGIO BALONA	0:52:27.06	0:52:13.29	51	M	VetIV M (50-54)	226	27	ACA RUNNING ENGEL&VOLKERS
249	240	JOÃO PAULO NEVES	0:52:29.48	0:52:16.68	58	M	VetV M (55-59)	227	22	
250	733	GONÇALO DUARTE	0:52:30.28	0:51:57.71	35	M	VetI M (35-39)	228	28	GDC BANCO DE PORTUGAL
251	175	MOHAMMED PEREIRA	0:52:30.97	0:52:21.58	36	M	VetI M (35-39)	229	29	
252	740	FRANCISCO SILVA	0:52:31.74	0:52:31.74	48	M	VetIII M (45-49)	230	44	GD SANTANDER TOTTA
253	495	ANTONIO MANUEL	0:52:33.70	0:52:02.85	18	M	Jun Sen M (0-34)	231	61	C MILLENNIUM BCP
254	764	MANUEL VERDELHO	0:52:36.37	0:52:05.66	24	M	Jun Sen M (0-34)	232	62	ML SPORTS
255	704	PAULO REVÉS	0:52:41.19	0:52:36.96	51	M	VetIV M (50-54)	233	28	GRCD LEIÃO
256	199	CARLOS MANUEL CORREIA	0:52:41.24	0:51:57.75	58	M	VetV M (55-59)	234	23	
257	800	SÉRGIO ANTUNES	0:52:42.26	0:52:11.19	47	M	VetIII M (45-49)	235	45	GRCD LEIÃO
258	174	CARLOS JÚNIOR	0:52:45.57	0:52:37.88	50	M	VetIV M (50-54)	236	29	

259	869	JOAO PEDRO SERRALHA	0:52:47.63	0:52:47.63	32	M	Jun Sen M (0-34)	237	63	
260	673	RUTE SOFIA RIBEIRO	0:52:48.56	0:52:39.71	39	F	VetI F (35-39)	23	1	C MILLENNIUM BCP
261	517	CARLOS NUNES	0:52:49.05	0:52:26.07	56	M	VetV M (55-59)	238	24	C MILLENNIUM BCP
262	708	SOFIA BARATA	0:52:53.00	0:52:53.00	43	F	VetII F (40-44)	24	5	
263	637	BRUNO NOVAIS	0:52:54.19	0:52:29.64	44	M	VetII M (40-44)	239	33	ACA RUNNING ENGEL&VOLKERS
264	229	LUIS MIGUEL DAMIÃO	0:52:56.96	0:52:40.90	56	M	VetV M (55-59)	240	25	CCD CRÉDITO AGRÍCOLA
265	350	LUÍS FILIPE RODRIGUES	0:53:10.86	0:52:18.40	33	M	Jun Sen M (0-34)	241	64	
266	818	PEDRO SILVA	0:53:13.97	0:52:52.42	39	M	VetI M (35-39)	242	30	
267	805	JOSÉ JOÃO BICA	0:53:17.55	0:52:56.65	41	M	VetII M (40-44)	243	34	CORRER LISBOA
268	228	JOÃO NUNES	0:53:18.56	0:53:01.92	26	M	Jun Sen M (0-34)	244	65	CCD CRÉDITO AGRÍCOLA
269	212	RUI VASCONCELOS	0:53:19.74	0:53:16.23	44	M	VetII M (40-44)	245	35	
270	755	MARIA JOÃO SILVA	0:53:21.50	0:52:55.37	49	F	VetIII F (45-49)	25	8	CCD TRANQUILIDADE
271	804	JORGE MANUEL FONSECA	0:53:22.86	0:52:55.13	44	M	VetII M (40-44)	246	36	
272	452	ALBERTO BERNARDO	0:53:29.07	0:52:32.43	57	M	VetV M (55-59)	247	26	
273	599	NELSON SANTOS SILVA	0:53:30.01	0:53:05.21	48	M	VetIII M (45-49)	248	46	C MILLENNIUM BCP
274	280	EDUARDO MATOS	0:53:31.42	0:53:15.67	35	M	VetI M (35-39)	249	31	LXTRIATHLON
275	711	HENRIQUE DIAS	0:53:32.45	0:52:55.44	68	M	VetVII M (65-69)	250	4	CORRER LISBOA
276	569	LUÍS SINTRA	0:53:34.99	0:53:22.06	29	M	Jun Sen M (0-34)	251	66	INFINERA
277	439	ANA PAULA NUNES	0:53:36.64	0:53:14.53	52	F	VetIV F (50-54)	26	4	FEDERAÇÃO DA FAMÍLIA
278	782	ATLETA MASCULINO NÃO REGISTA	0:53:38.27	0:53:06.34	68	M	VetVII M (65-69)	252	5	C MILLENNIUM BCP
279	690	JOSE GUERREIRO	0:53:43.49	0:53:24.16	66	M	VetVII M (65-69)	253	6	SERVIÇOS SOCIAIS MONTEPIO
280	685	VITOR NELSON MARQUES	0:53:45.64	0:53:18.56	53	M	VetIV M (50-54)	254	30	C MILLENNIUM BCP
281	694	GONÇALO SILVA	0:53:45.67	0:53:22.43	45	M	VetIII M (45-49)	255	47	AFRS
282	232	RUI GRAÇA	0:53:45.92	0:53:41.17	60	M	VetVI M (60-64)	256	11	CCD CRÉDITO AGRÍCOLA
283	821	RAFAEL AZRIEL	0:53:46.69	0:53:06.95	53	M	VetIV M (50-54)	257	31	
284	442	JOSÉ LIBERATO	0:53:46.88	0:53:35.89	47	M	VetIII M (45-49)	258	48	GDCTINCM

285	710	MARIANA GONÇALVES CASQUEIRC	0:53:47.28	0:53:47.28	21	F	Jun Sen F (0-34)	27	4	
286	272	JOSÉ MIGLIORINI	0:53:47.79	0:53:37.87	63	M	VetVI M (60-64)	259	12	JOSÉ MIGLIORINI
287	837	MARCELO SOBRAL	0:53:51.55	0:53:43.18	31	M	Jun Sen M (0-34)	260	67	
288	551	JOAO MIGUEL ESTIVEIRA	0:53:52.13	0:53:25.58	55	M	VetV M (55-59)	261	27	C MILLENNIUM BCP
289	839	DIOGO SOUSA	0:53:52.18	0:53:43.80	20	M	Jun Sen M (0-34)	262	68	
290	838	ANTÓNIO SOUSA	0:53:52.82	0:53:44.86	61	M	VetVI M (60-64)	263	13	
291	281	ANDRE LOPES	0:53:53.63	0:53:24.41	38	M	VetI M (35-39)	264	32	SS CGD
292	146	MIGUEL ROLDÃO	0:53:57.41	0:53:13.89	29	M	Jun Sen M (0-34)	265	69	GRUPO CORRIDA JCS
293	231	PEDRO VICENTE	0:54:03.53	0:54:03.53	46	M	VetIII M (45-49)	266	49	CCD CRÉDITO AGRÍCOLA
294	582	LEONEL RODRIGUES	0:54:05.76	0:53:29.98	46	M	VetIII M (45-49)	267	50	C MILLENNIUM BCP
295	338	ALINE EMIDIO PAULA	0:54:11.05	0:53:53.92	33	F	Jun Sen F (0-34)	28	5	
296	127	BERNARDO MERLINI	0:54:11.05	0:53:27.96	37	M	VetI M (35-39)	268	33	GRUPO CORRIDA JCS
297	635	JORGE POLICARPO	0:54:13.14	0:54:02.85	28	M	Jun Sen M (0-34)	269	70	ACA RUNNING ENGEL&VOLKERS
298	420	CARLOS JESUS	0:54:14.24	0:54:14.24	41	M	VetII M (40-44)	270	37	
299	213	TIAGO MANUEL RODRIGUES	0:54:14.54	0:53:30.51	32	M	Jun Sen M (0-34)	271	71	
300	164	PEDRO SEABRA	0:54:18.06	0:54:18.06	37	M	VetI M (35-39)	272	34	
301	314	RICARDO DINIS	0:54:19.98	0:54:11.43	38	M	VetI M (35-39)	273	35	CORRER LOURES
302	797	ANA ANDREIA DINIS	0:54:19.99	0:54:12.03	35	F	VetI F (35-39)	29	2	CORRER LOURES
303	283	CARLOS LEITÃO	0:54:20.33	0:53:54.14	60	M	VetVI M (60-64)	274	14	SS CGD
304	700	JORGE CAMPOS	0:54:23.25	0:53:41.60	49	M	VetIII M (45-49)	275	51	
305	648	PEDRO FILIPE BROCO	0:54:24.87	0:54:06.55	50	M	VetIV M (50-54)	276	32	C MILLENNIUM BCP
306	809	HUGO PINTO	0:54:29.49	0:54:12.11	47	M	VetIII M (45-49)	277	52	
307	128	CATARINA ALMEIDA	0:54:34.71	0:54:15.43	24	F	Jun Sen F (0-34)	30	6	GRUPO CORRIDA JCS
308	660	RICARDO BRITO SENA	0:54:37.42	0:54:13.66	23	M	Jun Sen M (0-34)	278	72	C MILLENNIUM BCP
309	381	RUI FILIPE GARCIA	0:54:37.72	0:53:45.35	44	M	VetII M (40-44)	279	38	A TEAM AGEAS
310	377	CAROLINA MORAIS	0:54:38.58	0:53:47.64	42	F	VetII F (40-44)	31	6	A TEAM AGEAS

311	354	JORGE PONCIANO	0:54:40.87	0:54:10.42	52	M	VetIV M (50-54)	280	33	
312	590	LUIS MIGUEL CASTANHO	0:54:41.06	0:54:27.24	50	M	VetIV M (50-54)	281	34	C MILLENNIUM BCP
313	463	ANTÓNIO PEDRO JESUS	0:54:41.28	0:54:11.40	26	M	Jun Sen M (0-34)	282	73	C MILLENNIUM BCP
314	628	FRANCISCO CONCEIÇÃO	0:54:41.31	0:54:41.31	36	M	VetI M (35-39)	283	36	TOGETHER, WE FINISH
315	627	SUSANA FERREIRA	0:54:42.03	0:54:17.11	36	F	VetI F (35-39)	32	3	TOGETHER, WE FINISH
316	200	KARIM MADAOU	0:54:44.53	0:54:28.61	37	M	VetI M (35-39)	284	37	CAMPO RUN
317	595	MARINA MORGADO	0:54:45.32	0:54:37.97	33	F	Jun Sen F (0-34)	33	7	C MILLENNIUM BCP
318	58	EUCINÁRIO PINHEIRO	0:54:45.63	0:54:07.55	58	M	VetV M (55-59)	285	28	FIDELIDADE GDC
319	671	RUI MANUEL RIJO	0:54:46.13	0:54:30.76	54	M	VetIV M (50-54)	286	35	C MILLENNIUM BCP
320	52	PEDRO FILIPE ALVES	0:54:51.86	0:54:51.86	39	M	VetI M (35-39)	287	38	
321	383	VITOR RAMOS	0:54:54.58	0:54:54.58	52	M	VetIV M (50-54)	288	36	A TEAM AGEAS
322	216	MIGUEL SANTOS	0:55:01.01	0:52:34.52	40	M	VetII M (40-44)	289	39	
323	440	LOURDES ROMERO	0:55:03.17	0:54:43.09	64	F	VetVI F (60-64)	34	2	FEDERAÇÃO DA FAMÍLIA
324	691	FILIPE GINJA DUARTE	0:55:05.28	0:55:05.28	37	M	VetI M (35-39)	290	39	SERVIÇOS SOCIAIS MONTEPIO
325	225	DULCE SILVA	0:55:08.12	0:55:02.56	28	F	Jun Sen F (0-34)	35	8	CCD CRÉDITO AGRÍCOLA
326	414	CARLOS RYDIN	0:55:11.78	0:54:58.18	62	M	VetVI M (60-64)	291	15	
327	261	JOÃO PAULO ANTUNES	0:55:13.87	0:54:45.81	52	M	VetIV M (50-54)	292	37	
328	623	SALVATORE FORTE	0:55:14.92	0:54:13.10	27	M	Jun Sen M (0-34)	293	74	
329	285	JOSE DIMAS	0:55:15.04	0:54:47.81	54	M	VetIV M (50-54)	294	38	SS CGD
330	387	GONÇALO GANHÃO	0:55:15.68	0:54:58.90	25	M	Jun Sen M (0-34)	295	75	
331	59	ANTÓNIO SANTOS	0:55:19.26	0:55:09.44	52	M	VetIV M (50-54)	296	39	
332	158	JÚLIA ROXO	0:55:27.55	0:54:52.41	29	F	Jun Sen F (0-34)	36	9	UNIDOS NO CALVÁRIO
333	273	JORGE AUGUSTO SOUSA	0:55:29.30	0:55:14.31	35	M	VetI M (35-39)	297	40	
334	630	JOÃO FERNANDES	0:55:29.99	0:54:36.88	47	M	VetIII M (45-49)	298	53	
335	474	MARCELLA LOEBLER NASCIMENTO	0:55:30.97	0:54:39.86	34	F	Jun Sen F (0-34)	37	10	
336	593	MARCOS JOSE NORITAKE	0:55:32.57	0:55:21.37	56	M	VetV M (55-59)	299	29	C MILLENNIUM BCP

337	271	MANUEL JOSÉ PEREIRA	0:55:34.98	0:55:25.04	66	M	VetVII M (65-69)	300	7	
338	611	PEDRO ALEXANDRE SA	0:55:35.72	0:54:53.66	51	M	VetIV M (50-54)	301	40	C MILLENNIUM BCP
339	559	JOSE A FERREIRA	0:55:36.77	0:55:12.12	58	M	VetV M (55-59)	302	30	C MILLENNIUM BCP
340	618	MIGUEL VIEIRA	0:55:41.75	0:55:36.43	49	M	VetIII M (45-49)	303	54	PRIMOS RUNNERS
341	612	PEDRO CONDE	0:55:42.93	0:54:43.76	23	M	Jun Sen M (0-34)	304	76	C MILLENNIUM BCP
342	570	ADRIANO PEREIRA	0:55:43.62	0:55:16.56	31	M	Jun Sen M (0-34)	305	77	
343	579	JOSE LUIS REBELO	0:55:43.76	0:55:37.92	57	M	VetV M (55-59)	306	31	C MILLENNIUM BCP
344	257	FREDERICO ABREU	0:55:46.31	0:54:57.09	29	M	Jun Sen M (0-34)	307	78	SCALIBOMBAS
345	1625	MIGUEL SANTOS SABINO	0:55:46.37	0:55:46.37	17	M	Jun Sen M (0-34)	308	79	C MILLENNIUM BCP
346	624	JOÃO FALCÃO	0:55:50.48	0:55:12.96	37	M	VetI M (35-39)	309	41	PREGUIÇAS
347	596	MARIO MENDES	0:55:53.27	0:55:27.99	59	M	VetV M (55-59)	310	32	C MILLENNIUM BCP
348	739	JOAO SEQUEIRA	0:55:55.14	0:55:21.16	47	M	VetIII M (45-49)	311	55	GD SANTANDER TOTTA
349	300	LEANDRO NEVES	0:55:55.48	0:55:22.91	47	M	VetIII M (45-49)	312	56	ML SPORTS
350	239	FELIPE PAULINO	0:55:55.69	0:55:20.87	32	M	Jun Sen M (0-34)	313	80	
351	311	DENIS STENDERCHUCK	0:55:56.55	0:55:10.78	43	M	VetII M (40-44)	314	40	BAGIRA
352	310	RODRIGO SILVA	0:56:00.75	0:55:08.91	27	M	Jun Sen M (0-34)	315	81	VAI QU'É TEU
353	107	MÁRIO SOBRAL	0:56:01.04	0:55:09.85	48	M	VetIII M (45-49)	316	57	
354	359	VITOR MORAIS	0:56:03.27	0:55:37.68	65	M	VetVII M (65-69)	317	8	
355	86	PAULO JORGE RODRIGUES	0:56:04.41	0:55:20.30	35	M	VetI M (35-39)	318	42	
356	143	JOÃO DANTAS TEIXEIRA	0:56:08.50	0:55:21.78	33	M	Jun Sen M (0-34)	319	82	GRUPO CORRIDA JCS
357	824	DIAMANTINO SERRANO	0:56:08.63	0:55:49.61	48	M	VetIII M (45-49)	320	58	AMINHACORRIDAPACERS
358	419	ALEXANDRE RIBEIRO	0:56:10.72	0:55:52.13	51	M	VetIV M (50-54)	321	41	GRUPO BARRAQUEIRO
359	731	GINA CHEIO	0:56:11.56	0:55:51.88	51	F	VetIV F (50-54)	38	5	GDC BANCO DE PORTUGAL
360	737	SERGIO MIGUEL SILVA	0:56:17.91	0:55:36.95	44	M	VetII M (40-44)	322	41	GD SANTANDER TOTTA
361	745	CARLOS BARGADO	0:56:19.07	0:56:01.00	58	M	VetV M (55-59)	323	33	CCD TRANQUILIDADE
362	357	JOÃO FARINHA	0:56:19.58	0:56:00.37	39	M	VetI M (35-39)	324	43	BOBADELAS RUNNING TEAM

363	636	SÉRGIO COELHO	0:56:21.00	0:55:52.13	52	M	VetIV M (50-54)	325	42	ACA RUNNING ENGEL&VOLKERS
364	639	MARCO BARROS	0:56:27.38	0:56:05.05	54	M	VetIV M (50-54)	326	43	
365	709	TÂNIA FILIPA FREITAS	0:56:31.16	0:55:27.93	37	F	VetI F (35-39)	39	4	
366	531	FELIPE SIMOES MOREIRA	0:56:34.04	0:55:35.11	27	M	Jun Sen M (0-34)	327	83	C MILLENNIUM BCP
367	370	ALEXANDRE AIRES	0:56:35.28	0:56:35.28	34	M	Jun Sen M (0-34)	328	84	RONALDOS
368	243	PEDRO AUGUSTO FONSECA	0:56:40.22	0:56:05.53	31	M	Jun Sen M (0-34)	329	85	
369	608	PAULO PAIS	0:56:42.44	0:56:17.25	58	M	VetV M (55-59)	330	34	C MILLENNIUM BCP
370	693	ANTONIO FRANCO	0:56:53.19	0:56:25.96	58	M	VetV M (55-59)	331	35	SERVIÇOS SOCIAIS MONTEPIO
371	688	LUÍS GRENCHO	0:56:53.96	0:56:36.99	50	M	VetIV M (50-54)	332	44	SERVIÇOS SOCIAIS MONTEPIO
372	139	INÊS JÚLIO	0:56:57.60	0:56:11.75	43	F	VetII F (40-44)	40	7	GRUPO CORRIDA JCS
373	561	HENRIQUE BELMAR	0:56:57.77	0:56:09.68	65	M	VetVII M (65-69)	333	9	
374	144	LUÍS VAZ	0:56:59.82	0:56:23.85	37	M	VetI M (35-39)	334	44	GRUPO CORRIDA JCS
375	765	MIGUEL CRAVO	0:57:00.47	0:55:40.18	18	M	Jun Sen M (0-34)	335	86	
376	299	MARISA LARGUINHO	0:57:07.15	0:56:35.65	40	F	VetII F (40-44)	41	8	ML SPORTS
377	605	OLGA SOFIA LOPES	0:57:09.01	0:56:51.07	47	F	VetIII F (45-49)	42	9	C MILLENNIUM BCP
378	145	Mª JOSÉ CEBOLA	0:57:14.61	0:56:59.99	52	F	VetIV F (50-54)	43	6	GRUPO CORRIDA JCS
379	296	ANTÓNIO AUGUSTO MOREIRA	0:57:16.84	0:56:36.39	59	M	VetV M (55-59)	336	36	
380	573	SERGIO LOUREIRO	0:57:27.75	0:57:27.75	40	M	VetII M (40-44)	337	42	
381	772	ANDRÉ PEREIRA FONSECA	0:57:31.10	0:56:45.34	42	M	VetII M (40-44)	338	43	
382	351	JOÃO MIGUEL RIBEIRO	0:57:42.70	0:56:50.86	30	M	Jun Sen M (0-34)	339	87	
383	650	PEDRO MANUEL CANAS	0:57:42.86	0:57:14.00	50	M	VetIV M (50-54)	340	45	C MILLENNIUM BCP
384	807	JOÃO MILHEIRO BATISTA	0:57:43.29	0:56:55.56	62	M	VetVI M (60-64)	341	16	
385	695	JOAQUIM GUERREIRO	0:57:50.49	0:57:25.99	68	M	VetVII M (65-69)	342	10	AFRS
386	836	THIAGO SILVA	0:57:53.81	0:56:55.56	28	M	Jun Sen M (0-34)	343	88	OESTE RUNNERS
387	738	SANDRO PRATES	0:57:54.88	0:57:20.71	44	M	VetII M (40-44)	344	44	GD SANTANDER TOTTA
388	493	ANTONIO JOSE MORIES	0:58:01.56	0:57:45.89	60	M	VetVI M (60-64)	345	17	C MILLENNIUM BCP

389	816	GUILHERME LOPES	0:58:02.48	0:57:15.56	19	M	Jun Sen M (0-34)	346	89	
390	744	ARTUR GAIO	0:58:03.89	0:57:48.14	40	M	VetII M (40-44)	347	45	CCD TRANQUILIDADE
391	815	ANTÓNIO LOPES	0:58:06.03	0:57:18.02	48	M	VetIII M (45-49)	348	59	LOPES ASSOCIADOS
392	545	JOANA PEREIRA	0:58:08.25	0:57:45.60	30	F	Jun Sen F (0-34)	44	11	C MILLENNIUM BCP
393	757	MARTA GOULÃO SOUSA	0:58:08.87	0:57:40.45	55	F	VetV F (55-59)	45	5	CCD TRANQUILIDADE
394	656	PEDRO MIGUEL PEREIRA	0:58:09.70	0:57:47.24	31	M	Jun Sen M (0-34)	349	90	C MILLENNIUM BCP
395	528	EDUARDO VILHENA	0:58:10.51	0:57:13.90	56	M	VetV M (55-59)	350	37	C MILLENNIUM BCP
396	268	MARIA LEONOR FERREIRA	0:58:13.02	0:58:13.02	48	F	VetIII F (45-49)	46	10	CCDTMETROLX
397	727	SILVIA MENDES	0:58:13.39	0:57:18.11	42	F	VetII F (40-44)	47	9	GDC BANCO DE PORTUGAL
398	714	PAULA MACHADO	0:58:14.47	0:57:47.21	69	F	VetVII F (65-69)	48	1	CCD PM CASCAIS
399	684	VANDA SOFIA CORREIA	0:58:17.81	0:57:53.31	48	F	VetIII F (45-49)	49	11	C MILLENNIUM BCP
400	796	RUI MANUEL VAZ	0:58:18.18	0:58:09.43	51	M	VetIV M (50-54)	351	46	
401	97	LUIS SOUSA	0:58:18.46	0:57:24.93	48	M	VetIII M (45-49)	352	60	
402	478	LUZIA DIAS	0:58:19.30	0:58:16.54	53	F	VetIV F (50-54)	50	7	SPORTING CP
403	94	ÁLVARO PINTO	0:58:19.56	0:58:03.41	66	M	VetVII M (65-69)	353	11	REAL ACADEMIA
404	479	ARMANDO ALDEGALEGA	0:58:19.85	0:58:17.19	85	M	VetVIII M (70-99)	354	4	SPORTING CP
405	645	DAVIS GOUVEIA	0:58:22.19	0:57:18.46	35	M	VetI M (35-39)	355	45	
406	666	RODRIGO MENDES	0:58:26.60	0:57:44.93	37	M	VetI M (35-39)	356	46	C MILLENNIUM BCP
407	277	ARTUR ANTÓNIO FARINHA	0:58:29.61	0:57:46.56	60	M	VetVI M (60-64)	357	18	
408	482	ALCIDIO PEREIRA	0:58:33.94	0:57:51.41	59	M	VetV M (55-59)	358	38	C MILLENNIUM BCP
409	466	RICARDO CONCEIÇÃO	0:58:36.29	0:57:13.54	38	M	VetI M (35-39)	359	47	ASSOC. CULTURAL SAMBRASENSE
410	865	PAULO MARTINS	0:58:36.34	0:58:36.34	59	M	VetV M (55-59)	360	39	7 COLINAS RUNNING
411	642	ISABEL SANTOS	0:58:36.91	0:58:35.49	56	F	VetV F (55-59)	51	6	ASSOC. CULTURAL SAMBRASENSE
412	616	PATRÍCIA GASPAR	0:58:37.22	0:58:26.93	46	F	VetIII F (45-49)	52	12	GDCTINCM
413	459	DANIEL FELICIANO BRANCO	0:58:44.16	0:58:10.43	48	M	VetIII M (45-49)	361	61	
414	576	JOSÉ RIBEIRO	0:58:50.10	0:58:12.14	62	M	VetVI M (60-64)	362	19	C MILLENNIUM BCP

415	607	PAULO COUTINHO	0:58:53.44	0:58:42.44	55	M	VetV M (55-59)	363	40	C MILLENNIUM BCP
416	119	ANDREIA VICENTE	0:58:53.66	0:58:53.66	36	F	VetI F (35-39)	53	5	FOODEIVOS
417	726	CÉLIA MINAU	0:58:54.56	0:58:22.69	47	F	VetIII F (45-49)	54	13	GDC BANCO DE PORTUGAL
418	245	MARIA PACHECO	0:59:02.42	0:58:52.45	20	F	Jun Sen F (0-34)	55	12	
419	244	CARLOS BORGES SILVA	0:59:04.45	0:59:04.45	38	M	VetI M (35-39)	364	48	
420	192	ANDREZA LOPES TAOCHITA	0:59:08.73	0:58:41.65	46	F	VetIII F (45-49)	56	14	
421	132	CLÁUDIA GATO	0:59:09.53	0:58:01.75	34	F	Jun Sen F (0-34)	57	13	GRUPO CORRIDA JCS
422	614	PEDRO FILIPE TOME	0:59:10.66	0:58:23.24	46	M	VetIII M (45-49)	365	62	C MILLENNIUM BCP
423	587	LUIS ALMEIDA	0:59:13.14	0:58:22.81	57	M	VetV M (55-59)	366	41	C MILLENNIUM BCP
424	435	JOÃO GUILHERME	0:59:17.54	0:58:09.12	31	M	Jun Sen M (0-34)	367	91	FEDERAÇÃO DA FAMÍLIA
425	716	ALEXANDRA PINTO	0:59:17.82	0:58:47.75	48	F	VetIII F (45-49)	58	15	CLINICA SERVIÇOS DENTÁRIOS DR
426	432	ISABEL RODRIGUES	0:59:17.88	0:58:14.47	52	F	VetIV F (50-54)	59	8	FEDERAÇÃO DA FAMÍLIA
427	679	SUSANA BOAVENTURA	0:59:20.25	0:58:51.89	48	F	VetIII F (45-49)	60	16	C MILLENNIUM BCP
428	863	ANTONIO LIMA	0:59:20.88	0:59:20.88	60	M	VetVI M (60-64)	368	20	CLUBE MILLENNIUM BCP
429	480	ADRIANA MARIA MEDEIROS	0:59:21.86	0:58:52.31	52	F	VetIV F (50-54)	61	9	C MILLENNIUM BCP
430	743	ANTÓNIO SENA	0:59:23.70	0:58:57.77	52	M	VetIV M (50-54)	369	47	CCD TRANQUILIDADE
431	412	MARIA VELOSO	0:59:24.87	0:58:55.86	72	F	VetVIII F (70-99)	62	1	
432	187	JOAO ANTUNES	0:59:27.55	0:59:26.24	56	M	VetV M (55-59)	370	42	CORRER QUELUZ
433	534	FERNANDO ALMEIDA	0:59:29.90	0:59:07.20	55	M	VetV M (55-59)	371	43	C MILLENNIUM BCP
434	672	RUI MIGUEL SABINO	0:59:34.21	0:58:57.20	53	M	VetIV M (50-54)	372	48	C MILLENNIUM BCP
435	490	ANDRE AIRES PEREIRA	0:59:34.76	0:59:14.17	55	M	VetV M (55-59)	373	44	C MILLENNIUM BCP
436	395	MIGUEL CARTÓ	0:59:40.14	0:58:51.27	42	M	VetII M (40-44)	374	46	CARTÓS
437	583	LEONEL BRANDAO	0:59:40.67	0:59:40.67	56	M	VetV M (55-59)	375	45	C MILLENNIUM BCP
438	503	BRUNO MENDES SILVA	0:59:47.30	0:59:30.93	21	M	Jun Sen M (0-34)	376	92	C MILLENNIUM BCP
439	598	NELSON MARTINS	0:59:48.58	0:59:25.21	39	M	VetI M (35-39)	377	49	C MILLENNIUM BCP
440	57	NAYARA PINHEIRO	0:59:50.12	0:59:11.47	27	F	Jun Sen F (0-34)	63	14	FIDELIDADE GDC

441	460	SILVIO BERRA	0:59:50.17	0:59:50.17	64	M	VetVI M (60-64)	378	21	
442	77	MÁRIO RUI COELHO	0:59:50.96	0:58:56.26	62	M	VetVI M (60-64)	379	22	
443	365	RENÉ GOUVEIA	0:59:54.63	0:58:51.40	34	M	Jun Sen M (0-34)	380	93	
444	606	PATRICIA DINIS	0:59:57.98	0:59:43.43	54	F	VetIV F (50-54)	64	10	C MILLENNIUM BCP
445	776	LUÍS MIGUEL REVÉS	0:59:58.29	0:59:53.87	49	M	VetIII M (45-49)	381	63	CCD SIEMENS
446	550	JOAO SEBORRO	1:00:01.03	0:59:43.89	56	M	VetV M (55-59)	382	46	C MILLENNIUM BCP
447	640	MARIA JOÃO FERNANDES	1:00:06.21	0:59:41.12	65	F	VetVII F (65-69)	65	2	
448	455	LUIS FOUTO	1:00:06.50	0:59:51.08	52	M	VetIV M (50-54)	383	49	
449	149	PEDRO MEDEIROS	1:00:08.44	0:59:31.79	32	M	Jun Sen M (0-34)	384	94	GRUPO CORRIDA JCS
450	511	CARLA SOFIA MEDEIROS	1:00:08.68	0:58:58.89	43	F	VetII F (40-44)	66	10	C MILLENNIUM BCP
451	524	DIOGO BRUNO MOREIRA	1:00:09.79	0:58:59.46	18	M	Jun Sen M (0-34)	385	95	C MILLENNIUM BCP
452	543	INÊS BERNARDO	1:00:11.52	0:59:29.37	41	F	VetII F (40-44)	67	11	C MILLENNIUM BCP
453	538	FRANCISCO VIEIRA	1:00:16.04	0:59:55.15	49	M	VetIII M (45-49)	386	64	C MILLENNIUM BCP
454	60	MARCO ANTÓNIO LOURENÇO	1:00:20.45	0:59:39.14	38	M	VetI M (35-39)	387	50	
455	591	MANUEL DINIS FERREIRA	1:00:22.75	0:59:46.08	28	M	Jun Sen M (0-34)	388	96	C MILLENNIUM BCP
456	198	KIKE YIN	1:00:24.08	1:00:17.86	36	M	VetI M (35-39)	389	51	
457	492	ANTONIO JOSE ALMEIDA	1:00:27.04	0:59:45.81	57	M	VetV M (55-59)	390	47	C MILLENNIUM BCP
458	762	TAM AFONSO	1:00:28.24	1:00:23.64	70	M	VetVIII M (70-99)	391	5	CCD TRANQUILIDADE
459	758	MIGUEL BRANDÃO	1:00:28.58	1:00:23.43	35	M	VetI M (35-39)	392	52	CCD TRANQUILIDADE
460	751	JOÃO RIBEIRO	1:00:28.59	1:00:21.01	59	M	VetV M (55-59)	393	48	CCD TRANQUILIDADE
461	742	ANTÓNIO ALBUQUERQUE	1:00:28.63	1:00:23.47	54	M	VetIV M (50-54)	394	50	CCD TRANQUILIDADE
462	585	LUIS MANUEL SILVA	1:00:29.93	0:59:55.40	56	M	VetV M (55-59)	395	49	C MILLENNIUM BCP
463	643	JOÃO PEDRO VAZ	1:00:30.00	1:00:30.00	58	M	VetV M (55-59)	396	50	
464	124	ALEXANDRA CENTENO	1:00:30.86	1:00:30.86	50	F	VetIV F (50-54)	68	11	GRUPO CORRIDA JCS
465	291	TERESA MARTINS	1:00:31.98	1:00:21.50	64	F	VetVI F (60-64)	69	3	SS CGD
466	409	ANDRÉ MOREIRA	1:00:43.62	1:00:09.38	35	M	VetI M (35-39)	397	53	

467	184	SUSANA FERNANDES	1:00:45.41	1:00:37.09	41	F	VetII F (40-44)	70	12	
468	105	ANA RITA SIMÕES	1:00:45.75	1:00:37.67	26	F	Jun Sen F (0-34)	71	15	
469	866	FILIPPE CATRAIA	1:00:47.21	1:00:47.21	34	M	Jun Sen M (0-34)	398	97	
470	610	PAULO JOSE LIMA	1:00:48.12	1:00:16.72	50	M	VetIV M (50-54)	399	51	C MILLENNIUM BCP
471	110	RAQUEL COELHO	1:00:51.88	1:00:31.26	44	F	VetII F (40-44)	72	13	
472	574	GILBERTO GONÇALVES	1:00:53.86	1:00:27.85	74	M	VetVIII M (70-99)	400	6	CAA BELEM
473	368	HUGO ROQUE	1:00:54.56	1:00:54.56	38	M	VetI M (35-39)	401	54	
474	696	ALBERTO CARVALHO	1:00:55.84	1:00:35.01	65	M	VetVII M (65-69)	402	12	AFRS
475	825	ANA MENDES	1:00:57.37	1:00:36.99	43	F	VetII F (40-44)	73	14	AMINHACORRIDAPACERS
476	841	MÁRIO FREITAS	1:01:00.09	1:00:21.90	55	M	VetV M (55-59)	403	51	
477	560	JOSE CARLOS RODRIGUES	1:01:06.05	1:00:49.90	73	M	VetVIII M (70-99)	404	7	C MILLENNIUM BCP
478	130	CATARINA VENÂNCIO	1:01:14.24	1:00:29.47	37	F	VetI F (35-39)	74	6	GRUPO CORRIDA JCS
479	644	ANDRÉ FILIPE TEIXEIRA	1:01:15.59	1:00:40.82	36	M	VetI M (35-39)	405	55	
480	67	ANTÓNIO JOSÉ POMBINHO	1:01:18.18	1:00:55.83	66	M	VetVII M (65-69)	406	13	
481	473	JOSEP CROUS DURAN	1:01:24.70	1:00:17.15	42	M	VetII M (40-44)	407	47	
482	770	ELISABETE ÁGUAS	1:01:27.06	1:00:39.05	58	F	VetV F (55-59)	75	7	CCD O ALVITEJO
483	487	ANDRE FILIPE SALVADO	1:01:37.87	1:01:24.53	27	M	Jun Sen M (0-34)	408	98	C MILLENNIUM BCP
484	248	ANA CRISTINA SILVA	1:01:38.03	1:00:51.46	48	F	VetIII F (45-49)	76	17	
485	339	VINÍCIUS DE CORAZZA	1:01:39.85	1:01:21.93	28	M	Jun Sen M (0-34)	409	99	
486	402	CARLOTA FERREIRA	1:01:40.15	1:00:33.73	18	F	Jun Sen F (0-34)	77	16	
487	312	MAURO GOMES	1:01:41.86	1:01:11.31	46	M	VetIII M (45-49)	410	65	GDCTINCM
488	305	ANDRÉ RICARDO SANTOS	1:01:45.48	1:00:49.50	23	M	Jun Sen M (0-34)	411	100	
489	303	JORGE CAMOESAS	1:01:45.98	1:00:50.28	41	M	VetII M (40-44)	412	48	
490	777	ASA MARINA GONCALVES	1:01:46.17	1:01:25.28	49	F	VetIII F (45-49)	78	18	
491	681	TELMA RODRIGUES	1:01:49.48	1:01:14.59	33	F	Jun Sen F (0-34)	79	17	C MILLENNIUM BCP
492	799	DANIEL MAURO NETO	1:01:50.63	1:00:47.50	33	M	Jun Sen M (0-34)	413	101	

493	575	PAULO FALCÃO	1:01:53.44	1:01:23.13	36	M	VetI M (35-39)	414	56	
494	325	PAULO DUARTE	1:02:00.93	1:00:59.91	58	M	VetV M (55-59)	415	52	GDCT UNICRE
495	363	LIDIANE MENDES LOR	1:02:04.69	1:01:32.30	49	F	VetIII F (45-49)	80	19	
496	302	PAULA COSTA	1:02:07.66	1:01:55.44	50	F	VetIV F (50-54)	81	12	
497	401	ARTUR JORGE FERREIRA	1:02:17.84	1:01:11.57	52	M	VetIV M (50-54)	416	52	
498	670	RUI MANUEL FIDALGO	1:02:27.94	1:02:23.80	56	M	VetV M (55-59)	417	53	C MILLENNIUM BCP
499	371	SILVIA BETTENCOURT	1:02:40.61	1:01:56.68	38	F	VetI F (35-39)	82	7	
500	236	LUIS PROENÇA	1:02:42.26	1:02:07.35	53	M	VetIV M (50-54)	418	53	
501	344	IVA OLIVEIRA	1:02:44.26	1:02:13.45	49	F	VetIII F (45-49)	83	20	ML SPORTS
502	369	ÁLVARO NETO	1:02:45.08	1:02:02.29	44	M	VetII M (40-44)	419	49	ANRUN
503	252	ANA SOFIA SILVA	1:02:47.53	1:01:58.65	41	F	VetII F (40-44)	84	15	BÉLHAS BOAS
504	328	GONÇALO OLIVEIRA	1:02:48.87	1:02:10.66	61	M	VetVI M (60-64)	420	23	GDCT UNICRE
505	453	MIGUEL LOPES	1:02:49.59	1:02:04.42	51	M	VetIV M (50-54)	421	54	CORRIDA DAS BELAS
506	454	RAQUEL FELIZ	1:02:49.93	1:02:04.69	50	F	VetIV F (50-54)	85	13	CORRIDA DAS BELAS
507	156	VASCO RODEIA	1:02:57.54	1:02:45.40	54	M	VetIV M (50-54)	422	55	GRUPO CORRIDA JCS
508	262	JOAO VICTOR LUZ	1:02:59.32	1:01:46.90	27	M	Jun Sen M (0-34)	423	102	
509	287	FRANCISCO CLÉRIGO	1:03:02.96	1:02:24.55	70	M	VetVIII M (70-99)	424	8	SS CGD
510	171	RUI PASTOR	1:03:14.00	1:02:05.43	51	M	VetIV M (50-54)	425	56	PASTOR RACING
511	813	ANA EMANUEL	1:03:52.28	1:02:49.22	40	F	VetII F (40-44)	86	16	MAPOTA'S
512	812	FERNANDO EMANUEL	1:03:52.28	1:02:48.38	43	M	VetII M (40-44)	426	50	MAPOTA'S
513	554	JOAQUIM MANUEL FULGENCIO	1:04:02.70	1:04:02.70	66	M	VetVII M (65-69)	427	14	C MILLENNIUM BCP
514	750	ISABEL MOTA	1:04:08.38	1:03:56.11	50	F	VetIV F (50-54)	87	14	CCD TRANQUILIDADE
515	507	CARLA MARIA COUTINHO	1:04:10.34	1:03:58.52	53	F	VetIV F (50-54)	88	15	C MILLENNIUM BCP
516	405	RICARDO DUARTE	1:04:18.47	1:03:45.94	32	M	Jun Sen M (0-34)	428	103	ML SPORTS
517	871	TIAGO ROSA	1:04:23.85	1:04:23.85	40	M	VetII M (40-44)	429	51	CLUBE MILLENNIUM BCP
518	123	JAIME FILIPE ABREU	1:04:37.44	1:03:31.30	49	M	VetIII M (45-49)	430	66	

519	352	SARA FELIZARDO	1:04:44.79	1:03:57.91	30	F	Jun Sen F (0-34)	89	18	ANEMONAS
520	803	GRZEGORZ KUJAWINSKI	1:04:47.19	1:04:28.69	39	M	VetI M (35-39)	431	57	
521	788	PIOTR ZIEHLKE	1:04:49.87	1:04:31.20	37	M	VetI M (35-39)	432	58	
522	121	JOSÉ MANUEL TEIXEIRA	1:04:50.76	1:04:05.58	66	M	VetVII M (65-69)	433	15	
523	665	RODRIGO A BOTO	1:04:51.28	1:03:56.69	19	M	Jun Sen M (0-34)	434	104	C MILLENNIUM BCP
524	638	JOSÉ FERNANDES	1:04:52.49	1:03:56.16	49	M	VetIII M (45-49)	435	67	
525	193	LAURINDA CASTRO	1:05:01.66	1:04:53.77	64	F	VetVI F (60-64)	90	4	
526	70	MARIA DO MIGUÉIS	1:05:13.15	1:05:00.35	27	F	Jun Sen F (0-34)	91	19	
527	72	AMANDA JENSEN	1:05:18.69	1:04:08.92	28	F	Jun Sen F (0-34)	92	20	SAC 2023
528	597	MÁRIO ANDRADE	1:05:20.00	1:05:02.35	53	M	VetIV M (50-54)	436	57	C MILLENNIUM BCP
529	808	PATRICIA BRIGIDO MACHADO	1:05:21.38	1:04:29.94	49	F	VetIII F (45-49)	93	21	MACHADINHOS
530	71	DINIS MANUEL FERRAZ	1:05:21.89	1:04:11.97	31	M	Jun Sen M (0-34)	437	105	SAC 2023
531	182	LUÍS ANDRÉ PINTO	1:05:28.84	1:05:28.84	30	M	Jun Sen M (0-34)	438	106	
532	458	LÉLIA MATOS	1:05:35.15	1:04:58.68	44	F	VetII F (40-44)	94	17	
533	594	CATARINA ISABEL ALTAS	1:05:36.38	1:05:12.98	50	F	VetIV F (50-54)	95	16	C MILLENNIUM BCP
534	584	LUIS FILIPE SILVA	1:05:37.34	1:05:14.62	55	M	VetV M (55-59)	439	54	C MILLENNIUM BCP
535	150	RITA VITORINO FERREIRA	1:05:39.16	1:04:54.75	38	F	VetI F (35-39)	96	8	GRUPO CORRIDA JCS
536	835	FERNANDO SANTOS	1:05:45.53	1:04:47.72	41	M	VetII M (40-44)	440	52	OESTE RUNNERS
537	373	FRANCISCO VERISSIMO MOTA	1:05:48.96	1:05:10.41	28	M	Jun Sen M (0-34)	441	107	
538	80	EVELISE DE VEIGA	1:05:49.00	1:04:41.14	37	F	VetI F (35-39)	97	9	
539	541	GUILHERME AFONSO	1:05:52.62	1:04:44.81	28	M	Jun Sen M (0-34)	442	108	C MILLENNIUM BCP
540	548	JOAO LUIS CARVALHO	1:05:55.73	1:04:44.82	51	M	VetIV M (50-54)	443	58	C MILLENNIUM BCP
541	682	TIAGO CARVALHO	1:05:56.54	1:04:45.63	19	M	Jun Sen M (0-34)	444	109	C MILLENNIUM BCP
542	464	RAFAEL ROCHA	1:06:02.73	1:05:10.69	21	M	Jun Sen M (0-34)	445	110	
543	242	CARINA MIRANDA VICENTE	1:06:12.56	1:05:54.92	38	F	VetI F (35-39)	98	10	
544	526	DULCE RAMOS	1:06:13.60	1:05:46.01	54	F	VetIV F (50-54)	99	17	C MILLENNIUM BCP

545	399	JORGE PAULINO	1:06:16.98	1:06:03.85	67	M	VetVII M (65-69)	446	16	CD MAFRA
546	771	PAULO JORGE SANTOS	1:06:17.50	1:05:36.69	54	M	VetIV M (50-54)	447	59	
547	477	ANTÓNIO CASAS NOVAS	1:06:17.61	1:05:23.74	45	M	VetIII M (45-49)	448	68	
548	445	JOAO BARROS	1:06:19.18	1:06:01.06	59	M	VetV M (55-59)	449	55	
549	397	DIAMANTINO ALBUQUERQUE	1:06:19.50	1:06:06.26	69	M	VetVII M (65-69)	450	17	CD MAFRA
550	544	IVO GOMES SILVA	1:06:22.61	1:05:52.47	73	M	VetVIII M (70-99)	451	9	C MILLENNIUM BCP
551	485	NUNO PEDROSA	1:06:35.27	1:05:52.74	46	M	VetIII M (45-49)	452	69	C MILLENNIUM BCP
552	451	MARTA FERNANDES	1:06:38.67	1:06:38.67	31	F	Jun Sen F (0-34)	100	21	CV RUNNERS
553	378	JOSE VALENTIM	1:06:45.43	1:05:54.07	52	M	VetIV M (50-54)	453	60	A TEAM AGEAS
554	549	JOAO MANUEL BOTO	1:06:50.58	1:05:56.58	61	M	VetVI M (60-64)	454	24	C MILLENNIUM BCP
555	353	ANA FILIPA LOURENÇO	1:06:52.93	1:06:03.77	31	F	Jun Sen F (0-34)	101	22	ANEMONAS
556	810	MÁRCIO L. SILVA	1:06:53.56	1:06:16.60	29	M	Jun Sen M (0-34)	455	111	LS RUNNERS
557	811	HELENA OLIVEIRA	1:06:53.65	1:06:20.09	30	F	Jun Sen F (0-34)	102	23	LS RUNNERS
558	64	ALEXANDRA CÔCO	1:06:57.56	1:06:57.56	49	F	VetIII F (45-49)	103	22	
559	63	JOÃO SOUZA	1:06:57.95	1:06:05.24	50	M	VetIV M (50-54)	456	61	
560	462	LUCAS TURIN ROCHA	1:07:05.76	1:03:10.96	28	M	Jun Sen M (0-34)	457	112	
561	732	CLAUDIA FLORENTIN	1:07:07.68	1:06:09.91	45	F	VetIII F (45-49)	104	23	GDC BANCO DE PORTUGAL
562	646	SANDRA SILVA	1:07:09.90	1:06:05.88	30	F	Jun Sen F (0-34)	105	24	
563	461	ANA PAULA PARRACHO	1:07:10.62	1:06:15.59	57	F	VetV F (55-59)	106	8	CCD SIEMENS
564	746	CLAUDIA TAM	1:07:11.19	1:06:24.07	41	F	VetII F (40-44)	107	18	CCD TRANQUILIDADE
565	529	EDUARDO CUNHA PINTO	1:07:16.83	1:06:57.61	55	M	VetV M (55-59)	458	56	C MILLENNIUM BCP
566	498	ARTUR LEITE	1:07:18.26	1:06:51.17	58	M	VetV M (55-59)	459	57	C MILLENNIUM BCP
567	430	ANA GONÇALVES	1:07:20.04	1:06:23.57	54	F	VetIV F (50-54)	108	18	FEDERAÇÃO DA FAMÍLIA
568	429	PAULO CLARO	1:07:20.32	1:06:24.03	49	M	VetIII M (45-49)	460	70	FEDERAÇÃO DA FAMÍLIA
569	801	PEDRO LOUREIRO	1:07:21.76	1:06:01.25	47	M	VetIII M (45-49)	461	71	
570	223	CARLA BAPTISTA	1:07:23.06	1:06:42.12	43	F	VetII F (40-44)	109	19	CCD CRÉDITO AGRÍCOLA

571	521	CLAUDIA SOFIA AUGUSTO	1:07:25.95	0:53:52.81	39	F	VetI F (35-39)	110	11	C MILLENNIUM BCP
572	449	RICARDO QUARESMA	1:07:28.73	1:06:36.74	46	M	VetIII M (45-49)	462	72	
573	278	CÉSAR GUERRA	1:07:31.60	1:06:32.70	53	M	VetIV M (50-54)	463	62	
574	649	PEDRO DELGADO	1:07:38.21	1:06:10.49	56	M	VetV M (55-59)	464	58	C MILLENNIUM BCP
575	342	CRISTINA REIS	1:07:38.46	1:07:06.82	51	F	VetIV F (50-54)	111	19	
576	329	GONÇALO SOARES	1:08:08.80	1:07:05.90	26	M	Jun Sen M (0-34)	465	113	GDCT UNICRE
577	846	Atleta Sem Registo	1:08:18.70	1:08:18.70			Atl Sem Reg	1	1	
578	166	CAROLINA SOFIA VALADAS	1:08:26.20	1:08:00.33	26	F	Jun Sen F (0-34)	112	25	
579	514	RUI MENDES	1:08:41.51	1:07:58.96	45	M	VetIII M (45-49)	466	73	C MILLENNIUM BCP
580	592	MARCO FILIPE LUZ	1:08:41.51	1:07:58.72	46	M	VetIII M (45-49)	467	74	C MILLENNIUM BCP
581	326	ANA CUBA	1:08:49.08	1:07:33.36	45	F	VetIII F (45-49)	113	24	GDCT UNICRE
582	817	PEDRO MURCA	1:08:53.93	1:08:12.54	56	M	VetV M (55-59)	468	59	C MILLENNIUM BCP
583	374	ELISA PINHEIRO ALVES	1:09:08.64	1:08:29.69	26	F	Jun Sen F (0-34)	114	26	
584	510	CARLA SOFIA LOPES	1:09:10.64	1:08:18.85	45	F	VetIII F (45-49)	115	25	C MILLENNIUM BCP
585	250	FÁTIMA MARIA ALMEIDA	1:09:17.00	1:09:06.31	63	F	VetVI F (60-64)	116	5	
586	416	PAULO LEITE MACHADO	1:09:24.77	1:08:51.15	28	M	Jun Sen M (0-34)	469	114	
587	779	LUIS FILIPE SIMOES	1:09:31.27	1:09:01.17	27	M	Jun Sen M (0-34)	470	115	
588	256	NATACHA VALADOR	1:09:50.83	1:09:01.51	37	F	VetI F (35-39)	117	12	SCALIBOMBAS
589	725	CASIMIRO RAMOS	1:09:51.03	1:09:29.95	60	M	VetVI M (60-64)	471	25	GDC BANCO DE PORTUGAL
590	713	ARTEM YERMILKO	1:10:04.68	1:09:18.36	27	M	Jun Sen M (0-34)	472	116	
591	69	MADALENA MARIA FERREIRA	1:10:19.00	1:10:06.73	26	F	Jun Sen F (0-34)	118	27	
592	345	SOFIA COIMBRA FERREIRA	1:10:28.48	1:09:56.59	33	F	Jun Sen F (0-34)	119	28	ML SPORTS
593	692	CLÁUDIA GRENCHO	1:10:36.05	1:10:16.19	50	F	VetIV F (50-54)	120	20	SERVIÇOS SOCIAIS MONTEPIO
594	179	LEONOR MONTEIRO SESTELO	1:10:44.46	1:10:44.46	24	F	Jun Sen F (0-34)	121	29	
595	220	RITA ALEXANDRA SANTOS	1:10:57.14	1:10:45.74	35	F	VetI F (35-39)	122	13	
596	155	TAMARA SWART	1:11:44.42	1:11:02.59	28	F	Jun Sen F (0-34)	123	30	GRUPO CORRIDA JCS

597	736	RICARDO GAMA	1:11:49.58	1:11:09.99	38	M	VetI M (35-39)	473	59	GD SANTANDER TOTTA
598	735	CARINA SOFIA SILVA	1:11:49.93	1:11:10.15	37	F	VetI F (35-39)	124	14	GD SANTANDER TOTTA
599	362	MAURICIO SANTANA LORDELO	1:11:57.28	1:11:24.56	51	M	VetIV M (50-54)	474	63	
600	367	SOFIA CAPOTE	1:12:00.52	1:11:15.38	42	F	VetII F (40-44)	125	20	CASA BENFICA SEIXAL
601	844	DEIVID VEIGA	1:12:01.86	1:10:53.75	35	M	VetI M (35-39)	475	60	
602	340	FRANCISCO CORAZZA	1:12:03.52	1:11:43.26	65	M	VetVII M (65-69)	476	18	
603	51	JOHNNY THOMASSEN	1:12:05.96	1:12:05.96	63	M	VetVI M (60-64)	477	26	NORWAY
604	306	ANA MARGARIDA QUINTEIRO	1:12:08.28	1:11:16.49	27	F	Jun Sen F (0-34)	126	31	VAI QU'É TEU
605	133	DAVID MACHADO	1:12:08.40	0:58:12.99	41	M	VetII M (40-44)	478	53	GRUPO CORRIDA JCS
606	269	ORLANDO SOUSA	1:12:08.67	1:11:28.38	61	M	VetVI M (60-64)	479	27	CCDTMETROLX
607	308	SOFIA VALENTE	1:12:08.81	1:11:14.52	25	F	Jun Sen F (0-34)	127	32	VAI QU'É TEU
608	749	HUGO OLIMPIO	1:12:12.38	1:11:25.81	47	M	VetIII M (45-49)	480	75	CCD TRANQUILIDADE
609	523	DELFINA MARIA ALEXANDRE	1:12:30.84	1:12:02.97	55	F	VetV F (55-59)	128	9	C MILLENNIUM BCP
610	111	ANTÓNIO COSTA	1:12:40.00	1:11:53.20	62	M	VetVI M (60-64)	481	28	
611	663	RITA PAULA SOARES	1:12:46.29	1:10:04.27	50	F	VetIV F (50-54)	129	21	C MILLENNIUM BCP
612	55	ADRIANA FIGUEIREDO AMARAL	1:14:13.62	1:13:28.19	31	F	Jun Sen F (0-34)	130	33	
613	393	CRISLANE ROCHA	1:14:20.69	1:13:41.37	32	F	Jun Sen F (0-34)	131	34	
614	321	MÁRIO RIBEIRO	1:14:38.58	1:13:36.95	69	M	VetVII M (65-69)	482	19	
615	322	FERNANDO RIBEIRO	1:14:39.17	1:13:36.67	62	M	VetVI M (60-64)	483	29	
616	56	RUI CARVALHO	1:14:39.70	1:14:39.70	59	M	VetV M (55-59)	484	60	
617	247	MARTA ALVES	1:14:41.29	1:13:37.56	31	F	Jun Sen F (0-34)	132	35	
618	246	PAULO ESTRELA	1:14:42.40	1:13:37.28	44	M	VetII M (40-44)	485	54	
619	254	MARIA DE CORREIA	1:14:55.51	1:14:06.18	39	F	VetI F (35-39)	133	15	BÉLHAS BOAS
620	333	BEATRIZ DA PAIS	1:14:58.85	1:14:12.27	23	F	Jun Sen F (0-34)	134	36	
621	349	PEPE PEREIRA	1:15:19.00	1:14:42.73	40	M	VetII M (40-44)	486	55	
622	335	ANNA LUCIE AUST	1:15:20.09	1:15:06.71	45	F	VetIII F (45-49)	135	26	BARRANCOS FC BIOGADO

623	421	MARIA DA PEREIRA	1:15:21.04	1:15:07.52	38	F	VetI F (35-39)	136	16	
624	100	RICARDO OLIVEIRA	1:15:48.91	1:15:40.66	27	M	Jun Sen M (0-34)	487	117	
625	91	INÊS PAIVA	1:16:06.40	1:15:29.05	31	F	Jun Sen F (0-34)	137	37	CORRER LISBOA
626	147	MÓNICA BRISSOS	1:16:08.61	1:10:47.96	42	F	VetII F (40-44)	138	21	GRUPO CORRIDA JCS
627	457	MELISSA MATOS	1:16:29.54	1:15:39.98	29	F	Jun Sen F (0-34)	139	38	
628	766	JORGE MARTINS	1:16:38.39	1:15:38.40	44	M	VetII M (40-44)	488	56	PAPA TUDO
629	572	SONIA PALMA	1:16:41.39	1:15:46.37	45	F	VetIII F (45-49)	140	27	CCD SIEMENS
630	580	JOSE MANUEL BALINHO	1:16:42.09	1:15:46.09	64	M	VetVI M (60-64)	489	30	C MILLENNIUM BCP
631	500	BERNARDO JOSE PARAIBA	1:16:42.44	1:15:49.35	69	M	VetVII M (65-69)	490	20	C MILLENNIUM BCP
632	85	JOAQUIM LUÍS PEREIRA	1:16:51.19	1:16:28.53	65	M	VetVII M (65-69)	491	21	
633	235	JADERSON MORAIS	1:16:54.09	1:16:39.43	33	M	Jun Sen M (0-34)	492	118	VIVER CORRENDO - BRASIL
634	298	ANA RITA MONTEIRO	1:17:11.18	1:16:39.67	47	F	VetIII F (45-49)	141	28	ML SPORTS
635	116	ANTÓNIO MOURA	1:17:14.58	1:17:14.58	66	M	VetVII M (65-69)	493	22	
636	78	JOANA D'ARC CHOURIÇO	1:17:16.59	1:17:03.33	60	F	VetVI F (60-64)	142	6	RUNNING CLUB SANTA CASA
637	66	ROSA MIRANDA REIS	1:17:28.66	1:16:56.60	66	F	VetVII F (65-69)	143	3	
638	330	HUGO SOUSA	1:17:36.93	1:16:34.92	42	M	VetII M (40-44)	494	57	GDCT UNICRE
639	202	JORGE MANUEL MARTINS	1:17:37.49	1:17:04.27	69	M	VetVII M (65-69)	495	23	
640	208	PATRYCJA SMOLAREK	1:17:39.00	1:16:29.04	31	F	Jun Sen F (0-34)	144	39	
641	136	FERNANDA LOPES	1:18:17.00	1:17:10.37	34	F	Jun Sen F (0-34)	145	40	GRUPO CORRIDA JCS
642	297	SUSANA RAMOS	1:18:22.00	1:17:49.40	44	F	VetII F (40-44)	146	22	ML SPORTS
643	106	ANA CATARINA PEREIRA	1:18:36.08	1:17:42.56	49	F	VetIII F (45-49)	147	29	
644	472	PEDRO EVARISTO	1:18:46.10	1:17:38.23	42	M	VetII M (40-44)	496	58	
645	253	SÓNIA CRISTINA ALBINO	1:19:06.27	1:18:17.77	44	F	VetII F (40-44)	148	23	BÉLHAS BOAS
646	263	EDUARDA FURTADO VAGO	1:19:14.61	1:18:02.86	26	F	Jun Sen F (0-34)	149	41	
647	160	ÍRIS SOFIA LOPES	1:19:51.03	1:19:06.93	31	F	Jun Sen F (0-34)	150	42	
648	153	SARAH ALOQUES	1:20:55.17	1:20:11.41	31	F	Jun Sen F (0-34)	151	43	GRUPO CORRIDA JCS

649	424	HENRIQUE VILHENA	1:22:31.98	1:21:16.62	67	M	VetVII M (65-69)	497	24	
650	327	BENTO CORREIA	1:24:25.98	1:23:43.12	62	M	VetVI M (60-64)	498	31	GDCT UNICRE
651	331	PAULO FRANÇA	1:24:26.29	1:23:49.09	61	M	VetVI M (60-64)	499	32	GDCT UNICRE
652	674	SANDRA PAULA MATOS	1:26:14.38	1:25:31.85	50	F	VetIV F (50-54)	152	22	C MILLENNIUM BCP
653	530	EDUARDO LOPES	1:26:14.73	1:25:32.19	52	M	VetIV M (50-54)	500	64	C MILLENNIUM BCP
654	125	ALEXANDRA RODRIGUES	1:27:33.79	1:22:13.38	47	F	VetIII F (45-49)	153	30	GRUPO CORRIDA JCS
655	221	MARIA JOSÉ CORREIA	1:29:27.15	1:29:15.37	62	F	VetVI F (60-64)	154	7	
656	131	CATARINA VIEIRA	1:30:47.71	1:25:50.71	46	F	VetIII F (45-49)	155	31	GRUPO CORRIDA JCS
657	535	FOCK YIOT WAN	1:30:48.32	1:30:19.40	73	F	VetVIII F (70-99)	156	2	C MILLENNIUM BCP
658	678	SUSANA CARMO	1:31:12.87	1:28:34.12	53	F	VetIV F (50-54)	157	23	C MILLENNIUM BCP
659	140	INÊS PEREIRA	1:33:13.35	1:32:08.04	31	F	Jun Sen F (0-34)	158	44	GRUPO CORRIDA JCS
660	141	JOANA APARÍCIO	1:35:16.05	1:34:07.25	35	F	VetI F (35-39)	159	17	GRUPO CORRIDA JCS
661	126	ANA MARIA BRITES	1:35:18.64	1:34:12.77	25	F	Jun Sen F (0-34)	160	45	GRUPO CORRIDA JCS
662	683	TIAGO MANUEL MENDES	1:42:32.91	1:42:32.91	49	M	VetIII M (45-49)	501	76	C MILLENNIUM BCP