



CORRIDA 10KM

7ª CORRIDA ASSOCIAÇÃO

JORGE PINA

Powered by
iWear
Lentes de Contacto
by MultiOpticas

14
OUT
2023

Posição Geral	Dorsal	Nome	Tempo Prova	Tempo Líquido	Idade	Género	Escalão	Posição Género	Posição Escalão	Equipa
1	143	MIGUEL ANGEL LOPEZ	0:31:36.47	0:31:36.47	26	M	Jun Sen M (18-34)	1	1	CLUB ATLETISMO RINCONADA
2	114	JOÃO PINTO	0:33:00.00	0:33:00.00	33	M	Jun Sen M (18-34)	2	2	
3	212	ANDRÉ COSTA	0:34:36.48	0:34:34.74	33	M	Jun Sen M (18-34)	3	3	CBRM
4	205	LUIS GARCIA	0:35:10.00	0:35:08.08	22	M	Jun Sen M (18-34)	4	4	CLUBE PEDRO PESSOA ESCOLA ATLE
5	104	DAVID JOSÉ TIBÉRIO	0:36:24.16	0:36:22.16	30	M	Jun Sen M (18-34)	5	5	
6	52	BERNARDO MAGINA	0:37:00.00	0:36:58.35	19	M	Jun Sen M (18-34)	6	6	
7	253	DANIEL ARAÚJO	0:37:33.90	0:37:33.78	40	M	VetII M (40-44)	7	1	
8	69	BRUNO CARVALHO	0:37:53.83	0:37:53.65	44	M	VetII M (40-44)	8	2	FUTEBOL CLUBE ROSSÃO
9	153	LUIS BATISTA	0:37:57.79	0:37:57.61	46	M	VetIII M (45-49)	9	1	CC ARCOS DE VALDEVEZ
10	161	PAULO BENEVENTE	0:38:22.10	0:38:22.05	43	M	VetII M (40-44)	10	3	ASSOCIAÇÃO JORGE PINA
11	47	SARA NETO	0:38:46.79	0:38:46.76	33	F	Jun Sen F (18-34)	1	1	CF BELENENSES
12	137	RUI TEIXEIRA	0:38:48.26	0:38:45.73	46	M	VetIII M (45-49)	11	2	CAD A CORRER
13	164	FRANCISCO TAVARES SILVA	0:38:53.07	0:38:52.01	28	M	Jun Sen M (18-34)	12	7	ATIVA-TE
14	232	MIGUEL VILARES	0:38:54.59	0:38:52.37	24	M	Jun Sen M (18-34)	13	8	CDUL
15	204	RODRIGO GANANCIA	0:39:06.54	0:39:04.56	20	M	Jun Sen M (18-34)	14	9	CLUBE PEDRO PESSOA ESCOLA ATLE
16	152	JOÃO TABORDA	0:40:05.23	0:40:05.16	38	M	VetI M (35-39)	15	1	C.F. OS BELENENSES
17	68	MÁRCIO JOSÉ BERNARDES	0:40:09.55	0:40:08.35	44	M	VetII M (40-44)	16	4	
18	22	JOÃO GUTERRES	0:40:13.68	0:40:13.38	48	M	VetIII M (45-49)	17	3	1º DEZEMBRO QUEIJAS
19	251	PAULO GOMES	0:40:26.54	0:40:21.20	43	M	VetII M (40-44)	18	5	
20	157	RICARDO CARVALHO	0:41:14.50	0:41:14.45	43	M	VetII M (40-44)	19	6	CC ARCOS DE VALDEVEZ
21	230	JOÃO SEQUEIRA	0:41:33.34	0:41:33.04	25	M	Jun Sen M (18-34)	20	10	CDUL
22	229	JOÃO RAMALHO	0:42:08.41	0:42:07.83	24	M	Jun Sen M (18-34)	21	11	CDUL
23	88	JOÃO PEDRO HENRIQUES	0:42:10.00	0:42:06.54	22	M	Jun Sen M (18-34)	22	12	TNMV RUNNERS
24	228	VASCO SANTOS	0:42:10.17	0:42:09.78	20	M	Jun Sen M (18-34)	23	13	CDUL



CORRIDA 10KM

7ª CORRIDA ASSOCIAÇÃO

JORGE PINA

Powered by
iWear
Lentes de Contacto
by MultiOpticas

14
OUT
2023

25	215	CARLOS PEDRO	0:42:10.41	0:42:08.18	52	M	VetIV M (50-54)	24	1	CLUBE TAP PORTUGAL
26	84	AMARO SANTOS	0:42:15.49	0:42:15.41	25	M	Jun Sen M (18-34)	25	14	
27	94	RUI DAVID FREITAS	0:42:37.18	0:42:32.79	46	M	VetIII M (45-49)	26	4	
28	78	NUNO SANTOS ALMEIDA	0:42:43.26	0:42:41.48	43	M	VetII M (40-44)	27	7	
29	219	PEDRO SOUSA	0:43:02.82	0:42:58.98	42	M	VetII M (40-44)	28	8	CLUBE TAP PORTUGAL
30	242	LUÍS RAMOS	0:43:43.27	0:43:43.27	43	M	VetII M (40-44)	29	9	MARVILA JOVEM
31	243	LUÍS SOUSA	0:43:43.38	0:43:43.38	33	M	Jun Sen M (18-34)	30	15	MARVILA JOVEM
32	131	PAULO GONÇALVES	0:43:43.80	0:43:43.80	57	M	VetV M (55-59)	31	1	MARVILA JOVEM
33	234	EDUARDO MELO	0:43:50.18	0:43:49.43	47	M	VetIII M (45-49)	32	5	CDUL
34	159	BRUNO ROLIM	0:44:01.57	0:43:58.08	41	M	VetII M (40-44)	33	10	ASSOCIAÇÃO JORGE PINA
35	158	ABULAI DABÓ	0:44:01.62	0:43:58.30	21	M	Jun Sen M (18-34)	34	16	ASSOCIAÇÃO JORGE PINA
36	173	MARIO RUI SEABRA	0:44:04.23	0:43:57.29	51	M	VetIV M (50-54)	35	2	GRJA
37	95	RICARDO MOTA	0:44:17.69	0:44:12.34	47	M	VetIII M (45-49)	36	6	SRI CHINMOY MARATHON TEAM
38	167	DIOGO MANUEL GONÇALVES	0:44:18.40	0:44:15.61	41	M	VetII M (40-44)	37	11	
39	93	EDUARDO MANUEL LUÍS	0:44:56.51	0:44:50.63	45	M	VetIII M (45-49)	38	7	ATÓMICOS
40	216	DIAMANTINO GAMITO	0:44:57.12	0:44:51.62	57	M	VetV M (55-59)	39	2	CLUBE TAP PORTUGAL
41	67	JUNIOR HARTMAN	0:45:01.00	0:44:59.02	32	M	Jun Sen M (18-34)	40	17	
42	86	DAVID SANTOS	0:45:06.79	0:45:04.03	52	M	VetIV M (50-54)	41	3	
43	207	PAULO GONÇALVES	0:45:15.04	0:45:08.53	57	M	VetV M (55-59)	42	3	ACNPN
44	186	JOÃO GABRIEL OLIVEIRA	0:45:16.13	0:45:16.13	25	M	Jun Sen M (18-34)	43	18	ERNST & YOUNG
45	30	RUI MANUEL PIRES	0:45:16.24	0:45:10.49	45	M	VetIII M (45-49)	44	8	
46	213	ANA VALENTE	0:45:19.00	0:45:09.64	30	F	Jun Sen F (18-34)	2	2	CLUBE TAP PORTUGAL
47	20	AIRES PRATAS	0:45:22.41	0:45:20.14	68	M	VetVII M (65-69)	45	1	CA VALE FIGUEIRA
48	99	RUI BATISTA	0:45:24.80	0:45:23.19	47	M	VetIII M (45-49)	46	9	AMIGOS DO ATLETISMO DE MAFRA
49	146	NUNO CAFÉ	0:45:28.18	0:45:26.47	45	M	VetIII M (45-49)	47	10	AMINHACORRIDAPACERS
50	98	ARNALDO ROLO	0:45:59.28	0:45:56.47	57	M	VetV M (55-59)	48	4	RFRPSI



CORRIDA 10KM

7ª CORRIDA ASSOCIAÇÃO

JORGE PINA

Powered by
iWear
Lentes de Contacto
by MultiOpticas

14
OUT
2023

51	200	CÉSAR JOÃO SANTOS	0:46:02.94	0:45:46.29	41	M	VetII M (40-44)	49	12	ASSOCIAÇÃO JORGE PINA
52	72	RAFAELA GONÇALVES	0:46:06.26	0:46:05.19	29	F	Jun Sen F (18-34)	3	3	
53	165	THALES CARVALHO CORREIA	0:47:01.82	0:46:54.19	30	M	Jun Sen M (18-34)	50	19	MCA
54	151	CARLOS BRAZÃO	0:47:14.00	0:47:06.00	36	M	VetI M (35-39)	51	2	
55	134	FABIO DANIEL BATISTA	0:47:34.05	0:47:28.90	30	M	Jun Sen M (18-34)	52	20	
56	103	MÁRIO LOURENÇO	0:47:37.86	0:47:35.30	31	M	Jun Sen M (18-34)	53	21	
57	90	PAULO CALDAS	0:47:40.21	0:47:35.08	33	M	Jun Sen M (18-34)	54	22	CORRER QUELUZ
58	175	PAULO SÉRGIO LOUREIRO	0:47:41.53	0:47:33.85	47	M	VetIII M (45-49)	55	11	GRJA
59	231	MADALENA REBELO	0:47:47.00	0:47:43.83	19	F	Jun Sen F (18-34)	4	4	CDUL
60	135	CATARINA FERREIRA	0:47:53.86	0:47:53.86	43	F	VetII F (40-44)	5	1	
61	15	RUI MANUEL MENDES	0:48:00.51	0:48:00.51	51	M	VetIV M (50-54)	56	4	CA VALE FIGUEIRA
62	23	BRUNO AMARO	0:48:22.17	0:48:15.31	42	M	VetII M (40-44)	57	13	RUNNING CLUB SANTA CASA
63	250	INÊS PEIXON	0:48:38.31	0:48:34.13	44	F	VetII F (40-44)	6	2	
64	237	ANA LOPES	0:48:52.91	0:48:49.40	19	F	Jun Sen F (18-34)	7	5	CDUL
65	233	LUIS MESSIAS	0:48:55.47	0:48:53.03	22	M	Jun Sen M (18-34)	58	23	CDUL
66	132	PAULO JORGE GOMES	0:49:02.42	0:48:49.81	53	M	VetIV M (50-54)	59	5	AMIGOS DO ATLETISMO DE MAFRA
67	244	NICOLE SEMEDO	0:49:17.22	0:49:11.27	26	F	Jun Sen F (18-34)	8	6	
68	139	MÁRIO DE MATOS	0:49:23.69	0:49:17.17	55	M	VetV M (55-59)	60	5	
69	133	JOSÉ VERÍSSIMO	0:49:35.98	0:49:32.83	57	M	VetV M (55-59)	61	6	
70	130	LUÍS NUNES	0:49:55.54	0:49:51.94	47	M	VetIII M (45-49)	62	12	MARVILA JOVEM
71	110	CARLOS MIGUEL AVELINO	0:50:02.60	0:49:51.30	53	M	VetIV M (50-54)	63	6	JORGE PINA
72	17	JOSÉ MARQUES	0:50:05.72	0:50:03.57	56	M	VetV M (55-59)	64	7	CA VALE FIGUEIRA
73	19	MIGUEL LOUREIRO	0:50:18.62	0:50:12.25	41	M	VetII M (40-44)	65	14	
74	142	JOSE TRUJILLO	0:50:24.84	0:50:19.63	18	M	Jun Sen M (18-34)	66	24	
75	198	JOÃO GREGÓRIO	0:50:27.82	0:50:27.82	46	M	VetIII M (45-49)	67	13	ERNST & YOUNG
76	169	DORA CRISTINA SOUSA	0:50:38.36	0:50:30.99	47	F	VetIII F (45-49)	9	1	



CORRIDA 10KM

7ª CORRIDA ASSOCIAÇÃO

JORGE PINA

Powered by
iWear
Lentes de Contacto
by MultiOpticas

14
OUT
2023

77	226	PEDRO MIGUEL	0:50:39.57	0:50:35.22	30	M	Jun Sen M (18-34)	68	25	OS GAZELAS
78	208	GILSON SILVA	0:51:01.00	0:50:55.50	43	M	VetII M (40-44)	69	15	
79	122	VIVIANA COSTA	0:51:12.73	0:50:58.56	19	F	Jun Sen F (18-34)	10	7	GRUPO DESPORTIVO DE CHELAS
80	217	JORGE GONÇALVES	0:51:19.29	0:51:05.12	38	M	VetI M (35-39)	70	3	CLUBE TAP PORTUGAL
81	211	TIAGO SILVA	0:51:19.64	0:51:13.08	24	M	Jun Sen M (18-34)	71	26	QUANTICO
82	40	VICTOR MAURÍLIO BARROS	0:51:20.40	0:51:08.34	36	M	VetI M (35-39)	72	4	
83	147	NUNO ALVES	0:51:22.41	0:51:18.58	48	M	VetIII M (45-49)	73	14	AMINHACORRIDAPACERS
84	42	JOÃO TIAGO DURÃES	0:51:35.84	0:51:31.77	31	M	Jun Sen M (18-34)	74	27	
85	160	LUÍS CRUZ	0:51:56.54	0:51:56.42	35	M	VetI M (35-39)	75	5	ASSOCIAÇÃO JORGE PINA
86	203	NATACHA FAUSTINO	0:52:07.12	0:52:05.51	21	F	Jun Sen F (18-34)	11	8	CLUBE PEDRO PESSOA ESCOLA ATLE
87	83	PAULO LEANDRO	0:52:12.62	0:52:12.62	46	M	VetIII M (45-49)	76	15	
88	162	ANTÓNIO MONTEIRO	0:52:22.52	0:52:17.25	38	M	VetI M (35-39)	77	6	ASSOCIAÇÃO JORGE PINA
89	141	CARLOS MATOSO	0:52:34.71	0:52:21.46	50	M	VetIV M (50-54)	78	7	
90	14	RUI VASCONCELOS	0:53:02.84	0:53:02.77	44	M	VetII M (40-44)	79	16	
91	120	BEATRIZ CORREIA	0:53:04.01	0:53:03.56	18	F	Jun Sen F (18-34)	12	9	GRUPO DESPORTIVO DE CHELAS
92	119	AMÉRICO PIMENTA	0:53:06.64	0:53:05.98	57	M	VetV M (55-59)	80	8	GRUPO DESPORTIVO DE CHELAS
93	123	DANIEL SILVA	0:53:13.43	0:53:10.64	63	M	VetVI M (60-64)	81	1	GRUPO DESPORTIVO DE CHELAS
94	179	JOÃO PEREIRA SILVA	0:53:15.32	0:53:01.71	32	M	Jun Sen M (18-34)	82	28	ERNST & YOUNG
95	12	RAQUEL PEDRO	0:53:34.90	0:53:34.49	37	F	VetI F (35-39)	13	1	ASSOCIAÇÃO JORGE PINA
96	11	JORGE PINA	0:53:34.91	0:53:33.61	47	M	VetIII M (45-49)	83	16	ASSOCIAÇÃO JORGE PINA
97	206	JOSÉ JOÃO BICA	0:53:39.08	0:53:27.27	41	M	VetII M (40-44)	84	17	CORRER LISBOA
98	29	LÚCIA COSTA	0:53:42.26	0:53:28.52	45	F	VetIII F (45-49)	14	2	CA VALE FIGUEIRA
99	248	NUNO SIMÕES	0:53:48.16	0:53:38.10	45	M	VetIII M (45-49)	85	17	
100	74	ADELINO GOMES	0:53:52.20	0:53:27.29	54	M	VetIV M (50-54)	86	8	
101	81	ANA SOFIA PEDREIRA	0:53:52.85	0:53:47.98	43	F	VetII F (40-44)	15	3	
102	154	JOSÉ BRANQUINHO	0:53:57.84	0:53:50.64	69	M	VetVII M (65-69)	87	2	CC ARCOS DE VALDEVEZ



CORRIDA 10KM

7ª CORRIDA ASSOCIAÇÃO

JORGE PINA

Powered by
iWear
Lentes de Contacto
by MultiOpticas

**14
OUT
2023**

103	71	GONÇALO MANUEL ENES	0:54:10.08	0:54:05.11	50	M	VetIV M (50-54)	88	9	
104	33	ANTÓNIO BARBAS	0:54:12.65	0:54:04.25	56	M	VetV M (55-59)	89	9	
105	121	ELIANA COSTA	0:54:15.80	0:54:14.19	19	F	Jun Sen F (18-34)	16	10	GRUPO DESPORTIVO DE CHELAS
106	85	EMANUEL MAGALHÃES	0:54:20.19	0:54:13.69	34	M	Jun Sen M (18-34)	90	29	
107	239	ODETE FIUZA	0:54:22.64	0:54:11.67	50	F	VetIV F (50-54)	17	1	SEXTO SENTIDO
108	240	PEDRO MEIRELES	0:54:22.65	0:54:11.72	54	M	VetIV M (50-54)	91	10	SEXTO SENTIDO
109	112	DIOGO QUINTÃO	0:54:24.38	0:54:18.16	31	M	Jun Sen M (18-34)	92	30	
110	75	PEDRO VICENTE	0:54:33.70	0:54:22.55	46	M	VetIII M (45-49)	93	18	CCD CRÉDITO AGRÍCOLA
111	73	JOAQUIM MANUEL CARDOSO	0:54:36.43	0:54:26.52	50	M	VetIV M (50-54)	94	11	
112	249	LUISA MOURÃO	0:54:40.43	0:54:30.22	44	F	VetII F (40-44)	18	4	
113	163	PEDRO SANTOS	0:54:40.52	0:54:31.44	45	M	VetIII M (45-49)	95	19	ASSOCIAÇÃO JORGE PINA
114	118	LUÍS MIGUEL PEIXOTO	0:54:57.36	0:54:48.48	43	M	VetII M (40-44)	96	18	
115	21	MIGUEL FERREIRA	0:54:59.60	0:54:51.10	44	M	VetII M (40-44)	97	19	AMANTES TRAIL & RUN
116	180	MIGUEL VALENTE	0:55:00.00	0:54:49.52	31	M	Jun Sen M (18-34)	98	31	ERNST & YOUNG
117	24	JOÃO OLIVEIRA	0:55:01.51	0:55:00.32	64	M	VetVI M (60-64)	99	2	
118	37	JORGE GARCIA	0:55:06.05	0:55:03.16	35	M	VetI M (35-39)	100	7	
119	245	PIERRE FRANCE	0:55:06.68	0:54:54.64	43	M	VetII M (40-44)	101	20	
120	49	MIGUEL CORREIA	0:55:08.25	0:54:59.62	39	M	VetI M (35-39)	102	8	BEATUS
121	210	JORGE FERREIRA	0:55:08.40	0:55:01.93	53	M	VetIV M (50-54)	103	12	QUANTICO
122	148	FRANCISCO FARINHA	0:55:10.63	0:55:10.63	40	M	VetII M (40-44)	104	21	AMINHACORRIDAPACERS
123	48	DIOGO CORREIA	0:55:10.82	0:55:03.24	32	M	Jun Sen M (18-34)	105	32	BEATUS
124	102	ANTÓNIO NEVES	0:56:06.41	0:55:57.82	39	M	VetI M (35-39)	106	9	EPIC TEAM
125	170	CARLOS MACHADO	0:56:22.62	0:56:16.05	54	M	VetIV M (50-54)	107	13	FUTEBOL CLUBE ROSSÃO
126	171	JOSÉ MIGLIORINI	0:56:23.02	0:56:15.46	63	M	VetVI M (60-64)	108	3	FUTEBOL CLUBE ROSSÃO
127	25	JORGE PONCIANO	0:56:24.68	0:56:08.78	52	M	VetIV M (50-54)	109	14	
128	116	MIGUEL FERRO	0:56:27.29	0:56:21.94	27	M	Jun Sen M (18-34)	110	33	



CORRIDA 10KM

7ª CORRIDA ASSOCIAÇÃO

JORGE PINA

Powered by
iWear
Lentes de Contacto
by MultiOpticas

14
OUT
2023

129	65	SÉRGIO PAZ	0:56:53.21	0:56:46.23	51	M	VetIV M (50-54)	111	15	
130	138	ANDER PEREIRA	0:56:56.18	0:56:50.81	18	M	Jun Sen M (18-34)	112	34	
131	214	ANTÓNIO IRIA	0:57:14.48	0:56:57.79	55	M	VetV M (55-59)	113	10	CLUBE TAP PORTUGAL
132	38	RODRIGO BRAZ	0:57:23.98	0:57:10.71	33	M	Jun Sen M (18-34)	114	35	
133	89	FRANCISCO DOMINGUES	0:57:27.69	0:57:22.27	22	M	Jun Sen M (18-34)	115	36	TNMV RUNNERS
134	199	ISAÍAS PEDRO	0:57:30.95	0:57:14.75	41	M	VetII M (40-44)	116	22	ASSOCIAÇÃO JORGE PINA
135	223	ANA GONÇALVES	0:57:39.43	0:57:32.91	56	F	VetV F (55-59)	19	1	ACNPN
136	227	JOÃO PINTO	0:57:41.82	0:57:34.76	60	M	VetVI M (60-64)	117	4	CNPN
137	50	GUYA ACCORNERO	0:57:51.13	0:57:51.13	47	M	VetIII M (45-49)	118	20	
138	247	JOÃO BATISTA	0:58:24.10	0:58:17.71	62	M	VetVI M (60-64)	119	5	
139	125	RICARDO JORGE RIBEIRO	0:58:27.88	0:58:06.85	33	M	Jun Sen M (18-34)	120	37	
140	126	NILTON FERNANDES	0:58:27.96	0:58:07.22	42	M	VetII M (40-44)	121	23	
141	155	GILDMAR VAZ	0:58:28.06	0:58:06.52	32	M	Jun Sen M (18-34)	122	38	CC ARCOS DE VALDEVEZ
142	209	ANA GORGUEIRA	0:58:28.07	0:58:08.30	35	F	VetI F (35-39)	20	2	
143	252	HENRIQUE ALVES	0:58:28.99	0:58:07.99	24	M	Jun Sen M (18-34)	123	39	ASSOCIAÇÃO JORGE PINA
144	109	JOÃO LEITÃO	0:58:33.36	0:58:18.27	45	M	VetIII M (45-49)	124	21	
145	191	ANA SOFIA SILVA	0:58:51.44	0:58:38.26	29	F	Jun Sen F (18-34)	21	11	ERNST & YOUNG
146	172	CARLOS TEIXEIRA	0:58:51.72	0:58:42.43	60	M	VetVI M (60-64)	125	6	FUTEBOL CLUBE ROSSÃO
147	178	SÍLVIA MARIA FERREIRA	0:59:02.17	0:59:01.26	52	F	VetIV F (50-54)	22	2	GRJA
148	28	ISABEL COSTA	0:59:02.62	0:58:48.28	44	F	VetII F (40-44)	23	5	CA VALE FIGUEIRA
149	108	NUNO ALBERTO VEIGA	0:59:10.92	0:59:08.70	54	M	VetIV M (50-54)	126	16	CAOH-C.ATLÉTICO OLIV. HOSPITAL
150	80	PEDRO TOMÁS	0:59:25.24	0:59:19.93	33	M	Jun Sen M (18-34)	127	40	
151	79	JOÃO PEDRO FERREIRA	0:59:30.85	0:59:04.77	44	M	VetII M (40-44)	128	24	LEOGYM
152	66	JORGE VAZ	0:59:57.66	0:59:52.79	49	M	VetIII M (45-49)	129	22	
153	53	RUTE DIAS	0:59:58.52	0:59:53.58	50	F	VetIV F (50-54)	24	3	
154	70	KIKE YIN	1:00:01.92	0:59:48.83	37	M	VetI M (35-39)	130	10	



CORRIDA 10KM

7ª CORRIDA ASSOCIAÇÃO

JORGE PINA

Powered by
iWear
Lentes de Contacto
by MultiOpticas

14
OUT
2023

155	77	RUI PASTOR	1:00:11.10	0:59:54.31	51	M	VetIV M (50-54)	131	17	PASTOR RACING
156	113	DIOGO ALFARO	1:00:44.90	1:00:34.18	39	M	VetI M (35-39)	132	11	
157	96	ABEL FELICIO	1:00:57.51	1:00:30.06	49	M	VetIII M (45-49)	133	23	
158	149	JOÃO CAMPOS	1:01:02.71	1:01:00.24	51	M	VetIV M (50-54)	134	18	AMINHACORRIDAPACERS
159	189	ARTURO TORRES	1:01:33.37	1:01:15.63	25	M	Jun Sen M (18-34)	135	41	ERNST & YOUNG
160	124	JOSÉ COSTA	1:01:40.67	1:01:36.78	59	M	VetV M (55-59)	136	11	GRUPO DESPORTIVO DE CHELAS
161	156	ALZIRA CRUZ	1:01:49.00	1:01:47.58	59	F	VetV F (55-59)	25	2	CC ARCOS DE VALDEVEZ
162	183	PEDRO DAMIGO	1:02:05.02	1:01:53.56	34	M	Jun Sen M (18-34)	137	42	ERNST & YOUNG
163	195	INÊS AMARAL	1:02:36.40	1:02:30.61	32	F	Jun Sen F (18-34)	26	12	ERNST & YOUNG
164	129	TIAGO ROSA	1:02:50.86	1:02:32.50	40	M	VetII M (40-44)	138	25	MARVILA JOVEM
165	220	SANDRA BATISTA	1:03:17.09	1:03:02.90	51	F	VetIV F (50-54)	27	4	CLUBE TAP PORTUGAL
166	44	LUIS PROENÇA	1:04:16.53	1:04:07.49	53	M	VetIV M (50-54)	139	19	
167	196	JOANA CANADA	1:04:20.90	1:04:03.01	25	F	Jun Sen F (18-34)	28	13	ERNST & YOUNG
168	100	JORGE BORGES	1:05:38.01	1:05:08.85	37	M	VetI M (35-39)	140	12	THE BEST FAMILY
169	35	BEATRIZ ALVES	1:06:23.21	1:06:09.32	25	F	Jun Sen F (18-34)	29	14	SRI CHINMOY MARATHON TEAM
170	193	VERÓNICA CUNHA	1:06:38.07	1:06:21.18	26	F	Jun Sen F (18-34)	30	15	ERNST & YOUNG
171	235	HELENA CALDEIRA	1:07:00.36	1:06:59.02	52	F	VetIV F (50-54)	31	5	GRJA
172	246	JOSÉ LINDO	1:08:20.32	1:08:16.22	77	M	VetVIII M (70-99)	141	1	CLUBE ATLETISMO FIGUEIRO
173	111	JEREMIAS RIBEIRO	1:08:21.24	1:08:10.03	80	M	VetVIII M (70-99)	142	2	
174	168	MAURICIO FERREIRA PIMENTA	1:08:38.86	1:08:27.30	41	M	VetII M (40-44)	143	26	
175	34	FLORBELA CANICEIRO	1:09:14.21	1:09:00.26	54	F	VetIV F (50-54)	32	6	SRI CHINMOY MARATHON TEAM
176	225	MARIA NUNES	1:10:39.73	1:10:35.17	30	F	Jun Sen F (18-34)	33	16	OS GAZELAS
177	32	FÁTIMA MARIA ALMEIDA	1:12:23.62	1:12:15.36	63	F	VetVI F (60-64)	34	1	
178	176	PEDRO BOTELHO	1:12:34.73	1:12:04.74	53	M	VetIV M (50-54)	144	20	ASSOCIAÇÃO JORGE PINA
179	144	ISABEL ALAMO	1:12:39.48	1:12:31.43	55	F	VetV F (55-59)	35	3	ACNPN
180	36	ANABELA MARQUES	1:14:42.35	1:14:27.79	54	F	VetIV F (50-54)	36	7	SRI CHINMOY MARATHON TEAM



CORRIDA 10KM

7ª CORRIDA ASSOCIAÇÃO

JORGE PINA

Powered by
iWear Lentes de Contacto
by MultiOpticas

14
OUT
2023

181	45	MARIA CEU NETO	1:17:22.12	1:17:09.82	53	F	VetIV F (50-54)	37	8	
182	117	RICARDA GRAÇA JÚLIO	1:17:22.47	1:17:09.47	42	F	VetII F (40-44)	38	6	
183	221	SÓNIA CASON	1:17:58.05	1:17:43.12	54	F	VetIV F (50-54)	39	9	CLUBE TAP PORTUGAL
184	76	JORGE MANUEL MARTINS	1:18:47.45	1:18:35.25	69	M	VetVII M (65-69)	145	3	
185	16	JOÃO PEDRO MOITA	1:24:44.57	1:24:11.44	24	M	Jun Sen M (18-34)	146	43	
186	63	LUIGI ROSSI	1:26:07.63	1:25:59.33	74	M	VetVIII M (70-99)	147	3	
187	87	RUI MELÃO	1:28:39.00	1:28:22.98	59	M	VetV M (55-59)	148	12	