



| Posição Geral | Dorsal | Nome                | Tempo Prova | Tempo Líquido | Idade | Género | Escalão          | Posição Género | Posição Escalão | Equipa                        |
|---------------|--------|---------------------|-------------|---------------|-------|--------|------------------|----------------|-----------------|-------------------------------|
| 1             | 1073   | JOSE GASPAR         | 0:32:31.00  | 0:32:30.00    | 45    | M      | VetIII M (45-49) | 1              | 1               | AD PALMEIROS                  |
| 2             | 1344   | DIOGO RAMALHEIRA    | 0:34:03.81  | 0:34:02.97    | 35    | M      | VetI M (35-39)   | 2              | 1               | DR_RUNS                       |
| 3             | 811    | ROBERTO MONTEIRO    | 0:35:53.34  | 0:35:53.34    | 27    | M      | Sen M (18-34)    | 3              | 1               |                               |
| 4             | 590    | JULIO FINOTE        | 0:36:11.76  | 0:36:11.76    | 53    | M      | VetIV M (50-54)  | 4              | 1               | CLUBE NOVO BANCO              |
| 5             | 1241   | JOÃO LOPES          | 0:37:12.91  | 0:37:11.14    | 36    | M      | VetI M (35-39)   | 5              | 2               | GDC BANCO DE PORTUGAL         |
| 6             | 236    | AFONSO VERISSIMO    | 0:37:38.67  | 0:37:38.06    | 18    | M      | Sen M (18-34)    | 6              | 2               | CGD-SSCGD                     |
| 7             | 435    | BRUNO SOUSA         | 0:37:49.77  | 0:37:49.77    | 41    | M      | VetII M (40-44)  | 7              | 1               |                               |
| 8             | 1310   | RUI HENRIQUES       | 0:37:55.73  | 0:37:55.65    | 43    | M      | VetII M (40-44)  | 8              | 2               | SERVIÇOS SOCIAIS MONTEPIO     |
| 9             | 995    | FERNANDO FRAÚSTO    | 0:37:57.45  | 0:37:56.40    | 25    | M      | Sen M (18-34)    | 9              | 3               | BEJA AC                       |
| 10            | 797    | ANTÓNIO ROQUE       | 0:38:03.96  | 0:38:03.96    | 37    | M      | VetI M (35-39)   | 10             | 3               | CARACÓIS DE PEDRA             |
| 11            | 1117   | MARCOLINO VERÍSSIMO | 0:38:07.82  | 0:38:06.73    | 51    | M      | VetIV M (50-54)  | 11             | 2               | SS CGD                        |
| 12            | 818    | ANTÓNIO BARBOSA     | 0:38:18.03  | 0:38:18.03    | 43    | M      | VetII M (40-44)  | 12             | 3               | ASS VALE GRANDE               |
| 13            | 1129   | FREDERICO RODRIGUES | 0:38:24.23  | 0:38:24.23    | 31    | M      | Sen M (18-34)    | 13             | 4               |                               |
| 14            | 422    | JOÃO GUTERRES       | 0:38:27.64  | 0:38:25.65    | 48    | M      | VetIII M (45-49) | 14             | 2               | 1º DEZEMBRO QUEIJAS           |
| 15            | 781    | NUNO ALVES          | 0:39:02.83  | 0:39:02.83    | 47    | M      | VetIII M (45-49) | 15             | 3               | OUTSYSTEMS OLÍMPICO DE OEIRAS |
| 16            | 409    | NELSON COSTA        | 0:39:14.86  | 0:39:13.38    | 40    | M      | VetII M (40-44)  | 16             | 4               | CCD CRÉDITO AGRÍCOLA          |
| 17            | 296    | GONÇALO ZARCO       | 0:39:17.72  | 0:39:17.55    | 49    | M      | VetIII M (45-49) | 17             | 4               | ONTRISPORTS                   |
| 18            | 674    | MARCO DUARTE        | 0:39:28.74  | 0:39:28.74    | 34    | M      | Sen M (18-34)    | 18             | 5               |                               |
| 19            | 898    | RICARDO GONÇALVES   | 0:39:41.85  | 0:39:25.73    | 23    | M      | Sen M (18-34)    | 19             | 6               | GRUPO CORRIDA JCS             |
| 20            | 1233   | RICARDO ALVES       | 0:39:42.91  | 0:39:41.98    | 39    | M      | VetI M (35-39)   | 20             | 4               | CCD TRANQUILIDADE             |
| 21            | 338    | ANTÓNIO ARAÚJO      | 0:40:04.87  | 0:40:04.71    | 58    | M      | VetV M (55-59)   | 21             | 1               |                               |
| 22            | 1082   | PAULA MARTINS       | 0:40:27.07  | 0:40:26.45    | 42    | F      | VetII F (40-44)  | 1              | 1               | SS CGD                        |
| 23            | 868    | NELSON CUSTODIO     | 0:40:29.57  | 0:40:16.40    | 47    | M      | VetIII M (45-49) | 22             | 5               | GRUPO CORRIDA JCS             |
| 24            | 1001   | JOÃO CARRAJOLA      | 0:40:48.98  | 0:40:46.78    | 30    | M      | Sen M (18-34)    | 23             | 7               | NRD ÍDOLOS PRAÇA SETÚBAL      |



|    |      |                   |            |            |    |   |                  |    |    |                       |
|----|------|-------------------|------------|------------|----|---|------------------|----|----|-----------------------|
| 25 | 1096 | PEDRO PIMENTEL    | 0:40:52.21 | 0:40:52.21 | 50 | M | VetIV M (50-54)  | 24 | 3  | SS CGD                |
| 26 | 1160 | FILIFE OLIVEIRA   | 0:40:55.50 | 0:40:52.69 | 40 | M | VetII M (40-44)  | 25 | 5  |                       |
| 27 | 349  | JOÃO CAÇADOR      | 0:40:58.00 | 0:40:44.23 | 34 | M | Sen M (18-34)    | 26 | 8  | NESHA HOP & RUN TEAM  |
| 28 | 1121 | FERNANDO ALVES    | 0:41:06.94 | 0:41:02.95 | 47 | M | VetIII M (45-49) | 27 | 6  | NRD IDOLOS PRAÇA      |
| 29 | 318  | NUNO FERREIRA     | 0:41:09.54 | 0:41:02.38 | 38 | M | VetI M (35-39)   | 28 | 5  |                       |
| 30 | 1134 | VÍTOR MARTINS     | 0:41:09.79 | 0:41:06.94 | 53 | M | VetIV M (50-54)  | 29 | 4  |                       |
| 31 | 581  | LUIS MONTEIRO     | 0:41:14.34 | 0:41:14.34 | 51 | M | VetIV M (50-54)  | 30 | 5  | CLUBE NOVO BANCO      |
| 32 | 1023 | ANDRE FILIFE      | 0:41:15.05 | 0:41:13.72 | 33 | M | Sen M (18-34)    | 31 | 9  | SS CGD                |
| 33 | 1263 | FILIFE GONÇALVES  | 0:41:20.91 | 0:41:15.41 | 42 | M | VetII M (40-44)  | 32 | 6  | TRILHOS DO COSTUME    |
| 34 | 1174 | RUI BIGA          | 0:41:21.07 | 0:41:18.36 | 43 | M | VetII M (40-44)  | 33 | 7  | 2800MOVE              |
| 35 | 395  | NUNO ALMEIDA      | 0:41:23.90 | 0:41:08.08 | 42 | M | VetII M (40-44)  | 34 | 8  |                       |
| 36 | 204  | PEDRO FILIFE      | 0:41:24.00 | 0:41:19.54 | 44 | M | VetII M (40-44)  | 35 | 9  |                       |
| 37 | 486  | PAULO PALMA       | 0:41:26.23 | 0:41:26.23 | 59 | M | VetV M (55-59)   | 36 | 2  | DREAM RUNNERS ÉVORA   |
| 38 | 679  | NUNO NAIÁ         | 0:41:30.71 | 0:41:30.71 | 48 | M | VetIII M (45-49) | 37 | 7  | C MILLENNIUM BCP      |
| 39 | 757  | PEDRO FAVINHA     | 0:41:30.88 | 0:41:30.88 | 50 | M | VetIV M (50-54)  | 38 | 6  | CF OS BELENENSES      |
| 40 | 1289 | ALEXANDRE PEDROSA | 0:41:32.96 | 0:41:32.96 | 47 | M | VetIII M (45-49) | 39 | 8  | CF OS BELENENSES      |
| 41 | 425  | RITA SANTOS       | 0:41:39.33 | 0:41:34.64 | 28 | F | Sen F (18-34)    | 2  | 1  | SIMECQ                |
| 42 | 1285 | GONÇALO FERREIRA  | 0:41:50.21 | 0:41:48.62 | 50 | M | VetIV M (50-54)  | 40 | 7  | CF OS BELENENSES      |
| 43 | 1277 | ANDRÉ LOPES       | 0:41:57.21 | 0:41:45.69 | 34 | M | Sen M (18-34)    | 41 | 10 |                       |
| 44 | 431  | HUGO FERREIRA     | 0:42:00.51 | 0:41:57.74 | 46 | M | VetIII M (45-49) | 42 | 9  |                       |
| 45 | 1258 | BRUNO PIRES       | 0:42:11.61 | 0:42:11.61 | 41 | M | VetII M (40-44)  | 43 | 10 | GDC BANCO DE PORTUGAL |
| 46 | 533  | PEDRO SERRA       | 0:42:13.06 | 0:42:13.06 | 38 | M | VetI M (35-39)   | 44 | 6  |                       |
| 47 | 588  | FRANCISCO DUARTE  | 0:42:16.75 | 0:42:16.75 | 25 | M | Sen M (18-34)    | 45 | 11 | CLUBE NOVO BANCO      |
| 48 | 1063 | JOSÉ MONTEIRO     | 0:42:19.28 | 0:42:19.25 | 39 | M | VetI M (35-39)   | 46 | 7  | SS CGD                |
| 49 | 1284 | NUNO GRAÇA        | 0:42:20.69 | 0:42:20.59 | 41 | M | VetII M (40-44)  | 47 | 11 |                       |
| 50 | 979  | MAURICIO VIDANIA  | 0:42:36.79 | 0:42:33.83 | 32 | M | Sen M (18-34)    | 48 | 12 |                       |



|    |      |                  |            |            |    |   |                  |    |    |                         |
|----|------|------------------|------------|------------|----|---|------------------|----|----|-------------------------|
| 51 | 1294 | RUI FREITAS      | 0:42:39.66 | 0:42:31.36 | 46 | M | VetIII M (45-49) | 49 | 10 | GFD RUNNING             |
| 52 | 611  | PAULO GOMES      | 0:42:41.03 | 0:42:41.03 | 42 | M | VetII M (40-44)  | 50 | 12 | WALKRUN - WERUN         |
| 53 | 275  | JOÃO DIAS        | 0:42:43.66 | 0:42:11.90 | 27 | M | Sen M (18-34)    | 51 | 13 |                         |
| 54 | 985  | RÚBEN COELHO     | 0:42:46.57 | 0:42:32.08 | 31 | M | Sen M (18-34)    | 52 | 14 | NESHA HOP & RUN TEAM    |
| 55 | 744  | ANDRE MARTINS    | 0:42:55.84 | 0:42:55.84 | 38 | M | VetI M (35-39)   | 53 | 8  | RUN & WIN(E)            |
| 56 | 437  | RICARDO LOPES    | 0:42:59.64 | 0:42:53.34 | 32 | M | Sen M (18-34)    | 54 | 15 |                         |
| 57 | 553  | RUI RODRIGUES    | 0:42:59.89 | 0:42:59.89 | 48 | M | VetIII M (45-49) | 55 | 11 | SR GRANJA               |
| 58 | 310  | BRUNO OLIVEIRA   | 0:43:00.55 | 0:42:53.83 | 56 | M | VetV M (55-59)   | 56 | 3  |                         |
| 59 | 540  | PEDRO NUNES      | 0:43:05.24 | 0:43:05.24 | 38 | M | VetI M (35-39)   | 57 | 9  |                         |
| 60 | 306  | EDUARDO LOURENÇO | 0:43:05.44 | 0:42:03.86 | 54 | M | VetIV M (50-54)  | 58 | 8  | CHARNECA STARS          |
| 61 | 552  | JOSÉ ALVES       | 0:43:07.00 | 0:43:07.00 | 51 | M | VetIV M (50-54)  | 59 | 9  | A MINHA CORRIDA         |
| 62 | 218  | PEDRO MANAÇAS    | 0:43:11.01 | 0:43:06.17 | 49 | M | VetIII M (45-49) | 60 | 12 | A NATUREZA ENSINA       |
| 63 | 1292 | HUGO MONCACHA    | 0:43:11.93 | 0:43:02.98 | 46 | M | VetIII M (45-49) | 61 | 13 | GFD RUNNING             |
| 64 | 1298 | VITOR NOVAIS     | 0:43:15.57 | 0:42:56.40 | 47 | M | VetIII M (45-49) | 62 | 14 | GDCTINCM                |
| 65 | 428  | RUI MONTEIRO     | 0:43:21.31 | 0:43:20.96 | 57 | M | VetV M (55-59)   | 63 | 4  | ACPUTSM                 |
| 66 | 1355 | TEOTONIO NETO    | 0:43:21.42 | 0:43:17.51 | 59 | M | VetV M (55-59)   | 64 | 5  | ADCR MATA BENFICA       |
| 67 | 554  | CARLOS CAEIRO    | 0:43:26.44 | 0:43:26.44 | 49 | M | VetIII M (45-49) | 65 | 15 | AMINHACORRIDA/RUNEXTREM |
| 68 | 123  | BRUNO ANDRADE    | 0:43:27.56 | 0:43:26.93 | 37 | M | VetI M (35-39)   | 66 | 10 |                         |
| 69 | 654  | LUÍS LEMOS       | 0:43:32.30 | 0:43:32.30 | 46 | M | VetIII M (45-49) | 67 | 16 | CLUBE OGMA              |
| 70 | 584  | CARLOS GONÇALVES | 0:43:36.41 | 0:43:36.41 | 49 | M | VetIII M (45-49) | 68 | 17 | CLUBE NOVO BANCO        |
| 71 | 1112 | SOFIA ARGENTINA  | 0:43:43.66 | 0:43:42.57 | 43 | F | VetII F (40-44)  | 3  | 2  | SS CGD                  |
| 72 | 1242 | LUÍS RIO         | 0:43:47.07 | 0:43:41.49 | 51 | M | VetIV M (50-54)  | 69 | 10 | GDC BANCO DE PORTUGAL   |
| 73 | 771  | BRANT PAULSON    | 0:43:47.97 | 0:43:47.97 | 48 | M | VetIII M (45-49) | 70 | 18 |                         |
| 74 | 424  | CARLOS GOMES     | 0:43:52.07 | 0:43:45.52 | 31 | M | Sen M (18-34)    | 71 | 16 | SIMECQ                  |
| 75 | 1342 | CARLOS FRANCISCO | 0:43:55.86 | 0:43:31.60 | 31 | M | Sen M (18-34)    | 72 | 17 | GD SANTANDER TOTTA      |
| 76 | 1089 | PEDRO BRAS       | 0:44:01.81 | 0:43:33.17 | 40 | M | VetII M (40-44)  | 73 | 13 | SS CGD                  |



# CORRIDA CAIXA

16 ABRIL



|     |      |                    |            |            |    |   |                  |    |    |                               |
|-----|------|--------------------|------------|------------|----|---|------------------|----|----|-------------------------------|
| 77  | 1326 | JOÃO HENRIQUES     | 0:44:02.44 | 0:43:02.77 | 21 | M | Sen M (18-34)    | 74 | 18 |                               |
| 78  | 1286 | CRISTIANO MARQUES  | 0:44:03.00 | 0:44:03.00 | 50 | M | VetIV M (50-54)  | 75 | 11 | CF OS BELENENSES              |
| 79  | 510  | JAIME LAMEGO       | 0:44:04.01 | 0:44:04.01 | 63 | M | VetVI M (60-64)  | 76 | 1  | UMA TEAM                      |
| 80  | 1143 | NUNO ALVES         | 0:44:05.47 | 0:44:00.61 | 30 | M | Sen M (18-34)    | 77 | 19 | RUNNING SALAMANCA             |
| 81  | 180  | JOÃO BELO          | 0:44:07.13 | 0:44:05.73 | 37 | M | VetI M (35-39)   | 78 | 11 | FIDELIDADE GDC                |
| 82  | 1053 | JOÃO MARQUES       | 0:44:08.51 | 0:43:53.54 | 45 | M | VetIII M (45-49) | 79 | 19 | SS CGD                        |
| 83  | 828  | JORGE MANUEL       | 0:44:20.82 | 0:44:17.14 | 50 | M | VetIV M (50-54)  | 80 | 12 | CD MAFRA                      |
| 84  | 105  | CARLOS RESA        | 0:44:22.41 | 0:44:13.27 | 41 | M | VetII M (40-44)  | 81 | 14 |                               |
| 85  | 1045 | HENRIQUE AMADOR    | 0:44:22.99 | 0:44:21.53 | 51 | M | VetIV M (50-54)  | 82 | 13 | SS CGD                        |
| 86  | 886  | JOÃO PEREIRA       | 0:44:31.68 | 0:43:17.66 | 46 | M | VetIII M (45-49) | 83 | 20 | GRUPO CORRIDA JCS             |
| 87  | 845  | JOSÉ BRITO         | 0:44:33.23 | 0:44:29.98 | 60 | M | VetVI M (60-64)  | 84 | 2  |                               |
| 88  | 633  | JOÃO CALDEIRA      | 0:44:33.94 | 0:44:33.94 | 39 | M | VetI M (35-39)   | 85 | 12 | FALSOS LENTOS                 |
| 89  | 344  | LUÍS SILVA         | 0:44:36.19 | 0:44:05.92 | 36 | M | VetI M (35-39)   | 86 | 13 | NESHA HOP & RUN TEAM          |
| 90  | 551  | MIGUEL DONAS-BOTTO | 0:44:40.00 | 0:44:40.00 | 24 | M | Sen M (18-34)    | 87 | 20 |                               |
| 91  | 1196 | FERNANDO COSTA     | 0:44:41.27 | 0:43:31.40 | 46 | M | VetIII M (45-49) | 88 | 21 | LEROY MERLIN SC               |
| 92  | 221  | PEDRO CORREIA      | 0:44:47.17 | 0:43:10.66 | 21 | M | Sen M (18-34)    | 89 | 21 |                               |
| 93  | 529  | ALLAN HOUSOULLIEZ  | 0:44:47.81 | 0:44:02.81 | 30 | M | Sen M (18-34)    | 90 | 22 | MACACOS                       |
| 94  | 746  | HUGO CHAVES        | 0:44:52.38 | 0:44:52.38 | 25 | M | Sen M (18-34)    | 91 | 23 | LOBOS BRUNHEIRO CHAVESANTEROS |
| 95  | 322  | ANDRÉ NEREU        | 0:44:53.63 | 0:44:53.63 | 32 | M | Sen M (18-34)    | 92 | 24 |                               |
| 96  | 802  | PAULO MANAÇAS      | 0:44:57.01 | 0:44:57.01 | 51 | M | VetIV M (50-54)  | 93 | 14 | A NATUREZA ENSINA             |
| 97  | 1144 | BRUNA MORAIS       | 0:44:59.56 | 0:44:56.49 | 33 | F | Sen F (18-34)    | 4  | 2  |                               |
| 98  | 304  | GIL MONTEIRO       | 0:45:00.20 | 0:45:00.17 | 48 | M | VetIII M (45-49) | 94 | 22 | DELOITTE RUNNING CLUB         |
| 99  | 800  | AGOSTINHO MATOS    | 0:45:03.44 | 0:45:03.44 | 43 | M | VetII M (40-44)  | 95 | 15 | CCD SIEMENS                   |
| 100 | 1283 | LUIS PAULO         | 0:45:03.60 | 0:44:27.64 | 56 | M | VetV M (55-59)   | 96 | 6  | BAHIA                         |
| 101 | 1261 | JOÃO PASSOS        | 0:45:04.25 | 0:44:37.96 | 44 | M | VetII M (40-44)  | 97 | 16 |                               |
| 102 | 829  | JOSE SILVA         | 0:45:04.40 | 0:45:01.56 | 54 | M | VetIV M (50-54)  | 98 | 15 | CD MAFRA                      |





|     |      |                    |            |            |    |   |                  |     |    |                                |
|-----|------|--------------------|------------|------------|----|---|------------------|-----|----|--------------------------------|
| 103 | 877  | DIOGO CASTRO       | 0:45:04.76 | 0:44:20.75 | 42 | M | VetII M (40-44)  | 99  | 17 | GRUPO CORRIDA JCS              |
| 104 | 1348 | FREDERICO LAZARO   | 0:45:05.43 | 0:45:04.94 | 43 | M | VetII M (40-44)  | 100 | 18 | AMINHACORRIDA PACERS           |
| 105 | 1231 | NUNO REIS          | 0:45:05.68 | 0:45:02.79 | 41 | M | VetII M (40-44)  | 101 | 19 | CCD TRANQUILIDADE              |
| 106 | 842  | RODRIGO CAPELEIRO  | 0:45:06.29 | 0:45:02.81 | 28 | M | Sen M (18-34)    | 102 | 25 |                                |
| 107 | 1291 | ARMANDO MUCHAGATA  | 0:45:11.40 | 0:45:09.52 | 51 | M | VetIV M (50-54)  | 103 | 16 | CF OS BELENENSES               |
| 108 | 324  | MIGUEL AMARAL      | 0:45:12.44 | 0:45:10.58 | 45 | M | VetIII M (45-49) | 104 | 23 |                                |
| 109 | 280  | BRUNO CARVALHO     | 0:45:30.99 | 0:45:06.16 | 37 | M | VetI M (35-39)   | 105 | 14 | BANDIDOS                       |
| 110 | 1330 | RUBEN ROCHA        | 0:45:31.06 | 0:45:20.09 | 32 | M | Sen M (18-34)    | 106 | 26 |                                |
| 111 | 1157 | NUNO SILVA         | 0:45:33.63 | 0:45:19.23 | 47 | M | VetIII M (45-49) | 107 | 24 | CCD CRÉDITO AGRÍCOLA           |
| 112 | 577  | RUI ASCENSÃO       | 0:45:37.57 | 0:45:37.57 | 46 | M | VetIII M (45-49) | 108 | 25 |                                |
| 113 | 606  | PAULO PIRES        | 0:45:37.93 | 0:45:05.93 | 55 | M | VetV M (55-59)   | 109 | 7  | AMIGOS DA CORRIDA              |
| 114 | 1057 | JOAQUIM FRADE      | 0:45:41.79 | 0:45:40.70 | 67 | M | VetVII M (65-69) | 110 | 1  | SS CGD                         |
| 115 | 141  | DIANA FERNANDES    | 0:45:41.92 | 0:45:32.98 | 28 | F | Sen F (18-34)    | 5   | 3  |                                |
| 116 | 1010 | MÁRIO SANTOS       | 0:45:43.37 | 0:45:38.87 | 39 | M | VetI M (35-39)   | 111 | 15 |                                |
| 117 | 670  | PEDRO MENDES       | 0:45:50.23 | 0:45:50.23 | 34 | M | Sen M (18-34)    | 112 | 27 |                                |
| 118 | 849  | EDGAR LIMA         | 0:45:52.56 | 0:44:33.46 | 18 | M | Sen M (18-34)    | 113 | 28 |                                |
| 119 | 1186 | TIAGO PEREIRA      | 0:45:53.78 | 0:45:51.69 | 36 | M | VetI M (35-39)   | 114 | 16 |                                |
| 120 | 303  | PAULO SILVA        | 0:45:55.31 | 0:45:04.48 | 49 | M | VetIII M (45-49) | 115 | 26 | B2 PT RUNNING                  |
| 121 | 610  | RUI PIRES          | 0:45:55.80 | 0:45:55.80 | 44 | M | VetII M (40-44)  | 116 | 20 |                                |
| 122 | 1086 | PAULO PIRES        | 0:45:57.70 | 0:44:57.22 | 57 | M | VetV M (55-59)   | 117 | 8  | SS CGD                         |
| 123 | 1026 | BRUNO RAINHO       | 0:45:58.81 | 0:45:49.14 | 39 | M | VetI M (35-39)   | 118 | 17 | SS CGD                         |
| 124 | 760  | RICARDO GUSTAVO    | 0:45:59.66 | 0:45:59.66 | 44 | M | VetII M (40-44)  | 119 | 21 |                                |
| 125 | 449  | CARLA BERNARDINO   | 0:46:00.86 | 0:46:00.23 | 46 | F | VetIII F (45-49) | 6   | 1  | EQUIPA CS                      |
| 126 | 599  | HUGO CARAGO        | 0:46:01.68 | 0:46:01.68 | 50 | M | VetIV M (50-54)  | 120 | 17 | CLUBE NOVO BANCO               |
| 127 | 1000 | FERNANDO SANTOS    | 0:46:02.05 | 0:45:40.43 | 54 | M | VetIV M (50-54)  | 121 | 18 | SABORES DO PAÇO TRAIL ZATOPÉQU |
| 128 | 692  | BRUNO DUARTE AMARO | 0:46:12.38 | 0:46:12.38 | 41 | M | VetII M (40-44)  | 122 | 22 | BENFICA EM FORMA               |



# CORRIDA CAIXA 16 ABRIL



|     |      |                   |            |            |    |   |                  |     |    |                               |
|-----|------|-------------------|------------|------------|----|---|------------------|-----|----|-------------------------------|
| 129 | 925  | MANUEL AGAPITO    | 0:46:14.55 | 0:46:09.25 | 30 | M | Sen M (18-34)    | 123 | 29 | SALAMANCA RUNNING             |
| 130 | 559  | PEDRO FILIPE      | 0:46:17.58 | 0:46:17.58 | 32 | M | Sen M (18-34)    | 124 | 30 |                               |
| 131 | 308  | DUARTE ALMEIDA    | 0:46:18.00 | 0:45:27.24 | 41 | M | VetII M (40-44)  | 125 | 23 | B2 PT RUNNING                 |
| 132 | 709  | LÚCIO BASÍLIO     | 0:46:20.31 | 0:46:20.31 | 66 | M | VetVII M (65-69) | 126 | 2  | AZA-AZAMBUJA COM ALMA         |
| 133 | 162  | ALEXANDRE ALMEIDA | 0:46:22.12 | 0:46:20.22 | 43 | M | VetII M (40-44)  | 127 | 24 | CF OS BELENENSES              |
| 134 | 893  | MIGUEL VELUDO     | 0:46:22.46 | 0:45:38.88 | 48 | M | VetIII M (45-49) | 128 | 27 | GRUPO CORRIDA JCS             |
| 135 | 1228 | MÁRIO CLÁUDIO     | 0:46:22.79 | 0:45:39.99 | 47 | M | VetIII M (45-49) | 129 | 28 | CCD TRANQUILIDADE             |
| 136 | 969  | ALEXEY SKADORVA   | 0:46:24.30 | 0:46:00.46 | 28 | M | Sen M (18-34)    | 130 | 31 |                               |
| 137 | 766  | NUNO CABEÇA       | 0:46:27.68 | 0:46:27.68 | 53 | M | VetIV M (50-54)  | 131 | 19 |                               |
| 138 | 1320 | NUNO COSTA        | 0:46:27.85 | 0:46:16.95 | 48 | M | VetIII M (45-49) | 132 | 29 | SS CGD                        |
| 139 | 1061 | JOAO SANTOS       | 0:46:28.17 | 0:46:19.72 | 26 | M | Sen M (18-34)    | 133 | 32 | SS CGD                        |
| 140 | 402  | RUI COSTA         | 0:46:30.16 | 0:46:24.09 | 38 | M | VetI M (35-39)   | 134 | 18 |                               |
| 141 | 914  | TITO NASCIMENTO   | 0:46:31.28 | 0:46:14.60 | 42 | M | VetII M (40-44)  | 135 | 25 | ELITE RUNNERS                 |
| 142 | 646  | NUNO CARIOCA      | 0:46:33.00 | 0:45:49.00 | 46 | M | VetIII M (45-49) | 136 | 30 |                               |
| 143 | 916  | CARLOS FERREIRA   | 0:46:33.69 | 0:46:16.84 | 45 | M | VetIII M (45-49) | 137 | 31 | ELITE RUNNERS                 |
| 144 | 848  | DIOGO CUNHA       | 0:46:35.00 | 0:46:35.00 | 21 | M | Sen M (18-34)    | 138 | 33 |                               |
| 145 | 951  | ROGÉRIO VENÂNCIO  | 0:46:43.83 | 0:46:42.83 | 68 | M | VetVII M (65-69) | 139 | 3  | O MUNDO DA CORRIDA            |
| 146 | 430  | RUI HENRIQUES     | 0:46:46.39 | 0:46:06.21 | 51 | M | VetIV M (50-54)  | 140 | 20 |                               |
| 147 | 465  | JOSÉ BICA         | 0:46:47.51 | 0:46:47.51 | 40 | M | VetII M (40-44)  | 141 | 26 | CORRER LISBOA                 |
| 148 | 347  | RUI SILVA         | 0:46:50.73 | 0:45:40.75 | 35 | M | VetI M (35-39)   | 142 | 19 | NESHA HOP & RUN TEAM          |
| 149 | 1021 | ANDRE LOPES       | 0:46:51.99 | 0:46:15.82 | 38 | M | VetI M (35-39)   | 143 | 20 | SS CGD                        |
| 150 | 630  | OTSUKA HIROSHI    | 0:46:52.00 | 0:46:52.00 | 59 | M | VetV M (55-59)   | 144 | 9  |                               |
| 151 | 432  | JOÃO CARVALHO     | 0:46:53.17 | 0:46:23.40 | 54 | M | VetIV M (50-54)  | 145 | 21 |                               |
| 152 | 1319 | FILIPE MATOS      | 0:46:53.21 | 0:46:50.76 | 36 | M | VetI M (35-39)   | 146 | 21 | CUA BENAVENTENSE - 3B TRIATLO |
| 153 | 1248 | RÚBEN FONSECA     | 0:46:58.96 | 0:46:52.27 | 41 | M | VetII M (40-44)  | 147 | 27 | GDC BANCO DE PORTUGAL         |
| 154 | 148  | RODRIGO SILVA     | 0:46:59.53 | 0:46:55.41 | 55 | M | VetV M (55-59)   | 148 | 10 | A NATUREZA ENSINA             |



|     |      |                    |            |            |    |   |                  |     |    |                               |
|-----|------|--------------------|------------|------------|----|---|------------------|-----|----|-------------------------------|
| 155 | 1025 | ANTONIO NASCIMENTO | 0:47:00.93 | 0:46:56.82 | 65 | M | VetVII M (65-69) | 149 | 4  | SS CGD                        |
| 156 | 1139 | PEDRO GARCIA       | 0:47:01.95 | 0:46:58.25 | 37 | M | VetI M (35-39)   | 150 | 22 |                               |
| 157 | 566  | CARLOS LUÍS        | 0:47:05.31 | 0:47:05.31 | 54 | M | VetIV M (50-54)  | 151 | 22 |                               |
| 158 | 699  | DIOGO PINHEIRO     | 0:47:06.26 | 0:47:06.26 | 25 | M | Sen M (18-34)    | 152 | 34 |                               |
| 159 | 564  | DIOGO SACOTO       | 0:47:07.11 | 0:47:07.11 | 33 | M | Sen M (18-34)    | 153 | 35 |                               |
| 160 | 114  | RUI MENDES         | 0:47:13.29 | 0:46:42.91 | 51 | M | VetIV M (50-54)  | 154 | 23 | CA VALE FIGUEIRA              |
| 161 | 420  | SUSANA CALHAU      | 0:47:15.43 | 0:47:04.89 | 27 | F | Sen F (18-34)    | 7   | 4  |                               |
| 162 | 1016 | ALEXANDRE SANTOS   | 0:47:16.37 | 0:47:16.37 | 57 | M | VetV M (55-59)   | 155 | 11 | SS CGD                        |
| 163 | 252  | RAFAELA GONÇALVES  | 0:47:17.83 | 0:47:09.39 | 29 | F | Sen F (18-34)    | 8   | 5  |                               |
| 164 | 400  | ALFREDO VALENTE    | 0:47:19.79 | 0:47:17.92 | 59 | M | VetV M (55-59)   | 156 | 12 |                               |
| 165 | 235  | DANIEL PINTO       | 0:47:21.19 | 0:46:56.03 | 33 | M | Sen M (18-34)    | 157 | 36 | BRRNIGHTRUNNERS               |
| 166 | 935  | DAVID ALMEIDA      | 0:47:21.89 | 0:46:57.30 | 35 | M | VetI M (35-39)   | 158 | 23 | RONALDOS                      |
| 167 | 609  | ROCCO DONATO       | 0:47:23.14 | 0:47:23.14 | 56 | M | VetV M (55-59)   | 159 | 13 | ROCCO DE DONATO               |
| 168 | 1168 | JOÃO LOUREIRO      | 0:47:25.16 | 0:46:36.72 | 40 | M | VetII M (40-44)  | 160 | 28 |                               |
| 169 | 268  | HUGO LUCIO         | 0:47:26.17 | 0:46:54.47 | 31 | M | Sen M (18-34)    | 161 | 37 |                               |
| 170 | 461  | FERNANDO PEREIRA   | 0:47:27.93 | 0:47:27.93 | 59 | M | VetV M (55-59)   | 162 | 14 |                               |
| 171 | 1079 | NOEMIA SEQUEIRA    | 0:47:31.90 | 0:47:31.85 | 55 | F | VetV F (55-59)   | 9   | 1  | SS CGD                        |
| 172 | 1250 | GONÇALO DUARTE     | 0:47:37.95 | 0:46:52.12 | 35 | M | VetI M (35-39)   | 163 | 24 | GDC BANCO DE PORTUGAL         |
| 173 | 838  | EDGAR ANASTACIO    | 0:47:39.00 | 0:47:39.00 | 58 | M | VetV M (55-59)   | 164 | 15 | AZA-AZAMBUJA COM ALMA         |
| 174 | 738  | DAVID MENDES       | 0:47:41.00 | 0:47:41.00 | 45 | M | VetIII M (45-49) | 165 | 32 | SAGD                          |
| 175 | 777  | TIAGO LEÃO         | 0:47:43.33 | 0:47:43.33 | 25 | M | Sen M (18-34)    | 166 | 38 | OUTSYSTEMS OLÍMPICO DE OEIRAS |
| 176 | 327  | NUNO AFONSO        | 0:47:43.82 | 0:46:25.01 | 42 | M | VetII M (40-44)  | 167 | 29 |                               |
| 177 | 1087 | PEDRO AFONSO       | 0:47:45.50 | 0:46:42.51 | 45 | M | VetIII M (45-49) | 168 | 33 | SS CGD                        |
| 178 | 1124 | LÚCIA TRIGUEIROS   | 0:47:46.21 | 0:47:40.70 | 38 | F | VetI F (35-39)   | 10  | 1  | RUN AND WIN[E]                |
| 179 | 110  | FRANCISCO VIEIRA   | 0:47:53.43 | 0:46:50.23 | 38 | M | VetI M (35-39)   | 169 | 25 |                               |
| 180 | 233  | XIA QIANG          | 0:47:53.99 | 0:46:40.64 | 24 | M | Sen M (18-34)    | 170 | 39 | CGD-DMF                       |



|     |      |                  |            |            |    |   |                  |     |    |                        |
|-----|------|------------------|------------|------------|----|---|------------------|-----|----|------------------------|
| 181 | 918  | NUNO PORFÍRIO    | 0:47:55.89 | 0:47:33.42 | 44 | M | VetII M (40-44)  | 171 | 30 |                        |
| 182 | 1103 | RUI RAMOS        | 0:47:56.04 | 0:46:35.88 | 39 | M | VetI M (35-39)   | 172 | 26 | SS CGD                 |
| 183 | 1210 | BRUNO GOMES      | 0:47:56.35 | 0:47:14.56 | 46 | M | VetIII M (45-49) | 173 | 34 | CCD TRANQUILIDADE      |
| 184 | 950  | DAVID DASSUNÇÃO  | 0:47:57.42 | 0:47:26.79 | 42 | M | VetII M (40-44)  | 174 | 31 | C FERROV PORTUGAL      |
| 185 | 618  | JOÃO DOMINGOS    | 0:47:59.45 | 0:47:59.45 | 24 | M | Sen M (18-34)    | 175 | 40 |                        |
| 186 | 399  | MIGUEL CARVALHO  | 0:48:02.20 | 0:47:35.59 | 25 | M | Sen M (18-34)    | 176 | 41 |                        |
| 187 | 597  | VANDA MURTEIRA   | 0:48:07.11 | 0:48:07.11 | 48 | F | VetIII F (45-49) | 11  | 2  | CLUBE NOVO BANCO       |
| 188 | 413  | DIOGO BARATA     | 0:48:11.11 | 0:47:24.57 | 42 | M | VetII M (40-44)  | 177 | 32 |                        |
| 189 | 48   | MIGUEL DIAS      | 0:48:12.55 | 0:48:09.11 | 47 | M | VetIII M (45-49) | 178 | 35 | SS CGD                 |
| 190 | 348  | RICARDO LUZ      | 0:48:12.60 | 0:47:43.43 | 31 | M | Sen M (18-34)    | 179 | 42 | NESHA HOP & RUN TEAM   |
| 191 | 1230 | NELSON MOTA      | 0:48:13.18 | 0:47:31.50 | 52 | M | VetIV M (50-54)  | 180 | 24 | CCD TRANQUILIDADE      |
| 192 | 1246 | FILIFE MORAIS    | 0:48:13.58 | 0:47:27.06 | 44 | M | VetII M (40-44)  | 181 | 33 | GDC BANCO DE PORTUGAL  |
| 193 | 283  | CANDIDO POÇAS    | 0:48:15.90 | 0:47:48.02 | 53 | M | VetIV M (50-54)  | 182 | 25 | BANDIDOS               |
| 194 | 717  | FILIFE TEIXEIRA  | 0:48:17.13 | 0:48:17.13 | 34 | M | Sen M (18-34)    | 183 | 43 | CDCR DOS CTT           |
| 195 | 517  | PEDRO PAIXÃO     | 0:48:17.22 | 0:48:17.22 | 29 | M | Sen M (18-34)    | 184 | 44 |                        |
| 196 | 234  | ADELAIDE DAMIÃO  | 0:48:18.13 | 0:48:10.22 | 58 | F | VetV F (55-59)   | 12  | 2  |                        |
| 197 | 1035 | CRISTINA GABRIEL | 0:48:19.10 | 0:47:45.83 | 41 | F | VetII F (40-44)  | 13  | 3  | SS CGD                 |
| 198 | 166  | GERMANO SILVA    | 0:48:22.38 | 0:48:13.41 | 65 | M | VetVII M (65-69) | 185 | 5  |                        |
| 199 | 258  | DAVID BRANQUINHO | 0:48:22.80 | 0:47:59.96 | 46 | M | VetIII M (45-49) | 186 | 36 |                        |
| 200 | 952  | FILIFE FERREIRA  | 0:48:26.56 | 0:48:02.08 | 47 | M | VetIII M (45-49) | 187 | 37 |                        |
| 201 | 332  | ROGÉRIO FONSECA  | 0:48:29.86 | 0:48:21.42 | 57 | M | VetV M (55-59)   | 188 | 16 | PSIARTE                |
| 202 | 482  | GILSON SILVA     | 0:48:30.75 | 0:48:30.75 | 43 | M | VetII M (40-44)  | 189 | 34 |                        |
| 203 | 1211 | BRUNO DUARTE     | 0:48:31.02 | 0:47:49.76 | 40 | M | VetII M (40-44)  | 190 | 35 | CCD TRANQUILIDADE      |
| 204 | 557  | BERNARDO CUNHA   | 0:48:32.33 | 0:48:32.33 | 31 | M | Sen M (18-34)    | 191 | 45 |                        |
| 205 | 340  | HENRIQUE COELHO  | 0:48:32.49 | 0:47:24.53 | 42 | M | VetII M (40-44)  | 192 | 36 | OPTICALIA RUNNING TEAM |
| 206 | 412  | FILIFE LEITAO    | 0:48:35.72 | 0:48:11.09 | 46 | M | VetIII M (45-49) | 193 | 38 |                        |





|     |      |                    |            |            |    |   |                   |     |    |                       |
|-----|------|--------------------|------------|------------|----|---|-------------------|-----|----|-----------------------|
| 207 | 1229 | MARTA SOUSA        | 0:48:36.63 | 0:48:32.64 | 54 | M | VetIV M (50-54)   | 194 | 26 | CCD TRANQUILIDADE     |
| 208 | 1271 | ANDRE SANTOS       | 0:48:41.14 | 0:47:31.10 | 41 | M | VetII M (40-44)   | 195 | 37 | BARCA DELTA           |
| 209 | 169  | CARLOS GOUVEIA     | 0:48:41.83 | 0:47:30.24 | 42 | M | VetII M (40-44)   | 196 | 38 |                       |
| 210 | 483  | SERGIO JOAQUIM     | 0:48:44.40 | 0:48:44.40 | 46 | M | VetIII M (45-49)  | 197 | 39 | CARANGUJO             |
| 211 | 117  | MÁRIO RIJO         | 0:48:46.89 | 0:47:49.80 | 50 | M | VetIV M (50-54)   | 198 | 27 |                       |
| 212 | 524  | FREDERICO MORAIS   | 0:48:49.95 | 0:48:49.95 | 43 | M | VetII M (40-44)   | 199 | 39 |                       |
| 213 | 764  | RUI SANTOS         | 0:48:52.64 | 0:48:52.64 | 37 | M | VetI M (35-39)    | 200 | 27 |                       |
| 214 | 225  | LUÍS SOUSA         | 0:48:52.95 | 0:48:41.91 | 47 | M | VetIII M (45-49)  | 201 | 40 | GHOSTRUNNERS          |
| 215 | 384  | MARCO LOURO        | 0:48:54.86 | 0:48:54.86 | 52 | M | VetIV M (50-54)   | 202 | 28 | AQUAFITNESS           |
| 216 | 1191 | FILIPE GOMES       | 0:48:54.98 | 0:48:06.58 | 39 | M | VetI M (35-39)    | 203 | 28 |                       |
| 217 | 1166 | PEDRO CARVALHO     | 0:49:00.24 | 0:48:56.76 | 25 | M | Sen M (18-34)     | 204 | 46 | EAT PASTA RUN FASTA   |
| 218 | 573  | ANDRÉ FIGUEIROA    | 0:49:01.85 | 0:49:01.85 | 35 | M | VetI M (35-39)    | 205 | 29 |                       |
| 219 | 990  | JOÃO HEITOR        | 0:49:05.37 | 0:49:01.08 | 72 | M | VetVIII M (70-99) | 206 | 1  | ÁGUIAS PAÇO D ARCOS   |
| 220 | 716  | CARLOS MARINHO     | 0:49:06.24 | 0:49:06.24 | 42 | M | VetII M (40-44)   | 207 | 40 | CDCR DOS CTT          |
| 221 | 923  | MARCO MALAGUERRA   | 0:49:07.20 | 0:49:07.20 | 52 | M | VetIV M (50-54)   | 208 | 29 |                       |
| 222 | 272  | PEDRO RAPOSO       | 0:49:07.72 | 0:48:01.16 | 39 | M | VetI M (35-39)    | 209 | 30 | O ULTIMO APAGA A LUZ  |
| 223 | 1008 | NUNO GOMES         | 0:49:14.60 | 0:48:48.94 | 47 | M | VetIII M (45-49)  | 210 | 41 |                       |
| 224 | 600  | ALEXANDRE NEVES    | 0:49:15.19 | 0:49:15.19 | 51 | M | VetIV M (50-54)   | 211 | 30 | CLUBE NOVO BANCO      |
| 225 | 1244 | JOAQUIM FERRÃO     | 0:49:16.46 | 0:48:28.68 | 62 | M | VetVI M (60-64)   | 212 | 3  | GDC BANCO DE PORTUGAL |
| 226 | 222  | PAULO IVAS         | 0:49:17.00 | 0:49:04.32 | 49 | M | VetIII M (45-49)  | 213 | 42 |                       |
| 227 | 284  | ORLINDO FIGUEIREDO | 0:49:17.79 | 0:49:16.57 | 75 | M | VetVIII M (70-99) | 214 | 2  | CGD-REF               |
| 228 | 753  | BRUNO OLIVEIRA     | 0:49:17.83 | 0:49:17.83 | 33 | M | Sen M (18-34)     | 215 | 47 | NAOSRUN               |
| 229 | 1293 | NUNO CARREIRA      | 0:49:21.29 | 0:49:10.22 | 31 | M | Sen M (18-34)     | 216 | 48 | GFD RUNNING           |
| 230 | 1325 | DIOGO LOPES        | 0:49:22.00 | 0:49:13.51 | 27 | M | Sen M (18-34)     | 217 | 49 |                       |
| 231 | 46   | LUIZA SOUSA        | 0:49:26.50 | 0:49:06.08 | 47 | F | VetIII F (45-49)  | 14  | 3  | BARRANCOS FC BIOGADO  |
| 232 | 659  | MÁRIO PERREIRA     | 0:49:27.98 | 0:49:27.98 | 36 | M | VetI M (35-39)    | 218 | 31 |                       |



# CORRIDA CAIXA

16 ABRIL



|     |      |                  |            |            |    |   |                  |     |    |                         |
|-----|------|------------------|------------|------------|----|---|------------------|-----|----|-------------------------|
| 233 | 259  | FRANCISCO PASSOS | 0:49:28.00 | 0:49:18.02 | 61 | M | VetVI M (60-64)  | 219 | 4  |                         |
| 234 | 720  | RICARDO RAMOS    | 0:49:29.48 | 0:49:29.48 | 48 | M | VetIII M (45-49) | 220 | 43 | CDCR DOS CTT            |
| 235 | 1029 | CARLOS GONÇALVES | 0:49:29.66 | 0:49:11.74 | 38 | M | VetI M (35-39)   | 221 | 32 | SS CGD                  |
| 236 | 1088 | PEDRO ALMEIDA    | 0:49:31.32 | 0:49:21.42 | 45 | M | VetIII M (45-49) | 222 | 44 | SS CGD                  |
| 237 | 1347 | BRUNO BRITO      | 0:49:32.10 | 0:49:27.26 | 42 | M | VetII M (40-44)  | 223 | 41 | AMINHACORRIDA PACERS    |
| 238 | 682  | CARLOS NUNES     | 0:49:34.06 | 0:49:34.06 | 55 | M | VetV M (55-59)   | 224 | 17 | C MILLENNIUM BCP        |
| 239 | 1331 | MICAEL SILVA     | 0:49:37.44 | 0:49:21.07 | 32 | M | Sen M (18-34)    | 225 | 50 |                         |
| 240 | 150  | HUGO MOREIRA     | 0:49:42.16 | 0:48:26.74 | 43 | M | VetII M (40-44)  | 226 | 42 |                         |
| 241 | 1351 | ANTONIO ALMEIDA  | 0:49:44.03 | 0:49:43.19 | 59 | M | VetV M (55-59)   | 227 | 18 | ND AUTOCOOPE            |
| 242 | 820  | SÓNIA MIGUEL     | 0:49:46.57 | 0:49:46.57 | 29 | F | Sen F (18-34)    | 15  | 6  |                         |
| 243 | 624  | JOÃO RODRIGUES   | 0:49:46.88 | 0:49:46.88 | 35 | M | VetI M (35-39)   | 228 | 33 | RANDSTAD                |
| 244 | 370  | EDGAR SANTOS     | 0:49:53.49 | 0:48:50.18 | 40 | M | VetII M (40-44)  | 229 | 43 | STELLAXIUS              |
| 245 | 1067 | LUIS MADEIRA     | 0:49:54.09 | 0:48:50.14 | 52 | M | VetIV M (50-54)  | 230 | 31 | SS CGD                  |
| 246 | 472  | PAULO COSTA      | 0:49:55.54 | 0:49:55.54 | 54 | M | VetIV M (50-54)  | 231 | 32 | VIRIATHVS RUNNERS VISEU |
| 247 | 1256 | JOÃO ALELUIA     | 0:50:01.02 | 0:49:15.71 | 40 | M | VetII M (40-44)  | 232 | 44 | GDC BANCO DE PORTUGAL   |
| 248 | 251  | LUCAS MAGANIN    | 0:50:06.20 | 0:49:59.41 | 29 | M | Sen M (18-34)    | 233 | 51 | JAVALIS DA MARGEM       |
| 249 | 956  | NUNO OLIVEIRA    | 0:50:06.99 | 0:48:39.11 | 45 | M | VetIII M (45-49) | 234 | 45 |                         |
| 250 | 419  | JOÃO FONSECA     | 0:50:07.09 | 0:49:27.86 | 48 | M | VetIII M (45-49) | 235 | 46 | BIFANAS DE CORRIDA      |
| 251 | 1213 | CARLOS FERNANDES | 0:50:09.77 | 0:49:57.92 | 46 | M | VetIII M (45-49) | 236 | 47 | CCD TRANQUILIDADE       |
| 252 | 754  | GONÇALO PEREIRA  | 0:50:10.23 | 0:50:10.23 | 30 | M | Sen M (18-34)    | 237 | 52 | NESHA HOP & RUN TEAM    |
| 253 | 772  | JOÃO SEIXAS      | 0:50:10.64 | 0:50:10.64 | 28 | M | Sen M (18-34)    | 238 | 53 |                         |
| 254 | 343  | ÂNGELO GERALDO   | 0:50:12.14 | 0:49:03.05 | 34 | M | Sen M (18-34)    | 239 | 54 | NESHA HOP & RUN TEAM    |
| 255 | 345  | JOSÉ MORAIS      | 0:50:12.68 | 0:49:03.09 | 33 | M | Sen M (18-34)    | 240 | 55 | NESHA HOP & RUN TEAM    |
| 256 | 313  | ANDRÉ VITORINO   | 0:50:13.00 | 0:49:44.82 | 36 | M | VetI M (35-39)   | 241 | 34 |                         |
| 257 | 808  | PAULO COLAÇO     | 0:50:13.50 | 0:50:13.50 | 46 | M | VetIII M (45-49) | 242 | 48 | CARACÓIS DE PEDRA       |
| 258 | 404  | DIOGO GOMES      | 0:50:15.42 | 0:49:35.50 | 30 | M | Sen M (18-34)    | 243 | 56 | CCD CRÉDITO AGRÍCOLA    |



|     |      |                     |            |            |    |   |                  |     |    |                          |
|-----|------|---------------------|------------|------------|----|---|------------------|-----|----|--------------------------|
| 259 | 1205 | JOSÉ GODINHO        | 0:50:16.10 | 0:49:23.57 | 53 | M | VetIV M (50-54)  | 244 | 33 | C BENFICA CASTELO BRANCO |
| 260 | 785  | HUGO PINTO          | 0:50:17.02 | 0:50:17.02 | 47 | M | VetIII M (45-49) | 245 | 49 | CCDT METRO LX            |
| 261 | 1179 | NUNO TEIXEIRA       | 0:50:18.87 | 0:49:51.70 | 46 | M | VetIII M (45-49) | 246 | 50 |                          |
| 262 | 469  | LUÍS NUNES          | 0:50:19.60 | 0:50:19.60 | 46 | M | VetIII M (45-49) | 247 | 51 | MARVILA JOVEM            |
| 263 | 626  | SERGIO FIGUEIRAS    | 0:50:25.85 | 0:50:25.85 | 46 | M | VetIII M (45-49) | 248 | 52 | LIMITED EDITION TEAM     |
| 264 | 1024 | ANDRE NUNES         | 0:50:27.52 | 0:50:11.83 | 32 | M | Sen M (18-34)    | 249 | 57 | SS CGD                   |
| 265 | 544  | RUBEN FAGUNDES      | 0:50:29.52 | 0:50:29.52 | 24 | M | Sen M (18-34)    | 250 | 58 |                          |
| 266 | 331  | LUIS LOUREIRO       | 0:50:29.61 | 0:50:14.60 | 43 | M | VetII M (40-44)  | 251 | 45 |                          |
| 267 | 281  | PAULO FIGUEIREDO    | 0:50:35.63 | 0:50:04.83 | 45 | M | VetIII M (45-49) | 252 | 53 |                          |
| 268 | 1279 | FILIPE PEREIRA      | 0:50:35.94 | 0:49:55.32 | 41 | M | VetII M (40-44)  | 253 | 46 |                          |
| 269 | 655  | ANGELO FERNANDES    | 0:50:38.27 | 0:50:38.27 | 39 | M | VetI M (35-39)   | 254 | 35 |                          |
| 270 | 463  | HARUN RASHID        | 0:50:41.29 | 0:50:41.29 | 38 | M | VetI M (35-39)   | 255 | 36 | CORRER LISBOA            |
| 271 | 187  | ZÉLIA RODRIGUES     | 0:50:41.83 | 0:49:56.71 | 54 | F | VetIV F (50-54)  | 16  | 1  | RUN CREW TRAIL MONTIJO   |
| 272 | 1027 | CARLOS BRANCO       | 0:50:42.06 | 0:50:05.30 | 50 | M | VetIV M (50-54)  | 256 | 34 | SS CGD                   |
| 273 | 945  | GUILHERME GONÇALVES | 0:50:43.00 | 0:50:22.62 | 62 | M | VetVI M (60-64)  | 257 | 5  | C FERROV PORTUGAL        |
| 274 | 671  | MARIA MARQUES       | 0:50:43.71 | 0:50:43.71 | 45 | F | VetIII F (45-49) | 17  | 4  |                          |
| 275 | 702  | MIGUEL MARECOS      | 0:50:43.83 | 0:50:43.83 | 49 | M | VetIII M (45-49) | 258 | 54 | GOFIT                    |
| 276 | 1116 | TIAGO TELES         | 0:50:45.49 | 0:50:09.74 | 38 | M | VetI M (35-39)   | 259 | 37 | SS CGD                   |
| 277 | 668  | JOSÉ MORAIS         | 0:50:50.24 | 0:50:50.24 | 33 | M | Sen M (18-34)    | 260 | 59 | BIA                      |
| 278 | 817  | DANIELA JESUS       | 0:50:51.90 | 0:50:51.90 | 25 | F | Sen F (18-34)    | 18  | 7  | CARACÓIS DE PEDRA        |
| 279 | 545  | MANUEL LOURENÇO     | 0:50:52.01 | 0:50:52.01 | 38 | M | VetI M (35-39)   | 261 | 38 |                          |
| 280 | 330  | ÂNGELO GODINHO      | 0:50:52.65 | 0:50:37.01 | 39 | M | VetI M (35-39)   | 262 | 39 | SENHOR DOS RATOS         |
| 281 | 353  | MARCO OLIVEIRA      | 0:50:52.71 | 0:50:40.80 | 40 | M | VetII M (40-44)  | 263 | 47 |                          |
| 282 | 405  | DULCE SILVA         | 0:50:52.74 | 0:50:34.41 | 28 | F | Sen F (18-34)    | 19  | 8  | CCD CRÉDITO AGRÍCOLA     |
| 283 | 794  | CARLOS TEIXEIRA     | 0:50:55.29 | 0:50:55.29 | 62 | M | VetVI M (60-64)  | 264 | 6  |                          |
| 284 | 656  | JOÃO BORBA          | 0:50:59.70 | 0:50:59.70 | 33 | M | Sen M (18-34)    | 265 | 60 |                          |



|     |      |                   |            |            |    |   |                  |     |    |                               |
|-----|------|-------------------|------------|------------|----|---|------------------|-----|----|-------------------------------|
| 285 | 228  | JOÃO TAVARES      | 0:51:00.65 | 0:50:08.30 | 24 | M | Sen M (18-34)    | 266 | 61 |                               |
| 286 | 532  | JOÃO ESTEVÃO      | 0:51:01.31 | 0:51:01.31 | 42 | M | VetII M (40-44)  | 267 | 48 |                               |
| 287 | 263  | DANIEL PINHEIRO   | 0:51:03.01 | 0:50:07.69 | 29 | M | Sen M (18-34)    | 268 | 62 |                               |
| 288 | 376  | CARLOS VIEIRA     | 0:51:03.81 | 0:50:38.14 | 53 | M | VetIV M (50-54)  | 269 | 35 | CORRER LOURES                 |
| 289 | 1054 | JOAO SILVA        | 0:51:04.47 | 0:50:09.39 | 54 | M | VetIV M (50-54)  | 270 | 36 | SS CGD                        |
| 290 | 634  | EDGAR CABAÇO      | 0:51:06.86 | 0:51:06.86 | 38 | M | VetI M (35-39)   | 271 | 40 | FALSOS LENTOS                 |
| 291 | 1349 | PATRICIA AMORIM   | 0:51:10.15 | 0:50:46.43 | 36 | F | VetI F (35-39)   | 20  | 2  | CGD - SSCGD                   |
| 292 | 926  | ARMANDO LACERDA   | 0:51:11.98 | 0:50:49.30 | 68 | M | VetVII M (65-69) | 272 | 6  | GD DIANA                      |
| 293 | 205  | NUNO LOPES        | 0:51:12.17 | 0:50:46.71 | 47 | M | VetIII M (45-49) | 273 | 55 | ALUNOS LN                     |
| 294 | 549  | GABRIEL DEXHEIMER | 0:51:12.24 | 0:51:12.24 | 28 | M | Sen M (18-34)    | 274 | 63 |                               |
| 295 | 1133 | NICOLAS GENEAU    | 0:51:12.34 | 0:49:57.07 | 39 | M | VetI M (35-39)   | 275 | 41 |                               |
| 296 | 1353 | EDUARDO NEVES     | 0:51:14.49 | 0:50:52.92 | 42 | M | VetII M (40-44)  | 276 | 49 | CAA BELEM                     |
| 297 | 627  | ANTONIO NOGUEIRA  | 0:51:17.09 | 0:51:17.09 | 50 | M | VetIV M (50-54)  | 277 | 37 |                               |
| 298 | 700  | LIAM O'BRIEN      | 0:51:19.62 | 0:51:19.62 | 38 | M | VetI M (35-39)   | 278 | 42 |                               |
| 299 | 1059 | JOSE DIMAS        | 0:51:21.71 | 0:50:38.33 | 54 | M | VetIV M (50-54)  | 279 | 38 | SS CGD                        |
| 300 | 362  | PEDRO MARTINS     | 0:51:22.49 | 0:50:49.80 | 47 | M | VetIII M (45-49) | 280 | 56 | OLIVEIRA MARTINS              |
| 301 | 669  | JOAO SEABRA       | 0:51:23.51 | 0:51:23.51 | 33 | M | Sen M (18-34)    | 281 | 64 |                               |
| 302 | 377  | GUILHERME GODINHO | 0:51:25.85 | 0:51:04.26 | 47 | M | VetIII M (45-49) | 282 | 57 |                               |
| 303 | 149  | HENRIQUE DIAS     | 0:51:29.30 | 0:50:36.24 | 68 | M | VetVII M (65-69) | 283 | 7  | CORRER LISBOA                 |
| 304 | 481  | NORBERTO MARQUES  | 0:51:31.28 | 0:51:31.28 | 52 | M | VetIV M (50-54)  | 284 | 39 | RUNNING DONA MARIA            |
| 305 | 334  | JOÃO SANTOS       | 0:51:34.46 | 0:51:10.85 | 58 | M | VetV M (55-59)   | 285 | 19 | ÍDOLOS DA PRAÇA               |
| 306 | 1317 | LUÍS ANDRADE      | 0:51:35.51 | 0:51:11.96 | 41 | M | VetII M (40-44)  | 286 | 50 | CUA BENAVENTENSE - 3B TRIATLO |
| 307 | 1066 | LUIS GOMES        | 0:51:38.23 | 0:51:23.40 | 40 | M | VetII M (40-44)  | 287 | 51 | SS CGD                        |
| 308 | 151  | ANTÓNIO BARBAS    | 0:51:41.64 | 0:51:29.09 | 55 | M | VetV M (55-59)   | 288 | 20 |                               |
| 309 | 382  | NUNO SIMÕES       | 0:51:42.55 | 0:51:08.03 | 45 | M | VetIII M (45-49) | 289 | 58 | SIMÕES                        |
| 310 | 632  | RUTE ROSA         | 0:51:43.21 | 0:51:43.21 | 29 | F | Sen F (18-34)    | 21  | 9  |                               |





|     |      |                    |            |            |    |   |                  |     |    |                       |
|-----|------|--------------------|------------|------------|----|---|------------------|-----|----|-----------------------|
| 311 | 683  | FERNANDO RODRIGUES | 0:51:43.45 | 0:51:43.45 | 58 | M | VetV M (55-59)   | 290 | 21 | C MILLENNIUM BCP      |
| 312 | 733  | RÚBEN SILVA        | 0:51:46.68 | 0:51:46.68 | 67 | M | VetVII M (65-69) | 291 | 8  | AFRS                  |
| 313 | 1336 | MIGUEL BARROSO     | 0:51:47.18 | 0:50:20.75 | 27 | M | Sen M (18-34)    | 292 | 65 | GD SANTANDER TOTTA    |
| 314 | 1240 | JOSÉ MONTEIRO      | 0:51:47.19 | 0:50:55.09 | 66 | M | VetVII M (65-69) | 293 | 9  | GDC BANCO DE PORTUGAL |
| 315 | 223  | JOSÉ AFONSO        | 0:51:47.23 | 0:51:26.03 | 30 | M | Sen M (18-34)    | 294 | 66 |                       |
| 316 | 366  | FILIPE GINJA       | 0:51:48.96 | 0:50:24.89 | 37 | M | VetI M (35-39)   | 295 | 43 |                       |
| 317 | 454  | TOMÁS CORREIA      | 0:51:49.94 | 0:51:49.94 | 29 | M | Sen M (18-34)    | 296 | 67 |                       |
| 318 | 844  | ANA AMORIM         | 0:51:54.41 | 0:51:19.45 | 26 | F | Sen F (18-34)    | 22  | 10 |                       |
| 319 | 707  | RUI PINTO          | 0:51:54.55 | 0:51:54.55 | 47 | M | VetIII M (45-49) | 297 | 59 | MARVILA JOVEM         |
| 320 | 859  | MIGUEL SANTOS      | 0:51:54.56 | 0:50:58.33 | 30 | M | Sen M (18-34)    | 298 | 68 |                       |
| 321 | 527  | PEDRO BARROS       | 0:51:56.23 | 0:51:56.23 | 29 | M | Sen M (18-34)    | 299 | 69 |                       |
| 322 | 1068 | LUIS MARTINS       | 0:51:56.65 | 0:50:54.02 | 51 | M | VetIV M (50-54)  | 300 | 40 | SS CGD                |
| 323 | 1007 | CLÁUDIA FRANCO     | 0:51:57.66 | 0:51:51.88 | 26 | F | Sen F (18-34)    | 23  | 11 |                       |
| 324 | 905  | RUI PINTO          | 0:51:59.42 | 0:51:46.27 | 57 | M | VetV M (55-59)   | 301 | 22 | GRUPO CORRIDA JCS     |
| 325 | 593  | JOSE BORGES        | 0:52:00.33 | 0:52:00.33 | 63 | M | VetVI M (60-64)  | 302 | 7  | CLUBE NOVO BANCO      |
| 326 | 341  | JOÃO NEVES         | 0:52:00.84 | 0:50:48.80 | 50 | M | VetIV M (50-54)  | 303 | 41 |                       |
| 327 | 1002 | PEDRO BASTOS       | 0:52:00.93 | 0:51:24.24 | 54 | M | VetIV M (50-54)  | 304 | 42 |                       |
| 328 | 1278 | LUCIANO ARAUJO     | 0:52:04.84 | 0:51:52.79 | 36 | M | VetI M (35-39)   | 305 | 44 |                       |
| 329 | 119  | ANA MARINHEIRO     | 0:52:05.09 | 0:51:06.73 | 32 | F | Sen F (18-34)    | 24  | 12 |                       |
| 330 | 531  | DIOGO FERNANDES    | 0:52:05.31 | 0:52:05.31 | 28 | M | Sen M (18-34)    | 306 | 70 |                       |
| 331 | 320  | CARLOS CORREIA     | 0:52:05.85 | 0:50:50.36 | 57 | M | VetV M (55-59)   | 307 | 23 |                       |
| 332 | 526  | DIOGO GROSSO       | 0:52:10.78 | 0:52:10.78 | 32 | M | Sen M (18-34)    | 308 | 71 |                       |
| 333 | 262  | EDUARDO GONÇALVES  | 0:52:10.88 | 0:51:51.96 | 35 | M | VetI M (35-39)   | 309 | 45 |                       |
| 334 | 319  | TIAGO MEIRA        | 0:52:13.51 | 0:52:06.14 | 40 | M | VetII M (40-44)  | 310 | 52 |                       |
| 335 | 1044 | FRANCISCO VIEIRA   | 0:52:14.47 | 0:51:37.73 | 54 | M | VetIV M (50-54)  | 311 | 43 | SS CGD                |
| 336 | 909  | LUIS SOUSA         | 0:52:19.23 | 0:52:08.80 | 58 | M | VetV M (55-59)   | 312 | 24 |                       |



|     |      |                    |            |            |    |   |                  |     |    |                         |
|-----|------|--------------------|------------|------------|----|---|------------------|-----|----|-------------------------|
| 337 | 992  | ALBINO TOMAS       | 0:52:19.56 | 0:51:57.93 | 66 | M | VetVII M (65-69) | 313 | 10 | CBRICALHAU              |
| 338 | 364  | ANTÓNIO COSTA      | 0:52:20.89 | 0:51:34.21 | 50 | M | VetIV M (50-54)  | 314 | 44 |                         |
| 339 | 637  | MIGUEL RIBEIRO     | 0:52:22.18 | 0:52:22.18 | 25 | M | Sen M (18-34)    | 315 | 72 |                         |
| 340 | 429  | MARIA SIMAO        | 0:52:22.72 | 0:47:14.25 | 56 | F | VetV F (55-59)   | 25  | 3  | ACPUTSM                 |
| 341 | 635  | PATRICIA COVA      | 0:52:24.33 | 0:52:24.33 | 35 | F | VetI F (35-39)   | 26  | 3  | FALSOS LENTOS           |
| 342 | 491  | BRUNO RENDEIRO     | 0:52:25.52 | 0:52:25.52 | 34 | M | Sen M (18-34)    | 316 | 73 |                         |
| 343 | 693  | ALEXANDRA MOURATO  | 0:52:25.66 | 0:52:25.66 | 28 | F | Sen F (18-34)    | 27  | 13 | C MILLENNIUM BCP        |
| 344 | 799  | PEDRO LOPES        | 0:52:27.94 | 0:52:27.94 | 26 | M | Sen M (18-34)    | 317 | 74 | MOELAS                  |
| 345 | 813  | ANDRÉ RIBEIRO      | 0:52:33.31 | 0:52:33.31 | 38 | M | VetI M (35-39)   | 318 | 46 |                         |
| 346 | 696  | JORGE SALVADO      | 0:52:35.83 | 0:52:35.83 | 60 | M | VetVI M (60-64)  | 319 | 8  | C MILLENNIUM BCP        |
| 347 | 1264 | JOAO ANTUNES       | 0:52:35.90 | 0:52:34.42 | 56 | M | VetV M (55-59)   | 320 | 25 | CORRER QUELUZ           |
| 348 | 173  | ISABEL ANTUNES     | 0:52:40.40 | 0:52:09.93 | 51 | F | VetIV F (50-54)  | 28  | 2  | GM 1º DEZEMBRO QUEIJAS  |
| 349 | 929  | MANUEL VERDELHO    | 0:52:40.69 | 0:52:14.14 | 23 | M | Sen M (18-34)    | 321 | 75 |                         |
| 350 | 582  | JORGE MONTEIRO     | 0:52:41.80 | 0:52:41.80 | 56 | M | VetV M (55-59)   | 322 | 26 | CLUBE NOVO BANCO        |
| 351 | 1251 | MÓNICA MARTINS     | 0:52:42.39 | 0:51:42.59 | 39 | F | VetI F (35-39)   | 29  | 4  | GDC BANCO DE PORTUGAL   |
| 352 | 328  | ELIAS RAMOS        | 0:52:42.54 | 0:51:45.71 | 33 | M | Sen M (18-34)    | 323 | 76 | ELIAS BOLT              |
| 353 | 920  | JOSÉ LIBERATO      | 0:52:45.02 | 0:52:29.44 | 47 | M | VetIII M (45-49) | 324 | 60 | GDCT IN CM              |
| 354 | 1131 | DENIS STENDERCHUCK | 0:52:46.92 | 0:51:33.63 | 43 | M | VetII M (40-44)  | 325 | 53 | BAGIRA                  |
| 355 | 612  | INÊS PEIXOTO       | 0:52:49.58 | 0:52:49.58 | 43 | F | VetII F (40-44)  | 30  | 4  | WALKRUN - WERUN         |
| 356 | 406  | JOÃO NUNES         | 0:52:50.39 | 0:52:33.10 | 26 | M | Sen M (18-34)    | 326 | 77 | CCD CRÉDITO AGRÍCOLA    |
| 357 | 1206 | SÉRGIO FOLQUES     | 0:52:51.05 | 0:51:56.33 | 47 | M | VetIII M (45-49) | 327 | 61 |                         |
| 358 | 1151 | RUBEN SANCA        | 0:52:51.78 | 0:51:31.15 | 36 | M | VetI M (35-39)   | 328 | 47 |                         |
| 359 | 390  | PAULO DOMINGUES    | 0:52:55.44 | 0:52:06.19 | 50 | M | VetIV M (50-54)  | 329 | 45 |                         |
| 360 | 398  | FREDERICO SILVA    | 0:52:55.98 | 0:52:01.12 | 18 | M | Sen M (18-34)    | 330 | 78 |                         |
| 361 | 423  | CARLOS SANTOS      | 0:52:56.97 | 0:52:12.84 | 66 | M | VetVII M (65-69) | 331 | 11 | SIMECQ                  |
| 362 | 381  | ÓSCAR ROCHA        | 0:52:57.09 | 0:52:12.13 | 62 | M | VetVI M (60-64)  | 332 | 9  | VIRIATHVS RUNNERS VISEU |



# CORRIDA CAIXA

16 ABRIL



|     |      |                   |            |            |    |   |                  |     |    |                           |
|-----|------|-------------------|------------|------------|----|---|------------------|-----|----|---------------------------|
| 363 | 629  | ANDRÉ SANTOS      | 0:52:57.21 | 0:52:57.21 | 32 | M | Sen M (18-34)    | 333 | 79 |                           |
| 364 | 452  | CARLOS NORONHA    | 0:52:57.72 | 0:52:57.72 | 42 | M | VetII M (40-44)  | 334 | 54 | TALHO DO PAI              |
| 365 | 1219 | FRANCISCO PEREIRA | 0:52:58.51 | 0:52:15.86 | 56 | M | VetV M (55-59)   | 335 | 27 | CCD TRANQUILIDADE         |
| 366 | 917  | PATRÍCIA NUNES    | 0:52:58.83 | 0:52:47.82 | 39 | F | VetI F (35-39)   | 31  | 5  | ELITE RUNNERS             |
| 367 | 1153 | BRUNO AZEVEDO     | 0:52:58.96 | 0:52:19.11 | 26 | M | Sen M (18-34)    | 336 | 80 | CCD CRÉDITO AGRÍCOLA      |
| 368 | 410  | PEDRO VICENTE     | 0:52:59.08 | 0:52:19.61 | 45 | M | VetIII M (45-49) | 337 | 62 | CCD CRÉDITO AGRÍCOLA      |
| 369 | 664  | ADELINO GOMES     | 0:53:00.51 | 0:53:00.51 | 53 | M | VetIV M (50-54)  | 338 | 46 |                           |
| 370 | 1340 | CARLOS MORAIS     | 0:53:02.06 | 0:52:48.66 | 57 | M | VetV M (55-59)   | 339 | 28 | GD SANTANDER TOTTA        |
| 371 | 439  | JORGE PAULINO     | 0:53:02.10 | 0:52:48.10 | 60 | M | VetVI M (60-64)  | 340 | 10 | PENICHE A CORRER          |
| 372 | 440  | MARGARIDA MARTINS | 0:53:02.66 | 0:52:47.61 | 64 | F | VetVI F (60-64)  | 32  | 1  | PENICHE A CORRER          |
| 373 | 369  | CARLOS BRANCO     | 0:53:04.85 | 0:52:48.62 | 52 | M | VetIV M (50-54)  | 341 | 47 |                           |
| 374 | 1306 | LUÍS GRECHCO      | 0:53:05.82 | 0:53:00.55 | 50 | M | VetIV M (50-54)  | 342 | 48 | SERVIÇOS SOCIAIS MONTEPIO |
| 375 | 991  | SABRINA TORRES    | 0:53:06.98 | 0:52:01.54 | 25 | F | Sen F (18-34)    | 33  | 14 |                           |
| 376 | 993  | INÊS PALHOTO      | 0:53:08.33 | 0:52:02.65 | 29 | F | Sen F (18-34)    | 34  | 15 |                           |
| 377 | 295  | JOÃO COSTA        | 0:53:09.40 | 0:52:32.51 | 30 | M | Sen M (18-34)    | 343 | 81 |                           |
| 378 | 536  | RICARDO VICENTE   | 0:53:09.42 | 0:53:09.42 | 24 | M | Sen M (18-34)    | 344 | 82 |                           |
| 379 | 1194 | DANIEL MADUREIRA  | 0:53:09.95 | 0:51:55.91 | 25 | M | Sen M (18-34)    | 345 | 83 | LEROY MERLIN SC           |
| 380 | 944  | SÉRGIO AMARAL     | 0:53:10.57 | 0:52:36.05 | 46 | M | VetIII M (45-49) | 346 | 63 |                           |
| 381 | 1119 | ABEL FELICIO      | 0:53:13.79 | 0:52:41.47 | 49 | M | VetIII M (45-49) | 347 | 64 |                           |
| 382 | 342  | PEDRO CORREIA     | 0:53:18.49 | 0:51:53.14 | 40 | M | VetII M (40-44)  | 348 | 55 |                           |
| 383 | 1128 | TIAGO JESUS       | 0:53:20.01 | 0:52:59.82 | 32 | M | Sen M (18-34)    | 349 | 84 | XSEED                     |
| 384 | 1224 | JORGE ROSA        | 0:53:20.96 | 0:52:21.79 | 41 | M | VetII M (40-44)  | 350 | 56 | CCD TRANQUILIDADE         |
| 385 | 302  | ARTUR PEREIRA     | 0:53:21.90 | 0:52:18.74 | 25 | M | Sen M (18-34)    | 351 | 85 |                           |
| 386 | 417  | RUI SILVA         | 0:53:21.94 | 0:52:44.89 | 46 | M | VetIII M (45-49) | 352 | 65 |                           |
| 387 | 631  | LUÍS GROSSO       | 0:53:24.55 | 0:53:24.55 | 35 | M | VetI M (35-39)   | 353 | 48 |                           |
| 388 | 118  | MAGDA RIBEIRO     | 0:53:24.59 | 0:53:18.66 | 37 | F | VetI F (35-39)   | 35  | 6  |                           |



# CORRIDA CAIXA 16 ABRIL



|     |      |                     |            |            |    |   |                   |     |    |                      |
|-----|------|---------------------|------------|------------|----|---|-------------------|-----|----|----------------------|
| 389 | 490  | PAULO LOURO         | 0:53:25.34 | 0:53:25.34 | 58 | M | VetV M (55-59)    | 354 | 29 |                      |
| 390 | 1130 | CÁTIA CORREIA       | 0:53:27.49 | 0:52:35.47 | 33 | F | Sen F (18-34)     | 36  | 16 |                      |
| 391 | 697  | FRANCISCO LOPES     | 0:53:34.54 | 0:53:34.54 | 33 | M | Sen M (18-34)     | 355 | 86 |                      |
| 392 | 1198 | JOSÉ SOUSA          | 0:53:34.90 | 0:52:21.14 | 29 | M | Sen M (18-34)     | 356 | 87 | LEROY MERLIN SC      |
| 393 | 792  | INÁCIO DUARTE       | 0:53:35.98 | 0:53:35.98 | 41 | M | VetII M (40-44)   | 357 | 57 | CGD-DC-ADC3          |
| 394 | 397  | PEDRO BORGES        | 0:53:36.46 | 0:52:30.15 | 41 | M | VetII M (40-44)   | 358 | 58 |                      |
| 395 | 1280 | MARCOS PEREIRA      | 0:53:38.80 | 0:52:58.15 | 67 | M | VetVII M (65-69)  | 359 | 12 |                      |
| 396 | 408  | MIGUEL VINAGRE      | 0:53:39.56 | 0:53:04.14 | 47 | M | VetIII M (45-49)  | 360 | 66 | CCD CRÉDITO AGRÍCOLA |
| 397 | 466  | FERNANDO AZEVEDO    | 0:53:41.89 | 0:53:41.89 | 70 | M | VetVIII M (70-99) | 361 | 3  |                      |
| 398 | 1005 | DIOGO RIBEIRO       | 0:53:43.07 | 0:52:45.71 | 33 | M | Sen M (18-34)     | 362 | 88 |                      |
| 399 | 299  | BARBARA PIASSAROLLO | 0:53:44.12 | 0:52:58.27 | 38 | F | VetI F (35-39)    | 37  | 7  | B2 PT RUNNING        |
| 400 | 506  | MARCELO FONSECA     | 0:53:45.40 | 0:53:45.40 | 32 | M | Sen M (18-34)     | 363 | 89 |                      |
| 401 | 485  | NELSON ARAUJO       | 0:53:46.24 | 0:53:46.24 | 28 | M | Sen M (18-34)     | 364 | 90 |                      |
| 402 | 788  | FERNANDO OLIVEIRA   | 0:53:47.19 | 0:53:47.19 | 55 | M | VetV M (55-59)    | 365 | 30 | OS LENTOS            |
| 403 | 224  | MEAGAN CARTY        | 0:53:48.42 | 0:53:32.31 | 47 | F | VetIII F (45-49)  | 38  | 5  |                      |
| 404 | 846  | ERICK LOPES         | 0:53:50.06 | 0:53:02.73 | 29 | M | Sen M (18-34)     | 366 | 91 |                      |
| 405 | 758  | DANIEL FERNANDES    | 0:53:50.20 | 0:53:50.20 | 35 | M | VetI M (35-39)    | 367 | 49 |                      |
| 406 | 943  | BRUNO PEREIRA       | 0:53:50.26 | 0:53:28.38 | 39 | M | VetI M (35-39)    | 368 | 50 |                      |
| 407 | 806  | FILIPE NUNES        | 0:53:53.69 | 0:53:53.69 | 33 | M | Sen M (18-34)     | 369 | 92 |                      |
| 408 | 316  | ELISA PITEIRA       | 0:53:53.89 | 0:53:01.15 | 58 | F | VetV F (55-59)    | 39  | 4  | COUPLE RUNNERS       |
| 409 | 911  | ANDRÉ LAGARTINHO    | 0:53:54.50 | 0:52:55.56 | 36 | M | VetI M (35-39)    | 370 | 51 |                      |
| 410 | 154  | JOANA CARVALHO      | 0:53:54.59 | 0:52:35.19 | 31 | F | Sen F (18-34)     | 40  | 17 |                      |
| 411 | 323  | SOFIA GABRIEL       | 0:53:55.26 | 0:53:40.32 | 30 | F | Sen F (18-34)     | 41  | 18 |                      |
| 412 | 745  | CARLA SERRANO       | 0:53:57.99 | 0:53:57.99 | 46 | F | VetIII F (45-49)  | 42  | 6  | CORRER QUELUZ        |
| 413 | 874  | CLÁUDIA GATO        | 0:53:58.59 | 0:52:41.46 | 33 | F | Sen F (18-34)     | 43  | 19 | GRUPO CORRIDA JCS    |
| 414 | 686  | FERNANDO ALMEIDA    | 0:53:59.73 | 0:53:59.73 | 55 | M | VetV M (55-59)    | 371 | 31 | C MILLENNIUM BCP     |





|     |      |                   |            |            |    |   |                  |     |    |                                |
|-----|------|-------------------|------------|------------|----|---|------------------|-----|----|--------------------------------|
| 415 | 615  | JOAO SOUSA        | 0:54:01.00 | 0:54:01.00 | 25 | M | Sen M (18-34)    | 372 | 93 |                                |
| 416 | 196  | ANTÓNIO LOPES     | 0:54:01.56 | 0:53:10.07 | 54 | M | VetIV M (50-54)  | 373 | 49 | CORRERPORCASTELOBRANCO         |
| 417 | 453  | PEDRO SILVA       | 0:54:02.26 | 0:54:02.26 | 64 | M | VetVI M (60-64)  | 374 | 11 | CORRER LOURES                  |
| 418 | 695  | JOSE MARQUES      | 0:54:05.45 | 0:54:05.45 | 52 | M | VetIV M (50-54)  | 375 | 50 | C MILLENNIUM BCP               |
| 419 | 605  | EDUARDO JORGE     | 0:54:06.56 | 0:53:27.56 | 69 | M | VetVII M (65-69) | 376 | 13 | AMIGOS DA CORRIDA              |
| 420 | 1217 | ELIZETE DUARTE    | 0:54:07.11 | 0:53:25.18 | 49 | F | VetIII F (45-49) | 44  | 7  | CCD TRANQUILIDADE              |
| 421 | 585  | PAULO GONÇALVES   | 0:54:08.86 | 0:54:08.86 | 55 | M | VetV M (55-59)   | 377 | 32 | CLUBE NOVO BANCO               |
| 422 | 418  | ANABELA CONSTANTE | 0:54:09.25 | 0:53:30.28 | 48 | F | VetIII F (45-49) | 45  | 8  | BIFANAS DE CORRIDA             |
| 423 | 217  | GONÇALO RIBEIRO   | 0:54:11.06 | 0:52:58.99 | 30 | M | Sen M (18-34)    | 378 | 94 |                                |
| 424 | 494  | ANTÓNIO LOBO      | 0:54:13.67 | 0:54:13.67 | 46 | M | VetIII M (45-49) | 379 | 67 | FIDELIDADE GDC                 |
| 425 | 607  | FILOMENA JACINTO  | 0:54:17.16 | 0:53:52.16 | 56 | F | VetV F (55-59)   | 46  | 5  | AMIGOS DA CORRIDA              |
| 426 | 1260 | NELSON MADEIRA    | 0:54:18.77 | 0:53:53.11 | 35 | M | VetI M (35-39)   | 380 | 52 | GDC BANCO DE PORTUGAL          |
| 427 | 773  | MIGUEL ALMEIDA    | 0:54:20.62 | 0:54:20.62 | 28 | M | Sen M (18-34)    | 381 | 95 |                                |
| 428 | 614  | MARIA CONCHINHA   | 0:54:23.74 | 0:54:23.74 | 64 | F | VetVI F (60-64)  | 47  | 2  | CBRCALHAU                      |
| 429 | 159  | MARCELO CARDEIRA  | 0:54:23.86 | 0:53:12.62 | 53 | M | VetIV M (50-54)  | 382 | 51 | LINDA A PASTORA SCE            |
| 430 | 860  | GONÇALO FERREIRA  | 0:54:24.41 | 0:54:24.41 | 26 | M | Sen M (18-34)    | 383 | 96 |                                |
| 431 | 1262 | VÍTOR CANTO       | 0:54:25.19 | 0:53:57.01 | 52 | M | VetIV M (50-54)  | 384 | 52 | LINDA A PASTORA SPORTING CLUBE |
| 432 | 1076 | MIGUEL ANGELO     | 0:54:25.55 | 0:54:04.96 | 47 | M | VetIII M (45-49) | 385 | 68 | SS CGD                         |
| 433 | 407  | LUÍSA MOURÃO      | 0:54:26.13 | 0:53:49.83 | 43 | F | VetII F (40-44)  | 48  | 5  | CCD CRÉDITO AGRÍCOLA           |
| 434 | 450  | JOÃO RODRIGUES    | 0:54:28.67 | 0:54:16.50 | 59 | M | VetV M (55-59)   | 386 | 33 |                                |
| 435 | 1003 | CARLOS SILVA      | 0:54:30.06 | 0:53:30.80 | 29 | M | Sen M (18-34)    | 387 | 97 |                                |
| 436 | 177  | JOÃO OLIVEIRA     | 0:54:30.55 | 0:54:29.27 | 43 | M | VetII M (40-44)  | 388 | 59 |                                |
| 437 | 1110 | SEVERINO ROSA     | 0:54:30.80 | 0:54:12.60 | 67 | M | VetVII M (65-69) | 389 | 14 | SS CGD                         |
| 438 | 1321 | PAULA GONÇALVES   | 0:54:30.81 | 0:53:20.37 | 48 | F | VetIII F (45-49) | 49  | 9  | SS CGD                         |
| 439 | 475  | LUIS REDONDO      | 0:54:31.98 | 0:54:31.98 | 50 | M | VetIV M (50-54)  | 390 | 53 |                                |
| 440 | 999  | PEDRO SENA        | 0:54:33.47 | 0:53:46.70 | 24 | M | Sen M (18-34)    | 391 | 98 |                                |



# CORRIDA CAIXA

16 ABRIL



|     |      |                    |            |            |    |   |                  |     |     |                       |
|-----|------|--------------------|------------|------------|----|---|------------------|-----|-----|-----------------------|
| 441 | 1042 | FERNANDO LIMA      | 0:54:34.02 | 0:53:30.37 | 53 | M | VetIV M (50-54)  | 392 | 54  | SS CGD                |
| 442 | 267  | JORGE PONCIANO     | 0:54:34.19 | 0:54:07.56 | 51 | M | VetIV M (50-54)  | 393 | 55  |                       |
| 443 | 1062 | JOSE MARTINS       | 0:54:34.82 | 0:54:19.51 | 48 | M | VetIII M (45-49) | 394 | 69  | SS CGD                |
| 444 | 528  | GAËLLE DUBERN      | 0:54:36.20 | 0:53:51.20 | 30 | F | Sen F (18-34)    | 50  | 20  | MACACOS               |
| 445 | 591  | LUIS SOUSA         | 0:54:36.70 | 0:54:36.70 | 49 | M | VetIII M (45-49) | 395 | 70  | CLUBE NOVO BANCO      |
| 446 | 721  | MOHAMMED PEREIRA   | 0:54:41.71 | 0:54:41.71 | 36 | M | VetI M (35-39)   | 396 | 53  |                       |
| 447 | 1223 | JORGE DEUS         | 0:54:44.71 | 0:54:43.34 | 48 | M | VetIII M (45-49) | 397 | 71  | CCD TRANQUILIDADE     |
| 448 | 1209 | ANTÓNIO SENA       | 0:54:45.04 | 0:53:46.15 | 51 | M | VetIV M (50-54)  | 398 | 56  | CCD TRANQUILIDADE     |
| 449 | 265  | DIOGO COELHO       | 0:54:46.71 | 0:53:55.60 | 35 | M | VetI M (35-39)   | 399 | 54  | CSP RUNNERS           |
| 450 | 363  | FÁBIO GONÇALVES    | 0:54:48.34 | 0:53:53.77 | 25 | M | Sen M (18-34)    | 400 | 99  |                       |
| 451 | 203  | ROGÉRIO DIAS       | 0:54:48.56 | 0:54:43.81 | 46 | M | VetIII M (45-49) | 401 | 72  |                       |
| 452 | 462  | JOEL COSTA         | 0:54:49.77 | 0:54:49.77 | 34 | M | Sen M (18-34)    | 402 | 100 |                       |
| 453 | 487  | RITA PALMA         | 0:54:49.84 | 0:54:49.84 | 53 | F | VetIV F (50-54)  | 51  | 3   | DREAM RUNNERS ÉVORA   |
| 454 | 912  | FRANCISCO LOURENÇO | 0:54:50.29 | 0:53:47.40 | 37 | M | VetI M (35-39)   | 403 | 55  |                       |
| 455 | 433  | JOÃO LÁZARO        | 0:54:53.58 | 0:54:21.67 | 39 | M | VetI M (35-39)   | 404 | 56  | OS FLECHAS            |
| 456 | 130  | MARIANA FARIA      | 0:54:54.21 | 0:54:32.48 | 23 | F | Sen F (18-34)    | 52  | 21  |                       |
| 457 | 1252 | JOÃO SILVA         | 0:54:55.63 | 0:54:08.64 | 34 | M | Sen M (18-34)    | 405 | 101 | GDC BANCO DE PORTUGAL |
| 458 | 1259 | ELISABETE SANTOS   | 0:54:56.39 | 0:53:49.37 | 44 | F | VetII F (40-44)  | 53  | 6   | GDC BANCO DE PORTUGAL |
| 459 | 380  | JOAO COELHO        | 0:54:56.55 | 0:54:37.10 | 38 | M | VetI M (35-39)   | 406 | 57  |                       |
| 460 | 942  | ANTÓNIO COSTA      | 0:54:57.36 | 0:54:31.39 | 25 | M | Sen M (18-34)    | 407 | 102 |                       |
| 461 | 981  | DANIEL BATALHA     | 0:54:58.19 | 0:53:42.26 | 37 | M | VetI M (35-39)   | 408 | 58  |                       |
| 462 | 994  | TIAGO COSTA        | 0:54:58.59 | 0:54:21.44 | 32 | M | Sen M (18-34)    | 409 | 103 |                       |
| 463 | 269  | TIAGO SEQUEIRA     | 0:54:58.87 | 0:53:52.89 | 24 | M | Sen M (18-34)    | 410 | 104 |                       |
| 464 | 195  | PEDRO SANTOS       | 0:55:02.00 | 0:54:43.45 | 37 | M | VetI M (35-39)   | 411 | 59  |                       |
| 465 | 839  | JORGE FERNANDES    | 0:55:02.13 | 0:54:32.36 | 68 | M | VetVII M (65-69) | 412 | 15  |                       |
| 466 | 194  | VASCO SANTOS       | 0:55:03.00 | 0:54:44.54 | 63 | M | VetVI M (60-64)  | 413 | 12  |                       |



|     |      |                     |            |            |    |   |                  |     |     |                        |
|-----|------|---------------------|------------|------------|----|---|------------------|-----|-----|------------------------|
| 467 | 497  | NUNO CORREIA        | 0:55:05.13 | 0:55:05.13 | 51 | M | VetIV M (50-54)  | 414 | 57  |                        |
| 468 | 1099 | RICARDO COELHO      | 0:55:05.64 | 0:54:02.00 | 52 | M | VetIV M (50-54)  | 415 | 58  | SS CGD                 |
| 469 | 613  | VALTER MACHADO      | 0:55:09.80 | 0:55:09.80 | 31 | M | Sen M (18-34)    | 416 | 105 | FIDELIDADE GDC         |
| 470 | 1345 | DIAMANTINO SERRANO  | 0:55:10.87 | 0:55:10.84 | 48 | M | VetIII M (45-49) | 417 | 73  | AMINHACORRIDA PACERS   |
| 471 | 1102 | ROGERIO LUIS        | 0:55:10.98 | 0:55:10.98 | 43 | M | VetII M (40-44)  | 418 | 60  | SS CGD                 |
| 472 | 278  | GONÇALO CASACA      | 0:55:11.46 | 0:54:13.37 | 50 | M | VetIV M (50-54)  | 419 | 59  | RESISTENTES DO PALÁCIO |
| 473 | 843  | CARLA SILVA         | 0:55:14.41 | 0:55:08.04 | 50 | F | VetIV F (50-54)  | 54  | 4   |                        |
| 474 | 971  | NUNO SILVA          | 0:55:14.50 | 0:55:06.80 | 48 | M | VetIII M (45-49) | 420 | 74  | AZA-AZAMBUJA COM ALMA  |
| 475 | 873  | CLÁUDIA FERREIRA    | 0:55:22.79 | 0:55:06.39 | 45 | F | VetIII F (45-49) | 55  | 10  | GRUPO CORRIDA JCS      |
| 476 | 266  | FREDERICO FERNANDES | 0:55:23.59 | 0:54:31.87 | 36 | M | VetI M (35-39)   | 421 | 60  | CSP RUNNERS            |
| 477 | 1038 | EDUARDO RODRIGUES   | 0:55:37.40 | 0:55:22.01 | 42 | M | VetII M (40-44)  | 422 | 61  | SS CGD                 |
| 478 | 915  | JOSÉ RAIMUNDO       | 0:55:37.81 | 0:55:20.13 | 45 | M | VetIII M (45-49) | 423 | 75  | ELITE RUNNERS          |
| 479 | 1048 | JOAO ALMEIDA        | 0:55:38.41 | 0:55:07.22 | 53 | M | VetIV M (50-54)  | 424 | 60  | SS CGD                 |
| 480 | 622  | DÉCIO MARTINS       | 0:55:38.54 | 0:55:38.54 | 37 | M | VetI M (35-39)   | 425 | 61  |                        |
| 481 | 126  | MIGUEL ANDRADE      | 0:55:38.66 | 0:54:44.74 | 50 | M | VetIV M (50-54)  | 426 | 61  | ROBINS                 |
| 482 | 636  | IVO ROCHA           | 0:55:40.79 | 0:55:40.79 | 24 | M | Sen M (18-34)    | 427 | 106 |                        |
| 483 | 809  | RICARDO CARRETEIRO  | 0:55:40.86 | 0:55:40.86 | 30 | M | Sen M (18-34)    | 428 | 107 |                        |
| 484 | 1247 | SUSANA MAURÍCIO     | 0:55:42.88 | 0:55:24.45 | 30 | F | Sen F (18-34)    | 56  | 22  | GDC BANCO DE PORTUGAL  |
| 485 | 456  | RICARDO PINHEIRO    | 0:55:46.56 | 0:55:46.56 | 29 | M | Sen M (18-34)    | 429 | 108 | CÁ CALHARÁS            |
| 486 | 575  | DÉBORA SANTANA      | 0:55:50.00 | 0:55:50.00 | 31 | F | Sen F (18-34)    | 57  | 23  |                        |
| 487 | 401  | BERNARDO SALAVESSA  | 0:55:52.45 | 0:55:24.76 | 46 | M | VetIII M (45-49) | 430 | 76  |                        |
| 488 | 1339 | JOAO SEQUEIRA       | 0:55:54.64 | 0:55:11.78 | 46 | M | VetIII M (45-49) | 431 | 77  | GD SANTANDER TOTTA     |
| 489 | 1197 | JOÃO CORREIA        | 0:55:55.65 | 0:54:40.78 | 31 | M | Sen M (18-34)    | 432 | 109 | LEROY MERLIN SC        |
| 490 | 628  | JORGE SALGUEIRO     | 0:55:56.74 | 0:55:56.74 | 37 | M | VetI M (35-39)   | 433 | 62  |                        |
| 491 | 49   | DIOGO PROENÇA       | 0:55:58.89 | 0:55:58.89 | 28 | M | Sen M (18-34)    | 434 | 110 |                        |
| 492 | 516  | RICARDO FERREIRA    | 0:56:00.70 | 0:56:00.70 | 44 | M | VetII M (40-44)  | 435 | 62  |                        |



|     |      |                    |            |            |    |   |                   |     |     |                        |
|-----|------|--------------------|------------|------------|----|---|-------------------|-----|-----|------------------------|
| 493 | 595  | NUNO RODRIGUES     | 0:56:02.33 | 0:56:02.33 | 46 | M | VetIII M (45-49)  | 436 | 78  | CLUBE NOVO BANCO       |
| 494 | 653  | JOÃO ANTUNES       | 0:56:03.59 | 0:56:03.59 | 52 | M | VetIV M (50-54)   | 437 | 62  |                        |
| 495 | 321  | DIOGO SANTOS       | 0:56:04.38 | 0:55:57.59 | 34 | M | Sen M (18-34)     | 438 | 111 |                        |
| 496 | 1058 | JORGE PEIXOTO      | 0:56:04.66 | 0:55:27.31 | 44 | M | VetII M (40-44)   | 439 | 63  | SS CGD                 |
| 497 | 1287 | BERNARDINO PEREIRA | 0:56:05.68 | 0:56:04.95 | 87 | M | VetVIII M (70-99) | 440 | 4   | CF OS BELENENSES       |
| 498 | 885  | JOANA CASTRO       | 0:56:07.35 | 0:54:51.91 | 32 | F | Sen F (18-34)     | 58  | 24  | GRUPO CORRIDA JCS      |
| 499 | 759  | RUI BARRADAS       | 0:56:08.62 | 0:56:08.62 | 35 | M | VetI M (35-39)    | 441 | 63  |                        |
| 500 | 685  | NUNO ANJOS         | 0:56:08.92 | 0:56:08.92 | 56 | M | VetV M (55-59)    | 442 | 34  | C MILLENNIUM BCP       |
| 501 | 496  | RITA CORREIA       | 0:56:10.59 | 0:56:10.59 | 42 | F | VetII F (40-44)   | 59  | 7   |                        |
| 502 | 913  | ANDRÉ MARTINS      | 0:56:19.39 | 0:55:39.38 | 34 | M | Sen M (18-34)     | 443 | 112 |                        |
| 503 | 279  | INÊS KOLH          | 0:56:21.07 | 0:55:25.59 | 42 | F | VetII F (40-44)   | 60  | 8   | RESISTENTES DO PALÁCIO |
| 504 | 237  | JOÃO NEVES         | 0:56:21.18 | 0:55:25.51 | 57 | M | VetV M (55-59)    | 444 | 35  | RESISTENTES            |
| 505 | 199  | KIKE YIN           | 0:56:22.14 | 0:56:09.71 | 36 | M | VetI M (35-39)    | 445 | 64  |                        |
| 506 | 1201 | NUNO TAVARES       | 0:56:23.91 | 0:55:29.34 | 42 | M | VetII M (40-44)   | 446 | 64  |                        |
| 507 | 197  | PEDRO LEITÃO       | 0:56:25.70 | 0:55:16.38 | 50 | M | VetIV M (50-54)   | 447 | 63  | ALUNOS LN              |
| 508 | 200  | JOSÉ SERRA         | 0:56:26.60 | 0:54:43.00 | 45 | M | VetIII M (45-49)  | 448 | 79  | DUO ELA E ELE          |
| 509 | 1051 | JOÃO FONTES        | 0:56:26.79 | 0:55:55.07 | 45 | M | VetIII M (45-49)  | 449 | 80  | SS CGD                 |
| 510 | 892  | MAZOEL SANTOS      | 0:56:27.08 | 0:55:54.28 | 37 | M | VetI M (35-39)    | 450 | 65  | GRUPO CORRIDA JCS      |
| 511 | 902  | RODRIGO LEAL       | 0:56:27.13 | 0:55:53.20 | 44 | M | VetII M (40-44)   | 451 | 65  | GRUPO CORRIDA JCS      |
| 512 | 790  | PEDRO LOMBA        | 0:56:27.36 | 0:56:27.36 | 28 | M | Sen M (18-34)     | 452 | 113 |                        |
| 513 | 436  | CARLOS JÚNIOR      | 0:56:27.90 | 0:55:54.14 | 49 | M | VetIII M (45-49)  | 453 | 81  |                        |
| 514 | 385  | JOÃO RODRIGUES     | 0:56:28.36 | 0:56:18.53 | 33 | M | Sen M (18-34)     | 454 | 114 |                        |
| 515 | 569  | GIORGIO GIÃO       | 0:56:29.05 | 0:56:29.05 | 27 | M | Sen M (18-34)     | 455 | 115 | 1                      |
| 516 | 315  | CARLOS PITEIRA     | 0:56:29.22 | 0:55:32.97 | 57 | M | VetV M (55-59)    | 456 | 36  | COUPLE RUNNERS         |
| 517 | 767  | TELMA RODRIGUES    | 0:56:30.69 | 0:56:30.69 | 32 | F | Sen F (18-34)     | 61  | 25  |                        |
| 518 | 739  | ARTUR VENTURA      | 0:56:36.61 | 0:56:36.61 | 39 | M | VetI M (35-39)    | 457 | 66  | SAGD                   |





|     |      |                      |            |            |    |   |                   |     |     |                       |
|-----|------|----------------------|------------|------------|----|---|-------------------|-----|-----|-----------------------|
| 519 | 731  | GONÇALO SILVA        | 0:56:40.47 | 0:56:40.47 | 44 | M | VetII M (40-44)   | 458 | 66  | AFRS                  |
| 520 | 561  | ANA ASSUNÇÃO         | 0:56:41.24 | 0:56:41.24 | 38 | F | VetI F (35-39)    | 62  | 8   |                       |
| 521 | 723  | JÃO POMBO            | 0:56:42.70 | 0:56:42.70 | 29 | M | Sen M (18-34)     | 459 | 116 |                       |
| 522 | 619  | LUIS SILVA           | 0:56:42.74 | 0:56:42.74 | 32 | M | Sen M (18-34)     | 460 | 117 |                       |
| 523 | 421  | JOÃO PALMEIRO        | 0:56:43.04 | 0:56:28.78 | 27 | M | Sen M (18-34)     | 461 | 118 |                       |
| 524 | 1081 | OLIVIA GASPAR        | 0:56:44.34 | 0:55:58.59 | 52 | F | VetIV F (50-54)   | 63  | 5   | SS CGD                |
| 525 | 1056 | JOAQUIM CARRILHO     | 0:56:45.00 | 0:56:03.72 | 56 | M | VetV M (55-59)    | 462 | 37  | SS CGD                |
| 526 | 1249 | CÉLIA MINAU          | 0:56:45.85 | 0:56:36.69 | 47 | F | VetIII F (45-49)  | 64  | 11  | GDC BANCO DE PORTUGAL |
| 527 | 678  | PATRICIA CASTANHEIRA | 0:56:49.71 | 0:56:49.71 | 54 | F | VetIV F (50-54)   | 65  | 6   | C MILLENNIUM BCP      |
| 528 | 438  | JOSÉ MARQUES         | 0:56:51.55 | 0:56:48.60 | 73 | M | VetVIII M (70-99) | 463 | 5   | GMC JAMOR             |
| 529 | 1095 | PEDRO LOURO          | 0:56:52.37 | 0:51:37.11 | 40 | M | VetII M (40-44)   | 464 | 67  | SS CGD                |
| 530 | 1132 | JOSE NUNES           | 0:56:55.77 | 0:56:01.06 | 50 | M | VetIV M (50-54)   | 465 | 64  |                       |
| 531 | 213  | MARIA VANOVA         | 0:57:02.66 | 0:56:57.97 | 34 | F | Sen F (18-34)     | 66  | 26  |                       |
| 532 | 1065 | LUÍS FRAGA           | 0:57:05.10 | 0:56:49.82 | 40 | M | VetII M (40-44)   | 466 | 68  | SS CGD                |
| 533 | 1181 | JOÃO SILVA           | 0:57:05.81 | 0:56:05.86 | 37 | M | VetI M (35-39)    | 467 | 67  |                       |
| 534 | 209  | PEDRO REIS           | 0:57:12.75 | 0:56:18.10 | 51 | M | VetIV M (50-54)   | 468 | 65  |                       |
| 535 | 1239 | TIAGO VEIGA          | 0:57:13.30 | 0:55:59.97 | 44 | M | VetII M (40-44)   | 469 | 69  | PRIBERAM              |
| 536 | 488  | MIGUEL CALADO        | 0:57:15.00 | 0:57:15.00 | 28 | M | Sen M (18-34)     | 470 | 119 |                       |
| 537 | 250  | MARIANA SIMÃO        | 0:57:15.00 | 0:57:08.59 | 27 | F | Sen F (18-34)     | 67  | 27  | JAVALIS DA MARGEM     |
| 538 | 1101 | RITA JORGE           | 0:57:15.40 | 0:56:31.56 | 44 | F | VetII F (40-44)   | 68  | 9   | SS CGD                |
| 539 | 214  | NUNO FRAGOSO         | 0:57:16.01 | 0:56:11.02 | 47 | M | VetIII M (45-49)  | 471 | 82  |                       |
| 540 | 104  | MÁRIO SOBRAL         | 0:57:16.76 | 0:56:28.97 | 48 | M | VetIII M (45-49)  | 472 | 83  | CORRER LISBOA         |
| 541 | 442  | EUCINÁRIO PINHEIRO   | 0:57:17.42 | 0:56:24.66 | 58 | M | VetV M (55-59)    | 473 | 38  |                       |
| 542 | 1156 | MIGUEL MENDANHA      | 0:57:18.37 | 0:56:27.84 | 47 | M | VetIII M (45-49)  | 474 | 84  | CCD CRÉDITO AGRÍCOLA  |
| 543 | 783  | NILTON FERNANDES     | 0:57:18.66 | 0:57:18.66 | 41 | M | VetII M (40-44)   | 475 | 70  |                       |
| 544 | 768  | RICARDO RIBEIRO      | 0:57:19.36 | 0:57:19.36 | 33 | M | Sen M (18-34)     | 476 | 120 | MARVILA               |



|     |      |                  |            |            |    |   |                  |     |     |                               |
|-----|------|------------------|------------|------------|----|---|------------------|-----|-----|-------------------------------|
| 545 | 245  | TIAGO MATOS      | 0:57:20.01 | 0:56:23.70 | 48 | M | VetIII M (45-49) | 477 | 85  | FIDELIDADE GDC                |
| 546 | 1094 | PEDRO LOPES      | 0:57:20.52 | 0:56:23.90 | 44 | M | VetII M (40-44)  | 478 | 71  | SS CGD                        |
| 547 | 311  | VITOR FERNANDES  | 0:57:23.72 | 0:57:23.72 | 44 | M | VetII M (40-44)  | 479 | 72  |                               |
| 548 | 326  | RICARDO COSTA    | 0:57:23.80 | 0:56:54.00 | 39 | M | VetI M (35-39)   | 480 | 68  | CGD DGR                       |
| 549 | 780  | MARCOS MADEIRA   | 0:57:23.98 | 0:57:23.98 | 48 | M | VetIII M (45-49) | 481 | 86  | OUTSYSTEMS OLÍMPICO DE OEIRAS |
| 550 | 1049 | JOAO CORREIA     | 0:57:27.02 | 0:57:13.14 | 61 | M | VetVI M (60-64)  | 482 | 13  | SS CGD                        |
| 551 | 1190 | PEDRO FONSECA    | 0:57:31.70 | 0:57:24.48 | 46 | M | VetIII M (45-49) | 483 | 87  | CUNHAS                        |
| 552 | 246  | ANTÓNIO POMBINHO | 0:57:35.31 | 0:56:26.06 | 65 | M | VetVII M (65-69) | 484 | 16  |                               |
| 553 | 861  | VÂNIA FERREIRA   | 0:57:35.88 | 0:56:51.75 | 36 | F | VetI F (35-39)   | 69  | 9   |                               |
| 554 | 1195 | DANIELA BERNARDO | 0:57:36.96 | 0:56:21.55 | 32 | F | Sen F (18-34)    | 70  | 28  | LEROY MERLIN SC               |
| 555 | 333  | VERA FONSECA     | 0:57:37.46 | 0:57:29.12 | 40 | F | VetII F (40-44)  | 71  | 10  | PSIARTE                       |
| 556 | 698  | ANTÓNIO SILVA    | 0:57:38.55 | 0:57:38.55 | 30 | M | Sen M (18-34)    | 485 | 121 |                               |
| 557 | 355  | MIGUEL BARRADAS  | 0:57:41.31 | 0:56:28.35 | 40 | M | VetII M (40-44)  | 486 | 73  | RUNNING4FUN                   |
| 558 | 823  | RUTE DIAS        | 0:57:42.00 | 0:57:17.88 | 50 | F | VetIV F (50-54)  | 72  | 7   |                               |
| 559 | 181  | BRUNO LEMOS      | 0:57:42.00 | 0:57:22.47 | 38 | M | VetI M (35-39)   | 487 | 69  | CORRER LISBOA                 |
| 560 | 919  | PATRÍCIA GASPAR  | 0:57:42.18 | 0:57:42.15 | 45 | F | VetIII F (45-49) | 73  | 12  | GDCT IN CM                    |
| 561 | 550  | RICARDO OLIVEIRA | 0:57:42.60 | 0:57:42.60 | 42 | M | VetII M (40-44)  | 488 | 74  |                               |
| 562 | 182  | RUBEN MAGALHÃES  | 0:57:43.77 | 0:57:21.88 | 45 | M | VetIII M (45-49) | 489 | 88  |                               |
| 563 | 1267 | TÂNIA CARMO      | 0:57:44.38 | 0:57:24.91 | 36 | F | VetI F (35-39)   | 74  | 10  | NAVIGATOR CLUBE SETÚBAL       |
| 564 | 153  | ARMANDO CID      | 0:57:45.50 | 0:56:34.59 | 62 | M | VetVI M (60-64)  | 490 | 14  | ACNPN                         |
| 565 | 1070 | LUIS RODRIGUES   | 0:57:56.02 | 0:57:18.77 | 43 | M | VetII M (40-44)  | 491 | 75  | SS CGD                        |
| 566 | 1187 | ANTÓNIO DUARTE   | 0:57:56.52 | 0:56:45.32 | 60 | M | VetVI M (60-64)  | 492 | 15  |                               |
| 567 | 1212 | CARLOS BARGADO   | 0:58:00.77 | 0:57:18.78 | 58 | M | VetV M (55-59)   | 493 | 39  | CCD TRANQUILIDADE             |
| 568 | 1311 | SÓNIA FAUSTINO   | 0:58:02.12 | 0:57:56.57 | 44 | F | VetII F (40-44)  | 75  | 11  | SERVIÇOS SOCIAIS MONTEPIO     |
| 569 | 983  | MIGUEL GONÇALVES | 0:58:04.47 | 0:56:41.97 | 49 | M | VetIII M (45-49) | 494 | 89  |                               |
| 570 | 139  | MARIA CARDOSO    | 0:58:04.56 | 0:57:21.71 | 63 | F | VetVI F (60-64)  | 76  | 3   |                               |



# CORRIDA CAIXA 16 ABRIL



|     |      |                    |            |            |    |   |                  |     |     |                             |
|-----|------|--------------------|------------|------------|----|---|------------------|-----|-----|-----------------------------|
| 571 | 841  | DOMINGOS SEWARD    | 0:58:05.36 | 0:57:00.14 | 27 | M | Sen M (18-34)    | 495 | 122 |                             |
| 572 | 570  | CONSTANÇA QUEIROZ  | 0:58:06.31 | 0:58:06.31 | 25 | F | Sen F (18-34)    | 77  | 29  | 1                           |
| 573 | 1171 | NUNO BERNARDO      | 0:58:06.96 | 0:56:56.15 | 42 | M | VetII M (40-44)  | 496 | 76  |                             |
| 574 | 998  | ALEXANDRA PINHEIRO | 0:58:08.31 | 0:57:21.04 | 57 | F | VetV F (55-59)   | 78  | 6   |                             |
| 575 | 1188 | ANDREIA SILVA      | 0:58:09.69 | 0:58:07.23 | 41 | F | VetII F (40-44)  | 79  | 12  | CUNHAS                      |
| 576 | 297  | MANUEL PEREIRA     | 0:58:13.68 | 0:58:00.44 | 41 | M | VetII M (40-44)  | 497 | 77  |                             |
| 577 | 1297 | FLÁVIA PENAM       | 0:58:14.61 | 0:57:48.57 | 34 | F | Sen F (18-34)    | 80  | 30  | BRRNIGHTRUNNERS             |
| 578 | 583  | XANA FILIPE        | 0:58:15.22 | 0:58:15.22 | 51 | F | VetIV F (50-54)  | 81  | 8   | CLUBE NOVO BANCO            |
| 579 | 480  | JORGE FERREIRA     | 0:58:15.59 | 0:58:15.59 | 57 | M | VetV M (55-59)   | 498 | 40  | RUNNING DONA MARIA          |
| 580 | 835  | MARIA QUINTANA     | 0:58:15.69 | 0:57:28.44 | 27 | F | Sen F (18-34)    | 82  | 31  |                             |
| 581 | 1050 | JOAO CRAVO         | 0:58:19.40 | 0:57:33.87 | 38 | M | VetI M (35-39)   | 499 | 70  | SS CGD                      |
| 582 | 1141 | RICARDO ANDRADE    | 0:58:20.17 | 0:58:00.14 | 28 | M | Sen M (18-34)    | 500 | 123 |                             |
| 583 | 832  | MARIA CORONHA      | 0:58:20.48 | 0:58:00.68 | 41 | F | VetII F (40-44)  | 83  | 13  | OCR PORTUGAL LAB            |
| 584 | 441  | NAYARA PINHEIRO    | 0:58:20.68 | 0:57:26.96 | 26 | F | Sen F (18-34)    | 84  | 32  |                             |
| 585 | 982  | CARLOS VICENTE     | 0:58:21.16 | 0:58:21.16 | 50 | M | VetIV M (50-54)  | 501 | 66  |                             |
| 586 | 489  | CÉLIA CORTE        | 0:58:21.87 | 0:58:21.87 | 40 | F | VetII F (40-44)  | 85  | 14  | CORRER QUELUZ               |
| 587 | 555  | ODÍLIA PEREIRA     | 0:58:23.62 | 0:58:23.62 | 51 | F | VetIV F (50-54)  | 86  | 9   |                             |
| 588 | 373  | CARLA MIRA         | 0:58:24.20 | 0:57:07.22 | 58 | F | VetV F (55-59)   | 87  | 7   | AS MALUQUINHAS DAS CORRIDAS |
| 589 | 762  | IOLANDA FAUSTINO   | 0:58:24.51 | 0:58:24.51 | 28 | F | Sen F (18-34)    | 88  | 33  |                             |
| 590 | 260  | HENRIQUETA SOLIPA  | 0:58:26.48 | 0:57:28.58 | 61 | F | VetVI F (60-64)  | 89  | 4   | TARTARUGAS SOLIDARIAS       |
| 591 | 830  | SEBASTIAN MARTINEZ | 0:58:26.83 | 0:56:40.65 | 21 | M | Sen M (18-34)    | 502 | 124 | COMPOSTELA                  |
| 592 | 1167 | VIVIAN SILVA       | 0:58:29.03 | 0:57:17.43 | 34 | F | Sen F (18-34)    | 90  | 34  |                             |
| 593 | 1084 | PAULO BAILÃO       | 0:58:29.81 | 0:57:25.52 | 52 | M | VetIV M (50-54)  | 503 | 67  | SS CGD                      |
| 594 | 562  | VICTOR BARROS      | 0:58:31.34 | 0:58:31.34 | 36 | M | VetI M (35-39)   | 504 | 71  |                             |
| 595 | 1354 | FILIPE CUNHA       | 0:58:31.40 | 0:57:42.00 | 46 | M | VetIII M (45-49) | 505 | 90  | ADCR MATA BENFICA           |
| 596 | 1142 | MARIA DIAZ         | 0:58:31.67 | 0:58:12.05 | 27 | F | Sen F (18-34)    | 91  | 35  |                             |



|     |      |                 |            |            |    |   |                  |     |     |                   |
|-----|------|-----------------|------------|------------|----|---|------------------|-----|-----|-------------------|
| 597 | 519  | PEDRO TABORDA   | 0:58:31.91 | 0:58:31.91 | 50 | M | VetIV M (50-54)  | 506 | 68  | SAMOUCO RUNNERS   |
| 598 | 100  | PEDRO ALVES     | 0:58:34.96 | 0:58:34.96 | 39 | M | VetI M (35-39)   | 507 | 72  |                   |
| 599 | 1097 | PEDRO SEQUEIRA  | 0:58:35.11 | 0:57:30.90 | 55 | M | VetV M (55-59)   | 508 | 41  | SS CGD            |
| 600 | 953  | HUGO ROQUE      | 0:58:35.57 | 0:58:15.33 | 37 | M | VetI M (35-39)   | 509 | 73  |                   |
| 601 | 1232 | PEDRO VENTURA   | 0:58:38.50 | 0:57:40.29 | 46 | M | VetIII M (45-49) | 510 | 91  | CCD TRANQUILIDADE |
| 602 | 784  | RAFAEL SANTOS   | 0:58:42.03 | 0:58:42.03 | 56 | M | VetV M (55-59)   | 511 | 42  | CCDT METRO LX     |
| 603 | 307  | FILOMENA JESUS  | 0:58:43.24 | 0:57:55.94 | 50 | F | VetIV F (50-54)  | 92  | 10  | CHARNECA STARS    |
| 604 | 210  | RAQUEL BATALHA  | 0:58:43.86 | 0:58:38.09 | 22 | F | Sen F (18-34)    | 93  | 36  | HEROBOX           |
| 605 | 513  | RUI CASIMIRO    | 0:58:43.87 | 0:58:43.87 | 49 | M | VetIII M (45-49) | 512 | 92  |                   |
| 606 | 687  | MÁRIO ANDRADE   | 0:58:43.94 | 0:58:43.94 | 53 | M | VetIV M (50-54)  | 513 | 69  | C MILLENNIUM BCP  |
| 607 | 684  | MARTA PEREIRA   | 0:58:43.99 | 0:58:43.99 | 44 | F | VetII F (40-44)  | 94  | 15  | C MILLENNIUM BCP  |
| 608 | 512  | CARLA GEADA     | 0:58:44.63 | 0:58:44.63 | 46 | F | VetIII F (45-49) | 95  | 13  |                   |
| 609 | 594  | JOAO COSTA      | 0:58:45.26 | 0:58:45.26 | 55 | M | VetV M (55-59)   | 514 | 43  | CLUBE NOVO BANCO  |
| 610 | 673  | JOÃO FERREIRA   | 0:58:45.36 | 0:58:45.36 | 43 | M | VetII M (40-44)  | 515 | 78  | LEOGYM            |
| 611 | 743  | JORGE BAPTISTA  | 0:58:45.80 | 0:58:45.80 | 26 | M | Sen M (18-34)    | 516 | 125 |                   |
| 612 | 1199 | TIAGO MARQUES   | 0:58:48.13 | 0:57:34.36 | 40 | M | VetII M (40-44)  | 517 | 79  | LEROY MERLIN SC   |
| 613 | 1193 | CLAUDIA MATOS   | 0:58:48.13 | 0:57:34.78 | 42 | F | VetII F (40-44)  | 96  | 16  | LEROY MERLIN SC   |
| 614 | 730  | DANYEL CUNHA    | 0:58:49.43 | 0:58:49.43 | 48 | M | VetIII M (45-49) | 518 | 93  |                   |
| 615 | 977  | PEDRO ALMEIDA   | 0:58:51.39 | 0:57:52.47 | 33 | M | Sen M (18-34)    | 519 | 126 |                   |
| 616 | 1150 | FERNANDA SIMÕES | 0:58:51.92 | 0:57:45.08 | 49 | F | VetIII F (45-49) | 97  | 14  |                   |
| 617 | 471  | ARTUR FARINHA   | 0:58:52.60 | 0:58:52.60 | 59 | M | VetV M (55-59)   | 520 | 44  |                   |
| 618 | 747  | LUÍS CORREIA    | 0:58:52.95 | 0:58:52.95 | 46 | M | VetIII M (45-49) | 521 | 94  | NO LIMIT RUNNERS  |
| 619 | 300  | ANDRÉ CARVALHO  | 0:58:53.91 | 0:58:27.78 | 36 | M | VetI M (35-39)   | 522 | 74  |                   |
| 620 | 518  | NAIRA RITO      | 0:58:54.82 | 0:58:54.82 | 36 | F | VetI F (35-39)   | 98  | 11  |                   |
| 621 | 1140 | MARTA ZYGZULA   | 0:58:55.31 | 0:58:27.33 | 29 | F | Sen F (18-34)    | 99  | 37  |                   |
| 622 | 1146 | JOÃO BOIEIRO    | 0:58:55.96 | 0:57:29.98 | 23 | M | Sen M (18-34)    | 523 | 127 |                   |





|     |      |                    |            |            |    |   |                  |     |     |                       |
|-----|------|--------------------|------------|------------|----|---|------------------|-----|-----|-----------------------|
| 623 | 928  | FRANCISCO VERDELHO | 0:58:57.00 | 0:58:26.55 | 26 | M | Sen M (18-34)    | 524 | 128 |                       |
| 624 | 1055 | JOÃO SILVEIRA      | 0:58:58.15 | 0:57:33.20 | 54 | M | VetIV M (50-54)  | 525 | 70  | SS CGD                |
| 625 | 741  | SUSANA BOLAS       | 0:58:59.54 | 0:58:59.54 | 33 | F | Sen F (18-34)    | 100 | 38  | SAGD                  |
| 626 | 460  | JOÃO FERNANDES     | 0:59:00.88 | 0:59:00.88 | 42 | M | VetII M (40-44)  | 526 | 80  |                       |
| 627 | 763  | JOÃO SANTOS        | 0:59:02.42 | 0:59:02.42 | 35 | M | VetI M (35-39)   | 527 | 75  |                       |
| 628 | 836  | JOSÉ PEIXOTO       | 0:59:03.00 | 0:57:54.00 | 46 | M | VetIII M (45-49) | 528 | 95  | CGD-DSI               |
| 629 | 239  | ADELINO PEREIRA    | 0:59:04.75 | 0:58:32.53 | 59 | M | VetV M (55-59)   | 529 | 45  | RUN2FINISH.PT         |
| 630 | 243  | MANUEL PAULO       | 0:59:04.82 | 0:58:32.27 | 66 | M | VetVII M (65-69) | 530 | 17  | RUN2FINISH.PT         |
| 631 | 394  | PEDRO ALMEIDA      | 0:59:05.13 | 0:58:23.91 | 46 | M | VetIII M (45-49) | 531 | 96  |                       |
| 632 | 1034 | CRISTIANA REIS     | 0:59:06.48 | 0:58:10.76 | 44 | F | VetII F (40-44)  | 101 | 17  | SS CGD                |
| 633 | 1170 | CARLOS FERREIRA    | 0:59:07.35 | 0:58:55.30 | 66 | M | VetVII M (65-69) | 532 | 18  | ND AUTOCOOPE          |
| 634 | 515  | FERNANDO CARDIA    | 0:59:09.47 | 0:59:09.47 | 54 | M | VetIV M (50-54)  | 533 | 71  |                       |
| 635 | 1113 | SOFIA CUNHA        | 0:59:09.75 | 0:58:28.67 | 40 | F | VetII F (40-44)  | 102 | 18  | SS CGD                |
| 636 | 346  | FRANCISCO PLIRÚ    | 0:59:10.17 | 0:58:00.98 | 38 | M | VetI M (35-39)   | 534 | 76  | NESHA HOP & RUN TEAM  |
| 637 | 274  | PEDRO ASSUNÇÃO     | 0:59:10.74 | 0:58:01.82 | 47 | M | VetIII M (45-49) | 535 | 97  | O ULTIMO APAGA A LUZ  |
| 638 | 1111 | SILVIA PEDRO       | 0:59:14.03 | 0:57:56.20 | 53 | F | VetIV F (50-54)  | 103 | 11  | SS CGD                |
| 639 | 1069 | LUIS QUENTAL       | 0:59:14.33 | 0:58:20.37 | 56 | M | VetV M (55-59)   | 536 | 46  | SS CGD                |
| 640 | 1165 | JOÃO SILVA         | 0:59:15.76 | 0:57:46.94 | 26 | M | Sen M (18-34)    | 537 | 129 |                       |
| 641 | 1334 | MARIA FERNANDES    | 0:59:16.22 | 0:59:13.65 | 65 | F | VetVII F (65-69) | 104 | 1   | AMIGOSDACORRIDA       |
| 642 | 970  | ANA VARANDA        | 0:59:17.74 | 0:59:10.92 | 45 | F | VetIII F (45-49) | 105 | 15  | AZA-AZAMBUJA COM ALMA |
| 643 | 1107 | RUI SOARES         | 0:59:18.61 | 0:58:37.53 | 48 | M | VetIII M (45-49) | 538 | 98  | SS CGD                |
| 644 | 133  | PEDRO GONÇALVES    | 0:59:19.64 | 0:59:19.64 | 27 | M | Sen M (18-34)    | 539 | 130 | FORTUNATO             |
| 645 | 1161 | PAULA CARVALHO     | 0:59:20.37 | 0:58:03.79 | 33 | F | Sen F (18-34)    | 106 | 39  |                       |
| 646 | 1145 | MARGARIDA CRUZ     | 0:59:20.62 | 0:58:02.10 | 32 | F | Sen F (18-34)    | 107 | 40  |                       |
| 647 | 498  | SERGIO CARAMONA    | 0:59:21.44 | 0:59:21.44 | 29 | M | Sen M (18-34)    | 540 | 131 |                       |
| 648 | 765  | TIAGO SERAFIM      | 0:59:21.77 | 0:59:21.77 | 29 | M | Sen M (18-34)    | 541 | 132 | CGD-DC                |



|     |      |                    |            |            |    |   |                  |     |     |                      |
|-----|------|--------------------|------------|------------|----|---|------------------|-----|-----|----------------------|
| 649 | 502  | BRUNO PINTO        | 0:59:22.48 | 0:59:22.48 | 45 | M | VetIII M (45-49) | 542 | 99  |                      |
| 650 | 1017 | ALVARO FURTADO     | 0:59:23.47 | 0:58:52.65 | 64 | M | VetVI M (60-64)  | 543 | 16  | SS CGD               |
| 651 | 1072 | MANUEL BAPTISTA    | 0:59:24.09 | 0:58:33.03 | 58 | M | VetV M (55-59)   | 544 | 47  | SS CGD               |
| 652 | 144  | CAMILA ROCHA       | 0:59:25.82 | 0:58:24.44 | 42 | F | VetII F (40-44)  | 108 | 19  |                      |
| 653 | 1203 | RUI MARQUES        | 0:59:27.56 | 0:58:03.70 | 47 | M | VetIII M (45-49) | 545 | 100 |                      |
| 654 | 501  | PEDRO BISCAIA      | 0:59:31.62 | 0:59:31.62 | 48 | M | VetIII M (45-49) | 546 | 101 |                      |
| 655 | 477  | RENATO VELOSO      | 0:59:32.01 | 0:59:32.01 | 37 | M | VetI M (35-39)   | 547 | 77  |                      |
| 656 | 1105 | RUI MARTINS        | 0:59:32.30 | 0:58:26.08 | 43 | M | VetII M (40-44)  | 548 | 81  | SS CGD               |
| 657 | 495  | JOAQUIM GUERREIRO  | 0:59:33.15 | 0:59:33.15 | 68 | M | VetVII M (65-69) | 549 | 19  |                      |
| 658 | 503  | SILVIA BETTENCOURT | 0:59:35.23 | 0:59:35.23 | 38 | F | VetI F (35-39)   | 109 | 12  |                      |
| 659 | 710  | TIAGO PINTO        | 0:59:35.57 | 0:59:35.57 | 42 | M | VetII M (40-44)  | 550 | 82  |                      |
| 660 | 479  | MIGUEL SOBRAL      | 0:59:37.19 | 0:59:37.19 | 34 | M | Sen M (18-34)    | 551 | 133 |                      |
| 661 | 863  | ALEXANDRA CENTENO  | 0:59:38.02 | 0:58:59.92 | 50 | F | VetIV F (50-54)  | 110 | 12  | GRUPO CORRIDA JCS    |
| 662 | 1272 | LUIS AZEVEDO       | 0:59:38.20 | 0:58:23.96 | 61 | M | VetVI M (60-64)  | 552 | 17  |                      |
| 663 | 966  | FERNANDO CARREIRO  | 0:59:38.24 | 0:58:15.74 | 61 | M | VetVI M (60-64)  | 553 | 18  | CARTAXEIRO           |
| 664 | 705  | JOÃO VIEIRA        | 0:59:38.25 | 0:59:38.25 | 37 | M | VetI M (35-39)   | 554 | 78  |                      |
| 665 | 1346 | GENINHA ANDRADE    | 0:59:41.05 | 0:59:30.31 | 44 | F | VetII F (40-44)  | 111 | 20  | AMINHACORRIDA PACERS |
| 666 | 1106 | RUI PALMA          | 0:59:50.70 | 0:59:32.34 | 44 | M | VetII M (40-44)  | 555 | 83  | SS CGD               |
| 667 | 837  | SILVIO PEREIRA     | 0:59:52.68 | 0:59:45.53 | 44 | M | VetII M (40-44)  | 556 | 84  |                      |
| 668 | 649  | BRUNO MARQUITOS    | 0:59:52.83 | 0:59:52.83 | 25 | M | Sen M (18-34)    | 557 | 134 | UTRASFIT             |
| 669 | 650  | ALEXANDRE QUINTELA | 0:59:53.19 | 0:59:53.19 | 26 | M | Sen M (18-34)    | 558 | 135 | UTRASFIT             |
| 670 | 732  | ALBERTO CARVALHO   | 0:59:55.97 | 0:59:55.97 | 65 | M | VetVII M (65-69) | 559 | 20  | AFRS                 |
| 671 | 176  | SANDRA LEITE       | 0:59:57.48 | 0:58:31.73 | 42 | F | VetII F (40-44)  | 112 | 21  |                      |
| 672 | 770  | LÉO REIS           | 0:59:59.74 | 0:59:59.74 | 35 | M | VetI M (35-39)   | 560 | 79  |                      |
| 673 | 207  | CATARINA SILVA     | 1:00:00.08 | 0:58:39.14 | 26 | F | Sen F (18-34)    | 113 | 41  |                      |
| 674 | 208  | CARLOS SILVA       | 1:00:01.26 | 0:58:38.51 | 64 | M | VetVI M (60-64)  | 561 | 19  |                      |



|     |      |                    |            |            |    |   |                   |     |     |                      |
|-----|------|--------------------|------------|------------|----|---|-------------------|-----|-----|----------------------|
| 675 | 1282 | MIGUEL CALDAS      | 1:00:01.83 | 0:59:52.00 | 58 | M | VetV M (55-59)    | 562 | 48  |                      |
| 676 | 500  | ARLINDO ROLO       | 1:00:02.24 | 1:00:02.24 | 54 | M | VetIV M (50-54)   | 563 | 72  |                      |
| 677 | 660  | LUIS MARQUES       | 1:00:03.59 | 1:00:03.59 | 55 | M | VetV M (55-59)    | 564 | 49  |                      |
| 678 | 448  | NUNO FERNANDES     | 1:00:04.68 | 0:58:41.97 | 47 | M | VetIII M (45-49)  | 565 | 102 |                      |
| 679 | 908  | HUGO BUBENIK       | 1:00:05.44 | 0:59:15.40 | 34 | M | Sen M (18-34)     | 566 | 136 |                      |
| 680 | 589  | MANUELA LOPES      | 1:00:06.33 | 1:00:06.33 | 48 | F | VetIII F (45-49)  | 114 | 16  | CLUBE NOVO BANCO     |
| 681 | 592  | EMILIA BORGES      | 1:00:06.53 | 1:00:06.53 | 60 | F | VetVI F (60-64)   | 115 | 5   | CLUBE NOVO BANCO     |
| 682 | 191  | JOAO CORDEIRO      | 1:00:09.41 | 0:58:47.23 | 34 | M | Sen M (18-34)     | 567 | 137 |                      |
| 683 | 459  | JOÃO BRITO         | 1:00:10.94 | 1:00:10.94 | 30 | M | Sen M (18-34)     | 568 | 138 |                      |
| 684 | 872  | CATARINA PEREIRA   | 1:00:11.09 | 0:59:58.50 | 31 | F | Sen F (18-34)     | 116 | 42  | GRUPO CORRIDA JCS    |
| 685 | 1052 | JOAO HENRIQUES     | 1:00:13.47 | 0:59:06.90 | 48 | M | VetIII M (45-49)  | 569 | 103 | SS CGD               |
| 686 | 1092 | PEDRO FONTOURA     | 1:00:17.25 | 0:59:14.62 | 52 | M | VetIV M (50-54)   | 570 | 73  | SS CGD               |
| 687 | 1098 | RAUL MACHADO       | 1:00:18.25 | 0:59:51.54 | 64 | M | VetVI M (60-64)   | 571 | 20  | SS CGD               |
| 688 | 1109 | SANDRO COSTA       | 1:00:18.75 | 0:59:00.81 | 42 | M | VetII M (40-44)   | 572 | 85  | SS CGD               |
| 689 | 112  | MANUEL MANTEIGAS   | 1:00:20.60 | 1:00:09.68 | 39 | M | VetI M (35-39)    | 573 | 80  |                      |
| 690 | 598  | DINIS MARTINS      | 1:00:24.25 | 1:00:24.25 | 52 | M | VetIV M (50-54)   | 574 | 74  | CLUBE NOVO BANCO     |
| 691 | 189  | ANA CARTROGA       | 1:00:24.52 | 0:58:38.89 | 45 | F | VetIII F (45-49)  | 117 | 17  | M&MS                 |
| 692 | 188  | HUGO MARQUES       | 1:00:25.79 | 0:58:40.39 | 45 | M | VetIII M (45-49)  | 575 | 104 | M&MS                 |
| 693 | 411  | RAFAEL LOUREIRO    | 1:00:27.55 | 0:59:50.60 | 29 | M | Sen M (18-34)     | 576 | 139 | CCD CRÉDITO AGRÍCOLA |
| 694 | 776  | PEDRO PARADINHA    | 1:00:35.58 | 1:00:35.58 | 31 | M | Sen M (18-34)     | 577 | 140 |                      |
| 695 | 146  | GILBERTO GONÇALVES | 1:00:42.19 | 0:59:51.76 | 74 | M | VetVIII M (70-99) | 578 | 6   | CAA BELEM            |
| 696 | 185  | MARIA VELOSO       | 1:00:42.81 | 1:00:37.98 | 71 | F | VetVIII F (70-99) | 118 | 1   |                      |
| 697 | 1148 | ANTÓNIO SANTOS     | 1:00:43.57 | 1:00:33.19 | 52 | M | VetIV M (50-54)   | 579 | 75  |                      |
| 698 | 1164 | ARMANDO RODRIGUES  | 1:00:43.62 | 1:00:05.86 | 35 | M | VetI M (35-39)    | 580 | 81  |                      |
| 699 | 975  | MARIA ANDRADE      | 1:00:57.28 | 0:59:51.60 | 27 | F | Sen F (18-34)     | 119 | 43  |                      |
| 700 | 231  | FERNANDO MARTINS   | 1:00:58.89 | 0:59:42.38 | 59 | M | VetV M (55-59)    | 581 | 50  | 6594485              |



|     |      |                    |            |            |    |   |                  |     |     |                           |
|-----|------|--------------------|------------|------------|----|---|------------------|-----|-----|---------------------------|
| 701 | 793  | J. RODRIGUES       | 1:01:03.21 | 1:01:03.21 | 54 | M | VetIV M (50-54)  | 582 | 76  | CAA BELEM                 |
| 702 | 621  | LIDIA RAMOS        | 1:01:08.78 | 1:01:08.78 | 49 | F | VetIII F (45-49) | 120 | 18  |                           |
| 703 | 620  | CARLA CERQUEIRA    | 1:01:09.09 | 1:01:09.09 | 41 | F | VetII F (40-44)  | 121 | 22  |                           |
| 704 | 1323 | ANTONIO LIMA       | 1:01:10.06 | 1:00:34.98 | 49 | M | VetIII M (45-49) | 583 | 105 | RIVEIRINHOS               |
| 705 | 701  | TIAGO FIGUEIREDO   | 1:01:12.99 | 1:01:12.99 | 33 | M | Sen M (18-34)    | 584 | 141 | RANDSTAD                  |
| 706 | 135  | LUIS PROENÇA       | 1:01:14.35 | 1:00:22.32 | 53 | M | VetIV M (50-54)  | 585 | 77  |                           |
| 707 | 525  | MARCO MARCO        | 1:01:15.76 | 1:01:15.76 | 55 | M | VetV M (55-59)   | 586 | 51  |                           |
| 708 | 201  | SUSANA COELHO      | 1:01:16.01 | 0:59:33.31 | 44 | F | VetII F (40-44)  | 122 | 23  | DUO ELA E ELE             |
| 709 | 996  | CARLOS RYDIN       | 1:01:20.00 | 1:01:20.00 | 61 | M | VetVI M (60-64)  | 587 | 21  | RYDIN                     |
| 710 | 596  | MANUEL ANASTACIO   | 1:01:23.65 | 1:01:23.65 | 54 | M | VetIV M (50-54)  | 588 | 78  | CLUBE NOVO BANCO          |
| 711 | 896  | PEDRO MEDEIROS     | 1:01:31.11 | 0:59:44.80 | 32 | M | Sen M (18-34)    | 589 | 142 | GRUPO CORRIDA JCS         |
| 712 | 787  | RUI PASTOR         | 1:01:31.56 | 1:01:31.56 | 50 | M | VetIV M (50-54)  | 590 | 79  | CCDT METRO LX             |
| 713 | 887  | LUÍS VAZ           | 1:01:32.50 | 1:01:05.37 | 37 | M | VetI M (35-39)   | 591 | 82  | GRUPO CORRIDA JCS         |
| 714 | 1238 | PEDRO AMARAL       | 1:01:32.65 | 1:00:19.82 | 55 | M | VetV M (55-59)   | 592 | 52  | PRIBERAM                  |
| 715 | 625  | NUNO NUNES         | 1:01:35.15 | 1:01:35.15 | 49 | M | VetIII M (45-49) | 593 | 106 | CAA BELEM                 |
| 716 | 1235 | ROGÉRIO DIAS       | 1:01:37.11 | 1:00:56.02 | 51 | M | VetIV M (50-54)  | 594 | 80  | CCD TRANQUILIDADE         |
| 717 | 1125 | ANA SOARES         | 1:01:39.07 | 1:00:17.17 | 37 | F | VetI F (35-39)   | 123 | 13  |                           |
| 718 | 728  | CATARINA GONÇALVES | 1:01:41.64 | 1:01:41.64 | 46 | F | VetIII F (45-49) | 124 | 19  |                           |
| 719 | 443  | FRANCISCO SANTOS   | 1:01:41.84 | 1:01:18.68 | 67 | M | VetVII M (65-69) | 595 | 21  |                           |
| 720 | 563  | CRISTINA VALADAS   | 1:01:43.02 | 1:01:43.02 | 33 | F | Sen F (18-34)    | 125 | 44  |                           |
| 721 | 904  | RUI ANTUNES        | 1:01:43.28 | 1:01:30.78 | 53 | M | VetIV M (50-54)  | 596 | 81  | GRUPO CORRIDA JCS         |
| 722 | 109  | JOEL GINGA         | 1:01:45.84 | 1:01:31.96 | 42 | M | VetII M (40-44)  | 597 | 86  |                           |
| 723 | 1147 | BRUNO TEIXEIRA     | 1:01:46.05 | 1:01:29.60 | 43 | M | VetII M (40-44)  | 598 | 87  |                           |
| 724 | 749  | FRANCISCO TEIXEIRA | 1:01:49.79 | 1:01:49.79 | 28 | M | Sen M (18-34)    | 599 | 143 |                           |
| 725 | 1006 | MANUELA MACHADO    | 1:01:50.78 | 1:00:55.00 | 57 | F | VetV F (55-59)   | 126 | 8   |                           |
| 726 | 1305 | LUCINDA BAPTISTA   | 1:01:53.49 | 1:01:49.01 | 52 | F | VetIV F (50-54)  | 127 | 13  | SERVIÇOS SOCIAIS MONTEPIO |





|     |      |                    |            |            |    |   |                  |     |     |                           |
|-----|------|--------------------|------------|------------|----|---|------------------|-----|-----|---------------------------|
| 727 | 775  | MARGARIDA GALVÃO   | 1:01:55.35 | 1:01:55.35 | 21 | F | Sen F (18-34)    | 128 | 45  |                           |
| 728 | 742  | ANA GONCALVES      | 1:01:58.90 | 1:01:58.90 | 34 | F | Sen F (18-34)    | 129 | 46  |                           |
| 729 | 171  | FERNANDO GONÇALVES | 1:02:00.35 | 1:02:00.35 | 53 | M | VetIV M (50-54)  | 600 | 82  | CGD-SSCGD                 |
| 730 | 807  | GONÇALO FARIA      | 1:02:01.68 | 1:02:01.68 | 19 | M | Sen M (18-34)    | 601 | 144 |                           |
| 731 | 680  | LEONEL BRANDAO     | 1:02:03.30 | 1:02:03.30 | 55 | M | VetV M (55-59)   | 602 | 53  | C MILLENNIUM BCP          |
| 732 | 735  | NUNO AMANTE        | 1:02:03.66 | 1:02:03.66 | 32 | M | Sen M (18-34)    | 603 | 145 |                           |
| 733 | 734  | MARGARIDA CORDEIRO | 1:02:03.99 | 1:02:03.99 | 33 | F | Sen F (18-34)    | 130 | 47  |                           |
| 734 | 736  | JORGE VAZ          | 1:02:04.68 | 1:02:04.68 | 33 | M | Sen M (18-34)    | 604 | 146 |                           |
| 735 | 789  | MARTA PINTO        | 1:02:06.81 | 1:02:06.81 | 26 | F | Sen F (18-34)    | 131 | 48  |                           |
| 736 | 643  | JOÃO MOACHO        | 1:02:06.91 | 1:02:06.91 | 65 | M | VetVII M (65-69) | 605 | 22  | LINDA PASTORA SC          |
| 737 | 44   | JOAO ALMEIDA       | 1:02:16.68 | 1:00:53.45 | 36 | M | VetI M (35-39)   | 606 | 83  |                           |
| 738 | 1162 | VICTOR NETO        | 1:02:17.39 | 1:01:28.49 | 55 | M | VetV M (55-59)   | 607 | 54  |                           |
| 739 | 1163 | MATHILDE NETO      | 1:02:17.55 | 1:01:28.92 | 28 | F | Sen F (18-34)    | 132 | 49  |                           |
| 740 | 1308 | PAULO PINHEIRO     | 1:02:24.18 | 1:01:24.75 | 48 | M | VetIII M (45-49) | 608 | 107 | SERVIÇOS SOCIAIS MONTEPIO |
| 741 | 1041 | FERNANDO ALVES     | 1:02:26.47 | 1:01:48.81 | 61 | M | VetVI M (60-64)  | 609 | 22  | SS CGD                    |
| 742 | 1115 | TERESA MARTINS     | 1:02:27.64 | 1:02:19.28 | 64 | F | VetVI F (60-64)  | 133 | 6   | SS CGD                    |
| 743 | 974  | ANA EMANUEL        | 1:02:30.80 | 1:02:07.32 | 40 | F | VetII F (40-44)  | 134 | 24  | OS MAPOTA'S               |
| 744 | 973  | FERNANDO EMANUEL   | 1:02:33.17 | 1:02:09.53 | 43 | M | VetII M (40-44)  | 610 | 88  | OS MAPOTA'S               |
| 745 | 1268 | TIAGO GALEGO       | 1:02:34.39 | 1:02:12.12 | 44 | M | VetII M (40-44)  | 611 | 89  | NAVIGATOR CLUBE SETÚBAL   |
| 746 | 403  | CARLA BAPTISTA     | 1:02:34.70 | 1:01:59.29 | 42 | F | VetII F (40-44)  | 135 | 25  | CCD CRÉDITO AGRÍCOLA      |
| 747 | 805  | ANA PATRÍCIO       | 1:02:39.05 | 1:02:39.05 | 31 | F | Sen F (18-34)    | 136 | 50  |                           |
| 748 | 511  | PAULA GEADA        | 1:02:41.56 | 1:02:41.56 | 52 | F | VetIV F (50-54)  | 137 | 14  |                           |
| 749 | 367  | PAULO FALCÃO       | 1:02:43.30 | 1:01:18.45 | 36 | M | VetI M (35-39)   | 612 | 84  |                           |
| 750 | 1037 | DORA PIRES         | 1:02:44.63 | 1:01:42.45 | 57 | F | VetV F (55-59)   | 138 | 9   | SS CGD                    |
| 751 | 642  | PAULO SOEIRO       | 1:02:48.16 | 1:02:48.16 | 45 | M | VetIII M (45-49) | 613 | 108 |                           |
| 752 | 137  | TIAGO COSTA        | 1:02:49.44 | 1:01:48.35 | 39 | M | VetI M (35-39)   | 614 | 85  |                           |



|     |      |                        |            |            |    |   |                   |     |     |                               |
|-----|------|------------------------|------------|------------|----|---|-------------------|-----|-----|-------------------------------|
| 753 | 662  | TERESA ATANÁSIO        | 1:02:54.36 | 1:02:54.36 | 46 | F | VetIII F (45-49)  | 139 | 20  |                               |
| 754 | 931  | SERGIO PEREIRA         | 1:02:58.37 | 1:02:34.90 | 50 | M | VetIV M (50-54)   | 615 | 83  |                               |
| 755 | 1221 | JOÃO SERRA             | 1:03:00.37 | 1:02:37.55 | 51 | M | VetIV M (50-54)   | 616 | 84  | CCD TRANQUILIDADE             |
| 756 | 1220 | ISABEL MOTA            | 1:03:00.45 | 1:02:37.34 | 49 | F | VetIII F (45-49)  | 140 | 21  | CCD TRANQUILIDADE             |
| 757 | 1123 | JOÃO SOUSA             | 1:03:04.26 | 1:02:20.28 | 39 | M | VetI M (35-39)    | 617 | 86  |                               |
| 758 | 847  | HENRIQUE LUÍS          | 1:03:05.69 | 1:02:58.26 | 21 | M | Sen M (18-34)     | 618 | 147 |                               |
| 759 | 1080 | NUNO OLIVEIRA          | 1:03:07.44 | 1:02:53.58 | 48 | M | VetIII M (45-49)  | 619 | 109 | SS CGD                        |
| 760 | 1152 | ANDRÉ ALMEIDA          | 1:03:11.20 | 1:02:35.76 | 25 | M | Sen M (18-34)     | 620 | 148 | CCD CRÉDITO AGRÍCOLA          |
| 761 | 657  | PEDRO BAPTISTA         | 1:03:12.60 | 1:03:12.60 | 35 | M | VetI M (35-39)    | 621 | 87  |                               |
| 762 | 198  | JOANA PALMELA          | 1:03:15.94 | 1:03:14.89 | 39 | F | VetI F (35-39)    | 141 | 14  |                               |
| 763 | 957  | ANTÓNIO COSTA          | 1:03:21.62 | 1:02:04.68 | 62 | M | VetVI M (60-64)   | 622 | 23  |                               |
| 764 | 827  | DIAMANTINO ALBUQUERQUE | 1:03:22.63 | 1:03:12.23 | 69 | M | VetVII M (65-69)  | 623 | 23  | CD MAFRA                      |
| 765 | 826  | JORGE PAULINO          | 1:03:23.56 | 1:03:13.19 | 67 | M | VetVII M (65-69)  | 624 | 24  | CD MAFRA                      |
| 766 | 1314 | ROZITTA SILVA          | 1:03:25.58 | 1:03:02.04 | 36 | F | VetI F (35-39)    | 142 | 15  | CUA BENAVENTENSE - 3B TRIATLO |
| 767 | 1237 | TAM AFONSO             | 1:03:26.02 | 1:02:33.42 | 70 | M | VetVIII M (70-99) | 625 | 7   | CCD TRANQUILIDADE             |
| 768 | 1266 | JOAQUINA VALENTE       | 1:03:26.17 | 1:02:47.58 | 63 | F | VetVI F (60-64)   | 143 | 7   |                               |
| 769 | 965  | ALEXANDRA MELO         | 1:03:26.34 | 1:02:52.96 | 29 | F | Sen F (18-34)     | 144 | 51  |                               |
| 770 | 1276 | RITA GARCÍA-MON        | 1:03:30.24 | 1:02:59.31 | 31 | F | Sen F (18-34)     | 145 | 52  |                               |
| 771 | 1202 | CARLOS RODRIGUES       | 1:03:31.30 | 1:02:09.43 | 52 | M | VetIV M (50-54)   | 626 | 85  |                               |
| 772 | 383  | ANA MANZONI            | 1:03:31.54 | 1:02:57.08 | 51 | F | VetIV F (50-54)   | 146 | 15  |                               |
| 773 | 124  | LUIS MELO              | 1:03:36.20 | 1:02:59.76 | 42 | M | VetII M (40-44)   | 627 | 90  |                               |
| 774 | 426  | MARISA BRÁS            | 1:03:36.63 | 1:02:28.28 | 34 | F | Sen F (18-34)     | 147 | 53  |                               |
| 775 | 1090 | PEDRO COSTA            | 1:03:37.55 | 1:02:33.60 | 51 | M | VetIV M (50-54)   | 628 | 86  | SS CGD                        |
| 776 | 1093 | PEDRO GOMES            | 1:03:39.18 | 1:02:49.70 | 42 | M | VetII M (40-44)   | 629 | 91  | SS CGD                        |
| 777 | 168  | JOÃO COSTA             | 1:03:39.62 | 1:02:47.21 | 54 | M | VetIV M (50-54)   | 630 | 87  |                               |
| 778 | 352  | MARGARETE FERREIRA     | 1:03:40.69 | 1:03:09.11 | 54 | F | VetIV F (50-54)   | 148 | 16  |                               |



|     |      |                   |            |            |    |   |                  |     |     |                             |
|-----|------|-------------------|------------|------------|----|---|------------------|-----|-----|-----------------------------|
| 779 | 803  | ISABEL GODINHO    | 1:03:41.08 | 1:03:41.08 | 29 | F | Sen F (18-34)    | 149 | 54  | NAOSRUN                     |
| 780 | 623  | JOÃO CUNHA        | 1:03:43.83 | 1:03:43.83 | 35 | M | VetI M (35-39)   | 631 | 88  |                             |
| 781 | 1126 | VASCO SOARES      | 1:03:49.13 | 1:02:27.55 | 64 | M | VetVI M (60-64)  | 632 | 24  |                             |
| 782 | 750  | DIOGO LOPES       | 1:03:52.14 | 1:03:52.14 | 35 | M | VetI M (35-39)   | 633 | 89  |                             |
| 783 | 855  | BRUNA ABRUNHOSA   | 1:03:59.00 | 1:02:37.71 | 30 | F | Sen F (18-34)    | 150 | 55  |                             |
| 784 | 1253 | CLOÉ MAGALHÃES    | 1:03:59.06 | 1:02:50.31 | 37 | F | VetI F (35-39)   | 151 | 16  | GDC BANCO DE PORTUGAL       |
| 785 | 1085 | PAULO BONACHO     | 1:03:59.31 | 1:03:39.04 | 50 | M | VetIV M (50-54)  | 634 | 88  | SS CGD                      |
| 786 | 854  | NUNO BORGES       | 1:03:59.42 | 1:02:38.97 | 49 | M | VetIII M (45-49) | 635 | 110 |                             |
| 787 | 1137 | DAVID OLIVEIRA    | 1:04:01.68 | 1:03:01.57 | 29 | M | Sen M (18-34)    | 636 | 149 |                             |
| 788 | 445  | TIAGO NEVES       | 1:04:02.99 | 1:03:12.21 | 24 | M | Sen M (18-34)    | 637 | 150 |                             |
| 789 | 1022 | ANDRE NORONHA     | 1:04:04.06 | 1:03:32.78 | 58 | M | VetV M (55-59)   | 638 | 55  | SS CGD                      |
| 790 | 1033 | CRISTIANA ALMEIDA | 1:04:04.18 | 1:03:32.81 | 58 | F | VetV F (55-59)   | 152 | 10  | SS CGD                      |
| 791 | 378  | SUSANA GOMES      | 1:04:05.61 | 1:03:12.87 | 36 | F | VetI F (35-39)   | 153 | 17  |                             |
| 792 | 446  | NUNO PIRES        | 1:04:07.28 | 1:03:52.64 | 29 | M | Sen M (18-34)    | 639 | 151 |                             |
| 793 | 434  | ADELAIDE MANHICA  | 1:04:07.79 | 1:04:00.02 | 64 | F | VetVI F (60-64)  | 154 | 8   |                             |
| 794 | 374  | CLÁUDIA MIRA      | 1:04:16.48 | 1:02:57.67 | 26 | F | Sen F (18-34)    | 155 | 56  | AS MALUQUINHAS DAS CORRIDAS |
| 795 | 571  | MÁRIO GONÇALVES   | 1:04:17.27 | 1:04:17.27 | 38 | M | VetI M (35-39)   | 640 | 90  |                             |
| 796 | 967  | MONICA CANDEIAS   | 1:04:19.18 | 1:02:49.02 | 45 | F | VetIII F (45-49) | 156 | 22  | PERNAS DE PAU               |
| 797 | 556  | INÊS FERREIRA     | 1:04:19.28 | 1:04:19.28 | 27 | F | Sen F (18-34)    | 157 | 57  |                             |
| 798 | 968  | RITA CANDEIAS     | 1:04:19.72 | 1:02:48.98 | 38 | F | VetI F (35-39)   | 158 | 18  | PERNAS DE PAU               |
| 799 | 143  | MARIO PIRES       | 1:04:22.15 | 1:04:22.15 | 64 | M | VetVI M (60-64)  | 641 | 25  |                             |
| 800 | 856  | PAULO MONTEIRO    | 1:04:22.37 | 1:03:25.50 | 29 | M | Sen M (18-34)    | 642 | 152 |                             |
| 801 | 1215 | DINA NUNES        | 1:04:27.04 | 1:03:14.25 | 48 | F | VetIII F (45-49) | 159 | 23  | CCD TRANQUILIDADE           |
| 802 | 101  | NELSON PANTALEÃO  | 1:04:27.44 | 1:03:29.38 | 44 | M | VetII M (40-44)  | 643 | 92  |                             |
| 803 | 1333 | ANTONIO JUBILADO  | 1:04:28.06 | 1:03:55.01 | 66 | M | VetVII M (65-69) | 644 | 25  |                             |
| 804 | 1255 | VANESSA LOUREIRO  | 1:04:29.67 | 1:03:29.50 | 33 | F | Sen F (18-34)    | 160 | 58  | GDC BANCO DE PORTUGAL       |



# CORRIDA CAIXA

16 ABRIL



|     |      |                     |            |            |    |   |                  |     |     |                      |
|-----|------|---------------------|------------|------------|----|---|------------------|-----|-----|----------------------|
| 805 | 136  | JOSÉ CORDEIRO       | 1:04:29.81 | 1:03:28.64 | 41 | M | VetII M (40-44)  | 645 | 93  |                      |
| 806 | 416  | FRANCISCO PAULOS    | 1:04:33.71 | 1:04:08.03 | 45 | M | VetIII M (45-49) | 646 | 111 | BANDIDOS             |
| 807 | 1013 | CATARINA AFONSO     | 1:04:42.86 | 1:04:36.45 | 45 | F | VetIII F (45-49) | 161 | 24  | RUN&WIN(E)           |
| 808 | 457  | HERMÍNIO COSTA      | 1:04:45.88 | 1:04:45.88 | 61 | M | VetVI M (60-64)  | 647 | 26  |                      |
| 809 | 351  | KEV HARRISON        | 1:04:47.31 | 1:03:34.56 | 43 | M | VetII M (40-44)  | 648 | 94  |                      |
| 810 | 1020 | ANA FEIJÓ           | 1:04:48.28 | 1:04:33.27 | 37 | F | VetI F (35-39)   | 162 | 19  | SS CGD               |
| 811 | 1200 | ANTÓNIO CORREIA     | 1:04:52.26 | 1:03:38.02 | 65 | M | VetVII M (65-69) | 649 | 26  |                      |
| 812 | 718  | ESMERALDO GONÇALVES | 1:04:55.59 | 1:04:55.59 | 50 | M | VetIV M (50-54)  | 650 | 89  | CDCR DOS CTT         |
| 813 | 719  | SANDRA GONÇALVES    | 1:04:56.18 | 1:04:56.18 | 49 | F | VetIII F (45-49) | 163 | 25  | CDCR DOS CTT         |
| 814 | 801  | ANA PARRACHO        | 1:04:57.92 | 1:04:57.92 | 57 | F | VetV F (55-59)   | 164 | 11  | CCD SIEMENS          |
| 815 | 291  | GABRIELA CRUZ       | 1:04:58.82 | 1:04:30.25 | 47 | F | VetIII F (45-49) | 165 | 26  |                      |
| 816 | 129  | FRANCISCO FERREIRA  | 1:04:59.13 | 1:03:40.78 | 31 | M | Sen M (18-34)    | 651 | 153 |                      |
| 817 | 215  | JOSÉ CRUZ           | 1:05:10.24 | 1:04:09.22 | 69 | M | VetVII M (65-69) | 652 | 27  |                      |
| 818 | 1295 | PAULO RIBEIRO       | 1:05:11.61 | 1:04:37.65 | 45 | M | VetIII M (45-49) | 653 | 112 |                      |
| 819 | 1269 | ANA MADEIRA         | 1:05:11.72 | 1:04:37.42 | 47 | F | VetIII F (45-49) | 166 | 27  |                      |
| 820 | 1275 | JOSÉ DIAS           | 1:05:16.18 | 1:05:16.18 | 23 | M | Sen M (18-34)    | 654 | 154 | IRMÃOS METRALHA      |
| 821 | 273  | JOÃO ASSUNÇÃO       | 1:05:17.16 | 1:04:06.80 | 39 | M | VetI M (35-39)   | 655 | 91  | O ULTIMO APAGA A LUZ |
| 822 | 244  | FILIPA GOMES        | 1:05:19.95 | 1:04:55.84 | 23 | F | Sen F (18-34)    | 167 | 59  |                      |
| 823 | 325  | PEDRO TOJO          | 1:05:20.01 | 1:05:06.69 | 43 | M | VetII M (40-44)  | 656 | 95  |                      |
| 824 | 1214 | CLAUDIA TAM         | 1:05:23.71 | 1:04:02.27 | 41 | F | VetII F (40-44)  | 168 | 26  | CCD TRANQUILIDADE    |
| 825 | 1227 | ANA SIMOES          | 1:05:25.55 | 1:04:27.13 | 24 | F | Sen F (18-34)    | 169 | 60  | CCD TRANQUILIDADE    |
| 826 | 1236 | MARGARIDA VEIGA     | 1:05:25.64 | 1:04:27.45 | 24 | F | Sen F (18-34)    | 170 | 61  | CCD TRANQUILIDADE    |
| 827 | 1159 | KARINA BARCELOS     | 1:05:31.22 | 1:04:08.69 | 40 | F | VetII F (40-44)  | 171 | 27  |                      |
| 828 | 756  | GONÇALO ALVES       | 1:05:31.30 | 1:05:31.30 | 24 | M | Sen M (18-34)    | 657 | 155 |                      |
| 829 | 858  | TERESA AGOSTINHO    | 1:05:31.42 | 1:04:16.91 | 52 | F | VetIV F (50-54)  | 172 | 17  |                      |
| 830 | 978  | JOÃO PITÔRRA        | 1:05:31.50 | 1:04:17.51 | 49 | M | VetIII M (45-49) | 658 | 113 |                      |





|     |      |                   |            |            |    |   |                   |     |     |                           |
|-----|------|-------------------|------------|------------|----|---|-------------------|-----|-----|---------------------------|
| 831 | 240  | ANTÓNIO MARTINS   | 1:05:34.23 | 1:04:57.37 | 51 | M | VetIV M (50-54)   | 659 | 90  | RUN2FINISH.PT             |
| 832 | 853  | DIOGO SANTOS      | 1:05:35.41 | 1:05:10.39 | 19 | M | Sen M (18-34)     | 660 | 156 | FAMÍLIA BARBEITOS SANTOS  |
| 833 | 851  | MARCO SANTOS      | 1:05:35.52 | 1:05:11.23 | 46 | M | VetIII M (45-49)  | 661 | 114 | FAMÍLIA BARBEITOS SANTOS  |
| 834 | 852  | INÊS SANTOS       | 1:05:35.55 | 1:05:11.95 | 21 | F | Sen F (18-34)     | 173 | 62  | FAMÍLIA BARBEITOS SANTOS  |
| 835 | 1060 | JOSE FERREIRA     | 1:05:36.05 | 1:04:58.70 | 67 | M | VetVII M (65-69)  | 662 | 28  | SS CGD                    |
| 836 | 603  | DIANA BRANCO      | 1:05:42.11 | 1:05:42.11 | 28 | F | Sen F (18-34)     | 174 | 63  |                           |
| 837 | 567  | HELENA LUÍS       | 1:05:48.50 | 1:05:48.50 | 47 | F | VetIII F (45-49)  | 175 | 28  |                           |
| 838 | 875  | CRISTINA BAPTISTA | 1:05:49.99 | 1:05:05.97 | 53 | F | VetIV F (50-54)   | 176 | 18  | GRUPO CORRIDA JCS         |
| 839 | 891  | MARTA LIMA        | 1:05:50.33 | 1:05:06.76 | 42 | F | VetII F (40-44)   | 177 | 28  | GRUPO CORRIDA JCS         |
| 840 | 890  | MARISA DIAS       | 1:05:50.82 | 1:05:05.65 | 39 | F | VetI F (35-39)    | 178 | 20  | GRUPO CORRIDA JCS         |
| 841 | 871  | CATARINA OLIVEIRA | 1:05:52.79 | 0:59:19.58 | 27 | F | Sen F (18-34)     | 179 | 64  | GRUPO CORRIDA JCS         |
| 842 | 980  | JEREMIAS RIBEIRO  | 1:05:54.21 | 1:05:13.89 | 79 | M | VetVIII M (70-99) | 663 | 8   |                           |
| 843 | 834  | KRISTINA RUDAKOVA | 1:05:54.52 | 1:04:28.25 | 27 | F | Sen F (18-34)     | 180 | 65  | 69                        |
| 844 | 155  | RAFAELA GONÇALVES | 1:05:54.89 | 1:05:25.14 | 29 | F | Sen F (18-34)     | 181 | 66  | CÁ CALHARÁS               |
| 845 | 1335 | SILVIA LOURENÇO   | 1:05:56.59 | 1:04:51.23 | 50 | F | VetIV F (50-54)   | 182 | 19  | GD SANTANDER TOTTA        |
| 846 | 178  | DAVID ALMEIDA     | 1:05:56.74 | 1:04:40.13 | 51 | M | VetIV M (50-54)   | 664 | 91  |                           |
| 847 | 277  | FRANCISCO SANTOS  | 1:05:58.70 | 1:05:00.64 | 62 | M | VetVI M (60-64)   | 665 | 27  | RESISTENTES DO PALÁCIO    |
| 848 | 276  | LUÍS VERDELHO     | 1:05:58.87 | 1:04:59.27 | 68 | M | VetVII M (65-69)  | 666 | 29  | RESISTENTES DO PALÁCIO    |
| 849 | 253  | PEDRO FONSECA     | 1:06:03.93 | 1:05:18.41 | 38 | M | VetI M (35-39)    | 667 | 92  |                           |
| 850 | 906  | SANDRA BARATA     | 1:06:07.72 | 1:05:23.03 | 51 | F | VetIV F (50-54)   | 183 | 20  | GRUPO CORRIDA JCS         |
| 851 | 138  | JUDITE BASILIO    | 1:06:10.14 | 1:05:31.22 | 59 | F | VetV F (55-59)    | 184 | 12  |                           |
| 852 | 663  | MARIANA RAVASCO   | 1:06:10.41 | 1:06:10.41 | 29 | F | Sen F (18-34)     | 185 | 67  |                           |
| 853 | 184  | CRISTINA SOARES   | 1:06:15.26 | 1:05:07.57 | 49 | F | VetIII F (45-49)  | 186 | 29  |                           |
| 854 | 688  | PEDRO DIAS        | 1:06:16.02 | 1:06:16.02 | 39 | M | VetI M (35-39)    | 668 | 93  | C MILLENNIUM BCP          |
| 855 | 1307 | LUIS LOURENÇO     | 1:06:22.60 | 1:06:17.53 | 46 | M | VetIII M (45-49)  | 669 | 115 | SERVIÇOS SOCIAIS MONTEPIO |
| 856 | 1312 | TERESA QUARESMA   | 1:06:23.01 | 1:06:17.47 | 48 | F | VetIII F (45-49)  | 187 | 30  | SERVIÇOS SOCIAIS MONTEPIO |



|     |      |                    |            |            |    |   |                  |     |     |                           |
|-----|------|--------------------|------------|------------|----|---|------------------|-----|-----|---------------------------|
| 857 | 948  | JOÃO SOUSA         | 1:06:23.80 | 1:05:02.51 | 38 | M | VetI M (35-39)   | 670 | 94  |                           |
| 858 | 691  | RUI FIDALGO        | 1:06:27.36 | 1:06:27.36 | 55 | M | VetV M (55-59)   | 671 | 56  | C MILLENNIUM BCP          |
| 859 | 810  | CARLOS GONÇALVES   | 1:06:27.42 | 1:06:27.42 | 45 | M | VetIII M (45-49) | 672 | 116 |                           |
| 860 | 1304 | JOÃO DIEGUES       | 1:06:30.61 | 1:06:30.61 | 51 | M | VetIV M (50-54)  | 673 | 92  | SERVIÇOS SOCIAIS MONTEPIO |
| 861 | 357  | LAURA COELHO       | 1:06:35.06 | 1:05:30.59 | 54 | F | VetIV F (50-54)  | 188 | 21  | RUNNING4FUN               |
| 862 | 356  | ANINHA SOUSA       | 1:06:35.36 | 1:05:31.41 | 34 | F | Sen F (18-34)    | 189 | 68  | RUNNING4FUN               |
| 863 | 1100 | RITA ANTUNES       | 1:06:40.88 | 1:05:27.60 | 45 | F | VetIII F (45-49) | 190 | 31  | SS CGD                    |
| 864 | 881  | ISABEL VAZ         | 1:06:42.14 | 1:05:58.59 | 42 | F | VetII F (40-44)  | 191 | 29  | GRUPO CORRIDA JCS         |
| 865 | 455  | NUNO COSTA         | 1:06:42.59 | 1:06:42.59 | 69 | M | VetVII M (65-69) | 674 | 30  |                           |
| 866 | 704  | SARA FERNANDES     | 1:06:44.47 | 1:06:44.47 | 34 | F | Sen F (18-34)    | 192 | 69  |                           |
| 867 | 798  | DR COLACO          | 1:06:45.59 | 1:06:45.59 | 53 | M | VetIV M (50-54)  | 675 | 93  | CARACÓIS DE PEDRA         |
| 868 | 186  | RITA SANTOS        | 1:06:48.97 | 1:06:48.97 | 37 | F | VetI F (35-39)   | 193 | 21  | ALUNOS LN                 |
| 869 | 309  | HELDER MONTEIRO    | 1:06:49.04 | 1:05:38.71 | 48 | M | VetIII M (45-49) | 676 | 117 | ALUNOS LN                 |
| 870 | 1352 | LUIZ ROSA          | 1:07:10.14 | 1:06:16.52 | 69 | M | VetVII M (65-69) | 677 | 31  | CAA BELEM                 |
| 871 | 142  | CRISTINA BRIZIDO   | 1:07:12.57 | 1:06:35.09 | 46 | F | VetIII F (45-49) | 194 | 32  |                           |
| 872 | 121  | MANUEL SOARES      | 1:07:29.72 | 1:06:03.30 | 36 | M | VetI M (35-39)   | 678 | 95  |                           |
| 873 | 1091 | PEDRO CLAUDIO      | 1:07:29.76 | 1:06:46.15 | 55 | M | VetV M (55-59)   | 679 | 57  | SS CGD                    |
| 874 | 122  | JOANA LOPES        | 1:07:29.83 | 1:06:03.03 | 36 | F | VetI F (35-39)   | 195 | 22  |                           |
| 875 | 1030 | CARLOS LEITÃO      | 1:07:37.64 | 1:06:31.63 | 59 | M | VetV M (55-59)   | 680 | 58  | SS CGD                    |
| 876 | 1114 | SUSANA JESUS       | 1:07:38.23 | 1:06:32.09 | 48 | F | VetIII F (45-49) | 196 | 33  | SS CGD                    |
| 877 | 1015 | ALEXANDRE FERREIRA | 1:07:38.39 | 1:06:25.98 | 42 | M | VetII M (40-44)  | 681 | 96  | SS CGD                    |
| 878 | 229  | INÊS NUNES         | 1:07:41.95 | 1:07:31.28 | 34 | F | Sen F (18-34)    | 197 | 70  |                           |
| 879 | 1177 | INÊS NUNES         | 1:07:42.90 | 1:07:27.21 | 33 | F | Sen F (18-34)    | 198 | 71  |                           |
| 880 | 354  | INÊS LOURENÇO      | 1:07:46.19 | 1:06:41.12 | 38 | F | VetI F (35-39)   | 199 | 23  | RUNNING4FUN               |
| 881 | 158  | RITA TOMAZ         | 1:07:47.13 | 1:06:48.54 | 30 | F | Sen F (18-34)    | 200 | 72  |                           |
| 882 | 232  | PATRÍCIA TAVARES   | 1:08:00.48 | 1:06:46.84 | 43 | F | VetII F (40-44)  | 201 | 30  | CGD-DMF                   |



|     |      |                   |            |            |    |   |                  |     |     |                               |
|-----|------|-------------------|------------|------------|----|---|------------------|-----|-----|-------------------------------|
| 883 | 247  | DAVID MORAIS      | 1:08:09.61 | 1:07:09.87 | 37 | M | VetI M (35-39)   | 682 | 96  |                               |
| 884 | 1318 | NUNO CORDEIRO     | 1:08:24.47 | 1:08:00.13 | 48 | M | VetIII M (45-49) | 683 | 118 | CUA BENAVENTENSE - 3B TRIATLO |
| 885 | 1315 | ANA FERREIRA      | 1:08:24.49 | 1:08:00.94 | 33 | F | Sen F (18-34)    | 202 | 73  | CUA BENAVENTENSE - 3B TRIATLO |
| 886 | 337  | INÊS ARAÚJO       | 1:08:25.40 | 1:07:01.11 | 58 | F | VetV F (55-59)   | 203 | 13  |                               |
| 887 | 1120 | THOMAS GANGSTAD   | 1:08:26.09 | 1:07:53.88 | 32 | M | Sen M (18-34)    | 684 | 157 |                               |
| 888 | 1343 | FÁBIO PIO         | 1:08:26.23 | 1:08:10.98 | 51 | M | VetIV M (50-54)  | 685 | 94  | GD SANTANDER TOTTA            |
| 889 | 1046 | HENRIQUE MOUTA    | 1:08:28.31 | 1:07:18.37 | 43 | M | VetII M (40-44)  | 686 | 97  | SS CGD                        |
| 890 | 1288 | CARLOS CRESPO     | 1:08:29.64 | 1:07:51.07 | 60 | M | VetVI M (60-64)  | 687 | 28  | CF OS BELENENSES              |
| 891 | 1043 | FRANCISCO CLERIGO | 1:08:29.66 | 1:08:29.66 | 69 | M | VetVII M (65-69) | 688 | 32  | SS CGD                        |
| 892 | 1225 | LUIS PALMEIRO     | 1:08:31.28 | 1:07:38.69 | 53 | M | VetIV M (50-54)  | 689 | 95  | CCD TRANQUILIDADE             |
| 893 | 507  | SOFIA DUARTE      | 1:08:31.84 | 1:08:31.84 | 43 | F | VetII F (40-44)  | 204 | 31  |                               |
| 894 | 651  | RITA FAVINHA      | 1:08:33.96 | 1:08:33.96 | 23 | F | Sen F (18-34)    | 205 | 74  | UTRASFIT                      |
| 895 | 216  | PATRICIA SANTOS   | 1:08:41.28 | 1:07:18.04 | 27 | F | Sen F (18-34)    | 206 | 75  |                               |
| 896 | 520  | PAULA TABORDA     | 1:08:43.48 | 1:08:43.48 | 49 | F | VetIII F (45-49) | 207 | 34  | SAMOUCO RUNNERS               |
| 897 | 286  | FILIPA LOPES      | 1:08:44.65 | 1:08:09.71 | 48 | F | VetIII F (45-49) | 208 | 35  |                               |
| 898 | 541  | ANNA LIMA         | 1:08:46.81 | 1:08:46.81 | 31 | F | Sen F (18-34)    | 209 | 76  |                               |
| 899 | 1245 | GONÇALO AMADO     | 1:08:50.90 | 1:08:50.90 | 30 | M | Sen M (18-34)    | 690 | 158 | GDC BANCO DE PORTUGAL         |
| 900 | 1078 | MIGUEL FRAZAO     | 1:08:53.26 | 1:08:14.66 | 51 | M | VetIV M (50-54)  | 691 | 96  | SS CGD                        |
| 901 | 840  | MIGUEL PINTO      | 1:08:55.93 | 1:02:55.49 | 50 | M | VetIV M (50-54)  | 692 | 97  |                               |
| 902 | 392  | SANDRA SILVA      | 1:08:56.86 | 1:08:13.24 | 51 | F | VetIV F (50-54)  | 210 | 22  | CP IVA                        |
| 903 | 359  | CLÁUDIA CASEIRO   | 1:08:57.11 | 1:07:53.53 | 36 | F | VetI F (35-39)   | 211 | 24  | RUNNING4FUN                   |
| 904 | 358  | JOANA PEREIRA     | 1:08:57.25 | 1:07:52.87 | 34 | F | Sen F (18-34)    | 212 | 77  | RUNNING4FUN                   |
| 905 | 1018 | ANA CALINAS       | 1:09:14.56 | 1:07:56.09 | 50 | F | VetIV F (50-54)  | 213 | 23  | SS CGD                        |
| 906 | 833  | CARLA REAL        | 1:09:15.06 | 1:08:33.86 | 41 | F | VetII F (40-44)  | 214 | 32  |                               |
| 907 | 997  | JOSÉ SOUSA        | 1:09:16.18 | 1:09:16.18 | 53 | M | VetIV M (50-54)  | 693 | 98  | RUN AND WIN(E)                |
| 908 | 1138 | PEDRO SALDANHA    | 1:09:20.17 | 1:08:08.77 | 23 | M | Sen M (18-34)    | 694 | 159 |                               |



|     |      |                   |            |            |    |   |                  |     |     |                           |
|-----|------|-------------------|------------|------------|----|---|------------------|-----|-----|---------------------------|
| 909 | 1327 | JOÃO SALDANHA     | 1:09:20.41 | 1:08:08.68 | 49 | M | VetIII M (45-49) | 695 | 119 | A VALE SILÊNCIO           |
| 910 | 587  | PAULA MELLO       | 1:09:22.73 | 1:09:22.73 | 56 | F | VetV F (55-59)   | 215 | 14  | CLUBE NOVO BANCO          |
| 911 | 586  | PAULO RICARDO     | 1:09:23.38 | 1:09:23.38 | 55 | M | VetV M (55-59)   | 696 | 59  | CLUBE NOVO BANCO          |
| 912 | 675  | VIRGILIO FERREIRA | 1:09:26.06 | 1:09:26.06 | 68 | M | VetVII M (65-69) | 697 | 33  | C MILLENNIUM BCP          |
| 913 | 604  | PEDRO FERREIRA    | 1:09:34.33 | 1:09:34.33 | 44 | M | VetII M (40-44)  | 698 | 98  |                           |
| 914 | 708  | VINICIUS SANTANA  | 1:09:38.72 | 1:09:38.72 | 39 | M | VetI M (35-39)   | 699 | 97  |                           |
| 915 | 976  | DANIELA NUNES     | 1:09:39.85 | 1:09:07.49 | 38 | F | VetI F (35-39)   | 216 | 25  |                           |
| 916 | 230  | LUÍSA LOPES       | 1:09:41.22 | 1:09:30.19 | 40 | F | VetII F (40-44)  | 217 | 33  |                           |
| 917 | 1302 | CLÁUDIA GRENCHO   | 1:09:44.25 | 1:09:38.24 | 50 | F | VetIV F (50-54)  | 218 | 24  | SERVIÇOS SOCIAIS MONTEPIO |
| 918 | 796  | SÓNIA FARIA       | 1:09:51.00 | 1:09:51.00 | 47 | F | VetIII F (45-49) | 219 | 36  |                           |
| 919 | 639  | ANDREIA SILVA     | 1:09:54.22 | 1:09:54.22 | 34 | F | Sen F (18-34)    | 220 | 78  |                           |
| 920 | 292  | SUSANA RIBEIRO    | 1:09:58.30 | 1:08:32.22 | 37 | F | VetI F (35-39)   | 221 | 26  |                           |
| 921 | 1136 | LUIS TAVARES      | 1:10:00.34 | 1:09:51.46 | 43 | M | VetII M (40-44)  | 700 | 99  |                           |
| 922 | 725  | ALICE PEREIRA     | 1:10:04.31 | 1:10:04.31 | 29 | F | Sen F (18-34)    | 222 | 79  |                           |
| 923 | 726  | MARILIA GAMA      | 1:10:04.81 | 1:10:04.81 | 29 | F | Sen F (18-34)    | 223 | 80  |                           |
| 924 | 574  | ADRIANA AMARAL    | 1:10:20.43 | 1:10:20.43 | 30 | F | Sen F (18-34)    | 224 | 81  |                           |
| 925 | 206  | ROSA REIS         | 1:10:29.25 | 1:10:21.12 | 66 | F | VetVII F (65-69) | 225 | 2   |                           |
| 926 | 1337 | MÁRIO COSTA       | 1:10:33.82 | 1:10:33.76 | 47 | M | VetIII M (45-49) | 701 | 120 | GD SANTANDER TOTTA        |
| 927 | 1182 | MIGUEL TEIXEIRA   | 1:10:34.12 | 1:10:15.79 | 54 | M | VetIV M (50-54)  | 702 | 99  | OS NONSANTO               |
| 928 | 396  | RICARDO FRANCO    | 1:10:34.60 | 1:09:22.78 | 42 | M | VetII M (40-44)  | 703 | 100 | ALUNOS LN                 |
| 929 | 257  | ANA PINTO         | 1:10:35.07 | 1:08:59.17 | 29 | F | Sen F (18-34)    | 226 | 82  | CCD SIEMENS               |
| 930 | 694  | RODOLFO LIMA      | 1:10:41.80 | 1:10:41.80 | 55 | M | VetV M (55-59)   | 704 | 60  | C MILLENNIUM BCP          |
| 931 | 523  | PEDRO MARGARIDO   | 1:10:42.85 | 1:10:42.85 | 63 | M | VetVI M (60-64)  | 705 | 29  | SAMOUCO RUNNERS           |
| 932 | 1183 | PEDRO RODRIGUES   | 1:10:42.85 | 1:10:23.57 | 62 | M | VetVI M (60-64)  | 706 | 30  | OS NONSANTO               |
| 933 | 474  | EDGAR MARINO      | 1:10:43.54 | 1:10:43.54 | 39 | M | VetI M (35-39)   | 707 | 98  |                           |
| 934 | 737  | FILIPE NUNES      | 1:10:45.98 | 1:10:45.98 | 29 | M | Sen M (18-34)    | 708 | 160 |                           |





|     |      |                     |            |            |    |   |                  |     |     |                             |
|-----|------|---------------------|------------|------------|----|---|------------------|-----|-----|-----------------------------|
| 935 | 727  | RICARDO PIMENTA     | 1:10:47.95 | 1:10:47.95 | 47 | M | VetIII M (45-49) | 709 | 121 |                             |
| 936 | 372  | ANA CARVALHO        | 1:10:48.47 | 1:09:27.58 | 31 | F | Sen F (18-34)    | 227 | 83  | AS MALUQUINHAS DAS CORRIDAS |
| 937 | 602  | MARIA RESENDE       | 1:10:49.41 | 1:10:49.41 | 53 | F | VetIV F (50-54)  | 228 | 25  |                             |
| 938 | 361  | ANA MARTINS         | 1:10:50.33 | 1:10:15.91 | 43 | F | VetII F (40-44)  | 229 | 34  | OLIVEIRA MARTINS            |
| 939 | 1208 | ANTÓNIO ALBUQUERQUE | 1:10:55.22 | 1:10:13.96 | 54 | M | VetIV M (50-54)  | 710 | 100 | CCD TRANQUILIDADE           |
| 940 | 371  | ANA CARVALHO        | 1:10:57.31 | 1:09:36.23 | 31 | F | Sen F (18-34)    | 230 | 84  | AS MALUQUINHAS DAS CORRIDAS |
| 941 | 290  | OTILIA ROSADO       | 1:11:00.90 | 1:09:58.50 | 49 | F | VetIII F (45-49) | 231 | 37  |                             |
| 942 | 949  | ANA GOMES           | 1:11:03.74 | 1:10:15.32 | 35 | F | VetI F (35-39)   | 232 | 27  |                             |
| 943 | 447  | BRUNO PIRES         | 1:11:03.94 | 1:10:49.04 | 31 | M | Sen M (18-34)    | 711 | 161 |                             |
| 944 | 901  | RODRIGO BRANCO      | 1:11:09.24 | 1:10:03.11 | 37 | M | VetI M (35-39)   | 712 | 99  | GRUPO CORRIDA JCS           |
| 945 | 140  | JOANA DARC CHOURIÇO | 1:11:09.43 | 1:10:58.45 | 59 | F | VetV F (55-59)   | 233 | 15  | RUNNING CLUB SANTA CASA     |
| 946 | 1341 | FRANCISCO SILVA     | 1:11:17.52 | 1:10:35.28 | 47 | M | VetIII M (45-49) | 713 | 122 | GD SANTANDER TOTTA          |
| 947 | 113  | JOHNNY THOMASSEN    | 1:11:18.51 | 1:10:21.42 | 62 | M | VetVI M (60-64)  | 714 | 31  | NORWAY                      |
| 948 | 1047 | JOAO CABRITO        | 1:11:20.89 | 1:10:14.32 | 59 | M | VetV M (55-59)   | 715 | 61  | SS CGD                      |
| 949 | 1032 | CLAUDIA LOURENÇO    | 1:11:21.32 | 1:10:20.92 | 51 | F | VetIV F (50-54)  | 234 | 26  | SS CGD                      |
| 950 | 389  | MICAELA RATO        | 1:11:30.08 | 1:10:57.27 | 40 | F | VetII F (40-44)  | 235 | 35  | BOAZONAS PELADONAS          |
| 951 | 1300 | ANA RAMOS           | 1:11:30.24 | 1:11:24.70 | 37 | F | VetI F (35-39)   | 236 | 28  | SERVIÇOS SOCIAIS MONTEPIO   |
| 952 | 241  | JOAQUIM SIMÃO       | 1:11:39.05 | 1:11:05.31 | 60 | M | VetVI M (60-64)  | 716 | 32  | RUN2FINISH.PT               |
| 953 | 1074 | MARGARIDA FERREIRA  | 1:11:39.31 | 1:10:31.39 | 55 | F | VetV F (55-59)   | 237 | 16  | SS CGD                      |
| 954 | 1036 | CRISTINA GAROUPA    | 1:11:39.41 | 1:10:32.75 | 57 | F | VetV F (55-59)   | 238 | 17  | SS CGD                      |
| 955 | 175  | PRITESH MANILAL     | 1:11:41.34 | 1:11:34.56 | 45 | M | VetIII M (45-49) | 717 | 123 |                             |
| 956 | 1207 | ANA MENDES          | 1:11:45.00 | 1:11:26.42 | 56 | F | VetV F (55-59)   | 239 | 18  | CCD TRANQUILIDADE           |
| 957 | 927  | ANTÓNIO ABRANTES    | 1:11:45.63 | 1:11:12.36 | 68 | M | VetVII M (65-69) | 718 | 34  |                             |
| 958 | 387  | JESSICA FÉLIX       | 1:11:50.15 | 1:11:15.94 | 30 | F | Sen F (18-34)    | 240 | 85  | BOAZONAS PELADONAS          |
| 959 | 157  | ANA AZEVEDO         | 1:11:56.67 | 1:10:47.85 | 44 | F | VetII F (40-44)  | 241 | 36  | CGD-DSI                     |
| 960 | 293  | IRINA RIBEIRO       | 1:12:02.77 | 1:10:36.66 | 39 | F | VetI F (35-39)   | 242 | 29  |                             |



|     |      |                   |            |            |    |   |                   |     |     |                   |
|-----|------|-------------------|------------|------------|----|---|-------------------|-----|-----|-------------------|
| 961 | 1189 | CARLA SOTA        | 1:12:07.32 | 1:12:04.56 | 48 | F | VetIII F (45-49)  | 243 | 38  | CUNHAS            |
| 962 | 1040 | FATIMA GUIA       | 1:12:10.32 | 1:06:51.99 | 74 | F | VetVIII F (70-99) | 244 | 2   | SS CGD            |
| 963 | 164  | RUI TEIXEIRA      | 1:12:10.55 | 1:10:43.79 | 33 | M | Sen M (18-34)     | 719 | 162 |                   |
| 964 | 163  | PATRÍCIA SANTOS   | 1:12:10.73 | 1:10:44.24 | 31 | F | Sen F (18-34)     | 245 | 86  |                   |
| 965 | 791  | GONÇALO GOMES     | 1:12:18.96 | 1:12:18.96 | 27 | M | Sen M (18-34)     | 720 | 163 |                   |
| 966 | 219  | ANEZKA KOLACEKE   | 1:12:47.93 | 1:12:34.51 | 34 | F | Sen F (18-34)     | 246 | 87  |                   |
| 967 | 314  | CÉSAR GUERRA      | 1:12:49.53 | 1:11:26.55 | 53 | M | VetIV M (50-54)   | 721 | 101 |                   |
| 968 | 312  | JOÃO AZEVEDO      | 1:12:50.35 | 1:11:33.05 | 50 | M | VetIV M (50-54)   | 722 | 102 | CGD-DMF           |
| 969 | 1299 | CRISTINA FERREIRA | 1:12:54.27 | 1:12:34.21 | 60 | F | VetVI F (60-64)   | 247 | 9   |                   |
| 970 | 127  | LUÍS FERREIRA     | 1:12:56.05 | 1:11:36.95 | 57 | M | VetV M (55-59)    | 723 | 62  |                   |
| 971 | 1108 | SABIR KANJI       | 1:13:04.91 | 1:11:55.00 | 43 | M | VetII M (40-44)   | 724 | 101 | SS CGD            |
| 972 | 1274 | MARISA DIAS       | 1:13:10.27 | 1:12:30.85 | 25 | F | Sen F (18-34)     | 248 | 88  | IRMÃOS METRALHA   |
| 973 | 1014 | ADELIA CABRAL     | 1:13:10.60 | 1:12:36.93 | 43 | F | VetII F (40-44)   | 249 | 37  | SS CGD            |
| 974 | 508  | GABRIELA LOPES    | 1:13:10.89 | 1:13:10.89 | 30 | F | Sen F (18-34)     | 250 | 89  |                   |
| 975 | 120  | MARGARIDA LAGOA   | 1:13:11.49 | 1:12:13.67 | 57 | F | VetV F (55-59)    | 251 | 19  |                   |
| 976 | 748  | JORGE SANTOS      | 1:13:12.09 | 1:13:12.09 | 68 | M | VetVII M (65-69)  | 725 | 35  |                   |
| 977 | 165  | RUI BARROS        | 1:13:22.72 | 1:12:14.32 | 54 | M | VetIV M (50-54)   | 726 | 103 |                   |
| 978 | 963  | RITA FERNANDES    | 1:13:35.97 | 1:12:15.41 | 36 | F | VetI F (35-39)    | 252 | 30  |                   |
| 979 | 647  | GONÇALO SILVA     | 1:13:36.48 | 1:13:36.48 | 25 | M | Sen M (18-34)     | 727 | 164 | UTRASFIT          |
| 980 | 814  | RAQUEL PIRES      | 1:13:43.45 | 1:13:43.45 | 43 | F | VetII F (40-44)   | 253 | 38  | 1 POR MÊS         |
| 981 | 895  | PATRÍCIA RUSSO    | 1:13:50.28 | 1:12:33.10 | 46 | F | VetIII F (45-49)  | 254 | 39  | GRUPO CORRIDA JCS |
| 982 | 822  | NELSON COSTA      | 1:13:59.61 | 1:13:34.71 | 41 | M | VetII M (40-44)   | 728 | 102 |                   |
| 983 | 103  | ANA PEREIRA       | 1:14:00.72 | 1:13:11.32 | 48 | F | VetIII F (45-49)  | 255 | 40  |                   |
| 984 | 391  | ALTINO SILVA      | 1:14:09.89 | 1:13:23.79 | 78 | M | VetVIII M (70-99) | 729 | 9   | CP IVA            |
| 985 | 638  | VANIA MARTINS     | 1:14:13.93 | 1:14:13.93 | 43 | F | VetII F (40-44)   | 256 | 39  |                   |
| 986 | 703  | MARTA JACINTO     | 1:14:20.64 | 1:14:20.64 | 33 | F | Sen F (18-34)     | 257 | 90  |                   |



# CORRIDA CAIXA

16 ABRIL



|      |      |                   |            |            |    |   |                  |     |     |                           |
|------|------|-------------------|------------|------------|----|---|------------------|-----|-----|---------------------------|
| 987  | 1169 | SOFIA ESTEVES     | 1:15:08.72 | 1:13:41.31 | 41 | F | VetII F (40-44)  | 258 | 40  |                           |
| 988  | 761  | CATARINA BAPTISTA | 1:15:18.08 | 1:15:18.08 | 35 | F | VetI F (35-39)   | 259 | 31  |                           |
| 989  | 713  | SAMUEL JOAQUIM    | 1:15:25.59 | 1:15:25.59 | 69 | M | VetVII M (65-69) | 730 | 36  |                           |
| 990  | 714  | JOÃO GOMES        | 1:15:27.15 | 1:15:27.15 | 51 | M | VetIV M (50-54)  | 731 | 104 |                           |
| 991  | 473  | JOÃO PINTO        | 1:16:02.67 | 1:16:02.67 | 40 | M | VetII M (40-44)  | 732 | 103 |                           |
| 992  | 368  | PEDRO PRATA       | 1:16:33.80 | 1:15:46.48 | 27 | M | Sen M (18-34)    | 733 | 165 |                           |
| 993  | 1011 | GIOVANA MIRANDA   | 1:16:34.97 | 1:15:09.73 | 26 | F | Sen F (18-34)    | 260 | 91  |                           |
| 994  | 1012 | EVANDRO GIOVANINI | 1:16:35.32 | 1:15:09.61 | 38 | M | VetI M (35-39)   | 734 | 100 |                           |
| 995  | 1192 | CATARINA PEDREIRA | 1:16:39.84 | 1:15:25.25 | 24 | F | Sen F (18-34)    | 261 | 92  | LEROY MERLIN SC           |
| 996  | 270  | JOSÉ GASPAS       | 1:16:40.38 | 1:15:29.29 | 45 | M | VetIII M (45-49) | 735 | 124 |                           |
| 997  | 1328 | MAFALDA GONÇALVES | 1:16:44.90 | 1:15:36.15 | 26 | F | Sen F (18-34)    | 262 | 93  |                           |
| 998  | 1075 | MARIO PEREIRA     | 1:17:02.13 | 1:17:02.13 | 48 | M | VetIII M (45-49) | 736 | 125 | SS CGD                    |
| 999  | 821  | INÊS OLIVEIRA     | 1:17:10.85 | 1:11:04.83 | 25 | F | Sen F (18-34)    | 263 | 94  | ULTRASFIT                 |
| 1000 | 132  | JORGE MARTINS     | 1:17:11.39 | 1:16:41.67 | 68 | M | VetVII M (65-69) | 737 | 37  |                           |
| 1001 | 111  | NÉLIA GONÇALVES   | 1:17:12.36 | 1:17:12.36 | 36 | F | VetI F (35-39)   | 264 | 32  |                           |
| 1002 | 572  | ANTÓNIO VALENTE   | 1:17:46.84 | 1:17:46.84 | 54 | M | VetIV M (50-54)  | 738 | 105 |                           |
| 1003 | 1149 | RAFAELA RODRIGUES | 1:17:58.10 | 1:16:50.93 | 24 | F | Sen F (18-34)    | 265 | 95  |                           |
| 1004 | 1004 | MELISSA MATOS     | 1:18:33.61 | 1:17:59.37 | 29 | F | Sen F (18-34)    | 266 | 96  |                           |
| 1005 | 1216 | DIOGO GONÇALVES   | 1:18:40.15 | 1:18:40.15 | 49 | M | VetIII M (45-49) | 739 | 126 | CCD TRANQUILIDADE         |
| 1006 | 1104 | RUI OLIVEIRA      | 1:18:44.40 | 1:17:52.95 | 56 | M | VetV M (55-59)   | 740 | 63  | SS CGD                    |
| 1007 | 690  | JOSE REBELO       | 1:18:50.75 | 1:18:50.75 | 56 | M | VetV M (55-59)   | 741 | 64  | C MILLENNIUM BCP          |
| 1008 | 724  | PEDRO JANEIRO     | 1:19:11.01 | 1:19:11.01 | 38 | M | VetI M (35-39)   | 742 | 101 |                           |
| 1009 | 816  | ANA RITO          | 1:19:50.51 | 1:19:50.51 | 47 | F | VetIII F (45-49) | 267 | 41  | 1 POR MÊS                 |
| 1010 | 815  | RITA PIRES        | 1:19:51.62 | 1:19:51.62 | 46 | F | VetIII F (45-49) | 268 | 42  | 1 POR MÊS                 |
| 1011 | 522  | PEDRO FERREIRA    | 1:20:31.81 | 1:20:31.81 | 49 | M | VetIII M (45-49) | 743 | 127 | SAMOUCO RUNNERS           |
| 1012 | 1301 | CARLA SILVA       | 1:20:36.24 | 1:20:30.40 | 46 | F | VetIII F (45-49) | 269 | 43  | SERVIÇOS SOCIAIS MONTEPIO |



|      |      |                   |            |            |    |   |                   |     |     |                       |
|------|------|-------------------|------------|------------|----|---|-------------------|-----|-----|-----------------------|
| 1013 | 521  | TIAGO GOMES       | 1:20:37.85 | 1:20:37.85 | 52 | M | VetIV M (50-54)   | 744 | 106 | SAMOUCO RUNNERS       |
| 1014 | 1257 | ANA PARREIRA      | 1:20:41.70 | 1:19:39.68 | 38 | F | VetI F (35-39)    | 270 | 33  | GDC BANCO DE PORTUGAL |
| 1015 | 677  | FERNANDO FERREIRA | 1:20:44.48 | 1:20:44.48 | 76 | M | VetVIII M (70-99) | 745 | 10  | C MILLENNIUM BCP      |
| 1016 | 193  | LEONOR LOBO       | 1:20:53.89 | 1:19:41.87 | 21 | F | Sen F (18-34)     | 271 | 97  |                       |
| 1017 | 1322 | MANUEL OLIVEIRA   | 1:20:59.38 | 1:20:31.39 | 83 | M | VetVIII M (70-99) | 746 | 11  |                       |
| 1018 | 261  | HUGO NORONHA      | 1:21:13.26 | 1:20:12.09 | 45 | M | VetIII M (45-49)  | 747 | 128 | TARTARUGAS SOLIDARIAS |
| 1019 | 1083 | PAULO ANDRDE      | 1:21:45.09 | 1:20:07.02 | 51 | M | VetIV M (50-54)   | 748 | 107 | SS CGD                |
| 1020 | 1031 | CATARINA BAILAO   | 1:21:48.56 | 1:21:23.48 | 21 | F | Sen F (18-34)     | 272 | 98  | SS CGD                |
| 1021 | 1064 | LIDIA BAILÃO      | 1:21:48.89 | 1:21:23.60 | 53 | F | VetIV F (50-54)   | 273 | 27  | SS CGD                |
| 1022 | 388  | PAULA GUERREIRO   | 1:22:11.07 | 1:21:38.20 | 33 | F | Sen F (18-34)     | 274 | 99  | BOAZONAS PELADONAS    |
| 1023 | 1175 | DIOGO RODRIGUES   | 1:22:32.06 | 1:21:53.82 | 35 | M | VetI M (35-39)    | 749 | 102 |                       |
| 1024 | 1127 | TOMAS OLIVEIRA    | 1:22:40.42 | 1:21:01.62 | 31 | M | Sen M (18-34)     | 750 | 166 | NAOSRUN               |
| 1025 | 870  | CATARINA ALMEIDA  | 1:23:03.45 | 1:21:44.93 | 24 | F | Sen F (18-34)     | 275 | 100 | GRUPO CORRIDA JCS     |
| 1026 | 271  | FILIPA GASPAR     | 1:23:41.87 | 1:22:30.93 | 27 | F | Sen F (18-34)     | 276 | 101 |                       |
| 1027 | 152  | FÁTIMA ALMEIDA    | 1:23:57.00 | 1:23:44.66 | 63 | F | VetVI F (60-64)   | 277 | 10  |                       |
| 1028 | 470  | ISABEL CARDOSO    | 1:24:26.48 | 1:24:26.48 | 57 | F | VetV F (55-59)    | 278 | 20  |                       |
| 1029 | 1222 | JOÃO RIBEIRO      | 1:25:37.17 | 1:24:42.15 | 58 | M | VetV M (55-59)    | 751 | 65  | CCD TRANQUILIDADE     |
| 1030 | 505  | MARIA PINTO       | 1:26:59.24 | 1:26:59.24 | 27 | F | Sen F (18-34)     | 279 | 102 |                       |
| 1031 | 930  | INÊS PAIVA        | 1:27:01.58 | 1:26:41.93 | 31 | F | Sen F (18-34)     | 280 | 103 |                       |
| 1032 | 170  | ANDREIA PARREIRA  | 1:27:08.22 | 1:26:11.62 | 30 | F | Sen F (18-34)     | 281 | 104 |                       |
| 1033 | 145  | HELENA SÁ         | 1:27:10.63 | 1:26:08.44 | 71 | F | VetVIII F (70-99) | 282 | 3   |                       |
| 1034 | 1019 | ANA CASTRO        | 1:27:22.55 | 1:26:27.14 | 57 | F | VetV F (55-59)    | 283 | 21  | SS CGD                |
| 1035 | 960  | ANDRÉ TRINDADE    | 1:28:39.70 | 1:26:59.94 | 39 | M | VetI M (35-39)    | 752 | 103 | NAOSRUN               |
| 1036 | 972  | PAULA FERNANDES   | 1:29:36.49 | 1:28:30.95 | 59 | F | VetV F (55-59)    | 284 | 22  |                       |
| 1037 | 616  | LUIS SANTOS       | 1:31:17.31 | 1:31:17.31 | 59 | M | VetV M (55-59)    | 753 | 66  | TARTARUGAS            |
| 1038 | 617  | ANA SANTOS        | 1:31:17.90 | 1:31:17.90 | 53 | F | VetIV F (50-54)   | 285 | 28  | TARTARUGAS            |





|      |      |                   |            |            |    |   |                   |     |     |                   |
|------|------|-------------------|------------|------------|----|---|-------------------|-----|-----|-------------------|
| 1039 | 825  | FÁBIO PRAGANA     | 1:31:42.87 | 1:30:52.05 | 24 | M | Sen M (18-34)     | 754 | 167 | OS CARACÓIS       |
| 1040 | 824  | ISABEL AFONSO     | 1:31:46.11 | 1:30:55.08 | 40 | F | VetII F (40-44)   | 286 | 41  | OS CARACÓIS       |
| 1041 | 755  | DOMINGOS COSTA    | 1:32:04.02 | 1:32:04.02 | 74 | M | VetVIII M (70-99) | 755 | 12  |                   |
| 1042 | 667  | FREDERICO GUITA   | 1:32:16.52 | 1:32:16.52 | 26 | M | Sen M (18-34)     | 756 | 168 | EURIBOR           |
| 1043 | 666  | RICARDO OLIVEIRA  | 1:32:17.68 | 1:32:17.68 | 25 | M | Sen M (18-34)     | 757 | 169 | EURIBOR           |
| 1044 | 878  | FABÍOLA BOAVIDA   | 1:35:05.39 | 1:33:34.78 | 42 | F | VetII F (40-44)   | 287 | 42  | GRUPO CORRIDA JCS |
| 1045 | 864  | ADELAIDE CUNHA    | 1:35:05.63 | 1:33:32.80 | 46 | F | VetIII F (45-49)  | 288 | 44  | GRUPO CORRIDA JCS |
| 1046 | 939  | HUGO MARQUES      | 1:35:09.94 | 1:34:52.98 | 18 | M | Sen M (18-34)     | 758 | 170 |                   |
| 1047 | 938  | SANDRA PAIVA      | 1:35:10.29 | 1:34:53.34 | 50 | F | VetIV F (50-54)   | 289 | 29  |                   |
| 1048 | 984  | ANA PIMENTEL      | 1:35:36.08 | 1:33:57.14 | 30 | F | Sen F (18-34)     | 290 | 105 |                   |
| 1049 | 192  | OLGA LOBO         | 1:35:40.07 | 1:34:27.93 | 53 | F | VetIV F (50-54)   | 291 | 30  |                   |
| 1050 | 937  | JOSÉ MARQUES      | 1:35:47.82 | 1:35:29.62 | 51 | M | VetIV M (50-54)   | 759 | 108 |                   |
| 1051 | 865  | ADRIANA FERNANDES | 1:36:10.21 | 1:35:04.75 | 25 | F | Sen F (18-34)     | 292 | 106 | GRUPO CORRIDA JCS |
| 1052 | 867  | CARINA PAIXÃO     | 1:36:17.27 | 1:35:11.14 | 40 | F | VetII F (40-44)   | 293 | 43  | GRUPO CORRIDA JCS |
| 1053 | 681  | FOCK WAN          | 1:36:27.62 | 1:36:27.62 | 72 | F | VetVIII F (70-99) | 294 | 4   | C MILLENNIUM BCP  |
| 1054 | 882  | INÊS JOÃO         | 1:36:31.36 | 1:35:13.23 | 25 | F | Sen F (18-34)     | 295 | 107 | GRUPO CORRIDA JCS |
| 1055 | 883  | INÊS PEREIRA      | 1:36:32.15 | 1:35:13.63 | 31 | F | Sen F (18-34)     | 296 | 108 | GRUPO CORRIDA JCS |
| 1056 | 884  | JOANA APARÍCIO    | 1:37:13.19 | 1:35:55.08 | 34 | F | Sen F (18-34)     | 297 | 109 | GRUPO CORRIDA JCS |
| 1057 | 879  | FERNANDA LOPES    | 1:37:15.93 | 1:35:57.43 | 34 | F | Sen F (18-34)     | 298 | 110 | GRUPO CORRIDA JCS |
| 1058 | 964  | FILIPA SANTOS     | 1:37:19.64 | 1:35:58.84 | 22 | F | Sen F (18-34)     | 299 | 111 |                   |
| 1059 | 1273 | TATÁ CRUZ         | 1:37:24.91 | 1:36:58.24 | 50 | F | VetIV F (50-54)   | 300 | 31  |                   |
| 1060 | 1226 | MA HUNG           | 1:40:44.41 | 1:39:24.67 | 73 | F | VetVIII F (70-99) | 301 | 5   | CCD TRANQUILIDADE |



#### Classificações Coletivas

| Escalões             | Classificação | Ramo        | Chegados | Soma Pontos | 1o atleta | 2o atleta | 3o atleta |
|----------------------|---------------|-------------|----------|-------------|-----------|-----------|-----------|
| <b>SEN F (16-34)</b> | <b>1</b>      | EXÉRCITO    | 4        | 10          | 1         | 4         | 5         |
|                      | <b>2</b>      | GNR         | 4        | 19          | 3         | 6         | 10        |
|                      | <b>3</b>      | PSP         | 3        | 25          | 2         | 9         | 14        |
|                      | <b>4</b>      | FORÇA AÉREA | 3        | 43          | 12        | 15        | 16        |
| <b>SEN M (16-34)</b> | <b>1</b>      | GNR         | 4        | 14          | 1         | 4         | 9         |
|                      | <b>2</b>      | PSP         | 4        | 15          | 2         | 6         | 7         |
|                      | <b>3</b>      | EXÉRCITO    | 4        | 21          | 3         | 8         | 10        |
|                      | <b>4</b>      | FORÇA AÉREA | 5        | 30          | 5         | 12        | 13        |
|                      | <b>5</b>      | MARINHA     | 4        | 55          | 16        | 19        | 20        |
| <b>V35 F (35-39)</b> | <b>1</b>      | GNR         | 4        | 15          | 4         | 5         | 6         |



|                      |                      |   |    |    |    |    |
|----------------------|----------------------|---|----|----|----|----|
| <b>V35 F (35-39)</b> | <b>2 PSP</b>         | 4 | 15 | 2  | 3  | 10 |
|                      | <b>3 MARINHA</b>     | 3 | 25 | 1  | 11 | 13 |
| <b>V35 M (35-39)</b> | <b>1 EXÉRCITO</b>    | 4 | 13 | 1  | 4  | 8  |
|                      | <b>2 GNR</b>         | 4 | 14 | 3  | 5  | 6  |
|                      | <b>3 PSP</b>         | 4 | 18 | 2  | 7  | 9  |
|                      | <b>4 FORÇA AÉREA</b> | 3 | 43 | 13 | 14 | 16 |
| <b>V40 F (40-44)</b> | <b>1 GNR</b>         | 3 | 8  | 1  | 3  | 4  |
| <b>V40 M (40-44)</b> | <b>1 GNR</b>         | 4 | 8  | 1  | 2  | 5  |
|                      | <b>2 PSP</b>         | 4 | 13 | 3  | 4  | 6  |
|                      | <b>3 EXÉRCITO</b>    | 3 | 34 | 8  | 10 | 16 |
|                      | <b>4 MARINHA</b>     | 4 | 39 | 12 | 13 | 14 |
| <b>V45 F (45-49)</b> | <b>1 GNR</b>         | 4 | 13 | 2  | 4  | 7  |
|                      | <b>2 PSP</b>         | 3 | 14 | 3  | 5  | 6  |
| <b>V45 M (45-49)</b> | <b>1 PSP</b>         | 4 | 12 | 2  | 4  | 6  |
|                      | <b>2 GNR</b>         | 4 | 18 | 1  | 8  | 9  |
|                      | <b>3 MARINHA</b>     | 4 | 23 | 5  | 7  | 11 |
|                      | <b>4 EXÉRCITO</b>    | 3 | 27 | 3  | 10 | 14 |
| <b>V50 F (50-99)</b> | <b>1 PSP</b>         | 3 | 9  | 2  | 3  | 4  |
| <b>V50 M (50-54)</b> | <b>1 PSP</b>         | 4 | 10 | 1  | 2  | 7  |
|                      | <b>2 GNR</b>         | 4 | 12 | 3  | 4  | 5  |
|                      | <b>3 EXÉRCITO</b>    | 3 | 29 | 8  | 9  | 12 |
| <b>V55 M (55-99)</b> | <b>1 PSP</b>         | 4 | 9  | 2  | 3  | 4  |
|                      | <b>2 EXÉRCITO</b>    | 3 | 12 | 1  | 5  | 6  |

Classificações do Troféu



| Sexo_atleta | Classificação | Equipa   | Count | Soma Pos | 1ª Class          | 2ª Class          | 3ª Class          | 4ª Class          | 5ª Class          |
|-------------|---------------|----------|-------|----------|-------------------|-------------------|-------------------|-------------------|-------------------|
| F           | 1             | GNR      | 4     | 3        | 1 (V40 F (40-44)) | 1 (V45 F (45-49)) | 1 (V35 F (35-39)) |                   |                   |
| F           | 2             | PSP      | 4     | 5        | 1 (V50 F (50-99)) | 2 (V45 F (45-49)) | 2 (V35 F (35-39)) |                   |                   |
| M           | 1             | PSP      | 6     | 7        | 1 (V50 M (50-54)) | 1 (V45 M (45-49)) | 1 (V55 M (55-99)) | 2 (SEN M (16-34)) | 2 (V40 M (40-44)) |
| M           | 2             | GNR      | 5     | 8        | 1 (V40 M (40-44)) | 1 (SEN M (16-34)) | 2 (V50 M (50-54)) | 2 (V45 M (45-49)) | 2 (V35 M (35-39)) |
| M           | 3             | EXÉRCITO | 6     | 12       | 1 (V35 M (35-39)) | 2 (V55 M (55-99)) | 3 (V50 M (50-54)) | 3 (SEN M (16-34)) | 3 (V40 M (40-44)) |