



Posição Geral	Dorsal	Nome	Tempo Prova	Tempo Líquido	Idade	Género	Escalão	Posição Género	Posição Escalão	Equipa
1	542	ANDRÉ FILIPE COSTA	0:34:24.36	0:34:24.34	33	M	Jun Sen M (18-34)	1	1	CBRM
2	716	ANDRÉ ALVES	0:35:06.73	0:35:04.85	37	M	Vet I M (35-39)	2	1	OS BELENENSES
3	699	JOÃO MEGA FIGUEIREDO	0:37:42.92	0:37:39.73	31	M	Jun Sen M (18-34)	3	2	INGLESES FC
4	112	LUCAS SANTOS	0:38:03.86	0:37:59.70	39	M	Vet I M (35-39)	4	2	
5	719	TIAGO PINTO	0:38:13.52	0:38:11.77	30	M	Jun Sen M (18-34)	5	3	OS BELENENSES
6	473	JAMIE O SULLIVAN	0:39:02.00	0:38:56.31	35	M	Vet I M (35-39)	6	3	LXRC
7	839	JOSÉ GOMES	0:39:28.00	0:39:19.26	46	M	Vet III M (45-49)	7	1	AGUALVA RUNNERS
8	185	FREDERICO JORGE RODRIGUES	0:39:41.34	0:39:36.72	32	M	Jun Sen M (18-34)	8	4	
9	717	GUSTAVO SANTOS	0:40:01.90	0:39:58.53	51	M	Vet IV M (50-54)	9	1	OS BELENENSES
10	74	PAULO GOMES	0:40:14.43	0:40:07.98	43	M	Vet II M (40-44)	10	1	WALKANDRUN
11	686	EDUARDO LOURENÇO	0:40:21.64	0:40:21.64	55	M	Vet V M (55-59)	11	1	
12	457	LUIS CASTRO	0:40:36.00	0:40:31.47	25	M	Jun Sen M (18-34)	12	5	
13	293	PEDRO CARDOSO	0:40:52.87	0:40:49.08	42	M	Vet II M (40-44)	13	2	CCD CRÉDITO AGRÍCOLA
14	821	JORGE DEUS	0:40:56.60	0:40:50.62	49	M	Vet III M (45-49)	14	2	CCD TRANQUILIDADE
15	288	RUI HENRIQUES	0:41:02.65	0:41:01.21	44	M	Vet II M (40-44)	15	3	SERVIÇOS SOCIAIS MONTEPIO
16	48	PEDRO MANUEL PEREIRA	0:41:21.54	0:41:00.01	26	M	Jun Sen M (18-34)	16	6	
17	468	RICARDO MENDES ALMEIDA	0:41:53.99	0:41:09.33	43	M	Vet II M (40-44)	17	4	
18	466	JOÃO GODINHO	0:42:16.15	0:42:07.84	43	M	Vet II M (40-44)	18	5	TANAGRA
19	134	BRANT PAULSON	0:42:32.69	0:42:14.68	49	M	Vet III M (45-49)	19	3	
20	44	PEDRO VALENTE	0:42:42.56	0:42:42.55	45	M	Vet III M (45-49)	20	4	
21	599	LILIANA BALTAZAR	0:42:57.70	0:42:57.70	37	F	Vet I F (35-39)	1	1	ACNPN
22	146	FRANCISCO FONTES	0:43:03.11	0:42:56.80	40	M	Vet II M (40-44)	21	6	
23	692	MÁRCIO RODRIGUES	0:43:18.20	0:43:13.59	45	M	Vet III M (45-49)	22	5	ACDRS QUINHENDROS
24	838	ANTÓNIO LOURO	0:43:25.00	0:43:22.31	50	M	Vet IV M (50-54)	23	2	GD SANTANDER



25	55	FILIPE GOMES	0:43:34.04	0:43:28.78	39	M	Vet I M (35-39)	24	4	
26	442	FELIX BROCKMEIER	0:43:41.38	0:43:31.23	29	M	Jun Sen M (18-34)	25	7	
27	476	ROGERIO OLIVEIRA	0:43:46.56	0:43:38.30	44	M	Vet II M (40-44)	26	7	TANAGRA
28	555	BRUNO PIRES	0:44:02.00	0:43:14.98	42	M	Vet II M (40-44)	27	8	GDC BANCO PORTUGAL
29	772	VICTOR LOPES	0:44:07.34	0:43:30.62	44	M	Vet II M (40-44)	28	9	GDCTINCM
30	568	ANDRE FILIPE	0:44:12.49	0:44:08.43	34	M	Jun Sen M (18-34)	29	8	SS CGD
31	303	VITOR MARTINS	0:44:15.96	0:44:08.35	54	M	Vet IV M (50-54)	30	3	A TEAM AGEAS
32	832	RICARDO ALVES	0:44:17.03	0:44:10.67	39	M	Vet I M (35-39)	31	5	CCD TRANQUILIDADE
33	830	NUNO REIS	0:44:18.96	0:44:12.38	42	M	Vet II M (40-44)	32	10	CCD TRANQUILIDADE
34	545	LUÍS RIO	0:44:37.95	0:44:36.39	52	M	Vet IV M (50-54)	33	4	GDC BANCO PORTUGAL
35	330	JOÃO BRITO	0:44:40.40	0:44:37.66	41	M	Vet II M (40-44)	34	11	
36	322	JOAQUIM ALEXANDRE	0:44:41.11	0:44:16.82	57	M	Vet V M (55-59)	35	2	ALCOBELA
37	316	PEDRO MIGUEL FIGUEIREDO	0:44:43.28	0:44:35.39	48	M	Vet III M (45-49)	36	6	GDBPI
38	531	TIAGO DORES	0:44:47.99	0:44:32.45	45	M	Vet III M (45-49)	37	7	VANGUARD PROPERTIES
39	726	MAFALDA BARATA	0:44:59.90	0:44:56.64	34	F	Jun Sen F (18-34)	2	1	CLUBE OLIMPICO DE OEIRAS
40	561	MARCOS AURÉLIO MORAIS	0:45:00.99	0:43:56.23	23	M	Jun Sen M (18-34)	38	9	
41	450	BRUNO SOUSA	0:45:02.82	0:45:00.52	42	M	Vet II M (40-44)	39	12	AMINHACORRIDAPACER
42	614	RUI SARMENTO	0:45:16.87	0:45:09.33	46	M	Vet III M (45-49)	40	8	ACNPN
43	253	GONÇALO FERREIRA	0:45:17.52	0:45:14.67	36	M	Vet I M (35-39)	41	6	CCD CRÉDITO AGRÍCOLA
44	154	LUÍS FILIPE MADRUGA	0:45:17.60	0:44:07.28	37	M	Vet I M (35-39)	42	7	
45	299	MIGUEL TRUNINGER	0:45:23.96	0:45:14.47	48	M	Vet III M (45-49)	43	9	A TEAM AGEAS
46	59	RAFAEL PIÇARRA	0:45:25.31	0:45:21.46	31	M	Jun Sen M (18-34)	44	10	
47	265	EDUARDO SANTOS	0:45:25.47	0:45:09.19	44	M	Vet II M (40-44)	45	13	SPORTING CLUBE DE CASAINHOS
48	135	DAVID FEIJÃO	0:45:32.20	0:45:32.20	45	M	Vet III M (45-49)	46	10	FIDELIDADE GDC
49	836	VIRGILIO MADEIRA	0:45:40.94	0:45:34.88	64	M	Vet VI M (60-64)	47	1	CCD TRANQUILIDADE
50	465	TIAGO RODRIGUES	0:45:52.28	0:45:43.49	35	M	Vet I M (35-39)	48	8	TANAGRA



51	404	PEDRO NOBRE	0:45:53.78	0:44:58.07	47	M	Vet III M (45-49)	49	11	
52	273	JOÃO PASTOR	0:46:07.68	0:46:02.40	51	M	Vet IV M (50-54)	50	5	CCDTMETROLX
53	491	FILIPPE GONÇALVES	0:46:18.80	0:46:10.45	43	M	Vet II M (40-44)	51	14	TRILHOS DO COSTUME
54	763	SILVERIO LOPES CORREIA	0:46:21.45	0:46:21.45	57	M	Vet V M (55-59)	52	3	GD SANTANDER
55	142	ALEXANDRE SANTOS	0:46:21.46	0:46:12.76	58	M	Vet V M (55-59)	53	4	SS CGD
56	720	RICARDO SANTIAGO	0:46:40.07	0:46:32.85	45	M	Vet III M (45-49)	54	12	FUNNY TOURS LISBOA
57	160	ANABELA VINHA	0:46:44.38	0:46:42.31	42	F	Vet II F (40-44)	3	1	WALKANDRUN WERUN
58	478	IGOR GOUVEIA	0:47:01.86	0:46:53.25	22	M	Jun Sen M (18-34)	55	11	TANAGRA
59	392	RICARDO MIGUEL FÉLIX	0:47:08.87	0:46:56.89	43	M	Vet II M (40-44)	56	15	
60	684	JOSÉ SILVA	0:47:11.76	0:47:08.46	60	M	Vet VI M (60-64)	57	2	
61	333	HENRIQUE AMADOR	0:47:23.87	0:47:19.93	52	M	Vet IV M (50-54)	58	6	SS CGD
62	100	ANDRE FERREIRA	0:47:24.89	0:47:13.55	32	M	Jun Sen M (18-34)	59	12	OLLY
63	447	CARLA FERNANDES	0:47:32.79	0:47:29.04	45	F	Vet III F (45-49)	4	1	AMINHACORRIDARUNEXTREM
64	305	PAULO SANTOS	0:47:35.42	0:47:31.14	56	M	Vet V M (55-59)	60	5	ASSOC. CULTURAL SAMBRASENSE
65	537	BERNARDO FIRME	0:47:36.03	0:46:59.55	29	M	Jun Sen M (18-34)	61	13	
66	611	PAULO GONÇALVES	0:47:37.24	0:47:08.12	58	M	Vet V M (55-59)	62	6	ACNPN
67	551	ANTÓNIO SIMÕES	0:47:39.32	0:47:10.57	54	M	Vet IV M (50-54)	63	7	GDC BANCO PORTUGAL
68	694	RICARDO LOURENÇO	0:47:46.98	0:47:39.27	47	M	Vet III M (45-49)	64	13	
69	155	JOSÉ MARTINS	0:47:54.55	0:47:42.68	36	M	Vet I M (35-39)	65	9	TD TEAM
70	268	NUNO MADUREIRA	0:47:58.88	0:47:35.65	42	M	Vet II M (40-44)	66	16	
71	14	RUI MANUEL MENDES	0:48:02.72	0:47:58.47	52	M	Vet IV M (50-54)	67	8	CA VALE FIGUEIRA
72	502	ALLAN HOUSSOULLIEZ	0:48:08.20	0:47:47.78	31	M	Jun Sen M (18-34)	68	14	SAMBA CROISSANT
73	95	GABRIEL PINTO	0:48:10.00	0:47:02.89	22	M	Jun Sen M (18-34)	69	15	TRILHOS & BIGODES
74	35	CARLOS PEREIRA	0:48:12.00	0:47:24.32	37	M	Vet I M (35-39)	70	10	
75	311	MIGUEL AMARAL	0:48:15.15	0:48:02.47	46	M	Vet III M (45-49)	71	14	
76	622	DENIS GALANOV	0:48:18.00	0:48:12.62	35	M	Vet I M (35-39)	72	11	



77	575	BRUNO AFONSO	0:48:18.28	0:48:14.92	37	M	Vet I M (35-39)	73	12	ATLÉTICO CLUBE TOSTINHAS
78	826	MÁRIO CLÁUDIO	0:48:34.89	0:47:53.89	48	M	Vet III M (45-49)	74	15	CCD TRANQUILIDADE
79	534	BRUNO RAPOSO FERREIRA	0:48:35.09	0:48:32.58	48	M	Vet III M (45-49)	75	16	LEBRES VERMELHAS
80	301	STAN DERO	0:48:35.12	0:47:53.95	40	M	Vet II M (40-44)	76	17	A TEAM AGEAS
81	756	RICARDO MENINO	0:48:44.04	0:48:33.81	35	M	Vet I M (35-39)	77	13	GD SANTANDER
82	336	JOAQUIM FRADE	0:48:46.28	0:48:42.77	68	M	Vet VII M (65-69)	78	1	SS CGD
83	123	GUILHERME HORA	0:48:51.21	0:48:51.21	50	M	Vet IV M (50-54)	79	9	
84	412	SEBASTIAO CLARA	0:48:51.45	0:48:44.96	39	M	Vet I M (35-39)	80	14	
85	231	VIRGILIO COSTA	0:48:54.10	0:48:47.73	53	M	Vet IV M (50-54)	81	10	C MILLENNIUM BCP
86	97	ANDRE BARROS	0:48:55.16	0:48:11.53	44	M	Vet II M (40-44)	82	18	
87	612	RICARDO DE PINTO	0:48:55.59	0:48:55.59	43	M	Vet II M (40-44)	83	19	ACNPN
88	693	CARLA BERNARDINO	0:49:06.04	0:49:04.16	47	F	Vet III F (45-49)	5	2	EQUIPA CS
89	856	SIMAO HERDADE	0:49:08.01	0:48:06.08	39	M	Vet I M (35-39)	84	15	PRIMUS
90	713	JOÃO PEDRO JANEIRO	0:49:12.40	0:48:42.81	33	M	Jun Sen M (18-34)	85	16	
91	66	RUI MANUEL HENRIQUES	0:49:15.29	0:49:02.14	52	M	Vet IV M (50-54)	86	11	
92	208	DIOGO TEIXEIRA	0:49:15.65	0:49:12.41	21	M	Jun Sen M (18-34)	87	17	C MILLENNIUM BCP
93	172	CAIO FRANCISCO ABIBE	0:49:20.71	0:48:33.36	38	M	Vet I M (35-39)	88	16	
94	481	LUÍS PEDRO SANTOS	0:49:38.53	0:49:28.23	42	M	Vet II M (40-44)	89	20	AMINHACORRIDAPACER
95	630	JOSÉ MARCELINO	0:49:40.11	0:49:35.66	61	M	Vet VI M (60-64)	90	3	GD REBOLEIRA
96	102	JOÃO MENDONÇA	0:49:42.44	0:49:17.10	23	M	Jun Sen M (18-34)	91	18	JOCA
97	483	JOÃO RODRIGUES	0:49:44.70	0:49:01.71	52	M	Vet IV M (50-54)	92	12	
98	51	JOÃO CARVALHO	0:49:45.57	0:49:36.41	55	M	Vet V M (55-59)	93	7	
99	735	CARLOTA REBELO ANDRADE	0:49:45.70	0:49:27.47	34	F	Jun Sen F (18-34)	6	2	
100	665	RODRIGO MOITA DEUS	0:49:47.00	0:49:23.86	46	M	Vet III M (45-49)	94	17	
101	742	FILIPE ALEXANDRE MONTEIRO	0:49:47.95	0:49:10.74	38	M	Vet I M (35-39)	95	17	GD SANTANDER
102	169	RAFAELA GONÇALVES	0:49:49.25	0:49:43.62	30	F	Jun Sen F (18-34)	7	3	



103	61	RUI ALBERTO BERNARDO	0:49:49.98	0:49:49.98	41	M	Vet II M (40-44)	96	21	
104	418	JOAO MARTINS ALVES	0:49:50.37	0:49:05.57	35	M	Vet I M (35-39)	97	18	
105	340	NOÉMIA SEQUEIRA	0:49:58.75	0:49:55.30	55	F	Vet V F (55-59)	8	1	SS CGD
106	733	DIOGO BERNARDES	0:50:00.07	0:49:53.32	34	M	Jun Sen M (18-34)	98	19	
107	75	ANA BERNARDO	0:50:02.54	0:49:47.89	41	F	Vet II F (40-44)	9	2	
108	287	RICARDO SOUSA	0:50:04.99	0:49:32.61	44	M	Vet II M (40-44)	99	22	SERVIÇOS SOCIAIS MONTEPIO
109	737	ANASTACIO VALADAS	0:50:06.51	0:50:03.30	70	M	Vet VIII M (70-99)	100	1	GD SANTANDER
110	768	DEIVID ANDERSON BORBA	0:50:10.15	0:49:43.57	37	M	Vet I M (35-39)	101	19	
111	511	MIKEL GOIG	0:50:11.69	0:49:56.18	30	M	Jun Sen M (18-34)	102	20	
112	320	FILIPE BRANCO	0:50:14.08	0:49:49.79	54	M	Vet IV M (50-54)	103	13	ALCOBELA
113	439	PAULO GARCIA	0:50:20.43	0:49:46.76	53	M	Vet IV M (50-54)	104	14	GARCIA RUNNERS
114	798	BRUNO MIGUEL TABUADA	0:50:21.54	0:50:17.59	31	M	Jun Sen M (18-34)	105	21	
115	800	ASTRID DÉCARSIN	0:50:23.00	0:50:10.92	27	F	Jun Sen F (18-34)	10	4	
116	170	PIERRE LE BACCON	0:50:30.58	0:50:20.43	39	M	Vet I M (35-39)	106	20	
117	657	NUNO CAEIRO	0:50:39.57	0:49:54.74	36	M	Vet I M (35-39)	107	21	CAEIROS
118	539	FILIPE MARQUES	0:50:41.66	0:50:41.66	31	M	Jun Sen M (18-34)	108	22	PULL UP
119	829	NELSON MOTA	0:50:43.99	0:50:03.08	53	M	Vet IV M (50-54)	109	15	CCD TRANQUILIDADE
120	300	RUI GARCIA	0:50:44.74	0:50:17.31	44	M	Vet II M (40-44)	110	23	A TEAM AGEAS
121	237	GONÇALO ALEGRIA	0:50:45.06	0:50:40.12	23	M	Jun Sen M (18-34)	111	23	
122	553	NELSON MADEIRA	0:50:46.93	0:50:27.22	36	M	Vet I M (35-39)	112	22	GDC BANCO PORTUGAL
123	558	JOÃO RODRIGUES	0:50:49.40	0:49:54.50	44	M	Vet II M (40-44)	113	24	GDC BANCO PORTUGAL
124	73	INÊS PEIXOTO	0:50:52.01	0:50:43.50	44	F	Vet II F (40-44)	11	3	WALKANDRUN
125	778	SÉRGIO BARROS	0:50:55.81	0:50:46.71	50	M	Vet IV M (50-54)	114	16	CLUBE NAUS OCR
126	724	BRUNO FERNANDES SERRA	0:51:03.23	0:50:30.98	39	M	Vet I M (35-39)	115	23	
127	660	JOSE DA CONCHA	0:51:05.01	0:51:01.78	60	M	Vet VI M (60-64)	116	4	
128	761	SÉRGIO SANTOS SALES	0:51:12.38	0:50:49.54	43	M	Vet II M (40-44)	117	25	GD SANTANDER



129	26	PEDRO LOURENÇO	0:51:13.42	0:51:02.74	47	M	Vet III M (45-49)	118	18	
130	62	ANTÓNIO SANTOS COSTA	0:51:18.53	0:50:44.58	56	M	Vet V M (55-59)	119	8	ACNPN
131	115	ANA PRIETO	0:51:24.05	0:51:02.60	38	F	Vet I F (35-39)	12	2	
132	192	TIAGO FLORES FIALHO	0:51:34.90	0:50:56.20	20	M	Jun Sen M (18-34)	120	24	
133	313	JOAQUIM SAFARA	0:51:39.17	0:51:39.16	62	M	Vet VI M (60-64)	121	5	CORRER LISBOA
134	168	SÉRGIO PATRÍCIO	0:51:42.65	0:51:32.41	44	M	Vet II M (40-44)	122	26	CSAC 2660
135	633	ANTÓNIO LOPES	0:51:44.67	0:51:31.07	57	M	Vet V M (55-59)	123	9	GRUPETA RUNNING TEAM
136	685	FRANCISCA SILVA	0:51:45.36	0:51:31.76	40	F	Vet II F (40-44)	13	4	GRUPETA RUNNING TEAM
137	688	LUIS CAPELO	0:51:46.57	0:51:40.67	57	M	Vet V M (55-59)	124	10	
138	577	JOÃO GUIMARÃES PAIVA	0:51:47.66	0:51:45.35	30	M	Jun Sen M (18-34)	125	25	ATLÉTICO CLUBE TOSTINHAS
139	206	CARLOS NUNES	0:51:48.93	0:51:42.86	56	M	Vet V M (55-59)	126	11	C MILLENNIUM BCP
140	77	RODOLFO SANTOS	0:51:52.84	0:51:08.09	40	M	Vet II M (40-44)	127	27	
141	514	SÉRGIO PAZ	0:51:56.87	0:51:56.87	52	M	Vet IV M (50-54)	128	17	
142	681	HUGO LUCIO	0:51:59.57	0:51:36.53	32	M	Jun Sen M (18-34)	129	26	
143	269	DANIEL ANGELO SANTOS	0:52:01.51	0:51:47.92	49	M	Vet III M (45-49)	130	19	
144	543	PEDRO LASCASAS	0:52:02.55	0:51:10.90	40	M	Vet II M (40-44)	131	28	GDC BANCO PORTUGAL
145	703	IVO FAUSTO DELGADO	0:52:05.80	0:51:59.27	40	M	Vet II M (40-44)	132	29	
146	85	RAQUEL PARDELHAS	0:52:07.15	0:51:55.78	33	F	Jun Sen F (18-34)	14	5	
147	276	RUI MANUEL PASTOR	0:52:09.00	0:52:09.00	51	M	Vet IV M (50-54)	133	18	CCDTMETROLX
148	787	ANTONIO ALMEIDA	0:52:10.41	0:52:03.60	60	M	Vet VI M (60-64)	134	6	NUCLEO DESPORTIVO AUTOCOOPE
149	804	JOÃO HEITOR	0:52:12.87	0:52:12.56	73	M	Vet VIII M (70-99)	135	2	ÁGUIAS PAÇO DARCOS
150	249	ALEXANDRE DÂMASO	0:52:20.53	0:52:00.21	55	M	Vet V M (55-59)	136	12	CCD CRÉDITO AGRÍCOLA
151	572	HUGO SILVA	0:52:25.46	0:52:09.21	36	M	Vet I M (35-39)	137	24	
152	811	ARMANDO PARREIRA	0:52:27.64	0:51:45.73	55	M	Vet V M (55-59)	138	13	CCD TRANQUILIDADE
153	487	DIOGO FERREIRA	0:52:29.23	0:51:15.72	27	M	Jun Sen M (18-34)	139	27	LIMITED EDITION TEAM
154	67	PEDRO DIAS	0:52:31.47	0:52:28.06	40	M	Vet II M (40-44)	140	30	



155	744	JOSE CARLOS PEREIRA	0:52:32.39	0:52:11.12	54	M	Vet IV M (50-54)	141	19	GD SANTANDER
156	114	FERNANDO COSTA	0:52:32.94	0:52:32.94	54	M	Vet IV M (50-54)	142	20	
157	489	FREDERICO RODRIGUES	0:52:33.14	0:51:17.79	44	M	Vet II M (40-44)	143	31	LIMITED EDITION TEAM
158	586	ANABELA ASSUNÇÃO	0:52:35.58	0:52:12.77	52	F	Vet IV F (50-54)	15	1	ACNPN
159	683	CELINA VEIGA	0:52:38.48	0:52:37.47	48	F	Vet III F (45-49)	16	3	
160	557	JOAQUIM FERRÃO	0:52:39.81	0:52:16.72	63	M	Vet VI M (60-64)	144	7	GDC BANCO PORTUGAL
161	636	NUNO MOITA	0:52:40.44	0:51:49.74	40	M	Vet II M (40-44)	145	32	AFAVORDOVENTO
162	701	MELISSA PFAFF	0:52:41.99	0:51:35.83	37	F	Vet I F (35-39)	17	3	MELISSA
163	259	RUI MELO	0:52:47.63	0:52:37.16	52	M	Vet IV M (50-54)	146	21	CCD CRÉDITO AGRÍCOLA
164	173	MIGUEL GOMES DIOGO	0:52:52.70	0:51:45.55	28	M	Jun Sen M (18-34)	147	28	
165	250	BRUNO ALEXANDRE AZEVEDO	0:52:55.17	0:52:29.58	27	M	Jun Sen M (18-34)	148	29	CCD CRÉDITO AGRÍCOLA
166	47	MARIA EDUARDA VIDIGUEIRA	0:53:05.03	0:52:42.57	27	F	Jun Sen F (18-34)	18	6	
167	19	CARLOS SILVA	0:53:06.32	0:51:51.08	42	M	Vet II M (40-44)	149	33	TEAM DO BAIRRO
168	252	SOFIA GABRIEL	0:53:09.63	0:53:03.18	31	F	Jun Sen F (18-34)	19	7	CCD CRÉDITO AGRÍCOLA
169	151	BERNARDO ANTUNES BENTO	0:53:12.82	0:52:28.87	23	M	Jun Sen M (18-34)	150	30	
170	664	MARCOS PEREIRA SANTOS	0:53:14.06	0:53:14.06	29	M	Jun Sen M (18-34)	151	31	
171	666	PEDRO MIGUEL SILVA	0:53:14.81	0:52:25.35	27	M	Jun Sen M (18-34)	152	32	
172	118	DAVID FLORÊNCIO	0:53:14.94	0:52:51.94	45	M	Vet III M (45-49)	153	20	
173	150	RUI EDUARDO FORTES	0:53:15.52	0:52:32.36	24	M	Jun Sen M (18-34)	154	33	
174	459	MARISA FERREIRA HIPÓLITO	0:53:19.30	0:53:14.68	30	F	Jun Sen F (18-34)	20	8	
175	284	JORGE SOUSA	0:53:22.02	0:52:43.60	50	M	Vet IV M (50-54)	155	22	SERVIÇOS SOCIAIS MONTEPIO
176	81	RICARDO JORGE OLIVEIRA	0:53:22.57	0:53:15.62	27	M	Jun Sen M (18-34)	156	34	
177	203	CARLO PINHO	0:53:23.03	0:53:03.00	50	M	Vet IV M (50-54)	157	23	C MILLENNIUM BCP
178	117	SÓNIA OLIVEIRA	0:53:24.45	0:53:01.80	38	F	Vet I F (35-39)	21	4	
179	385	FRANCISCO PASSOS	0:53:24.83	0:52:30.89	62	M	Vet VI M (60-64)	158	8	
180	792	GONÇALO SOARES PEIXOTO	0:53:30.10	0:53:15.43	30	M	Jun Sen M (18-34)	159	35	



181	454	PEDRO JORGE	0:53:30.24	0:53:30.24	40	M	Vet II M (40-44)	160	34	
182	108	ANDRE ABRANTES	0:53:31.50	0:52:56.19	37	M	Vet I M (35-39)	161	25	
183	28	RUI MANUEL FILIPE	0:53:31.75	0:52:55.20	32	M	Jun Sen M (18-34)	162	36	
184	42	JOSÉ JOÃO SANTA	0:53:31.80	0:52:43.58	39	M	Vet I M (35-39)	163	26	
185	549	TIAGO DIOGO	0:53:34.59	0:52:40.92	46	M	Vet III M (45-49)	164	21	GDC BANCO PORTUGAL
186	396	NUNO DANIEL PROENÇA	0:53:36.91	0:53:01.99	41	M	Vet II M (40-44)	165	35	CLUBE NAUS OCR
187	536	LEONOR SILVA	0:53:37.54	0:53:25.58	47	F	Vet III F (45-49)	22	4	CLUBE NAUS OCR
188	13	JOSÉ SOARES CANTINHA	0:53:40.45	0:52:45.81	30	M	Jun Sen M (18-34)	166	37	
189	587	ARMANDO CID	0:53:41.39	0:53:09.76	63	M	Vet VI M (60-64)	167	9	ACNPN
190	854	ANTÓNIO NOGUEIRA	0:53:42.80	0:53:02.06	51	M	Vet IV M (50-54)	168	24	
191	209	FERNANDO RODRIGUES	0:53:44.24	0:53:03.97	59	M	Vet V M (55-59)	169	14	C MILLENNIUM BCP
192	773	LINA LOPES	0:53:55.81	0:53:17.66	42	F	Vet II F (40-44)	23	5	GDCTINCM
193	310	JOSÉ BRAGANÇA	0:53:58.79	0:53:50.82	45	M	Vet III M (45-49)	170	22	FAST AND FURIOUS
194	282	FILIPE GINJA DUARTE	0:53:59.48	0:53:20.85	38	M	Vet I M (35-39)	171	27	SERVIÇOS SOCIAIS MONTEPIO
195	654	FRANCISCO MAHÚ	0:54:01.11	0:53:50.19	25	M	Jun Sen M (18-34)	172	38	
196	581	JOÃO ESTEVÃO	0:54:05.19	0:53:21.82	43	M	Vet II M (40-44)	173	36	
197	120	RUI MOURÃO	0:54:05.49	0:53:46.33	50	M	Vet IV M (50-54)	174	25	
198	566	NUNO RICARDO GOMES	0:54:06.53	0:53:42.29	47	M	Vet III M (45-49)	175	23	
199	547	HUGO NOGUEIRA	0:54:07.35	0:53:15.46	47	M	Vet III M (45-49)	176	24	GDC BANCO PORTUGAL
200	436	PAULO LUÍS	0:54:11.20	0:54:11.20	23	M	Jun Sen M (18-34)	177	39	OLHA OLHA
201	610	PAULO CLARO	0:54:11.63	0:53:29.76	50	M	Vet IV M (50-54)	178	26	ACNPN
202	649	IONUT DIACU	0:54:12.17	0:53:22.13	37	M	Vet I M (35-39)	179	28	
203	574	JOSÉ GUERREIRO	0:54:19.22	0:53:45.32	66	M	Vet VII M (65-69)	180	2	
204	780	JOSÉ COSTA ALVES	0:54:21.68	0:53:54.93	54	M	Vet IV M (50-54)	181	27	
205	116	CARLOS ANTUNES	0:54:24.98	0:54:13.11	39	M	Vet I M (35-39)	182	29	TD TEAM
206	645	KEVIN MCGUINNESS	0:54:25.61	0:53:49.40	48	M	Vet III M (45-49)	183	25	





207	111	MANUEL JOSÉ HENRIQUES	0:54:34.10	0:54:21.20	36	M	Vet I M (35-39)	184	30	
208	323	JOSE FERREIRA	0:54:34.63	0:54:09.43	53	M	Vet IV M (50-54)	185	28	ALCOBELA
209	148	VALTER RAMOS	0:54:35.38	0:54:14.25	36	M	Vet I M (35-39)	186	31	
210	708	BRUNO COURINHA	0:54:41.35	0:54:31.76	47	M	Vet III M (45-49)	187	26	
211	501	ALICE GUERRA NEVES	0:54:41.85	0:54:07.65	25	F	Jun Sen F (18-34)	24	9	
212	619	TIAGO DIAS OLIVEIRA	0:54:41.88	0:53:54.20	36	M	Vet I M (35-39)	188	32	CLUBE EDP - LISBOA
213	321	LUIS FERREIRA	0:54:43.19	0:54:18.54	57	M	Vet V M (55-59)	189	15	ALCOBELA
214	682	ERCÍLIO VAZ	0:54:43.28	0:54:29.97	53	M	Vet IV M (50-54)	190	29	
215	770	ANTÓNIO C. CAEIRO	0:54:45.00	0:54:45.00	57	M	Vet V M (55-59)	191	16	
216	27	PEDRO ROMAO	0:54:45.55	0:54:33.25	34	M	Jun Sen M (18-34)	192	40	
217	445	ANTONIO RAMOS	0:54:46.26	0:54:31.64	52	M	Vet IV M (50-54)	193	30	AMINHACORRIDA
218	267	FERNANDO MATIAS	0:54:46.54	0:54:46.54	67	M	Vet VII M (65-69)	194	3	
219	141	MARCELO FONSECA	0:54:47.46	0:54:23.25	43	M	Vet II M (40-44)	195	37	BELEDGENDARY
220	670	LUÍS HORTÊNCIO	0:54:49.58	0:53:39.77	49	M	Vet III M (45-49)	196	27	
221	254	JOÃO HENRIQUES	0:54:52.49	0:54:41.89	61	M	Vet VI M (60-64)	197	10	CCD CRÉDITO AGRÍCOLA
222	98	JOSÉ FIDALGO	0:54:55.00	0:54:43.14	57	M	Vet V M (55-59)	198	17	AGUALVA-RUNERS
223	201	ARTUR BOTÃO	0:54:55.50	0:54:14.85	54	M	Vet IV M (50-54)	199	31	C MILLENNIUM BCP
224	391	NUNO BERTON	0:54:56.50	0:54:24.71	52	M	Vet IV M (50-54)	200	32	
225	771	DUARTE LOMBA	0:54:56.60	0:54:40.34	49	M	Vet III M (45-49)	201	28	GDCTINCM
226	331	TADEU PEREIRA	0:54:56.70	0:54:56.70	46	M	Vet III M (45-49)	202	29	
227	840	GONÇALO SABOGA	0:55:01.56	0:54:09.11	23	M	Jun Sen M (18-34)	203	41	
228	451	PEDRO DUARTE	0:55:01.62	0:54:43.43	50	M	Vet IV M (50-54)	204	33	
229	244	JOÃO PAULO PALMA	0:55:02.50	0:54:47.18	23	M	Jun Sen M (18-34)	205	42	KEEP RUNNING
230	215	JORGE SOARES	0:55:03.67	0:54:42.27	58	M	Vet V M (55-59)	206	18	C MILLENNIUM BCP
231	317	PEDRO DE MARTINHO	0:55:04.49	0:55:04.49	46	M	Vet III M (45-49)	207	30	
232	101	CATARINA SILVA MADUREIRA	0:55:09.37	0:54:43.90	22	F	Jun Sen F (18-34)	25	10	JOCA



233	189	CATARINA TELES LEMOS	0:55:09.96	0:55:09.96	30	F	Jun Sen F (18-34)	26	11	2800MOVE
234	200	ARLINDO DEUS	0:55:13.14	0:55:05.70	74	M	Vet VIII M (70-99)	208	3	C MILLENNIUM BCP
235	379	NUNO ALMEIDA	0:55:15.22	0:54:47.94	39	M	Vet I M (35-39)	209	33	
236	129	FERNANDO MÁRIO MARQUES	0:55:17.65	0:55:04.22	29	M	Jun Sen M (18-34)	210	43	
237	424	MADALENA PEREIRA	0:55:19.01	0:54:50.38	25	F	Jun Sen F (18-34)	27	12	
238	446	TIAGO FERREIRA	0:55:21.55	0:55:06.98	45	M	Vet III M (45-49)	211	31	
239	217	JOSE MARQUES	0:55:22.50	0:55:00.49	53	M	Vet IV M (50-54)	212	34	C MILLENNIUM BCP
240	344	CARLOS FONSECA	0:55:30.20	0:54:54.26	37	M	Vet I M (35-39)	213	34	
241	315	DANIEL PINHEIRO	0:55:32.71	0:55:10.79	30	M	Jun Sen M (18-34)	214	44	
242	791	MIGUEL COELHO	0:55:34.00	0:55:34.00	25	M	Jun Sen M (18-34)	215	45	
243	648	MICHAEL COOKE	0:55:36.06	0:55:00.58	48	M	Vet III M (45-49)	216	32	
244	332	BRUNO DIAS	0:55:37.57	0:55:02.17	47	M	Vet III M (45-49)	217	33	SS CGD
245	17	NUNO DAMIÃES	0:55:38.72	0:54:22.74	42	M	Vet II M (40-44)	218	38	TEAM DO BAIRRO
246	103	ANTÓNIO VAZ	0:55:51.82	0:55:17.24	47	M	Vet III M (45-49)	219	34	
247	286	PAULO RODRIGUES	0:55:52.25	0:55:27.71	48	M	Vet III M (45-49)	220	35	SERVIÇOS SOCIAIS MONTEPIO
248	656	ANTÓNIO NEVES	0:55:56.38	0:55:26.41	39	M	Vet I M (35-39)	221	35	EPIC TEAM
249	34	HELDER DE PAULO	0:55:59.36	0:55:59.36	66	M	Vet VII M (65-69)	222	4	SPORTING DOM FERNANDO
250	503	GAËLLE DUBERN	0:56:00.14	0:55:40.85	31	F	Jun Sen F (18-34)	28	13	SAMBA CROISSANT
251	374	SÓNIA BARROS	0:56:00.56	0:55:44.54	48	F	Vet III F (45-49)	29	5	RUNNERS BY MEDICARE
252	504	ERICK LOPES	0:56:02.30	0:55:42.51	29	M	Jun Sen M (18-34)	223	46	SAMBA CROISSANT
253	579	PEDRO PARREIRA	0:56:03.11	0:55:58.02	31	M	Jun Sen M (18-34)	224	47	ATLÉTICO CLUBE TOSTINHAS
254	448	MANUEL FERNANDES	0:56:07.29	0:56:02.72	55	M	Vet V M (55-59)	225	19	AMINHACORRIDARUNEXTREM
255	548	KARIM BANGY	0:56:08.11	0:55:17.14	44	M	Vet II M (40-44)	226	39	GDC BANCO PORTUGAL
256	239	TIAGO ALVES	0:56:11.72	0:56:00.66	45	M	Vet III M (45-49)	227	36	SANGRIA RUNNERS
257	94	LUIS PINTO	0:56:12.53	0:55:05.28	44	M	Vet II M (40-44)	228	40	TRILHOS & BIGODES
258	565	SUSANA MENDES	0:56:13.59	0:56:04.38	44	F	Vet II F (40-44)	30	6	AGUALVA RUNNERS



259	351	BIBIANA ELENA FARIAS	0:56:15.15	0:55:34.92	42	F	Vet II F (40-44)	31	7	MEGAFIT
260	353	CHIARA BEDINI	0:56:15.19	0:55:32.23	50	F	Vet IV F (50-54)	32	2	MEGAFIT
261	236	ANTÓNIO SABUGUEIRO	0:56:15.20	0:56:08.26	26	M	Jun Sen M (18-34)	229	48	
262	240	CLÁUDIA MOREIRA	0:56:15.68	0:56:03.82	42	F	Vet II F (40-44)	33	8	SANGRIA RUNNERS
263	623	NUNO OLIVEIRA	0:56:16.73	0:55:55.90	46	M	Vet III M (45-49)	230	37	
264	216	JORGE SALVADO	0:56:22.13	0:56:01.16	61	M	Vet VI M (60-64)	231	11	C MILLENNIUM BCP
265	494	XAVIER TAYLOR	0:56:24.02	0:56:08.16	33	M	Jun Sen M (18-34)	232	49	
266	124	ROCHA CORDEIRO	0:56:24.37	0:56:24.37	41	M	Vet II M (40-44)	233	41	INXTREMIS
267	560	GONÇALO DUARTE	0:56:33.10	0:55:54.91	36	M	Vet I M (35-39)	234	36	GDC BANCO PORTUGAL
268	621	FERNANDO SEQUEIRA	0:56:34.61	0:55:44.57	49	M	Vet III M (45-49)	235	38	
269	369	JEAN PASSOS	0:56:35.89	0:56:20.51	41	M	Vet II M (40-44)	236	42	RUNNERS BY MEDICARE
270	89	MARCO LOPES	0:56:38.41	0:55:49.80	46	M	Vet III M (45-49)	237	39	CCD SIEMENS
271	377	IXCHEL CRUZ	0:56:42.24	0:55:58.44	28	F	Jun Sen F (18-34)	34	14	
272	261	PAULO ALEXANDRE SILVA	0:56:43.34	0:56:17.65	39	M	Vet I M (35-39)	238	37	
273	535	ANTONIO MANUEL TORRES	0:56:45.20	0:56:01.53	65	M	Vet VII M (65-69)	239	5	
274	181	FREDERICO MONTEIRO	0:56:46.80	0:56:25.84	33	M	Jun Sen M (18-34)	240	50	
275	50	LUIS LEMOS	0:56:52.87	0:56:40.78	53	M	Vet IV M (50-54)	241	35	
276	698	PEDRO APARÍCIO	0:56:58.52	0:56:33.55	42	M	Vet II M (40-44)	242	43	FISIOCHEPSI
277	576	JOÃO FILIPE CACHINHO	0:56:59.10	0:56:53.81	29	M	Jun Sen M (18-34)	243	51	ATLÉTICO CLUBE TOSTINHAS
278	29	JOÃO MANUEL ANJOS	0:57:02.21	0:56:27.00	53	M	Vet IV M (50-54)	244	36	
279	354	MARILENA DE ANDRADE	0:57:02.71	0:56:22.26	30	F	Jun Sen F (18-34)	35	15	MEGAFIT
280	816	ELIZETE DUARTE	0:57:05.81	0:56:44.58	50	F	Vet IV F (50-54)	36	3	CCD TRANQUILIDADE
281	153	ANDRÉ FILIPE MARTINS	0:57:06.07	0:55:55.30	36	M	Vet I M (35-39)	245	38	
282	834	SERGIO SALTAO	0:57:08.70	0:56:47.25	44	M	Vet II M (40-44)	246	44	CCD TRANQUILIDADE
283	376	FRANCISCO MANUEL PINTO	0:57:11.32	0:57:06.41	64	M	Vet VI M (60-64)	247	12	
284	827	MARTA GOULÃO DE SOUSA	0:57:21.82	0:56:50.53	55	F	Vet V F (55-59)	37	2	CCD TRANQUILIDADE



285	306	LEANDRO NEVES	0:57:26.63	0:56:44.57	48	M	Vet III M (45-49)	248	40	ML SPORTS
286	285	LUÍS GRENCHO	0:57:27.12	0:57:27.12	51	M	Vet IV M (50-54)	249	37	SERVIÇOS SOCIAIS MONTEPIO
287	602	MARCO SANTOS	0:57:27.52	0:56:57.99	45	M	Vet III M (45-49)	250	41	ACNPN
288	596	JOAQUIM GALVÃO	0:57:31.12	0:56:54.78	69	M	Vet VII M (65-69)	251	6	ACNPN
289	37	ANTÓNIO SANTOS	0:57:31.50	0:57:25.99	53	M	Vet IV M (50-54)	252	38	
290	428	JOAQUIM RODRIGUES INÁCIO	0:57:33.00	0:56:35.36	24	M	Jun Sen M (18-34)	253	52	ADN PONTA DO SOL
291	149	PEDRO TOMÁS	0:57:38.05	0:57:21.36	34	M	Jun Sen M (18-34)	254	53	
292	592	ANA CRISTINA INÁCIO	0:57:40.26	0:56:41.83	54	F	Vet IV F (50-54)	38	4	ACNPN
293	110	MANUEL COITO	0:57:42.32	0:57:31.64	44	M	Vet II M (40-44)	255	45	
294	540	PAULA CALIMAN	0:57:42.82	0:57:29.21	26	F	Jun Sen F (18-34)	39	16	PULL UP
295	329	FILIPE ANTÓNIO OLIVEIRA	0:57:44.92	0:57:26.78	45	M	Vet III M (45-49)	256	42	
296	119	FRANCISCO FERREIRA	0:57:46.53	0:57:25.26	49	M	Vet III M (45-49)	257	43	
297	188	FILIPE ARAÚJO	0:57:50.01	0:57:30.86	32	M	Jun Sen M (18-34)	258	54	2800MOVE
298	264	EDMUNDO COSTA	0:57:53.78	0:57:05.29	64	M	Vet VI M (60-64)	259	13	CCD SIEMENS
299	256	MIGUEL VINAGRE	0:57:59.31	0:57:06.39	48	M	Vet III M (45-49)	260	44	CCD CRÉDITO AGRÍCOLA
300	186	DIOGO SARAIVA	0:58:05.38	0:57:20.14	35	M	Vet I M (35-39)	261	39	
301	88	CARLOS CAGICA	0:58:07.55	0:57:17.80	58	M	Vet V M (55-59)	262	20	CCD SIEMENS
302	334	FERNANDO LIMA	0:58:11.51	0:57:51.82	54	M	Vet IV M (50-54)	263	39	SS CGD
303	677	JOSÉ EDUARDO RODRIGUES	0:58:22.33	0:58:14.42	59	M	Vet V M (55-59)	264	21	
304	144	HELDER TIAGO FIGUEIREDO	0:58:23.37	0:58:17.60	38	M	Vet I M (35-39)	265	40	
305	675	GUILHERME BRITO SILVA	0:58:32.95	0:57:46.11	32	M	Jun Sen M (18-34)	266	55	
306	853	MANUEL COSTA	0:58:42.59	0:57:40.23	19	M	Jun Sen M (18-34)	267	56	
307	58	NUNO MIGUEL SANTOS	0:58:42.95	0:57:41.88	38	M	Vet I M (35-39)	268	41	
308	810	ANTÓNIO SENA	0:58:46.46	0:58:07.69	52	M	Vet IV M (50-54)	269	40	CCD TRANQUILIDADE
309	16	MIGUEL RAMALHO	0:58:52.74	0:58:50.18	42	M	Vet II M (40-44)	270	46	
310	302	TITO TEIXEIRA	0:58:53.39	0:58:29.81	46	M	Vet III M (45-49)	271	45	A TEAM AGEAS



311	258	PEDRO VICENTE	0:58:53.60	0:58:53.60	46	M	Vet III M (45-49)	272	46	CCD CRÉDITO AGRÍCOLA
312	455	JOÃO CAMPOS	0:58:54.41	0:58:18.09	51	M	Vet IV M (50-54)	273	41	AMINHACORRIDARUNEXTREM
313	495	RICARDO GUERREIRO	0:58:56.35	0:58:20.82	45	M	Vet III M (45-49)	274	47	
314	779	DAVID GONÇALVES	0:58:58.13	0:58:31.38	26	M	Jun Sen M (18-34)	275	57	
315	690	ANTÓNIO FERNANDO ALMEIDA	0:58:58.52	0:58:44.78	61	M	Vet VI M (60-64)	276	14	VIA3RUNNERS
316	740	CARLOS MORAIS	0:59:03.51	0:58:17.21	58	M	Vet V M (55-59)	277	22	GD SANTANDER
317	165	PEDRO LOPES	0:59:07.59	0:59:07.59	48	M	Vet III M (45-49)	278	48	
318	673	FILIPE FRADE	0:59:11.20	0:59:03.92	39	M	Vet I M (35-39)	279	42	
319	532	CÁTIA RODRIGUES	0:59:18.60	0:59:05.96	42	F	Vet II F (40-44)	40	9	VANGUARD PROPERTIES
320	232	SÓNIA BRANDÃO	0:59:18.92	0:58:45.89	52	F	Vet IV F (50-54)	41	5	
321	388	VITOR MORAIS	0:59:19.47	0:59:08.87	65	M	Vet VII M (65-69)	280	7	
322	702	RICARDO CONCEIÇÃO	0:59:20.91	0:59:16.68	38	M	Vet I M (35-39)	281	43	ASSOC CULTURAL SAMBRASENSE
323	490	MARGARIDA CORREIA	0:59:21.34	0:58:07.76	36	F	Vet I F (35-39)	42	5	
324	184	CARLOS SILVA	0:59:24.30	0:59:01.71	54	M	Vet IV M (50-54)	282	42	
325	606	OCTÁVIO DUARTE AMARO	0:59:31.34	0:59:31.34	43	M	Vet II M (40-44)	283	47	ACNPN
326	556	NUNO DIAS	0:59:32.14	0:58:56.47	39	M	Vet I M (35-39)	284	44	
327	552	CATARINA MARQUES	0:59:32.21	0:58:40.28	30	F	Jun Sen F (18-34)	43	17	GDC BANCO PORTUGAL
328	819	JOAO LUÍS MARQUES	0:59:36.10	0:58:55.80	49	M	Vet III M (45-49)	285	49	CCD TRANQUILIDADE
329	178	MAFALDA COUTO	0:59:37.09	0:59:23.00	25	F	Jun Sen F (18-34)	44	18	GRUPETA RUNNING TEAM
330	403	CARLOS ALCARIO	0:59:37.75	0:59:09.10	40	M	Vet II M (40-44)	286	48	
331	841	MARIANA OLIVEIRA	0:59:38.19	0:58:47.09	37	F	Vet I F (35-39)	45	6	
332	631	DANIEL PEREIRA	0:59:39.42	0:58:54.72	34	M	Jun Sen M (18-34)	287	58	PRACETA 21
333	86	NUNO MENDES	0:59:39.68	0:58:55.69	31	M	Jun Sen M (18-34)	288	59	
334	312	NUNO ROCHA PORFÍRIO	0:59:40.75	0:59:11.60	45	M	Vet III M (45-49)	289	50	
335	775	FÁBIO SEITA	0:59:42.40	0:59:15.37	23	M	Jun Sen M (18-34)	290	60	
336	492	CARLOS BORGES SILVA	0:59:42.56	0:59:31.23	39	M	Vet I M (35-39)	291	45	



337	627	LEONEI SILVESTRE	0:59:43.04	0:59:24.11	66	M	Vet VII M (65-69)	292	8	
338	484	MAGDA FILIPA SANTOS	0:59:46.75	0:58:29.87	45	F	Vet III F (45-49)	46	6	LIMITED EDITION TEAM
339	861	VANESSA FERREIRA	0:59:50.07	0:59:21.57	33	F	Jun Sen F (18-34)	47	19	
340	156	RAQUEL CAROLA	0:59:52.11	0:58:58.60	48	F	Vet III F (45-49)	48	7	
341	157	JOÃO LOPES	0:59:52.29	0:58:56.57	47	M	Vet III M (45-49)	293	51	
342	210	FERNANDO FERREIRA	0:59:55.47	0:59:55.47	77	M	Vet VIII M (70-99)	294	4	C MILLENNIUM BCP
343	774	TIAGO FILIPE GODINHO	0:59:55.80	0:59:28.82	23	M	Jun Sen M (18-34)	295	61	
344	318	TOMÁS WIBORG	0:59:56.08	0:59:01.85	54	M	Vet IV M (50-54)	296	43	WLF
345	337	LUIS GOMES	0:59:58.82	0:59:06.61	41	M	Vet II M (40-44)	297	49	SS CGD
346	647	BERNARDO ROSA BELERIQUE	1:00:01.28	0:59:54.44	22	M	Jun Sen M (18-34)	298	62	
347	730	INÊS BASTOS	1:00:02.84	0:59:32.47	35	F	Vet I F (35-39)	49	7	
348	342	PEDRO LOPES	1:00:03.34	0:59:06.19	44	M	Vet II M (40-44)	299	50	SS CGD
349	584	NUNO VENTURA	1:00:04.04	1:00:04.04	50	M	Vet IV M (50-54)	300	44	CAA BELEM
350	493	JOÃO PEDRO BURRICA	1:00:07.58	0:58:54.09	28	M	Jun Sen M (18-34)	301	63	
351	705	AUGUSTO VERISSIMO	1:00:07.99	0:59:56.38	55	M	Vet V M (55-59)	302	23	
352	813	CARLOS BARGADO	1:00:08.71	1:00:03.33	59	M	Vet V M (55-59)	303	24	CCD TRANQUILIDADE
353	125	TELMA PATRÍCIA RODRIGUES	1:00:10.25	0:59:52.27	33	F	Jun Sen F (18-34)	50	20	
354	831	PAULA ALEXANDRA SANTOS FERN	1:00:13.42	1:00:04.90	44	F	Vet II F (40-44)	51	10	CCD TRANQUILIDADE
355	444	ANDREIA PEREIRA	1:00:16.10	0:59:39.78	38	F	Vet I F (35-39)	52	8	AMINHACORRIDAPACER
356	82	JOÃO FERNANDES	1:00:17.21	0:59:11.54	42	M	Vet II M (40-44)	304	51	
357	387	ALEXANDRE MARTINS	1:00:26.46	1:00:06.85	49	M	Vet III M (45-49)	305	52	PERFORMANCEOPTIMAL
358	588	BRUNO ALEXANDRE PINHO	1:00:26.99	1:00:10.23	45	M	Vet III M (45-49)	306	53	ACNPN
359	255	LUÍSA MOURÃO	1:00:30.55	0:59:36.43	44	F	Vet II F (40-44)	53	11	CCD CRÉDITO AGRÍCOLA
360	227	PAULO PAIS	1:00:33.18	0:59:53.99	59	M	Vet V M (55-59)	307	25	C MILLENNIUM BCP
361	248	ALEKSANDR MIROSHNICHENKO	1:00:34.80	0:59:52.03	56	M	Vet V M (55-59)	308	26	
362	741	EDUARDO JOSE GONZALEZ	1:00:37.40	0:59:52.80	30	M	Jun Sen M (18-34)	309	64	GD SANTANDER



363	659	GONÇALO VALENTIM	1:00:50.08	1:00:05.10	29	M	Jun Sen M (18-34)	310	65	
364	658	RODRIGO VALENTIM	1:00:52.26	1:00:06.56	35	M	Vet I M (35-39)	311	46	
365	828	RAQUEL MIRANDA	1:00:55.41	1:00:17.70	40	F	Vet II F (40-44)	54	12	CCD TRANQUILIDADE
366	298	MIGUEL ESTEVES	1:01:00.36	1:00:39.54	40	M	Vet II M (40-44)	312	52	A TEAM AGEAS
367	559	JOÃO GONÇALO SILVA	1:01:01.95	1:00:20.13	35	M	Vet I M (35-39)	313	47	GDC BANCO PORTUGAL
368	674	ORLANDO LOUREIRO	1:01:03.28	1:01:03.28	47	M	Vet III M (45-49)	314	54	
369	858	LAURA DEL SODVO	1:01:03.52	1:00:24.57	23	F	Jun Sen F (18-34)	55	21	
370	709	ARMANDO MANUEL LACERDA	1:01:04.18	1:00:31.14	69	M	Vet VII M (65-69)	315	9	GRUPO DESPORTIVO DIANA
371	175	JOÃO GODINHO	1:01:05.43	0:59:57.29	27	M	Jun Sen M (18-34)	316	66	
372	384	MARTA NUNES	1:01:07.83	1:00:30.33	44	F	Vet II F (40-44)	56	13	
373	132	FERNANDA RODRIGUES SIMOES	1:01:10.28	1:00:54.56	50	F	Vet IV F (50-54)	57	6	FERNANDA SIMOES
374	346	RODRIGO DUARTE	1:01:15.30	1:00:16.42	44	M	Vet II M (40-44)	317	53	
375	279	RAUL GOUVEIA	1:01:20.76	1:00:58.36	50	M	Vet IV M (50-54)	318	45	LINE UP
376	70	ALICE PEREIRA	1:01:22.15	1:01:07.49	30	F	Jun Sen F (18-34)	58	22	
377	797	HEMILLY FIGUEIREDO	1:01:22.41	1:00:57.90	25	F	Jun Sen F (18-34)	59	23	
378	162	PEDRO MAGALHÃES	1:01:23.04	1:00:55.62	36	M	Vet I M (35-39)	319	48	
379	799	JEISOM FERNANDES BOURLOT	1:01:25.29	1:01:25.29	29	M	Jun Sen M (18-34)	320	67	
380	751	MIGUEL OLIVEIRA BARROSO	1:01:26.63	1:00:40.28	28	M	Jun Sen M (18-34)	321	68	GD SANTANDER
381	820	JOÃO SERRA	1:01:28.04	1:01:05.75	51	M	Vet IV M (50-54)	322	46	CCD TRANQUILIDADE
382	567	PEDRO VIEIRA	1:01:29.54	1:01:15.07	43	M	Vet II M (40-44)	323	54	
383	458	JOÃO PEDRO RODRIGUES	1:01:29.69	1:00:58.68	53	M	Vet IV M (50-54)	324	47	
384	419	ANTÓNIO TEIXEIRA DUARTE	1:01:30.16	1:00:33.75	61	M	Vet VI M (60-64)	325	15	
385	198	ANA COELHO	1:01:32.21	1:01:08.16	49	F	Vet III F (45-49)	60	8	C MILLENNIUM BCP
386	183	MARGARIDA ROSA	1:01:33.09	1:01:10.49	22	F	Jun Sen F (18-34)	61	24	
387	222	MARCO FILIPE LUZ	1:01:35.03	1:01:08.99	46	M	Vet III M (45-49)	326	55	C MILLENNIUM BCP
388	722	RUI ANTUNES	1:01:35.04	1:00:32.21	45	M	Vet III M (45-49)	327	56	SEM FÔLEGO



389	498	DAVID DOS ALVES	1:01:36.59	1:01:05.72	28	M	Jun Sen M (18-34)	328	69	
390	496	RUI NUNES	1:01:37.58	1:01:06.83	44	M	Vet II M (40-44)	329	55	
391	193	PAULO SARMENTO	1:01:38.13	1:01:25.08	58	M	Vet V M (55-59)	330	27	
392	20	GONÇALO MARTINHO	1:01:39.29	1:01:26.54	48	M	Vet III M (45-49)	331	57	
393	182	VITOR MANUEL FARINHA	1:01:40.82	1:01:27.60	50	M	Vet IV M (50-54)	332	48	
394	421	RITA MARTINS	1:01:42.30	1:01:04.84	39	F	Vet I F (35-39)	62	9	
395	425	FRANCISCO DE BANDEIRA	1:01:42.94	1:01:30.76	45	M	Vet III M (45-49)	333	58	
396	667	TIAGO MIGUEL JESUS	1:01:51.31	1:01:30.77	33	M	Jun Sen M (18-34)	334	70	
397	350	RICARDO LOURENÇO	1:01:54.66	1:01:54.66	50	M	Vet IV M (50-54)	335	49	MEGAFIT
398	191	SANDRO PINTO	1:01:55.96	1:01:55.96	48	M	Vet III M (45-49)	336	59	RUNLOVERS
399	190	NUNO MARQUES	1:01:56.21	1:01:39.51	56	M	Vet V M (55-59)	337	28	RUNLOVERS
400	238	LUIS SOUSA	1:01:57.51	1:01:28.17	48	M	Vet III M (45-49)	338	60	
401	345	MICHELE DUARTE	1:01:58.42	1:00:59.53	43	F	Vet II F (40-44)	63	14	
402	426	RENATO CÉSAR VELOSO	1:01:59.04	1:01:21.97	38	M	Vet I M (35-39)	339	49	
403	598	JOSÉ GARCIA	1:02:02.45	1:01:31.10	59	M	Vet V M (55-59)	340	29	ACNPN
404	704	JOÃO PEDRO ESTEVES	1:02:04.40	1:01:28.26	32	M	Jun Sen M (18-34)	341	71	
405	274	LEONOR FERREIRA	1:02:04.50	1:01:11.46	48	F	Vet III F (45-49)	64	9	CCDTMETROLX
406	857	ANTÓNIO DIAS	1:02:04.94	1:01:55.96	65	M	Vet VII M (65-69)	342	10	AQUAFITNESS
407	837	BRUNO SILVA	1:02:05.26	1:01:03.07	37	M	Vet I M (35-39)	343	50	A VALE SILENCIO
408	757	RICARDO RUI NEVES	1:02:07.72	1:01:22.81	49	M	Vet III M (45-49)	344	61	GD SANTANDER
409	309	IVA OLIVEIRA	1:02:12.87	1:01:49.04	50	F	Vet IV F (50-54)	65	7	ML SPORTS
410	721	ARTUR ANTÓNIO FARINHA	1:02:14.67	1:01:25.21	60	M	Vet VI M (60-64)	345	16	
411	860	JOSÉ LOPES	1:02:16.26	1:01:43.75	58	M	Vet V M (55-59)	346	30	
412	513	NUNO GOMES	1:02:26.00	1:01:50.36	51	M	Vet IV M (50-54)	347	50	CLUBE NAUS OCR
413	497	PEDRO ANTÓNIO MADEIRA	1:02:26.20	1:02:12.18	26	M	Jun Sen M (18-34)	348	72	
414	600	LUIS ROSA	1:02:26.57	1:01:56.24	48	M	Vet III M (45-49)	349	62	ACNPN





415	245	PAULO FIGUEIREDO	1:02:27.35	1:02:16.28	46	M	Vet III M (45-49)	350	63	SANGRIA RUNNERS
416	652	FRANCISCO CORREIA	1:02:27.41	1:01:39.42	38	M	Vet I M (35-39)	351	51	
417	605	MIRIAM SEGUI	1:02:28.48	1:01:56.79	25	F	Jun Sen F (18-34)	66	25	ACNPN
418	515	RUTE SOFIA MARTINS	1:02:28.58	1:01:32.25	25	F	Jun Sen F (18-34)	67	26	BROFORCE RUNNING CLUB
419	80	ZAKARIA REKIBI	1:02:30.48	1:01:43.29	31	M	Jun Sen M (18-34)	352	73	
420	441	LEONOR GARCIA	1:02:30.60	1:01:58.90	26	F	Jun Sen F (18-34)	68	27	GARCIA RUNNERS
421	646	CATARINA BRANCO	1:02:33.04	1:02:14.93	31	F	Jun Sen F (18-34)	69	28	
422	626	NUNO MASSA ALVES	1:02:35.16	1:02:35.16	43	M	Vet II M (40-44)	353	56	
423	475	ANÍBAL NOGUEIRA	1:02:35.77	1:02:35.77	63	M	Vet VI M (60-64)	354	17	
424	32	RUTE DIAS	1:02:36.22	1:02:23.41	51	F	Vet IV F (50-54)	70	8	
425	409	RUI FREIXO	1:02:39.94	1:02:26.52	38	M	Vet I M (35-39)	355	52	MANOS FREIXO
426	554	GINA CHEIO	1:02:42.51	1:02:24.39	52	F	Vet IV F (50-54)	71	9	GDC BANCO PORTUGAL
427	422	RITA FERREIRA ALVES	1:02:44.76	1:02:07.17	40	F	Vet II F (40-44)	72	15	
428	823	LUÍS PALMEIRO	1:02:51.99	1:02:10.98	54	M	Vet IV M (50-54)	356	51	CCD TRANQUILIDADE
429	145	LUIS MANUEL FERREIRA	1:02:54.13	1:02:54.13	69	M	Vet VII M (65-69)	357	11	
430	304	ISABEL SANTOS	1:02:54.14	1:02:49.75	56	F	Vet V F (55-59)	73	3	ASSOC. CULTURAL SAMBRASENSE
431	460	SANDRA LOPES	1:02:55.90	1:02:54.01	48	F	Vet III F (45-49)	74	10	GRCD LEIÃO
432	795	JOÃO GRAÇA CARNEIRO	1:02:56.86	1:02:15.03	40	M	Vet II M (40-44)	358	57	
433	431	ANDRÉ MONTEIRO	1:03:01.25	1:03:01.25	38	M	Vet I M (35-39)	359	53	PIKESPLACE
434	706	ISABEL SANTOS	1:03:02.28	1:02:41.96	63	F	Vet VI F (60-64)	75	1	
435	817	FRANCISCO PEREIRA	1:03:05.00	1:02:21.74	56	M	Vet V M (55-59)	360	31	CCD TRANQUILIDADE
436	707	PEDRO MIGUEL FERREIRA	1:03:18.86	1:03:10.07	46	M	Vet III M (45-49)	361	64	OS MS
437	71	DANIELA GOUVINHAS VARANDAS	1:03:19.34	1:02:43.60	37	F	Vet I F (35-39)	76	10	100 JUÍZO - CDC CAMPEÃ
438	277	CASSANDRA CANDEIAS	1:03:20.90	1:02:38.36	29	F	Jun Sen F (18-34)	77	29	
439	106	LUIS MEXIA	1:03:23.50	1:02:38.50	28	M	Jun Sen M (18-34)	362	74	
440	161	ANA RITA RAMINHOS	1:03:28.50	1:02:56.50	47	F	Vet III F (45-49)	78	11	



441	234	ANDRÉ MARQUES	1:03:40.43	1:03:13.02	35	M	Vet I M (35-39)	363	54	
442	803	HELENA MARQUES	1:03:49.80	1:03:36.75	48	F	Vet III F (45-49)	79	12	RANAS DA FRENTE RIBEIRINHA
443	136	CUSTÓDIO ATALHO	1:03:50.50	1:03:25.72	50	M	Vet IV M (50-54)	364	52	
444	801	MARIA JOÃO FERNANDES	1:03:52.20	1:03:46.66	66	F	Vet VII F (65-69)	80	1	
445	760	SANDRA DUARTE	1:03:56.83	1:03:35.27	41	F	Vet II F (40-44)	81	16	GD SANTANDER
446	521	JOSÉ J SANTOS	1:03:57.09	1:03:57.09	58	M	Vet V M (55-59)	365	32	
447	22	CARINE PAIS	1:03:57.49	1:03:45.62	39	F	Vet I F (35-39)	82	11	CORRER LISBOA
448	399	KATJA GÖTTSCHE CLARA	1:03:57.66	1:03:16.13	59	F	Vet V F (55-59)	83	4	BENJI
449	242	PEDRO DIAS	1:04:00.17	1:03:43.78	49	M	Vet III M (45-49)	366	65	KEEP RUNNING
450	341	NUNO FRIEZAS OLIVEIRA	1:04:11.70	1:03:18.77	49	M	Vet III M (45-49)	367	66	SS CGD
451	356	PAULO DUARTE	1:04:13.28	1:03:33.11	58	M	Vet V M (55-59)	368	33	GDCT UNICRE
452	343	TERESA MARTINS	1:04:13.93	1:03:35.69	64	F	Vet VI F (60-64)	84	2	SS CGD
453	147	ODETE FRANCISCO	1:04:16.54	1:03:58.85	53	F	Vet IV F (50-54)	85	10	
454	260	ANTONIO RIBEIRO	1:04:17.99	1:04:00.82	59	M	Vet V M (55-59)	369	34	
455	734	ANTONIO RECHA	1:04:18.50	0:59:09.50	35	M	Vet I M (35-39)	370	55	
456	405	NUNO MESTRE	1:04:21.34	1:03:24.33	50	M	Vet IV M (50-54)	371	53	
457	662	MIGUEL PALMA	1:04:21.48	1:03:38.01	38	M	Vet I M (35-39)	372	56	DALI TEAM
458	723	SOFIA PEDRO	1:04:32.69	1:03:27.01	37	F	Vet I F (35-39)	86	12	SEM FÔLEGO
459	725	MARTA PALHA	1:04:33.61	1:03:58.58	40	F	Vet II F (40-44)	87	17	
460	295	ANA PAULA MATIAS	1:04:34.58	1:04:09.61	58	F	Vet V F (55-59)	88	5	A TEAM AGEAS
461	632	JOSÉ CARLOS ROSEIRO	1:04:35.96	1:04:18.59	66	M	Vet VII M (65-69)	373	12	
462	603	ALEXANDRA BELO	1:04:45.83	1:04:45.83	69	F	Vet VII F (65-69)	89	2	ACNPN
463	776	SOFIA GOMES	1:04:47.03	1:03:29.01	22	F	Jun Sen F (18-34)	90	30	
464	569	RUI MARQUES	1:04:47.55	1:04:35.65	53	M	Vet IV M (50-54)	374	54	MIRANDA MILES
465	855	CARLA SANTOS	1:04:53.39	1:04:01.57	45	F	Vet III F (45-49)	91	13	GDC BANCO PORTUGAL
466	546	CÉLIA MINAU	1:04:57.46	1:04:15.34	48	F	Vet III F (45-49)	92	14	GDC BANCO PORTUGAL



467	578	AIRTON MENDES	1:04:57.47	1:04:52.34	36	M	Vet I M (35-39)	375	57	ATLÉTICO CLUBE TOSTINHAS
468	463	PRISCILA HELENA GABRIEL	1:05:00.52	1:01:24.52	34	F	Jun Sen F (18-34)	93	31	
469	525	VICTOR RISCADO	1:05:01.80	1:03:48.89	53	M	Vet IV M (50-54)	376	55	
470	204	CARLOS ALBERTO LUZ	1:05:04.14	1:04:39.61	70	M	Vet VIII M (70-99)	377	5	C MILLENNIUM BCP
471	152	HENRIQUE FROTA SAMPAIO	1:05:16.65	1:04:06.10	35	M	Vet I M (35-39)	378	58	
472	784	JOSAFÁ ALVES SANTOS	1:05:19.33	1:04:23.15	36	M	Vet I M (35-39)	379	59	PROJETO SEXTO SENTIDO
473	423	JOAO MARTINS FERREIRA	1:05:19.58	1:04:47.58	26	M	Jun Sen M (18-34)	380	75	
474	781	RUBEN TIAGO PORTINHA	1:05:22.32	1:04:26.31	36	F	Vet I F (35-39)	94	13	PROJETO SEXTO SENTIDO
475	456	MIGUEL HORTA	1:05:25.04	1:04:17.59	47	M	Vet III M (45-49)	381	67	
476	710	NUNO ALEXANDRE COSTA	1:05:28.33	1:04:24.80	47	M	Vet III M (45-49)	382	68	
477	526	DIANA BRANCO	1:05:29.84	1:04:55.46	29	F	Jun Sen F (18-34)	95	32	
478	378	EMILY ROHRMOSER	1:05:30.26	1:04:46.92	24	F	Jun Sen F (18-34)	96	33	
479	355	FREDERICO CARVALHO	1:05:34.80	1:04:40.89	52	M	Vet IV M (50-54)	383	56	WLF
480	519	CARLA DIAS	1:05:35.00	1:04:13.55	43	F	Vet II F (40-44)	97	18	
481	122	SERGIO PEREIRA	1:05:36.50	1:05:02.30	51	M	Vet IV M (50-54)	384	57	
482	471	CHARLES LIMA ASSUNCAO	1:05:45.75	1:05:45.75	41	M	Vet II M (40-44)	385	58	
483	641	CÉLIA MARIA AZENHA	1:05:46.66	1:05:42.45	59	F	Vet V F (55-59)	98	6	LEBRES DO SADO
484	339	MIGUEL ANGELO	1:05:48.34	1:04:44.65	48	M	Vet III M (45-49)	386	69	SS CGD
485	402	NICOLE ALCARIO	1:05:50.20	1:05:22.28	39	F	Vet I F (35-39)	99	14	
486	69	PEPE PEREIRA	1:05:52.04	1:05:39.05	40	M	Vet II M (40-44)	387	59	
487	671	PEDRO TEIXEIRA	1:05:53.12	1:05:33.92	47	M	Vet III M (45-49)	388	70	
488	177	CATARINA SOBRAL	1:06:00.29	1:05:09.90	40	F	Vet II F (40-44)	100	19	
489	213	JOAO SEBORRO	1:06:01.21	1:05:06.19	57	M	Vet V M (55-59)	389	35	C MILLENNIUM BCP
490	38	BRUNO RODRIGUES	1:06:02.58	1:05:17.51	46	M	Vet III M (45-49)	390	71	
491	105	MAFALDA BASTOS SUSTELO	1:06:05.72	1:05:21.72	30	F	Jun Sen F (18-34)	101	34	
492	591	CRISTINA FERREIRA	1:06:14.75	1:05:40.94	58	F	Vet V F (55-59)	102	7	ACNPN



493	651	SÉRGIO FILIPE TRINDADE	1:06:15.41	1:05:14.42	34	M	Jun Sen M (18-34)	391	76	
494	251	CARLA BAPTISTA	1:06:25.02	1:05:33.75	43	F	Vet II F (40-44)	103	20	CCD CRÉDITO AGRÍCOLA
495	257	PAULA NETO	1:06:27.19	1:05:35.11	59	F	Vet V F (55-59)	104	8	CCD CRÉDITO AGRÍCOLA
496	413	ANTÓNIO MANUEL JORGE	1:06:30.10	1:05:39.79	71	M	Vet VIII M (70-99)	392	6	
497	790	GONÇALO ELOY	1:06:31.94	1:06:22.16	28	M	Jun Sen M (18-34)	393	77	
498	618	MARCO CACHINHO	1:06:32.34	1:06:32.34	43	M	Vet II M (40-44)	394	60	CLUBE EDP - LISBOA
499	400	MIGUEL ÂNGELO JORGE	1:06:32.78	1:06:32.78	40	M	Vet II M (40-44)	395	61	
500	750	MARIANA ASSEICEIRO	1:06:34.26	1:05:47.36	27	F	Jun Sen F (18-34)	105	35	GD SANTANDER
501	127	LEONARDO GONÇALVES	1:06:34.65	1:06:34.65	37	M	Vet I M (35-39)	396	60	
502	348	FILIPE ALVES	1:06:34.86	1:04:59.84	19	M	Jun Sen M (18-34)	397	78	CAA BELEM
503	335	FRANCISCO CLERIGO	1:06:38.51	1:06:02.29	70	M	Vet VIII M (70-99)	398	7	SS CGD
504	452	JOÃO SANTOS	1:06:40.23	1:06:26.43	54	M	Vet IV M (50-54)	399	58	
505	697	ANA CUNHA	1:06:40.62	1:06:13.57	41	F	Vet II F (40-44)	106	21	FISIOCHEPSI
506	398	SUSANA RICARDO	1:06:47.60	1:06:33.23	45	F	Vet III F (45-49)	107	15	
507	92	ÚRSULA SILVA	1:06:48.58	1:06:22.39	45	F	Vet III F (45-49)	108	16	C FERROV PORTUGAL
508	91	PAULO VIEIRA	1:06:48.74	1:06:48.74	53	M	Vet IV M (50-54)	400	59	C FERROV PORTUGAL
509	752	PAULO CAMPOS	1:06:58.92	1:06:35.02	31	M	Jun Sen M (18-34)	401	79	GD SANTANDER
510	220	LEONEL BRANDAO	1:06:59.39	1:06:20.41	56	M	Vet V M (55-59)	402	36	C MILLENNIUM BCP
511	573	SANDRA LEITE	1:07:13.22	1:06:54.65	43	F	Vet II F (40-44)	109	22	
512	755	RICARDO FERRAZ GAMA	1:07:16.24	1:06:43.01	39	M	Vet I M (35-39)	403	61	GD SANTANDER
513	762	SERGIO MIGUEL SILVA	1:07:16.60	1:06:44.32	44	M	Vet II M (40-44)	404	62	GD SANTANDER
514	79	DIOGO ANDRÉ MATOS	1:07:16.92	1:05:52.32	44	M	Vet II M (40-44)	405	63	
515	485	JOSEFIN BRODE	1:07:22.33	1:06:01.46	47	F	Vet III F (45-49)	110	17	LIMITED EDITION TEAM
516	278	MARILIA GAMA	1:07:22.74	1:07:08.32	30	F	Jun Sen F (18-34)	111	36	
517	689	GUILHERME CHAMBEL	1:07:23.18	1:06:46.86	28	M	Jun Sen M (18-34)	406	80	CLUBE NAUS OCR
518	83	MILENA ALIPIO	1:07:26.02	1:06:58.01	56	F	Vet V F (55-59)	112	9	



519	84	SANDRA ATALHO	1:07:26.84	1:07:01.70	52	F	Vet IV F (50-54)	113	11	
520	729	CRISTINA ALEXANDRA LOPES	1:07:30.93	1:07:00.78	34	F	Jun Sen F (18-34)	114	37	
521	386	PEDRO MANUEL GUERREIRO	1:07:34.58	1:07:05.37	51	M	Vet IV M (50-54)	407	60	SAINTS WARRIORS
522	359	GONÇALO OLIVEIRA	1:07:36.87	1:07:19.63	61	M	Vet VI M (60-64)	408	18	GDCT UNICRE
523	360	HUGO SOUSA	1:07:37.18	1:07:19.95	43	M	Vet II M (40-44)	409	64	GDCT UNICRE
524	133	LUANA FILIPA NUNES	1:07:37.66	1:06:57.83	26	F	Jun Sen F (18-34)	115	38	
525	406	RUI PEDRO SILVA	1:07:38.15	1:06:41.14	49	M	Vet III M (45-49)	410	72	
526	104	BRUNO MOTA	1:07:40.40	1:06:59.77	27	M	Jun Sen M (18-34)	411	81	
527	52	ANTÓNIO JOSÉ POMBINHO	1:07:41.75	1:07:18.80	66	M	Vet VII M (65-69)	412	13	
528	488	JOANA TAVARES	1:07:44.01	1:06:26.11	34	F	Jun Sen F (18-34)	116	39	LIMITED EDITION TEAM
529	486	INÊS VEIGA	1:07:47.17	1:06:31.24	27	F	Jun Sen F (18-34)	117	40	LIMITED EDITION TEAM
530	518	TIAGO ROSA	1:07:49.36	1:06:12.87	40	M	Vet II M (40-44)	413	65	MARVILA JOVEM
531	218	JOSÉ REBELO	1:07:56.80	1:07:17.18	57	M	Vet V M (55-59)	414	37	C MILLENNIUM BCP
532	225	NUNO VASCO ANJOS	1:07:59.49	1:07:21.49	57	M	Vet V M (55-59)	415	38	C MILLENNIUM BCP
533	212	FOCK YIOT WAN	1:08:07.00	1:07:25.11	73	F	Vet VIII F (70-99)	118	1	C MILLENNIUM BCP
534	753	PAULO JOSE COELHO	1:08:14.59	1:07:40.27	60	M	Vet VI M (60-64)	416	19	GD SANTANDER
535	655	LUÍS OLIVEIRA	1:08:20.80	1:07:51.01	39	M	Vet I M (35-39)	417	62	EPIC TEAM
536	629	LIZ WERNER FORMAGGINI	1:08:23.08	1:08:04.72	34	F	Jun Sen F (18-34)	119	41	CB SPORTS
537	297	JOSÉ VALENTIM	1:08:29.96	1:08:07.85	52	M	Vet IV M (50-54)	418	61	A TEAM AGEAS
538	194	BEATRIZ NABAIS	1:08:32.64	1:07:41.28	19	F	Jun Sen F (18-34)	120	42	
539	427	RITA COSTA	1:08:48.45	1:07:52.28	25	F	Jun Sen F (18-34)	121	43	
540	43	DÉBORA PORTELA	1:08:52.61	1:07:30.73	28	F	Jun Sen F (18-34)	122	44	
541	224	MARINA ISABEL MORGADO	1:08:54.98	1:08:15.68	34	F	Jun Sen F (18-34)	123	45	C MILLENNIUM BCP
542	214	JOAQUIM FULGENCIO	1:08:57.01	1:08:17.64	66	M	Vet VII M (65-69)	419	14	C MILLENNIUM BCP
543	814	CARLOS ESTANISLAU ALVES	1:08:57.44	1:08:48.36	49	M	Vet III M (45-49)	420	73	CCD TRANQUILIDADE
544	597	JORGE FRANCO ASSUNÇÃO	1:08:57.55	1:08:13.54	53	M	Vet IV M (50-54)	421	62	ACNPN



545	743	JOAO BARROS	1:08:58.18	1:07:54.23	60	M	Vet VI M (60-64)	422	20	GD SANTANDER
546	793	LENA HENKE	1:09:05.08	1:07:44.75	30	F	Jun Sen F (18-34)	124	46	
547	802	MANUELA LI YUK LO	1:09:08.91	1:08:26.65	35	F	Vet I F (35-39)	125	15	
548	393	NAZIA ABDUL LORGAT	1:09:09.43	1:08:41.05	40	F	Vet II F (40-44)	126	23	
549	759	SANDRA ANTUNES CUNHA	1:09:09.90	1:08:48.35	49	F	Vet III F (45-49)	127	18	GD SANTANDER
550	550	CLAUDIA FLORENTIM	1:09:15.51	1:07:47.94	46	F	Vet III F (45-49)	128	19	GDC BANCO PORTUGAL
551	394	TERESA GONÇALVES	1:09:18.73	1:08:43.54	53	F	Vet IV F (50-54)	129	12	CLUBE NAUS OCR
552	270	RAFAEL SANTOS	1:09:22.59	1:08:30.58	56	M	Vet V M (55-59)	423	39	CCDTMETROLX
553	507	RITA ALEXANDRA SANTOS	1:09:27.17	1:09:20.08	35	F	Vet I F (35-39)	130	16	
554	764	TIAGO BANDEIRA	1:09:30.55	1:09:05.36	47	M	Vet III M (45-49)	424	74	GD SANTANDER
555	296	CATARINA CARAS ALTAS	1:09:32.38	1:09:00.23	50	F	Vet IV F (50-54)	131	13	A TEAM AGEAS
556	195	MAURO GOMES	1:09:42.49	1:09:09.03	46	M	Vet III M (45-49)	425	75	GDCTINCM
557	280	ANA GONÇALVES	1:09:43.90	1:08:55.80	48	F	Vet III F (45-49)	132	20	SERVIÇOS SOCIAIS MONTEPIO
558	31	CARLOS MANUEL JESUS	1:09:45.22	1:09:30.11	52	M	Vet IV M (50-54)	426	63	
559	628	INÊS VALENTE	1:09:46.90	1:07:00.90	20	F	Jun Sen F (18-34)	133	47	
560	283	JOÃO DIEGUES	1:09:47.74	1:09:18.25	52	M	Vet IV M (50-54)	427	64	SERVIÇOS SOCIAIS MONTEPIO
561	130	JOÃO LUÍS BARRADAS	1:09:48.36	1:09:04.29	49	M	Vet III M (45-49)	428	76	
562	510	DIOGO CARROMEU	1:09:53.00	1:09:39.32	27	M	Jun Sen M (18-34)	429	82	PULL UP
563	196	CRISTINA RAINHA	1:09:56.08	1:09:38.07	56	F	Vet V F (55-59)	134	10	GDCTINCM
564	815	CLÁUDIA TAM	1:10:02.49	1:09:01.11	42	F	Vet II F (40-44)	135	24	CCD TRANQUILIDADE
565	809	ANTONIO ALBUQUERQUE	1:10:04.94	1:09:22.93	55	M	Vet V M (55-59)	430	40	CCD TRANQUILIDADE
566	23	JOANA CHABY ROSA	1:10:05.96	1:07:54.18	21	F	Jun Sen F (18-34)	136	48	CHABEUS
567	24	MATEUS DE LEANDRO	1:10:06.23	1:07:55.01	21	M	Jun Sen M (18-34)	431	83	CHABEUS
568	290	LUIS LOURENÇO	1:10:23.13	1:09:42.39	47	M	Vet III M (45-49)	432	77	SERVIÇOS SOCIAIS MONTEPIO
569	289	TERESA QUARESMA	1:10:25.87	1:09:44.33	49	F	Vet III F (45-49)	137	21	SERVIÇOS SOCIAIS MONTEPIO
570	601	LUÍSA OLIVEIRA	1:10:28.01	1:09:54.60	55	F	Vet V F (55-59)	138	11	ACNPN



571	754	PEDRO ALEXANDRE OLIVEIRA	1:10:32.98	1:09:37.63	44	M	Vet II M (40-44)	433	66	GD SANTANDER
572	440	MADALENA GARCIA	1:10:35.43	1:10:01.76	24	F	Jun Sen F (18-34)	139	49	GARCIA RUNNERS
573	72	LAURINDA CASTRO	1:10:35.84	1:10:20.23	64	F	Vet VI F (60-64)	140	3	
574	512	SOFIA PRADA	1:10:36.75	1:10:15.95	20	F	Jun Sen F (18-34)	141	50	
575	637	BRUNO SOUSA	1:10:43.46	1:09:51.75	33	M	Jun Sen M (18-34)	434	84	AFAVORDOVENTO
576	281	CLÁUDIA GRENCHO	1:10:43.78	1:10:14.47	51	F	Vet IV F (50-54)	142	14	SERVIÇOS SOCIAIS MONTEPIO
577	57	CARLA BARBOSA	1:10:49.03	1:09:47.98	45	F	Vet III F (45-49)	143	22	
578	661	DAVID FILIPE ALMEIDA	1:10:59.06	1:10:10.28	36	M	Vet I M (35-39)	435	63	
579	53	MARTA REIS	1:11:00.02	1:10:56.11	44	F	Vet II F (40-44)	144	25	
580	349	VASCO LOURENÇO	1:11:02.00	1:11:02.00	20	M	Jun Sen M (18-34)	436	85	MEGAFIT
581	643	SANDRA GIL	1:11:08.15	1:11:00.18	48	F	Vet III F (45-49)	145	23	
582	570	FRANCISCO TOMAZ	1:11:11.69	1:10:08.41	43	M	Vet II M (40-44)	437	67	MIRANDA MILES
583	414	SANDRA MARINA MOTA	1:11:17.56	1:10:53.83	49	F	Vet III F (45-49)	146	24	
584	397	VANESSA ALVES PATRÍCIO	1:11:19.33	1:10:43.48	40	F	Vet II F (40-44)	147	26	CLUBE NAUS OCR
585	777	HELENA CLÁUDIA SILVA	1:11:20.73	1:10:22.29	43	F	Vet II F (40-44)	148	27	
586	818	ISABEL MOTA	1:11:21.16	1:10:58.36	50	F	Vet IV F (50-54)	149	15	CCD TRANQUILIDADE
587	408	CLÁUDIA FREIXO	1:11:31.21	1:11:16.18	42	F	Vet II F (40-44)	150	28	MANOS FREIXO
588	128	PEDRO ALMEIDA	1:11:33.59	1:10:38.28	36	M	Vet I M (35-39)	438	64	CCD SIEMENS
589	263	ANA PAULA PARRACHO	1:11:33.67	1:10:38.65	58	F	Vet V F (55-59)	151	12	CCD SIEMENS
590	736	ANA SOFIA SANTOS	1:11:34.05	1:10:49.72	49	F	Vet III F (45-49)	152	25	GD SANTANDER
591	363	NUNO AZEVEDO	1:11:34.59	1:10:52.42	49	M	Vet III M (45-49)	439	78	GDCT UNICRE
592	358	CAROLINA ALMEIDA	1:11:36.83	1:11:20.90	25	F	Jun Sen F (18-34)	153	51	GDCT UNICRE
593	361	LAURA PORTILHEIRO	1:11:37.02	1:11:20.99	22	F	Jun Sen F (18-34)	154	52	GDCT UNICRE
594	221	LUIS FILIPE SILVA	1:11:38.00	1:10:57.93	55	M	Vet V M (55-59)	440	41	C MILLENNIUM BCP
595	416	SOFIA MARTO	1:11:38.33	1:10:45.41	32	F	Jun Sen F (18-34)	155	53	
596	207	CÉLIA SILVA	1:11:40.59	1:11:01.19	54	F	Vet IV F (50-54)	156	16	C MILLENNIUM BCP



597	382	ELISABETE PINTO	1:11:54.25	1:11:39.65	66	F	Vet VII F (65-69)	157	3	AGUALVA RUNNERS
598	415	RUTE MARTO	1:11:57.20	1:11:57.20	30	F	Jun Sen F (18-34)	158	54	
599	464	PAULA CRISTINA OLIVEIRA	1:12:11.65	1:11:41.60	50	F	Vet IV F (50-54)	159	17	
600	243	NUNO GONÇALVES	1:12:12.42	1:12:12.42	70	M	Vet VIII M (70-99)	441	8	KEEP RUNNING
601	307	MANUEL BRAGANÇA	1:12:22.84	1:10:20.07	27	M	Jun Sen M (18-34)	442	86	ML SPORTS
602	580	INÊS BORGES	1:12:36.96	1:12:31.93	29	F	Jun Sen F (18-34)	160	55	ATLÉTICO CLUBE TOSTINHAS
603	499	ELISABETE BRANCO	1:12:37.23	1:12:07.72	58	F	Vet V F (55-59)	161	13	
604	782	NELSON PORTINHA	1:12:39.75	1:12:39.75	49	F	Vet III F (45-49)	162	26	PROJETO SEXTO SENTIDO
605	786	PAULO SERGIO COSTA	1:12:39.75	1:12:39.75	44	M	Vet II M (40-44)	443	68	PROJETO SEXTO SENTIDO
606	429	NUNO PEDRO MOREIRA	1:12:43.77	1:10:00.77	49	M	Vet III M (45-49)	444	79	
607	368	DIOGO GONÇALO SILVA	1:12:46.61	1:12:19.24	29	M	Jun Sen M (18-34)	445	87	RUNNERS BY MEDICARE
608	68	SÉRGIO VENTURA	1:12:55.19	1:11:40.31	42	M	Vet II M (40-44)	446	69	
609	640	AFONSO GORJÃO	1:13:06.22	1:13:06.22	19	M	Jun Sen M (18-34)	447	88	OS GORJÕES
610	639	ANDRÉ GORJÃO COSTA	1:13:07.74	1:13:07.74	50	M	Vet IV M (50-54)	448	65	OS GORJÕES
611	625	FRANCISCA TRABUCHO	1:13:10.88	1:12:47.49	26	F	Jun Sen F (18-34)	163	56	
612	624	PEDRO TRABUCHO	1:13:11.26	1:12:47.07	59	M	Vet V M (55-59)	449	42	
613	171	ALICE BRETON	1:13:14.50	1:12:27.50	23	F	Jun Sen F (18-34)	164	57	
614	477	MARIA JOÃO OLIVEIRA	1:13:19.62	1:12:47.97	38	F	Vet I F (35-39)	165	17	TANAGRA
615	164	SANDRA ISABEL BAPTISTA	1:13:41.78	1:13:19.27	42	F	Vet II F (40-44)	166	29	
616	291	MARIA MATOS	1:13:41.96	1:13:19.85	25	F	Jun Sen F (18-34)	167	58	
617	482	SONIA GOMES	1:13:52.86	1:13:07.15	49	F	Vet III F (45-49)	168	27	
618	480	SARA SILVA	1:13:52.87	1:13:05.17	52	F	Vet IV F (50-54)	169	18	
619	617	LURDES SANTOS	1:13:53.67	1:12:53.09	44	F	Vet II F (40-44)	170	30	ACNPN
620	230	TANIA PINA	1:13:55.68	1:13:47.08	42	F	Vet II F (40-44)	171	31	C MILLENNIUM BCP
621	609	ANA PAULA GONÇALVES	1:13:56.80	1:13:20.68	56	F	Vet V F (55-59)	172	14	ACNPN
622	613	RUI ALMEIDA	1:13:57.56	1:12:56.85	51	M	Vet IV M (50-54)	450	66	ACNPN





623	381	PEDRO PINTO	1:14:01.27	1:13:44.99	66	M	Vet VII M (65-69)	451	15	AGUALVA RUNNERS
624	275	ORLANDO SOUSA	1:14:03.15	1:14:03.15	61	M	Vet VI M (60-64)	452	21	CCDTMETROLX
625	352	MAYRA GABRIELA LIMA	1:14:05.90	1:13:17.40	35	F	Vet I F (35-39)	173	18	MEGAFIT
626	364	VALTER ALEIXO	1:14:07.99	1:13:12.54	38	M	Vet I M (35-39)	453	65	RUNNERS BY MEDICARE
627	505	FABIANE VELOSA	1:14:18.14	1:13:26.74	40	F	Vet II F (40-44)	174	32	MEGAFIT
628	615	SANDRA INÁCIO	1:14:22.48	1:14:22.48	51	F	Vet IV F (50-54)	175	19	ACNPN
629	246	LEONOR CARRILHO	1:14:23.28	1:13:33.65	18	F	Jun Sen F (18-34)	176	59	
630	233	ISABEL SEGURO	1:14:26.31	1:14:20.40	52	F	Vet IV F (50-54)	177	20	
631	590	MARIA CONCEIÇÃO SILVA	1:14:36.52	1:13:33.22	57	F	Vet V F (55-59)	178	15	ACNPN
632	87	ANA MADALENA PINTO	1:14:49.57	1:14:28.44	30	F	Jun Sen F (18-34)	179	60	CCD SIEMENS
633	197	ANA TORRES	1:15:00.01	1:14:52.25	39	F	Vet I F (35-39)	180	19	C MILLENNIUM BCP
634	347	SOFIA SANTOS ESTEVES	1:15:03.63	1:14:26.84	42	F	Vet II F (40-44)	181	33	
635	595	ISABEL ALAMO	1:15:03.71	1:14:29.16	55	F	Vet V F (55-59)	182	16	ACNPN
636	727	CRISTINA BRIZIDO	1:15:06.98	1:14:09.67	47	F	Vet III F (45-49)	183	28	
637	728	JUDITE BASILIO	1:15:12.05	1:14:14.62	60	F	Vet VI F (60-64)	184	4	
638	292	ISAURA PINTO	1:15:13.00	1:14:15.87	62	F	Vet VI F (60-64)	185	5	
639	437	MANUEL REGALO CARVALHO	1:15:13.80	1:14:36.46	26	M	Jun Sen M (18-34)	454	89	
640	544	ANTÓNIO ESTEVES PEREIRA	1:15:16.89	1:14:22.09	82	M	Vet VIII M (70-99)	455	9	GDC BANCO PORTUGAL
641	718	MARIA JOÃO SEBASTIÃO	1:15:18.43	1:14:12.73	39	F	Vet I F (35-39)	186	20	OS BELENENSES
642	650	MATHEUS SENA GRAÇA	1:15:19.66	1:15:19.66	27	M	Jun Sen M (18-34)	456	90	
643	687	SOFIA ARAÚJO	1:15:25.05	1:14:31.39	21	F	Jun Sen F (18-34)	187	61	
644	410	PEDRO MOLEIRO	1:15:29.31	1:14:17.59	52	M	Vet IV M (50-54)	457	67	
645	769	MADALENA PEREIRA SILVA	1:15:32.96	1:15:14.45	28	F	Jun Sen F (18-34)	188	62	
646	608	PATRÍCIA FERNANDES	1:15:37.47	1:15:01.95	52	F	Vet IV F (50-54)	189	21	ACNPN
647	589	CARLOS RODRIGUES	1:15:40.38	1:15:40.38	52	M	Vet IV M (50-54)	458	68	ACNPN
648	228	PAULO JORGE ALEXANDRE	1:16:10.72	1:16:02.75	54	M	Vet IV M (50-54)	459	69	C MILLENNIUM BCP



649	96	WOLFGANG SCHMITT	1:16:12.11	1:15:20.02	65	M	Vet VII M (65-69)	460	16	
650	46	ANEZKA POPOVSKI KOLACEKE	1:16:18.21	1:15:30.15	35	F	Vet I F (35-39)	190	21	
651	509	CRISTIANA FILIPA TOMÁS	1:16:19.86	1:14:43.16	24	F	Jun Sen F (18-34)	191	63	FAST AND FURIOUS WITH CLASS
652	176	JOÃO FERREIRA	1:16:28.29	1:15:18.72	29	M	Jun Sen M (18-34)	461	91	
653	808	ANA MENDES	1:16:33.52	1:15:41.38	56	F	Vet V F (55-59)	192	17	CCD TRANQUILIDADE
654	179	BENOIT LIHOSSIER	1:16:33.63	1:15:47.44	50	M	Vet IV M (50-54)	462	70	
655	180	ROMANE LIHOSSIER	1:16:36.20	1:15:49.84	18	F	Jun Sen F (18-34)	193	64	
656	11	RUI CARVALHO	1:16:57.81	1:16:08.84	59	M	Vet V M (55-59)	463	43	
657	373	RITA PIRES	1:17:00.81	1:16:32.81	47	F	Vet III F (45-49)	194	29	RUNNERS BY MEDICARE
658	372	RAQUEL PIRES	1:17:01.76	1:16:33.17	44	F	Vet II F (40-44)	195	34	RUNNERS BY MEDICARE
659	594	HELENA NUNES	1:17:22.17	1:16:48.03	56	F	Vet V F (55-59)	196	18	ACNPN
660	564	MARIA JOÃO MENDES	1:17:43.59	1:16:41.06	52	F	Vet IV F (50-54)	197	22	ACNPN
661	563	ÓSCAR HERCULANO MARQUES	1:17:44.05	1:16:41.66	48	M	Vet III M (45-49)	464	80	ACNPN
662	467	MARTA BELO	1:17:57.08	1:17:25.27	28	F	Jun Sen F (18-34)	198	65	
663	604	MARINA RAMOS	1:17:59.40	1:17:04.00	48	F	Vet III F (45-49)	199	30	ACNPN
664	663	MARIA JOÃO GONÇALVES	1:18:08.35	1:17:22.90	37	F	Vet I F (35-39)	200	22	DALI TEAM
665	417	PAULA FERREIRA	1:18:21.39	1:18:04.27	54	F	Vet IV F (50-54)	201	23	
666	65	SANDRA MARQUES	1:18:27.97	1:17:54.41	41	F	Vet II F (40-44)	202	35	CASAL NOT FIT
667	64	ANTÓNIO VALE	1:18:29.04	1:17:55.67	36	M	Vet I M (35-39)	465	66	CASAL NOT FIT
668	375	TÂNIA CORREIA	1:18:35.29	1:17:42.39	31	F	Jun Sen F (18-34)	203	66	RUNNERS BY MEDICARE
669	371	MARTA DE QUELUZ	1:18:37.57	1:18:07.86	34	F	Jun Sen F (18-34)	204	67	RUNNERS BY MEDICARE
670	676	LUÍS MATEUS SIMÃO	1:18:52.87	1:18:03.06	31	M	Jun Sen M (18-34)	466	92	
671	516	JOÃO FILIPE CLÁUDIO	1:19:05.02	1:18:08.93	34	M	Jun Sen M (18-34)	467	93	BROFORCE RUNNING CLUB
672	10	JOHNNY THOMASSEN	1:19:10.46	1:18:16.53	63	M	Vet VI M (60-64)	468	22	NORWAY
673	380	JORGE MANUEL MARTINS	1:19:38.07	1:19:04.12	69	M	Vet VII M (65-69)	469	17	
674	571	BRUNA FÔJO	1:19:40.60	1:19:30.90	37	F	Vet I F (35-39)	205	23	MIRANDA MILES



675	430	MÁRIO VARANDAS	1:19:52.99	1:19:14.64	40	M	Vet II M (40-44)	470	70	PIKESPLACE
676	593	FERNANDO GUERREIRO	1:20:20.32	1:19:28.71	50	M	Vet IV M (50-54)	471	71	ACNPN
677	308	SOFIA FERREIRA	1:20:32.03	1:20:05.77	33	F	Jun Sen F (18-34)	206	68	ML SPORTS
678	40	JOAO SANTOS	1:20:51.05	1:20:51.05	24	M	Jun Sen M (18-34)	472	94	
679	678	GUSTAVO COSTA	1:20:56.40	1:20:36.38	33	M	Jun Sen M (18-34)	473	95	PERDIDOS NO TRILHO
680	679	CARINA ISABEL MARQUES	1:20:56.64	1:20:36.62	34	F	Jun Sen F (18-34)	207	69	PERDIDOS NO TRILHO
681	508	SILVIA AZEVEDO SIMÃO	1:21:37.00	1:21:37.00	28	F	Jun Sen F (18-34)	208	70	FAST AND FURIOUS WITH CLASS
682	765	FILOMENA ADÃO	1:22:12.51	1:21:25.31	54	F	Vet IV F (50-54)	209	24	PRACETA21
683	411	ANA CRISTINA GASPAR	1:22:16.42	1:21:03.49	44	F	Vet II F (40-44)	210	36	
684	653	DIOGO GARDNER OLIVEIRA	1:22:41.08	1:21:51.30	38	M	Vet I M (35-39)	474	67	
685	522	RODRIGO C SANTOS	1:22:44.90	1:22:07.90	47	M	Vet III M (45-49)	475	81	
686	205	CARLOS ESPÍRITO SANTO	1:22:55.12	1:22:55.12	65	M	Vet VII M (65-69)	476	18	C MILLENNIUM BCP
687	357	BENTO CORREIA	1:23:05.06	1:22:41.17	62	M	Vet VI M (60-64)	477	23	GDCT UNICRE
688	362	PAULO FRANÇA	1:23:08.06	1:22:49.97	61	M	Vet VI M (60-64)	478	24	GDCT UNICRE
689	700	CAROLINE GAIVA METELO	1:23:17.56	1:22:23.51	31	F	Jun Sen F (18-34)	211	71	
690	338	MANUEL BRAS	1:23:44.98	1:23:09.65	56	M	Vet V M (55-59)	479	44	SS CGD
691	785	ANA CRISTINA FONSECA	1:24:39.90	1:24:23.04	55	F	Vet V F (55-59)	212	19	PROJETO SEXTO SENTIDO
692	783	MARIA JOÃO PEIXOTO	1:24:40.69	1:24:23.52	42	F	Vet II F (40-44)	213	37	PROJETO SEXTO SENTIDO
693	78	NUNO MIGUEL OLIVEIRA	1:24:58.53	1:24:27.33	47	M	Vet III M (45-49)	480	82	
694	691	LUCIA HENRIQUES	1:25:15.10	1:24:49.84	22	F	Jun Sen F (18-34)	214	72	MOITA TEJO
695	732	ARSÉNIO FACAS	1:25:20.16	1:24:56.47	73	M	Vet VIII M (70-99)	481	10	C FERROV PORTUGAL
696	383	ANA GALAMBA	1:25:39.05	1:25:24.04	66	F	Vet VII F (65-69)	215	4	AGUALVA RUNNERS
697	520	JOAQUIM M SANTOS	1:30:14.09	1:29:37.25	72	M	Vet VIII M (70-99)	482	11	
698	470	PAULA ALEXANDRA NASCIMENTO	1:32:55.92	1:29:19.92	38	F	Vet I F (35-39)	216	24	
699	758	RITA VELADA	1:34:52.69	1:33:18.43	48	F	Vet III F (45-49)	217	31	GD SANTANDER
700	745	LARA SUSANA VELOSO	1:34:53.87	1:33:19.48	48	F	Vet III F (45-49)	218	32	GD SANTANDER



701	746	LUCIA TEIXEIRA	1:35:43.96	1:35:22.41	36	F	Vet I F (35-39)	219	25	GD SANTANDER
702	738	BEATRIZ JORGE ESTEVEZ	1:35:44.15	1:35:22.13	55	F	Vet V F (55-59)	220	20	GD SANTANDER
703	739	CARLA MACHADO	1:36:03.89	1:34:28.08	48	F	Vet III F (45-49)	221	33	GD SANTANDER
704	749	MARIA ALMEIDA	1:36:16.81	1:34:40.80	55	F	Vet V F (55-59)	222	21	GD SANTANDER
705	748	LUIZA BOUCA-NOVA	1:36:17.61	1:34:44.66	46	F	Vet III F (45-49)	223	34	GD SANTANDER
706	15	MARIO AUGUSTO GONÇALV	1:40:00.79	1:39:32.37	64	M	Vet VI M (60-64)	483	25	
707	533	AMANDINE GOMES LEITÃO	1:40:27.51	1:39:22.16	30	F	Jun Sen F (18-34)	224	73	
708	126	CATARINA BASILIO	1:40:27.80	1:40:27.80	36	F	Vet I F (35-39)	225	26	
709	672	SUSANA GALVÃO PARREIRA	1:40:32.98	1:39:29.81	32	F	Jun Sen F (18-34)	226	74	
710	226	OSCAR MARQUES	1:42:56.57	1:42:24.74	70	M	Vet VIII M (70-99)	484	12	C MILLENNIUM BCP
711	824	MA FEE HUNG	1:47:12.06	1:46:30.66	73	F	Vet VIII F (70-99)	227	2	CCD TRANQUILIDADE