

01 MAIO 2023

40 ANOS CORRIDA 1º DE MAIO



Posição Geral	Dorsal	Nome	Tempo Prova	Tempo Líquido	Idade	Género	Escalão	Posição Género	Posição Escalão	Equipa
1	35	JOSÉ GASPAR	0:50:13.73	0:50:13.33	45	M	VetIII M (45-49)	1	1	AD PALMEIROS
1	734	FELISMINA GOMES	0:50:46.65	0:49:31.96	59	F	F CAD F (18-99)	1	1	ASSOCIAÇÃO SALVADOR
2	263	PEDRO CRUZ	0:51:15.85	0:51:14.32	32	M	Sen M (20-34)	2	1	AA MAFRA
3	287	NUNO SOARES	0:52:54.81	0:52:52.63	41	M	VetII M (40-44)	3	1	
4	765	PEDRO NOGUEIRA	0:53:26.91	0:53:25.34	40	M	VetII M (40-44)	4	2	CF OS BELENENSES
5	750	NATANAEL GUERREIRO	0:53:40.00	0:53:39.71	29	M	Sen M (20-34)	5	2	OS BELENENSES
6	264	JORGE CRUZ	0:53:48.99	0:53:47.33	58	M	VetV M (55-59)	6	1	AA MAFRA
7	548	PAULO ALVES	0:54:14.20	0:54:12.66	45	M	VetIII M (45-49)	7	2	GDCT IN CM
8	18	TIAGO CASTELA	0:55:02.67	0:55:02.67	35	M	VetI M (35-39)	8	1	INGLESES FC
9	566	FILIPE HENRIQUES	0:55:12.82	0:55:10.46	35	M	VetI M (35-39)	9	2	ESTORIL PRAIA TRIATLO
10	587	FREDERICO LÁZARO	0:55:51.00	0:55:46.95	43	M	VetII M (40-44)	10	3	CF OS BELENENSES
11	358	NUNO RUELA	0:56:38.89	0:56:36.98	50	M	VetIV M (50-54)	11	1	OS GALGOS
12	146	RUI TEIXEIRA	0:56:42.23	0:56:39.67	46	M	VetIII M (45-49)	12	3	CAD A CORRER
13	454	HENRIQUE JANOTA	0:57:11.24	0:57:11.14	50	M	VetIV M (50-54)	13	2	CARACOIS DE PEDRA
14	537	JOÃO LOPES	0:57:23.86	0:57:20.70	36	M	VetI M (35-39)	14	3	GDC BANCO PORTUGAL
15	473	VASCO RIBEIRO	0:58:19.95	0:58:19.15	30	M	Sen M (20-34)	15	3	AA MAFRA
16	392	PAULO ALMEIDA	0:58:21.75	0:58:17.00	51	M	VetIV M (50-54)	16	3	GFD RUNNING
17	393	ALEXANDRE PIMENTA	0:58:25.99	0:58:23.61	40	M	VetII M (40-44)	17	4	AA MAFRA
18	43	IVANDRO MOREIRA	0:58:31.81	0:58:28.00	34	M	Sen M (20-34)	18	4	AGUALVA RUNNERS
19	182	FRANCISCO OLIVEIRA	0:58:35.30	0:58:35.30	45	M	VetIII M (45-49)	19	4	
20	688	HUGO GOMES	0:58:35.57	0:58:30.17	38	M	VetI M (35-39)	20	4	CUAB - 3B TRIATLO
21	714	JOSÉ COIMBRA	0:58:54.02	0:58:52.79	31	M	Sen M (20-34)	21	5	
22	662	RUI HENRIQUES	0:59:07.52	0:59:05.39	43	M	VetII M (40-44)	22	5	SERVIÇOS SOCIAIS MONTEPIO
23	609	ANTÓNIO MURTEIRA	0:59:09.88	0:59:07.65	55	M	VetV M (55-59)	23	2	GRD RIBEIRA LAGE

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24	731	MAFALDA MARTINHO	0:59:25.32	0:59:24.92	34	F	Sen F (20-34)	1	1	FF PAZ UNIVERSAL
25	732	PEDRO PEREIRA	0:59:25.42	0:59:25.32	38	M	VetI M (35-39)	24	5	FF PAZ UNIVERSAL
26	676	ABEL GLÓRIA	0:59:31.46	0:59:28.54	60	M	VetVI M (60-64)	25	1	G.D.R.REBOLEIRA
27	350	SÉRGIO PIRES	0:59:33.64	0:59:23.22	47	M	VetIII M (45-49)	26	5	TEAM EL COMANDANTE
28	499	JORGE DEUS	0:59:34.74	0:59:28.54	48	M	VetIII M (45-49)	27	6	CCD TRANQUILIDADE
29	196	JOÃO PEREIRA	0:59:53.00	0:59:52.18	36	M	VetI M (35-39)	28	6	CCD PM CASCAIS
30	189	AGOSTINHO MATOS	1:00:12.23	1:00:07.37	43	M	VetII M (40-44)	29	6	CCD SIEMENS
31	636	ANTÓNIO ARAÚJO	1:00:23.57	1:00:20.77	58	M	VetV M (55-59)	30	3	
32	647	NUNO MORUJO	1:00:38.00	1:00:33.83	39	M	VetI M (35-39)	31	7	
33	215	ELVIO GONCALVES	1:00:53.00	1:00:53.00	36	M	VetI M (35-39)	32	8	
34	476	NUNO NAIA	1:01:19.89	1:01:18.09	48	M	VetIII M (45-49)	33	7	C MILLENNIUM BCP
35	588	LUIS MARÇAL	1:01:23.41	1:01:20.74	46	M	VetIII M (45-49)	34	8	CF OS BELENENSES
36	334	JOÃO DIAS	1:01:25.35	1:01:22.99	51	M	VetIV M (50-54)	35	4	UNIÃO ATLÉTICO POVOENSE
37	472	ROGÉRIO MACHADO	1:01:35.38	1:01:33.54	42	M	VetII M (40-44)	36	7	
38	683	JORGE GONÇALVES	1:01:37.38	1:01:32.53	54	M	VetIV M (50-54)	37	5	
39	127	LUIS GODINHO	1:01:55.04	1:01:46.76	56	M	VetV M (55-59)	38	4	CLUBE NOVO BANCO
40	668	PEDRO VICENTE	1:01:56.45	1:01:39.17	46	M	VetIII M (45-49)	39	9	CORRER LOURES
41	576	TONY ALMEIDA	1:02:03.00	1:01:56.33	41	M	VetII M (40-44)	40	8	RB RUNNING
42	678	PEDRO PIRES	1:02:10.00	1:01:59.29	58	M	VetV M (55-59)	41	5	
43	268	RUI FONSECA	1:02:18.34	1:02:04.64	46	M	VetIII M (45-49)	42	10	
44	695	ANTÓNIO SANTOS	1:02:19.76	1:02:17.40	64	M	VetVI M (60-64)	43	2	
45	544	BRUNO PIRES	1:02:24.25	1:02:14.80	41	M	VetII M (40-44)	44	9	GDC BANCO PORTUGAL
46	307	FÁBIO PEREIRA	1:02:26.00	1:02:18.16	31	M	Sen M (20-34)	45	6	SC CASAINHOS
47	444	TIAGO SIMÕES	1:02:28.10	1:02:24.03	31	M	Sen M (20-34)	46	7	ONTRISPORTS
48	342	JOÃO LIBÂNIO	1:02:28.78	1:02:28.67	31	M	Sen M (20-34)	47	8	CARACÓIS DE PEDRA
49	321	JOÃO OLIVEIRA	1:02:30.08	1:02:22.69	47	M	VetIII M (45-49)	48	11	CCDT METRO LX

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50	10	JOAO BOGALHEIRO	1:02:30.15	1:02:26.96	53	M	VetIV M (50-54)	49	6	AGUALVA RUNNERS
51	141	FILIFE OLIVEIRA	1:02:36.53	1:02:29.87	48	M	VetIII M (45-49)	50	12	
52	357	EURICO NICO	1:02:40.35	1:02:37.97	61	M	VetVI M (60-64)	51	3	OS GALGOS
53	333	AMBRÓCIO PEREIRA	1:02:49.85	1:02:49.85	49	M	VetIII M (45-49)	52	13	UNIÃO ATLÉTICO POVOENSE
54	620	JOSÉ MARCELINO	1:02:50.62	1:02:47.56	60	M	VetVI M (60-64)	53	4	GDR REBOLEIRA
55	462	JOAQUIM RAMALHO	1:02:54.00	1:02:51.44	53	M	VetIV M (50-54)	54	7	CDUL
56	23	NELSON MOREIRA	1:02:58.30	1:02:45.02	45	M	VetIII M (45-49)	55	14	ESTORIL PRAIA CREDIBOM
57	104	NUNO ALMEIDA	1:03:08.85	1:03:01.37	43	M	VetII M (40-44)	56	10	
58	138	ANDRÉ COELHO	1:03:13.65	1:03:11.29	49	M	VetIII M (45-49)	57	15	OS GALGOS
59	595	PAULO ALVES	1:03:18.99	1:03:14.37	45	M	VetIII M (45-49)	58	16	GD SANTANDER TOTTA
60	326	JOSÉ SARGAÇO	1:03:19.05	1:03:19.05	50	M	VetIV M (50-54)	59	8	KÇPHODA WOLF TEAM
61	124	FRANCISCO DUARTE	1:03:20.00	1:03:10.96	25	M	Sen M (20-34)	60	9	CLUBE NOVO BANCO
62	754	GILNES BASTOS DOS SANTOS REIS	1:03:20.12	1:03:14.73	45	M	VetIII M (45-49)	61	17	ALL LIMA
63	461	PEDRO VALENTE	1:03:21.80	1:03:16.87	44	M	VetII M (40-44)	62	11	
64	753	DUARTE COSTA	1:03:24.67	1:03:22.23	39	M	VetI M (35-39)	63	9	FF PAZ UNIVERSAL
65	338	JOSÉ LOPES	1:03:34.76	1:03:31.72	57	M	VetV M (55-59)	64	6	ACR MEALHADA
66	210	FERNANDES MICHAEL	1:03:35.11	1:02:54.83	27	M	Sen M (20-34)	65	10	
2	733	VICTOR TABORDA	1:03:40.15	1:02:28.16	64	M	M CAD M (18-99)	1	1	ASSOCIAÇÃO SALVADOR
67	525	ANDRÉ FILIFE	1:03:46.15	1:03:40.38	33	M	Sen M (20-34)	66	11	SS CGD
68	325	HELDER COTRIM	1:04:00.08	1:03:57.82	43	M	VetII M (40-44)	67	12	
69	729	JOÃO GALVÃO	1:04:03.13	1:04:01.15	50	M	VetIV M (50-54)	68	9	
70	514	ANTONIO MARTINHO	1:04:05.83	1:04:01.77	46	M	VetIII M (45-49)	69	18	
71	323	BRUNO GODINHO	1:04:08.87	1:04:01.39	42	M	VetII M (40-44)	70	13	
72	524	NUNO CARREIRA	1:04:14.19	1:04:05.14	31	M	Sen M (20-34)	71	12	GFD RUNNING
73	82	HORÁCIO OLIVEIRA	1:04:18.56	1:04:15.40	48	M	VetIII M (45-49)	72	19	
74	128	LUIS MONTEIRO	1:04:27.72	1:04:18.62	51	M	VetIV M (50-54)	73	10	CLUBE NOVO BANCO

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75	682	DAVID PEREIRA	1:04:32.21	1:04:19.88	31	M	Sen M (20-34)	74	13	GD O INDEPENDENTE - BARREIRO
76	671	ANDRÉ SANTOS	1:04:34.75	1:04:29.92	47	M	VetIII M (45-49)	75	20	CA VALE FIGUEIRA
77	38	BRUNO CARVALHO	1:04:40.99	1:04:37.60	45	M	VetIII M (45-49)	76	21	MONSANTO RUNNING TEAM
78	606	RICARDO PRATES	1:04:44.00	1:04:38.26	27	M	Sen M (20-34)	77	14	
79	522	CLAUDIO CASEIRO	1:04:48.57	1:04:41.23	45	M	VetIII M (45-49)	78	22	CORRER LISBOA
80	763	FILIFE ARCADINHO	1:04:50.35	1:04:41.93	43	M	VetII M (40-44)	79	14	OS PERIGOSOS
81	15	PEDRO SERRA	1:05:03.00	1:04:58.51	38	M	VetI M (35-39)	80	10	TEAM EL COMANDANTE
82	58	FILIFE MOURÃO	1:05:16.93	1:05:16.93	26	M	Sen M (20-34)	81	15	CORRER LISBOA
83	701	RUI FREITAS	1:05:17.17	1:05:03.89	46	M	VetIII M (45-49)	82	23	GFD RUNNING
84	337	MARCO QUEDAS	1:05:24.76	1:05:21.88	39	M	VetI M (35-39)	83	11	ACR MEALHADA
85	394	SERGIO VENTURA	1:05:28.34	1:05:19.70	42	M	VetII M (40-44)	84	15	
86	583	ALEXANDRE PEDROSA	1:05:33.19	1:05:32.78	47	M	VetIII M (45-49)	85	24	CF OS BELENENSES
87	247	DANIEL DOMINGUES	1:05:37.27	1:05:18.11	37	M	VetI M (35-39)	86	12	
88	653	GONÇALO SILVA	1:05:38.15	1:04:52.41	41	M	VetII M (40-44)	87	16	
89	759	PEDRO CARVALHO	1:05:41.27	1:05:34.84	38	M	VetI M (35-39)	88	13	ONE BUY SHOP RUNNERS
90	236	MARIO SEABRA	1:05:47.13	1:05:40.17	51	M	VetIV M (50-54)	89	11	GRJA
91	87	ANIBAL GASPAS	1:05:47.20	1:05:43.19	53	M	VetIV M (50-54)	90	12	CCD ALVITEJO
92	577	PEDRO FERREIRA	1:05:49.47	1:05:42.55	56	M	VetV M (55-59)	91	7	RB RUNNING
93	304	ARNALDO ROLO	1:06:05.00	1:06:05.00	57	M	VetV M (55-59)	92	8	RFRPSI
94	255	ARMANDO SILVA	1:06:20.88	1:06:20.83	57	M	VetV M (55-59)	93	9	C FERROV PORTUGAL
95	377	RUI CORREIA	1:06:22.92	1:06:10.40	49	M	VetIII M (45-49)	94	25	ASAS DE ALMADA
96	716	DIOGO CALADO	1:06:26.02	1:06:11.53	33	M	Sen M (20-34)	95	16	GDC BANCO DE PORTUGAL
97	450	JOSÉ GOMES	1:06:28.23	1:06:21.81	62	M	VetVI M (60-64)	96	5	
98	484	JOSE BAPTISTA	1:06:29.36	1:06:27.12	57	M	VetV M (55-59)	97	10	C MILLENNIUM BCP
99	413	DIAMANTINO GAMITO	1:06:30.97	1:06:27.04	57	M	VetV M (55-59)	98	11	CLUBE TAP PORTUGAL
100	249	ANTÓNIO FERREIRA	1:06:31.00	1:06:25.22	39	M	VetI M (35-39)	99	14	

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101	584	AVELINO SOARES	1:06:32.00	1:06:31.85	56	M	VetV M (55-59)	100	12	CF OS BELENENSES
102	29	JOÃO LIMÃO	1:06:33.90	1:05:58.53	50	M	VetIV M (50-54)	101	13	
103	147	JOSÉ PINTO	1:06:35.14	1:06:28.09	60	M	VetVI M (60-64)	102	6	CLÍNICA DR CAUTELA
104	391	HUGO MONCACHA	1:06:37.78	1:06:33.25	46	M	VetIII M (45-49)	103	26	GFD RUNNING
105	371	RUI FERREIRA	1:06:41.70	1:06:41.70	45	M	VetIII M (45-49)	104	27	C BENFICA ALG M MARTINS
106	715	JOSÉ BRITO	1:06:42.28	1:06:36.88	60	M	VetVI M (60-64)	105	7	
107	761	ORLANDO CORREIA	1:06:43.45	1:06:22.39	51	M	VetIV M (50-54)	106	14	LINDA A PASTORA SC
108	486	BRUNO OLIVEIRA	1:06:44.00	1:06:36.54	56	M	VetV M (55-59)	107	13	
109	555	JOSÉ GOMES	1:06:44.55	1:06:31.00	33	M	Sen M (20-34)	108	17	ADR O RELÂMPAGO
110	639	JÚLIO SERRAS	1:06:47.94	1:06:47.94	51	M	VetIV M (50-54)	109	15	URBAN RUN TEAM
111	386	APOLO PEREIRA	1:06:48.48	1:06:37.25	53	M	VetIV M (50-54)	110	16	TEAM EL COMANDANTE
112	369	LUIS OLIVEIRA	1:06:52.27	1:06:43.79	52	M	VetIV M (50-54)	111	17	C BENFICA ALG M MARTINS
113	281	RICARDO MARTINS	1:06:52.40	1:06:46.60	49	M	VetIII M (45-49)	112	28	OUTSYSTEMS OLÍMPICO DE OEIRAS
114	727	FABRICE POLTEAU	1:06:52.52	1:06:52.52	50	M	VetIV M (50-54)	113	18	AMINHACORRIDA - PACER
115	139	ILISITO FERREIRA	1:06:52.88	1:06:46.25	39	M	VetI M (35-39)	114	15	CAD A CORRER
116	493	JORGE SERRA	1:06:55.94	1:06:37.71	56	M	VetV M (55-59)	115	14	CCD TRANQUILIDADE
117	229	PEDRO ROCHA	1:07:11.35	1:07:07.30	39	M	VetI M (35-39)	116	16	CÂMARA LISBOA CLUBE
118	120	CARLOS GONÇALVES	1:07:12.94	1:07:09.88	49	M	VetIII M (45-49)	117	29	CLUBE NOVO BANCO
119	225	RICARDO PITA	1:07:17.60	1:06:43.06	42	M	VetII M (40-44)	118	17	CÂMARA LISBOA CLUBE
120	329	PAULO LOURENÇO	1:07:21.00	1:07:14.64	40	M	VetII M (40-44)	119	18	RUNNERS FRPSI
121	254	PEDRO SILVA	1:07:26.35	1:07:23.73	47	M	VetIII M (45-49)	120	30	
122	218	FRANCISCO FONTES	1:07:28.35	1:07:21.58	39	M	VetI M (35-39)	121	17	
123	689	JOÃO ROSA	1:07:30.41	1:07:26.32	34	M	Sen M (20-34)	122	18	CUAB - 3B TRIATLO
124	579	MIGUEL FIGUEIREDO	1:07:38.45	1:07:35.91	48	M	VetIII M (45-49)	123	31	QUARTETO
125	687	MADALENA FONTINHAS	1:07:44.01	1:07:44.01	40	F	VetII F (40-44)	2	1	CUAB - 3B TRIATLO
126	604	RUI FEIO	1:07:46.51	1:07:40.78	59	M	VetV M (55-59)	124	15	

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127	748	RICARDO JORGE DE MATOS DA SIL	1:07:50.00	1:07:50.00	37	M	VetI M (35-39)	125	18	
128	318	RUI SIMOES	1:07:51.77	1:07:46.53	46	M	VetIII M (45-49)	126	32	
129	543	LUÍS RIO	1:07:58.15	1:07:45.90	51	M	VetIV M (50-54)	127	19	GDC BANCO PORTUGAL
130	758	LUÍS CANCELA	1:08:00.27	1:07:13.23	53	M	VetIV M (50-54)	128	20	
131	187	EDUARDO LUÍS	1:08:03.33	1:07:50.87	45	M	VetIII M (45-49)	129	33	ATÓMICOS
132	745	RUI FILIPE DA VEIGA FIGUEIRA	1:08:07.60	1:07:58.54	41	M	VetII M (40-44)	130	19	JUVENTUDE ATLÉTICO CLUBE
133	239	PAULO COSTA	1:08:20.51	1:08:10.80	54	M	VetIV M (50-54)	131	21	
134	265	JOSÉ CANTINHA	1:08:41.65	1:08:33.07	29	M	Sen M (20-34)	132	19	
135	383	RICARDO CARVALHO	1:08:47.99	1:08:35.31	47	M	VetIII M (45-49)	133	34	
136	308	EDUARDO SANTOS	1:08:52.83	1:08:52.83	44	M	VetII M (40-44)	134	20	SC CASAINHOS
137	690	DANIEL RAPOSO	1:09:03.03	1:09:03.03	42	M	VetII M (40-44)	135	21	COALA
138	14	PEDRO VICENTE	1:09:21.36	1:09:10.82	58	M	VetV M (55-59)	136	16	
139	310	ANTÓNIO GODINHO	1:09:24.00	1:09:02.91	48	M	VetIII M (45-49)	137	35	SC CASAINHOS
140	206	NUNO MADUREIRA	1:09:28.60	1:09:24.50	42	M	VetII M (40-44)	138	22	
141	528	HENRIQUE AMADOR	1:09:35.22	1:09:33.26	51	M	VetIV M (50-54)	139	22	SS CGD
142	205	ALEXANDRE SCARLET	1:09:39.60	1:09:31.55	46	M	VetIII M (45-49)	140	36	
143	651	LILIANA BALTAZAR	1:09:40.93	1:08:54.84	36	F	VetI F (35-39)	3	1	
144	590	VITOR GONZAS	1:09:41.42	1:09:41.42	56	M	VetV M (55-59)	141	17	CF OS BELENENSES
145	387	OLEH BARBUL	1:09:41.63	1:08:37.63	31	M	Sen M (20-34)	142	20	
146	467	RÚBEN SIMÃO	1:09:41.69	1:08:56.01	31	M	Sen M (20-34)	143	21	
147	253	JOSÉ AMARO	1:09:42.45	1:09:09.71	46	M	VetIII M (45-49)	144	37	LIZ RUNNERS
148	415	FERNANDO PEREIRA	1:09:48.09	1:09:29.59	59	M	VetV M (55-59)	145	18	CLUBE TAP PORTUGAL
149	598	ANASTACIO VALADAS	1:09:50.63	1:09:46.80	69	M	VetVII M (65-99)	146	1	GD SANTANDER TOTTA
150	730	ISABEL SANTOS	1:09:52.70	1:09:48.45	53	F	VetIV F (50-54)	4	1	FF PAZ UNIVERSAL
151	691	PAULO PIRES	1:09:54.50	1:09:13.74	57	M	VetV M (55-59)	147	19	SS CGD
152	273	JOSÉ SANTOS	1:09:54.57	1:09:15.21	53	M	VetIV M (50-54)	148	23	CCDT METRO LX

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153	211	TIAGO MARTINS	1:10:09.17	1:09:28.37	38	M	VetI M (35-39)	149	19	
154	571	JAMILLE CARLOS	1:10:14.67	1:10:02.77	41	F	VetII F (40-44)	5	2	
155	637	FILIFE BUGALHO	1:10:24.29	1:10:19.12	39	M	VetI M (35-39)	150	20	GFD RUNNING
156	648	PEDRO OLIVEIRA	1:10:28.13	1:09:43.19	40	M	VetII M (40-44)	151	23	
157	485	PEDRO SA	1:10:31.31	1:09:54.87	50	M	VetIV M (50-54)	152	24	C MILLENNIUM BCP
158	282	TIAGO LEÃO	1:10:43.00	1:10:05.14	25	M	Sen M (20-34)	153	22	OUTSYSTEMS OLÍMPICO DE OEIRAS
159	505	MÁRIO CLÁUDIO	1:11:01.00	1:10:42.34	47	M	VetIII M (45-49)	154	38	CCD TRANQUILIDADE
160	269	JOÃO VEIGA	1:11:08.03	1:10:45.13	34	M	Sen M (20-34)	155	23	RUN 4 FUN
161	645	JOÃO GOUVEIA	1:11:09.81	1:10:54.75	53	M	VetIV M (50-54)	156	25	GFD COPENHAGEN
162	245	PEDRO ISIDORO	1:11:13.05	1:11:07.87	49	M	VetIII M (45-49)	157	39	
163	704	JOÃO BRÁS	1:11:21.32	1:11:21.32	59	M	VetV M (55-59)	158	20	STAL
164	619	JOSÉ CRUZ	1:11:23.00	1:10:48.77	48	M	VetIII M (45-49)	159	40	
165	679	JOSÉ CUNHA	1:11:25.95	1:10:56.19	58	M	VetV M (55-59)	160	21	OS ZATOPQUES
166	212	SIMÃO SANTOS	1:11:26.13	1:10:44.87	29	M	Sen M (20-34)	161	24	
167	547	NUNO PIRES	1:11:29.41	1:11:20.78	30	M	Sen M (20-34)	162	25	GDC BANCO PORTUGAL
168	685	FILIFE FILIFE	1:11:31.15	1:11:21.79	56	M	VetV M (55-59)	163	22	SESIMBRA MAR
169	508	PAULO PEREIRA	1:11:32.06	1:11:27.81	56	M	VetV M (55-59)	164	23	CCD TRANQUILIDADE
170	186	NUNO CABEÇA	1:11:32.33	1:11:21.16	53	M	VetIV M (50-54)	165	26	
171	425	TITO NASCIMENTO	1:11:33.00	1:11:09.14	42	M	VetII M (40-44)	166	24	ELITE RUNNERS
172	314	CRISTINA HENRIQUES	1:11:34.83	1:11:31.64	53	F	VetIV F (50-54)	6	2	ACADEMIA R LINDA-A-VELHA
173	330	NUNO ESPERANÇA	1:11:35.19	1:11:29.00	47	M	VetIII M (45-49)	167	41	OS GALGOS
174	340	RUI FONSECA	1:11:39.93	1:11:24.43	58	M	VetV M (55-59)	168	24	
175	71	LÚCIA OLIVEIRA	1:11:41.11	1:11:41.11	44	F	VetII F (40-44)	7	3	GENERG
176	673	ANDRE LABORINHO	1:11:51.94	1:11:51.94	55	M	VetV M (55-59)	169	25	CORRER LISBOA
177	424	RICARDO WENCESLAU	1:11:56.95	1:11:56.95	41	M	VetII M (40-44)	170	25	TEAM EL COMANDANTE
178	232	ANTÓNIO NEREU	1:12:03.01	1:12:03.01	61	M	VetVI M (60-64)	171	8	RUN 4 FUN

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179	271	ANTÓNIO PEREIRA	1:12:03.69	1:11:54.30	58	M	VetV M (55-59)	172	26	CCDT METRO LX
180	597	JOSE PEREIRA	1:12:14.34	1:12:05.89	53	M	VetIV M (50-54)	173	27	GD SANTANDER TOTTA
181	110	CARLOS LUÍS	1:12:31.64	1:12:22.92	54	M	VetIV M (50-54)	174	28	
182	384	BRUNO SERRA	1:12:32.00	1:11:47.06	38	M	VetI M (35-39)	175	21	
183	500	NUNO REIS	1:12:34.00	1:12:28.26	41	M	VetII M (40-44)	176	26	CCD TRANQUILIDADE
184	327	JOÃO ASSUNÇÃO	1:12:35.52	1:12:17.83	25	M	Sen M (20-34)	177	26	RUN 4 FUN
185	722	ANTÓNIO GONÇALVES	1:12:39.12	1:12:36.34	47	M	VetIII M (45-49)	178	42	AMIGOS VALE SILÊNCIO
186	20	RUI MENDES	1:12:50.04	1:12:46.05	51	M	VetIV M (50-54)	179	29	CA VALE FIGUEIRA
187	244	LEONEL ALVES	1:12:59.37	1:12:39.85	44	M	VetII M (40-44)	180	27	
188	546	ANTÓNIO SIMÕES	1:13:01.00	1:12:48.48	53	M	VetIV M (50-54)	181	30	GDC BANCO PORTUGAL
189	460	PAULO PIRES	1:13:02.55	1:12:20.07	55	M	VetV M (55-59)	182	27	
190	601	JOSE VIEGAS	1:13:08.03	1:13:08.03	45	M	VetIII M (45-49)	183	43	GD SANTANDER TOTTA
191	487	JOSÉ SILVESTRE	1:13:10.34	1:13:03.69	56	M	VetV M (55-59)	184	28	
192	558	LUIS CORREIA	1:13:11.00	1:12:57.36	29	M	Sen M (20-34)	185	27	ARREPENDIDOS
193	607	NUNO BARRETO	1:13:12.76	1:12:48.69	49	M	VetIII M (45-49)	186	44	
194	361	JOAO CAMISAO	1:13:15.11	1:12:52.58	51	M	VetIV M (50-54)	187	31	A NATURZA ENSINA
195	445	RUI SOUSA	1:13:17.15	1:13:07.97	45	M	VetIII M (45-49)	188	45	ONTRISPORTS
196	328	MANUEL PINTO	1:13:21.43	1:12:41.00	55	M	VetV M (55-59)	189	29	
197	623	NELSON RODRIGUES	1:13:24.00	1:12:38.10	42	M	VetII M (40-44)	190	28	STAL
198	101	MIGUEL SANTOS	1:13:27.37	1:12:46.28	19	M	Jun M (18-19)	191	1	BANDO RUIVO
199	622	CARLOS LOUREIRO	1:13:28.52	1:12:42.60	49	M	VetIII M (45-49)	192	46	STAL
200	295	PAULO GOMES	1:13:29.36	1:13:17.95	49	M	VetIII M (45-49)	193	47	
201	721	RUI LAMEGO	1:13:30.90	1:13:27.56	38	M	VetI M (35-39)	194	22	PRIME RUNNING CLUB
202	638	EDGAR SANTOS	1:13:31.46	1:13:02.74	40	M	VetII M (40-44)	195	29	STELLAXIUS
203	674	HÉLDER PEREIRA	1:13:31.83	1:13:15.17	50	M	VetIV M (50-54)	196	32	
204	219	ÁLVARO SANTOS	1:13:33.09	1:13:20.70	47	M	VetIII M (45-49)	197	48	URBAN RUN TEAM

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205	728	BRUNO BRITO	1:13:35.05	1:13:35.05	40	M	VetII M (40-44)	198	30	AMINHACORRIDA - PACER
206	743	ANTÓNIO MARÇAL	1:13:36.42	1:13:28.64	63	M	VetVI M (60-64)	199	9	
207	94	CARLOS REIS	1:13:36.51	1:13:34.65	56	M	VetV M (55-59)	200	30	A VALE SILENCIO
208	449	SÓNIA NEVES	1:13:43.39	1:12:54.48	48	F	VetIII F (45-49)	8	1	INGLESSES FC
209	397	GONÇALO PALMINHA	1:13:49.86	1:13:49.86	45	M	VetIII M (45-49)	201	49	
210	613	JOSÉ ALEXANDRE	1:13:54.58	1:13:17.42	51	M	VetIV M (50-54)	202	33	CORRER SOC REC GRANJA
211	741	BETO BORGES	1:13:57.90	1:13:41.69	55	M	VetV M (55-59)	203	31	LESMAS
212	142	CARLOS RODRIGUES	1:13:58.48	1:13:55.97	65	M	VetVII M (65-99)	204	2	CLUBE EDP - LISBOA
213	83	JOSÉ ALVES	1:14:00.72	1:13:41.95	53	M	VetIV M (50-54)	205	34	
214	54	ROGÉRIO FONSECA	1:14:07.01	1:14:01.55	57	M	VetV M (55-59)	206	32	PSIARTE
215	542	JOAQUIM FERRÃO	1:14:11.30	1:13:49.93	62	M	VetVI M (60-64)	207	10	GDC BANCO PORTUGAL
216	448	MIGUEL ROCHA	1:14:11.41	1:13:54.99	51	M	VetIV M (50-54)	208	35	
217	530	JOAQUIM FRADE	1:14:16.02	1:14:11.46	67	M	VetVII M (65-99)	209	3	SS CGD
218	346	JOSÉ BICA	1:14:18.27	1:14:06.44	41	M	VetII M (40-44)	210	31	CORRER LISBOA
219	267	VIRGÍNIO PATEIRO	1:14:23.55	1:13:49.42	51	M	VetIV M (50-54)	211	36	
220	288	JOSÉ PEDRO	1:14:26.52	1:13:51.77	50	M	VetIV M (50-54)	212	37	
221	228	GONÇALO MARTINS	1:14:27.69	1:14:06.31	35	M	VetI M (35-39)	213	23	CÂMARA LISBOA CLUBE
222	593	MAXIM LETUNOVSKIY	1:14:29.36	1:14:19.41	34	M	Sen M (20-34)	214	28	
223	644	LILIANA LOURO	1:14:29.50	1:14:15.33	47	F	VetIII F (45-49)	9	2	GFD COPENHAGEN
224	160	RUI CARVALHO	1:14:31.00	1:14:20.87	53	M	VetIV M (50-54)	215	38	
225	185	FERNANDO CARVALHÃO	1:14:32.45	1:14:27.57	43	M	VetII M (40-44)	216	32	RUN 4 FUN
226	201	JOSÉ BARRADAS	1:14:34.07	1:13:57.76	43	M	VetII M (40-44)	217	33	
227	84	JOÃO CARVALHO	1:14:43.90	1:14:32.85	54	M	VetIV M (50-54)	218	39	
228	429	ICARO SOARES	1:14:46.91	1:14:17.78	44	M	VetII M (40-44)	219	34	
229	238	PAULO LOUREIRO	1:14:49.69	1:14:37.81	46	M	VetIII M (45-49)	220	50	GRJA
230	489	NELSON MOTA	1:14:52.00	1:14:34.33	52	M	VetIV M (50-54)	221	40	CCD TRANQUILIDADE

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231	199	PEDRO RAMOS	1:14:54.68	1:14:39.94	40	M	VetII M (40-44)	222	35	CCD PM CASCAIS
232	492	NUNO BEIJOCA	1:14:54.83	1:14:37.17	47	M	VetIII M (45-49)	223	51	CCD TRANQUILIDADE
233	385	RUI BERNARDO	1:15:00.22	1:14:14.73	40	M	VetII M (40-44)	224	36	
234	670	MIGUEL SOUSA	1:15:01.40	1:14:39.93	47	M	VetIII M (45-49)	225	52	
235	602	RUI MACHINHO	1:15:03.59	1:14:56.25	46	M	VetIII M (45-49)	226	53	GD SANTANDER TOTTA
236	131	PAULO VERISSIMO	1:15:06.59	1:14:55.92	55	M	VetV M (55-59)	227	33	CLUBE NOVO BANCO
237	256	AIRES PEDRO	1:15:11.80	1:15:11.80	68	M	VetVII M (65-99)	228	4	C FERROV PORTUGAL
238	188	ARMANDO CRUZ	1:15:12.87	1:14:55.01	57	M	VetV M (55-59)	229	34	
239	477	ANA MARQUES	1:15:13.61	1:14:56.65	62	F	VetVI F (60-64)	10	1	C MILLENNIUM BCP
240	463	JOÃO MALDONADO	1:15:17.50	1:14:59.05	32	M	Sen M (20-34)	230	29	
241	344	SÉRGIO COSTA	1:15:18.43	1:14:53.13	45	M	VetIII M (45-49)	231	54	GORUNNERS
242	348	HUMBERTO CASTANHEIRA	1:15:19.23	1:15:11.81	57	M	VetV M (55-59)	232	35	CASTANHEIRAS
243	580	JOSE GASPAR	1:15:24.14	1:15:21.60	50	M	VetIV M (50-54)	233	41	QUARTETO
244	395	ANDRÉ RIBEIRO	1:15:31.31	1:15:13.51	26	M	Sen M (20-34)	234	30	
245	59	PAULO ALVES	1:15:37.39	1:14:49.34	53	M	VetIV M (50-54)	235	42	
246	227	HENRIQUE MARTINS	1:15:46.37	1:15:10.45	35	M	VetI M (35-39)	236	24	CÂMARA LISBOA CLUBE
247	144	JOÃO ALMEIDA	1:15:56.94	1:15:50.59	46	M	VetIII M (45-49)	237	55	CAA BELEM
248	669	FRANCISCO PACHECO	1:15:58.57	1:15:20.65	53	M	VetIV M (50-54)	238	43	CORRER SOC DA GRANJA
249	45	JOÃO FERNANDES	1:16:04.58	1:15:20.40	43	M	VetII M (40-44)	239	37	
250	422	MARCO MALAGUERRA	1:16:06.74	1:15:55.31	52	M	VetIV M (50-54)	240	44	
251	675	JOAO MOITEIRO	1:16:07.54	1:15:50.33	51	M	VetIV M (50-54)	241	45	
252	464	ANDRE DUARTE	1:16:13.60	1:15:55.10	43	M	VetII M (40-44)	242	38	
253	553	ALBERTINO NETO	1:16:15.23	1:15:36.98	52	M	VetIV M (50-54)	243	46	CORRER SOC REC GRANJA
254	251	ADELAIDE DAMIÃO	1:16:19.87	1:16:08.52	58	F	VetV F (55-59)	11	1	
255	44	CEO FERNANDES	1:16:20.49	1:16:10.67	46	M	VetIII M (45-49)	244	56	A VALE SILENCIO
256	42	LEONEL NEVES	1:16:21.85	1:16:00.05	69	M	VetVII M (65-99)	245	5	A VALE SILENCIO

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257	718	VASCO MATOS	1:16:26.44	1:15:46.71	46	M	VetIII M (45-49)	246	57	CORRER SR GRANJA
258	551	SIMÃO F.	1:16:31.26	1:16:16.86	43	M	VetII M (40-44)	247	39	ADR O RELÂMPAGO
259	233	CLÁUDIO MARQUES	1:16:35.08	1:16:12.80	43	M	VetII M (40-44)	248	40	
260	510	ANTÓNIO PEREIRA	1:16:37.94	1:16:04.62	62	M	VetVI M (60-64)	249	11	
261	497	GONÇALO CORREIA	1:16:40.92	1:15:53.61	44	M	VetII M (40-44)	250	41	CCD TRANQUILIDADE
262	491	PEDRO ROSA	1:16:42.37	1:16:42.37	52	M	VetIV M (50-54)	251	47	CCD TRANQUILIDADE
263	624	CARLOS LOPES	1:16:44.81	1:16:00.54	57	M	VetV M (55-59)	252	36	STAL
264	382	ANTÓNIO ABREU	1:16:51.00	1:16:17.24	48	M	VetIII M (45-49)	253	58	ASAS DE ALMADA
265	250	HUGO MATEUS	1:16:57.99	1:16:39.24	44	M	VetII M (40-44)	254	42	
266	60	ANDRÉ VITORINO	1:17:00.03	1:17:00.03	36	M	VetI M (35-39)	255	25	
267	545	TIAGO DIOGO	1:17:01.60	1:16:41.03	45	M	VetIII M (45-49)	256	59	GDC BANCO PORTUGAL
268	390	FERNANDO MARTINS	1:17:01.79	1:16:41.38	52	M	VetIV M (50-54)	257	48	GFD RUNNING
269	297	ALDINA MARQUES	1:17:06.00	1:17:06.00	52	F	VetIV F (50-54)	12	3	
270	442	PAULO FERNANDES	1:17:06.24	1:16:41.35	49	M	VetIII M (45-49)	258	60	
271	359	SÓNIA PINTO	1:17:06.55	1:16:46.14	52	F	VetIV F (50-54)	13	4	OS GALGOS
272	292	JOSÉ TAVARES	1:17:08.16	1:16:55.40	54	M	VetIV M (50-54)	259	49	
273	643	ABEL PINA	1:17:09.96	1:16:55.07	58	M	VetV M (55-59)	260	37	GFD COPENHAGEN
274	737	BRUNO FERREIRA	1:17:15.95	1:16:38.51	47	M	VetIII M (45-49)	261	61	
275	193	CLÁUDIA MADEIRA	1:17:16.15	1:17:04.14	42	F	VetII F (40-44)	14	4	CORRER LISBOA
276	257	MANUEL ROMANO11	1:17:21.17	1:17:03.15	59	M	VetV M (55-59)	262	38	RUN 4 FUN
277	149	FRANCISCO BATISTA	1:17:34.23	1:17:23.75	57	M	VetV M (55-59)	263	39	
278	220	CARLOS JESUS	1:17:39.13	1:17:13.84	40	M	VetII M (40-44)	264	43	RUN FOR FUN
279	213	FERNANDO ROSETE	1:17:45.68	1:17:27.09	52	M	VetIV M (50-54)	265	50	RUN 4 FUN
280	278	BRUNO BARBOSA	1:17:52.43	1:17:31.05	32	M	Sen M (20-34)	266	31	CCDT METRO LX
281	275	MANUEL COSTA	1:17:53.26	1:17:14.47	66	M	VetVII M (65-99)	267	6	CCDT METRO LX
282	70	PEDRO FERRAZ	1:17:53.91	1:17:12.82	46	M	VetIII M (45-49)	268	62	

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283	453	FREDERICO MORAIS	1:18:08.89	1:17:27.95	43	M	VetII M (40-44)	269	44	
284	560	MARTA GAMEIRO	1:18:10.23	1:17:59.54	30	F	Sen F (20-34)	15	2	ARREPENDIDOS
285	659	FILIPE DUARTE	1:18:34.78	1:18:00.26	37	M	VetI M (35-39)	270	26	SERVIÇOS SOCIAIS MONTEPIO
286	173	JOÃO CARDOSO	1:18:35.53	1:18:13.72	49	M	VetIII M (45-49)	271	63	
287	655	DAVID REGUEIRÓ	1:18:35.74	1:18:06.46	39	M	VetI M (35-39)	272	27	
288	660	JORGE SOUSA	1:18:35.75	1:17:59.83	50	M	VetIV M (50-54)	273	51	SERVIÇOS SOCIAIS MONTEPIO
289	404	NORBERTO MARQUES	1:18:37.00	1:18:04.34	52	M	VetIV M (50-54)	274	52	
290	119	CARLOS NABIÇA	1:18:38.38	1:18:22.64	59	M	VetV M (55-59)	275	40	CLUBE NOVO BANCO
291	103	JOÃO ESTEVÃO	1:18:44.28	1:18:27.94	42	M	VetII M (40-44)	276	45	
292	62	MARCO SANTOS	1:18:48.15	1:18:35.32	36	M	VetI M (35-39)	277	28	SANTANA FC TRAIL TEAM
293	591	EUGÉNIO PISCO	1:18:48.78	1:18:25.02	71	M	VetVII M (65-99)	278	7	
294	480	LUIS BAIXINHO	1:18:50.00	1:18:14.50	39	M	VetI M (35-39)	279	29	C MILLENNIUM BCP
295	692	PATRICK SINCLAIR	1:18:51.88	1:18:37.28	44	M	VetII M (40-44)	280	46	O RELÂMPAGO
296	713	CARLA MORGADO	1:19:00.42	1:18:49.71	52	F	VetIV F (50-54)	16	5	CBRC
297	608	JOÃO MARQUES	1:19:05.66	1:18:41.40	57	M	VetV M (55-59)	281	41	GRD RIBEIRA LAGE
298	610	FERNANDA CAMACHO	1:19:05.75	1:19:05.75	52	F	VetIV F (50-54)	17	6	GRD RIBEIRA LAGE
299	191	ORLANDO DIAS	1:19:07.35	1:18:21.99	57	M	VetV M (55-59)	282	42	
300	69	LUCINDA HENRIQUES	1:19:09.34	1:19:09.34	74	F	VetVII F (65-99)	18	1	
301	751	DULCE REIS	1:19:17.81	1:19:11.48	53	F	VetIV F (50-54)	19	7	
302	217	HILÁRIO TORRES	1:19:19.21	1:18:52.97	63	M	VetVI M (60-64)	283	12	
303	652	VASCO GIRBAL	1:19:33.84	1:18:47.55	27	M	Sen M (20-34)	284	32	
304	720	PEDRO SILVA	1:19:35.90	1:19:35.90	39	M	VetI M (35-39)	285	30	
305	419	SIMÃO VINHAS	1:19:38.37	1:19:10.30	53	M	VetIV M (50-54)	286	53	CLUBE TAP PORTUGAL
306	293	CARLOS BATISTA	1:19:40.52	1:19:25.96	49	M	VetIII M (45-49)	287	64	NENHUMA
307	309	ELISABETH LOUREIRO	1:19:43.19	1:19:02.92	67	F	VetVII F (65-99)	20	2	SC CASAINHOS
308	749	JOÃO QUELHAS	1:19:45.46	1:19:28.63	48	M	VetIII M (45-49)	288	65	STEFFAS

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309	702	FRANCISCO TEIXEIRA	1:19:50.21	1:19:32.18	39	M	VetI M (35-39)	289	31	
310	752	JOÃO DUARTE PERDIGÃO CAETANI	1:19:50.30	1:19:36.59	30	M	Sen M (20-34)	290	33	
311	48	JORGE PAULO	1:19:50.44	1:19:25.15	64	M	VetVI M (60-64)	291	13	RUN 4 FUN
312	301	MARIA TEIXEIRA	1:19:51.44	1:19:09.19	49	F	VetIII F (45-49)	21	3	
313	312	SIMÃO ORTEGA	1:19:57.11	1:19:37.69	39	M	VetI M (35-39)	292	32	
314	717	JOÃO DIAS	1:20:06.96	1:19:27.12	42	M	VetII M (40-44)	293	47	
315	322	CARLOS MAGALHÃES	1:20:10.22	1:19:38.01	54	M	VetIV M (50-54)	294	54	
316	482	FERNANDO RODRIGUES	1:20:15.31	1:19:39.81	58	M	VetV M (55-59)	295	43	C MILLENNIUM BCP
317	742	CARLOS FERREIRA	1:20:31.00	1:20:15.20	52	M	VetIV M (50-54)	296	55	LESMAS
318	195	ANTÓNIO HORTA	1:20:34.32	1:20:17.22	69	M	VetVII M (65-99)	297	8	CCD PM CASCAIS
319	305	HENRIQUE FERREIRA	1:20:38.03	1:20:13.45	42	M	VetII M (40-44)	298	48	
320	681	PAULO BASÍLIO	1:20:39.20	1:20:09.34	55	M	VetV M (55-59)	299	44	OS ZATOPEQUES
321	680	JOÃO SILVA	1:20:40.63	1:20:09.02	64	M	VetVI M (60-64)	300	14	OS ZATOPEQUES
322	306	PAULO LOPES	1:20:44.81	1:20:28.73	51	M	VetIV M (50-54)	301	56	SC CASAINHOS
323	91	NUNO BOGALHEIRO	1:20:47.35	1:20:32.63	50	M	VetIV M (50-54)	302	57	A VALE SILENCIO
324	696	PAULO GONÇALVES	1:20:50.48	1:20:08.51	50	M	VetIV M (50-54)	303	58	
325	258	JOAO ADEGAS	1:20:50.88	1:20:29.71	52	M	VetIV M (50-54)	304	59	
326	672	TIAGO ANDRADE	1:20:52.24	1:20:38.63	37	M	VetI M (35-39)	305	33	
327	135	LUIS JOSE	1:20:54.56	1:20:33.08	53	M	VetIV M (50-54)	306	60	CLUBE NOVO BANCO
328	134	ANA JOSÉ	1:20:54.99	1:20:33.49	50	F	VetIV F (50-54)	22	8	CLUBE NOVO BANCO
329	240	SÉRGIO PAZ	1:20:56.53	1:20:17.25	51	M	VetIV M (50-54)	307	61	
330	353	BRUNO AZEVEDO	1:20:57.19	1:20:40.88	26	M	Sen M (20-34)	308	34	CCD CRÉDITO AGRÍCOLA
331	214	LUIS SOUSA	1:20:58.58	1:20:34.62	58	M	VetV M (55-59)	309	45	
332	216	TEODORO TRINDADE	1:21:06.00	1:21:06.00	61	M	VetVI M (60-64)	310	15	RUN 4 FUN
333	294	NUNO ALMEIDA	1:21:14.34	1:21:05.48	38	M	VetI M (35-39)	311	34	
334	345	ANTONIO BRANCO	1:21:22.49	1:21:14.09	64	M	VetVI M (60-64)	312	16	GALGOS

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335	177	PAULO RANA	1:21:22.65	1:21:22.65	58	M	VetV M (55-59)	313	46	
336	739	PAULO ALEXANDRE M P MARTINS	1:21:28.26	1:21:20.11	59	M	VetV M (55-59)	314	47	7 COLINAS RUNNERS
337	49	RICARDO CORREIA	1:21:35.00	1:21:35.00	39	M	VetI M (35-39)	315	35	
338	150	CRISTINA COELHO	1:21:41.55	1:21:31.60	58	F	VetV F (55-59)	23	2	
339	317	ANTONIO TEIXEIRA	1:21:44.39	1:21:40.39	45	M	VetIII M (45-49)	316	66	
340	711	VITOR COLELA	1:21:48.83	1:21:10.57	51	M	VetIV M (50-54)	317	62	
341	175	PEDRO MOLAR	1:21:50.28	1:21:28.28	45	M	VetIII M (45-49)	318	67	
342	311	SONIA LOUREIRO	1:21:56.14	1:21:23.23	44	F	VetII F (40-44)	24	5	
343	656	MARCOS PEREIRA	1:21:59.00	1:21:31.54	68	M	VetVII M (65-99)	319	9	
344	426	PATRÍCIA NUNES	1:22:02.41	1:21:38.88	39	F	VetI F (35-39)	25	2	ELITE RUNNERS
345	746	ANTÓNIO GUERREIRO	1:22:03.01	1:21:17.28	65	M	VetVII M (65-99)	320	10	AAMAFRA
346	531	JOSÉ DIMAS	1:22:04.84	1:21:27.44	54	M	VetIV M (50-54)	321	63	SS CGD
347	564	JORGE NETO	1:22:04.95	1:22:04.95	57	M	VetV M (55-59)	322	48	
348	536	JOSÉ MONTEIRO	1:22:05.79	1:21:53.32	66	M	VetVII M (65-99)	323	11	GDC BANCO PORTUGAL
349	89	ISABEL ANTUNES	1:22:06.78	1:21:56.31	51	F	VetIV F (50-54)	26	9	GM 1º DEZEMBRO QUEIJAS
350	126	JORGE MONTEIRO	1:22:07.15	1:21:55.56	56	M	VetV M (55-59)	324	49	CLUBE NOVO BANCO
351	630	FERNANDO AZEVEDO	1:22:11.74	1:21:28.19	70	M	VetVII M (65-99)	325	12	STAL
352	122	CLAUDIO ROCHA	1:22:12.90	1:21:40.16	48	M	VetIII M (45-49)	326	68	CLUBE NOVO BANCO
353	657	ANTONIO FRANCO	1:22:16.47	1:21:41.25	57	M	VetV M (55-59)	327	50	SERVIÇOS SOCIAIS MONTEPIO
354	439	AUGUSTO CARIA	1:22:19.97	1:22:03.46	70	M	VetVII M (65-99)	328	13	
355	25	NUNO CARVALHO	1:22:31.84	1:21:51.86	31	M	Sen M (20-34)	329	35	
356	389	JOAO ANTUNES	1:22:32.31	1:22:30.87	56	M	VetV M (55-59)	330	51	CORRER QUELUZ
357	654	JORGE ROSA	1:22:38.92	1:21:51.48	57	M	VetV M (55-59)	331	52	
358	539	LOURENÇO BANGY	1:22:40.00	1:22:40.00	20	M	Sen M (20-34)	332	36	GDC BANCO PORTUGAL
359	725	BRUNO SOUSA	1:22:42.00	1:22:34.16	41	M	VetII M (40-44)	333	49	AMINHACORRIDA - PACER
360	507	FERNANDO ANDRADE	1:22:44.45	1:22:32.31	68	M	VetVII M (65-99)	334	14	CCD TRANQUILIDADE

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361	411	NUNO NEVES	1:22:46.00	1:22:37.55	45	M	VetIII M (45-49)	335	69	
362	708	HELENA SILVA	1:22:48.52	1:22:31.52	55	F	VetV F (55-59)	27	3	
363	698	ETELVINA VIDAL	1:22:52.01	1:22:42.86	55	F	VetV F (55-59)	28	4	
364	291	JOAQUIM CARDOSO	1:22:53.26	1:22:36.47	50	M	VetIV M (50-54)	336	64	
365	707	MÁRIO MIGUEL	1:22:57.56	1:22:33.16	73	M	VetVII M (65-99)	337	15	STAL
366	420	SÉRGIO KRITHINAS	1:22:58.19	1:22:44.02	44	M	VetII M (40-44)	338	50	CORRER LISBOA
367	335	JORGE MOTA	1:23:00.61	1:22:31.52	47	M	VetIII M (45-49)	339	70	LOUSADA RUNNERS
368	33	JOSE MAGALHAES	1:23:11.74	1:22:44.24	55	M	VetV M (55-59)	340	53	
369	299	VITOR RODRIGUES	1:23:13.85	1:22:40.14	39	M	VetI M (35-39)	341	36	
370	523	JOSE PEIXOTO	1:23:14.19	1:22:49.75	64	M	VetVI M (60-64)	342	17	
371	319	MARIA ABREU	1:23:19.15	1:22:34.50	32	F	Sen F (20-34)	29	3	
372	76	JOAO COELHO	1:23:19.19	1:23:02.84	38	M	VetI M (35-39)	343	37	
373	170	JOÃO COUTINHO	1:23:19.55	1:23:19.55	65	M	VetVII M (65-99)	344	16	
374	200	JÚLIO MEIRELES	1:23:24.31	1:23:09.30	71	M	VetVII M (65-99)	345	17	CCD PM CASCAIS
375	172	JAIME GOMES	1:23:26.00	1:23:04.24	39	M	VetI M (35-39)	346	38	
376	592	MIGUEL TEIXEIRA	1:23:28.03	1:22:54.46	44	M	VetII M (40-44)	347	51	
377	412	CARLOS SILVA	1:23:29.04	1:23:01.45	58	M	VetV M (55-59)	348	54	CLUBE TAP PORTUGAL
378	414	FERNANDO COELHO	1:23:30.45	1:23:02.82	57	M	VetV M (55-59)	349	55	CLUBE TAP PORTUGAL
379	465	MARISA NUNES	1:23:35.21	1:23:04.03	53	F	VetIV F (50-54)	30	10	
380	538	KARIM BANGY	1:23:36.40	1:23:11.73	35	M	VetI M (35-39)	350	39	GDC BANCO PORTUGAL
381	153	ANDREIA PEREIRA	1:23:37.80	1:23:03.57	37	F	VetI F (35-39)	31	3	7COLINASRUNNERS
382	581	RICARDO DIAS	1:23:40.00	1:23:04.32	49	M	VetIII M (45-49)	351	71	
383	349	LEONOR CASTANHEIRA	1:23:42.45	1:23:35.47	20	M	Sen M (20-34)	352	37	CASTANHEIRAS
384	242	JORGE SANTOS	1:23:45.49	1:23:09.42	45	M	VetIII M (45-49)	353	72	
385	441	RAFAEL AZRIEL	1:23:47.18	1:23:07.21	53	M	VetIV M (50-54)	354	65	
386	274	MARIA FERREIRA	1:23:49.73	1:23:11.00	47	F	VetIII F (45-49)	32	4	CCDT METRO LX

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387	237	VÍTOR PEREIRA	1:23:55.45	1:23:43.76	46	M	VetIII M (45-49)	355	73	GRJA
388	396	BRUNO AÇUCENA	1:23:57.00	1:23:14.26	44	M	VetII M (40-44)	356	52	
389	533	MÁRIO LOPES	1:23:59.95	1:23:25.19	54	M	VetIV M (50-54)	357	66	OS PERIGOSOS
390	534	BENTO VALENTE	1:24:01.85	1:23:26.48	57	M	VetV M (55-59)	358	56	OS PERIGOSOS
391	471	ADRIANA SILVA	1:24:05.00	1:23:33.78	28	F	Sen F (20-34)	33	4	C BENFICA ALG M MARTINS
392	693	JESSICA STACEY	1:24:09.12	1:23:55.45	39	F	VetI F (35-39)	34	4	O RELÂMPAGO
393	541	RICARDO LOURENÇO	1:24:25.65	1:23:58.82	30	M	Sen M (20-34)	359	38	GDC BANCO PORTUGAL
394	372	SIDONIO DIAS	1:24:33.69	1:24:12.62	52	M	VetIV M (50-54)	360	67	C BENFICA ALG M MARTINS
395	570	HELENA SOUSA	1:24:41.36	1:24:31.71	44	F	VetII F (40-44)	35	6	SUBLIMES
396	554	LUIS SANTOS	1:24:46.73	1:24:46.73	58	M	VetV M (55-59)	361	57	
397	705	CARLOS SOARES	1:24:47.71	1:24:23.75	55	M	VetV M (55-59)	362	58	CORRER LISBOA
398	163	AGOSTINHO MARQUES	1:24:48.31	1:24:15.35	65	M	VetVII M (65-99)	363	18	ASAS ALMADA SEIXAL
399	509	FRANCISCO PEREIRA	1:24:55.54	1:24:36.39	56	M	VetV M (55-59)	364	59	CCD TRANQUILIDADE
400	192	MARCELO CARDEIRA	1:24:55.95	1:24:29.94	53	M	VetIV M (50-54)	365	68	LINDA A PASTORA SC
401	74	PEDRO CORREIA	1:25:01.00	1:24:15.53	40	M	VetII M (40-44)	366	53	
402	181	MÁRCIA SOUZA	1:25:06.62	1:24:59.69	49	F	VetIII F (45-49)	36	5	
403	171	RHYS PIPPARD	1:25:08.57	1:25:08.57	38	M	VetI M (35-39)	367	40	LOS CABALLOS
404	167	MARIO BRAZ	1:25:09.44	1:25:09.44	58	M	VetV M (55-59)	368	60	LOS CABALLOS
405	86	RUI ALMEIDA	1:25:10.25	1:24:26.97	45	M	VetIII M (45-49)	369	74	
406	46	SÉRGIO CARDOSO	1:25:17.30	1:24:33.06	44	M	VetII M (40-44)	370	54	
407	260	JOSE RODRIGUES	1:25:25.00	1:24:41.54	56	M	VetV M (55-59)	371	61	
408	629	VITOR PEREIRA	1:25:33.27	1:25:33.27	60	M	VetVI M (60-64)	372	18	STAL
409	36	BRUNO RAMOS	1:25:34.33	1:24:56.84	40	M	VetII M (40-44)	373	55	
410	483	FRANCISCO TORRES	1:25:35.63	1:25:16.88	31	M	Sen M (20-34)	374	39	C MILLENNIUM BCP
411	646	MARIA PINA	1:25:40.28	1:25:25.27	56	F	VetV F (55-59)	37	5	GFD COPENHAGEN
412	468	FREDERICO HEUSMANN	1:25:41.22	1:25:14.89	22	M	Sen M (20-34)	375	40	

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413	320	JOSE MONTEIRO	1:25:44.23	1:25:00.24	52	M	VetIV M (50-54)	376	69	
414	165	HENRIQUE ALVAREDO	1:25:44.53	1:25:10.78	65	M	VetVII M (65-99)	377	19	ASAS ALMADA SEIXAL
415	137	JOÃO PINTO	1:25:57.69	1:25:34.72	31	M	Sen M (20-34)	378	41	
416	136	ANA CORDEIRO	1:25:58.92	1:25:35.86	34	F	Sen F (20-34)	38	5	
417	73	RUI SOL-POSTO	1:26:00.57	1:25:23.66	46	M	VetIII M (45-49)	379	75	
418	451	ALBINO TOMÁS	1:26:05.17	1:25:57.61	66	M	VetVII M (65-99)	380	20	CBRC
419	276	RAFAEL SANTOS	1:26:06.86	1:25:27.98	56	M	VetV M (55-59)	381	62	CCDT METRO LX
420	324	ANDRÉ JANECO	1:26:13.76	1:25:21.62	37	M	VetI M (35-39)	382	41	
421	435	LUÍS REVÉS	1:26:24.30	1:26:12.37	49	M	VetIII M (45-49)	383	76	CCD SIEMENS
422	457	MIGUEL SILVA	1:26:25.10	1:25:58.99	20	M	Sen M (20-34)	384	42	
423	289	JOSÉ VEIGA	1:26:25.89	1:25:45.12	62	M	VetVI M (60-64)	385	19	RUN 4 FUN
424	440	SVETLANA SAIKO	1:26:33.56	1:25:30.57	29	F	Sen F (20-34)	39	6	
425	39	PEDRO RAMOS	1:26:34.51	1:25:57.57	46	M	VetIII M (45-49)	386	77	LEBRES VERMELHAS SB
426	456	PAULO SILVA	1:26:48.20	1:26:22.90	56	M	VetV M (55-59)	387	63	
427	339	LUIS SOUSA	1:27:02.97	1:26:15.59	47	M	VetIII M (45-49)	388	78	
428	92	ANGELA TEIXEIRA	1:27:14.24	1:26:45.54	35	F	VetI F (35-39)	40	5	
429	517	PEDRO SERRA	1:27:28.63	1:27:16.43	47	M	VetIII M (45-49)	389	79	CORRER LISBOA
430	481	BRUNO DIAS	1:27:33.65	1:26:57.55	46	M	VetIII M (45-49)	390	80	SS CGD
431	154	PAULO GONCALVES	1:27:35.30	1:27:07.21	56	M	VetV M (55-59)	391	64	
432	764	LUIS MELO	1:27:42.67	1:26:55.42	50	M	VetIV M (50-54)	392	70	
433	762	MANUEL CRISPIM	1:27:47.00	1:27:11.22	71	M	VetVII M (65-99)	393	21	UDCA
434	747	SÉRGIO COSTA	1:27:52.00	1:27:29.87	36	M	VetI M (35-39)	394	42	AGUALVA RUNNERS
435	632	JOSÉ VIEIRA	1:27:58.14	1:27:51.88	61	M	VetVI M (60-64)	395	20	STAL
436	599	IVO LIMA	1:28:01.00	1:27:44.39	46	M	VetIII M (45-49)	396	81	GD SANTANDER TOTTA
437	603	SANDRA DUARTE	1:28:04.73	1:27:49.72	40	F	VetII F (40-44)	41	7	GD SANTANDER TOTTA
438	78	JOSÉ GONÇALVES	1:28:09.00	1:27:14.21	48	M	VetIII M (45-49)	397	82	

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439	296	JOÃO PEREIRA	1:28:15.24	1:27:54.54	59	M	VetV M (55-59)	398	65	ACPORTALEGRE
440	719	VIVALDO SILVA	1:28:18.93	1:28:09.71	31	M	Sen M (20-34)	399	43	CASAS CAIZER
441	156	CARLOS FILHO	1:28:20.13	1:28:20.13	33	M	Sen M (20-34)	400	44	
442	102	JOÃO CORREIA	1:28:22.00	1:27:39.05	20	M	Sen M (20-34)	401	45	BANDO RUIVO
443	684	DIOGO GONÇALVES	1:28:24.55	1:27:59.67	28	M	Sen M (20-34)	402	46	
444	331	RUI PERES	1:28:34.30	1:27:51.56	30	M	Sen M (20-34)	403	47	
445	166	MAGNIFICA ALVAREDO	1:28:36.71	1:28:03.40	68	F	VetVII F (65-99)	42	3	ASAS ALMADA SEIXAL
446	368	CARLOS SILVA	1:28:38.38	1:28:09.10	57	M	VetV M (55-59)	404	66	C BENFICA ALG M MARTINS
447	756	ANTÓNIO DUARTE	1:28:43.81	1:27:50.66	60	M	VetVI M (60-64)	405	21	
448	99	CARLOS PENA	1:28:44.00	1:27:51.85	54	M	VetIV M (50-54)	406	71	GE OS ECONÓMICOS
449	95	MARIA CONCHINHA	1:28:44.63	1:28:19.18	64	F	VetVI F (60-64)	43	2	CBR CALHAU
450	379	JOSÉ FREITAS	1:28:53.08	1:28:18.66	61	M	VetVI M (60-64)	407	22	ASAS DE ALMADA
451	161	HELENA CUNHA	1:28:56.85	1:28:23.90	64	F	VetVI F (60-64)	44	3	ASAS ALMADA SEIXAL
452	343	RUI SILVA	1:29:01.85	1:28:28.78	48	M	VetIII M (45-49)	408	83	
453	585	BERNARDINO PEREIRA	1:29:03.49	1:28:59.75	87	M	VetVII M (65-99)	409	22	CF OS BELENENSES
454	556	IDALÉCIO BARROS	1:29:04.00	1:28:58.19	68	M	VetVII M (65-99)	410	23	
455	151	MARIA SILVA	1:29:04.57	1:28:37.60	65	F	VetVII F (65-99)	45	4	RUN 4 FUN
456	63	ELISABETE SILVA	1:29:05.53	1:29:05.53	39	F	VetI F (35-39)	46	6	À PALA DA CUECA
457	183	PEDRO REIS	1:29:08.83	1:28:36.96	51	M	VetIV M (50-54)	411	72	
458	226	CARLOS FERREIRA	1:29:10.04	1:28:27.69	59	M	VetV M (55-59)	412	67	CÂMARA LISBOA CLUBE
459	313	JOSÉ CORDEIRO	1:29:14.04	1:28:22.43	41	M	VetII M (40-44)	413	56	
460	202	LUISA RALHA	1:29:15.67	1:28:49.32	64	F	VetVI F (60-64)	47	4	RUN 4 FUN
461	262	VITOR SILVA	1:29:16.93	1:29:16.93	57	M	VetV M (55-59)	414	68	
462	204	ALMERINDO SILVA	1:29:18.07	1:28:53.05	63	M	VetVI M (60-64)	415	23	ADC CATUJAL
463	203	JOAO PASSEIRO	1:29:18.60	1:28:51.35	60	M	VetVI M (60-64)	416	24	ADC CATUJAL
464	198	PAULA MACHADO	1:29:21.77	1:29:05.44	68	F	VetVII F (65-99)	48	5	CCD PM CASCAIS

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465	174	ADRIANA SOARES	1:29:22.19	1:28:44.69	45	F	VetIII F (45-49)	49	6	
466	605	FERNANDO COSTA	1:29:26.10	1:29:00.52	54	M	VetIV M (50-54)	417	73	
467	726	TÓ RAMOS	1:29:30.17	1:29:20.64	51	M	VetIV M (50-54)	418	74	AMINHACORRIDA - PACER
468	626	JOSÉ BRANQUINHO	1:29:30.30	1:28:52.80	68	M	VetVII M (65-99)	419	24	STAL
469	407	PAULO ALMEIDA	1:29:30.43	1:28:45.96	49	M	VetIII M (45-49)	420	84	
470	418	MADALENA PINA	1:29:35.12	1:29:08.93	55	F	VetV F (55-59)	50	6	CLUBE TAP PORTUGAL
471	421	SÓNIA MIGUEL	1:29:35.81	1:28:54.66	48	F	VetIII F (45-49)	51	7	
472	755	RUBEN SILVA	1:29:36.74	1:28:55.35	66	M	VetVII M (65-99)	421	25	
473	700	CARLA SANTOS	1:29:42.36	1:29:28.78	44	F	VetII F (40-44)	52	8	
474	575	BRUNO VICENTE	1:29:43.23	1:29:33.53	38	M	VetI M (35-39)	422	43	RB RUNNING
475	663	TERESA CARDOSO	1:29:45.77	1:29:14.83	43	F	VetII F (40-44)	53	9	SERVIÇOS SOCIAIS MONTEPIO
476	694	MIGUEL SOBRAL	1:29:46.70	1:29:16.07	35	M	VetI M (35-39)	423	44	
477	130	PAULO GONÇALVES	1:29:49.09	1:29:38.50	55	M	VetV M (55-59)	424	69	CLUBE NOVO BANCO
478	117	ANA FERREIRA	1:29:52.00	1:29:42.35	54	F	VetIV F (50-54)	54	11	CLUBE NOVO BANCO
479	642	DANIEL SOUSA	1:29:59.00	1:29:52.32	45	M	VetIII M (45-49)	425	85	
480	360	VANESSA ALVES	1:30:06.19	1:29:45.11	44	F	VetII F (40-44)	55	10	OS GALGOS
481	272	FRANCISCO PLÍNIO	1:30:09.38	1:29:30.58	67	M	VetVII M (65-99)	426	26	CCDT METRO LX
482	208	ANA ROLO	1:30:09.76	1:29:53.42	57	F	VetV F (55-59)	56	7	INGLESES FC
483	600	ANTONIO CASTRO	1:30:25.31	1:30:05.72	53	M	VetIV M (50-54)	427	75	GD SANTANDER TOTTA
484	98	LETICIA OLIVEIRA	1:30:28.75	1:30:04.36	40	F	VetII F (40-44)	57	11	
485	26	HERNÂNI SILVA	1:30:32.18	1:30:17.80	61	M	VetVI M (60-64)	428	25	A VALE SILENCIO
486	470	ANABELA REIS	1:30:36.94	1:30:07.71	52	F	VetIV F (50-54)	58	12	STRONG TEAM
487	434	FERNANDO REIS	1:30:40.00	1:30:11.34	55	M	VetV M (55-59)	429	70	STRONG TEAM
488	55	VERA FONSECA	1:30:43.00	1:30:37.19	40	F	VetII F (40-44)	59	12	PSIARTE
489	316	NUNO MESTRE	1:30:46.42	1:30:14.21	49	M	VetIII M (45-49)	430	86	
490	405	PAULO MARTINS	1:30:46.71	1:30:14.91	55	M	VetV M (55-59)	431	71	

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491	403	JORGE FERREIRA	1:30:47.80	1:30:16.24	58	M	VetV M (55-59)	432	72	
492	315	JOÃO JORGE	1:30:48.00	1:29:56.65	46	M	VetIII M (45-49)	433	87	
493	561	LUIS ABRUNHOSA	1:30:49.96	1:30:03.85	55	M	VetV M (55-59)	434	73	
494	498	CARLOS BARGADO	1:31:04.16	1:30:28.38	58	M	VetV M (55-59)	435	74	CCD TRANQUILIDADE
495	475	MARINA MORGADO	1:31:10.23	1:30:52.18	33	F	Sen F (20-34)	60	7	C MILLENNIUM BCP
496	224	EDUARDO MANSO	1:31:10.83	1:30:28.57	61	M	VetVI M (60-64)	436	26	CÂMARA LISBOA CLUBE
497	56	KIKE YIN	1:31:13.37	1:30:55.27	36	M	VetI M (35-39)	437	45	
498	563	MARIA FERNANDES	1:31:15.65	1:31:15.65	65	F	VetVII F (65-99)	61	6	AMIGOSDACORRIDA
499	132	RICARDO RODRIGUES	1:31:16.72	1:30:43.98	51	M	VetIV M (50-54)	438	76	CLUBE NOVO BANCO
500	252	MANUEL PAULO	1:31:22.05	1:31:09.52	66	M	VetVII M (65-99)	439	27	RUN2FINISH.PT
501	290	ANTONIO MELGAO	1:31:23.32	1:30:39.68	43	M	VetII M (40-44)	440	57	
502	529	JOÃO CORREIA	1:31:29.70	1:30:52.81	61	M	VetVI M (60-64)	441	27	SS CGD
503	549	PATRÍCIA GASPAR	1:31:32.88	1:31:15.92	45	F	VetIII F (45-49)	62	8	GDCT IN CM
504	378	RUI PINTO	1:31:35.00	1:31:00.25	57	M	VetV M (55-59)	442	75	ASAS DE ALMADA
505	381	JUSTINIANO SILVA	1:31:39.66	1:31:04.25	58	M	VetV M (55-59)	443	76	ASAS DE ALMADA
506	53	JOAO CORDEIRO	1:31:44.96	1:31:15.31	34	M	Sen M (20-34)	444	48	
507	370	ANTONIO BOGAS	1:31:54.10	1:31:22.41	56	M	VetV M (55-59)	445	77	C BENFICA ALG M MARTINS
508	52	ANTÓNIO FERNANDES	1:32:06.65	1:31:53.26	66	M	VetVII M (65-99)	446	28	A VALE SILENCIO
509	72	JOÃO SILVA	1:32:23.61	1:31:46.70	26	M	Sen M (20-34)	447	49	
510	535	JOSÉ PEREIRA	1:32:24.87	1:31:49.99	66	M	VetVII M (65-99)	448	29	OS PERIGOSOS
511	66	JOSE MOGA	1:32:26.07	1:32:10.54	65	M	VetVII M (65-99)	449	30	A VALE SILENCIO
512	356	CATARINA NICHU	1:32:32.86	1:32:11.50	56	F	VetV F (55-59)	63	8	OS GALGOS
513	677	ANA MARQUES	1:32:35.08	1:32:08.10	26	F	Sen F (20-34)	64	8	
514	31	SOFIA JUNCEIRO	1:32:38.88	1:31:56.13	41	F	VetII F (40-44)	65	13	RUN2U??
515	97	NUNO FREITAS	1:32:45.50	1:32:17.15	43	M	VetII M (40-44)	450	58	ÁGUAS LIVRES DE CANEÇAS
516	515	CARLOS SILVA	1:32:47.00	1:32:02.71	50	M	VetIV M (50-54)	451	77	

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517	569	RICARDO ALFEIRÃO	1:32:51.71	1:32:43.28	43	M	VetII M (40-44)	452	59	SUBLIMES
518	68	EUGÉNIO RUIVO	1:32:52.64	1:32:52.08	69	M	VetVII M (65-99)	453	31	25 ABRIL SEMPRE
519	125	JOAO FIGUEIREDO	1:32:56.00	1:32:56.00	38	M	VetI M (35-39)	454	46	CLUBE NOVO BANCO
520	459	PAULO CAÇADOR	1:33:01.00	1:32:39.88	45	M	VetIII M (45-49)	455	88	
521	665	DIOGO FERNANDES	1:33:06.84	1:33:06.84	33	M	Sen M (20-34)	456	50	
522	633	ANTÓNIO SANTOS	1:33:13.92	1:32:21.08	60	M	VetVI M (60-64)	457	28	STAL
523	259	LUIS SILVA	1:33:18.91	1:32:43.64	55	M	VetV M (55-59)	458	78	
524	41	RUDOLFO BENTO	1:33:20.89	1:33:00.84	43	M	VetII M (40-44)	459	60	
525	241	CARLOS MARTINS	1:33:33.57	1:32:16.70	45	M	VetIII M (45-49)	460	89	
526	32	RENATO CORREIA	1:33:34.99	1:32:52.28	47	M	VetIII M (45-49)	461	90	RUN2U??
527	650	ANDREIA CARVALHO	1:33:37.47	1:33:17.63	39	F	VetI F (35-39)	66	7	
528	723	PAULO CLARA	1:33:59.35	1:33:41.15	41	M	VetII M (40-44)	462	61	
529	572	HERMÍNIO COSTA	1:34:02.52	1:33:56.71	61	M	VetVI M (60-64)	463	29	
530	123	DINIS MARTINS	1:34:05.98	1:33:51.15	53	M	VetIV M (50-54)	464	78	CLUBE NOVO BANCO
531	75	LUIS CATITA	1:34:13.45	1:33:43.90	65	M	VetVII M (65-99)	465	32	
532	298	PEDRO NOBRE	1:34:14.05	1:33:40.34	46	M	VetIII M (45-49)	466	91	
533	631	PEDRO SILVA	1:34:16.11	1:34:16.11	41	M	VetII M (40-44)	467	62	STAL
534	506	ARTUR GAIO	1:34:18.48	1:33:26.88	39	M	VetI M (35-39)	468	47	CCD TRANQUILIDADE
535	179	MANUEL PEREIRA	1:34:23.79	1:33:40.67	41	M	VetII M (40-44)	469	63	
536	164	NUNO SANTOS	1:34:26.81	1:33:52.29	48	M	VetIII M (45-49)	470	92	ASAS ALMADA SEIXAL
537	162	SERAFIM MARQUES	1:34:26.88	1:33:53.26	74	M	VetVII M (65-99)	471	33	ASAS ALMADA SEIXAL
538	516	INÊS ABRANTES	1:34:30.79	1:34:00.29	38	F	VetI F (35-39)	67	8	
539	129	MANUEL MANTEIGAS	1:34:37.00	1:33:56.59	39	M	VetI M (35-39)	472	48	CLUBE NOVO BANCO
540	336	CARLOS GONCALVES	1:34:43.72	1:34:15.98	66	M	VetVII M (65-99)	473	34	LEBRES E TARTARUGAS
541	410	MIGUEL CAMPO	1:34:53.67	1:34:04.55	53	M	VetIV M (50-54)	474	79	
542	519	GONÇALO OLIVEIRA	1:34:53.76	1:34:34.21	57	M	VetV M (55-59)	475	79	GDCT UNICRE

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543	615	RENAM PEREIRA	1:35:13.20	1:34:30.73	33	M	Sen M (20-34)	476	51	
544	458	FABIANA ZUNFRILLI	1:35:16.70	1:34:54.60	50	F	VetIV F (50-54)	68	13	
545	766	CARLOS FERREIRA	1:35:16.81	1:34:51.24	66	M	VetVII M (65-99)	477	35	
546	532	MIGUEL ANGELO	1:35:24.83	1:34:47.15	47	M	VetIII M (45-49)	478	93	SS CGD
547	469	PAULO GORDO	1:35:26.56	1:34:56.44	56	M	VetV M (55-59)	479	80	
548	284	PAULO GORDO	1:35:28.76	1:35:28.76	56	M	VetV M (55-59)	480	81	
549	221	JOÃO RALHA	1:35:34.24	1:35:09.94	63	M	VetVI M (60-64)	481	30	RUN 4 FUN
550	408	LUIS CARVALHO	1:35:34.73	1:34:57.68	61	M	VetVI M (60-64)	482	31	
551	34	PAULO BORGES	1:35:42.39	1:35:00.46	54	M	VetIV M (50-54)	483	80	
552	709	VERÍSSIMO CHALEGRE	1:35:43.64	1:35:26.06	32	M	Sen M (20-34)	484	52	
553	666	TAYNA BRITO	1:35:44.27	1:35:25.67	28	F	Sen F (20-34)	69	9	
554	488	EMÍLIO GONÇALVES	1:35:46.37	1:35:31.28	56	M	VetV M (55-59)	485	82	LINDA A PASTORA SC
555	234	JORGE NUNES	1:35:48.39	1:35:01.56	45	M	VetIII M (45-49)	486	94	
556	67	ANTÓNIO MOREIRA	1:35:51.46	1:35:51.46	59	M	VetV M (55-59)	487	83	
557	596	FÁBIO PIO	1:36:23.91	1:35:39.72	51	M	VetIV M (50-54)	488	81	GD SANTANDER TOTTA
558	114	JOÃO PASSOS	1:36:35.14	1:36:03.25	44	M	VetII M (40-44)	489	64	ANJO
559	617	SUSANA ALMEIDA	1:36:45.08	1:35:57.38	33	F	Sen F (20-34)	70	10	PEPAS
560	207	MARIA CORREIA	1:36:45.39	1:36:25.56	70	F	VetVII F (65-99)	71	7	
561	616	FILIPA SILVA	1:36:46.96	1:35:58.65	34	F	Sen F (20-34)	72	11	PEPAS
562	540	ELENA BUCEA	1:36:51.13	1:36:23.54	30	F	Sen F (20-34)	73	12	GDC BANCO PORTUGAL
563	79	MANUEL SIMÃO	1:36:51.90	1:36:10.97	73	M	VetVII M (65-99)	490	36	
564	96	JOSÉ FREITAS	1:36:56.92	1:36:29.74	44	M	VetII M (40-44)	491	65	ÁGUAS LIVRES DE CANEÇAS
565	223	CECÍLIA NICOLAU	1:37:01.03	1:36:56.69	56	F	VetV F (55-59)	74	9	
566	222	CÉLIA AZENHA	1:37:02.70	1:36:58.94	58	F	VetV F (55-59)	75	10	
567	159	MARIA VAZ	1:37:07.41	1:36:23.15	57	F	VetV F (55-59)	76	11	
568	158	AFONSO PIRES	1:37:07.71	1:36:24.09	55	M	VetV M (55-59)	492	84	

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569	118	ANA BASTOS	1:37:17.80	1:36:55.49	44	F	VetII F (40-44)	77	14	CLUBE NOVO BANCO
570	65	BÁRBARA TAVARES	1:37:21.51	1:37:02.98	24	F	Sen F (20-34)	78	13	CLIMBERS
571	64	CIRO TAVARES	1:37:23.00	1:37:05.90	36	M	VetI M (35-39)	493	49	CLIMBERS
572	19	LUIS PROENÇA	1:37:29.04	1:36:55.32	53	M	VetIV M (50-54)	494	82	
573	286	JOAQUIM PINTO	1:37:30.80	1:36:49.71	64	M	VetVI M (60-64)	495	32	
574	121	CIDALIA BORGES	1:37:32.09	1:37:09.88	50	F	VetIV F (50-54)	79	14	CLUBE NOVO BANCO
575	697	LUIS REIS	1:37:43.07	1:37:00.07	48	M	VetIII M (45-49)	496	95	
576	699	PAULO SILVA	1:37:44.75	1:37:31.00	44	M	VetII M (40-44)	497	66	
577	520	BENTO CORREIA	1:38:02.36	1:37:43.79	61	M	VetVI M (60-64)	498	33	GDCT UNICRE
578	628	MÓNICA PEREIRA	1:38:09.01	1:37:16.60	46	F	VetIII F (45-49)	80	9	STAL
579	157	ANA SÉRIO	1:38:20.30	1:37:55.58	34	F	Sen F (20-34)	81	14	
580	443	PEDRO LOPES	1:38:21.75	1:37:43.38	52	M	VetIV M (50-54)	499	83	
581	21	JOSE CORREIA	1:38:30.60	1:38:14.78	63	M	VetVI M (60-64)	500	34	
582	627	JOSÉ ALVES	1:38:31.41	1:37:39.94	64	M	VetVI M (60-64)	501	35	STAL
583	47	PAULO MOUTINHO	1:38:32.44	1:38:14.97	51	M	VetIV M (50-54)	502	84	
584	552	CATARINA AFONSO	1:38:37.19	1:38:16.72	45	F	VetIII F (45-49)	82	10	RUN&WIN(E)
585	618	RUBEN GONÇALVES	1:39:36.90	1:39:20.96	43	M	VetII M (40-44)	503	67	CCD PM CASCAIS
586	478	LEONEL BRANDAO	1:39:46.08	1:39:28.55	55	M	VetV M (55-59)	504	85	C MILLENNIUM BCP
587	562	IVAN DOUGLAS	1:39:57.40	1:39:42.94	40	M	VetII M (40-44)	505	68	
588	197	LUIS REIS	1:39:58.97	1:39:44.29	64	M	VetVI M (60-64)	506	36	CCD PM CASCAIS
589	594	DIOGO ALMEIDA	1:40:05.00	1:39:50.64	38	M	VetI M (35-39)	507	50	ADR O RELÂMPAGO
590	16	RICARDO FIGUEIRA	1:40:15.44	1:39:26.27	42	M	VetII M (40-44)	508	69	
591	61	HELIO GODINHO	1:40:17.90	1:39:57.05	72	M	VetVII M (65-99)	509	37	
592	502	TAM AFONSO	1:40:33.19	1:40:10.66	70	M	VetVII M (65-99)	510	38	CCD TRANQUILIDADE
593	495	MARIA SILVA	1:40:33.57	1:40:33.57	49	F	VetIII F (45-49)	83	11	CCD TRANQUILIDADE
594	190	ADRIANO CUNHA	1:40:38.77	1:39:58.32	69	M	VetVII M (65-99)	511	39	

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595	494	CHRISTY CARVALHO	1:40:39.51	1:39:50.70	47	F	VetIII F (45-49)	84	12	CCD TRANQUILIDADE
596	452	DAVID OLIVEIRA	1:40:58.75	1:40:19.50	29	M	Sen M (20-34)	512	53	
597	399	HELENA SANTOS	1:41:11.27	1:41:03.13	60	F	VetVI F (60-64)	85	5	
598	398	ANTÓNIO NUNES	1:41:11.65	1:41:04.43	68	M	VetVII M (65-99)	513	40	
599	111	HELENA LUÍS	1:41:24.43	1:41:16.11	47	F	VetIII F (45-49)	86	13	
600	496	ROGÉRIO DIAS	1:41:58.72	1:41:55.80	51	M	VetIV M (50-54)	514	85	CCD TRANQUILIDADE
601	586	CARLOS CRESPO	1:42:32.78	1:42:32.78	61	M	VetVI M (60-64)	515	37	CF OS BELENENSES
602	376	EDUARDO LOPES	1:42:35.40	1:41:59.57	55	M	VetV M (55-59)	516	86	ASAS DE ALMADA
603	380	MANUELA FERREIRA	1:42:37.56	1:42:37.56	48	F	VetIII F (45-49)	87	14	ASAS DE ALMADA
604	354	JOSÉ MENDES	1:42:49.11	1:42:32.45	42	M	VetII M (40-44)	517	70	CCD CRÉDITO AGRÍCOLA
605	661	LUIS LOURENÇO	1:43:08.46	1:42:38.80	46	M	VetIII M (45-49)	518	96	SERVIÇOS SOCIAIS MONTEPIO
606	664	TERESA QUARESMA	1:43:10.92	1:42:41.12	48	F	VetIII F (45-49)	88	15	SERVIÇOS SOCIAIS MONTEPIO
607	184	CATARINA RODRIGO	1:43:13.30	1:42:44.02	34	F	Sen F (20-34)	89	15	
608	37	CARLA MARQUES	1:43:16.00	1:42:49.03	46	F	VetIII F (45-49)	90	16	À PALA DA CUECA
609	332	RUI AZEDO	1:43:19.04	1:42:46.51	42	M	VetII M (40-44)	519	71	
610	427	FABIO GAUDENCIO	1:43:32.18	1:43:04.69	40	M	VetII M (40-44)	520	72	EYE RUN 4 U
611	428	ALINE SANTOS	1:43:34.49	1:43:08.16	41	F	VetII F (40-44)	91	15	EYE RUN 4 U
612	148	ALEXANDRA PINTO	1:43:42.52	1:43:17.23	48	F	VetIII F (45-49)	92	17	CLÍNICA DR CAUTELA
613	490	LUIS PALMEIRO	1:43:43.71	1:43:40.92	53	M	VetIV M (50-54)	521	86	CCD TRANQUILIDADE
614	527	FRANCISCO CLERIGO	1:43:44.54	1:42:52.16	69	M	VetVII M (65-99)	522	41	SS CGD
615	100	CÉLIA GIL	1:43:55.36	1:43:31.31	52	F	VetIV F (50-54)	93	15	
616	567	CÁTIA TAVARES	1:44:18.84	1:44:07.24	29	F	Sen F (20-34)	94	16	
617	501	CLAUDIA TAM	1:45:12.21	1:44:23.74	41	F	VetII F (40-44)	95	16	CCD TRANQUILIDADE
618	406	DANIEL COLLA	1:45:24.81	1:45:04.11	51	M	VetIV M (50-54)	523	87	
619	511	ANA PARRACHO	1:45:26.40	1:44:47.12	57	F	VetV F (55-59)	96	12	CCD SIEMENS
620	235	PAULA GALVANINI	1:45:26.87	1:44:19.07	41	F	VetII F (40-44)	97	17	

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621	57	PEDRO FARO	1:45:31.42	1:45:31.42	55	M	VetV M (55-59)	524	87	
622	277	RUI PASTOR	1:46:08.79	1:45:31.62	50	M	VetIV M (50-54)	525	88	CCDT METRO LX
623	416	JORGE GONÇALVES	1:46:13.37	1:45:44.36	37	M	VetI M (35-39)	526	51	CLUBE TAP PORTUGAL
624	230	FÁTIMA LUCIANO	1:46:58.63	1:46:19.27	39	F	VetI F (35-39)	98	9	
625	430	SONIA ARRUDA	1:47:15.02	1:46:40.17	47	F	VetIII F (45-49)	99	18	WIKABOO
626	474	VIRGILIO FERREIRA	1:47:35.00	1:46:58.69	68	M	VetVII M (65-99)	527	42	C MILLENNIUM BCP
627	13	ALEXANDRA QUEIROZ	1:47:56.64	1:47:09.78	56	F	VetV F (55-59)	100	13	
628	512	VITOR FREITAS	1:48:48.77	1:48:28.74	44	M	VetII M (40-44)	528	73	
629	417	LUÍS CONCEIÇÃO	1:48:54.03	1:48:08.64	40	M	VetII M (40-44)	529	74	CLUBE TAP PORTUGAL
630	513	ROGERIO MIGUEL	1:48:58.81	1:48:40.41	62	M	VetVI M (60-64)	530	38	
631	735	MARIA ALMEIDA	1:48:59.00	1:48:59.00	53	F	VetIV F (50-54)	101	16	
632	736	PAULA LEITÃO	1:49:00.45	1:48:36.63	49	F	VetIII F (45-49)	102	19	
633	302	JOÃO CAEIRO	1:49:22.19	1:48:50.13	36	M	VetI M (35-39)	531	52	
634	22	JOANAD'ARC CHOURIÇO	1:49:36.68	1:49:18.63	59	F	VetV F (55-59)	103	14	RUNNING CLUB SANTA CASA
635	625	ISABEL COSTA	1:50:13.80	1:49:21.42	50	F	VetIV F (50-54)	104	17	STAL
636	621	SUSANA MARTINS	1:50:14.22	1:49:20.28	45	F	VetIII F (45-49)	105	20	STAL
637	12	SANDRA ANDRADE	1:50:17.14	1:49:29.65	48	F	VetIII F (45-49)	106	21	
638	466	IVO SANTOS	1:51:38.71	1:51:11.46	36	M	VetI M (35-39)	532	53	A VALE SILENCIO
639	568	LUÍS SANTOS	1:51:40.21	1:51:15.79	64	M	VetVI M (60-64)	533	39	A VALE SILENCIO
640	231	ANTÓNIO ABRANTES	1:52:33.34	1:52:00.62	68	M	VetVII M (65-99)	534	43	
641	303	ISABEL GOMES	1:52:47.86	1:52:07.38	53	F	VetIV F (50-54)	107	18	
642	479	FOCK WAN	1:53:58.54	1:53:22.46	72	F	VetVII F (65-99)	108	8	C MILLENNIUM BCP
643	115	SAMUEL JOAQUIM	1:55:36.79	1:54:45.59	70	M	VetVII M (65-99)	535	44	
644	116	JOÃO GOMES	1:55:39.09	1:54:47.56	51	M	VetIV M (50-54)	536	89	
645	760	RAMIRO MIGUEL	1:56:00.17	1:55:24.16	77	M	VetVII M (65-99)	537	45	
646	521	PAULO FRANÇA	1:57:40.96	1:57:20.11	61	M	VetVI M (60-64)	538	40	GDCT UNICRE

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**CORRIDA
15KM**

647	409	SEBASTIÃO CARVALHO	2:06:43.13	2:06:03.86	27	M	Sen M (20-34)	539	54	
648	194	RUI MELÃO	2:10:30.00	2:09:39.10	59	M	VetV M (55-59)	540	88	
649	710	MANUEL NASCIMENTO	2:13:15.00	2:12:36.17	71	M	VetVII M (65-99)	541	46	
650	706	DOMINGOS COSTA	2:22:26.00	2:21:39.03	74	M	VetVII M (65-99)	542	47	STAL