



CORRIDA 8 KM



Posição Geral	Dorsal	Nome	Tempo Prova	Tempo Líquido	Idade	Género	Escalão	Posição Género	Posição Escalão	Equipa
1	222	NUNO RIBEIRO	0:27:30.00	0:27:30.00	27	M	Jun Sen M (0-34)	1	1	CF OS BELENENSES
2	30	JOÃO ALVES	0:29:23.32	0:29:23.32	31	M	Jun Sen M (0-34)	2	2	URBAN RUN TEAM
3	166	FILIPPE GOMES	0:31:17.05	0:31:16.94	39	M	VetI M (35-39)	3	1	
4	274	HUGO JORGE	0:31:23.11	0:31:23.11	30	M	Jun Sen M (0-34)	4	3	
5	249	PAULO BARRADAS	0:32:02.83	0:32:02.83	42	M	VetII M (40-44)	5	1	
6	240	CLAUDIO CASEIRO	0:32:13.75	0:32:12.53	46	M	VetIII M (45-49)	6	1	CORRER LISBOA
7	25	MARIO FERNANDES	0:32:31.00	0:32:31.00	56	M	VetV M (55-59)	7	1	
8	34	DUARTE COSTA	0:32:46.30	0:32:45.73	40	M	VetII M (40-44)	8	2	FEDERAÇÃO DA FAMILIA
9	49	MARCOS MORAIS	0:33:48.18	0:33:47.65	23	M	Jun Sen M (0-34)	9	4	EQUIPE LS
10	246	MILTER NASCIMENTO	0:34:05.00	0:34:05.00	34	M	Jun Sen M (0-34)	10	5	
11	203	GONÇALO VICENTE	0:34:23.13	0:34:22.77	21	M	Jun Sen M (0-34)	11	6	
12	237	MANUEL DIAS	0:34:37.64	0:34:36.41	30	M	Jun Sen M (0-34)	12	7	
13	117	PAULO FERREIRA	0:34:43.70	0:34:43.54	43	M	VetII M (40-44)	13	3	BOLINHAS RUNNERS
14	42	HUGO COSTA	0:34:50.00	0:34:49.11	39	M	VetI M (35-39)	14	2	
15	214	PEDRO GONÇALVES	0:34:52.31	0:34:50.94	38	M	VetI M (35-39)	15	3	AMIGOS VALE SILENCIO
16	250	ANDRE LOPES	0:34:57.37	0:34:57.37	38	M	VetI M (35-39)	16	4	SS CGD
17	58	RICARDO MARTINS	0:35:05.03	0:35:04.90	33	M	Jun Sen M (0-34)	17	8	
18	168	ANDRÉ RIBEIRO	0:35:19.01	0:35:16.14	31	M	Jun Sen M (0-34)	18	9	2600TR
19	44	AMADEU FRANCISCO	0:35:19.48	0:35:17.53	41	M	VetII M (40-44)	19	4	
20	81	ANTÓNIO GONÇALVES	0:35:26.26	0:35:26.16	47	M	VetIII M (45-49)	20	2	AMIGOS VALE SILÊNCIO
21	272	MIGUEL VERDUGO	0:35:42.00	0:35:42.00	27	M	Jun Sen M (0-34)	21	10	
22	72	MARIO SEABRA	0:35:58.87	0:35:51.21	51	M	VetIV M (50-54)	22	1	GRJA
23	242	TIAGO BRANCO	0:36:19.51	0:36:14.63	46	M	VetIII M (45-49)	23	3	
24	16	JOÃO CARVALHO	0:36:31.78	0:36:17.72	34	M	Jun Sen M (0-34)	24	11	HC RUNNERS



CORRIDA 8 KM



25	125	JOÃO PEREIRA	0:36:34.29	0:36:34.29	28	M	Jun Sen M (0-34)	25	12	2600TR
26	11	BRUNO SOARES	0:36:45.19	0:36:45.19	37	M	VetI M (35-39)	26	5	
27	193	BRUNO MATOSO	0:36:53.88	0:36:53.22	30	M	Jun Sen M (0-34)	27	13	
28	145	CATARINA CARREIRA	0:36:54.00	0:36:54.00	29	F	Jun Sen F (0-34)	1	1	LINDA-A-PASTORA SPORTING CLUBE
29	229	JOHN ALMEIDA	0:37:10.00	0:37:04.88	33	M	Jun Sen M (0-34)	28	14	
30	86	BRUNO BERNARDO	0:37:21.00	0:37:15.88	27	M	Jun Sen M (0-34)	29	15	
31	75	RAFAELA GONÇALVES	0:37:35.61	0:37:35.42	29	F	Jun Sen F (0-34)	2	2	
32	74	PAULO LOUREIRO	0:37:42.38	0:37:35.14	47	M	VetIII M (45-49)	30	4	GRJA
33	234	CLÁUDIA MADEIRA	0:37:46.55	0:37:45.47	43	F	VetII F (40-44)	3	1	CORRER LISBOA
34	79	PEDRO GRAÇA	0:37:48.06	0:37:34.00	35	M	VetI M (35-39)	31	6	
35	64	HUGO LUCIO	0:37:52.75	0:37:52.51	32	M	Jun Sen M (0-34)	32	16	ZE MARS PACERS
36	41	ALEXANDRA SILVEIRA	0:37:54.35	0:37:54.19	40	F	VetII F (40-44)	4	2	
37	159	DANIEL PINTO	0:37:55.76	0:37:51.52	33	M	Jun Sen M (0-34)	33	17	BRRNIGHTRUNNERS
38	19	NUNO RODRIGUES	0:38:01.12	0:37:57.44	45	M	VetIII M (45-49)	34	5	QUEBRA OSSOS
39	113	JOÃO MENDONÇA	0:38:05.58	0:37:53.94	22	M	Jun Sen M (0-34)	35	18	OS MONSTRENGOS
40	160	JOÃO GAVRISHANCAR	0:38:07.82	0:37:58.89	38	M	VetI M (35-39)	36	7	CLUBE ANA LISBOA
41	245	MIGUEL NASCIMENTO	0:38:18.77	0:38:11.82	25	M	Jun Sen M (0-34)	37	19	
42	108	HUGO SOUSA	0:38:19.17	0:38:08.64	37	M	VetI M (35-39)	38	8	
43	124	TIAGO FRANCO	0:38:21.15	0:38:19.21	37	M	VetI M (35-39)	39	9	2600TR
44	275	JOÃO AFONSO	0:38:29.80	0:38:29.80	29	M	Jun Sen M (0-34)	40	20	
45	186	PEDRO SAAVEDRA	0:38:31.69	0:38:19.44	44	M	VetII M (40-44)	41	5	SAAVEDRAS
46	137	PEDRO CARREIRA	0:38:34.82	0:38:23.19	39	M	VetI M (35-39)	42	10	CLUBE ANA LISBOA
47	235	JOÃO DIAS	0:38:41.83	0:38:39.76	33	M	Jun Sen M (0-34)	43	21	
48	239	PEDRO DAVIDE	0:38:57.00	0:38:54.18	39	M	VetI M (35-39)	44	11	
49	207	ANTÓNIO SARAIVA	0:39:04.42	0:39:01.26	26	M	Jun Sen M (0-34)	45	22	
50	180	JOSÉ ALVES	0:39:24.19	0:39:19.88	53	M	VetIV M (50-54)	46	2	



CORRIDA 8 KM



51	136	JOSÉ CHARRUA	0:39:28.05	0:39:27.36	44	M	VetII M (40-44)	47	6	CLUBE ANA LISBOA
52	43	RUI VASCONCELOS	0:39:29.31	0:39:28.71	44	M	VetII M (40-44)	48	7	
53	273	ALEXANDRE ALMEIDA	0:39:32.33	0:39:32.33	35	M	VetI M (35-39)	49	12	
54	188	LUIS ALMEIDA	0:39:37.01	0:39:26.29	43	M	VetII M (40-44)	50	8	
55	77	CARINA ROSA	0:40:28.70	0:40:19.08	44	F	VetII F (40-44)	5	3	3 POR 1
56	238	ANTÓNIO DIAS	0:40:31.26	0:40:25.64	25	M	Jun Sen M (0-34)	51	23	
57	123	DANIEL COSTA	0:40:38.25	0:40:23.85	21	M	Jun Sen M (0-34)	52	24	
58	130	NOÉMIA SEQUEIRA	0:40:46.03	0:40:29.76	55	F	VetV F (55-59)	6	1	SS CGD
59	126	CARLOS LEITÃO	0:40:46.10	0:40:30.40	60	M	VetVI M (60-64)	53	1	SS CGD
60	52	VICTOR AFFONSO	0:40:49.50	0:40:42.32	33	M	Jun Sen M (0-34)	54	25	AR LISBOA
61	174	DENIS STENDERCHUCK	0:40:49.50	0:40:49.50	43	M	VetII M (40-44)	55	9	BAGIRA
62	97	VINICIUS DIOGO	0:40:52.87	0:40:49.15	28	M	Jun Sen M (0-34)	56	26	
63	208	JOÃO FERREIRA	0:40:54.35	0:40:50.16	25	M	Jun Sen M (0-34)	57	27	
64	62	FILIPTE TEIXEIRA	0:40:54.87	0:40:54.74	34	M	Jun Sen M (0-34)	58	28	ZE MARS PACERS
65	202	ANA COSTA	0:40:57.37	0:40:47.22	54	F	VetIV F (50-54)	7	1	
66	199	SARA PEREIRA	0:40:59.51	0:40:50.85	50	F	VetIV F (50-54)	8	2	
67	156	BRUNO TAVARES	0:41:04.84	0:41:01.91	34	M	Jun Sen M (0-34)	59	29	
68	65	BRUNA DIAS	0:41:12.67	0:41:11.77	29	F	Jun Sen F (0-34)	9	3	ZE MARS PACERS
69	101	ANDRÉ MARTINS	0:41:37.46	0:41:18.77	35	M	VetI M (35-39)	60	13	
70	241	JOSÉ BICA	0:41:39.83	0:41:37.93	41	M	VetII M (40-44)	61	10	CORRER LISBOA
71	209	NUNO SILVA	0:41:47.91	0:41:43.71	26	M	Jun Sen M (0-34)	62	30	
72	112	CATARINA MADUREIRA	0:41:50.79	0:41:40.64	22	F	Jun Sen F (0-34)	10	4	OS MONSTRENGOS
73	189	NUNO ALMEIDA	0:41:51.23	0:41:36.90	52	M	VetIV M (50-54)	63	3	DOBEM COM A VIDA
74	63	MARCO LIMA	0:41:58.78	0:41:56.85	33	M	Jun Sen M (0-34)	64	31	ZE MARS PACERS
75	201	CRISTIANA OLIVEIRA	0:42:16.35	0:42:11.91	25	F	Jun Sen F (0-34)	11	5	
76	45	JOÃO ALMEIDA	0:42:29.71	0:42:13.97	43	M	VetII M (40-44)	65	11	



CORRIDA 8 KM



77	223	FRANCISCO VERDELHO	0:42:39.87	0:42:39.87	27	M	Jun Sen M (0-34)	66	32	
78	192	RICARDO MARQUES	0:42:43.24	0:42:42.98	32	M	Jun Sen M (0-34)	67	33	
79	182	TIAGO CERQUEIRA	0:42:44.00	0:42:44.00	30	M	Jun Sen M (0-34)	68	34	
80	152	JOAQUIM SAFARA	0:42:44.70	0:42:42.32	62	M	VetVI M (60-64)	69	2	CORRER LISBOA
81	85	NUNO BURNAY	0:42:45.12	0:42:40.82	27	M	Jun Sen M (0-34)	70	35	
82	224	MANUEL VERDELHO	0:42:49.23	0:42:43.06	24	M	Jun Sen M (0-34)	71	36	
83	225	MANUEL SANTOS	0:42:49.57	0:42:43.17	27	M	Jun Sen M (0-34)	72	37	
84	218	PAULO MARTINS	0:42:57.00	0:42:54.35	59	M	VetV M (55-59)	73	2	7 COLINAS RUNNERS
85	69	ANDRÉ REMÉDIO	0:43:01.60	0:42:46.46	42	M	VetII M (40-44)	74	12	CLUBE EDP - LISBOA
86	216	KATARZYNA PACZÓSKA	0:43:03.94	0:42:48.51	27	F	Jun Sen F (0-34)	12	6	
87	76	JORGE SOUSA	0:43:09.00	0:42:55.29	35	M	VetI M (35-39)	75	14	
88	198	FILIPE FERREIRA	0:43:16.57	0:43:01.95	30	M	Jun Sen M (0-34)	76	38	
89	215	SÍLVIA FERREIRA	0:43:18.33	0:43:16.74	52	F	VetIV F (50-54)	13	3	GRJA
90	119	ADRIANA SILVA	0:43:21.57	0:43:20.17	28	F	Jun Sen F (0-34)	14	7	CBAMM
91	128	JOSE DIMAS	0:43:23.84	0:43:07.01	54	M	VetIV M (50-54)	77	4	SS CGD
92	15	JORGE CAVACO	0:43:29.60	0:43:14.36	36	M	VetI M (35-39)	78	15	
93	68	GONÇALO MARTINHO	0:43:35.01	0:43:23.32	47	M	VetIII M (45-49)	79	6	
94	114	NUNO VENTURA	0:43:57.11	0:43:41.12	50	M	VetIV M (50-54)	80	5	CAA BELEM
95	155	DIOGO COSTA	0:43:58.26	0:43:47.63	32	M	Jun Sen M (0-34)	81	39	FACTORIES
96	99	DIOGO VELOSO	0:44:05.19	0:44:05.19	28	M	Jun Sen M (0-34)	82	40	
97	232	PEDRO SEABRA	0:44:10.76	0:44:01.38	37	M	VetI M (35-39)	83	16	
98	56	XAVIER TAYLOR	0:44:20.00	0:44:12.26	33	M	Jun Sen M (0-34)	84	41	
99	153	GABRIEL DEXHEIMER	0:44:20.70	0:44:20.70	28	M	Jun Sen M (0-34)	85	42	FACTORIES
100	135	VÍTOR RIBEIRO	0:44:21.92	0:44:15.76	33	M	Jun Sen M (0-34)	86	43	CLUBE ANA LISBOA
101	134	MARIA ALVES	0:44:22.05	0:44:14.62	32	F	Jun Sen F (0-34)	15	8	CLUBE ANA LISBOA
102	200	ARMINDO PEREIRA	0:44:26.67	0:44:18.92	52	M	VetIV M (50-54)	87	6	



CORRIDA 8 KM



103	147	ANTÓNIO MARRACHINHO	0:44:39.94	0:44:29.92	62	M	VetVI M (60-64)	88	3	TREVO4FOLHAS
104	230	GUILHERME RELVAS	0:44:47.68	0:44:45.11	28	M	Jun Sen M (0-34)	89	44	
105	22	RUI PASTOR	0:45:01.00	0:44:48.18	51	M	VetIV M (50-54)	90	7	PASTOR RACING
106	131	PAULO BAILÃO	0:45:23.03	0:45:06.49	53	M	VetIV M (50-54)	91	8	SS CGD
107	103	SÉRGIO DIAS	0:45:25.17	0:45:21.13	56	M	VetV M (55-59)	92	3	KBF
108	105	MIGUEL MARQUES	0:45:25.24	0:45:20.79	45	M	VetIII M (45-49)	93	7	
109	127	FRANCISCO CLERIGO	0:45:26.92	0:45:15.53	70	M	VetVIII M (70-99)	94	1	SS CGD
110	73	VÍTOR PEREIRA	0:45:31.40	0:45:24.47	47	M	VetIII M (45-49)	95	8	GRJA
111	66	JOÃO FRAGOSO	0:45:54.25	0:45:51.06	32	M	Jun Sen M (0-34)	96	45	ZE MARS PACERS
112	107	ANA FERNANDES	0:45:55.37	0:45:44.01	36	F	VetI F (35-39)	16	1	
113	26	SUSANA FERNANDES	0:45:58.89	0:45:58.79	41	F	VetII F (40-44)	17	4	
114	227	CARLOS COSTA	0:46:13.06	0:46:10.03	52	M	VetIV M (50-54)	97	9	CLUBE ANACOM
115	205	TOMAS VEIGA	0:46:14.21	0:46:07.12	27	M	Jun Sen M (0-34)	98	46	
116	187	JOANA CELINA	0:46:16.67	0:46:08.60	23	F	Jun Sen F (0-34)	18	9	TREVO4FOLHAS
117	78	SANDRA QUINTINO	0:46:16.96	0:46:06.18	46	F	VetIII F (45-49)	19	1	3 POR 1
118	67	ARTUR ANDRÉ	0:46:17.91	0:46:16.15	22	M	Jun Sen M (0-34)	99	47	
119	120	JORGE VAZ	0:46:18.80	0:46:10.09	49	M	VetIII M (45-49)	100	9	
120	10	MICAELA MACIEL	0:46:19.51	0:46:03.37	28	F	Jun Sen F (0-34)	20	10	
121	60	RUTE DIAS	0:46:20.02	0:46:11.45	50	F	VetIV F (50-54)	21	4	
122	226	LUÍS GOMES	0:46:30.73	0:46:13.91	41	M	VetII M (40-44)	101	13	SSCGD
123	211	NUNO OLIVEIRA	0:46:32.14	0:46:14.02	48	M	VetIII M (45-49)	102	10	
124	158	ANDRÉ CARVALHO	0:46:52.64	0:46:47.87	36	M	VetI M (35-39)	103	17	
125	118	JOÃO ANTUNES	0:47:16.49	0:47:02.85	31	M	Jun Sen M (0-34)	104	48	
126	149	RICARDO SOARES	0:47:17.32	0:47:08.76	29	M	Jun Sen M (0-34)	105	49	TREVO4FOLHAS
127	102	HENRIQUE SAMPAIO	0:47:19.81	0:47:02.46	35	M	VetI M (35-39)	106	18	
128	191	SANDRA GONÇALVES	0:47:30.06	0:47:14.32	51	F	VetIV F (50-54)	22	5	DOBEM COM A VIDA



CORRIDA 8 KM



129	139	LUIS PROENÇA	0:47:37.95	0:47:30.25	53	M	VetIV M (50-54)	107	10	
130	90	AGATA KOSTKA	0:47:42.62	0:47:37.05	42	F	VetII F (40-44)	23	5	
131	115	PEDRO LOUREIRO	0:48:08.25	0:47:59.38	47	M	VetIII M (45-49)	108	11	
132	21	INÊS ABRANTES	0:48:56.35	0:48:45.93	39	F	VetI F (35-39)	24	2	BALHELHAS
133	236	MARIA GUAPO	0:49:11.04	0:49:09.36	30	F	Jun Sen F (0-34)	25	11	
134	94	CRISTIANA BEXIGA	0:49:12.52	0:49:12.52	23	F	Jun Sen F (0-34)	26	12	
135	104	MARIANA VIEIRA	0:49:12.72	0:49:03.21	23	F	Jun Sen F (0-34)	27	13	
136	173	MIGUEL SUSTELO	0:49:33.34	0:49:21.48	21	M	Jun Sen M (0-34)	109	50	
137	170	MAFALDA SUSTELO	0:49:33.94	0:49:22.86	30	F	Jun Sen F (0-34)	28	14	
138	171	LUIS MEXIA	0:49:34.35	0:49:23.41	28	M	Jun Sen M (0-34)	110	51	
139	172	FRANCISCO SUSTELO	0:49:34.36	0:49:23.31	19	M	Jun Sen M (0-34)	111	52	
140	219	MONICA SANTOS	0:49:40.00	0:49:40.00	47	F	VetIII F (45-49)	29	2	AMINHACORRIDAPACERS
141	151	LUÍS SIMÃO	0:49:49.05	0:49:41.27	30	M	Jun Sen M (0-34)	112	53	
142	38	DIANA RAMOS	0:50:32.54	0:50:19.33	37	F	VetI F (35-39)	30	3	
143	53	NATÁLIA GOULART	0:50:39.63	0:50:23.98	35	F	VetI F (35-39)	31	4	
144	122	HELDER COSTA	0:51:10.00	0:50:53.24	53	M	VetIV M (50-54)	113	11	
145	31	ANDREIA RIBEIRO	0:51:42.61	0:51:34.61	33	F	Jun Sen F (0-34)	32	15	
146	217	JOÃO CAMPOS	0:52:40.00	0:52:40.00	51	M	VetIV M (50-54)	114	12	AMINHACORRIDA RUNEXTREM
147	129	LIDIA BAILÃO	0:53:27.01	0:53:11.23	53	F	VetIV F (50-54)	33	6	SS CGD
148	176	RENAN GRANDO	0:53:52.77	0:53:49.21	33	M	Jun Sen M (0-34)	115	54	100%
149	196	PAULO ALMENDRA	0:53:53.82	0:53:42.01	51	M	VetIV M (50-54)	116	13	DREAMERS
150	195	ANA ALMENDRA	0:53:54.65	0:53:42.84	49	F	VetIII F (45-49)	34	3	DREAMERS
151	197	DAVID ALMENDRA	0:53:54.92	0:53:42.15	22	M	Jun Sen M (0-34)	117	55	DREAMERS
152	175	LUANA FANTATO	0:53:58.16	0:53:54.36	36	F	VetI F (35-39)	35	5	100%
153	231	RITA MORGADO	0:54:00.89	0:53:51.67	39	F	VetI F (35-39)	36	6	
154	221	MARIA MOURA	0:54:00.90	0:53:50.73	49	F	VetIII F (45-49)	37	4	NA PAPAGAIO



CORRIDA 8 KM



155	206	ANTÓNIO GRAÇA	0:54:09.64	0:54:03.58	26	M	Jun Sen M (0-34)	118	56	PRAGA 2024
156	167	SILVIA MENDES	0:54:16.03	0:54:15.54	44	F	VetII F (40-44)	38	6	CARACÓIS RUNNERS
157	148	CRISTINA SOARES	0:54:24.38	0:54:16.67	59	F	VetV F (55-59)	39	2	TREVO4FOLHAS
158	91	ISABELA SÁ	0:54:26.03	0:54:17.58	26	F	Jun Sen F (0-34)	40	16	CUSCUZ
159	84	RITAAAAA :))	0:54:31.77	0:54:17.73	55	F	VetV F (55-59)	41	3	AS FANTASMINHAS
160	17	JOANA PEREIRA	0:54:36.69	0:54:34.01	28	F	Jun Sen F (0-34)	42	17	CCD CRÉDITO AGRICOLA
161	18	CARLOS FONSECA	0:54:37.18	0:54:32.70	27	M	Jun Sen M (0-34)	119	57	QUEBRA OSSOS
162	110	ANA PORFÍRIO	0:54:44.13	0:54:32.65	32	F	Jun Sen F (0-34)	43	18	
163	20	ANTÓNIO ABRANTES	0:54:46.27	0:54:34.99	68	M	VetVII M (65-69)	120	1	BALHELHAS
164	142	LICIANE DALBENS	0:55:22.37	0:55:22.16	39	F	VetI F (35-39)	44	7	OS CORRE PARA COMER
165	140	NATACHA CABRAL	0:55:22.63	0:55:22.22	48	F	VetIII F (45-49)	45	5	OS CORRE PARA COMER
166	61	JOANA CHOURIÇO	0:56:06.06	0:56:02.58	60	F	VetVI F (60-64)	46	1	RUNNING CLUB SANTA CASA
167	185	ALALA CHEMLALI	0:57:29.68	0:57:29.11	38	F	VetI F (35-39)	47	8	JOALADINE
168	183	JOHANNA BATARD	0:57:30.59	0:57:28.19	30	F	Jun Sen F (0-34)	48	19	JOALADINE
169	184	AMANDINE CHEVAL	0:57:30.76	0:57:28.23	30	F	Jun Sen F (0-34)	49	20	JOALADINE
170	181	FRANCISCA DUARTE	0:57:31.02	0:57:19.65	27	F	Jun Sen F (0-34)	50	21	
171	50	JOHNNY THOMASSEN	0:58:25.87	0:58:08.64	63	M	VetVI M (60-64)	121	4	NORWAY
172	210	GI RIBEIRO	0:58:57.26	0:58:44.43	56	F	VetV F (55-59)	51	4	
173	141	NUNO DANTAS	0:59:14.00	0:59:12.69	49	M	VetIII M (45-49)	122	12	OS CORRE PARA COMER
174	157	RICARDO GIÃO	0:59:21.88	0:59:15.07	34	M	Jun Sen M (0-34)	123	58	
175	51	BEATRIZ ANTUNES	0:59:24.69	0:59:17.41	19	F	Jun Sen F (0-34)	52	22	
176	57	ARMINDO CARVALHO	0:59:26.15	0:59:26.15	41	M	VetII M (40-44)	124	14	
177	54	LILIANA RODRIGUES	0:59:26.20	0:59:26.20	33	F	Jun Sen F (0-34)	53	23	BOMBEIROS CARCAVELOS
178	95	ROBERTO LOURENÇO	0:59:26.35	0:59:19.48	37	M	VetI M (35-39)	125	19	
179	96	LUCIA HENRIQUES	0:59:32.08	0:59:28.49	21	F	Jun Sen F (0-34)	54	24	
180	204	MARGARIDA VICENTE	0:59:41.56	0:59:41.56	44	F	VetII F (40-44)	55	7	



CORRIDA 8 KM



181	144	FILIPA GARCIA	1:00:06.76	0:59:50.00	28	F	Jun Sen F (0-34)	56	25	
182	143	RUI ESPADINHA	1:00:17.00	1:00:17.00	41	M	VetII M (40-44)	126	15	OS CORRE PARA COMER
183	106	INÊS PAIVA	1:00:28.30	1:00:18.03	32	F	Jun Sen F (0-34)	57	26	CORRER LISBOA
184	194	JORGE MARTINS	1:00:45.24	1:00:40.98	69	M	VetVII M (65-69)	127	2	
185	190	NUNO BATISTA	1:00:59.30	1:00:43.42	43	M	VetII M (40-44)	128	16	DOBEM COM A VIDA
186	212	MARIANA SILVA	1:01:04.27	1:00:57.40	27	F	Jun Sen F (0-34)	58	27	MARAN
187	161	MARIA BRANCO	1:01:45.45	1:01:27.75	30	F	Jun Sen F (0-34)	59	28	
188	132	MARCELO BARBOSA	1:01:46.24	1:01:28.82	30	M	Jun Sen M (0-34)	129	59	
189	163	JOANA LOPES	1:02:08.66	1:02:03.57	28	F	Jun Sen F (0-34)	60	29	WELEAVENOMENBEHIND
190	165	ANA CARDOSO	1:02:08.90	1:02:04.23	24	F	Jun Sen F (0-34)	61	30	WELEAVENOMENBEHIND
191	162	JOANA CLERO	1:02:09.06	1:02:03.36	33	F	Jun Sen F (0-34)	62	31	WELEAVENOMENBEHIND
192	164	PEDRO SOARES	1:02:09.73	1:02:04.37	25	M	Jun Sen M (0-34)	130	60	WELEAVENOMENBEHIND
193	93	SARA LEMOS	1:02:46.05	1:02:37.21	25	F	Jun Sen F (0-34)	63	32	
194	46	ANA GODINHO	1:02:50.84	1:02:31.09	48	F	VetIII F (45-49)	64	6	
195	47	JOSÉ RODRIGUES	1:02:50.85	1:02:30.69	37	M	VetI M (35-39)	131	20	
196	48	OLINDA GODINHO	1:02:50.86	1:02:30.07	51	F	VetIV F (50-54)	65	7	
197	213	ALEXANDRE RODRIGUES	1:03:02.50	1:02:56.19	27	M	Jun Sen M (0-34)	132	61	MARAN
198	83	LEONOR FONTES	1:03:09.96	1:02:57.71	45	F	VetIII F (45-49)	66	7	AS FANTASMINHAS
199	133	ANA BARRETO	1:07:37.50	1:07:29.84	32	F	Jun Sen F (0-34)	67	33	