

12ª Corrida das CASTANHAS

12 NOV 2023
TORRE DO GALO,
AJUDA

Posição Geral	Dorsal	Nome	Tempo Prova	Tempo Líquido	Idade	Género	Escalão	Posição Género	Posição Escalão	Equipa
1	541	ISAIAS GOMES	0:34:59.00	0:34:58.11	28	M	Jun Sen M (18-34)	1	1	VITÓRIA FUTEBOL CLUBE
2	399	BRUNO SABIDO	0:36:27.56	0:36:27.56	30	M	Jun Sen M (18-34)	2	2	FAM 2 RUN
3	606	VALENTIM SILVA	0:36:50.00	0:36:49.98	40	M	VetII M (40-44)	3	1	CASA BENFICA REGUENGOS
4	369	GONÇALO ALEXANDRE MENDES	0:37:40.51	0:37:39.49	23	M	Jun Sen M (18-34)	4	3	INFLUENCERS OF THE INFLUENCERS
5	394	JOÃO LOPES	0:37:47.08	0:37:46.80	37	M	VetI M (35-39)	5	1	
6	35	DAVID PATTON	0:38:05.01	0:38:04.87	40	M	VetII M (40-44)	6	2	LXRC
7	180	TIAGO MANUEL PINTO	0:38:13.52	0:38:12.66	29	M	Jun Sen M (18-34)	7	4	FC OS BELENENSES
8	443	ANTÓNIO JANEIRO	0:38:21.02	0:38:21.02	48	M	VetIII M (45-49)	8	1	JERÓNIMO MARTINS
9	572	ROMÁRIO ALMEIDA	0:38:51.00	0:38:49.64	50	M	VetIV M (50-54)	9	1	AJUDA
10	196	RODRIGO GUERRA	0:39:21.42	0:39:20.58	48	M	VetIII M (45-49)	10	2	AMIGOS DO ATLETISMO DE MAFRA
11	198	JAMIE O SULLIVAN	0:39:27.43	0:39:22.08	34	M	Jun Sen M (18-34)	11	5	LXRC
12	31	JOÃO ALVES	0:39:38.82	0:39:38.20	31	M	Jun Sen M (18-34)	12	6	URBAN RUN TEAM
13	571	JOSÉ MONSANTO	0:40:16.32	0:40:15.74	43	M	VetII M (40-44)	13	3	AJUDA
14	555	MIGUEL SILVA	0:40:37.95	0:40:36.55	28	M	Jun Sen M (18-34)	14	7	CRP RIBAFRIA
15	291	JOÃO PEREIRA	0:40:47.92	0:40:47.41	32	M	Jun Sen M (18-34)	15	8	LINDA-A-PASTORA SPORTING CLUBE
16	415	JORGE DEUS	0:41:24.54	0:41:24.37	48	M	VetIII M (45-49)	16	3	CCD TRANQUILIDADE
17	569	PAULO GOMES	0:41:32.00	0:41:32.00	43	M	VetII M (40-44)	17	4	AJUDA
18	613	EDUARDO LOURENÇO	0:41:41.99	0:41:40.81	54	M	VetIV M (50-54)	18	2	
19	525	HUGO LOPES	0:41:54.31	0:41:52.18	39	M	VetI M (35-39)	19	2	CCD CRÉDITO AGRÍCOLA
20	425	RICARDO ALVES	0:42:09.06	0:42:08.49	39	M	VetI M (35-39)	20	3	CCD TRANQUILIDADE
21	101	FRANCISCO DUARTE	0:42:10.37	0:42:09.59	26	M	Jun Sen M (18-34)	21	9	CLUBE NOVO BANCO
22	551	PEDRO MATIAS	0:42:21.00	0:42:20.60	28	M	Jun Sen M (18-34)	22	10	
23	336	RUI HENRIQUES	0:42:31.72	0:42:30.13	44	M	VetII M (40-44)	23	5	SERVIÇOS SOCIAIS MONTEPIO
24	561	JOÃO CRUJO	0:42:35.90	0:42:34.91	24	M	Jun Sen M (18-34)	24	11	

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25	583	ENRIQUE ROMERO PERALES	0:42:36.59	0:42:28.13	35	M	VetI M (35-39)	25	4	
26	431	MARIO FERNANDES	0:42:46.12	0:42:45.44	56	M	VetV M (55-59)	26	1	
27	131	JOSÉ LUÍS SANTOS	0:43:03.79	0:43:02.62	54	M	VetIV M (50-54)	27	3	CCDTMETROLX
28	165	ANDRE FILIPE	0:43:03.88	0:43:03.84	33	M	Jun Sen M (18-34)	28	12	SS CGD
29	18	PEDRO JORGE	0:43:06.26	0:43:04.90	30	M	Jun Sen M (18-34)	29	13	EQ TEAM EL COMANDANTE
30	290	GONÇALO SILVA	0:43:28.04	0:43:12.42	41	M	VetII M (40-44)	30	6	SILVAS
31	155	HENRIQUE SANTOS	0:43:46.76	0:43:45.72	28	M	Jun Sen M (18-34)	31	14	LINDA-A-PASTORA SPORTING CLUBE
32	83	LUIS GODINHO	0:43:55.43	0:43:54.65	57	M	VetV M (55-59)	32	2	CLUBE NOVO BANCO
33	189	CAMILLA ELVIDGE	0:44:03.69	0:43:57.00	28	F	Jun Sen F (18-34)	1	1	
34	80	LUIS MONTEIRO	0:44:23.33	0:44:23.28	51	M	VetIV M (50-54)	33	4	CLUBE NOVO BANCO
35	527	NELSON COSTA	0:44:27.52	0:44:26.31	40	M	VetII M (40-44)	34	7	CCD CRÉDITO AGRÍCOLA
36	210	VITOR MARTINS	0:44:42.53	0:44:40.40	54	M	VetIV M (50-54)	35	5	A TEAM AGEAS
37	186	TIAGO DORES	0:44:45.04	0:44:29.40	45	M	VetIII M (45-49)	36	4	VANGUARD PROPERTIES
38	122	FRANCISCO FONTES	0:45:02.32	0:44:57.66	40	M	VetII M (40-44)	37	8	
39	256	ANTÓNIO LOURO	0:45:08.65	0:45:08.65	50	M	VetIV M (50-54)	38	6	GD SANTANDER TOTTA
40	397	ABEL DA COSTA	0:45:10.01	0:45:07.30	59	M	VetV M (55-59)	39	3	FAM 2 RUN
41	574	PALMIRA QUINHAMA	0:45:40.01	0:45:37.81	45	F	VetIII F (45-49)	2	1	AJUDA
42	93	LUIS VAZ	0:45:43.00	0:45:43.00	51	M	VetIV M (50-54)	40	7	CLUBE NOVO BANCO
43	423	PEDRO MIGUEL FIGUEIRA	0:46:14.52	0:46:09.30	37	M	VetI M (35-39)	41	5	CCD TRANQUILIDADE
44	55	PATRICK REIS	0:46:17.76	0:46:13.24	36	M	VetI M (35-39)	42	6	PATRICK REIS
45	563	JOÃO CANAS	0:46:21.13	0:46:07.60	36	M	VetI M (35-39)	43	7	
46	197	RUI BATISTA	0:46:21.37	0:46:16.95	47	M	VetIII M (45-49)	44	5	AMIGOS DO ATLETISMO DE MAFRA
47	95	MIGUEL SOUSA	0:46:21.61	0:46:20.25	51	M	VetIV M (50-54)	45	8	CLUBE NOVO BANCO
48	501	EURICO NICHÓ	0:46:23.31	0:46:22.45	62	M	VetVI M (60-64)	46	1	OS GALGOS AUDAZES
49	127	PEDRO MIGUEL FIGUEIREDO	0:46:24.50	0:46:21.75	48	M	VetIII M (45-49)	47	6	2PIPOS
50	81	CARLOS GONÇALVES	0:46:25.44	0:46:25.37	49	M	VetIII M (45-49)	48	7	CLUBE NOVO BANCO

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51	588	BRUNO MARRÃO	0:46:34.88	0:46:34.79	47	M	VetIII M (45-49)	49	8	DAFD
52	542	FABRICE POLTEAU	0:46:36.51	0:46:31.34	50	M	VetIV M (50-54)	50	9	AMINHACORRIDAPACERS
53	422	NUNO REIS	0:46:41.61	0:46:40.39	41	M	VetII M (40-44)	51	9	CCD TRANQUILIDADE
54	130	JOSÉ ALVES	0:46:44.60	0:46:41.60	52	M	VetIV M (50-54)	52	10	CCDTMETROLX
55	365	DANIEL MARTINS	0:46:47.73	0:46:23.11	22	M	Jun Sen M (18-34)	53	15	CORRES, COMES & BEBES
56	493	PEDRO MARIA BRANDAO	0:46:54.34	0:46:24.06	32	M	Jun Sen M (18-34)	54	16	
57	495	CAROLINA ALEXANDRA VAZ	0:47:01.09	0:46:29.45	24	F	Jun Sen F (18-34)	3	2	
58	268	JOSÉ PINTO	0:47:09.10	0:47:06.78	60	M	VetVI M (60-64)	55	2	CLINICA DR CAUTELA
59	581	DANIEL DOMINGUES	0:47:20.64	0:47:16.51	38	M	VetI M (35-39)	56	8	
60	265	RAFAL DEC	0:47:29.46	0:47:22.28	23	M	Jun Sen M (18-34)	57	17	AZS SGH
61	427	VIRGILIO MADEIRA	0:47:40.38	0:47:40.19	64	M	VetVI M (60-64)	58	3	CCD TRANQUILIDADE
62	167	HENRIQUE AMADOR	0:47:56.34	0:47:55.42	52	M	VetIV M (50-54)	59	11	SS CGD
63	132	JOÃO PASTOR	0:48:11.00	0:48:01.64	51	M	VetIV M (50-54)	60	12	CCDTMETROLX
64	12	RUI MANUEL MENDES	0:48:26.14	0:48:24.67	51	M	VetIV M (50-54)	61	13	
65	214	JOÃO GUIMARÃES PAIVA	0:48:31.38	0:48:28.03	30	M	Jun Sen M (18-34)	62	18	ATLÉTICO CLUBE TOSTINHAS
66	503	PEDRO GONÇALVES	0:48:36.68	0:48:31.41	47	M	VetIII M (45-49)	63	9	
67	570	ANABELA VINHA	0:48:36.87	0:48:36.85	42	F	VetII F (40-44)	4	1	AJUDA
68	539	GRAÇA CASTRO	0:48:47.57	0:48:47.53	51	F	VetIV F (50-54)	5	1	TRILHOS DO COSTUME
69	284	NUNO MADUREIRA	0:48:48.62	0:48:46.60	42	M	VetII M (40-44)	64	10	
70	603	GONÇALO MARTINS	0:48:50.13	0:48:18.63	35	M	VetI M (35-39)	65	9	CAMARA LISBOA CLUBE
71	219	AIRTON MENDES	0:48:53.00	0:48:53.00	35	M	VetI M (35-39)	66	10	ATLÉTICO CLUBE TOSTINHAS
72	42	DANIEL RENTSCHLER	0:48:56.83	0:48:54.63	39	M	VetI M (35-39)	67	11	CCD SIEMENS
73	375	RICARDO JORGE MENINO	0:49:12.53	0:49:02.76	35	M	VetI M (35-39)	68	12	GD SANTANDER TOTTA
74	560	DAVID PEREIRA	0:49:24.25	0:49:22.20	29	M	Jun Sen M (18-34)	69	19	
75	327	ANTÓNIO MACHADO	0:49:28.35	0:49:15.86	53	M	VetIV M (50-54)	70	14	
76	524	GONÇALO MONTEIRO	0:49:31.00	0:49:23.09	41	M	VetII M (40-44)	71	11	CCD CRÉDITO AGRÍCOLA

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77	213	BRUNO AFONSO	0:49:34.66	0:49:25.33	37	M	VetI M (35-39)	72	13	ATLÉTICO CLUBE TOSTINHAS
78	168	JOAQUIM FRADE	0:49:39.12	0:49:39.06	68	M	VetVII M (65-69)	73	1	SS CGD
79	247	FRANCISCO FREIRE	0:49:59.67	0:49:53.59	43	M	VetII M (40-44)	74	12	URBAN RUN TEAM
80	391	SILVERIO LOPES CORREIA	0:50:02.00	0:50:00.47	56	M	VetV M (55-59)	75	4	GD SANTANDER TOTTA
81	348	DUARTE FILIPE COSTA	0:50:05.25	0:49:54.45	42	M	VetII M (40-44)	76	13	SERVIÇOS SOCIAIS MONTEPIO
82	480	TIAGO MARQUES	0:50:08.22	0:49:57.77	38	M	VetI M (35-39)	77	14	JERÓNIMO MARTINS
83	585	MAURÍCIO ULATE	0:50:08.89	0:48:44.49	39	M	VetI M (35-39)	78	15	
84	362	DAVID FREIRE	0:50:11.36	0:49:45.74	35	M	VetI M (35-39)	79	16	
85	28	FAUSTO ANDRÉ CARDOSO	0:50:11.58	0:50:04.97	44	M	VetII M (40-44)	80	14	
86	288	MAXIM LETUNOVSKIY	0:50:13.25	0:50:04.93	35	M	VetI M (35-39)	81	17	PASTRAMI FAMILY
87	204	MARIANA COSTA	0:50:13.47	0:50:10.28	29	F	Jun Sen F (18-34)	6	3	A TEAM AGEAS
88	487	RICARDO LOURENÇO	0:50:15.00	0:50:15.00	46	M	VetIII M (45-49)	82	10	
89	544	NELSON SANTOS	0:50:18.49	0:50:14.19	43	M	VetII M (40-44)	83	15	AMINHACORRIDAPACERS
90	510	CARLA BERNARDINO	0:50:29.42	0:50:29.42	47	F	VetIII F (45-49)	7	2	EQUIPA CS
91	604	CARLOS FIDALGO	0:50:30.62	0:50:22.33	63	M	VetVI M (60-64)	84	4	CAMARA LISBOA CLUBE
92	17	CARLOS RODRIGUES	0:50:33.22	0:50:32.82	66	M	VetVII M (65-69)	85	2	URBAN RUN TEAM
93	139	ANDRÉ RIBEIRO NEVES	0:50:45.96	0:50:34.03	38	M	VetI M (35-39)	86	18	JAVALI RUNNING TEAM
94	306	GABRIEL PINTO	0:50:53.53	0:50:23.88	20	M	Jun Sen M (18-34)	87	20	TRILHOS & BIGODES
95	78	PAULO VERISSIMO	0:50:55.11	0:50:39.99	56	M	VetV M (55-59)	88	5	CLUBE NOVO BANCO
96	455	HUGO DAVID NEVES	0:50:56.43	0:50:15.35	31	M	Jun Sen M (18-34)	89	21	JERÓNIMO MARTINS
97	337	RICARDO SOUSA	0:50:58.01	0:50:44.57	43	M	VetII M (40-44)	90	16	SERVIÇOS SOCIAIS MONTEPIO
98	87	VANDA MURTEIRA	0:51:12.03	0:51:06.39	49	F	VetIII F (45-49)	8	3	CLUBE NOVO BANCO
99	23	FERNANDO GOMES	0:51:12.88	0:51:02.34	50	M	VetIV M (50-54)	91	15	
100	368	MIGUEL QUARESMA NASCIMENTC	0:51:17.00	0:51:17.00	61	M	VetVI M (60-64)	92	5	
101	169	MIGUEL DIAS	0:51:22.00	0:51:20.33	48	M	VetIII M (45-49)	93	11	SS CGD
102	333	LÚCIA OLIVEIRA	0:51:24.00	0:51:24.00	44	F	VetII F (40-44)	9	2	GENERG

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103	449	GILBERTO SILVA	0:51:27.14	0:50:47.32	59	M	VetV M (55-59)	94	6	JERÓNIMO MARTINS
104	518	JOÃO LOURENÇO	0:51:33.91	0:50:49.71	41	M	VetII M (40-44)	95	17	CLUBE EDP - LISBOA
105	21	FRANCISCO GONCALVES	0:51:39.41	0:51:19.51	28	M	Jun Sen M (18-34)	96	22	
106	111	LUCA CHRISTIE	0:51:46.83	0:51:33.14	22	M	Jun Sen M (18-34)	97	23	
107	568	INÊS PEIXOTO	0:51:56.70	0:51:45.97	44	F	VetII F (40-44)	10	3	AJUDA
108	562	DIOGO GIL	0:51:57.69	0:51:57.46	24	M	Jun Sen M (18-34)	98	24	
109	338	PEDRO BOTO	0:52:05.10	0:52:01.78	56	M	VetV M (55-59)	99	7	SERVIÇOS SOCIAIS MONTEPIO
110	575	TIAGO SILVA	0:52:16.00	0:52:16.00	24	M	Jun Sen M (18-34)	100	25	QUANTICO
111	252	DAWTON PESSANHA	0:52:22.34	0:51:56.95	19	M	Jun Sen M (18-34)	101	26	
112	507	JORGE MARTINS	0:52:25.79	0:52:10.82	23	M	Jun Sen M (18-34)	102	27	#RUNNINGGUYSANDALADY
113	509	JOSÉ FERNANDES	0:52:26.61	0:52:12.70	24	M	Jun Sen M (18-34)	103	28	#RUNNINGGUYSANDALADY
114	242	RICARDO COSTA	0:52:38.82	0:52:28.57	42	M	VetII M (40-44)	104	18	
115	170	PEDRO GOMES	0:52:43.48	0:52:17.44	43	M	VetII M (40-44)	105	19	SS CGD
116	540	RICARDO VICTOR	0:52:47.50	0:52:34.71	37	M	VetI M (35-39)	106	19	ALVERCA URBAN RUNNERS
117	146	LEONEL ALVES	0:52:48.44	0:52:42.89	44	M	VetII M (40-44)	107	20	
118	68	RUI MANUEL HENRIQUES	0:52:48.61	0:52:31.24	52	M	VetIV M (50-54)	108	16	
119	208	RICARDO ALVES REIS	0:52:51.15	0:52:48.05	47	M	VetIII M (45-49)	109	12	A TEAM AGEAS
120	141	NUNO CAEIRO	0:52:57.19	0:52:33.78	35	M	VetI M (35-39)	110	20	CAEIROS
121	535	JOEL MENEZES	0:52:59.81	0:52:55.58	34	M	Jun Sen M (18-34)	111	29	THE ZÉS
122	271	PEDRO AFONSO MARQUES	0:53:02.57	0:53:02.57	24	M	Jun Sen M (18-34)	112	30	PERNETAS
123	403	LUIS FERREIRA ALMEIDA	0:53:05.08	0:52:44.75	43	M	VetII M (40-44)	113	21	
124	172	NOÉMIA RODRIGUES SEQUEIRA	0:53:06.68	0:52:59.26	55	F	VetV F (55-59)	11	1	SS CGD
125	546	WILLIAN COLINDRES	0:53:17.00	0:52:32.01	42	M	VetII M (40-44)	114	22	
126	387	JOSE CARLOS PEREIRA	0:53:28.12	0:53:15.64	54	M	VetIV M (50-54)	115	17	GD SANTANDER TOTTA
127	30	JOÃO HEITOR	0:53:34.24	0:53:33.11	73	M	VetVIII M (70-99)	116	1	AGUIAS PAÇO DE ARCOS
128	296	PIERRE LE BACCON	0:53:37.05	0:53:32.87	39	M	VetI M (35-39)	117	21	

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129	138	HUGO MOREIRA	0:53:38.86	0:53:06.21	43	M	VetII M (40-44)	118	23	
130	16	NUNO MANUEL BERNARDO	0:53:40.37	0:53:08.63	43	M	VetII M (40-44)	119	24	PERNAS VELOZES E FURIOSAS TEAM
131	262	CLÁUDIA VIDEIRA	0:53:41.31	0:53:21.46	33	F	Jun Sen F (18-34)	12	4	CORRER LISBOA
132	264	LUIS MATEUS	0:53:41.56	0:53:21.13	40	M	VetII M (40-44)	120	25	CORRER LISBOA
133	67	NUNO SALGADO	0:53:47.56	0:53:22.93	44	M	VetII M (40-44)	121	26	CORRES, COMES & BEBES
134	612	TIAGO PALMA	0:53:47.68	0:53:17.68	38	M	VetI M (35-39)	122	22	
135	114	JOÃO ESTEVÃO	0:53:51.17	0:53:44.20	43	M	VetII M (40-44)	123	27	
136	92	RITA DÓRIA	0:53:54.02	0:53:51.47	32	F	Jun Sen F (18-34)	13	5	CLUBE NOVO BANCO
137	419	MÁRIO CLÁUDIO	0:53:55.41	0:53:25.47	47	M	VetIII M (45-49)	124	13	CCD TRANQUILIDADE
138	19	MARC MENEZES	0:53:58.97	0:53:53.51	37	M	VetI M (35-39)	125	23	THE ZÉS
139	44	BETINA CORREIA	0:54:03.74	0:53:56.90	44	F	VetII F (40-44)	14	4	
140	20	NICOLAS OTT	0:54:05.68	0:54:00.56	32	M	Jun Sen M (18-34)	126	31	THE ZÉS
141	363	MITLER NASCIMENTO	0:54:06.08	0:54:00.75	34	M	Jun Sen M (18-34)	127	32	
142	115	HENRIQUE ADREGA	0:54:09.57	0:53:53.29	71	M	VetVIII M (70-99)	128	2	CAA BELEM
143	158	JORGE CARDOSO	0:54:18.32	0:54:12.80	49	M	VetIII M (45-49)	129	14	
144	157	ARLINDA FERREIRA	0:54:18.97	0:54:13.30	38	F	VetI F (35-39)	15	1	CMC ODIVELAS
145	378	CARLOS MANUEL MORAIS	0:54:23.00	0:48:43.00	58	M	VetV M (55-59)	130	8	GD SANTANDER TOTTA
146	424	PEDRO ROSA	0:54:29.19	0:53:10.66	53	M	VetIV M (50-54)	131	18	CCD TRANQUILIDADE
147	224	THOMAS BERRY	0:54:43.18	0:54:05.30	26	M	Jun Sen M (18-34)	132	33	ATLÉTICO CLUBE TOSTINHAS
148	274	BRUNO MARQUES	0:54:43.46	0:54:43.46	26	M	Jun Sen M (18-34)	133	34	PERNETAS
149	259	FRANCISCO ARBUÉS	0:54:46.12	0:54:18.25	56	M	VetV M (55-59)	134	9	DOR DE BURRO
150	106	CLAUDIO ROCHA	0:54:47.89	0:54:36.00	49	M	VetIII M (45-49)	135	15	CLUBE NOVO BANCO
151	442	ANTONIO FARINHA	0:54:48.21	0:54:05.71	54	M	VetIV M (50-54)	136	19	JERÓNIMO MARTINS
152	517	BRUNO SERENO	0:54:52.63	0:54:40.39	35	M	VetI M (35-39)	137	24	CLUBE EDP - LISBOA
153	331	MALGORZATA BEATA SOLTYKIEWI	0:54:59.08	0:54:57.66	42	F	VetII F (40-44)	16	5	
154	217	PEDRO PARREIRA	0:54:59.61	0:54:49.49	31	M	Jun Sen M (18-34)	138	35	ATLÉTICO CLUBE TOSTINHAS

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155	314	JOSÉ PEDRO MIRAGAIA	0:55:01.13	0:54:49.80	55	M	VetV M (55-59)	139	10	
156	243	NELSON CURTO	0:55:03.14	0:54:54.80	37	M	VetI M (35-39)	140	25	
157	557	RUI ANDRADE	0:55:09.90	0:54:36.57	36	M	VetI M (35-39)	141	26	CHURRASQUEIRA DA PAZ
158	582	TIAGO BESSA	0:55:17.85	0:54:40.64	42	M	VetII M (40-44)	142	28	
159	209	RUI FILIPE GARCIA	0:55:26.67	0:55:19.19	44	M	VetII M (40-44)	143	29	A TEAM AGEAS
160	211	MIGUEL TRUNINGER SOUSA	0:55:27.23	0:55:25.32	48	M	VetIII M (45-49)	144	16	A TEAM AGEAS
161	486	ISABEL PEREZ	0:55:27.41	0:55:06.72	36	F	VetI F (35-39)	17	2	
162	137	JORGE HUMBERTO CAETANO	0:55:28.21	0:54:42.08	46	M	VetIII M (45-49)	145	17	
163	286	JOÃO MANUEL GOUVEIA	0:55:37.74	0:55:32.20	62	M	VetVI M (60-64)	146	6	
164	530	RUI MELO	0:55:41.64	0:55:12.49	52	M	VetIV M (50-54)	147	20	CCD CRÉDITO AGRÍCOLA
165	352	SÉRGIO ANTUNES	0:55:42.28	0:55:28.56	47	M	VetIII M (45-49)	148	18	GRCD LEIÃO
166	144	RUI DUARTE	0:55:42.59	0:55:28.29	53	M	VetIV M (50-54)	149	21	GDCTINCM
167	463	LOURENÇO PARAMOS	0:55:55.31	0:55:19.30	23	M	Jun Sen M (18-34)	150	36	JERÓNIMO MARTINS
168	142	JOSÉ LIBERATO	0:55:55.66	0:55:40.51	47	M	VetIII M (45-49)	151	19	GDCTINCM
169	179	JOSÉ FIDALGO	0:55:57.38	0:55:38.10	57	M	VetV M (55-59)	152	11	AGUALVA-RUNERS
170	238	ISABEL MARIA MOURA	0:56:03.26	0:55:52.28	45	F	VetIII F (45-49)	18	4	
171	529	RAFAEL LOUREIRO	0:56:06.23	0:55:35.96	30	M	Jun Sen M (18-34)	153	37	CCD CRÉDITO AGRÍCOLA
172	410	ELIZETE DUARTE	0:56:19.02	0:56:10.71	50	F	VetIV F (50-54)	19	2	CCD TRANQUILIDADE
173	416	JORGE ROSA	0:56:20.66	0:55:53.43	41	M	VetII M (40-44)	154	30	CCD TRANQUILIDADE
174	34	RUI VASCONCELOS	0:56:26.15	0:56:19.73	44	M	VetII M (40-44)	155	31	
175	393	JOÃO PINTO	0:56:26.99	0:56:22.88	37	M	VetI M (35-39)	156	27	TOC RUNNERS
176	313	HELENA SILVA	0:56:37.41	0:56:15.13	55	F	VetV F (55-59)	20	2	
177	129	FRANCISCO PLÍNIO	0:56:38.00	0:56:38.00	67	M	VetVII M (65-69)	157	3	CCDTMETROLX
178	119	MÁRCIA REGINA SOUZA	0:56:38.61	0:56:37.60	50	F	VetIV F (50-54)	21	3	CARACÓIS MONIZ PEREIRA
179	116	JOAO COELHO	0:56:39.34	0:56:32.47	39	M	VetI M (35-39)	158	28	
180	205	MARIO PINHEIRO	0:56:39.65	0:56:36.16	52	M	VetIV M (50-54)	159	22	A TEAM AGEAS

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181	305	LUIS PINTO	0:56:40.98	0:56:12.22	44	M	VetII M (40-44)	160	32	TRILHOS & BIGODES
182	149	PAULO CORREIA	0:56:44.77	0:56:12.01	48	M	VetIII M (45-49)	161	20	SANTIAGO RUNNERS
183	402	EZEQUIEL ALVES FERNANDES	0:56:49.89	0:56:46.33	66	M	VetVII M (65-69)	162	4	
184	573	ANA PATRÍCIA	0:56:57.54	0:56:57.52	47	F	VetIII F (45-49)	22	5	AJUDA
185	294	TITO FILIPE SANTOS	0:56:58.49	0:56:48.66	48	M	VetIII M (45-49)	163	21	CLUBE VODAFONE
186	45	MARGARIDA BARAHONA	0:57:02.56	0:56:27.99	32	F	Jun Sen F (18-34)	23	6	CORRER LISBOA
187	453	HENRIQUE BELMAR COSTA	0:57:11.95	0:56:29.90	65	M	VetVII M (65-69)	164	5	JERÓNIMO MARTINS
188	473	PEDRO MIGUEL SILVESTRE	0:57:20.08	0:56:36.95	31	M	Jun Sen M (18-34)	165	38	JERÓNIMO MARTINS
189	521	ALEXANDRE DÂMASO	0:57:21.46	0:56:40.24	55	M	VetV M (55-59)	166	12	CCD CRÉDITO AGRÍCOLA
190	421	NELSON MOTA	0:57:22.13	0:56:55.68	53	M	VetIV M (50-54)	167	23	CCD TRANQUILIDADE
191	515	FERNANDO ANACLETO	0:57:22.15	0:57:18.75	72	M	VetVIII M (70-99)	168	3	
192	485	ANTONIO CORTE REAL	0:57:28.77	0:56:50.59	26	M	Jun Sen M (18-34)	169	39	
193	266	JOSÉ BRAGANÇA	0:57:29.17	0:57:24.09	45	M	VetIII M (45-49)	170	22	
194	248	MANUEL ANTUNES	0:57:30.39	0:57:16.15	55	M	VetV M (55-59)	171	13	
195	51	LUIS CARVALHO	0:57:31.00	0:56:58.39	41	M	VetII M (40-44)	172	33	
196	173	CARLOS LEITÃO	0:57:32.61	0:56:57.59	60	M	VetVI M (60-64)	173	7	SS CGD
197	234	EUCINÁRIO PINHEIRO	0:57:37.93	0:57:27.25	58	M	VetV M (55-59)	174	14	
198	498	NUNO BERTON	0:57:44.90	0:57:39.73	51	M	VetIV M (50-54)	175	24	
199	508	BRUNO SANTOS	0:57:52.68	0:57:52.68	23	M	Jun Sen M (18-34)	176	40	#RUNNINGGUYSANDALADY
200	532	RAFAEL AZRIEL	0:58:05.24	0:57:46.89	53	M	VetIV M (50-54)	177	25	
201	589	NILTON FERNANDES	0:58:05.34	0:57:35.82	42	M	VetII M (40-44)	178	34	DAFD
202	526	MIGUEL VINAGRE	0:58:05.99	0:57:53.09	48	M	VetIII M (45-49)	179	23	CCD CRÉDITO AGRÍCOLA
203	301	HÉLIO JOÃO CONCEIÇÃO	0:58:06.53	0:57:30.49	35	M	VetI M (35-39)	180	29	
204	590	MIRIAM SEGUI	0:58:09.23	0:57:38.33	25	F	Jun Sen F (18-34)	24	7	DAFD
205	593	MANUEL CARREIRO	0:58:10.59	0:57:40.17	62	M	VetVI M (60-64)	181	8	DAFD
206	388	IVO ALEXANDRE LIMA	0:58:13.54	0:57:58.44	46	M	VetIII M (45-49)	182	24	GD SANTANDER TOTTA

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207	193	ANTÓNIO RODRIGUES	0:58:15.60	0:58:00.36	39	M	VetI M (35-39)	183	30	
208	73	ANDRÓNICO DUARTE	0:58:16.76	0:57:40.93	46	M	VetIII M (45-49)	184	25	GDR LEIÃO
209	401	LILIANA CORREIA	0:58:19.34	0:58:08.17	30	F	Jun Sen F (18-34)	25	8	FAM 2 RUN
210	511	EMANUEL MAGALHÃES	0:58:25.52	0:58:13.11	34	M	Jun Sen M (18-34)	185	41	
211	354	CLÁUDIO MILHEIRO	0:58:38.35	0:58:11.30	47	M	VetIII M (45-49)	186	26	
212	70	JOANA FILIPA CARVALHO	0:58:39.61	0:58:24.89	31	F	Jun Sen F (18-34)	26	9	
213	261	MIGUEL PIRES MATOS	0:58:40.88	0:58:11.61	57	M	VetV M (55-59)	187	15	DOR DE BURRO
214	451	BRUNO MONTEIRO	0:58:51.02	0:58:39.53	36	M	VetI M (35-39)	188	31	JERÓNIMO MARTINS
215	345	JOSE GUERREIRO	0:58:52.71	0:58:41.60	66	M	VetVII M (65-69)	189	6	SERVIÇOS SOCIAIS MONTEPIO
216	82	JOSÉ PEQUENO	0:58:55.10	0:58:41.48	48	M	VetIII M (45-49)	190	27	CLUBE NOVO BANCO
217	126	BALTAZAR MARTINHO	0:58:59.00	0:58:55.90	22	M	Jun Sen M (18-34)	191	42	
218	528	PEDRO VICENTE	0:59:03.04	0:58:36.97	46	M	VetIII M (45-49)	192	28	CCD CRÉDITO AGRÍCOLA
219	156	SANDRA MONTEIRO	0:59:08.68	0:59:00.41	46	F	VetIII F (45-49)	27	6	LINDA-A-PASTORA SPORTING CLUBE
220	548	TANIA AZEVEDO	0:59:12.73	0:59:09.25	38	F	VetI F (35-39)	28	3	AMINHACORRIDARUNEXTREM
221	287	SÉRGIO COSTA	0:59:14.87	0:58:40.78	36	M	VetI M (35-39)	193	32	CAA BELEM
222	249	GUILHERME ANTÓNIO GODINHO	0:59:21.66	0:59:11.19	48	M	VetIII M (45-49)	194	29	
223	245	FERNANDO MATIAS	0:59:22.99	0:59:04.86	67	M	VetVII M (65-69)	195	7	
224	226	JOÃO FILIPE CACHINHO	0:59:29.62	0:59:19.77	29	M	Jun Sen M (18-34)	196	43	ATLÉTICO CLUBE TOSTINHAS
225	308	LUÍS HORTÊNCIO	0:59:34.55	0:59:05.96	48	M	VetIII M (45-49)	197	30	
226	282	ANDRÉ NEPOMUCENO	0:59:36.41	0:59:15.04	32	M	Jun Sen M (18-34)	198	44	
227	289	BRUNO COSTA	0:59:37.25	0:59:20.54	39	M	VetI M (35-39)	199	33	
228	46	JOSÉ VIEIRA	0:59:49.00	0:59:14.23	33	M	Jun Sen M (18-34)	200	45	
229	324	MIGUEL ANGELO	1:00:02.09	0:59:49.88	47	M	VetIII M (45-49)	201	31	SS CGD
230	467	MARCO MOUTINHO	1:00:04.06	0:59:24.34	44	M	VetII M (40-44)	202	35	JERÓNIMO MARTINS
231	407	ANTÓNIO SENA	1:00:09.10	0:59:39.45	52	M	VetIV M (50-54)	203	26	CCD TRANQUILIDADE
232	552	VÂNIA SANTOS	1:00:10.00	1:00:10.00	33	F	Jun Sen F (18-34)	29	10	

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233	117	RAQUEL DA MIRANDA	1:00:10.77	1:00:09.02	40	F	VetII F (40-44)	30	6	CARACÓIS DO MONIZ PEREIRA
234	270	VITOR COIMBRA	1:00:21.79	1:00:12.53	53	M	VetIV M (50-54)	204	27	CLUBE VODAFONE
235	586	NUNO NEVES	1:00:22.64	0:59:49.90	21	M	Jun Sen M (18-34)	205	46	
236	543	ANTÓNIO RAMOS	1:00:23.29	1:00:20.50	52	M	VetIV M (50-54)	206	28	AMINHACORRIDAPACERS
237	66	NUNO RICARDO MARTINS	1:00:25.45	1:00:25.45	47	M	VetIII M (45-49)	207	32	CORRES, COMES & BEBES
238	279	ANA FORTES	1:00:26.77	1:00:00.49	43	F	VetII F (40-44)	31	7	
239	400	ELSA SABIDO	1:00:27.75	1:00:12.20	52	F	VetIV F (50-54)	32	4	FAM 2 RUN
240	358	VITOR MORAIS	1:00:29.34	1:00:17.51	65	M	VetVII M (65-69)	208	8	
241	244	EDUARDO CORREIA	1:00:34.29	1:00:25.61	55	M	VetV M (55-59)	209	16	
242	118	PRIYÁ DESSAI	1:00:35.61	1:00:31.72	40	F	VetII F (40-44)	33	8	CARACÓIS DO MONIZ PEREIRA
243	36	CARLOS CAGICA	1:00:37.00	1:00:18.64	58	M	VetV M (55-59)	210	17	CCD SIEMENS
244	190	RUBEN OLIVAL	1:00:39.08	1:00:26.00	36	M	VetI M (35-39)	211	34	
245	531	TIAGO SANTOS COSTA	1:00:42.84	1:00:05.21	40	M	VetII M (40-44)	212	36	
246	79	JORGE MONTEIRO	1:00:43.59	1:00:22.01	56	M	VetV M (55-59)	213	18	CLUBE NOVO BANCO
247	506	PAULO ALMEIDA	1:00:44.13	1:00:24.59	49	M	VetIII M (45-49)	214	33	
248	420	MARTA GOULÃO SOUSA	1:00:45.00	1:00:33.79	55	F	VetV F (55-59)	34	3	CCD TRANQUILIDADE
249	161	ISABEL SANTOS ANTUNES	1:00:45.57	1:00:23.40	51	F	VetIV F (50-54)	35	5	1º DEZEMBRO QUEIJAS
250	164	SARA REIS	1:00:48.36	1:00:31.37	30	F	Jun Sen F (18-34)	36	11	
251	310	TÂNIA ISABEL CARMO	1:00:48.39	1:00:46.57	37	F	VetI F (35-39)	37	4	RUN & WIN(E)
252	592	JOÃO LEITÃO	1:00:48.84	1:00:18.91	37	M	VetI M (35-39)	215	35	DAFD
253	65	ANA RATÃO	1:00:54.30	1:00:42.01	19	F	Jun Sen F (18-34)	38	12	
254	240	OCTÁVIO FERRO	1:01:00.08	1:00:56.87	58	M	VetV M (55-59)	216	19	
255	344	LUÍS GREINCHO	1:01:03.88	1:00:52.52	50	M	VetIV M (50-54)	217	29	SERVIÇOS SOCIAIS MONTEPIO
256	239	JOÃO ALHO	1:01:05.00	1:00:28.66	43	M	VetII M (40-44)	218	37	
257	232	FILIPPE DANTAS	1:01:07.86	1:00:31.76	45	M	VetIII M (45-49)	219	34	
258	272	PEDRO ALEXANDRE MOURA	1:01:16.52	1:00:36.38	26	M	Jun Sen M (18-34)	220	47	PERNETAS

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259	273	LUIS SOARES	1:01:17.17	1:00:36.41	26	M	Jun Sen M (18-34)	221	48	PERNETAS
260	514	IDALÉCIO BARROS	1:01:23.93	1:01:20.40	69	M	VetVII M (65-69)	222	9	
261	260	PAULA PIRES MATOS	1:01:28.27	1:00:59.76	59	F	VetV F (55-59)	39	4	DOR DE BURRO
262	275	SARA FERNANDES	1:01:30.00	1:01:07.67	35	F	VetI F (35-39)	40	5	
263	334	TERESA CARDOSO	1:01:33.11	1:01:24.63	44	F	VetII F (40-44)	41	9	SERVIÇOS SOCIAIS MONTEPIO
264	280	FILIFE FERREIRA	1:01:35.45	1:01:05.91	30	M	Jun Sen M (18-34)	223	49	
265	125	CARLOS MANUEL MARTINHO	1:01:42.32	1:01:38.63	59	M	VetV M (55-59)	224	20	
266	147	RITA CORREIA	1:01:44.43	1:01:13.63	43	F	VetII F (40-44)	42	10	
267	212	PAULO MAGALHÃES	1:01:47.00	1:01:28.52	44	M	VetII M (40-44)	225	38	
268	379	ANTONIO JOSE CASTRO	1:01:50.20	1:01:29.20	54	M	VetIV M (50-54)	226	30	GD SANTANDER TOTTA
269	357	JOANA TAVARES	1:01:56.50	1:01:30.71	34	F	Jun Sen F (18-34)	43	13	LIMITED EDITION
270	356	MAGDA FILIPA SANTOS	1:01:56.51	1:01:29.18	45	F	VetIII F (45-49)	44	7	LIMITED EDITION
271	183	FILIFE CUNHA	1:02:01.11	1:01:37.76	46	M	VetIII M (45-49)	227	35	ADRC MATA DE BENFICA
272	297	ALEXANDRE DO LEE	1:02:04.76	1:01:38.14	46	M	VetIII M (45-49)	228	36	JOYN MOVE SQUAD
273	502	CATARINA NICHIO	1:02:09.19	1:01:59.88	57	F	VetV F (55-59)	45	5	
274	340	NUNO SANTOS	1:02:15.28	1:02:02.42	47	M	VetIII M (45-49)	229	37	SERVIÇOS SOCIAIS MONTEPIO
275	278	JEFFREY RUSSELL	1:02:19.20	1:02:12.34	27	M	Jun Sen M (18-34)	230	50	JELOTTE
276	417	JOSÉ MANUEL COSTA	1:02:25.37	1:01:57.17	43	M	VetII M (40-44)	231	39	CCD TRANQUILIDADE
277	222	RICARDO MIGUEL CRUZ	1:02:27.66	1:01:54.68	21	M	Jun Sen M (18-34)	232	51	
278	237	GUYA ACCORNERO	1:02:31.70	1:02:18.66	47	F	VetIII F (45-49)	46	8	
279	323	JOSE DIMAS	1:02:37.43	1:02:02.40	54	M	VetIV M (50-54)	233	31	SS CGD
280	148	NUNO CORREIA	1:02:38.87	1:02:07.54	52	M	VetIV M (50-54)	234	32	
281	500	GONÇALO MACEDO LIMA	1:02:46.88	1:02:07.68	26	M	Jun Sen M (18-34)	235	52	PERNETAS
282	339	PAULO PEREIRA	1:02:49.93	1:02:38.68	53	M	VetIV M (50-54)	236	33	SERVIÇOS SOCIAIS MONTEPIO
283	351	ANTONIO FRANCO	1:02:50.47	1:02:38.18	58	M	VetV M (55-59)	237	21	SERVIÇOS SOCIAIS MONTEPIO
284	346	JORGE SOUSA	1:02:50.67	1:02:39.32	50	M	VetIV M (50-54)	238	34	SERVIÇOS SOCIAIS MONTEPIO

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285	143	CARLA DUARTE	1:02:52.15	1:02:38.45	52	F	VetIV F (50-54)	47	6	GDCTINCM
286	504	VANESSA ALVES	1:02:58.24	1:02:48.37	44	F	VetII F (40-44)	48	11	
287	225	DAVID BERRY	1:03:01.82	1:02:24.34	61	M	VetVI M (60-64)	239	9	
288	140	ROGÉRIO AQUINO CARVALHO	1:03:07.82	1:02:43.95	44	M	VetII M (40-44)	240	40	
289	159	PEDRO FILIPE ALVES	1:03:09.55	1:02:53.08	39	M	VetI M (35-39)	241	36	
290	406	CARLOS BARGADO	1:03:13.17	1:02:53.95	58	M	VetV M (55-59)	242	22	CCD TRANQUILIDADE
291	206	PAULO BAETA PINTO	1:03:17.14	1:03:12.77	59	M	VetV M (55-59)	243	23	A TEAM AGEAS
292	187	CATARINA JORGE	1:03:17.56	1:02:35.07	38	F	VetI F (35-39)	49	6	VANGUARD PROPERTIES
293	98	PAULO GONÇALVES	1:03:18.37	1:03:01.90	55	M	VetV M (55-59)	244	24	CLUBE NOVO BANCO
294	192	JAIME VEIGA	1:03:22.62	1:03:16.31	60	M	VetVI M (60-64)	245	10	
295	565	DAVIDE AMADO	1:03:24.36	1:02:58.34	43	M	VetII M (40-44)	246	41	AJUDA
296	89	RICARDO RODRIGUES	1:03:25.72	1:03:13.77	52	M	VetIV M (50-54)	247	35	CLUBE NOVO BANCO
297	536	ANDRÉ PESSOA	1:03:26.41	1:03:04.42	33	M	Jun Sen M (18-34)	248	53	
298	110	JOÃO VALLE COSTA	1:03:28.13	1:03:02.09	55	M	VetV M (55-59)	249	25	
299	151	RÚBEN TRINDADE CALDEIRA	1:03:30.40	1:02:57.71	23	M	Jun Sen M (18-34)	250	54	SANTIAGO RUNNERS
300	304	CRINA OLTEAN	1:03:44.37	1:03:25.31	39	M	VetI M (35-39)	251	37	FARMATIVA
301	100	DINIS MARTINS	1:03:45.60	1:03:29.28	53	M	VetIV M (50-54)	252	36	CLUBE NOVO BANCO
302	494	CATARINA BRANCO	1:03:52.94	1:03:36.58	30	F	Jun Sen F (18-34)	50	14	
303	99	MIGUEL DIAS	1:03:58.36	1:03:37.25	52	M	VetIV M (50-54)	253	37	CLUBE NOVO BANCO
304	235	FERNANDO VIRIATO GOUVEIA	1:04:01.39	1:03:31.17	20	M	Jun Sen M (18-34)	254	55	
305	534	ANÍBAL CARVALHO	1:04:06.40	1:03:42.80	72	M	VetVIII M (70-99)	255	4	
306	596	EDUARDO MANSO	1:04:07.29	1:03:34.80	61	M	VetVI M (60-64)	256	11	CAMARA LISBOA CLUBE
307	47	MIGUEL TRISTÃO VIEIRA	1:04:10.11	1:03:36.04	27	M	Jun Sen M (18-34)	257	56	
308	37	EDMUNDO COSTA	1:04:18.72	1:04:01.09	63	M	VetVI M (60-64)	258	12	CCD SIEMENS
309	182	SARA MONTEIRO	1:04:20.00	1:04:16.30	40	F	VetII F (40-44)	51	12	ADRC MATA DE BENFICA
310	27	HUGO MOTA	1:04:22.78	1:03:57.61	27	M	Jun Sen M (18-34)	259	57	FMMS

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311	430	MARCO SILVA	1:04:26.79	1:04:00.95	44	M	VetII M (40-44)	260	42	
312	49	RAQUEL COELHO	1:04:27.64	1:04:21.43	44	F	VetII F (40-44)	52	13	LXRC
313	386	LINO LOPES OLIVEIRA	1:04:29.68	1:04:29.36	77	M	VetVIII M (70-99)	261	5	GD SANTANDER TOTTA
314	381	RODRIGO COIMBRA	1:04:30.44	1:03:50.41	21	M	Jun Sen M (18-34)	262	58	GD SANTANDER TOTTA
315	124	ELSA CARRILHO	1:04:32.12	1:03:56.37	43	F	VetII F (40-44)	53	14	1º DEZEMBRO QUEIJAS
316	438	ANA RITA ALVES	1:04:35.42	1:03:56.77	30	F	Jun Sen F (18-34)	54	15	JERÓNIMO MARTINS
317	477	SARA HENRIQUES MARTINS	1:04:35.65	1:03:57.72	23	F	Jun Sen F (18-34)	55	16	JERÓNIMO MARTINS
318	429	CRISTINA ALMEIDA	1:04:36.15	1:04:11.99	54	F	VetIV F (50-54)	56	7	CCD TRANQUILIDADE
319	103	XANA FILIPE	1:04:41.67	1:04:27.65	52	F	VetIV F (50-54)	57	8	CLUBE NOVO BANCO
320	233	NAYARA PINHEIRO	1:04:42.03	1:04:21.55	27	F	Jun Sen F (18-34)	58	17	
321	241	MIGUEL ANTÓNIO DIAS	1:04:43.57	1:04:14.68	52	M	VetIV M (50-54)	263	38	
322	236	VALTER MACHADO	1:04:43.73	1:04:23.36	31	M	Jun Sen M (18-34)	264	59	
323	341	LURDES FERREIRA	1:04:52.69	1:04:42.13	61	F	VetVI F (60-64)	59	1	SERVIÇOS SOCIAIS MONTEPIO
324	460	JOÃO PALMA	1:04:52.84	1:04:09.86	38	M	VetI M (35-39)	265	38	JERÓNIMO MARTINS
325	40	ELISABETE ÁGUAS	1:04:58.45	1:04:51.58	58	F	VetV F (55-59)	60	6	C.C.D. O ALVITEJO
326	405	ARTUR GAIO	1:04:58.90	1:04:36.30	40	M	VetII M (40-44)	266	43	CCD TRANQUILIDADE
327	461	JOÃO SANCHES	1:05:13.00	1:04:38.29	50	M	VetIV M (50-54)	267	39	JERÓNIMO MARTINS
328	77	DUARTE QUINTELA	1:05:21.61	1:04:44.56	35	M	VetI M (35-39)	268	39	
329	228	MIGUEL REDMONT	1:05:22.35	1:04:59.38	53	M	VetIV M (50-54)	269	40	
330	499	JOÃO TRIGUEIRO SILVA	1:05:24.01	1:05:06.78	35	M	VetI M (35-39)	270	40	
331	255	JOÃO SILVA	1:05:30.64	1:05:01.29	18	M	Jun Sen M (18-34)	271	60	CAMINHANTES DO CRISTO REI
332	120	RENATO CÉSAR VELOSO	1:05:30.94	1:05:24.13	38	M	VetI M (35-39)	272	41	
333	303	JOAO GALVEIA	1:05:32.96	1:05:13.59	48	M	VetIII M (45-49)	273	38	FARMATIVA
334	580	LAURA PORTILHEIRO	1:05:38.75	1:05:38.75	22	F	Jun Sen F (18-34)	61	18	GDCT UNICRE
335	63	CARLOS COSTA	1:05:39.99	1:05:20.84	52	M	VetIV M (50-54)	274	41	CLUBE ANACOM
336	579	CAROLINA ALMEIDA	1:05:40.04	1:05:40.04	25	F	Jun Sen F (18-34)	62	19	GDCT UNICRE

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337	432	SUSANA FERNANDES	1:05:41.72	1:05:38.10	41	F	VetII F (40-44)	63	15	
338	325	RUI SOARES	1:05:49.94	1:05:39.71	48	M	VetIII M (45-49)	275	39	SS CGD
339	175	RICARDO RIBEIRO	1:05:59.00	1:05:53.83	39	M	VetI M (35-39)	276	42	
340	109	ABEL FELICIO	1:06:01.97	1:05:25.13	49	M	VetIII M (45-49)	277	40	
341	472	PEDRO AZEVEDO	1:06:05.82	1:05:21.62	25	M	Jun Sen M (18-34)	278	61	JERÓNIMO MARTINS
342	216	MIRYAN PINO DIEZ	1:06:08.07	1:05:59.00	34	F	Jun Sen F (18-34)	64	20	ATLÉTICO CLUBE TOSTINHAS
343	483	MIKAYLEIGH HAARHOFF	1:06:09.05	1:06:02.87	20	F	Jun Sen F (18-34)	65	21	
344	176	ANA CLÁUDIA FREITAS	1:06:10.01	1:05:35.15	47	F	VetIII F (45-49)	66	9	
345	545	CARLOS LOPES	1:06:15.00	1:06:09.72	49	M	VetIII M (45-49)	279	41	AMINHACORRIDAPACERS
346	292	CARLOS FERREIRA	1:06:17.54	1:06:13.33	66	M	VetVII M (65-69)	280	10	NUCLEO DESPORTIVO AUTOCOOPE
347	384	SANDRA DUARTE	1:06:17.68	1:06:01.17	41	F	VetII F (40-44)	67	16	GD SANTANDER TOTTA
348	108	JORGE BORGES	1:06:18.59	1:05:56.57	37	M	VetI M (35-39)	281	43	THE BEST FAMILY
349	69	ANA RITA SIMÕES	1:06:21.18	1:06:08.83	26	F	Jun Sen F (18-34)	68	22	
350	202	CATARINA CARAS ALTAS	1:06:21.56	1:06:16.59	50	F	VetIV F (50-54)	69	9	A TEAM AGEAS
351	105	MANUEL MANTEIGAS	1:06:27.72	1:06:01.33	39	M	VetI M (35-39)	282	44	CLUBE NOVO BANCO
352	512	JONATHAN APARICIO	1:06:37.75	1:06:24.65	33	M	Jun Sen M (18-34)	283	62	
353	343	LUÍS LANÇA	1:06:42.45	1:06:32.70	46	M	VetIII M (45-49)	284	42	SERVIÇOS SOCIAIS MONTEPIO
354	587	JOSÉ BURSIO	1:06:46.61	1:06:14.87	23	M	Jun Sen M (18-34)	285	63	
355	556	DIOGO LUIS	1:06:49.11	1:06:15.94	37	M	VetI M (35-39)	286	45	CHURRASQUEIRA DA PAZ
356	113	VASCO ALPALHAO	1:06:51.81	1:06:18.13	53	M	VetIV M (50-54)	287	42	
357	56	PEDRO GERARDO	1:06:57.61	1:05:50.98	34	M	Jun Sen M (18-34)	288	64	
358	576	LIANNES ROSELLÓ	1:06:58.67	1:06:35.36	31	F	Jun Sen F (18-34)	70	23	
359	599	MIGUEL VELEZ	1:07:00.95	1:06:29.44	60	M	VetVI M (60-64)	289	13	CAMARA LISBOA CLUBE
360	88	SUSANA ROSADO	1:07:00.98	1:05:52.41	31	F	Jun Sen F (18-34)	71	24	CLUBE NOVO BANCO
361	41	SÓNIA PALMA	1:07:03.56	1:06:47.05	45	F	VetIII F (45-49)	72	10	CCD SIEMENS
362	25	ANTONIO GUIMARAES	1:07:03.79	1:06:38.61	28	M	Jun Sen M (18-34)	290	65	FMMS

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363	283	AUGUSTO CORREIA	1:07:05.50	1:06:45.83	69	M	VetVII M (65-69)	291	11	
364	269	ALEXANDRA PINTO	1:07:08.36	1:06:59.10	48	F	VetIII F (45-49)	73	11	CLINICA DR CAUTELA
365	367	JOANA VILLAR	1:07:09.04	1:06:47.88	29	F	Jun Sen F (18-34)	74	25	SHARPAYS
366	370	SERGIO PEREIRA	1:07:09.97	1:06:40.87	51	M	VetIV M (50-54)	292	43	PEREIRA
367	450	GONÇALO BRUNHETA	1:07:10.85	1:06:35.82	38	M	VetI M (35-39)	293	46	JERÓNIMO MARTINS
368	470	PATRÍCIA GONÇALVES	1:07:10.97	1:06:37.00	44	F	VetII F (40-44)	75	17	JERÓNIMO MARTINS
369	309	LURDES DE SILV	1:07:11.42	1:06:51.09	55	F	VetV F (55-59)	76	7	
370	413	ISABEL MOTA	1:07:18.18	1:06:56.64	50	F	VetIV F (50-54)	77	10	CCD TRANQUILIDADE
371	554	MARIA VELOSO	1:07:20.55	1:07:04.23	72	F	VetVIII F (70-99)	78	1	
372	414	JOÃO CARLOS SERRA	1:07:22.40	1:06:58.99	51	M	VetIV M (50-54)	294	44	CCD TRANQUILIDADE
373	295	BEA FIGUEIREDO	1:07:26.70	1:07:08.97	47	F	VetIII F (45-49)	79	12	FIDELIDADE GDC
374	426	TAM AFONSO	1:07:38.23	1:07:33.21	70	M	VetVIII M (70-99)	295	6	CCD TRANQUILIDADE
375	136	RUI MANUEL PASTOR	1:07:56.42	1:07:56.42	51	M	VetIV M (50-54)	296	45	CCDTMETROLX
376	207	PEDRO ALEXANDRE DIAS	1:08:04.37	1:08:00.42	46	M	VetIII M (45-49)	297	43	A TEAM AGEAS
377	218	TIAGO ARAÚJO	1:08:14.09	1:08:06.65	30	M	Jun Sen M (18-34)	298	66	ATLÉTICO CLUBE TOSTINHAS
378	335	SUSANA COSTA	1:08:17.48	1:08:07.73	41	F	VetII F (40-44)	80	18	SERVIÇOS SOCIAIS MONTEPIO
379	163	JOSÉ SABBO	1:08:19.19	1:07:47.26	31	M	Jun Sen M (18-34)	299	67	
380	311	TIAGO DE GALEGO	1:08:22.80	1:08:19.86	44	M	VetII M (40-44)	300	44	NAVIGATOR CLUBE DE SETÚBAL
381	60	ANA PAULA PARRACHO	1:08:23.40	1:08:05.59	57	F	VetV F (55-59)	81	8	CCD SIEMENS
382	162	HENRIQUE ALMEIDA LOPES	1:08:24.04	1:07:52.10	31	M	Jun Sen M (18-34)	301	68	YT
383	538	HUGO SARAMAGO	1:08:29.94	1:07:57.33	24	M	Jun Sen M (18-34)	302	69	
384	285	HUGO CASQUEIRO	1:08:40.52	1:08:11.42	47	M	VetIII M (45-49)	303	44	
385	398	TERESA JERÓNIMO	1:08:47.84	1:08:32.16	54	F	VetIV F (50-54)	82	11	FAM 2 RUN
386	491	DANIEL PEREIRA COSTA	1:08:59.57	1:08:31.16	21	M	Jun Sen M (18-34)	304	70	RUNFORHAPPINESS
387	194	LUIS PROENÇA	1:09:08.74	1:08:55.28	53	M	VetIV M (50-54)	305	46	
388	277	CHARLOTTE RUSSELL	1:09:15.13	1:09:09.22	24	F	Jun Sen F (18-34)	83	26	JELOTTE

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389	145	MAURO GOMES	1:09:31.73	1:09:20.60	46	M	VetIII M (45-49)	306	45	GDCTINCM
390	550	MICHAEL SANDOVAL	1:09:37.56	1:08:52.91	30	M	Jun Sen M (18-34)	307	71	
391	482	TOMÁS LOPES	1:09:38.75	1:09:03.45	25	M	Jun Sen M (18-34)	308	72	JERÓNIMO MARTINS
392	549	LUIS VEGA	1:09:39.03	1:08:52.73	58	M	VetV M (55-59)	309	26	
393	171	RITA ANTUNES	1:09:41.50	1:09:05.60	46	F	VetIII F (45-49)	84	13	SS CGD
394	466	MADALINA PUSZTAI	1:09:46.96	1:09:10.91	29	F	Jun Sen F (18-34)	85	27	JERÓNIMO MARTINS
395	322	ANA SILVA	1:09:47.93	1:09:19.05	48	F	VetIII F (45-49)	86	14	
396	332	AGATA KOSTKA	1:09:54.27	1:09:37.86	42	F	VetII F (40-44)	87	19	
397	184	ANA TERESA RODRIGUES	1:10:12.04	1:09:49.41	55	F	VetV F (55-59)	88	9	
398	328	ALEXANDRA MACHADO	1:10:14.52	1:09:54.06	55	F	VetV F (55-59)	89	10	
399	133	LEONOR FERREIRA	1:10:19.10	1:09:59.79	48	F	VetIII F (45-49)	90	15	CCDTMETROLX
400	490	HELDER VIEIRA COSTA	1:10:28.74	1:09:59.15	53	M	VetIV M (50-54)	310	47	RUNFORHAPPINESS
401	385	JOAO MANUEL BARROS	1:10:33.49	1:09:49.18	60	M	VetVI M (60-64)	311	14	GD SANTANDER TOTTA
402	578	GONÇALO OLIVEIRA	1:10:33.56	1:09:47.34	61	M	VetVI M (60-64)	312	15	GDCT UNICRE
403	203	JOSE VALENTIM	1:10:40.50	1:10:31.35	52	M	VetIV M (50-54)	313	48	A TEAM AGEAS
404	330	PEDRO COSTA	1:10:43.47	1:10:20.53	40	M	VetII M (40-44)	314	45	
405	522	CARLA BAPTISTA	1:10:53.02	1:10:39.98	43	F	VetII F (40-44)	91	20	CCD CRÉDITO AGRÍCOLA
406	91	FRANCISCO BARREIRAS	1:11:07.07	1:11:00.75	19	M	Jun Sen M (18-34)	315	73	CLUBE NOVO BANCO
407	610	LUÍSA CARMO	1:11:34.78	1:10:56.11	25	F	Jun Sen F (18-34)	92	28	
408	54	PEDRO IGREJA	1:11:41.57	1:11:05.87	44	M	VetII M (40-44)	316	46	
409	104	LEONOR OLIVEIRA	1:11:45.58	1:11:38.33	50	F	VetIV F (50-54)	93	12	CLUBE NOVO BANCO
410	307	ANNA LIMA	1:11:47.36	1:11:30.14	31	F	Jun Sen F (18-34)	94	29	
411	376	PAULO JOSE COELHO	1:11:49.94	1:11:27.64	59	M	VetV M (55-59)	317	27	GD SANTANDER TOTTA
412	22	MARTA REIS	1:11:52.07	1:11:52.07	43	F	VetII F (40-44)	95	21	
413	577	HUGO SOUSA	1:11:59.45	1:11:13.19	42	M	VetII M (40-44)	318	47	GDCT UNICRE
414	154	DIANA BRANCO	1:11:59.53	1:11:51.78	29	F	Jun Sen F (18-34)	96	30	

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415	355	FRANCISCO RIBEIRO GORJÃO	1:12:01.18	1:11:13.82	30	M	Jun Sen M (18-34)	319	74	
416	302	CRISTIANO FILIPE CONCEIÇÃO	1:12:04.96	1:11:28.87	35	M	VetI M (35-39)	320	47	
417	342	LUIS REIS	1:12:05.05	1:11:54.67	66	M	VetVII M (65-69)	321	12	SERVIÇOS SOCIAIS MONTEPIO
418	321	MIGUEL REIS	1:12:06.48	1:11:42.47	57	M	VetV M (55-59)	322	28	
419	389	JOAO PEDRO VAZ	1:12:06.49	1:11:42.39	58	M	VetV M (55-59)	323	29	GD SANTANDER TOTTA
420	84	CARLOS COSTA	1:12:08.26	1:11:46.45	48	M	VetIII M (45-49)	324	46	CLUBE NOVO BANCO
421	97	JORGE MAXIMO	1:12:09.47	1:11:50.91	48	M	VetIII M (45-49)	325	47	CLUBE NOVO BANCO
422	96	SERGIO NAITO	1:12:10.05	1:11:52.18	40	M	VetII M (40-44)	326	48	CLUBE NOVO BANCO
423	246	TIAGO RODRIGUES	1:12:16.09	1:11:30.88	37	M	VetI M (35-39)	327	48	OS ÚLTIMOS
424	347	JOÃO DIEGUES	1:12:23.14	1:12:13.68	52	M	VetIV M (50-54)	328	49	SERVIÇOS SOCIAIS MONTEPIO
425	75	LUÍS MANUEL SOBRAL	1:12:23.55	1:11:50.35	60	M	VetVI M (60-64)	329	16	
426	537	PEDRO MARTINS	1:12:34.64	1:12:04.23	42	M	VetII M (40-44)	330	49	
427	150	FLÁVIO TRIBUNA SANTOS	1:12:59.69	1:12:59.69	30	M	Jun Sen M (18-34)	331	75	SANTIAGO RUNNERS
428	373	ANA ANJO	1:13:00.32	1:13:00.32	44	F	VetII F (40-44)	97	22	
429	475	RUTE DAMÁSIO	1:13:06.03	1:12:23.46	45	F	VetIII F (45-49)	98	16	JERÓNIMO MARTINS
430	353	JOSEFIN BRODDE	1:13:29.57	1:13:29.57	47	F	VetIII F (45-49)	99	17	LIMITED EDITION
431	547	IRINA PEREIRA	1:13:30.17	1:13:05.09	43	F	VetII F (40-44)	100	23	LIMITED EDITION TEAM
432	178	NAIRA RITO	1:13:37.98	1:13:16.78	37	F	VetI F (35-39)	101	7	
433	566	ANA BARATA	1:13:42.15	1:13:17.56	53	F	VetIV F (50-54)	102	13	AJUDA
434	366	CARLOTA PADEIRA	1:13:45.63	1:13:25.00	29	F	Jun Sen F (18-34)	103	31	SHARPAYS
435	361	MARTA AMÂNCIO FIALHO	1:13:57.55	1:13:29.32	53	F	VetIV F (50-54)	104	14	
436	293	ISABEL BETTENCOURT	1:13:59.77	1:13:29.21	68	F	VetVII F (65-69)	105	1	
437	329	PEDRO MIGUEL JANEIRO	1:15:02.59	1:14:22.79	38	M	VetI M (35-39)	332	49	
438	371	CARLOS JESUS	1:15:31.97	1:15:12.28	59	M	VetV M (55-59)	333	30	
439	372	SUSANA PATRICIA JESUS	1:15:31.98	1:15:09.49	31	F	Jun Sen F (18-34)	106	32	
440	29	ANA BOINO ELISEU	1:15:46.35	1:15:23.92	44	F	VetII F (40-44)	107	24	

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441	276	MARCO DACAL	1:15:59.53	1:15:47.42	47	M	VetIII M (45-49)	334	48	
442	404	ANTÓNIO ALBUQUERQUE	1:16:17.42	1:15:49.05	54	M	VetIV M (50-54)	335	50	CCD TRANQUILIDADE
443	32	SONIA CANDIDO	1:16:23.70	1:16:09.42	43	F	VetII F (40-44)	108	25	
444	496	FRANCISCO JÁCOME	1:16:24.37	1:15:36.99	41	M	VetII M (40-44)	336	50	
445	185	CÁTIA RODRIGUES	1:16:36.77	1:15:49.67	41	F	VetII F (40-44)	109	26	VANGUARD PROPERTIES
446	611	MEIRIELLY DA SILVA	1:16:46.55	1:16:43.53	37	F	VetI F (35-39)	110	8	
447	374	CRISTINA HORTA	1:16:54.90	1:16:54.90	44	F	VetII F (40-44)	111	27	
448	33	LURDES MORGADO	1:17:31.85	1:17:17.15	47	F	VetIII F (45-49)	112	18	
449	349	CLAUDIA GRENCHO	1:18:02.01	1:17:50.77	50	F	VetIV F (50-54)	113	15	SERVIÇOS SOCIAIS MONTEPIO
450	377	PEDRO OLIVEIRA	1:18:03.14	1:17:33.24	44	M	VetII M (40-44)	337	51	GD SANTANDER TOTTA
451	383	LUIS MIGUEL COITO	1:18:03.14	1:17:35.25	53	M	VetIV M (50-54)	338	51	GD SANTANDER TOTTA
452	412	HUGO OLIMPIO	1:18:23.13	1:17:51.62	47	M	VetIII M (45-49)	339	49	CCD TRANQUILIDADE
453	428	SARA DURÃES	1:18:27.45	1:18:06.10	30	F	Jun Sen F (18-34)	114	33	CCD TRANQUILIDADE
454	489	DANIEL REIS	1:18:34.48	1:18:13.83	48	M	VetIII M (45-49)	340	50	
455	454	HUGO CRUZ	1:18:34.50	1:17:52.57	27	M	Jun Sen M (18-34)	341	76	JERÓNIMO MARTINS
456	85	PAULO RICARDO	1:18:55.84	1:18:32.69	56	M	VetV M (55-59)	342	31	CLUBE NOVO BANCO
457	86	PAULA MELLO	1:18:56.00	1:18:30.79	56	F	VetV F (55-59)	115	11	CLUBE NOVO BANCO
458	10	JOHNNY THOMASSEN	1:19:08.73	1:18:35.05	63	M	VetVI M (60-64)	343	17	NORWAY
459	71	ISABELA CORRÊA SÁ	1:19:10.29	1:17:52.67	26	F	Jun Sen F (18-34)	116	34	CUSCUZ
460	315	HUGO DANIEL GOMES	1:19:28.44	1:18:38.30	41	M	VetII M (40-44)	344	52	PEGADA SIDERAL
461	52	JOANA D`ARC CHOURIÇO	1:19:30.73	1:19:25.56	60	F	VetVI F (60-64)	117	2	RUNNING CLUB SANTA CASA
462	488	PATRÍCIA REIS	1:19:32.87	1:19:15.10	47	F	VetIII F (45-49)	118	19	
463	201	ANA PAULA MATIAS	1:19:33.27	1:19:13.11	58	F	VetV F (55-59)	119	12	A TEAM AGEAS
464	230	NUNO SOARES	1:19:33.76	1:18:54.57	47	M	VetIII M (45-49)	345	51	CORRE E ANDA
465	50	ANTÓNIO ABRANTES	1:19:55.62	1:19:45.19	68	M	VetVII M (65-69)	346	13	
466	102	FERNANDO FILIPE	1:19:57.00	1:19:33.13	55	M	VetV M (55-59)	347	32	CLUBE NOVO BANCO

12ª Corrida das CASTANHAS

12 NOV 2023
TORRE DO GALO,
AJUDA

467	298	JORGE MANUEL MARTINS	1:20:04.10	1:19:43.10	69	M	VetVII M (65-69)	348	14	
468	408	CHRISTY CARVALHO	1:20:21.13	1:18:47.31	48	M	VetIII M (45-49)	349	52	CCD TRANQUILIDADE
469	319	RODRIGO C SANTOS	1:20:22.21	1:19:45.30	46	M	VetIII M (45-49)	350	53	
470	609	TAMY OHIS	1:20:46.33	1:19:29.04	32	F	Jun Sen F (18-34)	120	35	
471	112	RICARDO NOGUEIRA	1:20:55.74	1:19:19.73	31	M	Jun Sen M (18-34)	351	77	
472	107	MIGUEL SILVA	1:20:56.82	1:19:19.90	29	M	Jun Sen M (18-34)	352	78	
473	497	GUILHERME HERIQUE CAMPOS	1:20:56.95	1:19:18.91	28	M	Jun Sen M (18-34)	353	79	
474	134	ORLANDO SOUSA	1:21:16.11	1:20:53.34	61	M	VetVI M (60-64)	354	18	CCDTMETROLX
475	229	JOANA FONSECA	1:21:28.70	1:20:50.46	48	F	VetIII F (45-49)	121	20	CORRE E ANDA
476	409	CLAUDIA TAM	1:22:08.00	1:21:34.37	41	F	VetII F (40-44)	122	28	CCD TRANQUILIDADE
477	267	JOSÉ CATITA	1:22:09.38	1:21:33.40	65	M	VetVII M (65-69)	355	15	CAMINHANTES DO CRISTO REI
478	254	HENRIQUE SILVA	1:22:14.38	1:21:42.55	53	M	VetIV M (50-54)	356	52	CAMINHANTES DO CRISTO REI
479	253	SANDRA MARTINS	1:22:15.18	1:21:44.05	46	F	VetIII F (45-49)	123	21	CAMINHANTES DO CRISTO REI
480	231	RITA MARTINS	1:23:33.53	1:22:54.64	48	F	VetIII F (45-49)	124	22	CORRE E ANDA
481	223	JOAO LUIS CRUZ	1:23:36.24	1:23:02.99	24	M	Jun Sen M (18-34)	357	80	
482	251	SANDRA ANTUNES	1:23:42.86	1:23:28.37	45	F	VetIII F (45-49)	125	23	
483	62	INÊS PAIVA	1:24:18.93	1:23:58.76	32	F	Jun Sen F (18-34)	126	36	CORRER LISBOA
484	360	ISABEL ALAMO	1:24:40.11	1:24:40.11	55	F	VetV F (55-59)	127	13	ACNPN
485	76	JOÃO MIGUEL SOBRAL	1:25:40.95	1:25:05.87	31	M	Jun Sen M (18-34)	358	81	
486	128	ROSA MIRANDA REIS	1:26:49.19	1:26:33.05	67	F	VetVII F (65-69)	128	2	
487	439	ANA SANCHES	1:28:22.40	1:27:38.71	32	F	Jun Sen F (18-34)	129	37	JERÓNIMO MARTINS
488	435	ANA CARINA RODRIGUES	1:28:29.81	1:27:49.52	33	F	Jun Sen F (18-34)	130	38	JERÓNIMO MARTINS
489	53	JORGE MARTINS	1:28:36.62	1:28:06.91	45	M	VetIII M (45-49)	359	54	PAPA TUDO
490	24	JOANA ANDRADE	1:28:46.01	1:28:20.79	28	F	Jun Sen F (18-34)	131	39	FMMS
491	26	RITA ESMERALDO	1:28:46.14	1:28:20.92	28	F	Jun Sen F (18-34)	132	40	FMMS
492	152	IGOR SEQUEIRA	1:29:12.58	1:28:39.65	24	M	Jun Sen M (18-34)	360	82	SANTIAGO RUNNERS

12ª Corrida das CASTANHAS

12 NOV 2023
TORRE DO GALO,
AJUDA

493	505	CAMILA SOALHEIRO	1:29:22.02	1:29:22.02	23	F	Jun Sen F (18-34)	133	41	
494	457	JÉSSICA RIBEIRO	1:29:23.61	1:28:40.64	29	F	Jun Sen F (18-34)	134	42	JERÓNIMO MARTINS
495	166	FILIPA MASSA GOMES	1:29:42.41	1:29:06.35	24	F	Jun Sen F (18-34)	135	43	SS CGD
496	350	CARLA SILVA	1:31:52.18	1:31:43.28	46	F	VetIII F (45-49)	136	24	SERVIÇOS SOCIAIS MONTEPIO
497	318	JOSE J SANTOS	1:32:30.53	1:31:53.74	57	M	VetV M (55-59)	361	33	
498	317	JOAQUIM M SANTOS	1:32:30.72	1:31:53.41	71	M	VetVIII M (70-99)	362	7	
499	257	RUTE LOPES	1:35:45.39	1:34:53.50	44	F	VetII F (40-44)	137	29	RUN4LOVE
500	258	N. MIGUEL SILVA	1:35:45.77	1:34:52.37	43	M	VetII M (40-44)	363	53	RUN4LOVE
501	459	JOANA SANTOS	1:37:37.35	1:36:57.29	45	F	VetIII F (45-49)	138	25	JERÓNIMO MARTINS
502	462	EVANGELINA MARTINS	1:38:21.93	1:37:37.88	41	F	VetII F (40-44)	139	30	JERÓNIMO MARTINS
503	433	ALEXANDRE RODRIGUES SILVA	1:38:22.79	1:37:41.14	41	M	VetII M (40-44)	364	54	JERÓNIMO MARTINS
504	533	ANA CAROLINA BARRETO	1:40:14.46	1:38:58.85	32	F	Jun Sen F (18-34)	140	44	
505	72	REBECA SÁ	1:40:15.46	1:39:04.20	22	F	Jun Sen F (18-34)	141	45	CUSCUZ
506	380	MARIA JOSE COIMBRA	1:40:29.01	1:39:47.85	58	F	VetV F (55-59)	142	14	GD SANTANDER TOTTA
507	382	RUI PAULO COIMBRA	1:40:29.02	1:39:46.53	58	M	VetV M (55-59)	365	34	GD SANTANDER TOTTA
508	605	LUCIO OLIVEIRA	1:41:35.28	1:41:33.93	57	M	VetV M (55-59)	366	35	
509	437	ANA CRISTINA GONÇALVE	1:45:13.54	1:45:13.54	46	F	VetIII F (45-49)	143	26	JERÓNIMO MARTINS