

CORRIDA 10KM**SÃO SILVESTRE**
Viver **mais** Olivaís
Junta de Freguesia**DOS OLIVAIS****27 DEZEMBRO 2023**

Posição Geral	Dorsal	Nome	Tempo Prova	Tempo Líquido	Idade	Género	Escalão	Posição Género	Posição Escalão	Equipa
1	531	ROBERTO LADEIRAS	0:31:25.25	0:31:25.25	31	M	Jun Sen M (18-34)	1	1	VITÓRIA FC
2	4	RUI MINEIRO	0:31:44.91	0:31:44.91	18	M	Jun Sen M (18-34)	2	2	SPORTING CP
3	144	BRUNO LOURENCO	0:31:50.99	0:31:50.99	34	M	Jun Sen M (18-34)	3	3	GFD RUNNING
4	457	MIGUEL LOPEZ	0:31:59.36	0:31:59.36	26	M	Jun Sen M (18-34)	4	4	INGLESES FUTEBOL CLUBE
5	8	RODRIGO FREITAS	0:32:00.04	0:32:00.04	19	M	Jun Sen M (18-34)	5	5	SL BENFICA
6	455	FILIFE FIALHO	0:34:06.25	0:34:06.25	26	M	Jun Sen M (18-34)	6	6	INGLESES FUTEBOL CLUBE
7	449	MOHAMED DIAKHABI	0:34:10.38	0:34:10.38	20	M	Jun Sen M (18-34)	7	7	INGLESES FUTEBOL CLUBE
8	723	ANDREW KIRK	0:34:11.10	0:34:11.10	32	M	Jun Sen M (18-34)	8	8	
9	666	ANDRÉ DUARTE	0:34:12.26	0:34:12.26	28	M	Jun Sen M (18-34)	9	9	CONQUISTA GINÁSIO CADAVAL
10	534	ALEXANDRE FELÍCIO	0:34:43.76	0:34:43.76	33	M	Jun Sen M (18-34)	10	10	CORRER LISBOA
11	184	CARLOS ARIEIRO	0:35:30.19	0:35:30.19	49	M	VetIII M (45-49)	11	1	A NATUREZA ENSINA
12	465	PEDRO GUIMARAES	0:35:44.63	0:35:44.63	43	M	VetII M (40-44)	12	1	INGLESES FUTEBOL CLUBE
13	9	MIGUEL VILARES	0:35:54.23	0:35:54.23	24	M	Jun Sen M (18-34)	13	11	CDUL
14	609	JOSÉ AUGUSTO GOMES	0:36:09.27	0:36:09.27	46	M	VetIII M (45-49)	14	2	AGUALVA RUNNERS
15	399	DANIEL ARAÚJO	0:36:18.04	0:36:18.04	40	M	VetII M (40-44)	15	2	A D PALMEIROS - SINTRA
16	199	NUNO SILVA	0:36:28.13	0:36:28.13	44	M	VetII M (40-44)	16	3	HECATEAM
17	718	NUNO NOGUEIRA	0:36:55.72	0:36:55.72	36	M	VetI M (35-39)	17	1	CASA POVO MANGUALDE
18	630	BRUNO CARVALHO	0:36:58.05	0:36:58.05	44	M	VetII M (40-44)	18	4	FCR ROSSÃO
19	595	RODRIGO ALEXANDRE NEVES	0:37:08.39	0:37:08.39	18	M	Jun Sen M (18-34)	19	12	
20	95	NUNO ROQUE	0:37:16.41	0:37:16.41	51	M	VetIV M (50-54)	20	1	NCAFB
21	438	PEDRO ALVES MARTINS	0:37:16.75	0:37:16.75	56	M	VetV M (55-59)	21	1	C MILLENNIUM BCP
22	360	BRUNO TELES GRILO	0:37:19.00	0:37:19.00	49	M	VetIII M (45-49)	22	3	
23	462	TIAGO CASTELA	0:37:22.48	0:37:22.48	36	M	VetI M (35-39)	23	2	INGLESES FUTEBOL CLUBE
24	6	SARA BAPTISTA	0:37:25.58	0:37:25.58	28	F	Jun Sen F (18-34)	1	1	CS MARITIMO

CORRIDA 10KM



DOS OLIVAIS

27 DEZEMBRO 2023

25	412	MIGUEL REIS	0:37:25.92	0:37:25.92	22	M	Jun Sen M (18-34)	24	13	BAHAI RUNNERS
26	667	FRANCISCO DEMONY MATOS	0:37:33.00	0:37:33.00	36	M	VetI M (35-39)	25	3	
27	568	PAULO BENEVENTE	0:37:40.00	0:37:40.00	44	M	VetII M (40-44)	26	5	ASSOCIAÇÃO JORGE PINA
28	160	JOÃO VIEIRA	0:38:11.00	0:38:11.00	29	M	Jun Sen M (18-34)	27	14	
29	627	JOÃO EDUARDO MENDONÇA	0:38:20.89	0:38:20.89	32	M	Jun Sen M (18-34)	28	15	GRUPETA RUNNING TEAM
30	69	EDUARDO LOURENÇO	0:38:30.00	0:38:30.00	55	M	VetV M (55-59)	29	2	CAAPP
31	484	RODRIGO BREA BONIFACIO	0:38:40.27	0:38:40.27	21	M	Jun Sen M (18-34)	30	16	
32	328	LUIS MANUEL RODRIGUES	0:38:52.15	0:38:52.15	53	M	VetIV M (50-54)	31	2	PRAIOLAS TEAM
33	27	IVANDRO MOREIRA	0:38:59.00	0:38:59.00	35	M	VetI M (35-39)	32	4	AGUALVA-RUNNERS
34	40	MIGUEL FERNANDES	0:39:01.74	0:39:01.74	44	M	VetII M (40-44)	33	6	
35	282	JOÃO INÁCIO	0:39:05.00	0:39:03.42	25	M	Jun Sen M (18-34)	34	17	ADCR PAINHO
36	653	BRUNO FRANCISCO	0:39:09.00	0:39:09.00	40	M	VetII M (40-44)	35	7	UA POVOENSE
37	7	ANASTASIIA MARCHENKO	0:39:16.51	0:39:16.51	19	F	Jun Sen F (18-34)	2	2	MARATONA CP
38	453	JOÃO SEQUEIRA	0:39:17.20	0:39:17.20	25	M	Jun Sen M (18-34)	36	18	INGLESES FUTEBOL CLUBE
39	425	JOÃO PACHECO	0:39:22.74	0:39:22.74	37	M	VetI M (35-39)	37	5	WIKABOO
40	22	DINIS RIBAS	0:39:23.57	0:39:23.57	52	M	VetIV M (50-54)	38	3	#NAOTREINESNAO
41	459	MIRIAM MARTINS	0:39:26.35	0:39:26.35	31	F	Jun Sen F (18-34)	3	3	INGLESES FUTEBOL CLUBE
42	249	NELSON COSTA	0:39:28.89	0:39:28.89	40	M	VetII M (40-44)	39	8	CCD CRÉDITO AGRICOLA
43	151	DEN CHUANG	0:39:31.65	0:39:31.65	32	M	Jun Sen M (18-34)	40	19	TEAM EL COMANDANTE
44	454	TIAGO OLIVEIRA	0:39:31.70	0:39:31.70	26	M	Jun Sen M (18-34)	41	20	INGLESES FUTEBOL CLUBE
45	77	BRUNO CARVALHO	0:39:32.14	0:39:29.83	37	M	VetI M (35-39)	42	6	FIDELIDADE GDC
46	450	GABRIELA SOBRAL	0:39:35.64	0:39:35.64	20	F	Jun Sen F (18-34)	4	4	INGLESES FUTEBOL CLUBE
47	458	DAVID VILAS	0:39:37.57	0:39:37.57	27	M	Jun Sen M (18-34)	43	21	INGLESES FUTEBOL CLUBE
48	461	ADELINO OLIVEIRA	0:39:44.28	0:39:44.28	32	M	Jun Sen M (18-34)	44	22	INGLESES FUTEBOL CLUBE
49	5	BÁRBARA NEIVA	0:39:46.26	0:39:46.26	22	F	Jun Sen F (18-34)	5	5	SL BENFICA
50	565	PEDRO FILIPE SIMÕES	0:39:51.00	0:39:51.00	44	M	VetII M (40-44)	45	9	

CORRIDA 10KM



DOS OLIVAIS

27 DEZEMBRO 2023

51	310	ROGÉRIO MACHADO	0:39:59.65	0:39:59.65	43	M	VetII M (40-44)	46	10	AMINHACORRIDARUNEXTREM
52	88	JOÃO SOARES	0:40:00.49	0:39:57.37	23	M	Jun Sen M (18-34)	47	23	NCAFB
53	460	JOÃO FIGUEIREDO	0:40:11.67	0:40:11.67	31	M	Jun Sen M (18-34)	48	24	INGLESES FUTEBOL CLUBE
54	538	FÁBIO LIMA	0:40:13.00	0:40:13.00	35	M	VetI M (35-39)	49	7	
55	185	JOSÉ FACHADAS	0:40:15.56	0:40:15.56	53	M	VetIV M (50-54)	50	4	A NATUREZA ENSINA
56	286	ANDRÉ FILIPE (NUNES)	0:40:25.52	0:40:25.52	34	M	Jun Sen M (18-34)	51	25	SS CGD
57	74	FERNANDO ALMEIDA	0:40:49.34	0:40:49.34	45	M	VetIII M (45-49)	52	4	CA VALE FIGUEIRA
58	311	BRUNO DO BRITO	0:40:54.64	0:40:54.64	43	M	VetII M (40-44)	53	11	AMINHACORRIDARUNEXTREM
59	464	PAULA MARTINS	0:40:56.51	0:40:56.51	43	F	VetII F (40-44)	6	1	INGLESES FUTEBOL CLUBE
60	326	PAULO VELEZ	0:41:01.96	0:41:01.96	43	M	VetII M (40-44)	54	12	RUN TEJO
61	92	ANDRÉ GUERREIRO	0:41:08.54	0:41:08.54	33	M	Jun Sen M (18-34)	55	26	NCAFB
62	452	MIGUEL CRUZ	0:41:12.30	0:41:12.00	25	M	Jun Sen M (18-34)	56	27	INGLESES FUTEBOL CLUBE
63	244	NUNO SILVA	0:41:17.60	0:41:17.60	45	M	VetIII M (45-49)	57	5	
64	60	RICARDO JORGE MARTINS	0:41:19.25	0:41:19.25	38	M	VetI M (35-39)	58	8	
65	285	JOÃO BELO	0:41:27.84	0:41:27.84	38	M	VetI M (35-39)	59	9	FIDELIDADE GDC
66	218	BRUNO JOSÉ PEREIRA	0:41:32.78	0:41:32.78	47	M	VetIII M (45-49)	60	6	GRUPETA RUNNING TEAM
67	53	JOSÉ JOÃO SANTOS	0:41:35.72	0:41:35.72	30	M	Jun Sen M (18-34)	61	28	
68	219	CELSO TABORDA QUITERES	0:41:36.48	0:41:16.43	33	M	Jun Sen M (18-34)	62	29	
69	516	PEDRO TAPADAS	0:41:37.38	0:41:25.61	51	M	VetIV M (50-54)	63	5	
70	447	BRUNO PIRES	0:41:58.00	0:41:50.04	42	M	VetII M (40-44)	64	13	GDC BANCO DE PORTUGAL
71	513	FÁBIO OLIVEIRA	0:42:12.40	0:41:51.26	29	M	Jun Sen M (18-34)	65	30	UNIQUE ADVENTURE
72	200	JOSÉ CARLOS SARGAÇO	0:42:17.47	0:42:13.59	51	M	VetIV M (50-54)	66	6	FALCÕES SELVAGENS
73	586	VITOR MANUEL CORREIA	0:42:20.40	0:42:12.27	48	M	VetIII M (45-49)	67	7	
74	170	NUNO MIGUEL GONÇALVES	0:42:23.50	0:41:53.50	47	M	VetIII M (45-49)	68	8	CA PATAMEIRAS
75	25	JOÃO CANAS	0:42:25.12	0:42:22.84	37	M	VetI M (35-39)	69	10	
76	124	PEDRO VICENTE	0:42:28.82	0:41:59.48	46	M	VetIII M (45-49)	70	9	

CORRIDA 10KM



DOS OLIVAIS

27 DEZEMBRO 2023

77	437	PEDRO ALEXANDRE SA	0:42:30.26	0:42:15.77	51	M	VetIV M (50-54)	71	7	C MILLENNIUM BCP
78	252	PAULO PALMA	0:42:33.55	0:42:33.55	60	M	VetVI M (60-64)	72	1	DREAM RUNNERS ÉVORA
79	716	BRUNO CASTRO	0:42:41.33	0:42:41.33	19	M	Jun Sen M (18-34)	73	31	INGLESES FUTEBOL CLUBE
80	489	YUNILSON DE BRITO	0:42:43.16	0:42:43.16	20	M	Jun Sen M (18-34)	74	32	INGLESES FUTEBOL CLUBE
81	657	MARCELO PAULINO	0:42:48.26	0:42:41.18	33	M	Jun Sen M (18-34)	75	33	CLUBE SOSI
82	242	LILIANA BALTAZAR	0:42:50.44	0:42:50.44	37	F	VetI F (35-39)	7	1	
83	352	ANDRÉ FILIPE MARTINS	0:42:54.17	0:42:54.17	35	M	VetI M (35-39)	76	11	2600TR
84	515	NUNO PRAZERES	0:42:58.51	0:42:45.10	57	M	VetV M (55-59)	77	3	
85	75	ANTÓNIO NUNES	0:43:08.30	0:43:08.30	51	M	VetIV M (50-54)	78	8	CASA DO PESSOAL DA RTP
86	105	CARLOS MANUEL GONÇALVES	0:43:12.13	0:43:12.13	49	M	VetIII M (45-49)	79	10	CA VALE FIGUEIRA
87	147	MIGUEL BARBA	0:43:16.29	0:43:16.29	45	M	VetIII M (45-49)	80	11	PENICHE A CORRER
88	389	VALTER ANTÓNIO PEREIRO	0:43:18.75	0:43:18.75	45	M	VetIII M (45-49)	81	12	
89	426	ANDRE DIAS GONCALVES	0:43:23.54	0:43:12.34	27	M	Jun Sen M (18-34)	82	34	C MILLENNIUM BCP
90	672	RUI HELENO	0:43:28.81	0:43:28.81	47	M	VetIII M (45-49)	83	13	
91	89	PEDRO AFONSO	0:43:29.72	0:43:29.72	30	M	Jun Sen M (18-34)	84	35	NCAFB
92	90	SÉRGIO FILIPE JESUS	0:43:30.55	0:43:30.55	30	M	Jun Sen M (18-34)	85	36	NCAFB
93	321	NELSON ANTÓNIO FRADIQUE	0:43:30.71	0:43:30.71	48	M	VetIII M (45-49)	86	14	
94	410	ANTÓNIO TRIGUEIRO	0:43:39.75	0:43:39.75	52	M	VetIV M (50-54)	87	9	GRUPO BARRAQUEIRO
95	304	PAULO GONÇALVES	0:43:40.96	0:43:36.61	57	M	VetV M (55-59)	88	4	CORRIDA NOTURNA PARQUE DAS NAÇ
96	237	EDUARDO MANUEL LUÍS	0:43:41.35	0:43:28.38	45	M	VetIII M (45-49)	89	15	ATÓMICOS
97	500	MANUEL TEIXEIRA	0:43:43.81	0:43:43.81	27	M	Jun Sen M (18-34)	90	37	CNATRIL
98	16	MANUEL VALENTE GOMES	0:43:48.09	0:43:48.09	31	M	Jun Sen M (18-34)	91	38	
99	641	FREDERICO FERREIRA	0:43:53.82	0:43:31.76	25	M	Jun Sen M (18-34)	92	39	
100	714	JOSE CUNHA	0:43:54.54	0:43:53.25	59	M	VetV M (55-59)	93	5	ZATOPEQUES
101	146	DANIEL MARTINS	0:43:54.56	0:43:53.59	23	M	Jun Sen M (18-34)	94	40	CA VALE FIGUEIRA
102	208	JORGE MIGUEL GONÇALVES	0:44:09.45	0:44:09.45	43	M	VetII M (40-44)	95	14	A.D. TÁLENTOS TEAM

CORRIDA 10KM

DOS OLIVAIS

27 DEZEMBRO 2023

103	126	RUI SIMOES	0:44:10.93	0:43:39.32	46	M	VetIII M (45-49)	96	16	
104	669	PEDRO GIRÃO	0:44:14.31	0:44:14.31	37	M	VetI M (35-39)	97	12	CORRER SOC REC GRANJA
105	456	RITA MINEIRO	0:44:17.64	0:44:17.64	26	F	Jun Sen F (18-34)	8	6	INGLESES FUTEBOL CLUBE
106	356	CARLA SUSANA RIBEIRO	0:44:18.31	0:44:18.31	41	F	VetII F (40-44)	9	2	GFD RUNNING
107	717	GUILHERME CASTRO	0:44:20.21	0:44:20.21	15	M	Atl Sem Reg	98	1	INGLESES FUTEBOL CLUBE
108	488	HERMANO FERREIRA	0:44:20.91	0:44:20.91	41	M	VetII M (40-44)	99	15	INGLESES FUTEBOL CLUBE
109	30	GRAÇA CASTRO	0:44:22.51	0:44:22.51	51	F	VetIV F (50-54)	10	1	TRILHOS DO COSTUME
110	295	LUIS MADEIRA	0:44:27.59	0:44:13.99	53	M	VetIV M (50-54)	100	10	SS CGD
111	479	GONÇALO FERREIRA	0:44:28.82	0:44:28.82	42	M	VetII M (40-44)	101	16	INGLESES FUTEBOL CLUBE
112	481	DOMINGOS CASTRO	0:44:29.81	0:44:29.81	60	M	VetVI M (60-64)	102	2	INGLESES FUTEBOL CLUBE
113	485	AURÉLIO MARCÃO	0:44:32.33	0:44:32.33	41	M	VetII M (40-44)	103	17	INGLESES FUTEBOL CLUBE
114	592	ANA FILIPA	0:44:36.00	0:44:35.92	33	F	Jun Sen F (18-34)	11	7	
115	299	PEDRO BRAS	0:44:41.00	0:44:29.94	40	M	VetII M (40-44)	104	18	SS CGD
116	68	DOUGLAS PESSANHA	0:44:47.49	0:44:45.03	18	M	Jun Sen M (18-34)	105	41	
117	164	ALEXANDRE LEAL	0:44:47.76	0:44:47.76	47	M	VetIII M (45-49)	106	17	
118	305	RUI PEDRO RODRIGUES	0:44:51.25	0:44:51.25	49	M	VetIII M (45-49)	107	18	CORRER SOC. REC. GRANJA
119	44	RUI MANUEL HENRIQUES	0:44:52.78	0:44:52.78	52	M	VetIV M (50-54)	108	11	
120	616	JOSÉ LUIS SANTOS	0:44:56.57	0:44:43.48	54	M	VetIV M (50-54)	109	12	
121	136	JORGE VAZ	0:45:00.42	0:45:00.42	50	M	VetIV M (50-54)	110	13	
122	619	RAQUEL MARIA PEREIRA	0:45:03.44	0:45:02.48	55	F	VetV F (55-59)	12	1	AGUALVA RUNNERS
123	577	PAULO PIRES	0:45:03.53	0:45:03.53	56	M	VetV M (55-59)	111	6	
124	70	JOSÉ SILVA	0:45:04.46	0:45:04.46	60	M	VetVI M (60-64)	112	3	
125	292	PAULO PIRES	0:45:06.05	0:44:52.40	58	M	VetV M (55-59)	113	7	SS CGD
126	94	DUARTE ARROJA	0:45:09.33	0:45:09.33	22	M	Jun Sen M (18-34)	114	42	NCAFB
127	397	DIOGO GIL	0:45:13.78	0:45:13.78	24	M	Jun Sen M (18-34)	115	43	
128	367	GUILHERME HORA	0:45:15.92	0:45:15.92	49	M	VetIII M (45-49)	116	19	

CORRIDA 10KM



DOS OLIVAIS

27 DEZEMBRO 2023

129	334	TIAGO PROENÇA	0:45:16.13	0:45:12.60	19	M	Jun Sen M (18-34)	117	44	
130	51	PEDRO GONÇALVES	0:45:16.61	0:45:06.73	38	M	VetI M (35-39)	118	13	AMIGOS VALE SILENCIO
131	108	TIAGO GONÇALO FERREIRA	0:45:16.95	0:45:16.95	41	M	VetII M (40-44)	119	19	
132	186	JOSÉ NUNES	0:45:18.73	0:45:18.73	30	M	Jun Sen M (18-34)	120	45	A NATUREZA ENSINA
133	13	MIGUEL MARTINS	0:45:19.42	0:44:54.13	47	M	VetIII M (45-49)	121	20	
134	256	JOÃO VEIGA	0:45:21.48	0:45:07.46	35	M	VetI M (35-39)	122	14	RUN 4 FUN
135	335	JOSÉ MANUEL SERRANO	0:45:26.58	0:45:25.05	52	M	VetIV M (50-54)	123	14	MONSANTO RUNNING TEAM
136	64	ANTÓNIO JOAQUIM ALMEIDA	0:45:27.63	0:45:22.20	52	M	VetIV M (50-54)	124	15	
137	261	NUNO MARTINS	0:45:33.84	0:45:18.98	39	M	VetI M (35-39)	125	15	CORRER QUELUZ
138	296	MIGUEL DIAS	0:45:35.00	0:45:35.00	48	M	VetIII M (45-49)	126	21	SS CGD
139	306	SERGIO PIRES	0:45:36.82	0:45:36.82	39	M	VetI M (35-39)	127	16	AMINHACORRIDAPACERS
140	476	GABRIEL GONÇALVES	0:45:53.66	0:45:53.66	68	M	VetVII M (65-69)	128	1	INGLESES FUTEBOL CLUBE
141	499	TIAGO GONÇALVES	0:45:54.03	0:45:54.03	41	M	VetII M (40-44)	129	20	
142	254	JOAO MANUEL GONCALVES	0:46:02.89	0:46:02.89	36	M	VetI M (35-39)	130	17	
143	113	PEDRO LEIRIA	0:46:03.74	0:45:48.57	50	M	VetIV M (50-54)	131	16	
144	45	ANTÓNIO MANUEL GONÇALVES	0:46:07.56	0:46:06.02	47	M	VetIII M (45-49)	132	22	AMIGOS VALE SILÊNCIO
145	444	BRUNO PEREIRA	0:46:09.57	0:45:51.61	39	M	VetI M (35-39)	133	18	GDC BANCO DE PORTUGAL
146	396	JOSÉ PEDRO SANCHES	0:46:12.01	0:45:55.25	24	M	Jun Sen M (18-34)	134	46	LOS APOLOS HERMANOS
147	511	TIAGO CARREIRA	0:46:12.36	0:46:06.07	34	M	Jun Sen M (18-34)	135	47	
148	539	RUI SANCHES	0:46:12.86	0:46:07.72	52	M	VetIV M (50-54)	136	17	
149	618	CARLOS CASEIRO	0:46:16.79	0:46:16.79	46	M	VetIII M (45-49)	137	23	
150	78	CANDIDO POÇAS	0:46:17.19	0:46:13.68	54	M	VetIV M (50-54)	138	18	GDF-FIDELIDADE
151	413	PEDRO REIS	0:46:20.94	0:46:18.75	51	M	VetIV M (50-54)	139	19	BAHAI RUNNERS
152	369	TIAGO BRANCO	0:46:25.72	0:46:07.88	36	M	VetI M (35-39)	140	19	MARVILA JOVEM
153	605	ARTUR MIRANDA	0:46:28.89	0:46:11.57	49	M	VetIII M (45-49)	141	24	MIRANDA FORCE
154	602	MIGUEL JUDAS	0:46:31.96	0:46:13.48	50	M	VetIV M (50-54)	142	20	

CORRIDA 10KM



DOS OLIVAIS

27 DEZEMBRO 2023

155	193	JOÃO CARVALHO	0:46:35.09	0:46:35.04	55	M	VetV M (55-59)	143	8	
156	266	BRUNO BERNARDO	0:46:37.18	0:46:13.96	27	M	Jun Sen M (18-34)	144	48	
157	83	ANA BERNARDO	0:46:40.87	0:46:40.87	41	F	VetII F (40-44)	13	3	
158	61	JOAO MAIA	0:46:41.65	0:46:41.65	61	M	VetVI M (60-64)	145	4	FALCÕES SELVAGENS
159	290	HENRIQUE AMADOR	0:46:43.26	0:46:43.26	52	M	VetIV M (50-54)	146	21	SS CGD
160	238	FILIFE FILIFE	0:46:44.91	0:46:41.24	57	M	VetV M (55-59)	147	9	SESIMBRA MAR
161	443	NELSON MADEIRA	0:46:47.78	0:46:22.84	35	M	VetI M (35-39)	148	20	GDC BANCO DE PORTUGAL
162	125	ANTONIO TEIXEIRA	0:46:48.40	0:46:18.08	46	M	VetIII M (45-49)	149	25	
163	467	SÓNIA NEVES	0:46:52.49	0:46:52.49	48	F	VetIII F (45-49)	14	1	INGLESES FUTEBOL CLUBE
164	384	CARLOS FRANCISCO	0:47:08.36	0:46:52.27	32	M	Jun Sen M (18-34)	150	49	
165	663	ANTÓNIO AFONSO SILVA PINTO	0:47:11.44	0:46:54.91	24	M	Jun Sen M (18-34)	151	50	
166	248	PEDRO FILIFE	0:47:13.93	0:47:13.93	33	M	Jun Sen M (18-34)	152	51	
167	622	JOAO SOUSA	0:47:18.69	0:47:16.87	26	M	Jun Sen M (18-34)	153	52	
168	501	NUNO VIEGAS	0:47:19.62	0:47:19.62	46	M	VetIII M (45-49)	154	26	
169	490	JOÃO VAZ	0:47:20.59	0:47:20.59	58	M	VetV M (55-59)	155	10	INGLESES FUTEBOL CLUBE
170	129	RUI GOUVEIA	0:47:22.31	0:47:10.68	50	M	VetIV M (50-54)	156	22	RG44
171	220	ALLEN VASCONCELOS	0:47:24.36	0:47:24.09	44	M	VetII M (40-44)	157	21	CLUBE EDP - LISBOA
172	471	JOÃO RAMOS	0:47:27.70	0:47:27.70	57	M	VetV M (55-59)	158	11	INGLESES FUTEBOL CLUBE
173	354	ABEL PINA	0:47:27.92	0:47:20.96	59	M	VetV M (55-59)	159	12	
174	331	PAULO GARRUDO	0:47:28.21	0:47:17.87	46	M	VetIII M (45-49)	160	27	OUTSYSTEMS
175	390	RICARDO LOBÃO SILVA	0:47:28.96	0:47:10.72	46	M	VetIII M (45-49)	161	28	LALE KI LOLU
176	84	NUNO CLEMENTE	0:47:31.08	0:47:08.03	50	M	VetIV M (50-54)	162	23	CARAPUS DE CORRIDA
177	112	CONCEIÇÃO PEREIRA	0:47:33.11	0:47:33.11	62	F	VetVI F (60-64)	15	1	CA VALE FIGUEIRA
178	86	CARLOS VIEIRA	0:47:33.41	0:47:33.41	39	M	VetI M (35-39)	163	21	CA VALE FIGUEIRA
179	634	TIAGO FILIFE BORGIA MIGUEL DIAS	0:47:44.83	0:47:33.29	35	M	VetI M (35-39)	164	22	
180	91	BRUNO COSTA	0:47:47.71	0:47:47.71	31	M	Jun Sen M (18-34)	165	53	NCAFB

CORRIDA 10KM



DOS OLIVAIS

27 DEZEMBRO 2023

181	580	JOÃO TEIXEIRA	0:47:50.33	0:47:50.33	27	M	Jun Sen M (18-34)	166	54	VIOLINO
182	100	NUNO SALGADO	0:47:51.57	0:47:50.21	44	M	VetII M (40-44)	167	22	CA VALE FIGUEIRA
183	710	CRISTINA GABRIEL	0:47:54.69	0:47:54.69	42	F	VetII F (40-44)	16	4	SS CGD
184	524	PAULO VIVAS	0:47:55.18	0:47:55.18	39	M	VetI M (35-39)	168	23	
185	123	JOAO BOGALHEIRO	0:47:57.69	0:47:49.84	54	M	VetIV M (50-54)	169	24	NAZABOBODA
186	99	MIGUEL JACOB	0:47:59.10	0:47:58.43	43	M	VetII M (40-44)	170	23	NCAFB
187	226	PEDRO DUARTE SILVA	0:47:59.72	0:47:00.72	39	M	VetI M (35-39)	171	24	
188	636	SANDRO SILVA	0:48:00.35	0:47:51.69	44	M	VetII M (40-44)	172	24	
189	376	BRUNO CLARO	0:48:01.77	0:48:01.77	43	M	VetII M (40-44)	173	25	CORRER LISBOA
190	228	TIAGO TELLES	0:48:04.15	0:47:41.30	39	M	VetI M (35-39)	174	25	
191	291	JOAO MARAL	0:48:05.19	0:48:05.19	54	M	VetIV M (50-54)	175	25	SS CGD
192	660	SEB DELEU	0:48:08.49	0:48:05.43	49	M	VetIII M (45-49)	176	29	TIBA
193	446	FILIPE MORAIS	0:48:15.13	0:47:49.24	44	M	VetII M (40-44)	177	26	GDC BANCO DE PORTUGAL
194	73	MIGUEL SAN-PAYO	0:48:15.16	0:47:47.44	61	M	VetVI M (60-64)	178	5	RUN 4 FUN
195	445	GONÇALO DUARTE	0:48:15.97	0:47:52.33	35	M	VetI M (35-39)	179	26	GDC BANCO DE PORTUGAL
196	406	GUILHERME CORREIA	0:48:21.57	0:48:06.48	21	M	Jun Sen M (18-34)	180	55	
197	403	ABÍLIO CASIMIRO	0:48:27.59	0:48:27.59	66	M	VetVII M (65-69)	181	2	
198	93	NUNO MIGUEL SOARES	0:48:28.79	0:48:28.79	51	M	VetIV M (50-54)	182	26	NCAFB
199	493	ANDRÉ MARTINS SOUSA	0:48:29.87	0:48:29.87	20	M	Jun Sen M (18-34)	183	56	
200	557	NUNO GONÇALO ANTÓNIO	0:48:30.22	0:48:30.22	48	M	VetIII M (45-49)	184	30	
201	612	FREDERICO SILVA	0:48:31.17	0:48:27.70	18	M	Jun Sen M (18-34)	185	57	
202	336	BERNARDO RODRIGUES	0:48:32.18	0:48:32.06	54	M	VetIV M (50-54)	186	27	
203	407	MIGUEL FERREIRA	0:48:32.48	0:48:23.74	45	M	VetIII M (45-49)	187	31	AMANTES TRAIL & RUN
204	541	NATHALIE RODRIGUES	0:48:32.64	0:48:29.92	47	F	VetIII F (45-49)	17	2	
205	18	CARLOS CONSTANTINO	0:48:39.13	0:48:24.90	44	M	VetII M (40-44)	188	27	
206	494	PAULO SOUSA	0:48:40.75	0:48:32.61	50	M	VetIV M (50-54)	189	28	

CORRIDA 10KM



DOS OLIVAIS

27 DEZEMBRO 2023

207	357	PAULO MIGUEL TAINHA	0:48:42.78	0:48:42.78	59	M	VetV M (55-59)	190	13	GFD RUNNING
208	365	VASCO ARMES	0:48:43.26	0:48:18.43	51	M	VetIV M (50-54)	191	29	RUNNERS DA FRENTE RIBEIRINHA DA P
209	486	FRANCISCO COIMBRA	0:48:44.06	0:48:44.06	41	M	VetII M (40-44)	192	28	INGLESES FUTEBOL CLUBE
210	157	DORA CRISTINA SOUSA	0:48:45.13	0:48:45.13	47	F	VetIII F (45-49)	18	3	CF OS BELENENSES
211	297	NOÉMIA RODRIGUES SEQUEIRA	0:48:54.41	0:48:54.41	55	F	VetV F (55-59)	19	2	SS CGD
212	293	JOAQUIM FRADE	0:48:58.34	0:48:58.34	68	M	VetVII M (65-69)	193	3	SS CGD
213	542	ALBANO SILVA	0:48:58.91	0:48:54.47	55	M	VetV M (55-59)	194	14	GOFIT
214	440	RICARDO JORGE MENDES	0:49:02.43	0:48:47.12	50	M	VetIV M (50-54)	195	30	C MILLENNIUM BCP
215	371	FREDERICO BATISTA	0:49:04.93	0:49:04.13	41	M	VetII M (40-44)	196	29	MARVILA JOVEM
216	377	TIAGO RUI LOPES	0:49:05.88	0:48:15.67	40	M	VetII M (40-44)	197	30	
217	547	CAROLINA SOFIA FAUSTINO	0:49:05.97	0:49:04.08	37	F	VetI F (35-39)	20	2	
218	191	CARLOS MANUEL REIS	0:49:07.50	0:48:54.76	56	M	VetV M (55-59)	198	15	AMIGOS VALE SILÊNCIO
219	313	GABRIEL MOREIRA	0:49:12.10	0:49:12.10	66	M	VetVII M (65-69)	199	4	
220	139	LUIS TOMAS PARRINHA	0:49:13.55	0:49:08.84	59	M	VetV M (55-59)	200	16	BOMBEIROS DE SACAVÉM
221	225	LUÍS SANTOS	0:49:17.17	0:48:56.81	56	M	VetV M (55-59)	201	17	URBAN RUN TEAM
222	171	PAULO MOUTINHO	0:49:17.76	0:49:17.66	52	M	VetIV M (50-54)	202	31	
223	287	CARLOS LEITÃO	0:49:25.15	0:49:25.15	60	M	VetVI M (60-64)	203	6	SS CGD
224	386	JOSÉ CARLOS PEREIRA	0:49:25.58	0:48:54.58	54	M	VetIV M (50-54)	204	32	SEMPRE FAVORITOS
225	324	MAURO MAGALHÃES	0:49:26.96	0:49:26.70	32	M	Jun Sen M (18-34)	205	58	
226	322	PAULO CAMPOS	0:49:27.23	0:49:21.85	53	M	VetIV M (50-54)	206	33	
227	265	BRUNO PINTO	0:49:28.38	0:49:10.73	36	M	VetI M (35-39)	207	27	
228	300	PEDRO GOMES	0:49:30.61	0:49:30.61	43	M	VetII M (40-44)	208	31	SS CGD
229	600	OLEKSIY ONISHCHENKO	0:49:36.89	0:49:36.89	45	M	VetIII M (45-49)	209	32	
230	183	FILIPE FERREIRA	0:49:38.14	0:49:38.14	30	M	Jun Sen M (18-34)	210	59	
231	567	RUI FARIA	0:49:39.49	0:49:09.16	51	M	VetIV M (50-54)	211	34	RUN 4 FUN
232	101	JOSÉ ANTÓNIO NETO	0:49:39.93	0:49:39.93	66	M	VetVII M (65-69)	212	5	CA VALE FIGUEIRA

CORRIDA 10KM

SÃO SILVESTRE
Viver **mais** Olivaís
Junta de Freguesia

DOS **OLIVAIS**

27 DEZEMBRO 2023

233	234	JOÃO FILIPE CARREIRAS	0:49:43.06	0:49:21.52	29	M	Jun Sen M (18-34)	213	60	
234	11	JOAQUIM SANTOS	0:49:43.78	0:49:37.51	65	M	VetVII M (65-69)	214	6	FALCOES SELVAGENS
235	569	NUNO BATISTA	0:49:47.55	0:49:47.55	46	M	VetIII M (45-49)	215	33	OS SILVAS
236	507	ALISTER STIELOW	0:49:49.71	0:49:27.67	36	M	VetI M (35-39)	216	28	
237	469	MANUEL MENDES	0:49:54.84	0:49:52.08	49	M	VetIII M (45-49)	217	34	INGLESSES FUTEBOL CLUBE
238	617	FERNANDO ANDRADE	0:49:58.62	0:49:52.86	69	M	VetVII M (65-69)	218	7	CCD TRANQUILIDADE
239	430	EDUARDO FILIPE FERREIRA	0:50:00.85	0:49:45.70	48	M	VetIII M (45-49)	219	35	C MILLENNIUM BCP
240	519	MELODY IBANEZ	0:50:13.28	0:50:13.28	26	F	Jun Sen F (18-34)	21	8	
241	235	ANA MARGARIDA CARREIRAS	0:50:13.59	0:50:13.59	22	F	Jun Sen F (18-34)	22	9	
242	176	GUSTAVO ANTUNES	0:50:13.72	0:49:57.72	45	M	VetIII M (45-49)	220	36	
243	307	FABRICE POLTEAU	0:50:16.00	0:50:03.00	50	M	VetIV M (50-54)	221	35	AMINHACORRIDAPACERS
244	640	GUILHERME MARTINS	0:50:16.87	0:50:16.87	36	M	VetI M (35-39)	222	29	
245	638	BRUNO ESPADEIRO	0:50:22.03	0:50:22.03	45	M	VetIII M (45-49)	223	37	BE ENERGY
246	463	CÉU FERNANDES	0:50:22.86	0:50:22.86	56	F	VetV F (55-59)	23	3	INGLESSES FUTEBOL CLUBE
247	140	BERNARDO MONTEIRO	0:50:24.16	0:50:22.82	23	M	Jun Sen M (18-34)	224	61	
248	537	BRUNO AGOSTINHO	0:50:27.00	0:50:14.99	51	M	VetIV M (50-54)	225	36	GRUPETA RUNNING TEAM
249	417	JORGE CAMPOS	0:50:28.03	0:50:22.72	49	M	VetIII M (45-49)	226	38	
250	424	JOSÉ BONITO	0:50:28.39	0:50:23.95	53	M	VetIV M (50-54)	227	37	WIKABOO
251	655	JOSÉ BRANQUINHO	0:50:44.26	0:50:41.24	69	M	VetVII M (65-69)	228	8	CASA CONCELHO ARCOS VALDEVEZ
252	211	MANUEL ANTUNES	0:50:46.46	0:50:32.41	55	M	VetV M (55-59)	229	18	
253	303	JOSÉ PAGINHA	0:50:53.13	0:50:33.89	63	M	VetVI M (60-64)	230	7	CLUBE DE ATLETISMO VALE FIGUEI
254	32	JOÃO PEREIRA SILVA	0:50:53.62	0:50:41.52	32	M	Jun Sen M (18-34)	231	62	
255	318	RUI JÚLIO	0:50:54.97	0:50:48.57	48	M	VetIII M (45-49)	232	39	
256	319	JOSÉ ESTEVES	0:50:55.11	0:50:49.78	52	M	VetIV M (50-54)	233	38	
257	431	FERNANDO RODRIGUES	0:50:55.63	0:50:40.09	59	M	VetV M (55-59)	234	19	C MILLENNIUM BCP
258	372	ANA PIPA	0:50:57.03	0:50:45.12	44	F	VetII F (40-44)	24	5	MTT MONTES SALOIOS

XISTARCA
EVENTOS DESPORTIVOS

xistarca.pt/RESULTADOS

CORRIDA 10KM

DOS OLIVAIS

27 DEZEMBRO 2023

259	405	JOSÉ PEDRO MIRAGAIA	0:50:57.25	0:50:57.01	55	M	VetV M (55-59)	235	20	
260	573	RICARDO JOÃO COELHO	0:51:06.05	0:51:06.05	34	M	Jun Sen M (18-34)	236	63	
261	540	JOAO PEREIRA	0:51:08.58	0:51:00.46	54	M	VetIV M (50-54)	237	39	
262	230	PEDRO MIGUEL FERREIRA	0:51:12.26	0:51:12.26	47	M	VetIII M (45-49)	238	40	
263	233	RUI ALEGRE	0:51:15.13	0:51:14.76	44	M	VetII M (40-44)	239	32	
264	342	GRAÇA ROLDÃO	0:51:17.93	0:51:11.66	59	F	VetV F (55-59)	25	4	OS TUGAS
265	589	ANTÔNIO VIEIRA	0:51:19.68	0:51:19.68	74	M	VetVIII M (70-74)	240	1	PLANTA DO PÉ
266	564	ARMÉNIO ALBINO	0:51:22.83	0:51:22.83	54	M	VetIV M (50-54)	241	40	
267	587	HUGO PINTO	0:51:24.48	0:51:16.51	48	M	VetIII M (45-49)	242	41	
268	644	NUNO VICENTE	0:51:25.06	0:51:06.10	44	M	VetII M (40-44)	243	33	NUNO VICENTE
269	81	MAFALDA RIBEIRO	0:51:26.74	0:51:19.66	40	F	VetII F (40-44)	26	6	
270	611	JOÃO PEDRO SILVA	0:51:28.15	0:51:25.48	55	M	VetV M (55-59)	244	21	SS CGD
271	82	LUÍS GUILHERME	0:51:28.30	0:51:19.75	42	M	VetII M (40-44)	245	34	
272	510	DULCE REIS	0:51:28.45	0:51:28.45	54	F	VetIV F (50-54)	27	2	
273	645	SÉRGIO PAZ	0:51:30.19	0:51:07.60	51	M	VetIV M (50-54)	246	41	
274	404	TIAGO RODRIGUES	0:51:36.98	0:51:13.27	30	M	Jun Sen M (18-34)	247	64	
275	179	NUNO FILIPE DUARTE	0:51:38.74	0:51:38.74	40	M	VetII M (40-44)	248	35	
276	102	SÉRGIO COSTA	0:51:39.64	0:51:25.16	36	M	VetI M (35-39)	249	30	AGUALVA RUNNERS
277	607	FRANCISCO DUARTE	0:51:47.84	0:51:15.40	31	M	Jun Sen M (18-34)	250	65	
278	301	JOSÉ ANÍBAL CORREIA	0:51:49.96	0:51:41.85	60	M	VetVI M (60-64)	251	8	STRAVISTAS VENDA DO PINHEIRO
279	355	LILIANA LOURO	0:51:50.50	0:51:50.50	48	F	VetIII F (45-49)	28	4	GFD RUNNING
280	528	DANILO CÉSAR OLIVEIRA	0:51:51.60	0:51:19.30	35	M	VetI M (35-39)	252	31	
281	401	DORAMAS RODRIGUEZ	0:51:53.62	0:51:34.75	43	M	VetII M (40-44)	253	36	DORAMAS
282	649	NUNO GUERREIRO	0:51:55.27	0:51:55.27	44	M	VetII M (40-44)	254	37	
283	521	HUGO MIGUEL SANTO	0:51:55.65	0:51:26.53	41	M	VetII M (40-44)	255	38	
284	103	VASCO TAVARES ABREU	0:51:56.48	0:51:32.45	31	M	Jun Sen M (18-34)	256	66	PALMAS

CORRIDA 10KM

DOS OLIVAÍIS

27 DEZEMBRO 2023

285	132	NUNO PEREIRA	0:52:05.34	0:51:34.63	48	M	VetIII M (45-49)	257	42	
286	210	LUÍS MIGUEL LOUREIRO	0:52:06.37	0:51:29.77	38	M	VetI M (35-39)	258	32	
287	349	FERNANDO GUERREIRO	0:52:09.47	0:52:09.47	76	M	VetIX M (75-99)	259	1	GRUPO DESP: Sº DOMINGOS
288	402	JOÃO MANUEL FERREIRA	0:52:09.96	0:52:09.64	53	M	VetIV M (50-54)	260	42	
289	388	PAULO RANA	0:52:10.80	0:52:10.80	59	M	VetV M (55-59)	261	22	
290	117	MIGUEL PIRES MATOS	0:52:18.84	0:51:47.74	57	M	VetV M (55-59)	262	23	COOLPOOL
291	590	ANTONIO JOSE	0:52:26.11	0:52:25.42	37	M	VetI M (35-39)	263	33	PLANTA DO PÉ
292	593	JOAQUIM FERRÃO	0:52:29.71	0:52:29.71	63	M	VetVI M (60-64)	264	9	GDC BANCO DE PORTUGAL
293	340	SARA FERNANDES	0:52:30.28	0:52:18.17	41	F	VetII F (40-44)	29	7	
294	373	JOÃO RODRIGUES	0:52:31.93	0:52:19.04	50	M	VetIV M (50-54)	265	43	FREERUNNERS IDENTPRINT
295	250	DULCE INÊS SILVA	0:52:33.29	0:52:33.29	29	F	Jun Sen F (18-34)	30	10	
296	648	CELINA VEIGA	0:52:39.35	0:52:39.35	47	F	VetIII F (45-49)	31	5	
297	316	FLÁVIO FRANCISCO	0:52:41.62	0:52:21.96	50	M	VetIV M (50-54)	266	44	
298	502	PAULO LEITÃO	0:52:41.86	0:52:34.87	41	M	VetII M (40-44)	267	39	
299	317	ANTONIO FRANCISCO	0:52:42.72	0:52:24.22	18	M	Jun Sen M (18-34)	268	67	
300	477	ANIL DE BRITO	0:52:43.57	0:52:43.57	19	M	Jun Sen M (18-34)	269	68	INGLESSES FUTEBOL CLUBE
301	72	JORGE GONCALVES	0:52:48.99	0:52:30.63	49	M	VetIII M (45-49)	270	43	
302	561	SALVADOR BRANCO	0:52:49.18	0:52:47.91	35	M	VetI M (35-39)	271	34	
303	560	MIGUEL VALE	0:52:49.21	0:52:48.34	27	M	Jun Sen M (18-34)	272	69	
304	85	ANTÓNIO CAMACHO	0:52:55.19	0:52:55.19	71	M	VetVIII M (70-74)	273	2	CA VALE FIGUEIRA
305	598	NUNO RICARDO MARTINS	0:52:58.41	0:52:58.41	47	M	VetIII M (45-49)	274	44	
306	114	ANTONIO MATOS	0:53:07.65	0:53:07.65	65	M	VetVII M (65-69)	275	9	RUNNERS FRENTE RIBEIRINHA PSI
307	722	ALEXANDRA SILVA	0:53:09.83	0:52:43.89	43	F	VetII F (40-44)	32	8	ESCOLA CONDUÇÃO PN
308	555	ELISABETE MARIA DIAS	0:53:10.30	0:52:57.63	48	F	VetIII F (45-49)	33	6	
309	31	RUI VASCONCELOS	0:53:10.70	0:53:10.70	45	M	VetIII M (45-49)	276	45	
310	721	JORGE COSTA	0:53:11.01	0:52:43.38	54	M	VetIV M (50-54)	277	45	ESCOLA CONDUÇÃO PN

CORRIDA 10KM



DOS OLIVAIS

27 DEZEMBRO 2023

311	119	JOÃO REIS	0:53:12.64	0:52:41.75	52	M	VetIV M (50-54)	278	46	COOLPOOL
312	670	RICARDO CAMPOS	0:53:16.83	0:53:11.79	48	M	VetIII M (45-49)	279	46	
313	642	FRANCISCO FERREIRA	0:53:18.98	0:52:57.35	29	M	Jun Sen M (18-34)	280	70	
314	323	JOSÉ CRAVEIRO	0:53:20.61	0:53:20.26	23	M	Jun Sen M (18-34)	281	71	
315	347	JOAO MARQUES SANTOS	0:53:26.71	0:53:04.76	40	M	VetII M (40-44)	282	40	
316	492	NUNO SOUSA	0:53:28.54	0:53:28.54	47	M	VetIII M (45-49)	283	47	
317	96	DAVID CANDEIAS	0:53:33.97	0:53:33.97	24	M	Jun Sen M (18-34)	284	72	NCAFB
318	190	ANA LINA PEREIRA	0:53:37.83	0:53:35.35	42	F	VetII F (40-44)	34	9	
319	624	JORGE CORREIA	0:53:41.33	0:53:33.26	51	M	VetIV M (50-54)	285	47	
320	110	VASCO GONÇALVES	0:53:45.92	0:53:24.31	60	M	VetVI M (60-64)	286	10	CA VALE FIGUEIRA
321	337	VITOR GONÇALVES	0:53:47.73	0:53:47.73	56	M	VetV M (55-59)	287	24	VIAFITNESS TEAM
322	52	PEDRO ROSENDO	0:53:48.65	0:53:48.65	37	M	VetI M (35-39)	288	35	CA VALE FIGUEIRA
323	281	RENATO INÁCIO	0:53:54.43	0:53:18.31	62	M	VetVI M (60-64)	289	11	ADCR PAINHO
324	629	NUNO MARQUES	0:53:58.04	0:53:53.30	56	M	VetV M (55-59)	290	25	RUNLOVERS
325	41	RICARDO MATIAS	0:53:58.08	0:53:58.08	45	M	VetIII M (45-49)	291	48	
326	320	BERNARDO AIRES	0:54:01.65	0:54:01.65	33	M	Jun Sen M (18-34)	292	73	
327	148	PEDRO MARQUES	0:54:01.73	0:53:38.87	39	M	VetI M (35-39)	293	36	
328	104	CRISTOVÃO CRUZ	0:54:06.02	0:53:55.03	46	M	VetIII M (45-49)	294	49	
329	415	RICARDO BRANCO	0:54:10.74	0:54:03.70	53	M	VetIV M (50-54)	295	48	GFD RUNNING
330	520	JOÃO DOMINGOS RAQUEL	0:54:12.79	0:54:12.79	46	M	VetIII M (45-49)	296	50	JOÃO RAQUEL
331	643	BRUNO BASILIO	0:54:18.79	0:54:10.31	45	M	VetIII M (45-49)	297	51	HOUSEMARTINS BELAS
332	153	NUNO FRAGOSO	0:54:20.68	0:53:48.39	47	M	VetIII M (45-49)	298	52	
333	594	FELÍCIA DA COSTA	0:54:33.46	0:54:24.26	27	F	Jun Sen F (18-34)	35	11	
334	344	RUI RODRIGUES	0:54:37.48	0:54:30.05	56	M	VetV M (55-59)	299	26	OS TUGAS
335	118	FRANCISCO ARBUÉS	0:54:38.88	0:54:07.77	56	M	VetV M (55-59)	300	27	COOLPOOL
336	55	RUI MOURÃO	0:54:41.27	0:54:24.40	49	M	VetIII M (45-49)	301	53	

CORRIDA 10KM



DOS OLIVAIS

27 DEZEMBRO 2023

337	576	MAURÍCIO DUARTE SERENO	0:54:44.33	0:54:40.47	21	M	Jun Sen M (18-34)	302	74	
338	253	RITA PALMA	0:54:46.34	0:54:46.34	54	F	VetIV F (50-54)	36	3	DREAM RUNNERS ÉVORA
339	466	DORA SILVA	0:54:46.74	0:54:29.56	47	F	VetIII F (45-49)	37	7	INGLESSES FUTEBOL CLUBE
340	474	JOÃO OLIVEIRA	0:54:49.69	0:54:47.48	64	M	VetVI M (60-64)	303	12	INGLESSES FUTEBOL CLUBE
341	202	MANUEL LOURENÇO	0:54:52.89	0:54:52.89	39	M	VetI M (35-39)	304	37	
342	130	JOÃO CRUZ	0:54:56.18	0:54:42.46	49	M	VetIII M (45-49)	305	54	
343	161	PAULO CARDOSO	0:54:59.43	0:54:45.77	60	M	VetVI M (60-64)	306	13	
344	260	JOSÉ MANUEL VEIGA	0:54:59.59	0:54:59.59	63	M	VetVI M (60-64)	307	14	RUN 4 FUN
345	581	SÉRGIO CONDUTO	0:55:00.37	0:54:51.74	34	M	Jun Sen M (18-34)	308	75	
346	361	MAFALDA MOURA SANTOS	0:55:01.64	0:55:00.66	20	F	Jun Sen F (18-34)	38	12	
347	222	MÁRIO AUGUSTO LOPES	0:55:01.72	0:54:51.45	55	M	VetV M (55-59)	309	28	OS PERIGOSOS
348	54	FRANCISCO FERREIRA	0:55:10.51	0:54:53.73	48	M	VetIII M (45-49)	310	55	
349	87	VÍTOR AMADO	0:55:15.93	0:55:15.93	70	M	VetVIII M (70-74)	311	3	CA VALE FIGUEIRA
350	175	LUIS MIGUEL SANTOS	0:55:16.44	0:54:44.30	58	M	VetV M (55-59)	312	29	A.A.LEBRES DO SADO
351	522	DIOGO TABORDA	0:55:16.54	0:54:47.33	34	M	Jun Sen M (18-34)	313	76	
352	651	NUNO SANTIAGO	0:55:16.59	0:54:44.35	47	M	VetIII M (45-49)	314	56	
353	198	RUI PASTOR	0:55:21.69	0:55:21.69	51	M	VetIV M (50-54)	315	49	PASTOR RACING
354	232	CLARA MINA	0:55:30.03	0:55:30.03	63	F	VetVI F (60-64)	39	2	CA VALE FIGUEIRA
355	394	CARLOS GIMENEZ DIAS	0:55:30.73	0:55:11.05	38	M	VetI M (35-39)	316	38	GRUPETA RUNNING TEAM
356	162	LUIS FILIPE RAMOS	0:55:31.44	0:55:08.47	44	M	VetII M (40-44)	317	41	GRUPO SPORTIVO ADICENSE
357	172	LUÍS FERREIRA	0:55:33.61	0:55:25.16	37	M	VetI M (35-39)	318	39	
358	556	JOÃO SERAFIM	0:55:34.75	0:55:29.89	20	M	Jun Sen M (18-34)	319	77	
359	241	JOSÉ RICARDO AFONSO	0:55:36.38	0:55:04.14	30	M	Jun Sen M (18-34)	320	78	
360	294	JOSE DIMAS	0:55:37.74	0:55:24.55	55	M	VetV M (55-59)	321	30	SS CGD
361	137	RÚBEN FILIPE SILVA	0:55:39.87	0:55:35.06	33	M	Jun Sen M (18-34)	322	79	BOMBEIROS DE SACAVÉM
362	262	ANDRE RIBEIRETE	0:55:42.88	0:55:21.34	47	M	VetIII M (45-49)	323	57	CPOC - CLUBE PORTUGUÊS DE ORI.

CORRIDA 10KM



DOS OLIVAIS

27 DEZEMBRO 2023

363	173	NUNO ROUPETA	0:55:43.06	0:55:43.06	50	M	VetIV M (50-54)	324	50	GRUPETA RUNNING TEAM
364	283	ANTÓNIO CARLOS ALMEIDA	0:55:43.82	0:55:28.72	49	M	VetIII M (45-49)	325	58	
365	229	MIGUEL ALEXANDRE PEREIRA	0:55:44.24	0:55:44.24	44	M	VetII M (40-44)	326	42	
366	312	DANIEL PEREIRA FERRAZ	0:55:45.32	0:55:27.06	40	M	VetII M (40-44)	327	43	
367	559	CARLOS SÁ	0:55:45.71	0:55:32.52	54	M	VetIV M (50-54)	328	51	
368	422	MIGUEL TAVARES	0:55:48.85	0:55:48.85	51	M	VetIV M (50-54)	329	52	CA PATAMEIRAS
369	308	TO RAMOS	0:55:49.47	0:55:44.54	52	M	VetIV M (50-54)	330	53	AMINHACORRIDAPACERS
370	504	JOÃO SOUZA SILVA	0:55:49.66	0:55:25.19	22	M	Jun Sen M (18-34)	331	80	
371	448	BRUNA RAMOS	0:55:54.01	0:55:54.01	18	F	Jun Sen F (18-34)	40	13	INGLESES FUTEBOL CLUBE
372	483	CARLA CERQUEIRA	0:55:54.38	0:55:25.18	42	F	VetII F (40-44)	41	10	
373	80	JOSE MOGA	0:55:55.63	0:55:55.63	65	M	VetVII M (65-69)	332	10	AMIGOS VALE SILENCIO
374	512	NUNO MIGUEL AVÓ	0:55:56.08	0:55:49.76	50	M	VetIV M (50-54)	333	54	
375	221	RODRIGO OPA	0:55:57.96	0:55:39.59	48	M	VetIII M (45-49)	334	59	CA VALE FIGUEIRA
376	451	MARCIO RAMOS	0:55:58.73	0:55:58.73	22	M	Jun Sen M (18-34)	335	81	INGLESES FUTEBOL CLUBE
377	585	HUGO MIGUEL SEQUEIRA	0:56:01.43	0:55:31.07	46	M	VetIII M (45-49)	336	60	
378	76	JORGE CARREIRAS	0:56:04.23	0:55:35.24	57	M	VetV M (55-59)	337	31	
379	107	JOSE RODRIGUES	0:56:05.31	0:55:48.13	57	M	VetV M (55-59)	338	32	
380	207	JOAO ANDRÉ GONCALVES	0:56:08.23	0:56:08.23	51	M	VetIV M (50-54)	339	55	
381	20	LINO FILIPE COSTA	0:56:18.28	0:55:59.75	42	M	VetII M (40-44)	340	44	
382	181	JOAQUIM JOSÉ ROQUE	0:56:24.36	0:56:24.36	56	M	VetV M (55-59)	341	33	
383	363	PAULO SILVA	0:56:26.32	0:56:17.95	63	M	VetVI M (60-64)	342	15	
384	23	JOÃO CAMPOS	0:56:27.23	0:56:17.55	51	M	VetIV M (50-54)	343	56	
385	49	TIAGO MESQUITA PALMA	0:56:33.77	0:56:09.39	31	M	Jun Sen M (18-34)	344	82	PALMAS
386	50	JORGE NOVO PALMA	0:56:34.38	0:56:11.40	62	M	VetVI M (60-64)	345	16	PALMAS
387	662	SÍLVIA MARIA DOS SANTOS FERREI	0:56:34.81	0:56:34.81	52	F	VetIV F (50-54)	42	4	GRJA
388	48	MIGUEL SILVA PALMA	0:56:37.17	0:56:11.94	33	M	Jun Sen M (18-34)	346	83	PALMAS

CORRIDA 10KM

SÃO SILVESTRE
Viver **mais** Olivaís
Junta de Freguesia

DOS OLIVAIS

27 DEZEMBRO 2023

389	572	CARLOS GIL	0:56:37.73	0:56:14.39	50	M	VetIV M (50-54)	347	57	
390	409	JORGE PEDREIRA	0:56:38.17	0:56:25.91	44	M	VetII M (40-44)	348	45	
391	106	MANUEL FRANCISCO	0:56:39.67	0:56:13.51	64	M	VetVI M (60-64)	349	17	
392	536	GONÇALO NUNO	0:56:42.93	0:56:16.10	51	M	VetIV M (50-54)	350	58	
393	647	DIANA ISABEL PINTO SANTOS	0:56:43.33	0:56:43.33	27	F	Jun Sen F (18-34)	43	14	
394	163	LUIS LEMOS	0:56:43.74	0:56:43.01	52	M	VetIV M (50-54)	351	59	
395	646	BERNARDO CAETANO	0:56:43.80	0:56:11.93	35	M	VetI M (35-39)	352	40	CORRER LISBOA
396	38	JOÃO PAULO CUNHA	0:56:45.84	0:56:45.84	55	M	VetV M (55-59)	353	34	
397	333	AGOSTINHO DIAS	0:56:56.51	0:56:31.48	58	M	VetV M (55-59)	354	35	CARAPAUS DE CORRIDA
398	668	FERNANDO ALBERTO PINHO FERRI	0:56:59.94	0:56:43.84	60	M	VetVI M (60-64)	355	18	
399	332	CLÁUDIO RODRIGUES	0:57:00.26	0:56:35.06	58	M	VetV M (55-59)	356	36	CARAPAUS DE CORRIDA
400	724	FREDERICO ALMEIDA	0:57:02.67	0:56:54.05	44	M	VetII M (40-44)	357	46	
401	29	PEDRO REIS	0:57:03.17	0:56:58.92	51	M	VetIV M (50-54)	358	60	ENGIMIND
402	588	BERNARDO CANDELÁRIA	0:57:04.66	0:56:33.95	27	M	Jun Sen M (18-34)	359	84	
403	245	JOSÉ SANTOS JORGE	0:57:10.49	0:57:05.30	51	M	VetIV M (50-54)	360	61	
404	167	SANTIAGO MOREIRA	0:57:16.28	0:57:07.80	18	M	Jun Sen M (18-34)	361	85	CCDTMETROLX
405	243	RODRIGO SHIMOHARA	0:57:20.02	0:57:12.57	34	M	Jun Sen M (18-34)	362	86	
406	174	RICARDO DUARTE	0:57:20.21	0:57:20.21	46	M	VetIII M (45-49)	363	61	CLUBE OGMA
407	98	DULCE SOARES	0:57:23.66	0:57:23.66	20	F	Jun Sen F (18-34)	44	15	NCAFB
408	509	ISABEL ALEXANDRA SANTOS	0:57:25.79	0:57:25.79	48	F	VetIII F (45-49)	45	8	
409	543	JOANA FERNANDES	0:57:31.61	0:57:19.89	33	F	Jun Sen F (18-34)	46	16	CORRER LISBOA
410	109	JOSE MAGALHAES	0:57:41.39	0:57:11.51	56	M	VetV M (55-59)	364	37	
411	480	RUI MELO	0:57:43.66	0:57:43.66	51	M	VetIV M (50-54)	365	62	INGLESSES FUTEBOL CLUBE
412	155	ANDREIA FILIPA CARVALHO	0:57:45.48	0:57:45.48	39	F	VetI F (35-39)	47	3	
413	263	RICARDO RIBEIRETE	0:57:48.44	0:57:29.37	18	M	Jun Sen M (18-34)	366	87	CPOC - CLUBE PORTUGUÊS DE ORI.
414	189	ISABEL REIS	0:57:51.63	0:57:33.21	50	F	VetIV F (50-54)	48	5	FALCÕES SELVAGENS

XISTARCA
EVENTOS DESPORTIVOS

xistarca.pt/RESULTADOS

CORRIDA 10KM



DOS OLIVAIS

27 DEZEMBRO 2023

415	205	MIGUEL LEMOS DIAS	0:57:51.72	0:57:22.18	52	M	VetIV M (50-54)	367	63	RUN4FUN
416	188	FERNANDO FIGUEIREDO	0:57:51.80	0:57:34.91	57	M	VetV M (55-59)	368	38	FALCÕES SELVAGENS
417	387	JAIME VEIGA	0:58:02.25	0:57:32.09	60	M	VetVI M (60-64)	369	19	
418	239	ANA ISABEL FILIPE	0:58:03.89	0:57:53.13	55	F	VetV F (55-59)	49	5	SESIMBRA MAR
419	196	SEBASTIÃO ALMEIDA	0:58:22.71	0:58:03.14	35	M	VetI M (35-39)	370	41	
420	298	PAULO BAILÃO	0:58:28.42	0:58:11.89	53	M	VetIV M (50-54)	371	64	SS CGD
421	182	TANIA CRISTINA AZEVEDO	0:58:28.95	0:58:20.32	45	F	VetIII F (45-49)	50	9	HOUSEMARTINS BELAS
422	59	CLÁUDIO DOS SANTOS	0:58:30.85	0:58:30.85	31	M	Jun Sen M (18-34)	372	88	
423	36	SARA COLAÇO	0:58:31.02	0:58:04.75	49	F	VetIII F (45-49)	51	10	OS AVENTUREIROS
424	341	ANÍBAL CARVALHO	0:58:33.50	0:58:18.58	72	M	VetVIII M (70-74)	373	4	
425	35	RUI VELEZ	0:58:36.08	0:58:09.24	59	M	VetV M (55-59)	374	39	OS AVENTUREIROS
426	548	SOFIA CORREIA	0:58:39.62	0:58:27.17	46	F	VetIII F (45-49)	52	11	
427	368	ADILSON LINO	0:58:40.43	0:58:19.45	50	M	VetIV M (50-54)	375	65	MARVILA JOVEM
428	19	NUNO PEREIRA	0:58:40.93	0:58:40.93	43	M	VetII M (40-44)	376	47	
429	380	CARLOS JESUS	0:58:50.18	0:58:50.18	59	M	VetV M (55-59)	377	40	
430	475	ALBANO GINJA	0:58:51.01	0:58:51.01	67	M	VetVII M (65-69)	378	11	INGLESSES FUTEBOL CLUBE
431	12	SÓNIA RIBEIRO	0:58:54.39	0:58:28.78	42	F	VetII F (40-44)	53	11	
432	596	ANDRÉ PERNES	0:58:57.06	0:58:57.06	32	M	Jun Sen M (18-34)	379	89	
433	546	JOANA HOGAN	0:59:07.63	0:58:39.22	33	F	Jun Sen F (18-34)	54	17	
434	192	ANTÓNIO COSTA	0:59:08.57	0:58:57.69	62	M	VetVI M (60-64)	380	20	
435	579	ANA PAULA GONÇALVES	0:59:09.81	0:59:06.54	56	F	VetV F (55-59)	55	6	ACNPN
436	212	NUNO MIGUEL BURNAY	0:59:20.11	0:58:55.12	27	M	Jun Sen M (18-34)	381	90	
437	63	LUIA RALHA	0:59:22.91	0:58:54.73	64	F	VetVI F (60-64)	56	3	RUN 4 FUN
438	246	TERESA REINHARDT SILVA	0:59:23.10	0:58:55.66	65	F	VetVII F (65-69)	57	1	RUN4FUN
439	43	PEDRO CARVALHO	0:59:26.66	0:58:52.08	53	M	VetIV M (50-54)	382	66	
440	421	PAULO RICARDO EUSTÁQUIO	0:59:28.43	0:59:28.43	28	M	Jun Sen M (18-34)	383	91	SPORTING CLUBE VILA MARIA

CORRIDA 10KM



DOS OLIVAIS

27 DEZEMBRO 2023

441	227	NUNO BOGALHEIRO	0:59:30.81	0:59:21.95	50	M	VetIV M (50-54)	384	67	A VALE SILENCIO
442	370	LUÍS NUNES	0:59:39.77	0:59:19.40	47	M	VetIII M (45-49)	385	62	MARVILA JOVEM
443	408	DERLEY MÁRCIO	0:59:46.11	0:59:46.11	42	M	VetII M (40-44)	386	48	
444	601	LUÍS GRANCHO	0:59:48.67	0:59:20.80	55	M	VetV M (55-59)	387	41	
445	603	MIGUEL GAMBOA	0:59:48.91	0:59:20.14	49	M	VetIII M (45-49)	388	63	
446	659	LUIS LOUREIRO	1:00:01.06	1:00:01.06	39	M	VetI M (35-39)	389	42	OS QUENIANOS
447	658	NUNO JOSÉ FERNANDES LOUREIRO	1:00:02.62	1:00:02.62	41	M	VetII M (40-44)	390	49	OS QUENIANOS
448	15	MARIA JOAO	1:00:03.75	1:00:03.75	39	F	VetI F (35-39)	58	4	
449	24	PEDRO FIGUEIREDO	1:00:04.57	1:00:04.57	50	M	VetIV M (50-54)	391	68	
450	487	JOSÉ SOARES	1:00:05.11	1:00:05.11	47	M	VetIII M (45-49)	392	64	INGLESSES FUTEBOL CLUBE
451	381	CONCEIÇÃO PINA	1:00:10.33	1:00:04.07	57	F	VetV F (55-59)	59	7	
452	518	BRUNO PÁSCOA	1:00:11.13	1:00:11.13	33	M	Jun Sen M (18-34)	393	92	
453	517	RICARDO JORGE SANTOS	1:00:11.45	1:00:04.72	37	M	VetI M (35-39)	394	43	
454	583	FILIPA MALHEIRO	1:00:15.86	0:59:48.50	50	F	VetIV F (50-54)	60	6	
455	582	ALEXANDRE ABADE	1:00:16.09	0:59:50.63	50	M	VetIV M (50-54)	395	69	
456	420	SANDRA INÁCIO	1:00:17.30	1:00:14.43	51	F	VetIV F (50-54)	61	7	ACNPN
457	633	PEDRO CRUZ	1:00:19.25	1:00:00.39	54	M	VetIV M (50-54)	396	70	
458	166	JOÃO MOREIRA	1:00:21.08	1:00:21.08	56	M	VetV M (55-59)	397	42	CCDTMETROLX
459	169	RAFAEL VALENTE SANTOS	1:00:22.58	1:00:13.34	56	M	VetV M (55-59)	398	43	CCDTMETROLX
460	654	ALZIRA CRUZ	1:00:24.14	1:00:24.14	59	F	VetV F (55-59)	62	8	CASA CONCELHO ARCOS VALDEVEZ
461	423	ANTÓNIO VARELA	1:00:27.73	1:00:27.73	57	M	VetV M (55-59)	399	44	
462	637	ANA ISABEL ALMEIDA	1:00:29.19	1:00:29.19	39	F	VetI F (35-39)	63	5	
463	570	RICARDO NUNO FERREIRA	1:00:41.48	1:00:15.71	36	M	VetI M (35-39)	400	44	
464	532	FLAVIO MATIAS	1:00:43.44	1:00:29.85	39	M	VetI M (35-39)	401	45	MATIAS RACING TEAM
465	523	JOÃO ABREU	1:00:45.84	1:00:34.08	41	M	VetII M (40-44)	402	50	
466	551	PEDRO FERREIRA	1:00:53.93	1:00:27.47	48	M	VetIII M (45-49)	403	65	

CORRIDA 10KM

DOS OLIVAIS

27 DEZEMBRO 2023

467	591	ANA MARGARIDA	1:00:57.10	1:00:57.10	45	F	VetIII F (45-49)	64	12	PLANTA DO PÉ
468	28	JOSÉ COSTA ALVES	1:00:57.41	1:00:57.41	54	M	VetIV M (50-54)	404	71	
469	650	ANA ALVES	1:00:58.60	1:00:44.31	52	F	VetIV F (50-54)	65	8	
470	545	FILIPE HOGAN	1:00:59.32	1:00:32.47	36	M	VetI M (35-39)	405	46	
471	258	RUI PERDIGÃO	1:01:00.73	1:01:00.73	41	M	VetII M (40-44)	406	51	AMIGOS VALE SILÊNCIO
472	395	BRUNO SILVA	1:01:03.42	1:00:43.78	46	M	VetIII M (45-49)	407	66	GRUPETA RUNNING TEAM
473	65	ANA LEAL PINHEIRO	1:01:07.48	1:00:51.82	43	F	VetII F (40-44)	66	12	DP&A
474	632	CAROLINA TORNEIRO	1:01:10.95	1:00:37.82	26	F	Jun Sen F (18-34)	67	18	
475	613	CLAUDIA BAPTISTA LEITÃO	1:01:12.90	1:01:05.25	35	F	VetI F (35-39)	68	6	
476	575	LURDES SANTOS	1:01:16.73	1:01:13.11	44	F	VetII F (40-44)	69	13	ACNPN
477	280	ANGELA SUZANO	1:01:22.46	1:01:01.49	50	F	VetIV F (50-54)	70	9	MONSANTO RUNNING TEAM
478	279	INÊS ÁGUAS	1:01:24.30	1:01:01.30	36	F	VetI F (35-39)	71	7	
479	530	CARLA BRÁS	1:01:31.43	1:01:25.53	43	F	VetII F (40-44)	72	14	
480	278	BRUNO MIGUEL PEREIRA	1:01:36.32	1:01:19.22	43	M	VetII M (40-44)	408	52	
481	47	CECILIA NICOLAU	1:01:40.04	1:01:39.94	56	F	VetV F (55-59)	73	9	A.A.LEBRES DO SADO
482	46	CÉLIA MARIA AZENHA	1:01:40.94	1:01:40.94	58	F	VetV F (55-59)	74	10	AA LEBRES DO SADO
483	255	MIGUEL PEDRO CASTELA	1:01:41.25	1:01:08.65	53	M	VetIV M (50-54)	409	72	
484	468	NUNO MARQUES	1:01:54.55	1:01:37.37	49	M	VetIII M (45-49)	410	67	INGLESES FUTEBOL CLUBE
485	419	CAROLINA SOFIA VALADAS	1:02:00.84	1:01:31.94	26	F	Jun Sen F (18-34)	75	19	
486	529	EMÍLIO GONÇALVES	1:02:02.00	1:01:51.97	56	M	VetV M (55-59)	411	45	LINDA-A-PASTORA SPORTING CLUBE
487	149	ARMANDO ALMEIDA	1:02:03.79	1:01:54.91	64	M	VetVI M (60-64)	412	21	AMIGOS VALE SILENCIO
488	470	HÉLDER MACHADO	1:02:21.22	1:02:20.97	50	M	VetIV M (50-54)	413	73	INGLESES FUTEBOL CLUBE
489	214	NUNO CARVALHINHO	1:02:23.43	1:02:23.43	49	M	VetIII M (45-49)	414	68	LUZIGAS
490	216	SALVADOR CARVALHINHO	1:02:23.66	1:02:23.45	20	M	Jun Sen M (18-34)	415	93	LUZIGAS
491	213	NUNO BENTO	1:02:26.66	1:02:07.56	45	M	VetIII M (45-49)	416	69	
492	177	RUI VASQUES FONSECA	1:02:28.10	1:02:27.31	58	M	VetV M (55-59)	417	46	OS BELENENSES

CORRIDA 10KM

DOS OLIVAIS

27 DEZEMBRO 2023

493	39	JATIN CHANDRACANT RAMGI	1:02:31.39	1:02:13.61	39	M	VetI M (35-39)	418	47	OS 3 COXOS
494	21	LUIS PROENÇA	1:02:32.14	1:02:20.01	54	M	VetIV M (50-54)	419	74	
495	329	ANDRE CARDOSO AFONSO	1:02:34.83	1:02:23.94	41	M	VetII M (40-44)	420	53	OUTSYSTEMS
496	472	ANA ROLO	1:02:41.50	1:02:33.68	23	F	Jun Sen F (18-34)	76	20	INGLESSES FUTEBOL CLUBE
497	610	MIGUEL DIAS PINHEIRO	1:02:50.47	1:02:34.82	37	M	VetI M (35-39)	421	48	
498	628	CATARINA PINA	1:02:50.66	1:02:34.24	24	F	Jun Sen F (18-34)	77	21	
499	599	PAULA BATALHA	1:03:07.35	1:02:53.32	58	F	VetV F (55-59)	78	11	CLUBE MILLENNIUMBCP
500	639	JOANA LAMBIN	1:03:34.08	1:03:30.44	44	F	VetII F (40-44)	79	15	BE ENERGY
501	327	SÓNIA ALEXANDRA SIMÕES	1:03:56.43	1:03:56.43	41	F	VetII F (40-44)	80	16	
502	661	MARCO JÚLIO	1:03:57.58	1:03:50.97	43	M	VetII M (40-44)	422	54	
503	597	RUI RIBEIRO	1:03:58.53	1:03:58.53	47	M	VetIII M (45-49)	423	70	
504	33	CARLOS GUERREIRO	1:04:25.04	1:04:13.89	64	M	VetVI M (60-64)	424	22	AMIGOS VALE SILÊNCIO
505	362	MARGARIDA GOMES DUARTE	1:04:26.36	1:03:58.48	24	F	Jun Sen F (18-34)	81	22	
506	563	MARIANA MIRA	1:04:27.98	1:04:01.01	28	F	Jun Sen F (18-34)	82	23	
507	231	FILIPA MENDES SILVA	1:04:29.85	1:04:08.06	29	F	Jun Sen F (18-34)	83	24	
508	391	ANA MESTRE	1:04:29.97	1:04:29.97	32	F	Jun Sen F (18-34)	84	25	SR. CAMARNAL
509	348	MARIA INÊS JÚLIO	1:04:45.55	1:04:45.55	42	F	VetII F (40-44)	85	17	
510	67	DIOGO VEIGA	1:04:46.05	1:04:43.02	19	M	Jun Sen M (18-34)	425	94	
511	66	DAWTON PESSANHA	1:04:47.66	1:04:45.56	20	M	Jun Sen M (18-34)	426	95	
512	711	CRISTIANA ALMEIDA	1:04:51.14	1:04:40.89	59	F	VetV F (55-59)	86	12	SS CGD
513	713	JORGE MENDES	1:04:52.48	1:04:41.18	62	M	VetVI M (60-64)	427	23	SS CGD
514	343	PAULA SANTOS	1:04:59.39	1:04:50.56	54	F	VetIV F (50-54)	87	10	OS TUGAS
515	289	FERNANDO ALVES	1:05:05.17	1:04:57.35	46	M	VetIII M (45-49)	428	71	SS CGD
516	604	MAFALDA MIRANDA	1:05:08.05	1:04:50.73	22	F	Jun Sen F (18-34)	88	26	MIRANDA FORCE
517	614	PEDRO MANSO	1:05:18.51	1:05:18.51	48	M	VetIII M (45-49)	429	72	
518	566	ANTÓNIO JOAQUIM DUARTE	1:05:19.21	1:05:14.51	75	M	VetIX M (75-99)	430	2	

CORRIDA 10KM



DOS OLIVAIS

27 DEZEMBRO 2023

519	508	JEFFERSON RIBEIRO	1:05:25.98	1:05:00.08	30	M	Jun Sen M (18-34)	431	96	
520	514	ELIENE SILVA SILVA	1:05:27.61	1:05:00.75	45	F	VetIII F (45-49)	89	13	
521	506	NANCI LOUZINHO	1:05:33.66	1:05:09.54	30	F	Jun Sen F (18-34)	90	27	
522	71	ARTUR SOARES	1:05:38.15	1:05:35.45	50	M	VetIV M (50-54)	432	75	
523	496	PEDRO MIGUEL CONFRARIA	1:05:45.03	1:05:45.03	46	M	VetIII M (45-49)	433	73	
524	436	MARIA NOBRE	1:05:50.35	1:05:36.05	55	F	VetV F (55-59)	91	13	C MILLENNIUM BCP
525	223	CARLOS SOUSA	1:05:55.28	1:05:44.11	66	M	VetVII M (65-69)	434	12	OS PERIGOSOS
526	554	FRANCISCO ALVES	1:06:03.49	1:05:59.63	19	M	Jun Sen M (18-34)	435	97	GOFIT OLIVAIS
527	552	MARIANA ALVES	1:06:04.03	1:06:04.03	23	F	Jun Sen F (18-34)	92	28	GOFIT OLIVAIS
528	584	SANDRO SENTIEIRO	1:06:08.57	1:05:33.69	48	M	VetIII M (45-49)	436	74	KIKOS
529	544	LILIANA ANTUNES MONTEIRO	1:06:13.65	1:06:10.49	45	F	VetIII F (45-49)	93	14	
530	495	INÊS CARVALHO	1:06:23.31	1:06:18.00	46	F	VetIII F (45-49)	94	15	
531	346	TIAGO CRUZ	1:06:29.49	1:06:29.49	36	M	VetI M (35-39)	437	49	VIAFITNESS TEAM
532	257	IVO RAFAEL SANTOS	1:06:35.76	1:06:11.62	37	M	VetI M (35-39)	438	50	AMIGOS VALE SILÊNCIO
533	631	MARIA CONCEIÇÃO SILVA	1:06:36.12	1:06:33.06	57	F	VetV F (55-59)	95	14	ACNPN
534	505	DÉBORA PATRÍCIA DIAS	1:06:39.98	1:06:15.97	22	F	Jun Sen F (18-34)	96	29	
535	121	MARTA DRÜGG	1:06:42.76	1:06:10.06	41	F	VetII F (40-44)	97	18	COOLPOOL
536	14	HERNÂNI SILVA	1:06:52.37	1:06:43.60	61	M	VetVI M (60-64)	439	24	AMIGOS VALE SILÊNCIO
537	224	MARCO CASEIRO	1:07:53.27	1:07:53.27	45	M	VetIII M (45-49)	440	75	OS PERIGOSOS
538	503	LUIS HENRIQUES	1:07:54.20	1:07:32.73	59	M	VetV M (55-59)	441	47	ACRMEALHADA
539	135	CARLA MARQUES	1:07:57.78	1:07:27.60	47	F	VetIII F (45-49)	98	16	À PALA DA CUECA
540	315	ELISABETE SILVA	1:07:58.17	1:07:58.17	40	F	VetII F (40-44)	99	19	À PALA DA CUECA
541	194	SARA LUCAS	1:07:59.75	1:07:39.44	34	F	Jun Sen F (18-34)	100	30	
542	145	ALEXANDRE GARRINHAS	1:08:01.43	1:07:41.59	44	M	VetII M (40-44)	442	55	
543	620	RAQUEL SOFIA PEIXOTO	1:08:02.42	1:07:36.17	27	F	Jun Sen F (18-34)	101	31	
544	625	CARLA PENEDO	1:08:23.14	1:08:05.17	44	F	VetII F (40-44)	102	20	PENPIN

CORRIDA 10KM



DOS OLIVAIS

27 DEZEMBRO 2023

545	626	RICARDO LUÍS PINTO	1:08:24.32	1:08:24.32	48	M	VetIII M (45-49)	443	76	PENPIN
546	621	MÁRIO PEIXOTO	1:08:30.97	1:08:04.03	55	M	VetV M (55-59)	444	48	
547	712	ANDRE NORONHA	1:08:44.57	1:08:32.55	59	M	VetV M (55-59)	445	49	SS CGD
548	197	DUARTE NUNO SANTOS	1:09:13.14	1:08:39.52	37	M	VetI M (35-39)	446	51	
549	392	MARILIA MACEDO GOMES	1:09:14.21	1:09:14.21	24	F	Jun Sen F (18-34)	103	32	DULOVE
550	393	JOAO DE NOBREGA	1:09:14.38	1:09:14.38	46	M	VetIII M (45-49)	447	77	DULOVE
551	209	JOAO JORGE FONSECA	1:09:17.58	1:08:47.58	52	M	VetIV M (50-54)	448	76	
552	274	LUIS TAVARES	1:09:22.34	1:09:22.34	44	M	VetII M (40-44)	449	56	
553	715	RUI RAPOSO	1:10:26.71	1:09:56.81	59	M	VetV M (55-59)	450	50	
554	10	JOANA D'ARC CHOURIÇO	1:10:57.89	1:10:57.10	60	F	VetVI F (60-64)	104	4	RUNNING CLUB SANTA CASA
555	398	MÓNICA ISABEL MOREIRA	1:11:19.32	1:10:42.29	38	F	VetI F (35-39)	105	8	
556	267	ADRIANO AUGUSTO SANTOS	1:12:20.31	1:12:20.31	40	M	VetII M (40-44)	451	57	TEAM MARIZ FRANCISCO
557	652	FRANCISCO BEXIGA	1:13:12.59	1:13:12.59	65	M	VetVII M (65-69)	452	13	
558	482	NUNO FERREIRA	1:13:55.34	1:13:41.62	39	M	VetI M (35-39)	453	52	
559	574	MARTA TOMADA	1:14:37.37	1:14:25.54	47	F	VetIII F (45-49)	106	17	
560	154	JOSÉ CRUZ	1:14:38.02	1:14:38.02	69	M	VetVII M (65-69)	454	14	
561	17	MARIO PIRES	1:15:15.50	1:14:42.30	64	M	VetVI M (60-64)	455	25	
562	379	JOHNNY THOMASSEN	1:15:28.80	1:14:55.46	63	M	VetVI M (60-64)	456	26	NORWAY
563	432	ANTONIO MOURA	1:15:52.62	1:15:52.62	67	M	VetVII M (65-69)	457	15	C MILLENNIUM BCP
564	382	DIANA SIMÕES	1:16:19.20	1:16:04.07	31	F	Jun Sen F (18-34)	107	33	
565	719	FERNANDO PALMA	1:17:01.65	1:17:01.65	57	M	VetV M (55-59)	458	51	ESCOLA CONDUÇÃO PN
566	720	CARLA CRUZ	1:17:01.69	1:16:36.58	42	F	VetII F (40-44)	108	21	ESCOLA CONDUÇÃO PN
567	374	JOSÉ LINDO	1:17:40.17	1:17:40.17	77	M	VetIX M (75-99)	459	3	CA VALE FIGUEIRA
568	553	ISABEL ALVES	1:18:06.90	1:18:03.73	51	F	VetIV F (50-54)	109	11	GOFIT OLIVAIS
569	284	CARLOS SERRAS ALVES	1:18:47.63	1:18:32.00	40	M	VetII M (40-44)	460	58	
570	56	JOSÉ PEDRO PIRRALHA	1:18:47.64	1:18:32.09	47	M	VetIII M (45-49)	461	78	

CORRIDA 10KM



DOS OLIVAIS

27 DEZEMBRO 2023

571	203	MIGUEL EGREJAS	1:19:13.39	1:18:57.04	38	M	VetI M (35-39)	462	53	
572	195	JOSÉ PEDRO NUNES	1:20:48.85	1:20:27.70	42	M	VetII M (40-44)	463	59	
573	42	RICARDO CORREA	1:20:49.09	1:20:28.28	43	M	VetII M (40-44)	464	60	
574	159	ANA VILAO	1:20:50.76	1:20:19.22	43	F	VetII F (40-44)	110	22	
575	158	ALEXANDRE MATOS	1:20:51.02	1:20:51.02	45	M	VetIII M (45-49)	465	79	
576	142	MIGUEL MARTINS	1:20:59.16	1:20:36.96	45	M	VetIII M (45-49)	466	80	
577	623	RICARDO PORTUGAL AZEVEDO	1:20:59.79	1:20:38.85	42	M	VetII M (40-44)	467	61	
578	273	JOÃO PEDRO MOITA	1:21:01.75	1:20:31.78	24	M	Jun Sen M (18-34)	468	98	
579	131	LEONEL MENDES SILVA	1:21:37.40	1:21:15.32	33	M	Jun Sen M (18-34)	469	99	
580	141	MARIANA DA ALVES	1:22:13.17	1:21:51.39	33	F	Jun Sen F (18-34)	111	34	
581	204	RUI MELÃO	1:27:31.30	1:26:58.08	59	M	VetV M (55-59)	470	52	ANE

CORRIDA 10KM

SÃO
SILVESTRE



Viver **mais**
Olivais
Junta de Freguesia

DOS OLIVAIS

27 DEZEMBRO 2023

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CORRIDA 10KM

SÃO
SILVESTRE



Viver **mais**
Olivais
Junta de Freguesia

DOS OLIVAIS

27 DEZEMBRO 2023

CORRIDA 10KM

SÃO
SILVESTRE



Viver **mais**
Olivais
Junta de Freguesia

DOS OLIVAIS

27 DEZEMBRO 2023

CORRIDA 10KM

SÃO
SILVESTRE



Viver **mais**
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DOS OLIVAIS

27 DEZEMBRO 2023

CORRIDA 10KM

SÃO
SILVESTRE



Viver **mais**
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DOS OLIVAIS

27 DEZEMBRO 2023

CORRIDA 10KM

SÃO
SILVESTRE



Viver **mais**
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DOS OLIVAIS

27 DEZEMBRO 2023

CORRIDA 10KM

SÃO
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Viver **mais**
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DOS OLIVAIS

27 DEZEMBRO 2023

CORRIDA 10KM

SÃO
SILVESTRE



Viver **mais**
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Junta de Freguesia

DOS OLIVAIS

27 DEZEMBRO 2023

CORRIDA 10KM



DOS OLIVAIS

27 DEZEMBRO 2023

ÓVOA DE SANTA IRIA