



Posição Geral	Dorsal	Nome	Tempo Prova	Tempo Líquido	Idade	Género	Escalão	Posição Género	Posição Escalão	Equipa
1	1073	JOSE GASPAR	0:32:31.00	0:32:30.00	45	M	VetIII M (45-49)	1	1	AD PALMEIROS
2	1344	DIOGO RAMALHEIRA	0:34:03.81	0:34:02.97	35	M	VetI M (35-39)	2	1	DR_RUNS
3	811	ROBERTO MONTEIRO	0:35:53.34	0:35:53.34	27	M	Sen M (18-34)	3	1	
4	590	JULIO FINOTE	0:36:11.76	0:36:11.76	53	M	VetIV M (50-54)	4	1	CLUBE NOVO BANCO
5	1241	JOÃO LOPES	0:37:12.91	0:37:11.14	36	M	VetI M (35-39)	5	2	GDC BANCO DE PORTUGAL
6	236	AFONSO VERISSIMO	0:37:38.67	0:37:38.06	18	M	Sen M (18-34)	6	2	CGD-SSCGD
7	435	BRUNO SOUSA	0:37:49.77	0:37:49.77	41	M	VetII M (40-44)	7	1	
8	1310	RUI HENRIQUES	0:37:55.73	0:37:55.65	43	M	VetII M (40-44)	8	2	SERVIÇOS SOCIAIS MONTEPIO
9	995	FERNANDO FRAÚSTO	0:37:57.45	0:37:56.40	25	M	Sen M (18-34)	9	3	BEJA AC
10	797	ANTÓNIO ROQUE	0:38:03.96	0:38:03.96	37	M	VetI M (35-39)	10	3	CARACÓIS DE PEDRA
11	1117	MARCOLINO VERÍSSIMO	0:38:07.82	0:38:06.73	51	M	VetIV M (50-54)	11	2	SS CGD
12	818	ANTÓNIO BARBOSA	0:38:18.03	0:38:18.03	43	M	VetII M (40-44)	12	3	ASS VALE GRANDE
13	1129	FREDERICO RODRIGUES	0:38:24.23	0:38:24.23	31	M	Sen M (18-34)	13	4	
14	422	JOÃO GUTERRES	0:38:27.64	0:38:25.65	48	M	VetIII M (45-49)	14	2	1º DEZEMBRO QUEIJAS
15	781	NUNO ALVES	0:39:02.83	0:39:02.83	47	M	VetIII M (45-49)	15	3	OUTSYSTEMS OLÍMPICO DE OEIRAS
16	409	NELSON COSTA	0:39:14.86	0:39:13.38	40	M	VetII M (40-44)	16	4	CCD CRÉDITO AGRÍCOLA
17	296	GONÇALO ZARCO	0:39:17.72	0:39:17.55	49	M	VetIII M (45-49)	17	4	ONTRISPORTS
18	674	MARCO DUARTE	0:39:28.74	0:39:28.74	34	M	Sen M (18-34)	18	5	
19	898	RICARDO GONÇALVES	0:39:41.85	0:39:25.73	23	M	Sen M (18-34)	19	6	GRUPO CORRIDA JCS
20	1233	RICARDO ALVES	0:39:42.91	0:39:41.98	39	M	VetI M (35-39)	20	4	CCD TRANQUILIDADE
21	338	ANTÓNIO ARAÚJO	0:40:04.87	0:40:04.71	58	M	VetV M (55-59)	21	1	
22	1082	PAULA MARTINS	0:40:27.07	0:40:26.45	42	F	VetII F (40-44)	1	1	SS CGD
23	868	NELSON CUSTODIO	0:40:29.57	0:40:16.40	47	M	VetIII M (45-49)	22	5	GRUPO CORRIDA JCS
24	1001	JOÃO CARRAJOLA	0:40:48.98	0:40:46.78	30	M	Sen M (18-34)	23	7	NRD ÍDOLOS PRAÇA SETÚBAL



25	1096	PEDRO PIMENTEL	0:40:52.21	0:40:52.21	50	M	VetIV M (50-54)	24	3	SS CGD
26	1160	FILIFE OLIVEIRA	0:40:55.50	0:40:52.69	40	M	VetII M (40-44)	25	5	
27	349	JOÃO CAÇADOR	0:40:58.00	0:40:44.23	34	M	Sen M (18-34)	26	8	NESHA HOP & RUN TEAM
28	1121	FERNANDO ALVES	0:41:06.94	0:41:02.95	47	M	VetIII M (45-49)	27	6	NRD IDOLOS PRAÇA
29	318	NUNO FERREIRA	0:41:09.54	0:41:02.38	38	M	VetI M (35-39)	28	5	
30	1134	VÍTOR MARTINS	0:41:09.79	0:41:06.94	53	M	VetIV M (50-54)	29	4	
31	581	LUIS MONTEIRO	0:41:14.34	0:41:14.34	51	M	VetIV M (50-54)	30	5	CLUBE NOVO BANCO
32	1023	ANDRE FILIFE	0:41:15.05	0:41:13.72	33	M	Sen M (18-34)	31	9	SS CGD
33	1263	FILIFE GONÇALVES	0:41:20.91	0:41:15.41	42	M	VetII M (40-44)	32	6	TRILHOS DO COSTUME
34	1174	RUI BIGA	0:41:21.07	0:41:18.36	43	M	VetII M (40-44)	33	7	2800MOVE
35	395	NUNO ALMEIDA	0:41:23.90	0:41:08.08	42	M	VetII M (40-44)	34	8	
36	204	PEDRO FILIFE	0:41:24.00	0:41:19.54	44	M	VetII M (40-44)	35	9	
37	486	PAULO PALMA	0:41:26.23	0:41:26.23	59	M	VetV M (55-59)	36	2	DREAM RUNNERS ÉVORA
38	679	NUNO NAIÁ	0:41:30.71	0:41:30.71	48	M	VetIII M (45-49)	37	7	C MILLENNIUM BCP
39	757	PEDRO FAVINHA	0:41:30.88	0:41:30.88	50	M	VetIV M (50-54)	38	6	CF OS BELENENSES
40	1289	ALEXANDRE PEDROSA	0:41:32.96	0:41:32.96	47	M	VetIII M (45-49)	39	8	CF OS BELENENSES
41	425	RITA SANTOS	0:41:39.33	0:41:34.64	28	F	Sen F (18-34)	2	1	SIMECQ
42	1285	GONÇALO FERREIRA	0:41:50.21	0:41:48.62	50	M	VetIV M (50-54)	40	7	CF OS BELENENSES
43	1277	ANDRÉ LOPES	0:41:57.21	0:41:45.69	34	M	Sen M (18-34)	41	10	
44	431	HUGO FERREIRA	0:42:00.51	0:41:57.74	46	M	VetIII M (45-49)	42	9	
45	1258	BRUNO PIRES	0:42:11.61	0:42:11.61	41	M	VetII M (40-44)	43	10	GDC BANCO DE PORTUGAL
46	533	PEDRO SERRA	0:42:13.06	0:42:13.06	38	M	VetI M (35-39)	44	6	
47	588	FRANCISCO DUARTE	0:42:16.75	0:42:16.75	25	M	Sen M (18-34)	45	11	CLUBE NOVO BANCO
48	1063	JOSÉ MONTEIRO	0:42:19.28	0:42:19.25	39	M	VetI M (35-39)	46	7	SS CGD
49	1284	NUNO GRAÇA	0:42:20.69	0:42:20.59	41	M	VetII M (40-44)	47	11	
50	979	MAURICIO VIDANIA	0:42:36.79	0:42:33.83	32	M	Sen M (18-34)	48	12	



51	1294	RUI FREITAS	0:42:39.66	0:42:31.36	46	M	VetIII M (45-49)	49	10	GFD RUNNING
52	611	PAULO GOMES	0:42:41.03	0:42:41.03	42	M	VetII M (40-44)	50	12	WALKRUN - WERUN
53	275	JOÃO DIAS	0:42:43.66	0:42:11.90	27	M	Sen M (18-34)	51	13	
54	985	RÚBEN COELHO	0:42:46.57	0:42:32.08	31	M	Sen M (18-34)	52	14	NESHA HOP & RUN TEAM
55	744	ANDRE MARTINS	0:42:55.84	0:42:55.84	38	M	VetI M (35-39)	53	8	RUN & WIN(E)
56	437	RICARDO LOPES	0:42:59.64	0:42:53.34	32	M	Sen M (18-34)	54	15	
57	553	RUI RODRIGUES	0:42:59.89	0:42:59.89	48	M	VetIII M (45-49)	55	11	SR GRANJA
58	310	BRUNO OLIVEIRA	0:43:00.55	0:42:53.83	56	M	VetV M (55-59)	56	3	
59	540	PEDRO NUNES	0:43:05.24	0:43:05.24	38	M	VetI M (35-39)	57	9	
60	306	EDUARDO LOURENÇO	0:43:05.44	0:42:03.86	54	M	VetIV M (50-54)	58	8	CHARNECA STARS
61	552	JOSÉ ALVES	0:43:07.00	0:43:07.00	51	M	VetIV M (50-54)	59	9	A MINHA CORRIDA
62	218	PEDRO MANAÇAS	0:43:11.01	0:43:06.17	49	M	VetIII M (45-49)	60	12	A NATUREZA ENSINA
63	1292	HUGO MONCACHA	0:43:11.93	0:43:02.98	46	M	VetIII M (45-49)	61	13	GFD RUNNING
64	1298	VITOR NOVAIS	0:43:15.57	0:42:56.40	47	M	VetIII M (45-49)	62	14	GDCTINCM
65	428	RUI MONTEIRO	0:43:21.31	0:43:20.96	57	M	VetV M (55-59)	63	4	ACPUTSM
66	1355	TEOTONIO NETO	0:43:21.42	0:43:17.51	59	M	VetV M (55-59)	64	5	ADCR MATA BENFICA
67	554	CARLOS CAEIRO	0:43:26.44	0:43:26.44	49	M	VetIII M (45-49)	65	15	AMINHACORRIDA/RUNEXTREM
68	123	BRUNO ANDRADE	0:43:27.56	0:43:26.93	37	M	VetI M (35-39)	66	10	
69	654	LUÍS LEMOS	0:43:32.30	0:43:32.30	46	M	VetIII M (45-49)	67	16	CLUBE OGMA
70	584	CARLOS GONÇALVES	0:43:36.41	0:43:36.41	49	M	VetIII M (45-49)	68	17	CLUBE NOVO BANCO
71	1112	SOFIA ARGENTINA	0:43:43.66	0:43:42.57	43	F	VetII F (40-44)	3	2	SS CGD
72	1242	LUÍS RIO	0:43:47.07	0:43:41.49	51	M	VetIV M (50-54)	69	10	GDC BANCO DE PORTUGAL
73	771	BRANT PAULSON	0:43:47.97	0:43:47.97	48	M	VetIII M (45-49)	70	18	
74	424	CARLOS GOMES	0:43:52.07	0:43:45.52	31	M	Sen M (18-34)	71	16	SIMECQ
75	1342	CARLOS FRANCISCO	0:43:55.86	0:43:31.60	31	M	Sen M (18-34)	72	17	GD SANTANDER TOTTA
76	1089	PEDRO BRAS	0:44:01.81	0:43:33.17	40	M	VetII M (40-44)	73	13	SS CGD



CORRIDA CAIXA

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77	1326	JOÃO HENRIQUES	0:44:02.44	0:43:02.77	21	M	Sen M (18-34)	74	18	
78	1286	CRISTIANO MARQUES	0:44:03.00	0:44:03.00	50	M	VetIV M (50-54)	75	11	CF OS BELENENSES
79	510	JAIME LAMEGO	0:44:04.01	0:44:04.01	63	M	VetVI M (60-64)	76	1	UMA TEAM
80	1143	NUNO ALVES	0:44:05.47	0:44:00.61	30	M	Sen M (18-34)	77	19	RUNNING SALAMANCA
81	180	JOÃO BELO	0:44:07.13	0:44:05.73	37	M	VetI M (35-39)	78	11	FIDELIDADE GDC
82	1053	JOÃO MARQUES	0:44:08.51	0:43:53.54	45	M	VetIII M (45-49)	79	19	SS CGD
83	828	JORGE MANUEL	0:44:20.82	0:44:17.14	50	M	VetIV M (50-54)	80	12	CD MAFRA
84	105	CARLOS RESA	0:44:22.41	0:44:13.27	41	M	VetII M (40-44)	81	14	
85	1045	HENRIQUE AMADOR	0:44:22.99	0:44:21.53	51	M	VetIV M (50-54)	82	13	SS CGD
86	886	JOÃO PEREIRA	0:44:31.68	0:43:17.66	46	M	VetIII M (45-49)	83	20	GRUPO CORRIDA JCS
87	845	JOSÉ BRITO	0:44:33.23	0:44:29.98	60	M	VetVI M (60-64)	84	2	
88	633	JOÃO CALDEIRA	0:44:33.94	0:44:33.94	39	M	VetI M (35-39)	85	12	FALSOS LENTOS
89	344	LUÍS SILVA	0:44:36.19	0:44:05.92	36	M	VetI M (35-39)	86	13	NESHA HOP & RUN TEAM
90	551	MIGUEL DONAS-BOTTO	0:44:40.00	0:44:40.00	24	M	Sen M (18-34)	87	20	
91	1196	FERNANDO COSTA	0:44:41.27	0:43:31.40	46	M	VetIII M (45-49)	88	21	LEROY MERLIN SC
92	221	PEDRO CORREIA	0:44:47.17	0:43:10.66	21	M	Sen M (18-34)	89	21	
93	529	ALLAN HOUSOULLIEZ	0:44:47.81	0:44:02.81	30	M	Sen M (18-34)	90	22	MACACOS
94	746	HUGO CHAVES	0:44:52.38	0:44:52.38	25	M	Sen M (18-34)	91	23	LOBOS BRUNHEIRO CHAVESANTEROS
95	322	ANDRÉ NEREU	0:44:53.63	0:44:53.63	32	M	Sen M (18-34)	92	24	
96	802	PAULO MANAÇAS	0:44:57.01	0:44:57.01	51	M	VetIV M (50-54)	93	14	A NATUREZA ENSINA
97	1144	BRUNA MORAIS	0:44:59.56	0:44:56.49	33	F	Sen F (18-34)	4	2	
98	304	GIL MONTEIRO	0:45:00.20	0:45:00.17	48	M	VetIII M (45-49)	94	22	DELOITTE RUNNING CLUB
99	800	AGOSTINHO MATOS	0:45:03.44	0:45:03.44	43	M	VetII M (40-44)	95	15	CCD SIEMENS
100	1283	LUIS PAULO	0:45:03.60	0:44:27.64	56	M	VetV M (55-59)	96	6	BAHIA
101	1261	JOÃO PASSOS	0:45:04.25	0:44:37.96	44	M	VetII M (40-44)	97	16	
102	829	JOSE SILVA	0:45:04.40	0:45:01.56	54	M	VetIV M (50-54)	98	15	CD MAFRA



103	877	DIOGO CASTRO	0:45:04.76	0:44:20.75	42	M	VetII M (40-44)	99	17	GRUPO CORRIDA JCS
104	1348	FREDERICO LAZARO	0:45:05.43	0:45:04.94	43	M	VetII M (40-44)	100	18	AMINHACORRIDA PACERS
105	1231	NUNO REIS	0:45:05.68	0:45:02.79	41	M	VetII M (40-44)	101	19	CCD TRANQUILIDADE
106	842	RODRIGO CAPELEIRO	0:45:06.29	0:45:02.81	28	M	Sen M (18-34)	102	25	
107	1291	ARMANDO MUCHAGATA	0:45:11.40	0:45:09.52	51	M	VetIV M (50-54)	103	16	CF OS BELENENSES
108	324	MIGUEL AMARAL	0:45:12.44	0:45:10.58	45	M	VetIII M (45-49)	104	23	
109	280	BRUNO CARVALHO	0:45:30.99	0:45:06.16	37	M	VetI M (35-39)	105	14	BANDIDOS
110	1330	RUBEN ROCHA	0:45:31.06	0:45:20.09	32	M	Sen M (18-34)	106	26	
111	1157	NUNO SILVA	0:45:33.63	0:45:19.23	47	M	VetIII M (45-49)	107	24	CCD CRÉDITO AGRÍCOLA
112	577	RUI ASCENSÃO	0:45:37.57	0:45:37.57	46	M	VetIII M (45-49)	108	25	
113	606	PAULO PIRES	0:45:37.93	0:45:05.93	55	M	VetV M (55-59)	109	7	AMIGOS DA CORRIDA
114	1057	JOAQUIM FRADE	0:45:41.79	0:45:40.70	67	M	VetVII M (65-69)	110	1	SS CGD
115	141	DIANA FERNANDES	0:45:41.92	0:45:32.98	28	F	Sen F (18-34)	5	3	
116	1010	MÁRIO SANTOS	0:45:43.37	0:45:38.87	39	M	VetI M (35-39)	111	15	
117	670	PEDRO MENDES	0:45:50.23	0:45:50.23	34	M	Sen M (18-34)	112	27	
118	849	EDGAR LIMA	0:45:52.56	0:44:33.46	18	M	Sen M (18-34)	113	28	
119	1186	TIAGO PEREIRA	0:45:53.78	0:45:51.69	36	M	VetI M (35-39)	114	16	
120	303	PAULO SILVA	0:45:55.31	0:45:04.48	49	M	VetIII M (45-49)	115	26	B2 PT RUNNING
121	610	RUI PIRES	0:45:55.80	0:45:55.80	44	M	VetII M (40-44)	116	20	
122	1086	PAULO PIRES	0:45:57.70	0:44:57.22	57	M	VetV M (55-59)	117	8	SS CGD
123	1026	BRUNO RAINHO	0:45:58.81	0:45:49.14	39	M	VetI M (35-39)	118	17	SS CGD
124	760	RICARDO GUSTAVO	0:45:59.66	0:45:59.66	44	M	VetII M (40-44)	119	21	
125	449	CARLA BERNARDINO	0:46:00.86	0:46:00.23	46	F	VetIII F (45-49)	6	1	EQUIPA CS
126	599	HUGO CARAGO	0:46:01.68	0:46:01.68	50	M	VetIV M (50-54)	120	17	CLUBE NOVO BANCO
127	1000	FERNANDO SANTOS	0:46:02.05	0:45:40.43	54	M	VetIV M (50-54)	121	18	SABORES DO PAÇO TRAIL ZATOPEQU
128	692	BRUNO DUARTE AMARO	0:46:12.38	0:46:12.38	41	M	VetII M (40-44)	122	22	BENFICA EM FORMA



CORRIDA CAIXA 16 ABRIL



129	925	MANUEL AGAPITO	0:46:14.55	0:46:09.25	30	M	Sen M (18-34)	123	29	SALAMANCA RUNNING
130	559	PEDRO FILIPE	0:46:17.58	0:46:17.58	32	M	Sen M (18-34)	124	30	
131	308	DUARTE ALMEIDA	0:46:18.00	0:45:27.24	41	M	VetII M (40-44)	125	23	B2 PT RUNNING
132	709	LÚCIO BASÍLIO	0:46:20.31	0:46:20.31	66	M	VetVII M (65-69)	126	2	AZA-AZAMBUJA COM ALMA
133	162	ALEXANDRE ALMEIDA	0:46:22.12	0:46:20.22	43	M	VetII M (40-44)	127	24	CF OS BELENENSES
134	893	MIGUEL VELUDO	0:46:22.46	0:45:38.88	48	M	VetIII M (45-49)	128	27	GRUPO CORRIDA JCS
135	1228	MÁRIO CLÁUDIO	0:46:22.79	0:45:39.99	47	M	VetIII M (45-49)	129	28	CCD TRANQUILIDADE
136	969	ALEXEY SKADORVA	0:46:24.30	0:46:00.46	28	M	Sen M (18-34)	130	31	
137	766	NUNO CABEÇA	0:46:27.68	0:46:27.68	53	M	VetIV M (50-54)	131	19	
138	1320	NUNO COSTA	0:46:27.85	0:46:16.95	48	M	VetIII M (45-49)	132	29	SS CGD
139	1061	JOAO SANTOS	0:46:28.17	0:46:19.72	26	M	Sen M (18-34)	133	32	SS CGD
140	402	RUI COSTA	0:46:30.16	0:46:24.09	38	M	VetI M (35-39)	134	18	
141	914	TITO NASCIMENTO	0:46:31.28	0:46:14.60	42	M	VetII M (40-44)	135	25	ELITE RUNNERS
142	646	NUNO CARIOCA	0:46:33.00	0:45:49.00	46	M	VetIII M (45-49)	136	30	
143	916	CARLOS FERREIRA	0:46:33.69	0:46:16.84	45	M	VetIII M (45-49)	137	31	ELITE RUNNERS
144	848	DIOGO CUNHA	0:46:35.00	0:46:35.00	21	M	Sen M (18-34)	138	33	
145	951	ROGÉRIO VENÂNCIO	0:46:43.83	0:46:42.83	68	M	VetVII M (65-69)	139	3	O MUNDO DA CORRIDA
146	430	RUI HENRIQUES	0:46:46.39	0:46:06.21	51	M	VetIV M (50-54)	140	20	
147	465	JOSÉ BICA	0:46:47.51	0:46:47.51	40	M	VetII M (40-44)	141	26	CORRER LISBOA
148	347	RUI SILVA	0:46:50.73	0:45:40.75	35	M	VetI M (35-39)	142	19	NESHA HOP & RUN TEAM
149	1021	ANDRE LOPES	0:46:51.99	0:46:15.82	38	M	VetI M (35-39)	143	20	SS CGD
150	630	OTSUKA HIROSHI	0:46:52.00	0:46:52.00	59	M	VetV M (55-59)	144	9	
151	432	JOÃO CARVALHO	0:46:53.17	0:46:23.40	54	M	VetIV M (50-54)	145	21	
152	1319	FILIPE MATOS	0:46:53.21	0:46:50.76	36	M	VetI M (35-39)	146	21	CUA BENAVENTENSE - 3B TRIATLO
153	1248	RÚBEN FONSECA	0:46:58.96	0:46:52.27	41	M	VetII M (40-44)	147	27	GDC BANCO DE PORTUGAL
154	148	RODRIGO SILVA	0:46:59.53	0:46:55.41	55	M	VetV M (55-59)	148	10	A NATUREZA ENSINA



155	1025	ANTONIO NASCIMENTO	0:47:00.93	0:46:56.82	65	M	VetVII M (65-69)	149	4	SS CGD
156	1139	PEDRO GARCIA	0:47:01.95	0:46:58.25	37	M	VetI M (35-39)	150	22	
157	566	CARLOS LUÍS	0:47:05.31	0:47:05.31	54	M	VetIV M (50-54)	151	22	
158	699	DIOGO PINHEIRO	0:47:06.26	0:47:06.26	25	M	Sen M (18-34)	152	34	
159	564	DIOGO SACOTO	0:47:07.11	0:47:07.11	33	M	Sen M (18-34)	153	35	
160	114	RUI MENDES	0:47:13.29	0:46:42.91	51	M	VetIV M (50-54)	154	23	CA VALE FIGUEIRA
161	420	SUSANA CALHAU	0:47:15.43	0:47:04.89	27	F	Sen F (18-34)	7	4	
162	1016	ALEXANDRE SANTOS	0:47:16.37	0:47:16.37	57	M	VetV M (55-59)	155	11	SS CGD
163	252	RAFAELA GONÇALVES	0:47:17.83	0:47:09.39	29	F	Sen F (18-34)	8	5	
164	400	ALFREDO VALENTE	0:47:19.79	0:47:17.92	59	M	VetV M (55-59)	156	12	
165	235	DANIEL PINTO	0:47:21.19	0:46:56.03	33	M	Sen M (18-34)	157	36	BRRNIGHTRUNNERS
166	935	DAVID ALMEIDA	0:47:21.89	0:46:57.30	35	M	VetI M (35-39)	158	23	RONALDOS
167	609	ROCCO DONATO	0:47:23.14	0:47:23.14	56	M	VetV M (55-59)	159	13	ROCCO DE DONATO
168	1168	JOÃO LOUREIRO	0:47:25.16	0:46:36.72	40	M	VetII M (40-44)	160	28	
169	268	HUGO LUCIO	0:47:26.17	0:46:54.47	31	M	Sen M (18-34)	161	37	
170	461	FERNANDO PEREIRA	0:47:27.93	0:47:27.93	59	M	VetV M (55-59)	162	14	
171	1079	NOEMIA SEQUEIRA	0:47:31.90	0:47:31.85	55	F	VetV F (55-59)	9	1	SS CGD
172	1250	GONÇALO DUARTE	0:47:37.95	0:46:52.12	35	M	VetI M (35-39)	163	24	GDC BANCO DE PORTUGAL
173	838	EDGAR ANASTACIO	0:47:39.00	0:47:39.00	58	M	VetV M (55-59)	164	15	AZA-AZAMBUJA COM ALMA
174	738	DAVID MENDES	0:47:41.00	0:47:41.00	45	M	VetIII M (45-49)	165	32	SAGD
175	777	TIAGO LEÃO	0:47:43.33	0:47:43.33	25	M	Sen M (18-34)	166	38	OUTSYSTEMS OLÍMPICO DE OEIRAS
176	327	NUNO AFONSO	0:47:43.82	0:46:25.01	42	M	VetII M (40-44)	167	29	
177	1087	PEDRO AFONSO	0:47:45.50	0:46:42.51	45	M	VetIII M (45-49)	168	33	SS CGD
178	1124	LÚCIA TRIGUEIROS	0:47:46.21	0:47:40.70	38	F	VetI F (35-39)	10	1	RUN AND WIN[E]
179	110	FRANCISCO VIEIRA	0:47:53.43	0:46:50.23	38	M	VetI M (35-39)	169	25	
180	233	XIA QIANG	0:47:53.99	0:46:40.64	24	M	Sen M (18-34)	170	39	CGD-DMF



181	918	NUNO PORFÍRIO	0:47:55.89	0:47:33.42	44	M	VetII M (40-44)	171	30	
182	1103	RUI RAMOS	0:47:56.04	0:46:35.88	39	M	VetI M (35-39)	172	26	SS CGD
183	1210	BRUNO GOMES	0:47:56.35	0:47:14.56	46	M	VetIII M (45-49)	173	34	CCD TRANQUILIDADE
184	950	DAVID DASSUNÇÃO	0:47:57.42	0:47:26.79	42	M	VetII M (40-44)	174	31	C FERROV PORTUGAL
185	618	JOÃO DOMINGOS	0:47:59.45	0:47:59.45	24	M	Sen M (18-34)	175	40	
186	399	MIGUEL CARVALHO	0:48:02.20	0:47:35.59	25	M	Sen M (18-34)	176	41	
187	597	VANDA MURTEIRA	0:48:07.11	0:48:07.11	48	F	VetIII F (45-49)	11	2	CLUBE NOVO BANCO
188	413	DIOGO BARATA	0:48:11.11	0:47:24.57	42	M	VetII M (40-44)	177	32	
189	48	MIGUEL DIAS	0:48:12.55	0:48:09.11	47	M	VetIII M (45-49)	178	35	SS CGD
190	348	RICARDO LUZ	0:48:12.60	0:47:43.43	31	M	Sen M (18-34)	179	42	NESHA HOP & RUN TEAM
191	1230	NELSON MOTA	0:48:13.18	0:47:31.50	52	M	VetIV M (50-54)	180	24	CCD TRANQUILIDADE
192	1246	FILIFE MORAIS	0:48:13.58	0:47:27.06	44	M	VetII M (40-44)	181	33	GDC BANCO DE PORTUGAL
193	283	CANDIDO POÇAS	0:48:15.90	0:47:48.02	53	M	VetIV M (50-54)	182	25	BANDIDOS
194	717	FILIFE TEIXEIRA	0:48:17.13	0:48:17.13	34	M	Sen M (18-34)	183	43	CDCR DOS CTT
195	517	PEDRO PAIXÃO	0:48:17.22	0:48:17.22	29	M	Sen M (18-34)	184	44	
196	234	ADELAIDE DAMIÃO	0:48:18.13	0:48:10.22	58	F	VetV F (55-59)	12	2	
197	1035	CRISTINA GABRIEL	0:48:19.10	0:47:45.83	41	F	VetII F (40-44)	13	3	SS CGD
198	166	GERMANO SILVA	0:48:22.38	0:48:13.41	65	M	VetVII M (65-69)	185	5	
199	258	DAVID BRANQUINHO	0:48:22.80	0:47:59.96	46	M	VetIII M (45-49)	186	36	
200	952	FILIFE FERREIRA	0:48:26.56	0:48:02.08	47	M	VetIII M (45-49)	187	37	
201	332	ROGÉRIO FONSECA	0:48:29.86	0:48:21.42	57	M	VetV M (55-59)	188	16	PSIARTE
202	482	GILSON SILVA	0:48:30.75	0:48:30.75	43	M	VetII M (40-44)	189	34	
203	1211	BRUNO DUARTE	0:48:31.02	0:47:49.76	40	M	VetII M (40-44)	190	35	CCD TRANQUILIDADE
204	557	BERNARDO CUNHA	0:48:32.33	0:48:32.33	31	M	Sen M (18-34)	191	45	
205	340	HENRIQUE COELHO	0:48:32.49	0:47:24.53	42	M	VetII M (40-44)	192	36	OPTICALIA RUNNING TEAM
206	412	FILIFE LEITAO	0:48:35.72	0:48:11.09	46	M	VetIII M (45-49)	193	38	



207	1229	MARTA SOUSA	0:48:36.63	0:48:32.64	54	M	VetIV M (50-54)	194	26	CCD TRANQUILIDADE
208	1271	ANDRE SANTOS	0:48:41.14	0:47:31.10	41	M	VetII M (40-44)	195	37	BARCA DELTA
209	169	CARLOS GOUVEIA	0:48:41.83	0:47:30.24	42	M	VetII M (40-44)	196	38	
210	483	SERGIO JOAQUIM	0:48:44.40	0:48:44.40	46	M	VetIII M (45-49)	197	39	CARANGUJO
211	117	MÁRIO RIJO	0:48:46.89	0:47:49.80	50	M	VetIV M (50-54)	198	27	
212	524	FREDERICO MORAIS	0:48:49.95	0:48:49.95	43	M	VetII M (40-44)	199	39	
213	764	RUI SANTOS	0:48:52.64	0:48:52.64	37	M	VetI M (35-39)	200	27	
214	225	LUÍS SOUSA	0:48:52.95	0:48:41.91	47	M	VetIII M (45-49)	201	40	GHOSTRUNNERS
215	384	MARCO LOURO	0:48:54.86	0:48:54.86	52	M	VetIV M (50-54)	202	28	AQUAFITNESS
216	1191	FILIPE GOMES	0:48:54.98	0:48:06.58	39	M	VetI M (35-39)	203	28	
217	1166	PEDRO CARVALHO	0:49:00.24	0:48:56.76	25	M	Sen M (18-34)	204	46	EAT PASTA RUN FASTA
218	573	ANDRÉ FIGUEIROA	0:49:01.85	0:49:01.85	35	M	VetI M (35-39)	205	29	
219	990	JOÃO HEITOR	0:49:05.37	0:49:01.08	72	M	VetVIII M (70-99)	206	1	ÁGUIAS PAÇO D ARCOS
220	716	CARLOS MARINHO	0:49:06.24	0:49:06.24	42	M	VetII M (40-44)	207	40	CDCR DOS CTT
221	923	MARCO MALAGUERRA	0:49:07.20	0:49:07.20	52	M	VetIV M (50-54)	208	29	
222	272	PEDRO RAPOSO	0:49:07.72	0:48:01.16	39	M	VetI M (35-39)	209	30	O ULTIMO APAGA A LUZ
223	1008	NUNO GOMES	0:49:14.60	0:48:48.94	47	M	VetIII M (45-49)	210	41	
224	600	ALEXANDRE NEVES	0:49:15.19	0:49:15.19	51	M	VetIV M (50-54)	211	30	CLUBE NOVO BANCO
225	1244	JOAQUIM FERRÃO	0:49:16.46	0:48:28.68	62	M	VetVI M (60-64)	212	3	GDC BANCO DE PORTUGAL
226	222	PAULO IVAS	0:49:17.00	0:49:04.32	49	M	VetIII M (45-49)	213	42	
227	284	ORLINDO FIGUEIREDO	0:49:17.79	0:49:16.57	75	M	VetVIII M (70-99)	214	2	CGD-REF
228	753	BRUNO OLIVEIRA	0:49:17.83	0:49:17.83	33	M	Sen M (18-34)	215	47	NAOSRUN
229	1293	NUNO CARREIRA	0:49:21.29	0:49:10.22	31	M	Sen M (18-34)	216	48	GFD RUNNING
230	1325	DIOGO LOPES	0:49:22.00	0:49:13.51	27	M	Sen M (18-34)	217	49	
231	46	LUIZA SOUSA	0:49:26.50	0:49:06.08	47	F	VetIII F (45-49)	14	3	BARRANCOS FC BIOGADO
232	659	MÁRIO PERREIRA	0:49:27.98	0:49:27.98	36	M	VetI M (35-39)	218	31	



CORRIDA CAIXA

16 ABRIL



233	259	FRANCISCO PASSOS	0:49:28.00	0:49:18.02	61	M	VetVI M (60-64)	219	4	
234	720	RICARDO RAMOS	0:49:29.48	0:49:29.48	48	M	VetIII M (45-49)	220	43	CDCR DOS CTT
235	1029	CARLOS GONÇALVES	0:49:29.66	0:49:11.74	38	M	VetI M (35-39)	221	32	SS CGD
236	1088	PEDRO ALMEIDA	0:49:31.32	0:49:21.42	45	M	VetIII M (45-49)	222	44	SS CGD
237	1347	BRUNO BRITO	0:49:32.10	0:49:27.26	42	M	VetII M (40-44)	223	41	AMINHACORRIDA PACERS
238	682	CARLOS NUNES	0:49:34.06	0:49:34.06	55	M	VetV M (55-59)	224	17	C MILLENNIUM BCP
239	1331	MICAEL SILVA	0:49:37.44	0:49:21.07	32	M	Sen M (18-34)	225	50	
240	150	HUGO MOREIRA	0:49:42.16	0:48:26.74	43	M	VetII M (40-44)	226	42	
241	1351	ANTONIO ALMEIDA	0:49:44.03	0:49:43.19	59	M	VetV M (55-59)	227	18	ND AUTOCOOPE
242	820	SÓNIA MIGUEL	0:49:46.57	0:49:46.57	29	F	Sen F (18-34)	15	6	
243	624	JOÃO RODRIGUES	0:49:46.88	0:49:46.88	35	M	VetI M (35-39)	228	33	RANDSTAD
244	370	EDGAR SANTOS	0:49:53.49	0:48:50.18	40	M	VetII M (40-44)	229	43	STELLAXIUS
245	1067	LUIS MADEIRA	0:49:54.09	0:48:50.14	52	M	VetIV M (50-54)	230	31	SS CGD
246	472	PAULO COSTA	0:49:55.54	0:49:55.54	54	M	VetIV M (50-54)	231	32	VIRIATHVS RUNNERS VISEU
247	1256	JOÃO ALELUIA	0:50:01.02	0:49:15.71	40	M	VetII M (40-44)	232	44	GDC BANCO DE PORTUGAL
248	251	LUCAS MAGANIN	0:50:06.20	0:49:59.41	29	M	Sen M (18-34)	233	51	JAVALIS DA MARGEM
249	956	NUNO OLIVEIRA	0:50:06.99	0:48:39.11	45	M	VetIII M (45-49)	234	45	
250	419	JOÃO FONSECA	0:50:07.09	0:49:27.86	48	M	VetIII M (45-49)	235	46	BIFANAS DE CORRIDA
251	1213	CARLOS FERNANDES	0:50:09.77	0:49:57.92	46	M	VetIII M (45-49)	236	47	CCD TRANQUILIDADE
252	754	GONÇALO PEREIRA	0:50:10.23	0:50:10.23	30	M	Sen M (18-34)	237	52	NESHA HOP & RUN TEAM
253	772	JOÃO SEIXAS	0:50:10.64	0:50:10.64	28	M	Sen M (18-34)	238	53	
254	343	ÂNGELO GERALDO	0:50:12.14	0:49:03.05	34	M	Sen M (18-34)	239	54	NESHA HOP & RUN TEAM
255	345	JOSÉ MORAIS	0:50:12.68	0:49:03.09	33	M	Sen M (18-34)	240	55	NESHA HOP & RUN TEAM
256	313	ANDRÉ VITORINO	0:50:13.00	0:49:44.82	36	M	VetI M (35-39)	241	34	
257	808	PAULO COLAÇO	0:50:13.50	0:50:13.50	46	M	VetIII M (45-49)	242	48	CARACÓIS DE PEDRA
258	404	DIOGO GOMES	0:50:15.42	0:49:35.50	30	M	Sen M (18-34)	243	56	CCD CRÉDITO AGRÍCOLA



CORRIDA CAIXA

16 ABRIL



259	1205	JOSÉ GODINHO	0:50:16.10	0:49:23.57	53	M	VetIV M (50-54)	244	33	C BENFICA CASTELO BRANCO
260	785	HUGO PINTO	0:50:17.02	0:50:17.02	47	M	VetIII M (45-49)	245	49	CCDT METRO LX
261	1179	NUNO TEIXEIRA	0:50:18.87	0:49:51.70	46	M	VetIII M (45-49)	246	50	
262	469	LUÍS NUNES	0:50:19.60	0:50:19.60	46	M	VetIII M (45-49)	247	51	MARVILA JOVEM
263	626	SERGIO FIGUEIRAS	0:50:25.85	0:50:25.85	46	M	VetIII M (45-49)	248	52	LIMITED EDITION TEAM
264	1024	ANDRE NUNES	0:50:27.52	0:50:11.83	32	M	Sen M (18-34)	249	57	SS CGD
265	544	RUBEN FAGUNDES	0:50:29.52	0:50:29.52	24	M	Sen M (18-34)	250	58	
266	331	LUIS LOUREIRO	0:50:29.61	0:50:14.60	43	M	VetII M (40-44)	251	45	
267	281	PAULO FIGUEIREDO	0:50:35.63	0:50:04.83	45	M	VetIII M (45-49)	252	53	
268	1279	FILIPE PEREIRA	0:50:35.94	0:49:55.32	41	M	VetII M (40-44)	253	46	
269	655	ANGELO FERNANDES	0:50:38.27	0:50:38.27	39	M	VetI M (35-39)	254	35	
270	463	HARUN RASHID	0:50:41.29	0:50:41.29	38	M	VetI M (35-39)	255	36	CORRER LISBOA
271	187	ZÉLIA RODRIGUES	0:50:41.83	0:49:56.71	54	F	VetIV F (50-54)	16	1	RUN CREW TRAIL MONTIJO
272	1027	CARLOS BRANCO	0:50:42.06	0:50:05.30	50	M	VetIV M (50-54)	256	34	SS CGD
273	945	GUILHERME GONÇALVES	0:50:43.00	0:50:22.62	62	M	VetVI M (60-64)	257	5	C FERROV PORTUGAL
274	671	MARIA MARQUES	0:50:43.71	0:50:43.71	45	F	VetIII F (45-49)	17	4	
275	702	MIGUEL MARECOS	0:50:43.83	0:50:43.83	49	M	VetIII M (45-49)	258	54	GOFIT
276	1116	TIAGO TELES	0:50:45.49	0:50:09.74	38	M	VetI M (35-39)	259	37	SS CGD
277	668	JOSÉ MORAIS	0:50:50.24	0:50:50.24	33	M	Sen M (18-34)	260	59	BIA
278	817	DANIELA JESUS	0:50:51.90	0:50:51.90	25	F	Sen F (18-34)	18	7	CARACÓIS DE PEDRA
279	545	MANUEL LOURENÇO	0:50:52.01	0:50:52.01	38	M	VetI M (35-39)	261	38	
280	330	ÂNGELO GODINHO	0:50:52.65	0:50:37.01	39	M	VetI M (35-39)	262	39	SENHOR DOS RATOS
281	353	MARCO OLIVEIRA	0:50:52.71	0:50:40.80	40	M	VetII M (40-44)	263	47	
282	405	DULCE SILVA	0:50:52.74	0:50:34.41	28	F	Sen F (18-34)	19	8	CCD CRÉDITO AGRÍCOLA
283	794	CARLOS TEIXEIRA	0:50:55.29	0:50:55.29	62	M	VetVI M (60-64)	264	6	
284	656	JOÃO BORBA	0:50:59.70	0:50:59.70	33	M	Sen M (18-34)	265	60	



285	228	JOÃO TAVARES	0:51:00.65	0:50:08.30	24	M	Sen M (18-34)	266	61	
286	532	JOÃO ESTEVÃO	0:51:01.31	0:51:01.31	42	M	VetII M (40-44)	267	48	
287	263	DANIEL PINHEIRO	0:51:03.01	0:50:07.69	29	M	Sen M (18-34)	268	62	
288	376	CARLOS VIEIRA	0:51:03.81	0:50:38.14	53	M	VetIV M (50-54)	269	35	CORRER LOURES
289	1054	JOAO SILVA	0:51:04.47	0:50:09.39	54	M	VetIV M (50-54)	270	36	SS CGD
290	634	EDGAR CABAÇO	0:51:06.86	0:51:06.86	38	M	VetI M (35-39)	271	40	FALSOS LENTOS
291	1349	PATRICIA AMORIM	0:51:10.15	0:50:46.43	36	F	VetI F (35-39)	20	2	CGD - SSCGD
292	926	ARMANDO LACERDA	0:51:11.98	0:50:49.30	68	M	VetVII M (65-69)	272	6	GD DIANA
293	205	NUNO LOPES	0:51:12.17	0:50:46.71	47	M	VetIII M (45-49)	273	55	ALUNOS LN
294	549	GABRIEL DEXHEIMER	0:51:12.24	0:51:12.24	28	M	Sen M (18-34)	274	63	
295	1133	NICOLAS GENEAU	0:51:12.34	0:49:57.07	39	M	VetI M (35-39)	275	41	
296	1353	EDUARDO NEVES	0:51:14.49	0:50:52.92	42	M	VetII M (40-44)	276	49	CAA BELEM
297	627	ANTONIO NOGUEIRA	0:51:17.09	0:51:17.09	50	M	VetIV M (50-54)	277	37	
298	700	LIAM O'BRIEN	0:51:19.62	0:51:19.62	38	M	VetI M (35-39)	278	42	
299	1059	JOSE DIMAS	0:51:21.71	0:50:38.33	54	M	VetIV M (50-54)	279	38	SS CGD
300	362	PEDRO MARTINS	0:51:22.49	0:50:49.80	47	M	VetIII M (45-49)	280	56	OLIVEIRA MARTINS
301	669	JOAO SEABRA	0:51:23.51	0:51:23.51	33	M	Sen M (18-34)	281	64	
302	377	GUILHERME GODINHO	0:51:25.85	0:51:04.26	47	M	VetIII M (45-49)	282	57	
303	149	HENRIQUE DIAS	0:51:29.30	0:50:36.24	68	M	VetVII M (65-69)	283	7	CORRER LISBOA
304	481	NORBERTO MARQUES	0:51:31.28	0:51:31.28	52	M	VetIV M (50-54)	284	39	RUNNING DONA MARIA
305	334	JOÃO SANTOS	0:51:34.46	0:51:10.85	58	M	VetV M (55-59)	285	19	ÍDOLOS DA PRAÇA
306	1317	LUÍS ANDRADE	0:51:35.51	0:51:11.96	41	M	VetII M (40-44)	286	50	CUA BENAVENTENSE - 3B TRIATLO
307	1066	LUIS GOMES	0:51:38.23	0:51:23.40	40	M	VetII M (40-44)	287	51	SS CGD
308	151	ANTÓNIO BARBAS	0:51:41.64	0:51:29.09	55	M	VetV M (55-59)	288	20	
309	382	NUNO SIMÕES	0:51:42.55	0:51:08.03	45	M	VetIII M (45-49)	289	58	SIMÕES
310	632	RUTE ROSA	0:51:43.21	0:51:43.21	29	F	Sen F (18-34)	21	9	



311	683	FERNANDO RODRIGUES	0:51:43.45	0:51:43.45	58	M	VetV M (55-59)	290	21	C MILLENNIUM BCP
312	733	RÚBEN SILVA	0:51:46.68	0:51:46.68	67	M	VetVII M (65-69)	291	8	AFRS
313	1336	MIGUEL BARROSO	0:51:47.18	0:50:20.75	27	M	Sen M (18-34)	292	65	GD SANTANDER TOTTA
314	1240	JOSÉ MONTEIRO	0:51:47.19	0:50:55.09	66	M	VetVII M (65-69)	293	9	GDC BANCO DE PORTUGAL
315	223	JOSÉ AFONSO	0:51:47.23	0:51:26.03	30	M	Sen M (18-34)	294	66	
316	366	FILIFE GINJA	0:51:48.96	0:50:24.89	37	M	VetI M (35-39)	295	43	
317	454	TOMÁS CORREIA	0:51:49.94	0:51:49.94	29	M	Sen M (18-34)	296	67	
318	844	ANA AMORIM	0:51:54.41	0:51:19.45	26	F	Sen F (18-34)	22	10	
319	707	RUI PINTO	0:51:54.55	0:51:54.55	47	M	VetIII M (45-49)	297	59	MARVILA JOVEM
320	859	MIGUEL SANTOS	0:51:54.56	0:50:58.33	30	M	Sen M (18-34)	298	68	
321	527	PEDRO BARROS	0:51:56.23	0:51:56.23	29	M	Sen M (18-34)	299	69	
322	1068	LUIS MARTINS	0:51:56.65	0:50:54.02	51	M	VetIV M (50-54)	300	40	SS CGD
323	1007	CLÁUDIA FRANCO	0:51:57.66	0:51:51.88	26	F	Sen F (18-34)	23	11	
324	905	RUI PINTO	0:51:59.42	0:51:46.27	57	M	VetV M (55-59)	301	22	GRUPO CORRIDA JCS
325	593	JOSE BORGES	0:52:00.33	0:52:00.33	63	M	VetVI M (60-64)	302	7	CLUBE NOVO BANCO
326	341	JOÃO NEVES	0:52:00.84	0:50:48.80	50	M	VetIV M (50-54)	303	41	
327	1002	PEDRO BASTOS	0:52:00.93	0:51:24.24	54	M	VetIV M (50-54)	304	42	
328	1278	LUCIANO ARAUJO	0:52:04.84	0:51:52.79	36	M	VetI M (35-39)	305	44	
329	119	ANA MARINHEIRO	0:52:05.09	0:51:06.73	32	F	Sen F (18-34)	24	12	
330	531	DIOGO FERNANDES	0:52:05.31	0:52:05.31	28	M	Sen M (18-34)	306	70	
331	320	CARLOS CORREIA	0:52:05.85	0:50:50.36	57	M	VetV M (55-59)	307	23	
332	526	DIOGO GROSSO	0:52:10.78	0:52:10.78	32	M	Sen M (18-34)	308	71	
333	262	EDUARDO GONÇALVES	0:52:10.88	0:51:51.96	35	M	VetI M (35-39)	309	45	
334	319	TIAGO MEIRA	0:52:13.51	0:52:06.14	40	M	VetII M (40-44)	310	52	
335	1044	FRANCISCO VIEIRA	0:52:14.47	0:51:37.73	54	M	VetIV M (50-54)	311	43	SS CGD
336	909	LUIS SOUSA	0:52:19.23	0:52:08.80	58	M	VetV M (55-59)	312	24	



337	992	ALBINO TOMAS	0:52:19.56	0:51:57.93	66	M	VetVII M (65-69)	313	10	CBRICALHAU
338	364	ANTÓNIO COSTA	0:52:20.89	0:51:34.21	50	M	VetIV M (50-54)	314	44	
339	637	MIGUEL RIBEIRO	0:52:22.18	0:52:22.18	25	M	Sen M (18-34)	315	72	
340	429	MARIA SIMAO	0:52:22.72	0:47:14.25	56	F	VetV F (55-59)	25	3	ACPUTSM
341	635	PATRICIA COVA	0:52:24.33	0:52:24.33	35	F	VetI F (35-39)	26	3	FALSOS LENTOS
342	491	BRUNO RENDEIRO	0:52:25.52	0:52:25.52	34	M	Sen M (18-34)	316	73	
343	693	ALEXANDRA MOURATO	0:52:25.66	0:52:25.66	28	F	Sen F (18-34)	27	13	C MILLENNIUM BCP
344	799	PEDRO LOPES	0:52:27.94	0:52:27.94	26	M	Sen M (18-34)	317	74	MOELAS
345	813	ANDRÉ RIBEIRO	0:52:33.31	0:52:33.31	38	M	VetI M (35-39)	318	46	
346	696	JORGE SALVADO	0:52:35.83	0:52:35.83	60	M	VetVI M (60-64)	319	8	C MILLENNIUM BCP
347	1264	JOAO ANTUNES	0:52:35.90	0:52:34.42	56	M	VetV M (55-59)	320	25	CORRER QUELUZ
348	173	ISABEL ANTUNES	0:52:40.40	0:52:09.93	51	F	VetIV F (50-54)	28	2	GM 1º DEZEMBRO QUEIJAS
349	929	MANUEL VERDELHO	0:52:40.69	0:52:14.14	23	M	Sen M (18-34)	321	75	
350	582	JORGE MONTEIRO	0:52:41.80	0:52:41.80	56	M	VetV M (55-59)	322	26	CLUBE NOVO BANCO
351	1251	MÓNICA MARTINS	0:52:42.39	0:51:42.59	39	F	VetI F (35-39)	29	4	GDC BANCO DE PORTUGAL
352	328	ELIAS RAMOS	0:52:42.54	0:51:45.71	33	M	Sen M (18-34)	323	76	ELIAS BOLT
353	920	JOSÉ LIBERATO	0:52:45.02	0:52:29.44	47	M	VetIII M (45-49)	324	60	GDCT IN CM
354	1131	DENIS STENDERCHUCK	0:52:46.92	0:51:33.63	43	M	VetII M (40-44)	325	53	BAGIRA
355	612	INÊS PEIXOTO	0:52:49.58	0:52:49.58	43	F	VetII F (40-44)	30	4	WALKRUN - WERUN
356	406	JOÃO NUNES	0:52:50.39	0:52:33.10	26	M	Sen M (18-34)	326	77	CCD CRÉDITO AGRÍCOLA
357	1206	SÉRGIO FOLQUES	0:52:51.05	0:51:56.33	47	M	VetIII M (45-49)	327	61	
358	1151	RUBEN SANCA	0:52:51.78	0:51:31.15	36	M	VetI M (35-39)	328	47	
359	390	PAULO DOMINGUES	0:52:55.44	0:52:06.19	50	M	VetIV M (50-54)	329	45	
360	398	FREDERICO SILVA	0:52:55.98	0:52:01.12	18	M	Sen M (18-34)	330	78	
361	423	CARLOS SANTOS	0:52:56.97	0:52:12.84	66	M	VetVII M (65-69)	331	11	SIMECQ
362	381	ÓSCAR ROCHA	0:52:57.09	0:52:12.13	62	M	VetVI M (60-64)	332	9	VIRIATHVS RUNNERS VISEU



363	629	ANDRÉ SANTOS	0:52:57.21	0:52:57.21	32	M	Sen M (18-34)	333	79	
364	452	CARLOS NORONHA	0:52:57.72	0:52:57.72	42	M	VetII M (40-44)	334	54	TALHO DO PAI
365	1219	FRANCISCO PEREIRA	0:52:58.51	0:52:15.86	56	M	VetV M (55-59)	335	27	CCD TRANQUILIDADE
366	917	PATRÍCIA NUNES	0:52:58.83	0:52:47.82	39	F	VetI F (35-39)	31	5	ELITE RUNNERS
367	1153	BRUNO AZEVEDO	0:52:58.96	0:52:19.11	26	M	Sen M (18-34)	336	80	CCD CRÉDITO AGRÍCOLA
368	410	PEDRO VICENTE	0:52:59.08	0:52:19.61	45	M	VetIII M (45-49)	337	62	CCD CRÉDITO AGRÍCOLA
369	664	ADELINO GOMES	0:53:00.51	0:53:00.51	53	M	VetIV M (50-54)	338	46	
370	1340	CARLOS MORAIS	0:53:02.06	0:52:48.66	57	M	VetV M (55-59)	339	28	GD SANTANDER TOTTA
371	439	JORGE PAULINO	0:53:02.10	0:52:48.10	60	M	VetVI M (60-64)	340	10	PENICHE A CORRER
372	440	MARGARIDA MARTINS	0:53:02.66	0:52:47.61	64	F	VetVI F (60-64)	32	1	PENICHE A CORRER
373	369	CARLOS BRANCO	0:53:04.85	0:52:48.62	52	M	VetIV M (50-54)	341	47	
374	1306	LUÍS GRECHCO	0:53:05.82	0:53:00.55	50	M	VetIV M (50-54)	342	48	SERVIÇOS SOCIAIS MONTEPIO
375	991	SABRINA TORRES	0:53:06.98	0:52:01.54	25	F	Sen F (18-34)	33	14	
376	993	INÊS PALHOTO	0:53:08.33	0:52:02.65	29	F	Sen F (18-34)	34	15	
377	295	JOÃO COSTA	0:53:09.40	0:52:32.51	30	M	Sen M (18-34)	343	81	
378	536	RICARDO VICENTE	0:53:09.42	0:53:09.42	24	M	Sen M (18-34)	344	82	
379	1194	DANIEL MADUREIRA	0:53:09.95	0:51:55.91	25	M	Sen M (18-34)	345	83	LEROY MERLIN SC
380	944	SÉRGIO AMARAL	0:53:10.57	0:52:36.05	46	M	VetIII M (45-49)	346	63	
381	1119	ABEL FELICIO	0:53:13.79	0:52:41.47	49	M	VetIII M (45-49)	347	64	
382	342	PEDRO CORREIA	0:53:18.49	0:51:53.14	40	M	VetII M (40-44)	348	55	
383	1128	TIAGO JESUS	0:53:20.01	0:52:59.82	32	M	Sen M (18-34)	349	84	XSEED
384	1224	JORGE ROSA	0:53:20.96	0:52:21.79	41	M	VetII M (40-44)	350	56	CCD TRANQUILIDADE
385	302	ARTUR PEREIRA	0:53:21.90	0:52:18.74	25	M	Sen M (18-34)	351	85	
386	417	RUI SILVA	0:53:21.94	0:52:44.89	46	M	VetIII M (45-49)	352	65	
387	631	LUÍS GROSSO	0:53:24.55	0:53:24.55	35	M	VetI M (35-39)	353	48	
388	118	MAGDA RIBEIRO	0:53:24.59	0:53:18.66	37	F	VetI F (35-39)	35	6	



CORRIDA CAIXA

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389	490	PAULO LOURO	0:53:25.34	0:53:25.34	58	M	VetV M (55-59)	354	29	
390	1130	CÁTIA CORREIA	0:53:27.49	0:52:35.47	33	F	Sen F (18-34)	36	16	
391	697	FRANCISCO LOPES	0:53:34.54	0:53:34.54	33	M	Sen M (18-34)	355	86	
392	1198	JOSÉ SOUSA	0:53:34.90	0:52:21.14	29	M	Sen M (18-34)	356	87	LEROY MERLIN SC
393	792	INÁCIO DUARTE	0:53:35.98	0:53:35.98	41	M	VetII M (40-44)	357	57	CGD-DC-ADC3
394	397	PEDRO BORGES	0:53:36.46	0:52:30.15	41	M	VetII M (40-44)	358	58	
395	1280	MARCOS PEREIRA	0:53:38.80	0:52:58.15	67	M	VetVII M (65-69)	359	12	
396	408	MIGUEL VINAGRE	0:53:39.56	0:53:04.14	47	M	VetIII M (45-49)	360	66	CCD CRÉDITO AGRÍCOLA
397	466	FERNANDO AZEVEDO	0:53:41.89	0:53:41.89	70	M	VetVIII M (70-99)	361	3	
398	1005	DIOGO RIBEIRO	0:53:43.07	0:52:45.71	33	M	Sen M (18-34)	362	88	
399	299	BARBARA PIASSAROLLO	0:53:44.12	0:52:58.27	38	F	VetI F (35-39)	37	7	B2 PT RUNNING
400	506	MARCELO FONSECA	0:53:45.40	0:53:45.40	32	M	Sen M (18-34)	363	89	
401	485	NELSON ARAUJO	0:53:46.24	0:53:46.24	28	M	Sen M (18-34)	364	90	
402	788	FERNANDO OLIVEIRA	0:53:47.19	0:53:47.19	55	M	VetV M (55-59)	365	30	OS LENTOS
403	224	MEAGAN CARTY	0:53:48.42	0:53:32.31	47	F	VetIII F (45-49)	38	5	
404	846	ERICK LOPES	0:53:50.06	0:53:02.73	29	M	Sen M (18-34)	366	91	
405	758	DANIEL FERNANDES	0:53:50.20	0:53:50.20	35	M	VetI M (35-39)	367	49	
406	943	BRUNO PEREIRA	0:53:50.26	0:53:28.38	39	M	VetI M (35-39)	368	50	
407	806	FILIPE NUNES	0:53:53.69	0:53:53.69	33	M	Sen M (18-34)	369	92	
408	316	ELISA PITEIRA	0:53:53.89	0:53:01.15	58	F	VetV F (55-59)	39	4	COUPLE RUNNERS
409	911	ANDRÉ LAGARTINHO	0:53:54.50	0:52:55.56	36	M	VetI M (35-39)	370	51	
410	154	JOANA CARVALHO	0:53:54.59	0:52:35.19	31	F	Sen F (18-34)	40	17	
411	323	SOFIA GABRIEL	0:53:55.26	0:53:40.32	30	F	Sen F (18-34)	41	18	
412	745	CARLA SERRANO	0:53:57.99	0:53:57.99	46	F	VetIII F (45-49)	42	6	CORRER QUELUZ
413	874	CLÁUDIA GATO	0:53:58.59	0:52:41.46	33	F	Sen F (18-34)	43	19	GRUPO CORRIDA JCS
414	686	FERNANDO ALMEIDA	0:53:59.73	0:53:59.73	55	M	VetV M (55-59)	371	31	C MILLENNIUM BCP



415	615	JOAO SOUSA	0:54:01.00	0:54:01.00	25	M	Sen M (18-34)	372	93	
416	196	ANTÓNIO LOPES	0:54:01.56	0:53:10.07	54	M	VetIV M (50-54)	373	49	CORRERPORCASTELOBRANCO
417	453	PEDRO SILVA	0:54:02.26	0:54:02.26	64	M	VetVI M (60-64)	374	11	CORRER LOURES
418	695	JOSE MARQUES	0:54:05.45	0:54:05.45	52	M	VetIV M (50-54)	375	50	C MILLENNIUM BCP
419	605	EDUARDO JORGE	0:54:06.56	0:53:27.56	69	M	VetVII M (65-69)	376	13	AMIGOS DA CORRIDA
420	1217	ELIZETE DUARTE	0:54:07.11	0:53:25.18	49	F	VetIII F (45-49)	44	7	CCD TRANQUILIDADE
421	585	PAULO GONÇALVES	0:54:08.86	0:54:08.86	55	M	VetV M (55-59)	377	32	CLUBE NOVO BANCO
422	418	ANABELA CONSTANTE	0:54:09.25	0:53:30.28	48	F	VetIII F (45-49)	45	8	BIFANAS DE CORRIDA
423	217	GONÇALO RIBEIRO	0:54:11.06	0:52:58.99	30	M	Sen M (18-34)	378	94	
424	494	ANTÓNIO LOBO	0:54:13.67	0:54:13.67	46	M	VetIII M (45-49)	379	67	FIDELIDADE GDC
425	607	FILOMENA JACINTO	0:54:17.16	0:53:52.16	56	F	VetV F (55-59)	46	5	AMIGOS DA CORRIDA
426	1260	NELSON MADEIRA	0:54:18.77	0:53:53.11	35	M	VetI M (35-39)	380	52	GDC BANCO DE PORTUGAL
427	773	MIGUEL ALMEIDA	0:54:20.62	0:54:20.62	28	M	Sen M (18-34)	381	95	
428	614	MARIA CONCHINHA	0:54:23.74	0:54:23.74	64	F	VetVI F (60-64)	47	2	CBRCALHAU
429	159	MARCELO CARDEIRA	0:54:23.86	0:53:12.62	53	M	VetIV M (50-54)	382	51	LINDA A PASTORA SCE
430	860	GONÇALO FERREIRA	0:54:24.41	0:54:24.41	26	M	Sen M (18-34)	383	96	
431	1262	VÍTOR CANTO	0:54:25.19	0:53:57.01	52	M	VetIV M (50-54)	384	52	LINDA A PASTORA SPORTING CLUBE
432	1076	MIGUEL ANGELO	0:54:25.55	0:54:04.96	47	M	VetIII M (45-49)	385	68	SS CGD
433	407	LUÍSA MOURÃO	0:54:26.13	0:53:49.83	43	F	VetII F (40-44)	48	5	CCD CRÉDITO AGRÍCOLA
434	450	JOÃO RODRIGUES	0:54:28.67	0:54:16.50	59	M	VetV M (55-59)	386	33	
435	1003	CARLOS SILVA	0:54:30.06	0:53:30.80	29	M	Sen M (18-34)	387	97	
436	177	JOÃO OLIVEIRA	0:54:30.55	0:54:29.27	43	M	VetII M (40-44)	388	59	
437	1110	SEVERINO ROSA	0:54:30.80	0:54:12.60	67	M	VetVII M (65-69)	389	14	SS CGD
438	1321	PAULA GONÇALVES	0:54:30.81	0:53:20.37	48	F	VetIII F (45-49)	49	9	SS CGD
439	475	LUIS REDONDO	0:54:31.98	0:54:31.98	50	M	VetIV M (50-54)	390	53	
440	999	PEDRO SENA	0:54:33.47	0:53:46.70	24	M	Sen M (18-34)	391	98	



CORRIDA CAIXA

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441	1042	FERNANDO LIMA	0:54:34.02	0:53:30.37	53	M	VetIV M (50-54)	392	54	SS CGD
442	267	JORGE PONCIANO	0:54:34.19	0:54:07.56	51	M	VetIV M (50-54)	393	55	
443	1062	JOSE MARTINS	0:54:34.82	0:54:19.51	48	M	VetIII M (45-49)	394	69	SS CGD
444	528	GAËLLE DUBERN	0:54:36.20	0:53:51.20	30	F	Sen F (18-34)	50	20	MACACOS
445	591	LUIS SOUSA	0:54:36.70	0:54:36.70	49	M	VetIII M (45-49)	395	70	CLUBE NOVO BANCO
446	721	MOHAMMED PEREIRA	0:54:41.71	0:54:41.71	36	M	VetI M (35-39)	396	53	
447	1223	JORGE DEUS	0:54:44.71	0:54:43.34	48	M	VetIII M (45-49)	397	71	CCD TRANQUILIDADE
448	1209	ANTÓNIO SENA	0:54:45.04	0:53:46.15	51	M	VetIV M (50-54)	398	56	CCD TRANQUILIDADE
449	265	DIOGO COELHO	0:54:46.71	0:53:55.60	35	M	VetI M (35-39)	399	54	CSP RUNNERS
450	363	FÁBIO GONÇALVES	0:54:48.34	0:53:53.77	25	M	Sen M (18-34)	400	99	
451	203	ROGÉRIO DIAS	0:54:48.56	0:54:43.81	46	M	VetIII M (45-49)	401	72	
452	462	JOEL COSTA	0:54:49.77	0:54:49.77	34	M	Sen M (18-34)	402	100	
453	487	RITA PALMA	0:54:49.84	0:54:49.84	53	F	VetIV F (50-54)	51	3	DREAM RUNNERS ÉVORA
454	912	FRANCISCO LOURENÇO	0:54:50.29	0:53:47.40	37	M	VetI M (35-39)	403	55	
455	433	JOÃO LÁZARO	0:54:53.58	0:54:21.67	39	M	VetI M (35-39)	404	56	OS FLECHAS
456	130	MARIANA FARIA	0:54:54.21	0:54:32.48	23	F	Sen F (18-34)	52	21	
457	1252	JOÃO SILVA	0:54:55.63	0:54:08.64	34	M	Sen M (18-34)	405	101	GDC BANCO DE PORTUGAL
458	1259	ELISABETE SANTOS	0:54:56.39	0:53:49.37	44	F	VetII F (40-44)	53	6	GDC BANCO DE PORTUGAL
459	380	JOAO COELHO	0:54:56.55	0:54:37.10	38	M	VetI M (35-39)	406	57	
460	942	ANTÓNIO COSTA	0:54:57.36	0:54:31.39	25	M	Sen M (18-34)	407	102	
461	981	DANIEL BATALHA	0:54:58.19	0:53:42.26	37	M	VetI M (35-39)	408	58	
462	994	TIAGO COSTA	0:54:58.59	0:54:21.44	32	M	Sen M (18-34)	409	103	
463	269	TIAGO SEQUEIRA	0:54:58.87	0:53:52.89	24	M	Sen M (18-34)	410	104	
464	195	PEDRO SANTOS	0:55:02.00	0:54:43.45	37	M	VetI M (35-39)	411	59	
465	839	JORGE FERNANDES	0:55:02.13	0:54:32.36	68	M	VetVII M (65-69)	412	15	
466	194	VASCO SANTOS	0:55:03.00	0:54:44.54	63	M	VetVI M (60-64)	413	12	



467	497	NUNO CORREIA	0:55:05.13	0:55:05.13	51	M	VetIV M (50-54)	414	57	
468	1099	RICARDO COELHO	0:55:05.64	0:54:02.00	52	M	VetIV M (50-54)	415	58	SS CGD
469	613	VALTER MACHADO	0:55:09.80	0:55:09.80	31	M	Sen M (18-34)	416	105	FIDELIDADE GDC
470	1345	DIAMANTINO SERRANO	0:55:10.87	0:55:10.84	48	M	VetIII M (45-49)	417	73	AMINHACORRIDA PACERS
471	1102	ROGERIO LUIS	0:55:10.98	0:55:10.98	43	M	VetII M (40-44)	418	60	SS CGD
472	278	GONÇALO CASACA	0:55:11.46	0:54:13.37	50	M	VetIV M (50-54)	419	59	RESISTENTES DO PALÁCIO
473	843	CARLA SILVA	0:55:14.41	0:55:08.04	50	F	VetIV F (50-54)	54	4	
474	971	NUNO SILVA	0:55:14.50	0:55:06.80	48	M	VetIII M (45-49)	420	74	AZA-AZAMBUJA COM ALMA
475	873	CLÁUDIA FERREIRA	0:55:22.79	0:55:06.39	45	F	VetIII F (45-49)	55	10	GRUPO CORRIDA JCS
476	266	FREDERICO FERNANDES	0:55:23.59	0:54:31.87	36	M	VetI M (35-39)	421	60	CSP RUNNERS
477	1038	EDUARDO RODRIGUES	0:55:37.40	0:55:22.01	42	M	VetII M (40-44)	422	61	SS CGD
478	915	JOSÉ RAIMUNDO	0:55:37.81	0:55:20.13	45	M	VetIII M (45-49)	423	75	ELITE RUNNERS
479	1048	JOAO ALMEIDA	0:55:38.41	0:55:07.22	53	M	VetIV M (50-54)	424	60	SS CGD
480	622	DÉCIO MARTINS	0:55:38.54	0:55:38.54	37	M	VetI M (35-39)	425	61	
481	126	MIGUEL ANDRADE	0:55:38.66	0:54:44.74	50	M	VetIV M (50-54)	426	61	ROBINS
482	636	IVO ROCHA	0:55:40.79	0:55:40.79	24	M	Sen M (18-34)	427	106	
483	809	RICARDO CARRETEIRO	0:55:40.86	0:55:40.86	30	M	Sen M (18-34)	428	107	
484	1247	SUSANA MAURÍCIO	0:55:42.88	0:55:24.45	30	F	Sen F (18-34)	56	22	GDC BANCO DE PORTUGAL
485	456	RICARDO PINHEIRO	0:55:46.56	0:55:46.56	29	M	Sen M (18-34)	429	108	CÁ CALHARÁS
486	575	DÉBORA SANTANA	0:55:50.00	0:55:50.00	31	F	Sen F (18-34)	57	23	
487	401	BERNARDO SALAVESSA	0:55:52.45	0:55:24.76	46	M	VetIII M (45-49)	430	76	
488	1339	JOAO SEQUEIRA	0:55:54.64	0:55:11.78	46	M	VetIII M (45-49)	431	77	GD SANTANDER TOTTA
489	1197	JOÃO CORREIA	0:55:55.65	0:54:40.78	31	M	Sen M (18-34)	432	109	LEROY MERLIN SC
490	628	JORGE SALGUEIRO	0:55:56.74	0:55:56.74	37	M	VetI M (35-39)	433	62	
491	49	DIOGO PROENÇA	0:55:58.89	0:55:58.89	28	M	Sen M (18-34)	434	110	
492	516	RICARDO FERREIRA	0:56:00.70	0:56:00.70	44	M	VetII M (40-44)	435	62	



493	595	NUNO RODRIGUES	0:56:02.33	0:56:02.33	46	M	VetIII M (45-49)	436	78	CLUBE NOVO BANCO
494	653	JOÃO ANTUNES	0:56:03.59	0:56:03.59	52	M	VetIV M (50-54)	437	62	
495	321	DIOGO SANTOS	0:56:04.38	0:55:57.59	34	M	Sen M (18-34)	438	111	
496	1058	JORGE PEIXOTO	0:56:04.66	0:55:27.31	44	M	VetII M (40-44)	439	63	SS CGD
497	1287	BERNARDINO PEREIRA	0:56:05.68	0:56:04.95	87	M	VetVIII M (70-99)	440	4	CF OS BELENENSES
498	885	JOANA CASTRO	0:56:07.35	0:54:51.91	32	F	Sen F (18-34)	58	24	GRUPO CORRIDA JCS
499	759	RUI BARRADAS	0:56:08.62	0:56:08.62	35	M	VetI M (35-39)	441	63	
500	685	NUNO ANJOS	0:56:08.92	0:56:08.92	56	M	VetV M (55-59)	442	34	C MILLENNIUM BCP
501	496	RITA CORREIA	0:56:10.59	0:56:10.59	42	F	VetII F (40-44)	59	7	
502	913	ANDRÉ MARTINS	0:56:19.39	0:55:39.38	34	M	Sen M (18-34)	443	112	
503	279	INÊS KOLH	0:56:21.07	0:55:25.59	42	F	VetII F (40-44)	60	8	RESISTENTES DO PALÁCIO
504	237	JOÃO NEVES	0:56:21.18	0:55:25.51	57	M	VetV M (55-59)	444	35	RESISTENTES
505	199	KIKE YIN	0:56:22.14	0:56:09.71	36	M	VetI M (35-39)	445	64	
506	1201	NUNO TAVARES	0:56:23.91	0:55:29.34	42	M	VetII M (40-44)	446	64	
507	197	PEDRO LEITÃO	0:56:25.70	0:55:16.38	50	M	VetIV M (50-54)	447	63	ALUNOS LN
508	200	JOSÉ SERRA	0:56:26.60	0:54:43.00	45	M	VetIII M (45-49)	448	79	DUO ELA E ELE
509	1051	JOÃO FONTES	0:56:26.79	0:55:55.07	45	M	VetIII M (45-49)	449	80	SS CGD
510	892	MAZOEL SANTOS	0:56:27.08	0:55:54.28	37	M	VetI M (35-39)	450	65	GRUPO CORRIDA JCS
511	902	RODRIGO LEAL	0:56:27.13	0:55:53.20	44	M	VetII M (40-44)	451	65	GRUPO CORRIDA JCS
512	790	PEDRO LOMBA	0:56:27.36	0:56:27.36	28	M	Sen M (18-34)	452	113	
513	436	CARLOS JÚNIOR	0:56:27.90	0:55:54.14	49	M	VetIII M (45-49)	453	81	
514	385	JOÃO RODRIGUES	0:56:28.36	0:56:18.53	33	M	Sen M (18-34)	454	114	
515	569	GIORGIO GIÃO	0:56:29.05	0:56:29.05	27	M	Sen M (18-34)	455	115	1
516	315	CARLOS PITEIRA	0:56:29.22	0:55:32.97	57	M	VetV M (55-59)	456	36	COUPLE RUNNERS
517	767	TELMA RODRIGUES	0:56:30.69	0:56:30.69	32	F	Sen F (18-34)	61	25	
518	739	ARTUR VENTURA	0:56:36.61	0:56:36.61	39	M	VetI M (35-39)	457	66	SAGD



519	731	GONÇALO SILVA	0:56:40.47	0:56:40.47	44	M	VetII M (40-44)	458	66	AFRS
520	561	ANA ASSUNÇÃO	0:56:41.24	0:56:41.24	38	F	VetI F (35-39)	62	8	
521	723	JÃO POMBO	0:56:42.70	0:56:42.70	29	M	Sen M (18-34)	459	116	
522	619	LUIS SILVA	0:56:42.74	0:56:42.74	32	M	Sen M (18-34)	460	117	
523	421	JOÃO PALMEIRO	0:56:43.04	0:56:28.78	27	M	Sen M (18-34)	461	118	
524	1081	OLIVIA GASPAR	0:56:44.34	0:55:58.59	52	F	VetIV F (50-54)	63	5	SS CGD
525	1056	JOAQUIM CARRILHO	0:56:45.00	0:56:03.72	56	M	VetV M (55-59)	462	37	SS CGD
526	1249	CÉLIA MINAU	0:56:45.85	0:56:36.69	47	F	VetIII F (45-49)	64	11	GDC BANCO DE PORTUGAL
527	678	PATRICIA CASTANHEIRA	0:56:49.71	0:56:49.71	54	F	VetIV F (50-54)	65	6	C MILLENNIUM BCP
528	438	JOSÉ MARQUES	0:56:51.55	0:56:48.60	73	M	VetVIII M (70-99)	463	5	GMC JAMOR
529	1095	PEDRO LOURO	0:56:52.37	0:51:37.11	40	M	VetII M (40-44)	464	67	SS CGD
530	1132	JOSE NUNES	0:56:55.77	0:56:01.06	50	M	VetIV M (50-54)	465	64	
531	213	MARIA VANOVA	0:57:02.66	0:56:57.97	34	F	Sen F (18-34)	66	26	
532	1065	LUÍS FRAGA	0:57:05.10	0:56:49.82	40	M	VetII M (40-44)	466	68	SS CGD
533	1181	JOÃO SILVA	0:57:05.81	0:56:05.86	37	M	VetI M (35-39)	467	67	
534	209	PEDRO REIS	0:57:12.75	0:56:18.10	51	M	VetIV M (50-54)	468	65	
535	1239	TIAGO VEIGA	0:57:13.30	0:55:59.97	44	M	VetII M (40-44)	469	69	PRIBERAM
536	488	MIGUEL CALADO	0:57:15.00	0:57:15.00	28	M	Sen M (18-34)	470	119	
537	250	MARIANA SIMÃO	0:57:15.00	0:57:08.59	27	F	Sen F (18-34)	67	27	JAVALLIS DA MARGEM
538	1101	RITA JORGE	0:57:15.40	0:56:31.56	44	F	VetII F (40-44)	68	9	SS CGD
539	214	NUNO FRAGOSO	0:57:16.01	0:56:11.02	47	M	VetIII M (45-49)	471	82	
540	104	MÁRIO SOBRAL	0:57:16.76	0:56:28.97	48	M	VetIII M (45-49)	472	83	CORRER LISBOA
541	442	EUCINÁRIO PINHEIRO	0:57:17.42	0:56:24.66	58	M	VetV M (55-59)	473	38	
542	1156	MIGUEL MENDANHA	0:57:18.37	0:56:27.84	47	M	VetIII M (45-49)	474	84	CCD CRÉDITO AGRÍCOLA
543	783	NILTON FERNANDES	0:57:18.66	0:57:18.66	41	M	VetII M (40-44)	475	70	
544	768	RICARDO RIBEIRO	0:57:19.36	0:57:19.36	33	M	Sen M (18-34)	476	120	MARVILA



545	245	TIAGO MATOS	0:57:20.01	0:56:23.70	48	M	VetIII M (45-49)	477	85	FIDELIDADE GDC
546	1094	PEDRO LOPES	0:57:20.52	0:56:23.90	44	M	VetII M (40-44)	478	71	SS CGD
547	311	VITOR FERNANDES	0:57:23.72	0:57:23.72	44	M	VetII M (40-44)	479	72	
548	326	RICARDO COSTA	0:57:23.80	0:56:54.00	39	M	VetI M (35-39)	480	68	CGD DGR
549	780	MARCOS MADEIRA	0:57:23.98	0:57:23.98	48	M	VetIII M (45-49)	481	86	OUTSYSTEMS OLÍMPICO DE OEIRAS
550	1049	JOAO CORREIA	0:57:27.02	0:57:13.14	61	M	VetVI M (60-64)	482	13	SS CGD
551	1190	PEDRO FONSECA	0:57:31.70	0:57:24.48	46	M	VetIII M (45-49)	483	87	CUNHAS
552	246	ANTÓNIO POMBINHO	0:57:35.31	0:56:26.06	65	M	VetVII M (65-69)	484	16	
553	861	VÂNIA FERREIRA	0:57:35.88	0:56:51.75	36	F	VetI F (35-39)	69	9	
554	1195	DANIELA BERNARDO	0:57:36.96	0:56:21.55	32	F	Sen F (18-34)	70	28	LEROY MERLIN SC
555	333	VERA FONSECA	0:57:37.46	0:57:29.12	40	F	VetII F (40-44)	71	10	PSIARTE
556	698	ANTÓNIO SILVA	0:57:38.55	0:57:38.55	30	M	Sen M (18-34)	485	121	
557	355	MIGUEL BARRADAS	0:57:41.31	0:56:28.35	40	M	VetII M (40-44)	486	73	RUNNING4FUN
558	823	RUTE DIAS	0:57:42.00	0:57:17.88	50	F	VetIV F (50-54)	72	7	
559	181	BRUNO LEMOS	0:57:42.00	0:57:22.47	38	M	VetI M (35-39)	487	69	CORRER LISBOA
560	919	PATRÍCIA GASPAR	0:57:42.18	0:57:42.15	45	F	VetIII F (45-49)	73	12	GDCT IN CM
561	550	RICARDO OLIVEIRA	0:57:42.60	0:57:42.60	42	M	VetII M (40-44)	488	74	
562	182	RUBEN MAGALHÃES	0:57:43.77	0:57:21.88	45	M	VetIII M (45-49)	489	88	
563	1267	TÂNIA CARMO	0:57:44.38	0:57:24.91	36	F	VetI F (35-39)	74	10	NAVIGATOR CLUBE SETÚBAL
564	153	ARMANDO CID	0:57:45.50	0:56:34.59	62	M	VetVI M (60-64)	490	14	ACNPN
565	1070	LUIS RODRIGUES	0:57:56.02	0:57:18.77	43	M	VetII M (40-44)	491	75	SS CGD
566	1187	ANTÓNIO DUARTE	0:57:56.52	0:56:45.32	60	M	VetVI M (60-64)	492	15	
567	1212	CARLOS BARGADO	0:58:00.77	0:57:18.78	58	M	VetV M (55-59)	493	39	CCD TRANQUILIDADE
568	1311	SÓNIA FAUSTINO	0:58:02.12	0:57:56.57	44	F	VetII F (40-44)	75	11	SERVIÇOS SOCIAIS MONTEPIO
569	983	MIGUEL GONÇALVES	0:58:04.47	0:56:41.97	49	M	VetIII M (45-49)	494	89	
570	139	MARIA CARDOSO	0:58:04.56	0:57:21.71	63	F	VetVI F (60-64)	76	3	



571	841	DOMINGOS SEWARD	0:58:05.36	0:57:00.14	27	M	Sen M (18-34)	495	122	
572	570	CONSTANÇA QUEIROZ	0:58:06.31	0:58:06.31	25	F	Sen F (18-34)	77	29	1
573	1171	NUNO BERNARDO	0:58:06.96	0:56:56.15	42	M	VetII M (40-44)	496	76	
574	998	ALEXANDRA PINHEIRO	0:58:08.31	0:57:21.04	57	F	VetV F (55-59)	78	6	
575	1188	ANDREIA SILVA	0:58:09.69	0:58:07.23	41	F	VetII F (40-44)	79	12	CUNHAS
576	297	MANUEL PEREIRA	0:58:13.68	0:58:00.44	41	M	VetII M (40-44)	497	77	
577	1297	FLÁVIA PENAM	0:58:14.61	0:57:48.57	34	F	Sen F (18-34)	80	30	BRRNIGHTRUNNERS
578	583	XANA FILIPE	0:58:15.22	0:58:15.22	51	F	VetIV F (50-54)	81	8	CLUBE NOVO BANCO
579	480	JORGE FERREIRA	0:58:15.59	0:58:15.59	57	M	VetV M (55-59)	498	40	RUNNING DONA MARIA
580	835	MARIA QUINTANA	0:58:15.69	0:57:28.44	27	F	Sen F (18-34)	82	31	
581	1050	JOAO CRAVO	0:58:19.40	0:57:33.87	38	M	VetI M (35-39)	499	70	SS CGD
582	1141	RICARDO ANDRADE	0:58:20.17	0:58:00.14	28	M	Sen M (18-34)	500	123	
583	832	MARIA CORONHA	0:58:20.48	0:58:00.68	41	F	VetII F (40-44)	83	13	OCR PORTUGAL LAB
584	441	NAYARA PINHEIRO	0:58:20.68	0:57:26.96	26	F	Sen F (18-34)	84	32	
585	982	CARLOS VICENTE	0:58:21.16	0:58:21.16	50	M	VetIV M (50-54)	501	66	
586	489	CÉLIA CORTE	0:58:21.87	0:58:21.87	40	F	VetII F (40-44)	85	14	CORRER QUELUZ
587	555	ODÍLIA PEREIRA	0:58:23.62	0:58:23.62	51	F	VetIV F (50-54)	86	9	
588	373	CARLA MIRA	0:58:24.20	0:57:07.22	58	F	VetV F (55-59)	87	7	AS MALUQUINHAS DAS CORRIDAS
589	762	IOLANDA FAUSTINO	0:58:24.51	0:58:24.51	28	F	Sen F (18-34)	88	33	
590	260	HENRIQUETA SOLIPA	0:58:26.48	0:57:28.58	61	F	VetVI F (60-64)	89	4	TARTARUGAS SOLIDARIAS
591	830	SEBASTIAN MARTINEZ	0:58:26.83	0:56:40.65	21	M	Sen M (18-34)	502	124	COMPOSTELA
592	1167	VIVIAN SILVA	0:58:29.03	0:57:17.43	34	F	Sen F (18-34)	90	34	
593	1084	PAULO BAILÃO	0:58:29.81	0:57:25.52	52	M	VetIV M (50-54)	503	67	SS CGD
594	562	VICTOR BARROS	0:58:31.34	0:58:31.34	36	M	VetI M (35-39)	504	71	
595	1354	FILIPE CUNHA	0:58:31.40	0:57:42.00	46	M	VetIII M (45-49)	505	90	ADCR MATA BENFICA
596	1142	MARIA DIAZ	0:58:31.67	0:58:12.05	27	F	Sen F (18-34)	91	35	



597	519	PEDRO TABORDA	0:58:31.91	0:58:31.91	50	M	VetIV M (50-54)	506	68	SAMOUCO RUNNERS
598	100	PEDRO ALVES	0:58:34.96	0:58:34.96	39	M	VetI M (35-39)	507	72	
599	1097	PEDRO SEQUEIRA	0:58:35.11	0:57:30.90	55	M	VetV M (55-59)	508	41	SS CGD
600	953	HUGO ROQUE	0:58:35.57	0:58:15.33	37	M	VetI M (35-39)	509	73	
601	1232	PEDRO VENTURA	0:58:38.50	0:57:40.29	46	M	VetIII M (45-49)	510	91	CCD TRANQUILIDADE
602	784	RAFAEL SANTOS	0:58:42.03	0:58:42.03	56	M	VetV M (55-59)	511	42	CCDT METRO LX
603	307	FILOMENA JESUS	0:58:43.24	0:57:55.94	50	F	VetIV F (50-54)	92	10	CHARNECA STARS
604	210	RAQUEL BATALHA	0:58:43.86	0:58:38.09	22	F	Sen F (18-34)	93	36	HEROBOX
605	513	RUI CASIMIRO	0:58:43.87	0:58:43.87	49	M	VetIII M (45-49)	512	92	
606	687	MÁRIO ANDRADE	0:58:43.94	0:58:43.94	53	M	VetIV M (50-54)	513	69	C MILLENNIUM BCP
607	684	MARTA PEREIRA	0:58:43.99	0:58:43.99	44	F	VetII F (40-44)	94	15	C MILLENNIUM BCP
608	512	CARLA GEADA	0:58:44.63	0:58:44.63	46	F	VetIII F (45-49)	95	13	
609	594	JOAO COSTA	0:58:45.26	0:58:45.26	55	M	VetV M (55-59)	514	43	CLUBE NOVO BANCO
610	673	JOÃO FERREIRA	0:58:45.36	0:58:45.36	43	M	VetII M (40-44)	515	78	LEO GYM
611	743	JORGE BAPTISTA	0:58:45.80	0:58:45.80	26	M	Sen M (18-34)	516	125	
612	1199	TIAGO MARQUES	0:58:48.13	0:57:34.36	40	M	VetII M (40-44)	517	79	LEROY MERLIN SC
613	1193	CLAUDIA MATOS	0:58:48.13	0:57:34.78	42	F	VetII F (40-44)	96	16	LEROY MERLIN SC
614	730	DANYEL CUNHA	0:58:49.43	0:58:49.43	48	M	VetIII M (45-49)	518	93	
615	977	PEDRO ALMEIDA	0:58:51.39	0:57:52.47	33	M	Sen M (18-34)	519	126	
616	1150	FERNANDA SIMÕES	0:58:51.92	0:57:45.08	49	F	VetIII F (45-49)	97	14	
617	471	ARTUR FARINHA	0:58:52.60	0:58:52.60	59	M	VetV M (55-59)	520	44	
618	747	LUÍS CORREIA	0:58:52.95	0:58:52.95	46	M	VetIII M (45-49)	521	94	NO LIMIT RUNNERS
619	300	ANDRÉ CARVALHO	0:58:53.91	0:58:27.78	36	M	VetI M (35-39)	522	74	
620	518	NAIRA RITO	0:58:54.82	0:58:54.82	36	F	VetI F (35-39)	98	11	
621	1140	MARTA ZYGZULA	0:58:55.31	0:58:27.33	29	F	Sen F (18-34)	99	37	
622	1146	JOÃO BOIEIRO	0:58:55.96	0:57:29.98	23	M	Sen M (18-34)	523	127	



CORRIDA CAIXA

16 ABRIL



623	928	FRANCISCO VERDELHO	0:58:57.00	0:58:26.55	26	M	Sen M (18-34)	524	128	
624	1055	JOÃO SILVEIRA	0:58:58.15	0:57:33.20	54	M	VetIV M (50-54)	525	70	SS CGD
625	741	SUSANA BOLAS	0:58:59.54	0:58:59.54	33	F	Sen F (18-34)	100	38	SAGD
626	460	JOÃO FERNANDES	0:59:00.88	0:59:00.88	42	M	VetII M (40-44)	526	80	
627	763	JOÃO SANTOS	0:59:02.42	0:59:02.42	35	M	VetI M (35-39)	527	75	
628	836	JOSÉ PEIXOTO	0:59:03.00	0:57:54.00	46	M	VetIII M (45-49)	528	95	CGD-DSI
629	239	ADELINO PEREIRA	0:59:04.75	0:58:32.53	59	M	VetV M (55-59)	529	45	RUN2FINISH.PT
630	243	MANUEL PAULO	0:59:04.82	0:58:32.27	66	M	VetVII M (65-69)	530	17	RUN2FINISH.PT
631	394	PEDRO ALMEIDA	0:59:05.13	0:58:23.91	46	M	VetIII M (45-49)	531	96	
632	1034	CRISTIANA REIS	0:59:06.48	0:58:10.76	44	F	VetII F (40-44)	101	17	SS CGD
633	1170	CARLOS FERREIRA	0:59:07.35	0:58:55.30	66	M	VetVII M (65-69)	532	18	ND AUTOCOOPE
634	515	FERNANDO CARDIA	0:59:09.47	0:59:09.47	54	M	VetIV M (50-54)	533	71	
635	1113	SOFIA CUNHA	0:59:09.75	0:58:28.67	40	F	VetII F (40-44)	102	18	SS CGD
636	346	FRANCISCO PLIRÚ	0:59:10.17	0:58:00.98	38	M	VetI M (35-39)	534	76	NESHA HOP & RUN TEAM
637	274	PEDRO ASSUNÇÃO	0:59:10.74	0:58:01.82	47	M	VetIII M (45-49)	535	97	O ULTIMO APAGA A LUZ
638	1111	SILVIA PEDRO	0:59:14.03	0:57:56.20	53	F	VetIV F (50-54)	103	11	SS CGD
639	1069	LUIS QUENTAL	0:59:14.33	0:58:20.37	56	M	VetV M (55-59)	536	46	SS CGD
640	1165	JOÃO SILVA	0:59:15.76	0:57:46.94	26	M	Sen M (18-34)	537	129	
641	1334	MARIA FERNANDES	0:59:16.22	0:59:13.65	65	F	VetVII F (65-69)	104	1	AMIGOSDACORRIDA
642	970	ANA VARANDA	0:59:17.74	0:59:10.92	45	F	VetIII F (45-49)	105	15	AZA-AZAMBUJA COM ALMA
643	1107	RUI SOARES	0:59:18.61	0:58:37.53	48	M	VetIII M (45-49)	538	98	SS CGD
644	133	PEDRO GONÇALVES	0:59:19.64	0:59:19.64	27	M	Sen M (18-34)	539	130	FORTUNATO
645	1161	PAULA CARVALHO	0:59:20.37	0:58:03.79	33	F	Sen F (18-34)	106	39	
646	1145	MARGARIDA CRUZ	0:59:20.62	0:58:02.10	32	F	Sen F (18-34)	107	40	
647	498	SERGIO CARAMONA	0:59:21.44	0:59:21.44	29	M	Sen M (18-34)	540	131	
648	765	TIAGO SERAFIM	0:59:21.77	0:59:21.77	29	M	Sen M (18-34)	541	132	CGD-DC



649	502	BRUNO PINTO	0:59:22.48	0:59:22.48	45	M	VetIII M (45-49)	542	99	
650	1017	ALVARO FURTADO	0:59:23.47	0:58:52.65	64	M	VetVI M (60-64)	543	16	SS CGD
651	1072	MANUEL BAPTISTA	0:59:24.09	0:58:33.03	58	M	VetV M (55-59)	544	47	SS CGD
652	144	CAMILA ROCHA	0:59:25.82	0:58:24.44	42	F	VetII F (40-44)	108	19	
653	1203	RUI MARQUES	0:59:27.56	0:58:03.70	47	M	VetIII M (45-49)	545	100	
654	501	PEDRO BISCAIA	0:59:31.62	0:59:31.62	48	M	VetIII M (45-49)	546	101	
655	477	RENATO VELOSO	0:59:32.01	0:59:32.01	37	M	VetI M (35-39)	547	77	
656	1105	RUI MARTINS	0:59:32.30	0:58:26.08	43	M	VetII M (40-44)	548	81	SS CGD
657	495	JOAQUIM GUERREIRO	0:59:33.15	0:59:33.15	68	M	VetVII M (65-69)	549	19	
658	503	SILVIA BETTENCOURT	0:59:35.23	0:59:35.23	38	F	VetI F (35-39)	109	12	
659	710	TIAGO PINTO	0:59:35.57	0:59:35.57	42	M	VetII M (40-44)	550	82	
660	479	MIGUEL SOBRAL	0:59:37.19	0:59:37.19	34	M	Sen M (18-34)	551	133	
661	863	ALEXANDRA CENTENO	0:59:38.02	0:58:59.92	50	F	VetIV F (50-54)	110	12	GRUPO CORRIDA JCS
662	1272	LUIS AZEVEDO	0:59:38.20	0:58:23.96	61	M	VetVI M (60-64)	552	17	
663	966	FERNANDO CARREIRO	0:59:38.24	0:58:15.74	61	M	VetVI M (60-64)	553	18	CARTAXEIRO
664	705	JOÃO VIEIRA	0:59:38.25	0:59:38.25	37	M	VetI M (35-39)	554	78	
665	1346	GENINHA ANDRADE	0:59:41.05	0:59:30.31	44	F	VetII F (40-44)	111	20	AMINHACORRIDA PACERS
666	1106	RUI PALMA	0:59:50.70	0:59:32.34	44	M	VetII M (40-44)	555	83	SS CGD
667	837	SILVIO PEREIRA	0:59:52.68	0:59:45.53	44	M	VetII M (40-44)	556	84	
668	649	BRUNO MARQUITOS	0:59:52.83	0:59:52.83	25	M	Sen M (18-34)	557	134	UTRASFIT
669	650	ALEXANDRE QUINTELA	0:59:53.19	0:59:53.19	26	M	Sen M (18-34)	558	135	UTRASFIT
670	732	ALBERTO CARVALHO	0:59:55.97	0:59:55.97	65	M	VetVII M (65-69)	559	20	AFRS
671	176	SANDRA LEITE	0:59:57.48	0:58:31.73	42	F	VetII F (40-44)	112	21	
672	770	LÉO REIS	0:59:59.74	0:59:59.74	35	M	VetI M (35-39)	560	79	
673	207	CATARINA SILVA	1:00:00.08	0:58:39.14	26	F	Sen F (18-34)	113	41	
674	208	CARLOS SILVA	1:00:01.26	0:58:38.51	64	M	VetVI M (60-64)	561	19	



675	1282	MIGUEL CALDAS	1:00:01.83	0:59:52.00	58	M	VetV M (55-59)	562	48	
676	500	ARLINDO ROLO	1:00:02.24	1:00:02.24	54	M	VetIV M (50-54)	563	72	
677	660	LUIS MARQUES	1:00:03.59	1:00:03.59	55	M	VetV M (55-59)	564	49	
678	448	NUNO FERNANDES	1:00:04.68	0:58:41.97	47	M	VetIII M (45-49)	565	102	
679	908	HUGO BUBENIK	1:00:05.44	0:59:15.40	34	M	Sen M (18-34)	566	136	
680	589	MANUELA LOPES	1:00:06.33	1:00:06.33	48	F	VetIII F (45-49)	114	16	CLUBE NOVO BANCO
681	592	EMILIA BORGES	1:00:06.53	1:00:06.53	60	F	VetVI F (60-64)	115	5	CLUBE NOVO BANCO
682	191	JOAO CORDEIRO	1:00:09.41	0:58:47.23	34	M	Sen M (18-34)	567	137	
683	459	JOÃO BRITO	1:00:10.94	1:00:10.94	30	M	Sen M (18-34)	568	138	
684	872	CATARINA PEREIRA	1:00:11.09	0:59:58.50	31	F	Sen F (18-34)	116	42	GRUPO CORRIDA JCS
685	1052	JOAO HENRIQUES	1:00:13.47	0:59:06.90	48	M	VetIII M (45-49)	569	103	SS CGD
686	1092	PEDRO FONTOURA	1:00:17.25	0:59:14.62	52	M	VetIV M (50-54)	570	73	SS CGD
687	1098	RAUL MACHADO	1:00:18.25	0:59:51.54	64	M	VetVI M (60-64)	571	20	SS CGD
688	1109	SANDRO COSTA	1:00:18.75	0:59:00.81	42	M	VetII M (40-44)	572	85	SS CGD
689	112	MANUEL MANTEIGAS	1:00:20.60	1:00:09.68	39	M	VetI M (35-39)	573	80	
690	598	DINIS MARTINS	1:00:24.25	1:00:24.25	52	M	VetIV M (50-54)	574	74	CLUBE NOVO BANCO
691	189	ANA CARTROGA	1:00:24.52	0:58:38.89	45	F	VetIII F (45-49)	117	17	M&MS
692	188	HUGO MARQUES	1:00:25.79	0:58:40.39	45	M	VetIII M (45-49)	575	104	M&MS
693	411	RAFAEL LOUREIRO	1:00:27.55	0:59:50.60	29	M	Sen M (18-34)	576	139	CCD CRÉDITO AGRÍCOLA
694	776	PEDRO PARADINHA	1:00:35.58	1:00:35.58	31	M	Sen M (18-34)	577	140	
695	146	GILBERTO GONÇALVES	1:00:42.19	0:59:51.76	74	M	VetVIII M (70-99)	578	6	CAA BELEM
696	185	MARIA VELOSO	1:00:42.81	1:00:37.98	71	F	VetVIII F (70-99)	118	1	
697	1148	ANTÓNIO SANTOS	1:00:43.57	1:00:33.19	52	M	VetIV M (50-54)	579	75	
698	1164	ARMANDO RODRIGUES	1:00:43.62	1:00:05.86	35	M	VetI M (35-39)	580	81	
699	975	MARIA ANDRADE	1:00:57.28	0:59:51.60	27	F	Sen F (18-34)	119	43	
700	231	FERNANDO MARTINS	1:00:58.89	0:59:42.38	59	M	VetV M (55-59)	581	50	6594485



701	793	J. RODRIGUES	1:01:03.21	1:01:03.21	54	M	VetIV M (50-54)	582	76	CAA BELEM
702	621	LIDIA RAMOS	1:01:08.78	1:01:08.78	49	F	VetIII F (45-49)	120	18	
703	620	CARLA CERQUEIRA	1:01:09.09	1:01:09.09	41	F	VetII F (40-44)	121	22	
704	1323	ANTONIO LIMA	1:01:10.06	1:00:34.98	49	M	VetIII M (45-49)	583	105	RIVEIRINHOS
705	701	TIAGO FIGUEIREDO	1:01:12.99	1:01:12.99	33	M	Sen M (18-34)	584	141	RANDSTAD
706	135	LUIS PROENÇA	1:01:14.35	1:00:22.32	53	M	VetIV M (50-54)	585	77	
707	525	MARCO MARCO	1:01:15.76	1:01:15.76	55	M	VetV M (55-59)	586	51	
708	201	SUSANA COELHO	1:01:16.01	0:59:33.31	44	F	VetII F (40-44)	122	23	DUO ELA E ELE
709	996	CARLOS RYDIN	1:01:20.00	1:01:20.00	61	M	VetVI M (60-64)	587	21	RYDIN
710	596	MANUEL ANASTACIO	1:01:23.65	1:01:23.65	54	M	VetIV M (50-54)	588	78	CLUBE NOVO BANCO
711	896	PEDRO MEDEIROS	1:01:31.11	0:59:44.80	32	M	Sen M (18-34)	589	142	GRUPO CORRIDA JCS
712	787	RUI PASTOR	1:01:31.56	1:01:31.56	50	M	VetIV M (50-54)	590	79	CCDT METRO LX
713	887	LUÍS VAZ	1:01:32.50	1:01:05.37	37	M	VetI M (35-39)	591	82	GRUPO CORRIDA JCS
714	1238	PEDRO AMARAL	1:01:32.65	1:00:19.82	55	M	VetV M (55-59)	592	52	PRIBERAM
715	625	NUNO NUNES	1:01:35.15	1:01:35.15	49	M	VetIII M (45-49)	593	106	CAA BELEM
716	1235	ROGÉRIO DIAS	1:01:37.11	1:00:56.02	51	M	VetIV M (50-54)	594	80	CCD TRANQUILIDADE
717	1125	ANA SOARES	1:01:39.07	1:00:17.17	37	F	VetI F (35-39)	123	13	
718	728	CATARINA GONÇALVES	1:01:41.64	1:01:41.64	46	F	VetIII F (45-49)	124	19	
719	443	FRANCISCO SANTOS	1:01:41.84	1:01:18.68	67	M	VetVII M (65-69)	595	21	
720	563	CRISTINA VALADAS	1:01:43.02	1:01:43.02	33	F	Sen F (18-34)	125	44	
721	904	RUI ANTUNES	1:01:43.28	1:01:30.78	53	M	VetIV M (50-54)	596	81	GRUPO CORRIDA JCS
722	109	JOEL GINGA	1:01:45.84	1:01:31.96	42	M	VetII M (40-44)	597	86	
723	1147	BRUNO TEIXEIRA	1:01:46.05	1:01:29.60	43	M	VetII M (40-44)	598	87	
724	749	FRANCISCO TEIXEIRA	1:01:49.79	1:01:49.79	28	M	Sen M (18-34)	599	143	
725	1006	MANUELA MACHADO	1:01:50.78	1:00:55.00	57	F	VetV F (55-59)	126	8	
726	1305	LUCINDA BAPTISTA	1:01:53.49	1:01:49.01	52	F	VetIV F (50-54)	127	13	SERVIÇOS SOCIAIS MONTEPIO



727	775	MARGARIDA GALVÃO	1:01:55.35	1:01:55.35	21	F	Sen F (18-34)	128	45	
728	742	ANA GONCALVES	1:01:58.90	1:01:58.90	34	F	Sen F (18-34)	129	46	
729	171	FERNANDO GONÇALVES	1:02:00.35	1:02:00.35	53	M	VetIV M (50-54)	600	82	CGD-SSCGD
730	807	GONÇALO FARIA	1:02:01.68	1:02:01.68	19	M	Sen M (18-34)	601	144	
731	680	LEONEL BRANDAO	1:02:03.30	1:02:03.30	55	M	VetV M (55-59)	602	53	C MILLENNIUM BCP
732	735	NUNO AMANTE	1:02:03.66	1:02:03.66	32	M	Sen M (18-34)	603	145	
733	734	MARGARIDA CORDEIRO	1:02:03.99	1:02:03.99	33	F	Sen F (18-34)	130	47	
734	736	JORGE VAZ	1:02:04.68	1:02:04.68	33	M	Sen M (18-34)	604	146	
735	789	MARTA PINTO	1:02:06.81	1:02:06.81	26	F	Sen F (18-34)	131	48	
736	643	JOÃO MOACHO	1:02:06.91	1:02:06.91	65	M	VetVII M (65-69)	605	22	LINDA PASTORA SC
737	44	JOAO ALMEIDA	1:02:16.68	1:00:53.45	36	M	VetI M (35-39)	606	83	
738	1162	VICTOR NETO	1:02:17.39	1:01:28.49	55	M	VetV M (55-59)	607	54	
739	1163	MATHILDE NETO	1:02:17.55	1:01:28.92	28	F	Sen F (18-34)	132	49	
740	1308	PAULO PINHEIRO	1:02:24.18	1:01:24.75	48	M	VetIII M (45-49)	608	107	SERVIÇOS SOCIAIS MONTEPIO
741	1041	FERNANDO ALVES	1:02:26.47	1:01:48.81	61	M	VetVI M (60-64)	609	22	SS CGD
742	1115	TERESA MARTINS	1:02:27.64	1:02:19.28	64	F	VetVI F (60-64)	133	6	SS CGD
743	974	ANA EMANUEL	1:02:30.80	1:02:07.32	40	F	VetII F (40-44)	134	24	OS MAPOTA'S
744	973	FERNANDO EMANUEL	1:02:33.17	1:02:09.53	43	M	VetII M (40-44)	610	88	OS MAPOTA'S
745	1268	TIAGO GALEGO	1:02:34.39	1:02:12.12	44	M	VetII M (40-44)	611	89	NAVIGATOR CLUBE SETÚBAL
746	403	CARLA BAPTISTA	1:02:34.70	1:01:59.29	42	F	VetII F (40-44)	135	25	CCD CRÉDITO AGRÍCOLA
747	805	ANA PATRÍCIO	1:02:39.05	1:02:39.05	31	F	Sen F (18-34)	136	50	
748	511	PAULA GEADA	1:02:41.56	1:02:41.56	52	F	VetIV F (50-54)	137	14	
749	367	PAULO FALCÃO	1:02:43.30	1:01:18.45	36	M	VetI M (35-39)	612	84	
750	1037	DORA PIRES	1:02:44.63	1:01:42.45	57	F	VetV F (55-59)	138	9	SS CGD
751	642	PAULO SOEIRO	1:02:48.16	1:02:48.16	45	M	VetIII M (45-49)	613	108	
752	137	TIAGO COSTA	1:02:49.44	1:01:48.35	39	M	VetI M (35-39)	614	85	



753	662	TERESA ATANÁSIO	1:02:54.36	1:02:54.36	46	F	VetIII F (45-49)	139	20	
754	931	SERGIO PEREIRA	1:02:58.37	1:02:34.90	50	M	VetIV M (50-54)	615	83	
755	1221	JOÃO SERRA	1:03:00.37	1:02:37.55	51	M	VetIV M (50-54)	616	84	CCD TRANQUILIDADE
756	1220	ISABEL MOTA	1:03:00.45	1:02:37.34	49	F	VetIII F (45-49)	140	21	CCD TRANQUILIDADE
757	1123	JOÃO SOUSA	1:03:04.26	1:02:20.28	39	M	VetI M (35-39)	617	86	
758	847	HENRIQUE LUÍS	1:03:05.69	1:02:58.26	21	M	Sen M (18-34)	618	147	
759	1080	NUNO OLIVEIRA	1:03:07.44	1:02:53.58	48	M	VetIII M (45-49)	619	109	SS CGD
760	1152	ANDRÉ ALMEIDA	1:03:11.20	1:02:35.76	25	M	Sen M (18-34)	620	148	CCD CRÉDITO AGRÍCOLA
761	657	PEDRO BAPTISTA	1:03:12.60	1:03:12.60	35	M	VetI M (35-39)	621	87	
762	198	JOANA PALMELA	1:03:15.94	1:03:14.89	39	F	VetI F (35-39)	141	14	
763	957	ANTÓNIO COSTA	1:03:21.62	1:02:04.68	62	M	VetVI M (60-64)	622	23	
764	827	DIAMANTINO ALBUQUERQUE	1:03:22.63	1:03:12.23	69	M	VetVII M (65-69)	623	23	CD MAFRA
765	826	JORGE PAULINO	1:03:23.56	1:03:13.19	67	M	VetVII M (65-69)	624	24	CD MAFRA
766	1314	ROZITTA SILVA	1:03:25.58	1:03:02.04	36	F	VetI F (35-39)	142	15	CUA BENAVENTENSE - 3B TRIATLO
767	1237	TAM AFONSO	1:03:26.02	1:02:33.42	70	M	VetVIII M (70-99)	625	7	CCD TRANQUILIDADE
768	1266	JOAQUINA VALENTE	1:03:26.17	1:02:47.58	63	F	VetVI F (60-64)	143	7	
769	965	ALEXANDRA MELO	1:03:26.34	1:02:52.96	29	F	Sen F (18-34)	144	51	
770	1276	RITA GARCÍA-MON	1:03:30.24	1:02:59.31	31	F	Sen F (18-34)	145	52	
771	1202	CARLOS RODRIGUES	1:03:31.30	1:02:09.43	52	M	VetIV M (50-54)	626	85	
772	383	ANA MANZONI	1:03:31.54	1:02:57.08	51	F	VetIV F (50-54)	146	15	
773	124	LUIS MELO	1:03:36.20	1:02:59.76	42	M	VetII M (40-44)	627	90	
774	426	MARISA BRÁS	1:03:36.63	1:02:28.28	34	F	Sen F (18-34)	147	53	
775	1090	PEDRO COSTA	1:03:37.55	1:02:33.60	51	M	VetIV M (50-54)	628	86	SS CGD
776	1093	PEDRO GOMES	1:03:39.18	1:02:49.70	42	M	VetII M (40-44)	629	91	SS CGD
777	168	JOÃO COSTA	1:03:39.62	1:02:47.21	54	M	VetIV M (50-54)	630	87	
778	352	MARGARETE FERREIRA	1:03:40.69	1:03:09.11	54	F	VetIV F (50-54)	148	16	



779	803	ISABEL GODINHO	1:03:41.08	1:03:41.08	29	F	Sen F (18-34)	149	54	NAOSRUN
780	623	JOÃO CUNHA	1:03:43.83	1:03:43.83	35	M	VetI M (35-39)	631	88	
781	1126	VASCO SOARES	1:03:49.13	1:02:27.55	64	M	VetVI M (60-64)	632	24	
782	750	DIOGO LOPES	1:03:52.14	1:03:52.14	35	M	VetI M (35-39)	633	89	
783	855	BRUNA ABRUNHOSA	1:03:59.00	1:02:37.71	30	F	Sen F (18-34)	150	55	
784	1253	CLOÉ MAGALHÃES	1:03:59.06	1:02:50.31	37	F	VetI F (35-39)	151	16	GDC BANCO DE PORTUGAL
785	1085	PAULO BONACHO	1:03:59.31	1:03:39.04	50	M	VetIV M (50-54)	634	88	SS CGD
786	854	NUNO BORGES	1:03:59.42	1:02:38.97	49	M	VetIII M (45-49)	635	110	
787	1137	DAVID OLIVEIRA	1:04:01.68	1:03:01.57	29	M	Sen M (18-34)	636	149	
788	445	TIAGO NEVES	1:04:02.99	1:03:12.21	24	M	Sen M (18-34)	637	150	
789	1022	ANDRE NORONHA	1:04:04.06	1:03:32.78	58	M	VetV M (55-59)	638	55	SS CGD
790	1033	CRISTIANA ALMEIDA	1:04:04.18	1:03:32.81	58	F	VetV F (55-59)	152	10	SS CGD
791	378	SUSANA GOMES	1:04:05.61	1:03:12.87	36	F	VetI F (35-39)	153	17	
792	446	NUNO PIRES	1:04:07.28	1:03:52.64	29	M	Sen M (18-34)	639	151	
793	434	ADELAIDE MANHICA	1:04:07.79	1:04:00.02	64	F	VetVI F (60-64)	154	8	
794	374	CLÁUDIA MIRA	1:04:16.48	1:02:57.67	26	F	Sen F (18-34)	155	56	AS MALUQUINHAS DAS CORRIDAS
795	571	MÁRIO GONÇALVES	1:04:17.27	1:04:17.27	38	M	VetI M (35-39)	640	90	
796	967	MONICA CANDEIAS	1:04:19.18	1:02:49.02	45	F	VetIII F (45-49)	156	22	PERNAS DE PAU
797	556	INÊS FERREIRA	1:04:19.28	1:04:19.28	27	F	Sen F (18-34)	157	57	
798	968	RITA CANDEIAS	1:04:19.72	1:02:48.98	38	F	VetI F (35-39)	158	18	PERNAS DE PAU
799	143	MARIO PIRES	1:04:22.15	1:04:22.15	64	M	VetVI M (60-64)	641	25	
800	856	PAULO MONTEIRO	1:04:22.37	1:03:25.50	29	M	Sen M (18-34)	642	152	
801	1215	DINA NUNES	1:04:27.04	1:03:14.25	48	F	VetIII F (45-49)	159	23	CCD TRANQUILIDADE
802	101	NELSON PANTALEÃO	1:04:27.44	1:03:29.38	44	M	VetII M (40-44)	643	92	
803	1333	ANTONIO JUBILADO	1:04:28.06	1:03:55.01	66	M	VetVII M (65-69)	644	25	
804	1255	VANESSA LOUREIRO	1:04:29.67	1:03:29.50	33	F	Sen F (18-34)	160	58	GDC BANCO DE PORTUGAL



CORRIDA CAIXA

16 ABRIL



805	136	JOSÉ CORDEIRO	1:04:29.81	1:03:28.64	41	M	VetII M (40-44)	645	93	
806	416	FRANCISCO PAULOS	1:04:33.71	1:04:08.03	45	M	VetIII M (45-49)	646	111	BANDIDOS
807	1013	CATARINA AFONSO	1:04:42.86	1:04:36.45	45	F	VetIII F (45-49)	161	24	RUN&WIN(E)
808	457	HERMÍNIO COSTA	1:04:45.88	1:04:45.88	61	M	VetVI M (60-64)	647	26	
809	351	KEV HARRISON	1:04:47.31	1:03:34.56	43	M	VetII M (40-44)	648	94	
810	1020	ANA FEIJÓ	1:04:48.28	1:04:33.27	37	F	VetI F (35-39)	162	19	SS CGD
811	1200	ANTÓNIO CORREIA	1:04:52.26	1:03:38.02	65	M	VetVII M (65-69)	649	26	
812	718	ESMERALDO GONÇALVES	1:04:55.59	1:04:55.59	50	M	VetIV M (50-54)	650	89	CDCR DOS CTT
813	719	SANDRA GONÇALVES	1:04:56.18	1:04:56.18	49	F	VetIII F (45-49)	163	25	CDCR DOS CTT
814	801	ANA PARRACHO	1:04:57.92	1:04:57.92	57	F	VetV F (55-59)	164	11	CCD SIEMENS
815	291	GABRIELA CRUZ	1:04:58.82	1:04:30.25	47	F	VetIII F (45-49)	165	26	
816	129	FRANCISCO FERREIRA	1:04:59.13	1:03:40.78	31	M	Sen M (18-34)	651	153	
817	215	JOSÉ CRUZ	1:05:10.24	1:04:09.22	69	M	VetVII M (65-69)	652	27	
818	1295	PAULO RIBEIRO	1:05:11.61	1:04:37.65	45	M	VetIII M (45-49)	653	112	
819	1269	ANA MADEIRA	1:05:11.72	1:04:37.42	47	F	VetIII F (45-49)	166	27	
820	1275	JOSÉ DIAS	1:05:16.18	1:05:16.18	23	M	Sen M (18-34)	654	154	IRMÃOS METRALHA
821	273	JOÃO ASSUNÇÃO	1:05:17.16	1:04:06.80	39	M	VetI M (35-39)	655	91	O ULTIMO APAGA A LUZ
822	244	FILIPA GOMES	1:05:19.95	1:04:55.84	23	F	Sen F (18-34)	167	59	
823	325	PEDRO TOJO	1:05:20.01	1:05:06.69	43	M	VetII M (40-44)	656	95	
824	1214	CLAUDIA TAM	1:05:23.71	1:04:02.27	41	F	VetII F (40-44)	168	26	CCD TRANQUILIDADE
825	1227	ANA SIMOES	1:05:25.55	1:04:27.13	24	F	Sen F (18-34)	169	60	CCD TRANQUILIDADE
826	1236	MARGARIDA VEIGA	1:05:25.64	1:04:27.45	24	F	Sen F (18-34)	170	61	CCD TRANQUILIDADE
827	1159	KARINA BARCELOS	1:05:31.22	1:04:08.69	40	F	VetII F (40-44)	171	27	
828	756	GONÇALO ALVES	1:05:31.30	1:05:31.30	24	M	Sen M (18-34)	657	155	
829	858	TERESA AGOSTINHO	1:05:31.42	1:04:16.91	52	F	VetIV F (50-54)	172	17	
830	978	JOÃO PITÔRRA	1:05:31.50	1:04:17.51	49	M	VetIII M (45-49)	658	113	



831	240	ANTÓNIO MARTINS	1:05:34.23	1:04:57.37	51	M	VetIV M (50-54)	659	90	RUN2FINISH.PT
832	853	DIOGO SANTOS	1:05:35.41	1:05:10.39	19	M	Sen M (18-34)	660	156	FAMÍLIA BARBEITOS SANTOS
833	851	MARCO SANTOS	1:05:35.52	1:05:11.23	46	M	VetIII M (45-49)	661	114	FAMÍLIA BARBEITOS SANTOS
834	852	INÊS SANTOS	1:05:35.55	1:05:11.95	21	F	Sen F (18-34)	173	62	FAMÍLIA BARBEITOS SANTOS
835	1060	JOSE FERREIRA	1:05:36.05	1:04:58.70	67	M	VetVII M (65-69)	662	28	SS CGD
836	603	DIANA BRANCO	1:05:42.11	1:05:42.11	28	F	Sen F (18-34)	174	63	
837	567	HELENA LUÍS	1:05:48.50	1:05:48.50	47	F	VetIII F (45-49)	175	28	
838	875	CRISTINA BAPTISTA	1:05:49.99	1:05:05.97	53	F	VetIV F (50-54)	176	18	GRUPO CORRIDA JCS
839	891	MARTA LIMA	1:05:50.33	1:05:06.76	42	F	VetII F (40-44)	177	28	GRUPO CORRIDA JCS
840	890	MARISA DIAS	1:05:50.82	1:05:05.65	39	F	VetI F (35-39)	178	20	GRUPO CORRIDA JCS
841	871	CATARINA OLIVEIRA	1:05:52.79	0:59:19.58	27	F	Sen F (18-34)	179	64	GRUPO CORRIDA JCS
842	980	JEREMIAS RIBEIRO	1:05:54.21	1:05:13.89	79	M	VetVIII M (70-99)	663	8	
843	834	KRISTINA RUDAKOVA	1:05:54.52	1:04:28.25	27	F	Sen F (18-34)	180	65	69
844	155	RAFAELA GONÇALVES	1:05:54.89	1:05:25.14	29	F	Sen F (18-34)	181	66	CÁ CALHARÁS
845	1335	SILVIA LOURENÇO	1:05:56.59	1:04:51.23	50	F	VetIV F (50-54)	182	19	GD SANTANDER TOTTA
846	178	DAVID ALMEIDA	1:05:56.74	1:04:40.13	51	M	VetIV M (50-54)	664	91	
847	277	FRANCISCO SANTOS	1:05:58.70	1:05:00.64	62	M	VetVI M (60-64)	665	27	RESISTENTES DO PALÁCIO
848	276	LUÍS VERDELHO	1:05:58.87	1:04:59.27	68	M	VetVII M (65-69)	666	29	RESISTENTES DO PALÁCIO
849	253	PEDRO FONSECA	1:06:03.93	1:05:18.41	38	M	VetI M (35-39)	667	92	
850	906	SANDRA BARATA	1:06:07.72	1:05:23.03	51	F	VetIV F (50-54)	183	20	GRUPO CORRIDA JCS
851	138	JUDITE BASILIO	1:06:10.14	1:05:31.22	59	F	VetV F (55-59)	184	12	
852	663	MARIANA RAVASCO	1:06:10.41	1:06:10.41	29	F	Sen F (18-34)	185	67	
853	184	CRISTINA SOARES	1:06:15.26	1:05:07.57	49	F	VetIII F (45-49)	186	29	
854	688	PEDRO DIAS	1:06:16.02	1:06:16.02	39	M	VetI M (35-39)	668	93	C MILLENNIUM BCP
855	1307	LUIS LOURENÇO	1:06:22.60	1:06:17.53	46	M	VetIII M (45-49)	669	115	SERVIÇOS SOCIAIS MONTEPIO
856	1312	TERESA QUARESMA	1:06:23.01	1:06:17.47	48	F	VetIII F (45-49)	187	30	SERVIÇOS SOCIAIS MONTEPIO



857	948	JOÃO SOUSA	1:06:23.80	1:05:02.51	38	M	VetI M (35-39)	670	94	
858	691	RUI FIDALGO	1:06:27.36	1:06:27.36	55	M	VetV M (55-59)	671	56	C MILLENNIUM BCP
859	810	CARLOS GONÇALVES	1:06:27.42	1:06:27.42	45	M	VetIII M (45-49)	672	116	
860	1304	JOÃO DIEGUES	1:06:30.61	1:06:30.61	51	M	VetIV M (50-54)	673	92	SERVIÇOS SOCIAIS MONTEPIO
861	357	LAURA COELHO	1:06:35.06	1:05:30.59	54	F	VetIV F (50-54)	188	21	RUNNING4FUN
862	356	ANINHA SOUSA	1:06:35.36	1:05:31.41	34	F	Sen F (18-34)	189	68	RUNNING4FUN
863	1100	RITA ANTUNES	1:06:40.88	1:05:27.60	45	F	VetIII F (45-49)	190	31	SS CGD
864	881	ISABEL VAZ	1:06:42.14	1:05:58.59	42	F	VetII F (40-44)	191	29	GRUPO CORRIDA JCS
865	455	NUNO COSTA	1:06:42.59	1:06:42.59	69	M	VetVII M (65-69)	674	30	
866	704	SARA FERNANDES	1:06:44.47	1:06:44.47	34	F	Sen F (18-34)	192	69	
867	798	DR COLACO	1:06:45.59	1:06:45.59	53	M	VetIV M (50-54)	675	93	CARACÓIS DE PEDRA
868	186	RITA SANTOS	1:06:48.97	1:06:48.97	37	F	VetI F (35-39)	193	21	ALUNOS LN
869	309	HELDER MONTEIRO	1:06:49.04	1:05:38.71	48	M	VetIII M (45-49)	676	117	ALUNOS LN
870	1352	LUIZ ROSA	1:07:10.14	1:06:16.52	69	M	VetVII M (65-69)	677	31	CAA BELEM
871	142	CRISTINA BRIZIDO	1:07:12.57	1:06:35.09	46	F	VetIII F (45-49)	194	32	
872	121	MANUEL SOARES	1:07:29.72	1:06:03.30	36	M	VetI M (35-39)	678	95	
873	1091	PEDRO CLAUDIO	1:07:29.76	1:06:46.15	55	M	VetV M (55-59)	679	57	SS CGD
874	122	JOANA LOPES	1:07:29.83	1:06:03.03	36	F	VetI F (35-39)	195	22	
875	1030	CARLOS LEITÃO	1:07:37.64	1:06:31.63	59	M	VetV M (55-59)	680	58	SS CGD
876	1114	SUSANA JESUS	1:07:38.23	1:06:32.09	48	F	VetIII F (45-49)	196	33	SS CGD
877	1015	ALEXANDRE FERREIRA	1:07:38.39	1:06:25.98	42	M	VetII M (40-44)	681	96	SS CGD
878	229	INÊS NUNES	1:07:41.95	1:07:31.28	34	F	Sen F (18-34)	197	70	
879	1177	INÊS NUNES	1:07:42.90	1:07:27.21	33	F	Sen F (18-34)	198	71	
880	354	INÊS LOURENÇO	1:07:46.19	1:06:41.12	38	F	VetI F (35-39)	199	23	RUNNING4FUN
881	158	RITA TOMAZ	1:07:47.13	1:06:48.54	30	F	Sen F (18-34)	200	72	
882	232	PATRÍCIA TAVARES	1:08:00.48	1:06:46.84	43	F	VetII F (40-44)	201	30	CGD-DMF



883	247	DAVID MORAIS	1:08:09.61	1:07:09.87	37	M	VetI M (35-39)	682	96	
884	1318	NUNO CORDEIRO	1:08:24.47	1:08:00.13	48	M	VetIII M (45-49)	683	118	CUA BENAVENTENSE - 3B TRIATLO
885	1315	ANA FERREIRA	1:08:24.49	1:08:00.94	33	F	Sen F (18-34)	202	73	CUA BENAVENTENSE - 3B TRIATLO
886	337	INÊS ARAÚJO	1:08:25.40	1:07:01.11	58	F	VetV F (55-59)	203	13	
887	1120	THOMAS GANGSTAD	1:08:26.09	1:07:53.88	32	M	Sen M (18-34)	684	157	
888	1343	FÁBIO PIO	1:08:26.23	1:08:10.98	51	M	VetIV M (50-54)	685	94	GD SANTANDER TOTTA
889	1046	HENRIQUE MOUTA	1:08:28.31	1:07:18.37	43	M	VetII M (40-44)	686	97	SS CGD
890	1288	CARLOS CRESPO	1:08:29.64	1:07:51.07	60	M	VetVI M (60-64)	687	28	CF OS BELENENSES
891	1043	FRANCISCO CLERIGO	1:08:29.66	1:08:29.66	69	M	VetVII M (65-69)	688	32	SS CGD
892	1225	LUIS PALMEIRO	1:08:31.28	1:07:38.69	53	M	VetIV M (50-54)	689	95	CCD TRANQUILIDADE
893	507	SOFIA DUARTE	1:08:31.84	1:08:31.84	43	F	VetII F (40-44)	204	31	
894	651	RITA FAVINHA	1:08:33.96	1:08:33.96	23	F	Sen F (18-34)	205	74	UTRASFIT
895	216	PATRICIA SANTOS	1:08:41.28	1:07:18.04	27	F	Sen F (18-34)	206	75	
896	520	PAULA TABORDA	1:08:43.48	1:08:43.48	49	F	VetIII F (45-49)	207	34	SAMOUCO RUNNERS
897	286	FILIPA LOPES	1:08:44.65	1:08:09.71	48	F	VetIII F (45-49)	208	35	
898	541	ANNA LIMA	1:08:46.81	1:08:46.81	31	F	Sen F (18-34)	209	76	
899	1245	GONÇALO AMADO	1:08:50.90	1:08:50.90	30	M	Sen M (18-34)	690	158	GDC BANCO DE PORTUGAL
900	1078	MIGUEL FRAZAO	1:08:53.26	1:08:14.66	51	M	VetIV M (50-54)	691	96	SS CGD
901	840	MIGUEL PINTO	1:08:55.93	1:02:55.49	50	M	VetIV M (50-54)	692	97	
902	392	SANDRA SILVA	1:08:56.86	1:08:13.24	51	F	VetIV F (50-54)	210	22	CP IVA
903	359	CLÁUDIA CASEIRO	1:08:57.11	1:07:53.53	36	F	VetI F (35-39)	211	24	RUNNING4FUN
904	358	JOANA PEREIRA	1:08:57.25	1:07:52.87	34	F	Sen F (18-34)	212	77	RUNNING4FUN
905	1018	ANA CALINAS	1:09:14.56	1:07:56.09	50	F	VetIV F (50-54)	213	23	SS CGD
906	833	CARLA REAL	1:09:15.06	1:08:33.86	41	F	VetII F (40-44)	214	32	
907	997	JOSÉ SOUSA	1:09:16.18	1:09:16.18	53	M	VetIV M (50-54)	693	98	RUN AND WIN(E)
908	1138	PEDRO SALDANHA	1:09:20.17	1:08:08.77	23	M	Sen M (18-34)	694	159	



909	1327	JOÃO SALDANHA	1:09:20.41	1:08:08.68	49	M	VetIII M (45-49)	695	119	A VALE SILÊNCIO
910	587	PAULA MELLO	1:09:22.73	1:09:22.73	56	F	VetV F (55-59)	215	14	CLUBE NOVO BANCO
911	586	PAULO RICARDO	1:09:23.38	1:09:23.38	55	M	VetV M (55-59)	696	59	CLUBE NOVO BANCO
912	675	VIRGILIO FERREIRA	1:09:26.06	1:09:26.06	68	M	VetVII M (65-69)	697	33	C MILLENNIUM BCP
913	604	PEDRO FERREIRA	1:09:34.33	1:09:34.33	44	M	VetII M (40-44)	698	98	
914	708	VINICIUS SANTANA	1:09:38.72	1:09:38.72	39	M	VetI M (35-39)	699	97	
915	976	DANIELA NUNES	1:09:39.85	1:09:07.49	38	F	VetI F (35-39)	216	25	
916	230	LUÍSA LOPES	1:09:41.22	1:09:30.19	40	F	VetII F (40-44)	217	33	
917	1302	CLÁUDIA GRENCHO	1:09:44.25	1:09:38.24	50	F	VetIV F (50-54)	218	24	SERVIÇOS SOCIAIS MONTEPIO
918	796	SÓNIA FARIA	1:09:51.00	1:09:51.00	47	F	VetIII F (45-49)	219	36	
919	639	ANDREIA SILVA	1:09:54.22	1:09:54.22	34	F	Sen F (18-34)	220	78	
920	292	SUSANA RIBEIRO	1:09:58.30	1:08:32.22	37	F	VetI F (35-39)	221	26	
921	1136	LUIS TAVARES	1:10:00.34	1:09:51.46	43	M	VetII M (40-44)	700	99	
922	725	ALICE PEREIRA	1:10:04.31	1:10:04.31	29	F	Sen F (18-34)	222	79	
923	726	MARILIA GAMA	1:10:04.81	1:10:04.81	29	F	Sen F (18-34)	223	80	
924	574	ADRIANA AMARAL	1:10:20.43	1:10:20.43	30	F	Sen F (18-34)	224	81	
925	206	ROSA REIS	1:10:29.25	1:10:21.12	66	F	VetVII F (65-69)	225	2	
926	1337	MÁRIO COSTA	1:10:33.82	1:10:33.76	47	M	VetIII M (45-49)	701	120	GD SANTANDER TOTTA
927	1182	MIGUEL TEIXEIRA	1:10:34.12	1:10:15.79	54	M	VetIV M (50-54)	702	99	OS NONSANTO
928	396	RICARDO FRANCO	1:10:34.60	1:09:22.78	42	M	VetII M (40-44)	703	100	ALUNOS LN
929	257	ANA PINTO	1:10:35.07	1:08:59.17	29	F	Sen F (18-34)	226	82	CCD SIEMENS
930	694	RODOLFO LIMA	1:10:41.80	1:10:41.80	55	M	VetV M (55-59)	704	60	C MILLENNIUM BCP
931	523	PEDRO MARGARIDO	1:10:42.85	1:10:42.85	63	M	VetVI M (60-64)	705	29	SAMOUCO RUNNERS
932	1183	PEDRO RODRIGUES	1:10:42.85	1:10:23.57	62	M	VetVI M (60-64)	706	30	OS NONSANTO
933	474	EDGAR MARINO	1:10:43.54	1:10:43.54	39	M	VetI M (35-39)	707	98	
934	737	FILIPE NUNES	1:10:45.98	1:10:45.98	29	M	Sen M (18-34)	708	160	



935	727	RICARDO PIMENTA	1:10:47.95	1:10:47.95	47	M	VetIII M (45-49)	709	121	
936	372	ANA CARVALHO	1:10:48.47	1:09:27.58	31	F	Sen F (18-34)	227	83	AS MALUQUINHAS DAS CORRIDAS
937	602	MARIA RESENDE	1:10:49.41	1:10:49.41	53	F	VetIV F (50-54)	228	25	
938	361	ANA MARTINS	1:10:50.33	1:10:15.91	43	F	VetII F (40-44)	229	34	OLIVEIRA MARTINS
939	1208	ANTÓNIO ALBUQUERQUE	1:10:55.22	1:10:13.96	54	M	VetIV M (50-54)	710	100	CCD TRANQUILIDADE
940	371	ANA CARVALHO	1:10:57.31	1:09:36.23	31	F	Sen F (18-34)	230	84	AS MALUQUINHAS DAS CORRIDAS
941	290	OTILIA ROSADO	1:11:00.90	1:09:58.50	49	F	VetIII F (45-49)	231	37	
942	949	ANA GOMES	1:11:03.74	1:10:15.32	35	F	VetI F (35-39)	232	27	
943	447	BRUNO PIRES	1:11:03.94	1:10:49.04	31	M	Sen M (18-34)	711	161	
944	901	RODRIGO BRANCO	1:11:09.24	1:10:03.11	37	M	VetI M (35-39)	712	99	GRUPO CORRIDA JCS
945	140	JOANA DARC CHOURIÇO	1:11:09.43	1:10:58.45	59	F	VetV F (55-59)	233	15	RUNNING CLUB SANTA CASA
946	1341	FRANCISCO SILVA	1:11:17.52	1:10:35.28	47	M	VetIII M (45-49)	713	122	GD SANTANDER TOTTA
947	113	JOHNNY THOMASSEN	1:11:18.51	1:10:21.42	62	M	VetVI M (60-64)	714	31	NORWAY
948	1047	JOAO CABRITO	1:11:20.89	1:10:14.32	59	M	VetV M (55-59)	715	61	SS CGD
949	1032	CLAUDIA LOURENÇO	1:11:21.32	1:10:20.92	51	F	VetIV F (50-54)	234	26	SS CGD
950	389	MICAELA RATO	1:11:30.08	1:10:57.27	40	F	VetII F (40-44)	235	35	BOAZONAS PELADONAS
951	1300	ANA RAMOS	1:11:30.24	1:11:24.70	37	F	VetI F (35-39)	236	28	SERVIÇOS SOCIAIS MONTEPIO
952	241	JOAQUIM SIMÃO	1:11:39.05	1:11:05.31	60	M	VetVI M (60-64)	716	32	RUN2FINISH.PT
953	1074	MARGARIDA FERREIRA	1:11:39.31	1:10:31.39	55	F	VetV F (55-59)	237	16	SS CGD
954	1036	CRISTINA GAROUPA	1:11:39.41	1:10:32.75	57	F	VetV F (55-59)	238	17	SS CGD
955	175	PRITESH MANILAL	1:11:41.34	1:11:34.56	45	M	VetIII M (45-49)	717	123	
956	1207	ANA MENDES	1:11:45.00	1:11:26.42	56	F	VetV F (55-59)	239	18	CCD TRANQUILIDADE
957	927	ANTÓNIO ABRANTES	1:11:45.63	1:11:12.36	68	M	VetVII M (65-69)	718	34	
958	387	JESSICA FÉLIX	1:11:50.15	1:11:15.94	30	F	Sen F (18-34)	240	85	BOAZONAS PELADONAS
959	157	ANA AZEVEDO	1:11:56.67	1:10:47.85	44	F	VetII F (40-44)	241	36	CGD-DSI
960	293	IRINA RIBEIRO	1:12:02.77	1:10:36.66	39	F	VetI F (35-39)	242	29	



961	1189	CARLA SOTA	1:12:07.32	1:12:04.56	48	F	VetIII F (45-49)	243	38	CUNHAS
962	1040	FATIMA GUIA	1:12:10.32	1:06:51.99	74	F	VetVIII F (70-99)	244	2	SS CGD
963	164	RUI TEIXEIRA	1:12:10.55	1:10:43.79	33	M	Sen M (18-34)	719	162	
964	163	PATRÍCIA SANTOS	1:12:10.73	1:10:44.24	31	F	Sen F (18-34)	245	86	
965	791	GONÇALO GOMES	1:12:18.96	1:12:18.96	27	M	Sen M (18-34)	720	163	
966	219	ANEZKA KOLACEKE	1:12:47.93	1:12:34.51	34	F	Sen F (18-34)	246	87	
967	314	CÉSAR GUERRA	1:12:49.53	1:11:26.55	53	M	VetIV M (50-54)	721	101	
968	312	JOÃO AZEVEDO	1:12:50.35	1:11:33.05	50	M	VetIV M (50-54)	722	102	CGD-DMF
969	1299	CRISTINA FERREIRA	1:12:54.27	1:12:34.21	60	F	VetVI F (60-64)	247	9	
970	127	LUÍS FERREIRA	1:12:56.05	1:11:36.95	57	M	VetV M (55-59)	723	62	
971	1108	SABIR KANJI	1:13:04.91	1:11:55.00	43	M	VetII M (40-44)	724	101	SS CGD
972	1274	MARISA DIAS	1:13:10.27	1:12:30.85	25	F	Sen F (18-34)	248	88	IRMÃOS METRALHA
973	1014	ADELIA CABRAL	1:13:10.60	1:12:36.93	43	F	VetII F (40-44)	249	37	SS CGD
974	508	GABRIELA LOPES	1:13:10.89	1:13:10.89	30	F	Sen F (18-34)	250	89	
975	120	MARGARIDA LAGOA	1:13:11.49	1:12:13.67	57	F	VetV F (55-59)	251	19	
976	748	JORGE SANTOS	1:13:12.09	1:13:12.09	68	M	VetVII M (65-69)	725	35	
977	165	RUI BARROS	1:13:22.72	1:12:14.32	54	M	VetIV M (50-54)	726	103	
978	963	RITA FERNANDES	1:13:35.97	1:12:15.41	36	F	VetI F (35-39)	252	30	
979	647	GONÇALO SILVA	1:13:36.48	1:13:36.48	25	M	Sen M (18-34)	727	164	UTRASFIT
980	814	RAQUEL PIRES	1:13:43.45	1:13:43.45	43	F	VetII F (40-44)	253	38	1 POR MÊS
981	895	PATRÍCIA RUSSO	1:13:50.28	1:12:33.10	46	F	VetIII F (45-49)	254	39	GRUPO CORRIDA JCS
982	822	NELSON COSTA	1:13:59.61	1:13:34.71	41	M	VetII M (40-44)	728	102	
983	103	ANA PEREIRA	1:14:00.72	1:13:11.32	48	F	VetIII F (45-49)	255	40	
984	391	ALTINO SILVA	1:14:09.89	1:13:23.79	78	M	VetVIII M (70-99)	729	9	CP IVA
985	638	VANIA MARTINS	1:14:13.93	1:14:13.93	43	F	VetII F (40-44)	256	39	
986	703	MARTA JACINTO	1:14:20.64	1:14:20.64	33	F	Sen F (18-34)	257	90	



987	1169	SOFIA ESTEVES	1:15:08.72	1:13:41.31	41	F	VetII F (40-44)	258	40	
988	761	CATARINA BAPTISTA	1:15:18.08	1:15:18.08	35	F	VetI F (35-39)	259	31	
989	713	SAMUEL JOAQUIM	1:15:25.59	1:15:25.59	69	M	VetVII M (65-69)	730	36	
990	714	JOÃO GOMES	1:15:27.15	1:15:27.15	51	M	VetIV M (50-54)	731	104	
991	473	JOÃO PINTO	1:16:02.67	1:16:02.67	40	M	VetII M (40-44)	732	103	
992	368	PEDRO PRATA	1:16:33.80	1:15:46.48	27	M	Sen M (18-34)	733	165	
993	1011	GIOVANA MIRANDA	1:16:34.97	1:15:09.73	26	F	Sen F (18-34)	260	91	
994	1012	EVANDRO GIOVANINI	1:16:35.32	1:15:09.61	38	M	VetI M (35-39)	734	100	
995	1192	CATARINA PEDREIRA	1:16:39.84	1:15:25.25	24	F	Sen F (18-34)	261	92	LEROY MERLIN SC
996	270	JOSÉ GASPAS	1:16:40.38	1:15:29.29	45	M	VetIII M (45-49)	735	124	
997	1328	MAFALDA GONÇALVES	1:16:44.90	1:15:36.15	26	F	Sen F (18-34)	262	93	
998	1075	MARIO PEREIRA	1:17:02.13	1:17:02.13	48	M	VetIII M (45-49)	736	125	SS CGD
999	821	INÊS OLIVEIRA	1:17:10.85	1:11:04.83	25	F	Sen F (18-34)	263	94	ULTRASFIT
1000	132	JORGE MARTINS	1:17:11.39	1:16:41.67	68	M	VetVII M (65-69)	737	37	
1001	111	NÉLIA GONÇALVES	1:17:12.36	1:17:12.36	36	F	VetI F (35-39)	264	32	
1002	572	ANTÓNIO VALENTE	1:17:46.84	1:17:46.84	54	M	VetIV M (50-54)	738	105	
1003	1149	RAFAELA RODRIGUES	1:17:58.10	1:16:50.93	24	F	Sen F (18-34)	265	95	
1004	1004	MELISSA MATOS	1:18:33.61	1:17:59.37	29	F	Sen F (18-34)	266	96	
1005	1216	DIOGO GONÇALVES	1:18:40.15	1:18:40.15	49	M	VetIII M (45-49)	739	126	CCD TRANQUILIDADE
1006	1104	RUI OLIVEIRA	1:18:44.40	1:17:52.95	56	M	VetV M (55-59)	740	63	SS CGD
1007	690	JOSE REBELO	1:18:50.75	1:18:50.75	56	M	VetV M (55-59)	741	64	C MILLENNIUM BCP
1008	724	PEDRO JANEIRO	1:19:11.01	1:19:11.01	38	M	VetI M (35-39)	742	101	
1009	816	ANA RITO	1:19:50.51	1:19:50.51	47	F	VetIII F (45-49)	267	41	1 POR MÊS
1010	815	RITA PIRES	1:19:51.62	1:19:51.62	46	F	VetIII F (45-49)	268	42	1 POR MÊS
1011	522	PEDRO FERREIRA	1:20:31.81	1:20:31.81	49	M	VetIII M (45-49)	743	127	SAMOUCO RUNNERS
1012	1301	CARLA SILVA	1:20:36.24	1:20:30.40	46	F	VetIII F (45-49)	269	43	SERVIÇOS SOCIAIS MONTEPIO



1013	521	TIAGO GOMES	1:20:37.85	1:20:37.85	52	M	VetIV M (50-54)	744	106	SAMOUCO RUNNERS
1014	1257	ANA PARREIRA	1:20:41.70	1:19:39.68	38	F	VetI F (35-39)	270	33	GDC BANCO DE PORTUGAL
1015	677	FERNANDO FERREIRA	1:20:44.48	1:20:44.48	76	M	VetVIII M (70-99)	745	10	C MILLENNIUM BCP
1016	193	LEONOR LOBO	1:20:53.89	1:19:41.87	21	F	Sen F (18-34)	271	97	
1017	1322	MANUEL OLIVEIRA	1:20:59.38	1:20:31.39	83	M	VetVIII M (70-99)	746	11	
1018	261	HUGO NORONHA	1:21:13.26	1:20:12.09	45	M	VetIII M (45-49)	747	128	TARTARUGAS SOLIDARIAS
1019	1083	PAULO ANDRDE	1:21:45.09	1:20:07.02	51	M	VetIV M (50-54)	748	107	SS CGD
1020	1031	CATARINA BAILAO	1:21:48.56	1:21:23.48	21	F	Sen F (18-34)	272	98	SS CGD
1021	1064	LIDIA BAILÃO	1:21:48.89	1:21:23.60	53	F	VetIV F (50-54)	273	27	SS CGD
1022	388	PAULA GUERREIRO	1:22:11.07	1:21:38.20	33	F	Sen F (18-34)	274	99	BOAZONAS PELADONAS
1023	1175	DIOGO RODRIGUES	1:22:32.06	1:21:53.82	35	M	VetI M (35-39)	749	102	
1024	1127	TOMAS OLIVEIRA	1:22:40.42	1:21:01.62	31	M	Sen M (18-34)	750	166	NAOSRUN
1025	870	CATARINA ALMEIDA	1:23:03.45	1:21:44.93	24	F	Sen F (18-34)	275	100	GRUPO CORRIDA JCS
1026	271	FILIPA GASPAR	1:23:41.87	1:22:30.93	27	F	Sen F (18-34)	276	101	
1027	152	FÁTIMA ALMEIDA	1:23:57.00	1:23:44.66	63	F	VetVI F (60-64)	277	10	
1028	470	ISABEL CARDOSO	1:24:26.48	1:24:26.48	57	F	VetV F (55-59)	278	20	
1029	1222	JOÃO RIBEIRO	1:25:37.17	1:24:42.15	58	M	VetV M (55-59)	751	65	CCD TRANQUILIDADE
1030	505	MARIA PINTO	1:26:59.24	1:26:59.24	27	F	Sen F (18-34)	279	102	
1031	930	INÊS PAIVA	1:27:01.58	1:26:41.93	31	F	Sen F (18-34)	280	103	
1032	170	ANDREIA PARREIRA	1:27:08.22	1:26:11.62	30	F	Sen F (18-34)	281	104	
1033	145	HELENA SÁ	1:27:10.63	1:26:08.44	71	F	VetVIII F (70-99)	282	3	
1034	1019	ANA CASTRO	1:27:22.55	1:26:27.14	57	F	VetV F (55-59)	283	21	SS CGD
1035	960	ANDRÉ TRINDADE	1:28:39.70	1:26:59.94	39	M	VetI M (35-39)	752	103	NAOSRUN
1036	972	PAULA FERNANDES	1:29:36.49	1:28:30.95	59	F	VetV F (55-59)	284	22	
1037	616	LUIS SANTOS	1:31:17.31	1:31:17.31	59	M	VetV M (55-59)	753	66	TARTARUGAS
1038	617	ANA SANTOS	1:31:17.90	1:31:17.90	53	F	VetIV F (50-54)	285	28	TARTARUGAS



1039	825	FÁBIO PRAGANA	1:31:42.87	1:30:52.05	24	M	Sen M (18-34)	754	167	OS CARACÓIS
1040	824	ISABEL AFONSO	1:31:46.11	1:30:55.08	40	F	VetII F (40-44)	286	41	OS CARACÓIS
1041	755	DOMINGOS COSTA	1:32:04.02	1:32:04.02	74	M	VetVIII M (70-99)	755	12	
1042	667	FREDERICO GUITA	1:32:16.52	1:32:16.52	26	M	Sen M (18-34)	756	168	EURIBOR
1043	666	RICARDO OLIVEIRA	1:32:17.68	1:32:17.68	25	M	Sen M (18-34)	757	169	EURIBOR
1044	878	FABÍOLA BOAVIDA	1:35:05.39	1:33:34.78	42	F	VetII F (40-44)	287	42	GRUPO CORRIDA JCS
1045	864	ADELAIDE CUNHA	1:35:05.63	1:33:32.80	46	F	VetIII F (45-49)	288	44	GRUPO CORRIDA JCS
1046	939	HUGO MARQUES	1:35:09.94	1:34:52.98	18	M	Sen M (18-34)	758	170	
1047	938	SANDRA PAIVA	1:35:10.29	1:34:53.34	50	F	VetIV F (50-54)	289	29	
1048	984	ANA PIMENTEL	1:35:36.08	1:33:57.14	30	F	Sen F (18-34)	290	105	
1049	192	OLGA LOBO	1:35:40.07	1:34:27.93	53	F	VetIV F (50-54)	291	30	
1050	937	JOSÉ MARQUES	1:35:47.82	1:35:29.62	51	M	VetIV M (50-54)	759	108	
1051	865	ADRIANA FERNANDES	1:36:10.21	1:35:04.75	25	F	Sen F (18-34)	292	106	GRUPO CORRIDA JCS
1052	867	CARINA PAIXÃO	1:36:17.27	1:35:11.14	40	F	VetII F (40-44)	293	43	GRUPO CORRIDA JCS
1053	681	FOCK WAN	1:36:27.62	1:36:27.62	72	F	VetVIII F (70-99)	294	4	C MILLENNIUM BCP
1054	882	INÊS JOÃO	1:36:31.36	1:35:13.23	25	F	Sen F (18-34)	295	107	GRUPO CORRIDA JCS
1055	883	INÊS PEREIRA	1:36:32.15	1:35:13.63	31	F	Sen F (18-34)	296	108	GRUPO CORRIDA JCS
1056	884	JOANA APARÍCIO	1:37:13.19	1:35:55.08	34	F	Sen F (18-34)	297	109	GRUPO CORRIDA JCS
1057	879	FERNANDA LOPES	1:37:15.93	1:35:57.43	34	F	Sen F (18-34)	298	110	GRUPO CORRIDA JCS
1058	964	FILIPA SANTOS	1:37:19.64	1:35:58.84	22	F	Sen F (18-34)	299	111	
1059	1273	TATÁ CRUZ	1:37:24.91	1:36:58.24	50	F	VetIV F (50-54)	300	31	
1060	1226	MA HUNG	1:40:44.41	1:39:24.67	73	F	VetVIII F (70-99)	301	5	CCD TRANQUILIDADE



Classificações Coletivas

Escalões	Classificação	Ramo	Chegados	Soma Pontos	1o atleta	2o atleta	3o atleta
SEN F (16-34)	1	EXÉRCITO	4	10	1	4	5
	2	GNR	4	19	3	6	10
	3	PSP	3	25	2	9	14
	4	FORÇA AÉREA	3	43	12	15	16
SEN M (16-34)	1	GNR	4	14	1	4	9
	2	PSP	4	15	2	6	7
	3	EXÉRCITO	4	21	3	8	10
	4	FORÇA AÉREA	5	30	5	12	13
	5	MARINHA	4	55	16	19	20
V35 F (35-39)	1	GNR	4	15	4	5	6



V35 F (35-39)	2 PSP	4	15	2	3	10
	3 MARINHA	3	25	1	11	13
V35 M (35-39)	1 EXÉRCITO	4	13	1	4	8
	2 GNR	4	14	3	5	6
	3 PSP	4	18	2	7	9
	4 FORÇA AÉREA	3	43	13	14	16
V40 F (40-44)	1 GNR	3	8	1	3	4
V40 M (40-44)	1 GNR	4	8	1	2	5
	2 PSP	4	13	3	4	6
	3 EXÉRCITO	3	34	8	10	16
	4 MARINHA	4	39	12	13	14
V45 F (45-49)	1 GNR	4	13	2	4	7
	2 PSP	3	14	3	5	6
V45 M (45-49)	1 PSP	4	12	2	4	6
	2 GNR	4	18	1	8	9
	3 MARINHA	4	23	5	7	11
	4 EXÉRCITO	3	27	3	10	14
V50 F (50-99)	1 PSP	3	9	2	3	4
V50 M (50-54)	1 PSP	4	10	1	2	7
	2 GNR	4	12	3	4	5
	3 EXÉRCITO	3	29	8	9	12
V55 M (55-99)	1 PSP	4	9	2	3	4
	2 EXÉRCITO	3	12	1	5	6

Classificações do Troféu



Sexo_atleta	Classificação	Equipa	Count	Soma Pos	1ª Class	2ª Class	3ª Class	4ª Class	5ª Class
F	1	GNR	4	3	1 (V40 F (40-44))	1 (V45 F (45-49))	1 (V35 F (35-39))		
F	2	PSP	4	5	1 (V50 F (50-99))	2 (V45 F (45-49))	2 (V35 F (35-39))		
M	1	PSP	6	7	1 (V50 M (50-54))	1 (V45 M (45-49))	1 (V55 M (55-99))	2 (SEN M (16-34))	2 (V40 M (40-44))
M	2	GNR	5	8	1 (V40 M (40-44))	1 (SEN M (16-34))	2 (V50 M (50-54))	2 (V45 M (45-49))	2 (V35 M (35-39))
M	3	EXÉRCITO	6	12	1 (V35 M (35-39))	2 (V55 M (55-99))	3 (V50 M (50-54))	3 (SEN M (16-34))	3 (V40 M (40-44))