



## GENERAL REGULATIONS OF THE *2nd* MILITARY RUNNING CHALLENGE TRAIL MARATHON 2024

### 1. FRAMING, ORGANIZATION AND DESIGNATION

- a. Under the protocol established between the Ministry of National Defence, through the Directorate-General for National Defence Resources, the Armed Forces General Staff, the Association of Disabled of the Armed Forces, and the Historical Route of the Lines of Torres, with technical organisation by Xistarca, Promotions and Sports Publications, Ltd., and institutional support from the Municipalities of Mafra, Sobral de Monte Agraço, and Torres Vedras, it is the responsibility of the Commission for Physical Education and Military Sports (CEFDM) to promote an international competition, under the aegis of CISM, aimed at the participation of military teams from registered countries.
- b. The competition is designated as the "2nd Military Running Challenge Trail Marathon 2024" and is part of the Running Challenge event "TRAIL LINHAS DE TORRES 2024".

### 2. TECHNICAL CHARACTERISTICS

The competition, if possible, takes place every year on the Saturday before the Easter weekend, scheduled and with the technical characteristics established in the official regulations for the Running Challenge event "TRAIL LINHAS DE TORRES 2024" (<http://www.linhasdetorrestrail.pt>).

### 3. COMPETITION AND REGULATIONS

- a. Participating in the "42K Trail Marathon Individual" race will be the registered national military teams.
- b. The official regulations regarding the races of the Running Challenge event "TRAIL LINHAS DE TORRES 2024" are established by the Athletics Technical Commission, duly proposed and approved in a technical meeting and preparatory meeting of the competition, under the patronage of CEFDM.



#### 4. PARTICIPANTS

"42K Trail Marathon Individual" (42 Km):

- Female Category: maximum of 3 athletes (per country);
- Male Category: maximum of 3 athletes (per country)

#### 5. REGISTRATIONS

- Final registrations must be sent to CEFDM by the date specified in the invitation, including complete delegation identification, as well as relevant information.
- Each athlete must include, mandatory, the identification number, rank, class, full name and date of birth.
- Simultaneously, athletes participate in the Running Challenge competition "TRAIL LINHAS DE TORRES 2024", in the respective age category corresponding to the time of the race.
- Changes to registrations must be communicated with the advance established by CEFDM in harmony with Xistarca before the start of the event.

#### 6. DELEGATIONS

Each delegation can include a maximum of 08 elements:

- 01 Delegation Chief;
- 01 Team Chief / Coach / Ad libitum;
- 03 Male Participants;
- 03 Female Participants;

#### 7. PROGRAMME

Thursday (1st day)	Friday (2nd day)	Saturday (3rd day)	Sunday (4th day)	Monday (last day)
Arrival of Delegations (Lisbon airport)	Opening Ceremony	Competition	Visita Cultural	Departure of Delegations
	Technical Meeting / Recognitions		Closing Ceremony	

#### 8. CLASSIFICATIONS

- The classifications are general, combined with all participants in the races, and according to the stipulated in the official regulations of the Running Challenge event "TRAIL LINHAS DE TORRES 2024".



- b. In individual races, all athletes who cross the finish line, and have been checked at all PAC, will be classified in order of arrival.
- c. The collective classification by countries will be obtained by the sum of the points corresponding to the classifications of the two best female athletes and the two best male athletes, respectively for the female team and the male team.
- d. In case of a tie in points for the collective classification, the team in which the last scoring athlete has a better classification wins..
- e. The classification for the "Challenge Trophy" is obtained by the sum of points from the overall classification in the race, awarding one point to the 1st classified, two points to the 2nd classified, and so on. The country that obtains the lowest number of points in the sum of the two (2) best female athletes and the two (2) best male athletes in the race, regardless of the category, wins. In case of a tie in points, the delegation whose last scoring athlete obtained the best overall classification jointly in the race has a better classification.
- f. Fair Play Trophy:  
The Fair Play Award in CISM (International Military Sports Council) competitions is awarded to teams or athletes who demonstrate a high level of ethics, respect, and sportsmanship during competitions. The criteria considered for the award of this prize include:
  - (1) Ethical behaviour of competitors: Respect for the rules of the game, opponents, referees, and spectators, avoiding unsporting behaviours such as simulations, provocations, or violence
  - (2) Team spirit: Recognition of teams that demonstrate collaboration, fair play, and mutual support during the competition, even in situations of pressure or challenge.
  - (3) Demonstration of fair play and integrity: Recognition of athletes or teams that make decisions in difficult situations that reflect a commitment to the values of sport, even if it means sacrificing a competitive advantage.
  - (4) Respect for opponents: Recognition of those who demonstrate genuine respect for opponents, regardless of the competition result, avoiding behaviours such as arrogance, disrespect, or contempt.
  - (5) Conduct off the field: Consideration of the behaviour of competitors off the field of play, including interactions with the press, fans, and members of the host community.



## 9. AWARDS

The following military athletes and teams will be awarded:

- a. The top three overall finishers (female and male).
- b. The athletes who are part of the teams from the top 3 countries in the female competition and the top 3 countries in the male competition.
- c. It is up to the organising committee, in accordance with the regulations of the CISM, to award the "Fair Play Trophy" to one of the participating countries.
- d. The Commission Chief of the winning country receives the "Challenge Trophy".
- e. The Commission Chief of the winning country of the "Fair Play Trophy" receives the trophy.