

CORRIDA DA

Mãe

07 MAIO
202310k
CORRIDA

Posição Geral	Dorsal	Nome	Tempo Prova	Tempo Líquido	Idade	Género	Escalão	Posição Género	Posição Escalão	Equipa
1	228	JOSÉ GASPAR	0:35:26.05	0:35:26.05	45	M	VetIII M (45-49)	1	1	AD PALMEIROS
2	113	JOÃO MATEUS	0:37:35.21	0:37:35.21	35	M	VetI M (35-39)	2	1	RB RUNNING
3	172	HUGO SILVA	0:37:37.43	0:37:37.43	36	M	VetI M (35-39)	3	2	RB RUNNING
4	143	FREDERICO RODRIGUES	0:39:49.33	0:39:49.33	31	M	Sen M (18-34)	4	1	
5	116	DANIEL OLIVEIRA	0:39:53.00	0:39:53.00	34	M	Sen M (18-34)	5	2	RB RUNNING
6	114	ELIAS PORTO	0:39:56.08	0:39:56.08	41	M	VetII M (40-44)	6	1	RB RUNNING
7	191	SARA NETO	0:40:08.59	0:40:08.59	33	F	Sen F (18-34)	1	1	
8	65	TIAGO CORTES	0:40:33.00	0:40:33.00	23	M	Sen M (18-34)	7	3	CDC NAVE TRAIL RUNNERS
9	127	NUNO QUINTELA	0:40:35.57	0:40:35.57	35	M	VetI M (35-39)	8	3	GRCD LEIÃO
10	58	AMARO SANTOS	0:41:08.95	0:41:08.95	25	M	Sen M (18-34)	9	4	
11	20	DANIEL TELES	0:42:30.08	0:42:30.08	36	M	VetI M (35-39)	10	4	
12	107	HUGO GOMES	0:43:33.92	0:43:33.92	31	M	Sen M (18-34)	11	5	
13	91	BRUNO OLIVEIRA	0:43:38.33	0:43:38.33	56	M	VetV M (55-59)	12	1	
14	25	JOÃO PINTO	0:43:49.44	0:43:49.44	33	M	Sen M (18-34)	13	6	ROADXORUNNER
15	125	RUI FONTES	0:44:03.57	0:44:03.57	44	M	VetII M (40-44)	14	2	
16	13	FILIPPE GOMES	0:44:38.18	0:44:38.18	39	M	VetI M (35-39)	15	5	
17	109	BILLY SANTOS	0:45:11.38	0:45:11.38	44	M	VetII M (40-44)	16	3	LEBRES DO OESTE
18	149	GABRIEL FERREIRA	0:45:19.25	0:45:19.25	22	M	Sen M (18-34)	17	7	
19	171	PAULO SANTOS	0:45:20.73	0:45:20.73	56	M	VetV M (55-59)	18	2	AC SAMBRASENSE
20	200	SOFIA ARGENTINA	0:46:08.30	0:46:08.30	43	F	VetII F (40-44)	2	1	SS CGD
21	69	VITOR NOVAIS	0:46:19.00	0:46:15.74	47	M	VetIII M (45-49)	19	2	GDCT IN CM
22	202	ANDRE LABORINHO	0:46:30.05	0:46:30.05	55	M	VetV M (55-59)	20	3	CORRER LISBOA
23	86	MANUEL GOMES	0:47:27.16	0:47:26.97	30	M	Sen M (18-34)	21	8	
24	152	SUSANA DURO	0:47:29.13	0:47:29.13	45	F	VetIII F (45-49)	3	1	TEAM ITS UP TO YOU

CORRIDA DA

Mãe

07 MAIO
202310k
CORRIDA

25	168	DAVID NEVES	0:47:43.93	0:47:40.26	41	M	VetII M (40-44)	22	4	
26	175	CATARINA FERREIRA	0:47:44.51	0:47:44.51	43	F	VetII F (40-44)	4	2	
27	212	RUI FERREIRA	0:48:09.12	0:48:09.12	40	M	VetII M (40-44)	23	5	GRJA
28	102	JOÃO DOMINGOS	0:49:17.09	0:49:17.09	24	M	Sen M (18-34)	24	9	
29	160	GUILHERME CUNHA	0:49:17.92	0:49:17.92	18	M	Sen M (18-34)	25	10	RRJ - ROAD RUNNERS JEDI
30	64	PAULO VAZ	0:49:34.59	0:49:34.59	50	M	VetIV M (50-54)	26	1	QUARTETO
31	186	JOÃO GOMES	0:49:37.01	0:49:37.01	50	M	VetIV M (50-54)	27	2	AA MAFRA
32	154	ALBERTO PASCOAL	0:49:46.06	0:49:46.06	56	M	VetV M (55-59)	28	4	
33	199	NOÉMIA SEQUEIRA	0:49:48.09	0:49:48.09	55	F	VetV F (55-59)	5	1	SS CGD
34	218	TÓ RAMOS	0:49:51.78	0:49:51.78	51	M	VetIV M (50-54)	29	3	AMINHACORRIDARUNEXTREM
35	40	HARUN RASHID	0:49:52.48	0:49:52.48	38	M	VetI M (35-39)	30	6	CORRER LISBOA
36	89	LIAM OBIEN	0:50:08.88	0:50:08.88	38	M	VetI M (35-39)	31	7	
37	129	JOÃO HEITOR	0:50:24.52	0:50:24.52	72	M	VetVIII M (70-99)	32	1	ÁGUIAS PAÇO DARCOS
38	81	JOSE CONCHA	0:50:36.22	0:50:36.22	59	M	VetV M (55-59)	33	5	
39	61	PEDRO CARVALHO	0:50:39.78	0:50:35.78	46	M	VetIII M (45-49)	34	3	
40	206	DIOGO LUIS	0:51:04.10	0:51:04.10	36	M	VetI M (35-39)	35	8	CHURRASQUEIRA DA PAZ
41	163	RUI DUARTE	0:51:07.15	0:51:05.84	52	M	VetIV M (50-54)	36	4	GDCT IN CM
42	146	JOÃO FERREIRA	0:51:22.14	0:51:05.88	33	M	Sen M (18-34)	37	11	
43	118	HUGO MOREIRA	0:51:45.86	0:51:44.74	43	M	VetII M (40-44)	38	6	LEBRES DO OESTE
44	161	JOÃO ESTEVÃO	0:51:47.00	0:51:47.00	42	M	VetII M (40-44)	39	7	
45	167	ADELAIDE DAMIÃO	0:51:48.92	0:51:48.92	58	F	VetV F (55-59)	6	2	
46	221	ALBERTO ARAÚJO	0:51:49.75	0:51:49.75	49	M	VetIII M (45-49)	40	4	RB RUNNING
47	215	JOAO PAULO	0:51:52.17	0:51:51.98	53	M	VetIV M (50-54)	41	5	
48	51	RITA MAGARREIRO	0:51:54.12	0:51:54.12	36	F	VetI F (35-39)	7	1	AD IALBAX
49	158	JORGE MARÇAL	0:52:19.94	0:52:19.94	50	M	VetIV M (50-54)	42	6	RRJ - ROAD RUNNERS JEDI
50	112	DIOGO CRUZ	0:52:20.47	0:52:19.84	44	M	VetII M (40-44)	43	8	LEBRES DO OESTE

CORRIDA DA

Mãe

07 MAIO
202310k
CORRIDA

51	182	PAULO RODRIGUES	0:52:31.70	0:52:31.70	47	M	VetIII M (45-49)	44	5	TEAMITSUPTOYOU
52	194	MIGUEL CUNHA	0:52:32.10	0:52:32.10	34	M	Sen M (18-34)	45	12	
53	132	ANDREIA ALVES	0:52:32.21	0:52:32.21	47	F	VetIII F (45-49)	8	2	
54	59	NUNO CARVALHO	0:52:47.60	0:52:47.59	32	M	Sen M (18-34)	46	13	MELHOR MÃE DO MUNDO
55	49	ANTÓNIO BARBAS	0:53:01.39	0:53:01.39	55	M	VetV M (55-59)	47	6	
56	97	ANTÓNIO COSTA	0:53:02.90	0:53:02.90	50	M	VetIV M (50-54)	48	7	B2PTRUNNING
57	131	PEDRO CASTANHA	0:53:03.86	0:53:03.86	47	M	VetIII M (45-49)	49	6	
58	47	BRUNO CARMO	0:53:05.00	0:53:03.64	45	M	VetIII M (45-49)	50	7	
59	166	JOAO SOUSA	0:53:07.56	0:53:07.13	25	M	Sen M (18-34)	51	14	
60	110	INÊS TOMÉ	0:53:21.09	0:53:20.44	41	F	VetII F (40-44)	9	3	LEBRES DO OESTE
61	133	RICARDO RODRIGUES	0:53:47.56	0:53:47.56	47	M	VetIII M (45-49)	52	8	
62	187	MANUEL MONTEIRO	0:54:16.70	0:54:16.70	60	M	VetVI M (60-64)	53	1	
63	150	CAROLINA MORAIS	0:54:25.53	0:54:25.53	41	F	VetII F (40-44)	10	4	
64	184	FRANCISCO CÂMARA	0:54:37.72	0:54:32.07	32	M	Sen M (18-34)	54	15	
65	124	BARBARA PIASSAROLLO	0:54:41.30	0:54:41.30	38	F	VetI F (35-39)	11	2	B2PTRUNNING
66	177	BÁRBARA MEDEIROS	0:55:01.00	0:55:01.00	41	F	VetII F (40-44)	12	5	
67	104	NUNO CORREIA	0:55:21.16	0:55:17.03	51	M	VetIV M (50-54)	55	8	CORREIAS
68	77	ANDREIA PEREIRA	0:55:37.00	0:55:37.00	30	F	Sen F (18-34)	13	2	
69	135	CARINA ROSA	0:55:53.82	0:55:53.71	44	F	VetII F (40-44)	14	6	
70	140	MAGDA RIBEIRO	0:55:56.23	0:55:54.05	38	F	VetI F (35-39)	15	3	
71	136	HUGO GOMES	0:55:57.81	0:55:57.50	47	M	VetIII M (45-49)	56	9	
72	178	JOAO COELHO	0:56:30.95	0:56:30.95	38	M	VetI M (35-39)	57	9	
73	43	MARIA GERALDES	0:56:47.22	0:56:42.27	30	F	Sen F (18-34)	16	3	FAMIWIA
74	15	JOSÉ RIBEIRO	0:56:47.43	0:56:43.84	50	M	VetIV M (50-54)	58	9	TURBOLENTOS
75	126	MARGARIDA SIMÃO	0:56:52.00	0:56:52.00	36	F	VetI F (35-39)	17	4	
76	213	MARIA TORRES	0:56:58.00	0:56:58.00	52	F	VetIV F (50-54)	18	1	BS PERFORMANCE

CORRIDA DA

Mãe

07 MAIO
202310k
CORRIDA

77	103	RITA CORREIA	0:57:04.24	0:57:01.63	42	F	VetII F (40-44)	19	7	CORREIAS
78	197	CARLOS LEITÃO	0:57:05.31	0:57:05.31	59	M	VetV M (55-59)	59	7	SS CGD
79	188	DIOGO ALVES	0:57:17.26	0:57:06.28	41	M	VetII M (40-44)	60	9	TEAMTÁLENTO
80	44	JOÃO BAPTISTA	0:57:39.81	0:57:33.49	52	M	VetIV M (50-54)	61	10	FAMIWIA
81	85	THIAGO SÁ	0:57:51.77	0:57:44.17	39	M	VetI M (35-39)	62	10	
82	193	MARIA PINTO	0:57:52.25	0:57:52.25	60	F	VetVI F (60-64)	20	1	
83	214	SÍLVIA FERREIRA	0:57:55.96	0:57:55.96	51	F	VetIV F (50-54)	21	2	GRJA
84	67	NUNO BERNARDO	0:58:20.47	0:58:12.44	42	M	VetII M (40-44)	63	10	
85	173	INÊS MATIAS	0:58:24.02	0:58:24.02	23	F	Sen F (18-34)	22	4	
86	174	RUI MATIAS	0:58:24.05	0:58:24.05	51	M	VetIV M (50-54)	64	11	
87	14	ANTÓNIO PATRÃO	0:58:26.16	0:58:21.26	53	M	VetIV M (50-54)	65	12	TURBOLENTOS
88	142	FERNANDO CARREIRO	0:58:26.89	0:58:21.07	61	M	VetVI M (60-64)	66	2	CARTAXEIRO
89	75	CRISTINA LINO	0:58:27.57	0:58:27.57	56	F	VetV F (55-59)	23	3	ALVERCA URBAN RUNNERS
90	122	ANTÓNIO ESTORNINHO	0:58:29.95	0:58:25.20	32	M	Sen M (18-34)	67	16	
91	17	MARIA BERNARDES	0:58:32.58	0:58:25.94	50	F	VetIV F (50-54)	24	3	
92	145	JOÃO RODRIGUES	0:58:35.71	0:58:20.44	33	M	Sen M (18-34)	68	17	
93	42	ANA FOLGADO	0:58:38.24	0:58:38.24	52	F	VetIV F (50-54)	25	4	
94	120	MARIA SILVA	0:58:39.10	0:58:35.68	28	F	Sen F (18-34)	26	5	
95	196	LUIS AZEVEDO	0:58:40.15	0:58:40.05	61	M	VetVI M (60-64)	69	3	
96	185	MAURÍCIO RODRIGUES	0:58:44.12	0:58:43.02	49	M	VetIII M (45-49)	70	10	
97	156	CÉLIA CORTE	0:58:44.36	0:58:44.36	40	F	VetII F (40-44)	27	8	CORRER QUELUZ
98	50	MANUELA MACHADO	0:58:45.13	0:58:45.13	57	F	VetV F (55-59)	28	4	
99	83	RAUL SILVA	0:58:57.41	0:58:56.55	67	M	VetVII M (65-69)	71	1	
100	98	MARTA AGOSTINHO	0:59:06.86	0:59:06.86	44	F	VetII F (40-44)	29	9	B2PTRUNNING
101	189	CARLOS MORAIS	0:59:26.70	0:59:16.04	41	M	VetII M (40-44)	72	11	TEAMTÁLENTO
102	219	JOAQUIM GUERREIRO	0:59:35.55	0:59:35.55	68	M	VetVII M (65-69)	73	2	

CORRIDA DA

Mãe

07 MAIO
202310k
CORRIDA

103	94	FELIX ANGELO	0:59:45.44	0:59:38.67	75	M	VetVIII M (70-99)	74	2	
104	203	J. RODRIGUES	0:59:55.57	0:59:54.42	54	M	VetIV M (50-54)	75	13	CAA BELEM
105	76	LEONOR FARINHA	1:00:08.19	1:00:03.94	60	F	VetVI F (60-64)	30	2	
106	115	SANDRA LEITE	1:00:21.89	1:00:21.89	42	F	VetII F (40-44)	31	10	
107	148	ARMANDO RODRIGUES	1:00:25.00	1:00:17.77	35	M	VetI M (35-39)	76	11	
108	220	JOÃO SOUZA	1:00:54.84	1:00:52.67	47	M	VetIII M (45-49)	77	11	
109	153	PAULA SEVERINO	1:01:00.08	1:01:00.08	31	F	Sen F (18-34)	32	6	
110	162	CARLA DUARTE	1:01:04.25	1:01:03.39	51	F	VetIV F (50-54)	33	5	GDCT IN CM
111	170	ISABEL SANTOS	1:01:12.79	1:01:12.79	55	F	VetV F (55-59)	34	5	AC SAMBRASENSE
112	30	ANDREIA VIEIRA	1:01:16.89	1:01:14.52	34	F	Sen F (18-34)	35	7	
113	123	CATARINA RAMOS	1:01:18.80	1:01:18.80	33	F	Sen F (18-34)	36	8	CORRER LISBOA
114	207	NILTON FERNANDES	1:01:22.45	1:01:18.35	41	M	VetII M (40-44)	78	12	
115	209	LILIANA GOMES	1:01:22.51	1:01:19.09	30	F	Sen F (18-34)	37	9	
116	208	SÉRGIO LOUREIRO	1:01:23.00	1:01:19.25	35	M	VetI M (35-39)	79	12	
117	210	RICARDO RIBEIRO	1:01:24.13	1:01:20.90	33	M	Sen M (18-34)	80	18	JF MARVILA
118	139	BERNARDETE SILVA	1:01:28.68	1:01:28.68	53	F	VetIV F (50-54)	38	6	
119	80	PEDRO SEABRA	1:01:46.19	1:01:44.27	36	M	VetI M (35-39)	81	13	
120	34	MARIA VELOSO	1:02:14.33	1:02:14.33	71	F	VetVIII F (70-99)	39	1	
121	57	MARGARIDA ARAUJO	1:02:24.70	1:02:19.34	20	F	Sen F (18-34)	40	10	AD IALBAX
122	119	MARIA CORONHA	1:02:57.36	1:02:57.36	41	F	VetII F (40-44)	41	11	OCR PORTUGAL LAB
123	198	MANUEL BAPTISTA	1:03:12.47	1:03:12.31	58	M	VetV M (55-59)	82	8	SS CGD
124	128	GILBERTO GONÇALVES	1:03:13.64	1:03:13.64	74	M	VetVIII M (70-99)	83	3	CAA BELEM
125	164	LUIS SOBRAL	1:03:21.41	1:03:14.63	60	M	VetVI M (60-64)	84	4	
126	73	ANA SIMÕES	1:03:31.46	1:03:30.81	26	F	Sen F (18-34)	42	11	
127	35	LUIS PROENÇA	1:03:35.94	1:03:34.44	53	M	VetIV M (50-54)	85	14	
128	225	ODETE FRANCISCO	1:03:54.06	1:03:46.82	52	F	VetIV F (50-54)	43	7	SERRANAS

CORRIDA DA

Mãe

07 MAIO
202310k
CORRIDA

129	226	CATARINA LOPES	1:03:54.52	1:03:48.44	28	F	Sen F (18-34)	44	12	SERRANAS
130	68	MAURO GOMES	1:03:55.38	1:03:55.38	45	M	VetIII M (45-49)	86	12	GDCT IN CM
131	205	PAULO CORREIA	1:04:12.60	1:04:12.60	29	M	Sen M (18-34)	87	19	
132	27	JUDITE BAIXINHO	1:04:15.64	1:04:06.11	37	F	VetI F (35-39)	45	5	
133	37	NUNO GONÇALVES	1:04:29.37	1:04:29.37	69	M	VetVII M (65-69)	88	3	KEEP RUNNING
134	45	HUGO BARROSO	1:04:30.34	1:04:25.33	28	M	Sen M (18-34)	89	20	FAMIWIA
135	176	MÁRIO MARCELINO	1:04:46.53	1:04:46.53	43	M	VetII M (40-44)	90	13	
136	31	SILVIA BETTENCOURT	1:04:57.36	1:04:57.36	38	F	VetI F (35-39)	46	6	
137	78	MARGARETE FERREIRA	1:05:01.51	1:05:01.16	54	F	VetIV F (50-54)	47	8	
138	165	JOÃO SOBRAL	1:05:09.69	1:05:01.83	31	M	Sen M (18-34)	91	21	
139	52	CRISTINA INFANTE	1:05:33.04	1:05:24.64	55	F	VetV F (55-59)	48	6	AD IALBAX
140	53	ANA PIRES	1:05:40.94	1:05:35.70	38	F	VetI F (35-39)	49	7	AD IALBAX
141	23	SERGIO PEREIRA	1:06:07.22	1:06:02.64	50	M	VetIV M (50-54)	92	15	
142	137	MARISA BRÁS	1:06:17.50	1:06:09.91	34	F	Sen F (18-34)	50	13	
143	36	PAULA COSTA	1:06:25.18	1:06:17.67	49	F	VetIII F (45-49)	51	3	
144	72	JOÃO SOUZA	1:06:49.02	1:06:49.02	49	M	VetIII M (45-49)	93	13	
145	71	ALEXANDRA CÔCO	1:06:49.21	1:06:49.21	48	F	VetIII F (45-49)	52	4	
146	169	KARINA BARCELOS	1:07:02.77	1:07:02.24	40	F	VetII F (40-44)	53	12	
147	192	TATIANA ILDEFONSO	1:07:05.40	1:07:05.40	40	F	VetII F (40-44)	54	13	
148	179	DAVID ALMEIDA	1:07:06.83	1:07:06.83	51	M	VetIV M (50-54)	94	16	
149	190	JOÃO SILVA	1:07:14.13	1:07:09.21	35	M	VetI M (35-39)	95	14	
150	130	ANTÓNIO NOVAS	1:07:18.40	1:07:18.40	44	M	VetII M (40-44)	96	14	
151	121	AFONSO BRÁS	1:07:24.92	1:07:20.42	28	M	Sen M (18-34)	97	22	
152	55	JOANA FERREIRA	1:07:27.32	1:07:24.67	35	F	VetI F (35-39)	55	8	CORRER LOURES
153	56	MARIANA SOARES	1:07:27.77	1:07:27.77	71	F	VetVIII F (70-99)	56	2	CORRER LOURES
154	100	EVA PRESA	1:07:35.22	1:07:35.22	25	F	Sen F (18-34)	57	14	

CORRIDA DA

Mãe

07 MAIO
202310k
CORRIDA

155	101	PAULA RIGOR	1:07:35.46	1:07:34.94	55	F	VetV F (55-59)	58	7	
156	105	JOSÉ CRUZ	1:07:55.28	1:07:48.75	69	M	VetVII M (65-69)	98	4	
157	108	DIANA BRANCO	1:08:45.91	1:08:45.91	28	F	Sen F (18-34)	59	15	
158	211	ANA GONÇALVES	1:09:07.02	1:07:13.02	59	F	VetV F (55-59)	60	8	
159	96	CARLOS BARBOSA	1:09:39.79	1:09:34.46	53	M	VetIV M (50-54)	99	17	
160	79	MARIA MACHADO	1:10:48.74	1:10:48.74	61	F	VetVI F (60-64)	61	3	
161	159	PAULO SILVA	1:11:06.61	1:11:06.50	50	M	VetIV M (50-54)	100	18	RRJ - ROAD RUNNERS JEDI
162	60	FILIPA SANTOS	1:11:12.25	1:11:07.69	37	F	VetI F (35-39)	62	9	
163	39	GABRIELA CRUZ	1:11:31.59	1:11:21.02	47	F	VetIII F (45-49)	63	5	
164	28	JOSÉ BAIXINHO	1:11:36.00	1:11:26.25	65	M	VetVII M (65-69)	101	5	
165	18	SANDRA MOTA	1:11:41.67	1:11:35.51	48	F	VetIII F (45-49)	64	6	
166	11	SÓNIA FARIA	1:11:50.41	1:11:48.88	47	F	VetIII F (45-49)	65	7	
167	33	MARIA FREITAS	1:12:52.38	1:12:43.90	55	F	VetV F (55-59)	66	9	
168	93	ELISABETE PINTO	1:13:56.19	1:13:56.19	66	F	VetVII F (65-69)	67	1	AGUALVA RUNNERS
169	157	ADRIANA AMARAL	1:13:58.81	1:13:51.36	30	F	Sen F (18-34)	68	16	
170	217	CLÁUDIA FORTUNATO	1:14:16.43	1:14:14.46	37	F	VetI F (35-39)	69	10	MARVILA JOVEM
171	204	ROSANGELA ARAUJO	1:14:24.29	1:14:24.29	31	F	Sen F (18-34)	70	17	DIVAS E GUARDIÕES
172	111	CLÁUDIA GARCIA	1:14:27.49	1:14:26.90	39	F	VetI F (35-39)	71	11	LEBRES DO OESTE
173	26	ROSA REIS	1:14:34.56	1:14:34.56	66	F	VetVII F (65-69)	72	2	
174	74	MARTA GOMES	1:14:54.06	1:14:48.35	32	F	Sen F (18-34)	73	18	
175	24	RICARDO OLIVEIRA	1:15:00.22	1:15:00.22	27	M	Sen M (18-34)	102	23	
176	90	VANIA JESUS	1:15:56.57	1:15:55.76	44	F	VetII F (40-44)	74	14	
177	46	RITA CARMO	1:16:24.37	1:16:22.99	45	F	VetIII F (45-49)	75	8	
178	88	JOANA GONÇALVES	1:17:22.81	1:17:20.29	23	F	Sen F (18-34)	76	19	JOANA GONÇALVES
179	87	MARTA MARTINS	1:17:36.14	1:17:35.90	31	F	Sen F (18-34)	77	20	
180	147	MARIA DIAZ	1:17:38.23	1:17:38.22	27	F	Sen F (18-34)	78	21	

CORRIDA DA

Mãe

07 MAIO
2023

10k
CORRIDA

181	54	LARA SILVA	1:19:22.45	1:19:18.95	34	F	Sen F (18-34)	79	22	
182	92	PEDRO PINTO	1:19:39.21	1:19:39.21	65	M	VetVII M (65-69)	103	6	AGUALVA RUNNERS
183	222	PEDRO NOGUEIRA	1:21:52.79	1:21:52.79	51	M	VetIV M (50-54)	104	19	
184	183	ANTÓNIO MOURA	1:21:54.74	1:21:54.74	66	M	VetVII M (65-69)	105	7	
185	48	FÁTIMA ALMEIDA	1:26:10.13	1:26:10.13	63	F	VetVI F (60-64)	80	4	
186	95	VÍTOR FERNANDES	1:26:10.33	1:26:00.70	72	M	VetVIII M (70-99)	106	4	CALMA - TOMAR
187	84	HELENA SÁ	1:28:52.94	1:28:46.15	71	F	VetVIII F (70-99)	81	3	