

CORRIDA 10 KM



6 de Maio

Posição Geral	Dorsal	Nome	Tempo Prova	Tempo Líquido	Idade	Género	Escalão	Posição Género	Posição Escalão	Equipa
1	628	GABRIEL SOUSA	0:32:36.00	0:32:32.99	19	M	Sen M (18-39)	1	1	CD RIBEIRINHO
2	442	DIOGO RAMALHEIRA	0:32:39.51	0:32:39.49	35	M	Sen M (18-39)	2	2	DR_RUNS
3	621	MARCO TAVARES	0:33:36.23	0:33:36.10	31	M	Sen M (18-39)	3	3	CD RIBEIRINHO
4	355	LUIS BAÇO	0:35:37.37	0:35:36.18	47	M	VetI M (40-49)	4	1	
5	479	ANTÓNIO ROQUE	0:36:33.98	0:36:32.49	37	M	Sen M (18-39)	5	4	CARACÓIS DE PEDRA
6	110	LUÍS REFORÇO	0:36:40.69	0:36:40.69	48	M	VetI M (40-49)	6	2	ÁGUACICLO
7	623	PAULO MARQUES	0:36:56.34	0:36:53.70	48	M	VetI M (40-49)	7	3	CD RIBEIRINHO
8	162	NUNO ROQUE	0:37:31.48	0:37:27.29	50	M	VetII M (50-59)	8	1	GD O INDEPENDENTE
9	624	RAFAEL MARCALO	0:37:55.57	0:37:51.53	23	M	Sen M (18-39)	9	5	CD RIBEIRINHO
10	271	VASCO AZINHEIRA	0:38:10.75	0:38:06.35	30	M	Sen M (18-39)	10	6	
11	626	JOÃO MONIZ	0:38:32.07	0:38:30.76	27	M	Sen M (18-39)	11	7	CD RIBEIRINHO
12	273	DAVID OLIVEIRA	0:38:38.89	0:38:38.89	43	M	VetI M (40-49)	12	4	GRQO
13	161	PAULO SOLDADO	0:38:44.72	0:38:44.71	51	M	VetII M (50-59)	13	2	GD O INDEPENDENTE
14	590	AFONSO SAMPAIO	0:39:14.65	0:39:09.62	18	M	Sen M (18-39)	14	8	
15	40	CARLOS SANTOS	0:39:36.86	0:39:25.34	48	M	VetI M (40-49)	15	5	
16	589	GONÇALO FIGUEIREDO	0:39:43.69	0:39:43.05	29	M	Sen M (18-39)	16	9	
17	279	RUI MARTINS	0:39:47.10	0:39:38.81	52	M	VetII M (50-59)	17	3	
18	341	JOÃO CHARRUA	0:39:48.22	0:39:42.11	35	M	Sen M (18-39)	18	10	
19	429	PEDRO PAISANA	0:39:53.46	0:39:49.35	19	M	Sen M (18-39)	19	11	ASSOCIAÇÃO GDAK
20	535	MARRION DIAS	0:39:56.09	0:39:45.98	30	M	Sen M (18-39)	20	12	MEL RUNNERS
21	371	EURICO NICO	0:39:57.07	0:39:54.79	61	M	VetIII M (60-99)	21	1	OS GALGOS
22	209	HELDER COTRIM	0:39:58.30	0:39:55.38	43	M	VetI M (40-49)	22	6	
23	491	DANIEL DOMINGUES	0:40:00.93	0:39:58.65	37	M	Sen M (18-39)	23	13	
24	254	FERNANDO MIRANDA	0:40:08.25	0:40:05.97	50	M	VetII M (50-59)	24	4	

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25	65	MIGUEL LOPES	0:40:10.77	0:40:09.09	43	M	VetI M (40-49)	25	7	VODAFONE
26	629	PEDRO PIMENTEL	0:40:14.76	0:40:12.76	42	M	VetI M (40-49)	26	8	CD RIBEIRINHO
27	511	JOSÉ MARCELINO	0:40:19.16	0:40:13.94	60	M	VetIII M (60-99)	27	2	GDR REBOLEIRA
28	216	NUNO SANTOS	0:40:19.62	0:40:16.81	44	M	VetI M (40-49)	28	9	CLUBE VODAFONE
29	607	RICARDO REIS	0:40:23.53	0:40:19.12	35	M	Sen M (18-39)	29	14	2830 RUNNING PROJECT
30	342	PEDRO CRUZ	0:40:37.82	0:40:36.04	40	M	VetI M (40-49)	30	10	AQUACICLO
31	226	TIAGO COSTA	0:40:57.38	0:40:49.12	30	M	Sen M (18-39)	31	15	
32	475	RODRIGO CHARRO	0:41:01.16	0:40:48.44	46	M	VetI M (40-49)	32	11	
33	365	LUÍS MADRUGA	0:41:08.58	0:40:27.40	36	M	Sen M (18-39)	33	16	LIT TEAM
34	18	RICARDO JERÓNIMO	0:41:14.73	0:41:12.14	38	M	Sen M (18-39)	34	17	
35	539	LUIS AURÉLIO	0:41:18.64	0:41:14.88	53	M	VetII M (50-59)	35	5	
36	625	CATIA MENDES	0:41:37.60	0:41:35.78	20	F	Sen F (18-39)	1	1	CD RIBEIRINHO
37	105	MIGUEL PALMA	0:41:45.37	0:41:41.28	45	M	VetI M (40-49)	36	12	BBRNIGHTRUNNERS
38	361	DIOGO CRUZ	0:41:48.72	0:41:45.53	25	M	Sen M (18-39)	37	18	
39	615	DANIEL DIOGO	0:41:57.00	0:41:56.97	36	M	Sen M (18-39)	38	19	
40	305	RICARDO PAQUITO	0:42:01.78	0:41:50.02	39	M	Sen M (18-39)	39	20	
41	432	LUÍS LEMOS	0:42:12.63	0:42:01.97	46	M	VetI M (40-49)	40	13	CLUBE OGMA
42	466	DANIEL MARTINS	0:42:13.55	0:42:08.27	26	M	Sen M (18-39)	41	21	UNIDOS NO CALVÁRIO
43	465	GONÇALO BARROCAS	0:42:14.89	0:42:08.28	20	M	Sen M (18-39)	42	22	UNIDOS NO CALVÁRIO
44	422	PEDRO AFONSO	0:42:18.13	0:42:14.04	29	M	Sen M (18-39)	43	23	
45	433	MIGUEL RIBEIRO	0:42:21.10	0:42:07.28	38	M	Sen M (18-39)	44	24	
46	668	BRUNO SILVA	0:42:22.06	0:42:08.89	30	M	Sen M (18-39)	45	25	
47	236	FILIPE GOMES	0:42:31.31	0:42:15.27	39	M	Sen M (18-39)	46	26	
48	190	HELENA MOREIRA	0:42:37.81	0:42:35.65	46	F	VetI F (40-49)	2	1	HECATEAM
49	63	CARLA CARMONA	0:42:38.26	0:42:35.90	44	F	VetI F (40-49)	3	2	AMINHACORRIDA/RUNEXTREAM
50	157	JORGE VAZ	0:42:40.36	0:42:40.30	49	M	VetI M (40-49)	47	14	CORRER LOURES

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51	374	PEDRO GONÇALVES	0:42:46.03	0:42:42.06	47	M	VetI M (40-49)	48	15	OS GALGOS
52	245	JOÃO SABINA	0:42:47.37	0:42:32.54	45	M	VetI M (40-49)	49	16	
53	577	DANIEL GUERREIRO	0:42:52.10	0:42:47.07	40	M	VetI M (40-49)	50	17	
54	164	FILIPPE SALVADINHO	0:42:52.43	0:42:36.38	41	M	VetI M (40-49)	51	18	GD O INDEPENDENTE
55	26	RÚBEN RECHENA	0:42:54.69	0:42:46.78	33	M	Sen M (18-39)	52	27	JÁ CORRI MAIS
56	304	ANDRÉ RODRIGUES	0:42:58.91	0:42:45.54	41	M	VetI M (40-49)	53	19	
57	249	PEDRO SALVADOR	0:43:02.42	0:42:56.53	46	M	VetI M (40-49)	54	20	
58	284	BRUNO CARVALHO	0:43:20.41	0:43:02.55	37	M	Sen M (18-39)	55	28	BANDIDOS
59	325	JOEL SANTOS	0:43:22.63	0:43:22.63	21	M	Sen M (18-39)	56	29	THE RUNNERS
60	33	CARLA PEREIRA	0:43:24.63	0:43:24.63	38	F	Sen F (18-39)	4	2	
61	191	RUI PIRES	0:43:26.80	0:43:23.25	44	M	VetI M (40-49)	57	21	
62	421	TIAGO VEIGA	0:43:28.99	0:43:26.10	23	M	Sen M (18-39)	58	30	GR QUINTA LOMBA
63	196	PEDRO VICENTE	0:43:30.09	0:43:20.95	58	M	VetII M (50-59)	59	6	
64	436	GRAÇA CASTRO	0:43:41.75	0:43:41.34	50	F	VetII F (50-59)	5	1	CORRER LISBOA
65	416	SILVÉRIO CORREIA	0:43:45.59	0:43:42.67	56	M	VetII M (50-59)	60	7	GD SANTANDER TOTTA
66	415	RICARDO MENINO	0:43:46.01	0:43:43.08	34	M	Sen M (18-39)	61	31	GD SANTANDER TOTTA
67	610	VALDEVAGNER SANTOS	0:43:56.91	0:43:52.24	32	M	Sen M (18-39)	62	32	
68	239	FILIPPE REIS	0:44:01.19	0:43:55.30	32	M	Sen M (18-39)	63	33	
69	310	MIGUEL RAMALHO	0:44:11.69	0:44:02.50	28	M	Sen M (18-39)	64	34	
70	499	JOSÉ SILVA	0:44:15.40	0:44:12.21	39	M	Sen M (18-39)	65	35	
71	121	PEDRO RICARDO	0:44:16.53	0:44:06.98	49	M	VetI M (40-49)	66	22	
72	306	NUNO MARQUES	0:44:17.64	0:44:07.22	40	M	VetI M (40-49)	67	23	
73	553	TIAGO RODRIGUES	0:44:18.62	0:44:15.13	35	M	Sen M (18-39)	68	36	
74	309	JOÃO FONSECA	0:44:25.51	0:44:20.08	48	M	VetI M (40-49)	69	24	BIFANAS DE CORRIDA
75	37	CARLOS NUNES	0:44:26.03	0:44:26.03	48	M	VetI M (40-49)	70	25	JÁ CORRI MAIS
76	46	CARLOS LUZ	0:44:26.23	0:44:10.74	51	M	VetII M (50-59)	71	8	BBRNIGHTRUNNERS

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77	500	DAVID FERREIRA	0:44:27.73	0:44:25.73	41	M	VetI M (40-49)	72	26	
78	642	RAQUEL PEREIRA	0:44:31.43	0:44:26.21	54	F	VetII F (50-59)	6	2	AGUALVA RUNNERS
79	199	JORGE SARAIVA	0:44:37.18	0:44:29.27	43	M	VetI M (40-49)	73	27	2SMARTKIDS
80	630	NUNO SILVA	0:44:40.60	0:44:40.47	43	M	VetI M (40-49)	74	28	AMINHACORRIDAPACER'S
81	407	PAULO FRANCISCO	0:44:42.90	0:44:40.24	53	M	VetII M (50-59)	75	9	SRCDRF MONTE GODEL
82	383	ANTÓNIO PEDRO	0:44:46.75	0:44:09.95	41	M	VetI M (40-49)	76	29	ONTRISPORTS
83	392	FÁBIO TAVARES	0:45:11.85	0:44:57.86	32	M	Sen M (18-39)	77	37	
84	68	NUNO SALDANHA	0:45:14.90	0:45:08.04	43	M	VetI M (40-49)	78	30	BBRNIGHTRUNNERS
85	204	FERNANDO NOBRE	0:45:17.60	0:45:13.12	52	M	VetII M (50-59)	79	10	
86	120	MARCO SANTOS	0:45:20.61	0:45:20.61	43	M	VetI M (40-49)	80	31	BBRNIGHTRUNNERS
87	476	CHARLES LOGAN	0:45:23.03	0:45:16.14	39	M	Sen M (18-39)	81	38	
88	168	ANTÓNIO LAVADO	0:45:29.17	0:45:12.70	58	M	VetII M (50-59)	82	11	GD O INDEPENDENTE
89	592	FILIPE ROSÁRIO	0:45:32.48	0:45:19.92	33	M	Sen M (18-39)	83	39	
90	595	ANDRE LOPES	0:45:33.69	0:45:30.96	38	M	Sen M (18-39)	84	40	SS CGD
91	474	FRANCISCO FURÃO	0:45:37.27	0:45:33.73	41	M	VetI M (40-49)	85	32	
92	359	TIAGO FAÍSCA	0:45:43.13	0:45:37.51	32	M	Sen M (18-39)	86	41	
93	391	CARLOS DOMINGOS	0:45:44.19	0:45:36.09	46	M	VetI M (40-49)	87	33	
94	263	SAULO FERNANDES	0:45:47.91	0:45:27.37	35	M	Sen M (18-39)	88	42	
95	137	ANDRÉ ANDRADE	0:45:51.10	0:45:31.97	40	M	VetI M (40-49)	89	34	VA RUN
96	493	ISABEL SILVA	0:45:51.55	0:45:35.58	34	M	Sen M (18-39)	90	43	
97	652	ABDEREZECK BENAÏSSA	0:45:51.85	0:45:47.44	42	M	VetI M (40-49)	91	35	
98	408	ANA FRANCISCO	0:45:57.13	0:45:54.91	48	F	VetI F (40-49)	7	3	SRCDRF MONTE GODEL
99	593	GILSON SILVA	0:45:59.16	0:45:49.22	43	M	VetI M (40-49)	92	36	
100	428	LUÍS PAISANA	0:45:59.31	0:45:53.88	48	M	VetI M (40-49)	93	37	ASSOCIAÇÃO GDAK
101	300	EDUARDO PINHEIRO	0:46:00.20	0:45:53.95	57	M	VetII M (50-59)	94	12	
102	598	MIGUEL DIAS	0:46:01.59	0:45:58.22	47	M	VetI M (40-49)	95	38	SS CGD

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103	272	RAQUEL SUBTIL	0:46:04.90	0:45:51.87	38	F	Sen F (18-39)	8	3	GRQO
104	360	JOÃO CORREIA	0:46:05.24	0:46:03.74	28	M	Sen M (18-39)	96	44	
105	584	JOÃO VENÂNCIO	0:46:06.60	0:46:01.17	48	M	VetI M (40-49)	97	39	
106	483	LEONEL ALVES	0:46:07.19	0:46:04.07	44	M	VetI M (40-49)	98	40	
107	159	HÉLIO CONCEIÇÃO	0:46:08.89	0:45:48.28	38	M	Sen M (18-39)	99	45	VARUN
108	27	CARLOS REIS	0:46:11.39	0:46:04.45	65	M	VetIII M (60-99)	100	3	
109	163	JOÃO DAMÁZIO	0:46:16.45	0:46:01.99	48	M	VetI M (40-49)	101	41	GD O INDEPENDENTE
110	596	JOAQUIM FRADE	0:46:17.86	0:46:14.78	67	M	VetIII M (60-99)	102	4	SS CGD
111	277	RICARDO GIÃO	0:46:19.86	0:45:52.36	30	M	Sen M (18-39)	103	46	
112	174	PEDRO SOUSA	0:46:23.41	0:46:12.73	43	M	VetI M (40-49)	104	42	#2830ALONE
113	262	DAVID GIÃO	0:46:27.70	0:46:01.05	29	M	Sen M (18-39)	105	47	
114	32	ATLETA NÃO CADASTRADO	0:46:29.81	0:46:00.03	23	M	Sen M (18-39)	106	48	
115	112	DUARTE OLIVEIRA	0:46:32.59	0:46:26.45	27	M	Sen M (18-39)	107	49	
116	419	PEDRO NUNES	0:46:32.91	0:46:28.50	47	M	VetI M (40-49)	108	43	EQUIPA ASSOCIAÇÃO GDAK
117	538	NUNO SILVA	0:46:34.53	0:46:13.65	45	M	VetI M (40-49)	109	44	ASSOCIAÇÃO CRESCER LIVRE
118	232	NATACHA FAUSTINO	0:46:35.63	0:46:29.20	20	F	Sen F (18-39)	9	4	LUZNIK
119	417	PEDRO MARQUES	0:46:36.19	0:46:09.41	41	M	VetI M (40-49)	110	45	1° DEZEMBRO QUEIJAS
120	301	SAMUEL VOGEL	0:46:36.26	0:46:33.91	30	M	Sen M (18-39)	111	50	
121	627	SILVESTRE DEMÉTRIO	0:46:40.37	0:46:38.60	55	M	VetII M (50-59)	112	13	CD RIBEIRINHO
122	108	NUNO SANTOS	0:46:40.81	0:46:32.35	40	M	VetI M (40-49)	113	46	FALTA POUCO RUNNING TEAM
123	337	DANIELA FERNANDES	0:46:42.61	0:46:24.38	29	F	Sen F (18-39)	10	5	
124	620	DOMINGOS GATO	0:46:42.69	0:46:25.93	50	M	VetII M (50-59)	114	14	CD RIBEIRINHO
125	16	DANIEL PINTO	0:46:44.41	0:46:27.35	33	M	Sen M (18-39)	115	51	BRRNIGHTRUNNERS
126	519	CARLOS DUARTE	0:46:54.38	0:46:44.96	50	M	VetII M (50-59)	116	15	
127	334	FERNANDO FERREIRA	0:46:54.97	0:46:52.32	66	M	VetIII M (60-99)	117	5	AGUACICLO RUNNING TEAM
128	529	JOÃO LOUREIRO	0:47:00.88	0:46:25.09	40	M	VetI M (40-49)	118	47	

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129	139	TIAGO RAMOS	0:47:01.18	0:47:01.18	41	M	VetI M (40-49)	119	48	VA RUN
130	45	MARIO PIRES	0:47:02.25	0:46:38.19	50	M	VetII M (50-59)	120	16	
131	515	JOÃO LEITÃO	0:47:08.42	0:46:54.80	33	M	Sen M (18-39)	121	52	
132	297	CANDIDO POÇAS	0:47:10.33	0:46:50.26	53	M	VetII M (50-59)	122	17	BANDIDOS
133	97	JOSÉ SANTOS	0:47:11.52	0:47:00.79	24	M	Sen M (18-39)	123	53	
134	258	IVANDRO MONTEIRO	0:47:13.69	0:46:53.69	40	M	VetI M (40-49)	124	49	VA RUN
135	130	MARCO LOURO	0:47:14.52	0:46:59.46	52	M	VetII M (50-59)	125	18	AQUAFITNESS
136	536	JOSÉ CESTEIRO	0:47:17.53	0:46:42.56	39	M	Sen M (18-39)	126	54	
137	49	TIAGO SANTOS	0:47:19.52	0:46:54.20	32	M	Sen M (18-39)	127	55	BBRNIGHTRUNNERS
138	562	ANTONIO MOITA	0:47:20.42	0:47:14.33	63	M	VetIII M (60-99)	128	6	BBRNIGHTRUNNERS
139	43	PAULO COLAÇO	0:47:21.87	0:47:13.32	46	M	VetI M (40-49)	129	50	
140	261	MIGUEL JORGE	0:47:23.22	0:46:52.70	39	M	Sen M (18-39)	130	56	
141	487	DANIEL ANTUNES	0:47:25.66	0:47:07.44	26	M	Sen M (18-39)	131	57	SOVENA
142	205	RUI AFONSO	0:47:29.78	0:47:21.63	48	M	VetI M (40-49)	132	51	
143	581	MICHEL PERES	0:47:35.54	0:46:56.63	36	M	Sen M (18-39)	133	58	
144	449	MARCO SILVA	0:47:40.62	0:47:29.84	41	M	VetI M (40-49)	134	52	C MILLENNIUM BCP
145	200	JOÃO FERREIRA	0:47:43.38	0:47:36.91	49	M	VetI M (40-49)	135	53	MEL RUNNERS
146	147	VITOR FERREIRA	0:47:53.61	0:47:33.13	33	M	Sen M (18-39)	136	59	VA RUN
147	85	JOÃO CARVALHO	0:47:55.35	0:47:29.68	53	M	VetII M (50-59)	137	19	CD ASAS DO MILÉNÍUM / 99PG
148	388	SARA GABRIEL	0:47:57.13	0:47:51.69	33	F	Sen F (18-39)	11	6	SOCIEDADE RECREATIVA CAMARNAL
149	331	RODRIGO REDONDEIRO	0:48:00.60	0:47:40.27	32	M	Sen M (18-39)	138	60	
150	573	FÁBIO LÚCIO	0:48:03.51	0:48:03.46	31	M	Sen M (18-39)	139	61	
151	533	MANUEL MARTINS	0:48:06.00	0:47:48.79	47	M	VetI M (40-49)	140	54	FRIJOBEL
152	616	KEVIN TEIXEIRA	0:48:07.46	0:48:06.72	26	M	Sen M (18-39)	141	62	LUSITANO TRIATLO
153	643	ALBERTO COVAS	0:48:12.33	0:48:10.54	64	M	VetIII M (60-99)	142	7	
154	185	BEATRIZ SECIO	0:48:14.22	0:48:06.59	25	F	Sen F (18-39)	12	7	FRIENDS4EVER

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155	175	CATARINA BORGES	0:48:18.30	0:48:04.52	26	F	Sen F (18-39)	13	8	1° DEZEMBRO QUEIJAS
156	473	CARLOS VIEIRA	0:48:20.91	0:48:13.52	53	M	VetII M (50-59)	143	20	CORRER LOURES
157	336	WALLACE MAGALHÃES	0:48:23.20	0:48:02.18	37	M	Sen M (18-39)	144	63	BANCON & PANCETAS
158	350	ERICK LOPES	0:48:27.33	0:48:19.44	29	M	Sen M (18-39)	145	64	
159	192	CARLOS SILVA	0:48:35.37	0:48:17.88	52	M	VetII M (50-59)	146	21	
160	58	RICARDO VIEIRA	0:48:39.53	0:48:17.82	43	M	VetI M (40-49)	147	55	
161	186	ANA HENRIQUE	0:48:40.12	0:48:15.07	49	F	VetI F (40-49)	14	4	BBRNIGHTRUNNERS
162	195	TOMÁS CORREIA	0:48:46.15	0:48:31.33	29	M	Sen M (18-39)	148	65	
163	471	ALDINA MARQUES	0:48:47.41	0:48:40.03	52	F	VetII F (50-59)	15	3	OS GALGOS
164	420	MIRIAN COUTO	0:48:52.26	0:48:38.05	33	F	Sen F (18-39)	16	9	GR QUINTA LOMBA
165	603	BRUNO ESPADEIRO	0:48:54.17	0:48:27.26	45	M	VetI M (40-49)	149	56	BE ENERGY
166	434	RUI LAMEGO	0:48:56.06	0:48:52.51	38	M	Sen M (18-39)	150	66	PRIME RUNNING CLUB
167	332	MARQUES MIGUEL	0:48:56.78	0:48:49.50	45	M	VetI M (40-49)	151	57	KBF
168	364	JOÃO BOIEIRO	0:48:57.40	0:48:43.63	23	M	Sen M (18-39)	152	67	
169	340	ELSA DE	0:48:57.75	0:48:54.44	32	F	Sen F (18-39)	17	10	PRIME RUNNING CLUB
170	221	DEIVID FERREIRA	0:49:06.05	0:48:52.76	38	M	Sen M (18-39)	153	68	
171	326	FÁBIO LOUPAS	0:49:10.00	0:48:55.04	21	M	Sen M (18-39)	154	69	THE RUNNERS
172	387	JOAQUIM MIRADOR	0:49:15.84	0:48:56.13	54	M	VetII M (50-59)	155	22	
173	375	SÓNIA PINTO	0:49:23.60	0:49:14.05	52	F	VetII F (50-59)	18	4	OS GALGOS
174	393	IVO NEVES	0:49:25.10	0:48:49.87	42	M	VetI M (40-49)	156	58	
175	484	ADELINO GOMES	0:49:25.31	0:49:05.37	53	M	VetII M (50-59)	157	23	
176	74	DELFIN PRATAS	0:49:28.42	0:49:09.65	54	M	VetII M (50-59)	158	24	BBRNIGHTRUNNERS
177	31	LUÍS ALVES	0:49:34.57	0:49:23.06	39	M	Sen M (18-39)	159	70	JÁ CORRI MAIS
178	571	MIGUEL JOAQUIM	0:49:34.88	0:49:18.31	20	M	Sen M (18-39)	160	71	
179	570	ANTÓNIO JOAQUIM	0:49:34.98	0:49:19.64	53	M	VetII M (50-59)	161	25	
180	126	JOSÉ BORGES	0:49:35.25	0:49:27.09	55	M	VetII M (50-59)	162	26	CORRER QUELUZ

CORRIDA 10 KM

FORUM BARREIRO
NIGHT
RUN'23

6 de Maio

181	545	LUÍS PEREIRA	0:49:38.64	0:49:17.18	46	M	VetI M (40-49)	163	59	
182	583	FRANCISCO CORDEIRO	0:49:42.61	0:49:25.23	39	M	Sen M (18-39)	164	72	
183	53	DAVID ALMEIDA	0:49:46.11	0:49:27.34	35	M	Sen M (18-39)	165	73	
184	89	RODRIGO CRUZ	0:49:46.32	0:49:37.57	49	M	VetI M (40-49)	166	60	
185	21	NUNO CARREIRA	0:49:49.56	0:49:13.37	40	M	VetI M (40-49)	167	61	
186	575	MARCIO TEMTEM	0:49:50.33	0:49:27.00	41	M	VetI M (40-49)	168	62	
187	574	MARIA FREITAS	0:49:50.98	0:49:41.16	41	F	VetI F (40-49)	19	5	MARIA INES FREITAS
188	559	CARLOS JESUS	0:49:51.10	0:49:28.15	42	M	VetI M (40-49)	169	63	SOVENA
189	352	SÉRGIO PAZ	0:49:51.87	0:49:26.88	51	M	VetII M (50-59)	170	27	
190	212	ANTONIO GOMES	0:49:54.37	0:49:46.04	56	M	VetII M (50-59)	171	28	MEL RUNNERS
191	91	HUGO ANDRADE	0:49:56.06	0:49:43.12	47	M	VetI M (40-49)	172	64	
192	183	JAIME FILIPA	0:49:57.44	0:49:42.00	53	M	VetII M (50-59)	173	29	FRIENDS4EVER
193	103	MANUEL MONTEIRO	0:49:59.67	0:49:26.88	24	M	Sen M (18-39)	174	74	
194	356	FLÁVIO LOPES	0:49:59.78	0:49:39.14	41	M	VetI M (40-49)	175	65	BEEP BEEP BARREIRO ROAD RUNNER
195	241	EDUARDO NEVES	0:50:00.47	0:49:46.89	43	M	VetI M (40-49)	176	66	CAA BELEM
196	514	DAVID CAVACO	0:50:00.50	0:49:45.04	28	M	Sen M (18-39)	177	75	
197	308	ANABELA CONSTANTE	0:50:03.76	0:49:54.78	48	F	VetI F (40-49)	20	6	BIFANAS DE CORRIDA
198	631	NUNO ALVES	0:50:08.19	0:50:08.19	47	M	VetI M (40-49)	178	67	AMINHACORRIDAPACER'S
199	123	LUÍS ROCHA	0:50:09.50	0:49:52.01	49	M	VetI M (40-49)	179	68	
200	102	MARIANA BOTELHO	0:50:12.40	0:49:39.44	24	F	Sen F (18-39)	21	11	
201	534	JOSÉ MOURÃO	0:50:12.51	0:49:36.52	58	M	VetII M (50-59)	180	30	
202	501	TIAGO SILVA	0:50:12.98	0:49:56.00	39	M	Sen M (18-39)	181	76	
203	502	VÍTOR MENDONÇA	0:50:34.03	0:50:01.90	36	M	Sen M (18-39)	182	77	
204	107	EDUARDO GARLITO	0:50:35.10	0:50:11.70	43	M	VetI M (40-49)	183	69	
205	217	PEDRO ALVES	0:50:44.87	0:50:17.02	34	M	Sen M (18-39)	184	78	
206	582	NUNO FIGUEIRA	0:50:48.01	0:50:09.44	32	M	Sen M (18-39)	185	79	

CORRIDA 10 KM



6 de Maio

207	142	FRANCISCO NHASSENCO	0:50:52.22	0:50:31.68	52	M	VetII M (50-59)	186	31	BEEP BEEP BARREIRO ROAD RUNNERS
208	461	CÉSAR RABINO	0:50:52.28	0:50:27.27	39	M	Sen M (18-39)	187	80	
209	425	LUÍS SANTOS	0:50:56.62	0:50:49.08	50	M	VetII M (50-59)	188	32	EQUIPA ASSOCIAÇÃO GDAK
210	84	MIGUEL LOPES	0:50:58.73	0:50:29.45	47	M	VetI M (40-49)	189	70	CD ASAS DO MILÉNIO / 99PG
211	268	HUGO CARVALHO	0:51:00.07	0:50:25.68	45	M	VetI M (40-49)	190	71	PAPA-LÉGUAS BARREIRENSE
212	82	ARMANDO COSTA	0:51:04.98	0:50:57.69	52	M	VetII M (50-59)	191	33	UNITED RUNNERS
213	303	MARISIA ALVES	0:51:06.79	0:50:35.27	55	F	VetII F (50-59)	22	5	
214	638	RÚBEN MAURÍCIO	0:51:06.86	0:50:43.21	36	M	Sen M (18-39)	192	81	FORUM BARREIRO
215	537	JACINTO BATISTA	0:51:09.16	0:51:00.29	63	M	VetIII M (60-99)	193	8	
216	358	ANA MARQUES	0:51:09.77	0:51:09.77	45	F	VetI F (40-49)	23	7	
217	666	HORÁCIO COELHO	0:51:10.19	0:51:10.19	40	M	VetI M (40-49)	194	72	
218	90	CARLOS MARTINS	0:51:13.22	0:50:55.21	54	M	VetII M (50-59)	195	34	BBRNIGHTRUNNERS
219	490	JOSÉ BRAGANÇA	0:51:14.48	0:51:14.35	44	M	VetI M (40-49)	196	73	
220	228	FREDERICO CARVALHO	0:51:22.91	0:50:42.65	52	M	VetII M (50-59)	197	35	WLF
221	520	GIL SERRANO	0:51:23.12	0:50:42.17	25	M	Sen M (18-39)	198	82	SFRUA
222	214	ANDREIA CLEMENTE	0:51:24.15	0:51:11.70	40	F	VetI F (40-49)	24	8	
223	532	SANDRA NABAIS	0:51:30.29	0:50:54.39	41	F	VetI F (40-49)	25	9	
224	670	DIOGO PATA	0:51:30.89	0:50:55.69	44	M	VetI M (40-49)	199	74	
225	215	JORGE CAETANO	0:51:31.59	0:50:59.30	46	M	VetI M (40-49)	200	75	
226	370	CATARINA NICHÓ	0:51:38.05	0:51:30.02	56	F	VetII F (50-59)	26	6	OS GALGOS
227	322	RICARDO GUERREIRO	0:51:38.65	0:51:24.28	18	M	Sen M (18-39)	201	83	
228	614	GONÇALO SILVA	0:51:39.60	0:51:26.21	18	M	Sen M (18-39)	202	84	
229	339	FILIPPE SILVA	0:51:41.75	0:51:33.09	45	M	VetI M (40-49)	203	76	CCD TRANQUILIDADE
230	477	LISA FULGÊNCIO	0:51:44.13	0:51:37.37	35	F	Sen F (18-39)	27	12	
231	366	ANDRÉ MARTINS	0:51:47.89	0:51:09.19	35	M	Sen M (18-39)	204	85	LIT TEAM
232	12	VLADIMIRO VIANA	0:51:59.88	0:51:59.88	51	M	VetII M (50-59)	205	36	TRAIL DIE-HARDS

CORRIDA 10 KM



6 de Maio

233	295	ANA JERÓNIMO	0:52:00.19	0:51:40.56	38	F	Sen F (18-39)	28	13	VA RUN
234	182	PAULO PRACA	0:52:04.77	0:51:47.22	60	M	VetIII M (60-99)	206	9	FRIENDS4EVER
235	611	FRANCISCO GENUÍNO	0:52:05.76	0:51:48.67	38	M	Sen M (18-39)	207	86	
236	39	EDUARDO SILVA	0:52:09.29	0:51:52.17	39	M	Sen M (18-39)	208	87	
237	524	MARCO BASTOS	0:52:21.50	0:51:55.69	47	M	VetI M (40-49)	209	77	
238	398	TIAGO CARDAO-PITO	0:52:23.42	0:52:15.74	46	M	VetI M (40-49)	210	78	
239	353	JOÃO FERRO	0:52:24.70	0:52:02.11	35	M	Sen M (18-39)	211	88	JCBOTTLELAMPS
240	526	EVA FERNANDES	0:52:27.28	0:51:56.73	41	F	VetI F (40-49)	29	10	
241	377	PEDRO MONTEIRO	0:52:28.04	0:52:14.24	45	M	VetI M (40-49)	212	79	
242	563	TACIANE SILVA	0:52:35.32	0:52:33.61	31	F	Sen F (18-39)	30	14	
243	396	PAULO COSTA	0:52:35.79	0:52:14.18	43	M	VetI M (40-49)	213	80	
244	395	RUI RICARDO	0:52:35.80	0:52:14.15	37	M	Sen M (18-39)	214	89	
245	564	LUÍS ANTÔNIO	0:52:36.15	0:52:32.09	52	M	VetII M (50-59)	215	37	
246	176	GORETI BORGES	0:52:36.41	0:52:25.17	48	F	VetI F (40-49)	31	11	LINDA-A-PASTORA
247	52	PEDRO PEREIRA	0:52:48.16	0:52:19.67	51	M	VetII M (50-59)	216	38	CASA PESSOAL RTP
248	394	RICARDO MONIZ	0:52:51.69	0:52:34.31	37	M	Sen M (18-39)	217	90	
249	513	HENRIQUE HOLICKI	0:52:51.88	0:52:27.93	20	M	Sen M (18-39)	218	91	
250	62	PEDRO ANIBAL	0:52:53.09	0:52:53.09	45	M	VetI M (40-49)	219	81	
251	512	RUI CAMPOS	0:52:56.87	0:52:37.72	45	M	VetI M (40-49)	220	82	
252	285	VALTER MARTINS	0:52:58.98	0:52:33.96	44	M	VetI M (40-49)	221	83	
253	56	EUCINÁRIO PINHEIRO	0:53:04.13	0:52:41.80	58	M	VetII M (50-59)	222	39	RUNNING FAMILY ORIGINALS
254	132	BERNARDO VILLAR	0:53:06.22	0:52:31.18	58	M	VetII M (50-59)	223	40	
255	426	NUNO PAISANA	0:53:07.05	0:52:59.23	50	M	VetII M (50-59)	224	41	ASSOCIAÇÃO GDAK
256	44	JOÃO COLAÇO	0:53:09.95	0:52:45.33	34	M	Sen M (18-39)	225	92	BBRNIGHTRUNNERS
257	80	INÊS SILVA	0:53:11.29	0:52:41.95	28	F	Sen F (18-39)	32	15	MAC RUNNERS
258	327	OLGA CAIADO	0:53:18.83	0:52:50.34	51	F	VetII F (50-59)	33	7	

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259	88	JOÃO SANTOS	0:53:19.37	0:53:07.94	56	M	VetII M (50-59)	226	42	TARTARUGAS SOLIDÁRIAS
260	60	OSVALDO BARROS	0:53:19.58	0:52:48.54	63	M	VetIII M (60-99)	227	10	BBRNIGHTRUNNERS
261	580	LEONOR FERREIRA	0:53:22.09	0:52:57.90	47	F	VetI F (40-49)	34	12	
262	253	CÉSAR FRANCISCO	0:53:22.57	0:52:50.65	47	M	VetI M (40-49)	228	84	PAPÁ LÉGUAS BARREIRENSE
263	141	RUBEN MATA	0:53:24.83	0:53:16.54	36	M	Sen M (18-39)	229	93	
264	252	ÉLIO JOAQUIM	0:53:29.56	0:53:29.56	38	M	Sen M (18-39)	230	94	#FOODEI-VOS
265	451	PEDRO MARTINS	0:53:31.40	0:53:02.29	19	M	Sen M (18-39)	231	95	C MILLENNIUM BCP
266	492	ÁLVARO BRITO	0:53:34.75	0:53:05.95	44	M	VetI M (40-49)	232	85	
267	35	AFONSO GALRITO	0:53:42.82	0:53:04.76	19	M	Sen M (18-39)	233	96	
268	540	MIGUEL TEODORO	0:53:44.44	0:53:03.77	32	M	Sen M (18-39)	234	97	
269	34	RODRIGO GALRITO	0:53:45.02	0:53:02.69	47	M	VetI M (40-49)	235	86	
270	541	ALEXANDRE CARMO	0:53:45.34	0:53:02.29	32	M	Sen M (18-39)	236	98	
271	527	DANIEL ALBINO	0:53:54.90	0:53:33.57	26	M	Sen M (18-39)	237	99	
272	73	CARLOS CARDOSO	0:53:59.03	0:53:29.44	61	M	VetIII M (60-99)	238	11	BBRNIGHTRUNNERS
273	418	ISABEL ANTÓNIO	0:54:01.21	0:53:50.78	52	F	VetII F (50-59)	35	8	
274	578	GONÇALO JARDIM	0:54:04.49	0:53:22.81	28	M	Sen M (18-39)	239	100	
275	188	MANUEL ROCHA	0:54:04.58	0:54:02.64	51	M	VetII M (50-59)	240	43	CAA BELEM
276	412	SUSANA COSTA	0:54:04.97	0:53:58.52	49	F	VetI F (40-49)	36	13	GRQL
277	229	DAVID VIEIRA	0:54:10.22	0:53:44.56	36	M	Sen M (18-39)	241	101	
278	503	ANA VITORINO	0:54:11.68	0:54:08.39	38	F	Sen F (18-39)	37	16	
279	151	TÂNIA CARMO	0:54:13.16	0:54:13.00	36	F	Sen F (18-39)	38	17	NAVIGATOR CLUBE DE SETÚBAL
280	250	ANTÓNIO BORGES	0:54:13.89	0:54:04.90	55	M	VetII M (50-59)	242	44	
281	597	MIGUEL ANGELO	0:54:17.59	0:54:08.39	47	M	VetI M (40-49)	243	87	SS CGD
282	551	PATRÍCIA CORREIA	0:54:19.43	0:53:40.98	42	F	VetI F (40-49)	39	14	DEVAGARINHO RUNNERS
283	230	FLÁVIO RATINHO	0:54:19.99	0:53:51.64	37	M	Sen M (18-39)	244	102	
284	460	GONÇALO DUARTE	0:54:21.49	0:53:56.02	35	M	Sen M (18-39)	245	103	CORRER LISBOA

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285	66	IRINA PEDRO	0:54:21.94	0:53:43.50	43	F	VetI F (40-49)	40	15	BBRNIGHTRUNNERS
286	588	ANTÓNIO BAPTISTA	0:54:28.96	0:54:19.83	31	M	Sen M (18-39)	246	104	
287	402	CARLOS BERNARDINO	0:54:31.40	0:53:51.30	53	M	VetII M (50-59)	247	45	CORRER LISBOA
288	552	NUNO FIALHO	0:54:32.11	0:54:19.77	50	M	VetII M (50-59)	248	46	
289	462	DAVID ERVIDEIRA	0:54:34.12	0:54:07.94	36	M	Sen M (18-39)	249	105	
290	281	LUIS SILVA	0:54:37.68	0:54:30.68	54	M	VetII M (50-59)	250	47	MEL RUNNERS
291	669	ÂNGELA BANDEIRAS	0:54:38.30	0:54:03.10	43	F	VetI F (40-49)	41	16	
292	459	JORGE COSTA	0:54:39.71	0:54:14.42	55	M	VetII M (50-59)	251	48	BBRNIGHTRUNNERS
293	61	ISABEL GONÇALVES	0:54:40.19	0:54:16.79	42	F	VetI F (40-49)	42	17	
294	456	JOÃO FERREIRA	0:54:41.81	0:54:20.63	43	M	VetI M (40-49)	252	88	LEOGYM
295	376	VANESSA ALVES	0:54:42.26	0:54:37.31	44	F	VetI F (40-49)	43	18	OS GALGOS
296	405	ADRIANO GONÇALVES	0:54:48.73	0:54:16.40	49	M	VetI M (40-49)	253	89	
297	632	JOSE GOMES	0:54:59.08	0:54:59.08	45	M	VetI M (40-49)	254	90	AMINHACORRIDAPACER'S
298	525	DANIEL VILAO	0:55:01.49	0:54:26.07	45	M	VetI M (40-49)	255	91	
299	233	RUI FAUSTINO	0:55:10.21	0:55:01.08	49	M	VetI M (40-49)	256	92	LUZNIK
300	206	PAULO PICADO	0:55:12.72	0:54:58.90	48	M	VetI M (40-49)	257	93	ABUTRES
301	79	TIAGO ROSA	0:55:17.96	0:54:48.62	38	M	Sen M (18-39)	258	106	MAC RUNNERS
302	619	JOANA PIÇARRA	0:55:20.60	0:55:09.21	48	F	VetI F (40-49)	44	19	CD RIBEIRINHO
303	622	VANDA MAIA	0:55:21.97	0:55:13.59	46	F	VetI F (40-49)	45	20	CD RIBEIRINHO
304	435	ANDRÉ GUERREIRO	0:55:25.90	0:55:25.90	42	M	VetI M (40-49)	259	94	SOVENA
305	87	JORGE BARROS	0:55:29.11	0:55:05.52	45	M	VetI M (40-49)	260	95	CD ASAS DO MILÉNIO / 99PG
306	381	JOAQUIM BRANQUINHO	0:55:32.24	0:54:50.13	45	M	VetI M (40-49)	261	96	
307	264	CARLOS GASOPO	0:55:37.79	0:55:05.49	59	M	VetII M (50-59)	262	49	BBRNIGHTRUNNERS
308	576	SOFIA MONTEIRO	0:55:41.24	0:55:39.68	35	F	Sen F (18-39)	46	18	
309	508	FLÁVIA PENAM	0:55:45.00	0:55:04.98	34	F	Sen F (18-39)	47	19	BBRNIGHTRUNNERS
310	19	ELSA PALMEIRO	0:55:47.62	0:55:20.04	40	F	VetI F (40-49)	48	21	

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311	521	JOÃO CALISTO	0:55:52.96	0:55:28.45	62	M	VetIII M (60-99)	263	12	
312	507	VÂNIA SILVA	0:55:54.42	0:55:45.87	58	F	VetII F (50-59)	49	9	
313	667	SÓNIA FRANÇA	0:55:55.39	0:55:31.10	44	F	VetI F (40-49)	50	22	
314	587	MARISA PEREIRA	0:55:55.46	0:55:31.02	45	F	VetI F (40-49)	51	23	
315	522	JULIA CALISTO	0:55:59.06	0:55:36.96	59	F	VetII F (50-59)	52	10	
316	346	CATARINA VIEIRA	0:56:04.13	0:55:33.82	23	F	Sen F (18-39)	53	20	
317	497	VALTER CERQUEIRA	0:56:05.93	0:55:58.99	45	M	VetI M (40-49)	264	97	CULINEIROS TEAM
318	458	RUI BRÁS	0:56:08.43	0:56:04.20	39	M	Sen M (18-39)	265	107	SOVENA
319	517	SOFIA BARATA	0:56:13.51	0:56:03.36	42	F	VetI F (40-49)	54	24	
320	406	RUI CAEIRO	0:56:18.14	0:56:03.75	52	M	VetII M (50-59)	266	50	SOVENA
321	344	ROBERT FRANÇA	0:56:22.64	0:55:43.85	37	M	Sen M (18-39)	267	108	
322	369	ANA LOPES	0:56:25.77	0:56:17.74	57	F	VetII F (50-59)	55	11	OS GALGOS
323	278	GRACIETE MOITA	0:56:26.62	0:56:07.11	47	F	VetI F (40-49)	56	25	
324	169	DULCE CABEÇA	0:56:26.65	0:56:05.03	46	F	VetI F (40-49)	57	26	GD O INDEPENDENTE
325	636	FILIFE LOUREIRO	0:56:31.76	0:56:03.93	33	M	Sen M (18-39)	268	109	FORUM BARREIRO
326	488	DIOGO ALMEIDA	0:56:33.48	0:56:18.68	27	M	Sen M (18-39)	269	110	
327	207	AGAMENE PAULO	0:56:35.04	0:56:20.33	47	F	VetI F (40-49)	58	27	ABUTRES
328	321	RODOLFO MARQUES	0:56:35.15	0:55:52.03	44	M	VetI M (40-49)	270	98	
329	235	LILIANA CRESPO	0:56:38.42	0:56:34.88	38	F	Sen F (18-39)	59	21	CRESPOS TEAM
330	42	MARGARIDA PECEGUEIRO	0:56:43.32	0:56:22.39	48	F	VetI F (40-49)	60	28	
331	293	LEONARDO TORBAY	0:56:57.83	0:56:51.64	22	M	Sen M (18-39)	271	111	RUN-A-WAY
332	243	PEDRO CORREIA	0:56:59.43	0:56:40.69	40	M	VetI M (40-49)	272	99	
333	244	FILIPA DIAS	0:57:00.37	0:56:41.76	46	F	VetI F (40-49)	61	29	
334	605	ANTÓNIO MOREIRA	0:57:04.55	0:56:31.30	59	M	VetII M (50-59)	273	51	
335	606	PEDRO MILHEIRO	0:57:10.91	0:56:45.59	41	M	VetI M (40-49)	274	100	
336	467	RAUL MIGUEL	0:57:14.37	0:57:03.69	26	M	Sen M (18-39)	275	112	

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337	599	RAUL MACHADO	0:57:15.90	0:57:04.34	64	M	VetIII M (60-99)	276	13	SS CGD
338	315	JOÃO PEDRO	0:57:24.05	0:56:58.18	28	M	Sen M (18-39)	277	113	2001: CORRIDA NO ESPAÇO
339	238	FILIPPE BEJA	0:57:32.93	0:57:01.37	41	M	VetI M (40-49)	278	101	PAPA-LÉGUAS BARREIRENSE
340	478	LUÍS SIMÃO	0:57:45.08	0:57:24.19	44	M	VetI M (40-49)	279	102	BOOM RUNNING TEAM
341	259	JOÃO PERNAS	0:57:52.13	0:57:17.50	44	M	VetI M (40-49)	280	103	PAPA-LÉGUAS BARREIRENSE
342	296	RUI SALVADOR	0:57:55.87	0:57:35.42	48	M	VetI M (40-49)	281	104	BARNIGHTRUNNERS
343	485	MARIA FELIPE	0:57:58.76	0:57:39.42	51	F	VetII F (50-59)	62	12	
344	177	HELENA BORGES	0:58:00.31	0:57:47.21	58	F	VetII F (50-59)	63	13	1º DEZEMBRO QUEIJAS
345	48	TELMA GOMES	0:58:01.74	0:57:49.13	41	F	VetI F (40-49)	64	30	
346	178	JOÃO MOREIRA	0:58:03.88	0:57:38.20	53	M	VetII M (50-59)	282	52	
347	201	SERGIO CORREIA	0:58:10.72	0:57:57.31	46	M	VetI M (40-49)	283	105	2SMARTKIDS
348	202	RUTE PEREIRA	0:58:11.60	0:57:56.35	42	F	VetI F (40-49)	65	31	2SMARTKIDS
349	384	PAULO DIAS	0:58:17.25	0:57:43.08	58	M	VetII M (50-59)	284	53	
350	446	LEONEL BRANDAO	0:58:17.47	0:58:10.40	55	M	VetII M (50-59)	285	54	C MILLENNIUM BCP
351	385	CHEILA DIAS	0:58:17.93	0:57:40.91	35	F	Sen F (18-39)	66	22	
352	386	LUIS MURILHAS	0:58:18.13	0:57:45.14	31	M	Sen M (18-39)	286	114	
353	447	FERNANDO ALMEIDA	0:58:20.00	0:58:20.00	55	M	VetII M (50-59)	287	55	C MILLENNIUM BCP
354	445	FERNANDO FERREIRA	0:58:20.25	0:58:20.25	76	M	VetIII M (60-99)	288	14	C MILLENNIUM BCP
355	613	KAROLINA SOKOL	0:58:28.09	0:57:48.98	23	F	Sen F (18-39)	67	23	
356	247	RUI PASTOR	0:58:33.16	0:58:14.67	50	M	VetII M (50-59)	289	56	PASTOR RACING
357	330	GUIA DINIS	0:58:37.25	0:58:15.39	39	F	Sen F (18-39)	68	24	
358	311	CLÁUDIA SILVA	0:58:40.34	0:58:23.90	47	F	VetI F (40-49)	69	32	
359	184	HELENA SECIO	0:58:41.09	0:58:28.14	57	F	VetII F (50-59)	70	14	FRIENDS4EVER
360	50	PEDRO FERREIRA	0:58:41.42	0:58:26.19	54	M	VetII M (50-59)	290	57	FERREIRA
361	494	TIAGO ALVES	0:58:43.94	0:58:30.95	28	M	Sen M (18-39)	291	115	
362	665	RUI IGLÍSIAS	0:58:49.29	0:58:06.22	53	M	VetII M (50-59)	292	58	

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363	544	PEDRO JORGE	0:58:49.39	0:58:27.22	45	M	VetI M (40-49)	293	106	
364	468	JORGE PEDREIRA	0:58:50.30	0:58:50.30	43	M	VetI M (40-49)	294	107	
365	113	EDUARDO BERNARDO	0:58:50.34	0:58:38.14	51	M	VetII M (50-59)	295	59	SUDU
366	114	SUSANA SOUSA	0:58:50.49	0:58:40.39	47	F	VetI F (40-49)	71	33	SUDU
367	286	ANTÓNIO JORGE	0:58:56.62	0:58:29.39	70	M	VetIII M (60-99)	296	15	
368	81	GLÁUCIA SOARES	0:58:57.31	0:58:57.31	41	F	VetI F (40-49)	72	34	UNITED RUNNERS
369	481	GONÇALO MARQUES	0:58:59.44	0:58:17.30	40	M	VetI M (40-49)	297	108	
370	329	RENÉ GOUVEIA	0:59:00.71	0:58:39.38	34	M	Sen M (18-39)	298	116	
371	542	PEDRO ALMEIDA	0:59:05.33	0:59:05.33	46	M	VetI M (40-49)	299	109	BIFANAS DE CORRIDA
372	13	SUSANA VIANA	0:59:08.79	0:59:08.79	52	F	VetII F (50-59)	73	15	TRAIL DIE-HARDS
373	98	ELSA LOUREIRO	0:59:08.99	0:58:41.98	50	F	VetII F (50-59)	74	16	
374	255	LEONOR PEREIRINHA	0:59:18.06	0:58:57.98	18	F	Sen F (18-39)	75	25	GD O INDEPENDENTE
375	357	TIAGO ANDRADE	0:59:24.63	0:58:55.15	39	M	Sen M (18-39)	300	117	
376	213	CRISTINA CAROLINO	0:59:26.04	0:59:16.96	56	F	VetII F (50-59)	76	17	MEL RUNNERS
377	302	BRUNA SIMÕES	0:59:27.47	0:58:56.25	29	F	Sen F (18-39)	77	26	
378	617	JOANA PALMELA	0:59:27.59	0:59:10.12	39	F	Sen F (18-39)	78	27	
379	550	HELDER PELEJA	0:59:32.26	0:58:56.34	44	M	VetI M (40-49)	301	110	DEVAGARINHO RUNNERS
380	547	MARIA TORRES	0:59:34.32	0:58:54.35	33	F	Sen F (18-39)	79	28	
381	189	MARIA MARQUES	0:59:36.23	0:59:11.35	54	F	VetII F (50-59)	80	18	
382	382	ALEXANDRE AIRES	0:59:38.17	0:59:06.73	34	M	Sen M (18-39)	302	118	RONALDOS
383	633	FRANCISCO FARINHA	0:59:38.21	0:59:02.83	40	M	VetI M (40-49)	303	111	AMINHACORRIDAPACER'S
384	639	JOÃO FERREIRA	0:59:52.17	0:59:12.89	37	M	Sen M (18-39)	304	119	FORUM BARREIRO
385	15	SANDRO LAVADO	1:00:06.71	0:59:50.83	42	M	VetI M (40-49)	305	112	FC BEIRA MAR
386	167	MARIA VIANA	1:00:10.73	0:59:47.38	58	F	VetII F (50-59)	81	19	GD O INDEPENDENTE
387	257	JOAQUINA RUIVO	1:00:11.81	0:59:44.27	61	F	VetIII F (60-99)	82	1	GD O INDEPENDENTE
388	55	NAYARA PINHEIRO	1:00:12.54	0:59:50.08	26	F	Sen F (18-39)	83	29	RUNNING FAMILY ORIGINALS

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389	30	MARIA ESTEVES	1:00:12.75	0:59:45.18	57	F	VetII F (50-59)	84	20	BBRNIGHTRUNNERS
390	554	PEDRO DUARTE	1:00:23.31	0:59:49.12	46	M	VetI M (40-49)	306	113	
391	54	CARLA CORREIA	1:00:24.23	1:00:24.23	47	F	VetI F (40-49)	85	35	BBRNIGHTRUNNERS
392	22	SANDRA SILVA	1:00:24.50	1:00:24.50	49	F	VetI F (40-49)	86	36	
393	24	CELIA LOURENÇO	1:00:24.72	1:00:24.72	48	F	VetI F (40-49)	87	37	BBRNIGHTRUNNERS
394	289	CATARINA AMBRÓSIO	1:00:25.26	0:59:53.54	34	F	Sen F (18-39)	88	30	
395	288	FÁBIO JÚLIO	1:00:25.79	0:59:54.53	34	M	Sen M (18-39)	307	120	
396	495	RUI MENEZES	1:00:26.55	1:00:19.25	47	M	VetI M (40-49)	308	114	CULINEIROS TEAM
397	248	RUI SANTOS	1:00:29.78	1:00:20.89	20	M	Sen M (18-39)	309	121	
398	566	PEDRO LOPES	1:00:30.34	1:00:25.24	29	M	Sen M (18-39)	310	122	<1 H TEAM
399	565	HUGO DIOGO	1:00:49.40	1:00:43.03	37	M	Sen M (18-39)	311	123	<1 H TEAM
400	482	RITA MESTRE	1:00:52.67	1:00:08.28	40	F	VetI F (40-49)	89	38	
401	152	TIAGO GALEGO	1:00:56.38	1:00:56.37	44	M	VetI M (40-49)	312	115	NAVIGATOR CLUBE DE SETÚBAL
402	480	DR COLACO	1:00:56.56	1:00:37.16	53	M	VetII M (50-59)	313	60	CARACÓIS DE PEDRA
403	256	SUSANA PEREIRINHA	1:00:59.57	1:00:39.35	48	F	VetI F (40-49)	90	39	GD O INDEPENDENTE
404	171	CARLA NOBRE	1:01:00.57	1:00:36.92	53	F	VetII F (50-59)	91	21	GD O INDEPENDENTE
405	193	HELENA AGUA	1:01:00.61	1:01:00.61	53	F	VetII F (50-59)	92	22	AMINHACORRIDA/RUNEXTREAM
406	170	LUIS ANSELMO	1:01:01.76	1:00:39.71	43	M	VetI M (40-49)	314	116	GD O INDEPENDENTE
407	106	ANA PALAS	1:01:13.90	1:00:47.94	36	F	Sen F (18-39)	93	31	
408	319	SANDRA VIEIRA	1:01:18.61	1:00:42.55	54	F	VetII F (50-59)	94	23	
409	17	SUSANA DIAS	1:01:27.00	1:01:09.30	31	F	Sen F (18-39)	95	32	
410	403	EDGAR SILVEIRA	1:01:47.45	1:01:10.69	39	M	Sen M (18-39)	315	124	SOVENA
411	280	CELIA RAFAEL	1:01:47.48	1:01:37.13	51	F	VetII F (50-59)	96	24	
412	282	ANA LOPES	1:01:47.86	1:01:32.45	52	F	VetII F (50-59)	97	25	MEL RUNNERS
413	335	ADRIANO CUNHA	1:01:51.91	1:01:20.97	69	M	VetIII M (60-99)	316	16	
414	414	SÉRGIO DIAS	1:01:57.82	1:01:50.53	55	M	VetII M (50-59)	317	61	GD SANTANDER TOTTA

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415	608	LILIANA COELHO	1:02:09.67	1:02:03.42	38	F	Sen F (18-39)	98	33	
416	591	NELSON LIBEREIRO	1:02:25.44	1:01:55.76	47	M	VetI M (40-49)	318	117	LIBEREIRO
417	516	COLETTA CHARLINE	1:02:30.90	1:02:21.65	63	M	VetIII M (60-99)	319	17	
418	328	SANDRA SILVA	1:02:47.34	1:02:28.88	30	F	Sen F (18-39)	99	34	
419	125	MIRIAM ALMEIDA	1:02:52.69	1:02:41.21	42	F	VetI F (40-49)	100	40	
420	320	TIAGO LEITÃO	1:02:55.01	1:02:15.18	31	M	Sen M (18-39)	320	125	LA FAMILIA
421	316	TIAGO DIAS	1:03:02.47	1:02:35.03	27	M	Sen M (18-39)	321	126	2001: CORRIDA NO ESPAÇO
422	601	PEDRO SILVA	1:03:13.80	1:02:47.76	40	M	VetI M (40-49)	322	118	
423	379	LUIS LOURENÇO	1:03:20.61	1:03:10.09	46	M	VetI M (40-49)	323	119	
424	378	TERESA QUARESMA	1:03:21.32	1:03:12.79	48	F	VetI F (40-49)	101	41	
425	173	SANDRA AZEVEDO	1:03:29.17	1:03:09.58	52	F	VetII F (50-59)	102	26	
426	530	ANA FERREIRA	1:03:35.65	1:03:18.46	22	F	Sen F (18-39)	103	35	
427	275	MARIA SOUSA	1:03:36.53	1:03:18.89	45	F	VetI F (40-49)	104	42	
428	274	RICARDO ANACLETO	1:03:36.65	1:03:17.79	47	M	VetI M (40-49)	324	120	
429	455	RODOLFO LIMA	1:03:56.37	1:03:38.77	55	M	VetII M (50-59)	325	62	C MILLENNIUM BCP
430	292	AUGUSTO TORBAY	1:04:21.12	1:04:15.24	38	M	Sen M (18-39)	326	127	RUN-A-WAY
431	450	JAIME MARTINS	1:04:46.95	1:04:17.04	51	M	VetII M (50-59)	327	63	C MILLENNIUM BCP
432	464	PATRICIA SANTOS	1:05:02.02	1:04:26.56	51	F	VetII F (50-59)	105	27	MONTES SALOIOS TRAIL TEAM
433	506	CINTIA GUERRA	1:05:18.50	1:04:44.18	30	F	Sen F (18-39)	106	36	
434	509	TÂNIA SAMORA	1:05:24.34	1:04:47.46	35	F	Sen F (18-39)	107	37	
435	100	CLARA SILVA	1:05:26.57	1:05:18.38	52	F	VetII F (50-59)	108	28	CAA BELEM
436	131	SUSANA MEIRELES	1:05:27.36	1:04:49.86	49	F	VetI F (40-49)	109	43	
437	413	TIAGO BANDEIRA	1:05:33.28	1:05:19.59	46	M	VetI M (40-49)	328	121	GD SANTANDER TOTTA
438	641	KÁTIA ALVES	1:05:39.58	1:05:27.41	47	F	VetI F (40-49)	110	44	BBRNIGHTRUNNERS
439	312	NUNO CAIADAS	1:05:45.48	1:05:15.87	27	M	Sen M (18-39)	329	128	2001: CORRIDA NO ESPAÇO
440	404	ANA PINTO	1:05:50.36	1:05:50.36	29	F	Sen F (18-39)	111	38	CCD SIEMENS

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441	5	Atleta Sem Registo	1:05:54.98	1:05:54.98			Atl Sem Reg	1	1	
442	555	ANA MARINHO	1:05:55.44	1:05:23.12	39	F	Sen F (18-39)	112	39	
443	122	DUARTE MACHADO	1:05:55.67	1:05:30.62	40	M	VetI M (40-49)	330	122	
444	324	CÁTIA CAETANO	1:05:58.27	1:05:38.97	33	F	Sen F (18-39)	113	40	
445	166	ARTUR COSTA	1:05:59.17	1:05:57.14	63	M	VetIII M (60-99)	331	18	GD O INDEPENDENTE
446	154	SÓNIA ANDRADE	1:06:08.00	1:05:46.66	49	F	VetI F (40-49)	114	45	
447	260	JOSE LOUREIRO	1:06:22.75	1:05:47.37	46	M	VetI M (40-49)	332	123	PAPA LÉGUAS BARREIRENSE
448	609	CRISTINA REIS	1:06:30.02	1:06:12.57	51	F	VetII F (50-59)	115	29	
449	211	SOFIA JESUS	1:06:36.22	1:06:36.22	46	F	VetI F (40-49)	116	46	BBRNIGHTRUNNERS
450	338	PRISCILA ALMEIDA	1:06:43.95	1:06:28.92	30	F	Sen F (18-39)	117	41	
451	579	ALESSANDRO NASCIMENTO	1:06:45.08	1:06:27.21	43	M	VetI M (40-49)	333	124	
452	323	FILIPA ZACARIAS	1:06:48.25	1:06:06.27	31	F	Sen F (18-39)	118	42	
453	389	FERNANDO MOTTA	1:07:09.90	1:07:00.58	50	M	VetII M (50-59)	334	64	MOTTAS
454	390	CARLA MOTTA	1:07:11.12	1:06:59.94	49	F	VetI F (40-49)	119	47	MOTTAS
455	224	NADIA LEITAO	1:07:21.56	1:07:19.90	42	F	VetI F (40-49)	120	48	
456	225	ANA QUEIROZ	1:07:21.93	1:07:19.23	35	F	Sen F (18-39)	121	43	
457	439	VIRGÍNIA SOUSA	1:07:57.40	1:07:25.63	35	F	Sen F (18-39)	122	44	
458	438	ANA SOUZA	1:07:57.54	1:07:22.61	27	F	Sen F (18-39)	123	45	
459	437	GUSTAVO RODRIGUES	1:08:25.27	1:07:56.18	26	M	Sen M (18-39)	335	129	
460	440	DOUGLAS TEIXEIRA	1:08:28.37	1:07:56.08	36	M	Sen M (18-39)	336	130	
461	556	ANABELA RUIVO	1:08:31.37	1:08:00.75	55	F	VetII F (50-59)	124	30	
462	557	JOSÉ RUIVO	1:08:32.14	1:08:01.42	58	M	VetII M (50-59)	337	65	
463	144	SÉRGIO MARQUES	1:08:40.16	1:08:08.82	48	M	VetI M (40-49)	338	125	
464	146	CLÁUDIA SOARES	1:08:41.44	1:08:11.03	30	F	Sen F (18-39)	125	46	
465	14	ANABELA MARTINS	1:08:52.86	1:08:25.28	51	F	VetII F (50-59)	126	31	BBRNIGHTRUNNERS
466	208	PAULA SOUSA	1:08:57.65	1:08:29.91	36	F	Sen F (18-39)	127	47	

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467	299	FILIPE NUNES	1:09:09.29	1:09:09.29	18	M	Sen M (18-39)	339	131	CAA BELEM
468	101	SANDRA MARTINS	1:09:17.84	1:09:06.46	45	F	VetI F (40-49)	128	49	CAA BELEM
469	572	ANTÓNIO LOPES	1:09:20.59	1:09:20.59	24	M	Sen M (18-39)	340	132	
470	283	LINA GABRIEL	1:09:25.90	1:09:12.95	38	F	Sen F (18-39)	129	48	
471	444	ELSA SILVA	1:09:38.30	1:09:00.42	47	F	VetI F (40-49)	130	50	SOVENA
472	92	NEUSA ANJOS	1:09:41.51	1:09:22.03	48	F	VetI F (40-49)	131	51	
473	145	CÉLIA LOUZEIRO	1:10:21.67	1:09:56.30	48	F	VetI F (40-49)	132	52	
474	448	JORGE COLACO	1:10:21.94	1:09:50.61	62	M	VetIII M (60-99)	341	19	C MILLENNIUM BCP
475	104	PATRÍCIA MARTINS	1:10:27.76	1:10:02.38	43	F	VetI F (40-49)	133	53	
476	124	TERESA MEDEIROS	1:10:29.14	1:10:04.77	47	F	VetI F (40-49)	134	54	
477	410	DIOGO MAGALHAES	1:10:32.45	1:10:32.45	37	M	Sen M (18-39)	342	133	JODI
478	411	JOANA PARRACHO	1:10:32.69	1:10:06.95	33	F	Sen F (18-39)	135	49	JODI
479	223	NICOLE BARBOSA	1:10:32.98	1:09:54.87	33	F	Sen F (18-39)	136	50	
480	133	LUIS CATARINO	1:10:58.24	1:10:20.86	58	M	VetII M (50-59)	343	66	
481	523	RUI LOPES	1:11:02.32	1:10:36.40	48	M	VetI M (40-49)	344	126	
482	64	CÉSAR GUERRA	1:11:10.24	1:11:10.24	53	M	VetII M (50-59)	345	67	
483	602	ROSILDA SOUSA	1:11:11.73	1:11:10.17	43	F	VetI F (40-49)	137	55	
484	290	GINA LOPES	1:11:28.23	1:11:28.23	49	F	VetI F (40-49)	138	56	GD O INDEPENDENTE
485	291	INÊS DUARTE	1:11:29.21	1:11:29.21	24	F	Sen F (18-39)	139	51	GD O INDEPENDENTE
486	585	SANDRA FONSECA	1:11:32.32	1:11:01.79	41	F	VetI F (40-49)	140	57	
487	586	TÂNIA PEREIRA	1:11:32.32	1:10:58.24	41	F	VetI F (40-49)	141	58	
488	531	PAULA SILVA	1:12:13.39	1:11:58.32	57	F	VetII F (50-59)	142	32	
489	116	NATÉRCIA POMBO	1:12:15.53	1:11:49.85	52	F	VetII F (50-59)	143	33	BBRNIGHTRUNNERS
490	489	MARTA SAMORA	1:12:16.87	1:11:36.40	26	F	Sen F (18-39)	144	52	
491	504	ANTÓNIO FERREIRA	1:12:18.03	1:12:00.06	54	M	VetII M (50-59)	346	68	
492	518	PEDRO CARVALHO	1:12:18.14	1:11:43.39	26	M	Sen M (18-39)	347	134	

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493	510	FÁBIO TRAVESSA	1:12:24.30	1:12:24.30	33	M	Sen M (18-39)	348	135	SOVENA
494	367	LÚCIA CANÁRIO	1:12:52.38	1:12:14.02	34	F	Sen F (18-39)	145	53	LIT TEAM
495	197	TIAGO LIBEREIRO	1:13:14.91	1:12:45.86	42	M	VetI M (40-49)	349	127	
496	528	ELAINE COSTA	1:13:15.99	1:12:42.61	44	F	VetI F (40-49)	146	59	
497	117	MARIA VAZ	1:13:38.98	1:13:14.32	67	F	VetIII F (60-99)	147	2	BBRNIGHTRUNNERS
498	118	MARINA NORTADA	1:13:40.39	1:13:14.31	55	F	VetII F (50-59)	148	34	BBRNIGHTRUNNERS
499	469	JOSÉ SEBASTIÃO	1:13:49.38	1:13:11.43	52	M	VetII M (50-59)	350	69	SFRUA
500	470	DELFINA B	1:13:52.83	1:13:11.88	49	F	VetI F (40-49)	149	60	SFRUA
501	443	FRANCISCO OLIVEIRA	1:14:09.02	1:13:33.27	21	M	Sen M (18-39)	351	136	SOVENA
502	99	ISABEL MARQUES	1:14:50.50	1:14:40.96	46	F	VetI F (40-49)	150	61	CAA BELEM
503	368	LAURINDA PEREIRA	1:14:55.11	1:14:47.91	51	F	VetII F (50-59)	151	35	
504	136	MIGUEL BRANDÃO	1:15:06.04	1:14:27.82	58	M	VetII M (50-59)	352	70	
505	115	AURORA MOUSINHO	1:15:27.67	1:15:04.49	51	F	VetII F (50-59)	152	36	BBRNIGHTRUNNERS
506	72	LUIS MALVEIRO	1:16:53.45	1:16:22.23	60	M	VetIII M (60-99)	353	20	BBRNIGHTRUNNERS
507	70	VANDA CHAVES	1:16:53.97	1:16:23.82	44	F	VetI F (40-49)	153	62	BBRNIGHTRUNNERS
508	172	MARIA NOBRE	1:17:22.54	1:17:07.01	47	F	VetI F (40-49)	154	63	GD O INDEPENDENTE
509	401	MARGARIDA MATOS	1:17:27.76	1:17:13.17	40	F	VetI F (40-49)	155	64	SOVENA
510	453	RUI FIDALGO	1:17:40.64	1:17:40.64	55	M	VetII M (50-59)	354	71	C MILLENNIUM BCP
511	454	RUBEN FIDALGO	1:17:49.66	1:17:49.66	27	M	Sen M (18-39)	355	137	C MILLENNIUM BCP
512	76	PAOLA TORRES	1:18:17.30	1:17:36.01	32	F	Sen F (18-39)	156	54	
513	75	FREDDY ESTANGA	1:18:18.53	1:17:37.54	30	M	Sen M (18-39)	356	138	
514	11	EUGENIU DODONU	1:18:45.90	1:18:45.90	36	M	Sen M (18-39)	357	139	ADC FIDALGUINHOS
515	640	NATACHA CUSTÓDIO	1:19:02.67	1:19:02.67	35	F	Sen F (18-39)	157	55	FORUM BARREIRO
516	345	RICARDO VIEIRA	1:19:08.71	1:19:08.71	26	M	Sen M (18-39)	358	140	
517	347	ARTUR VIEIRA	1:19:09.28	1:19:09.28	53	M	VetII M (50-59)	359	72	
518	452	OSCAR MARQUES	1:19:36.75	1:19:36.75	69	M	VetIII M (60-99)	360	21	C MILLENNIUM BCP

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519	498	ZÉLIA FERREIRA	1:20:21.62	1:19:53.05	40	F	VetI F (40-49)	158	65	LUZNIK
520	210	CRISTINA SARAIVA	1:20:23.43	1:19:54.84	50	F	VetII F (50-59)	159	37	BBRNIGHTRUNNERS
521	351	SÉRGIO GONÇALVES	1:20:27.58	1:19:55.64	39	M	Sen M (18-39)	361	141	PAPA-LÉGUAS BARREIRENSE
522	160	VITOR ANSELMO	1:20:36.91	1:20:36.91	37	M	Sen M (18-39)	362	142	GD O INDEPENDENTE
523	165	PEDRO ESTEVES	1:22:06.75	1:22:06.75	50	M	VetII M (50-59)	363	73	GD O INDEPENDENTE
524	317	FREDERICO APOLÓNIA	1:22:20.21	1:22:20.21	25	M	Sen M (18-39)	364	143	
525	25	ANA MONTESINOS	1:22:20.92	1:22:20.92	53	F	VetII F (50-59)	160	38	BBRNIGHTRUNNERS
526	23	ZIDIA CAMPINO	1:22:22.78	1:22:22.78	53	F	VetII F (50-59)	161	39	
527	400	ANDRÉ GUERREIRO	1:22:59.23	1:22:59.23	32	M	Sen M (18-39)	365	144	
528	111	PEDRO CARREIRA	1:23:52.34	1:23:52.34	39	M	Sen M (18-39)	366	145	
529	67	FRANCISCO COSTA	1:24:56.99	1:24:56.99	45	M	VetI M (40-49)	367	128	BBRNIGHTRUNNERS
530	612	RUI MELÃO	1:25:07.69	1:24:30.75	59	M	VetII M (50-59)	368	74	