

SÃO SILVESTRE TRILHOS DE MARATECA

CORRIDA 10KM



14 JAN 2024

Posição Geral	Dorsal	Nome	Tempo Prova	Tempo Líquido	Idade	Género	Escalão	Posição Género	Posição Escalão	Equipa
1	97	JOÃO JESUS	0:34:15.00	0:34:14.99	33	M	Seniores M (21-35)	1	1	
2	124	RODRIGO CARRILHO	0:35:26.42	0:35:26.41	41	M	VetI M (36-45)	2	1	C BENFICA REGUENGOS MONSARAZ
3	112	JOÃO REBELO	0:35:31.00	0:35:30.99	30	M	Seniores M (21-35)	3	2	VITÓRIA FUTEBOL CLUBE
4	99	JOÃO CARDOSO	0:37:21.68	0:37:21.67	39	M	VetI M (36-45)	4	2	CF OS BELENENSES
5	138	ANDRÉ MARTINS	0:38:10.02	0:38:08.79	42	M	VetI M (36-45)	5	3	TÁLENTOS TEAM
6	13	RENATO MOREIRAS	0:39:25.69	0:39:24.15	42	M	VetI M (36-45)	6	4	ESCOLA ATLETISMO MOITA TEJO
7	121	RAFAEL CARVALHO	0:39:39.85	0:39:38.28	31	M	Seniores M (21-35)	7	3	CAVALOS DE CANHA
8	184	LUIS CRUZ	0:40:04.66	0:40:03.44	52	M	VetII M (46-55)	8	1	GDC ESTRELA NEGRA
9	28	FILIPPE ALCAIDE	0:40:14.95	0:40:12.65	21	M	Seniores M (21-35)	9	4	
10	123	ARTUR VINHAIS	0:40:18.74	0:40:18.68	47	M	VetII M (46-55)	10	2	ERVAS TRAIL TEAM
11	165	DANIEL ZEFERINO	0:40:19.23	0:40:16.95	35	M	Seniores M (21-35)	11	5	
12	183	VALTER JORGE	0:40:49.71	0:40:48.03	38	M	VetI M (36-45)	12	5	
13	187	ANTÓNIO BRANCO	0:41:23.42	0:41:22.59	59	M	VetIII M (56-65)	13	1	CLUBE PRAÇAS DA ARMADA
14	172	PEDRO NOBRE	0:41:50.21	0:41:48.53	45	M	VetI M (36-45)	14	6	TÁLENTOS TEAM
15	119	PEDRO SANTOS	0:41:57.33	0:41:56.44	43	M	VetI M (36-45)	15	7	CLUBE TRIATLO PDTR
16	15	JOSÉ REIS	0:42:33.95	0:42:33.89	20	M	Juniores M (18-20)	16	1	CLUBE TRIATLO PDTR
17	182	ANTÓNIO PIRES	0:42:51.74	0:42:51.30	55	M	VetII M (46-55)	17	3	NRD ÍDOLOS PRAÇA
18	77	JOEL SEQUEIRA	0:42:57.03	0:42:57.02	39	M	VetI M (36-45)	18	8	GD ÁGUIAS MOITA
19	69	MARCIA SANTOS	0:43:29.00	0:43:28.94	41	F	VetI F (36-45)	1	1	PEGADA RIBEIRINHA
20	64	MIGUEL DIAS	0:44:10.04	0:44:07.52	48	M	VetII M (46-55)	19	4	SS CGD
21	25	FILIPPE FILIPE	0:44:26.61	0:44:25.81	57	M	VetIII M (56-65)	20	2	SESIMBRA MAR
22	157	ÁLVARO COELHO	0:44:30.23	0:44:28.82	66	M	VetIV M (66-99)	21	1	GDC ESTRELA NEGRA
23	58	FILIPPE REI	0:44:30.27	0:44:30.26	45	M	VetI M (36-45)	22	9	CLUBE TRIATLO PDTR
24	114	GABRIEL SPLITTER	0:44:34.93	0:44:19.34	28	M	Seniores M (21-35)	23	6	ABENÇOADOS

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25	82	PEDRO BARATA	0:44:35.72	0:44:35.44	37	M	VetI M (36-45)	24	10	GD ÁGUIAS MOITA
26	108	NUNO DOMINGUES	0:44:39.87	0:44:39.87	42	M	VetI M (36-45)	25	11	
27	150	GILBERTO PAULINO	0:44:51.00	0:44:48.67	58	M	VetIII M (56-65)	26	3	TÁLENTOS TEAM
28	100	FILIPE FERREIRA	0:45:03.15	0:45:01.04	30	M	Seniores M (21-35)	27	7	
29	20	DAVID JERONIMO	0:45:03.20	0:44:54.52	44	M	VetI M (36-45)	28	12	
30	44	JOSÉ MENDES	0:45:05.11	0:45:05.08	61	M	VetIII M (56-65)	29	4	
31	46	MANUEL MARTINS	0:45:05.48	0:45:01.72	48	M	VetII M (46-55)	30	5	
32	93	MIGUEL HENRIQUES	0:45:13.45	0:45:09.27	37	M	VetI M (36-45)	31	13	
33	134	ANTÓNIO ROSADO	0:45:14.90	0:45:14.44	59	M	VetIII M (56-65)	32	5	GDR SÃO FRANCISCO SERRA
34	18	MALVINA GOMES	0:45:29.39	0:45:28.27	46	F	VetII F (46-55)	2	1	CLUBE TRIATLO PDTR
35	109	ANTÓNIO OLIVEIRA	0:45:34.27	0:45:33.20	45	M	VetI M (36-45)	33	14	OCEAN MEDICAL SPORTS TEAM
36	59	JOSÉ RAMALHO	0:45:34.49	0:45:33.97	60	M	VetIII M (56-65)	34	6	
37	152	SANDRO RODRIGUES	0:45:41.78	0:45:25.26	46	M	VetII M (46-55)	35	6	AURORA TRAIL
38	179	THAYSON DEUS	0:45:45.04	0:45:26.96	33	M	Seniores M (21-35)	36	8	
39	111	JOAO MARAL	0:46:17.80	0:46:15.78	54	M	VetII M (46-55)	37	7	SS CGD
40	87	LUÍS PINTO	0:46:22.81	0:46:19.41	37	M	VetI M (36-45)	38	15	
41	72	BRUNO PINTO	0:46:34.92	0:46:25.11	29	M	Seniores M (21-35)	39	9	
42	83	FLAVIO COSTA	0:46:40.05	0:46:38.78	32	M	Seniores M (21-35)	40	10	GD ÁGUIAS MOITA
43	78	LUIS SOBRAL	0:46:40.53	0:46:40.12	61	M	VetIII M (56-65)	41	7	GD ÁGUIAS MOITA
44	19	GIZELA MOTA	0:46:51.34	0:46:50.39	49	F	VetII F (46-55)	3	2	ESCOLA ATLETISMO MOITA TEJO
45	21	ANTÓNIO PIRES	0:46:55.12	0:46:53.19	41	M	VetI M (36-45)	42	16	
46	168	FILIPA SOBRAL	0:47:09.14	0:47:09.07	33	F	Seniores F (21-35)	4	1	PINHAL NOVO A CORRER
47	89	LUIS MORAIS	0:47:16.53	0:47:16.15	53	M	VetII M (46-55)	43	8	
48	174	GONÇALO MARTINS	0:47:39.96	0:47:25.92	34	M	Seniores M (21-35)	44	11	
49	127	HUGO SIMÕES	0:47:54.00	0:47:37.86	44	M	VetI M (36-45)	45	17	
50	195	SÉRGIO MÓNICA	0:48:38.76	0:48:30.47	53	M	VetII M (46-55)	46	9	COALA

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51	148	RITA FERNANDES	0:49:34.16	0:49:24.16	33	F	Seniores F (21-35)	5	2	ESTUDIO JORGE GRAVE
52	34	FERNANDO SOBRAL	0:49:37.04	0:49:19.50	66	M	VetIV M (66-99)	47	2	AMICICLO
53	159	MANUEL MAHÚ	0:49:51.00	0:49:42.70	25	M	Seniores M (21-35)	48	12	
54	67	TIAGO ROSA	0:49:51.22	0:49:50.12	43	M	VetI M (36-45)	49	18	CMMCPN
55	139	NUNO LUCAS	0:49:52.47	0:49:49.17	50	M	VetII M (46-55)	50	10	TÁLENTOS TEAM
56	167	MIGUEL BRAZ	0:49:53.95	0:49:52.94	33	M	Seniores M (21-35)	51	13	DAVID SPORTS
57	76	CLAUDIA MIRANDA	0:49:55.00	0:49:55.00	43	F	VetI F (36-45)	6	2	GD ÁGUIAS MOITA
58	61	ANTÓNIO VIEGAS	0:49:57.64	0:49:57.58	66	M	VetIV M (66-99)	52	3	MONTES SALOIOS TRAIL TEAM
59	166	LILIANA COELHO	0:50:03.15	0:50:02.20	32	F	Seniores F (21-35)	7	3	DAVID SPORTS
60	43	ORLANDO RODRIGUES	0:50:04.22	0:50:02.70	48	M	VetII M (46-55)	53	11	ESCOLA ATLETISMO MOITA TEJO
61	73	NUNO OLIVEIRA	0:50:08.71	0:50:08.70	51	M	VetII M (46-55)	54	12	PANTERA NEGRA JIU-JITSU
62	136	RICARDO MORAIS	0:50:26.95	0:50:24.26	45	M	VetI M (36-45)	55	19	
63	42	RENATO BATISTA	0:50:39.16	0:50:22.83	32	M	Seniores M (21-35)	56	14	
64	181	ALEXANDRE BALEIA	0:50:46.20	0:50:39.44	28	M	Seniores M (21-35)	57	15	
65	161	NUNO COSTA	0:50:50.87	0:50:50.77	36	M	VetI M (36-45)	58	20	GD ÁGUIAS MOITA
66	40	JORGE BARBOSA	0:50:53.68	0:50:45.48	53	M	VetII M (46-55)	59	13	
67	75	VERA SOBRAL	0:50:58.88	0:50:58.59	38	F	VetI F (36-45)	8	3	GD ÁGUIAS MOITA
68	190	CHEILA DIAS	0:51:02.80	0:50:54.60	36	F	VetI F (36-45)	9	4	REN
69	193	JOÃO FERNANDES	0:51:49.48	0:51:35.36	47	M	VetII M (46-55)	60	14	PINHAL NOVO A CORRER
70	88	TIAGO MORAIS	0:52:00.43	0:51:59.38	26	M	Seniores M (21-35)	61	16	
71	151	JORGE GRAVE	0:52:02.57	0:51:57.98	41	M	VetI M (36-45)	62	21	ESTÚDIO JORGE GRAVE
72	33	MANUEL JACINTO	0:52:16.25	0:52:11.70	68	M	VetIV M (66-99)	63	4	
73	194	OCTÁVIO FERRO	0:52:19.56	0:52:16.41	58	M	VetIII M (56-65)	64	8	
74	38	RICARDO CAMPOS	0:52:37.95	0:52:22.68	48	M	VetII M (46-55)	65	15	
75	156	HERMINIO BENTO	0:52:45.27	0:52:43.33	65	M	VetIII M (56-65)	66	9	GDC ESTRELA NEGRA
76	117	FRANCISCO REBELO	0:52:50.24	0:52:41.22	57	M	VetIII M (56-65)	67	10	FAMILIA REBELO

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77	158	JOÃO SANTOS	0:53:23.86	0:53:21.52	59	M	VetIII M (56-65)	68	11	NRD ÍDOLOS PRAÇA
78	65	SANDRA BATISTA	0:53:33.56	0:53:33.14	46	F	VetII F (46-55)	10	3	TĂLENTOS TEAM
79	189	PAULO DIAS	0:53:47.17	0:53:38.97	58	M	VetIII M (56-65)	69	12	REN
80	144	PEDRO RASTEIRO	0:54:13.58	0:54:10.72	48	M	VetII M (46-55)	70	16	TĂLENTOS TEAM
81	128	CRISTINA SILVA	0:54:38.55	0:54:21.91	53	F	VetII F (46-55)	11	4	
82	98	ANABELA MARTINS	0:55:00.06	0:54:58.10	37	F	VetI F (36-45)	12	5	
83	36	FĂTIMA RODRIGUES	0:55:28.49	0:55:18.25	57	F	VetIII F (56-65)	13	1	
84	209	DINA PIROCAS	0:55:41.00	0:55:32.70	39	F	VetI F (36-45)	14	6	TĂLENTOS TEAM
85	84	RUI CAMPOS	0:55:50.41	0:55:49.63	34	M	Seniores M (21-35)	71	17	GD ĂGUIAS MOITA
86	149	NUNO RIBEIRO	0:55:50.90	0:55:46.25	47	M	VetII M (46-55)	72	17	ESTUDIO JORGE GRAVE
87	71	CRISTINA CORREIA	0:55:51.46	0:55:48.03	50	F	VetII F (46-55)	15	5	MEXE-TE
88	106	LĂLIA MATOS	0:56:46.27	0:56:30.73	44	F	VetI F (36-45)	16	7	
89	105	VITOR GOMES	0:56:47.16	0:56:32.96	48	M	VetII M (46-55)	73	18	
90	26	ANA FILIPE	0:57:06.93	0:57:03.83	55	F	VetII F (46-55)	17	6	SESIMBRA MAR
91	175	SANDRA MATOS	0:57:14.77	0:57:10.90	41	F	VetI F (36-45)	18	8	ESTĂDIO JORGE GRAVE
92	79	ANABELA NEVES	0:57:31.48	0:57:30.54	43	F	VetI F (36-45)	19	9	GD ĂGUIAS MOITA
93	80	FILIPE NEVES	0:57:32.65	0:57:32.51	55	M	VetII M (46-55)	74	19	GD ĂGUIAS MOITA
94	191	JOSĂ FERNANDES	0:57:41.06	0:57:25.33	49	M	VetII M (46-55)	75	20	
95	122	TATIANA VERĂSSIMO	0:57:43.66	0:57:41.69	25	F	Seniores F (21-35)	20	4	CAVALOS DE CANHA
96	147	SĂNIA RIBEIRO	0:58:15.62	0:58:13.62	47	F	VetII F (46-55)	21	7	ESTUDIO JORGE GRAVE
97	70	NICOLE NUNES	0:58:41.19	0:58:39.46	18	F	Juniores F (18-20)	22	1	PEGADA RIBEIRINHA
98	68	HELDER NUNES	0:58:43.51	0:58:41.21	44	M	VetI M (36-45)	76	22	PEGADA RIBEIRINHA
99	115	MATEUS PEREIRA	0:58:50.19	0:58:33.07	28	M	Seniores M (21-35)	77	18	ABENĂOADOS
100	113	DIENYFER PRADO	0:58:50.72	0:58:33.73	23	F	Seniores F (21-35)	23	5	ABENĂOADOS
101	163	RODRIGO BARBOSA	0:59:19.58	0:59:11.28	18	M	Juniores M (18-20)	78	2	UNU BAIA TEAM
102	164	NUNO BARBOSA	0:59:21.14	0:59:06.36	49	M	VetII M (46-55)	79	21	UNU BAIA TEAM

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103	196	MARIA CORREIA	0:59:31.75	0:59:17.29	70	F	VetIV F (66-99)	24	1	GD O INDEPENDENTE
104	188	TERESA BRANCO	0:59:46.65	0:59:43.36	50	F	VetII F (46-55)	25	8	CLUBE PRAÇAS DA ARMADA
105	35	TERESA SANTOS	1:00:13.00	0:59:58.67	48	F	VetII F (46-55)	26	9	
106	103	ANDREIA BARBOSA	1:00:42.82	1:00:42.82	31	F	Seniores F (21-35)	27	6	CIMBALINOS
107	104	CLÁUDIO MIRA	1:00:42.93	1:00:42.93	30	M	Seniores M (21-35)	80	19	CIMBALINOS
108	153	JOÃO FERNANDES	1:02:01.22	1:01:42.87	22	M	Seniores M (21-35)	81	20	CLUBE TRIATLO PDTR
109	192	MARIA GONÇALV	1:02:46.08	1:02:31.40	48	F	VetII F (46-55)	28	10	
110	66	PATRÍCIA PINTO	1:03:13.81	1:03:11.71	46	F	VetII F (46-55)	29	11	CMMCPN
111	177	ANTONIO BOLRA	1:03:16.24	1:03:13.05	78	M	VetIV M (66-99)	82	5	CLUBE PRAÇAS DA ARMADA
112	49	PEDRO NUNES	1:04:28.45	1:04:12.83	47	M	VetII M (46-55)	83	22	PEGOES A MEXER
113	173	MAFALDA FORTUNA	1:04:53.74	1:04:50.16	40	F	VetI F (36-45)	30	10	
114	29	SUSANA MEIRELES	1:04:57.00	1:04:44.15	50	F	VetII F (46-55)	31	12	
115	176	POSSIDONIO CONSTANTINO	1:05:05.36	1:05:02.41	71	M	VetIV M (66-99)	84	6	CLUBE PRAÇAS DA ARMADA
116	85	LUIS ROSA	1:05:08.00	1:04:50.79	45	M	VetI M (36-45)	85	23	
117	74	FILIFE VIVAS	1:05:12.39	1:04:57.14	41	M	VetI M (36-45)	86	24	LAGAMEÇAS COM TRADIÇÃO
118	56	SUSANA FARINHAS	1:05:18.60	1:05:15.77	50	F	VetII F (46-55)	32	13	TÁLENTOS TEAM
119	57	PAULA CACHOLA	1:05:19.46	1:05:19.45	53	F	VetII F (46-55)	33	14	TÁLENTOS TEAM
120	55	JOÃO FARINHAS	1:05:21.95	1:05:19.17	50	M	VetII M (46-55)	87	23	TÁLENTOS TEAM
121	16	CARLOS MATOS	1:05:23.99	1:05:18.79	51	M	VetII M (46-55)	88	24	REUMATOS
122	52	INES FRESCO	1:06:35.09	1:06:19.04	43	F	VetI F (36-45)	34	11	PEGOES A MEXER
123	137	PAULO ALEGRIA	1:08:33.77	1:08:16.09	53	M	VetII M (46-55)	89	25	CLUBE TRIATLO PDTR
124	198	PAULA REIS	1:08:34.51	1:08:16.22	53	F	VetII F (46-55)	35	15	CLUBE TRIATLO PDTR
125	60	FLORBELA RAMALHO	1:09:20.59	1:09:15.95	53	F	VetII F (46-55)	36	16	
126	12	ELISABETE SILVA	1:10:37.68	1:10:29.37	53	F	VetII F (46-55)	37	17	AA LEBRES SADO
127	11	VITOR SILVA	1:10:40.74	1:10:33.77	58	M	VetIII M (56-65)	90	13	AA LEBRES SADO
128	50	CATARINA MARQUES	1:11:15.51	1:10:59.96	37	F	VetI F (36-45)	38	12	PEGOES A MEXER

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129	51	FLAVIO PEREIRA	1:11:16.62	1:11:00.40	45	M	VetI M (36-45)	91	25	PEGOES A MEXER
130	95	CARLOS FONSECA	1:11:37.28	1:11:29.11	58	M	VetIII M (56-65)	92	14	