

2ª EDIÇÃO TRILHO URBANO SÃO VICENTE

» MERCADO
STA CLARA «
» 14 MAIO «

» 10KM

Posição Geral	Dorsal	Nome	Tempo Prova	Tempo Líquido	Idade	Género	Escalão	Posição Género	Posição Escalão	Equipa
1	73	GONÇALO OLIVEIRA	0:40:57.47	0:40:57.42	29	M	seniores M (23-39)	1	1	CLUBE DESPORTIVO DA GRAÇA
2	123	KEVIN PELS	0:41:44.18	0:41:44.08	33	M	seniores M (23-39)	2	2	
3	93	JOSÉ NOBRE	0:42:03.24	0:42:01.65	26	M	seniores M (23-39)	3	3	
4	128	RENATO BOTÃO	0:44:04.51	0:44:01.23	29	M	seniores M (23-39)	4	4	ACADEMIA DO LUMIAR
5	17	PEDRO VALENTE	0:44:17.20	0:44:17.15	44	M	VetI M (40-49)	5	1	
6	30	FILIFE MOURÃO	0:44:52.99	0:44:48.74	26	M	seniores M (23-39)	6	5	CORRER LISBOA
7	54	PAULO GOMES	0:44:53.85	0:44:49.46	42	M	VetI M (40-49)	7	2	WR - WALKRUN
8	141	ANASTASIIA MERCHANKO	0:45:02.09	0:45:02.07	18	F	Juniores F (18-22)	1	1	
9	56	JOE BEADLESON	0:45:12.03	0:45:11.09	30	M	seniores M (23-39)	8	6	
10	109	PEDRO CARDOSO	0:45:34.10	0:45:33.01	46	M	VetI M (40-49)	9	3	C FERROV PORTUGAL
11	13	FILIFE GOMES	0:46:09.79	0:46:00.17	39	M	seniores M (23-39)	10	7	
12	88	JOÃO PEDRO MAXIMIANO LUCIAN	0:47:00.68	0:47:00.62	27	M	seniores M (23-39)	11	8	
13	104	EURICO NICHIO	0:47:10.56	0:47:10.32	61	M	VetIII M (60-99)	12	1	C FERROV PORTUGAL
14	45	JOSÉ GOMES	0:47:10.69	0:47:09.34	62	M	VetIII M (60-99)	13	2	
15	29	BRANT PAULSON	0:47:28.91	0:47:21.96	48	M	VetI M (40-49)	14	4	
16	33	LEANDRO REIS	0:47:37.17	0:47:37.11	53	M	VetII M (50-59)	15	1	
17	110	ANDRÉ COELHO	0:47:45.76	0:47:44.91	49	M	VetI M (40-49)	16	5	C FERROV PORTUGAL
18	59	BRUNO VIEIRA DE CAMPOS	0:48:05.06	0:48:01.33	35	M	seniores M (23-39)	17	9	
19	117	JOAO PEDRO MARQUES	0:48:47.83	0:48:47.74	45	M	VetI M (40-49)	18	6	SS CGD
20	101	ARMANDO DIAS	0:49:10.48	0:49:10.48	58	M	VetII M (50-59)	19	2	C FERROV PORTUGAL
21	87	EDUARDO COSTA FERREIRA DA SIL	0:49:15.64	0:49:12.52	22	M	Juniores M (18-22)	20	1	
22	48	ORLANDO ALVES	0:49:18.39	0:49:17.38	51	M	VetII M (50-59)	21	3	CF OS BELENENSES
23	83	FERNANDO GOMES	0:49:35.64	0:49:33.39	49	M	VetI M (40-49)	22	7	
24	133	CARLOS ROCHA E SILVA	0:50:43.00	0:50:33.96	38	M	seniores M (23-39)	23	10	MIRANTENSE FUTEBOL CLUBE
25	102	NUNO CAVALEIRO	0:51:07.59	0:51:00.84	40	M	VetI M (40-49)	24	8	C FERROV PORTUGAL

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26	39	RAFAELA GONÇALVES	0:51:58.43	0:51:57.43	29	F	Seniores F (23-39)	2	1	
27	105	PEDRO GONÇALVES	0:52:00.66	0:51:53.01	47	M	VetI M (40-49)	25	9	C FERROV PORTUGAL
28	15	RUI RAMINHOS	0:52:29.56	0:52:24.33	27	M	Seniores M (23-39)	26	11	
29	37	CARLOS PARENTE RODRIGUES	0:52:36.46	0:52:36.08	65	M	VetIII M (60-99)	27	3	CLUBE EDP - LISBOA
30	35	MIGUEL DIAS	0:53:07.34	0:53:07.30	47	M	VetI M (40-49)	28	10	SSCGD
31	25	JOÃO BAÍA	0:53:43.45	0:53:43.20	46	M	VetI M (40-49)	29	11	GUERREIROS DO RIO
32	97	PAULO VIEIRA	0:54:01.14	0:53:55.62	52	M	VetII M (50-59)	30	4	C FERROV PORTUGAL
33	49	JOÃO HEITOR	0:54:14.41	0:54:13.19	72	M	VetIII M (60-99)	31	4	ÁGUIAS PAÇO DARCOS
34	95	AIRES SÃO PEDRO	0:54:21.78	0:54:19.20	68	M	VetIII M (60-99)	32	5	C FERROV PORTUGAL
35	14	GUI DIAS	0:54:52.30	0:54:50.48	43	M	VetI M (40-49)	33	12	
36	40	LIAM OBRIEN	0:54:55.86	0:54:44.09	38	M	Seniores M (23-39)	34	12	
37	78	ANTÓNIO RAFAEL MARTINS	0:54:59.19	0:54:52.69	58	M	VetII M (50-59)	35	5	
38	77	MIGUEL MANA	0:55:06.31	0:55:03.49	43	M	VetI M (40-49)	36	13	
39	27	PEDRO TRABUCHO	0:55:08.99	0:55:05.40	58	M	VetII M (50-59)	37	6	
40	46	PEDRO MIGUEL CAMPOS GOMES	0:55:13.44	0:55:13.24	42	M	VetI M (40-49)	38	14	SS CGD
41	24	PEDRO PIRES	0:55:16.79	0:55:16.53	49	M	VetI M (40-49)	39	15	GUERREIROS DO RIO
42	137	RUI ALDEANO	0:55:21.51	0:55:11.45	40	M	VetI M (40-49)	40	16	MIRANTENSE FUTEBOL CLUBE
43	96	ALDINA MARQUES	0:55:27.96	0:55:25.22	52	F	VetII F (50-59)	3	1	C FERROV PORTUGAL
44	16	FEDERICO AFARA	0:55:57.04	0:55:51.35	46	M	VetI M (40-49)	41	17	
45	112	RUI DE ALMEIDA	0:55:57.16	0:55:50.19	54	M	VetII M (50-59)	42	7	
46	66	FERNANDO RODRIGUES	0:56:16.09	0:56:03.77	58	M	VetII M (50-59)	43	8	C MILLENNIUM BCP
47	86	SANDRO GONÇALVES	0:57:18.66	0:57:06.42	46	M	VetI M (40-49)	44	18	
48	10	JOAQUIM SAFARA	0:57:53.61	0:57:53.27	61	M	VetIII M (60-99)	45	6	
49	53	INÊS PEIXOTO	0:57:53.82	0:57:48.85	43	F	VetI F (40-49)	4	1	WR - WALKRUN
50	118	JOSE DIMAS	0:59:15.21	0:59:05.03	54	M	VetII M (50-59)	46	9	SS CGD
51	23	PAULA SILVA	0:59:33.73	0:59:32.14	49	F	VetI F (40-49)	5	2	S. C. REBOLEIRA E DAMAIA

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52	31	NUNO M. OLIVEIRA	0:59:35.49	0:59:32.33	50	M	VetII M (50-59)	47	10	PANTERA NEGRA JIU-JITSU
53	127	ARTUR BOTÃO	0:59:47.18	0:59:33.31	54	M	VetII M (50-59)	48	11	ACADEMIA DO LUMIAR
54	91	FERNANDO CUNHA	0:59:51.54	0:59:42.43	43	M	VetI M (40-49)	49	19	
55	51	ANTÓNIO BARBAS	1:00:06.00	1:00:00.96	55	M	VetII M (50-59)	50	12	
56	120	JOAO MATIAS	1:00:36.87	1:00:30.24	47	M	VetI M (40-49)	51	20	C FERROV PORTUGAL
57	134	AFONSO SOUSA	1:00:41.28	1:00:33.80	33	M	seniores M (23-39)	52	13	MIRANTENSE FUTEBOL CLUBE
58	75	BRUNO MOURARIA	1:01:01.74	1:00:59.31	48	M	VetI M (40-49)	53	21	CLUBE DESPORTIVO DA GRAÇA
59	143	CARLOS DIAS	1:01:18.62	1:01:10.17	50	M	VetII M (50-59)	54	13	
60	107	RUI GRANCHO	1:01:36.13	1:01:29.00	48	M	VetI M (40-49)	55	22	C FERROV PORTUGAL
61	79	SÉRGIO PAZ	1:01:40.18	1:01:29.62	51	M	VetII M (50-59)	56	14	
62	124	CRISTIAN MAZUR	1:02:35.88	1:02:25.41	24	M	seniores M (23-39)	57	14	
63	136	SIMÃO G. F.	1:02:57.52	1:02:48.75	43	M	VetI M (40-49)	58	23	MIRANTENSE FUTEBOL CLUBE
64	41	KARIM MADAOU	1:03:24.77	1:03:18.75	37	M	seniores M (23-39)	59	15	CAMPO RUN
65	142	MANUEL FERREIRA	1:04:06.24	1:04:04.42	69	M	VetIII M (60-99)	60	7	CLUBE AUTOOCOOP
66	126	SÉRGIO COSTA	1:04:32.71	1:04:21.30	36	M	seniores M (23-39)	61	16	AGUALVA RUNNERS
67	12	GUYA ACCORNERO	1:04:56.19	1:04:50.74	46	F	VetI F (40-49)	6	3	
68	28	HÉLDER DANIEL NOGUEIRA	1:05:22.11	1:05:19.63	51	M	VetII M (50-59)	62	15	
69	140	RAPHAEL LAZARO	1:05:42.20	1:05:32.34	38	M	seniores M (23-39)	63	17	
70	139	LAURAN DE ARAÚJO	1:05:44.05	1:05:33.00	38	M	seniores M (23-39)	64	18	
71	103	CATARINA NICH	1:05:51.80	1:05:44.17	57	F	VetII F (50-59)	7	2	C FERROV PORTUGAL
72	11	RUI PASTOR	1:06:06.63	1:05:56.23	50	M	VetII M (50-59)	65	16	PASTOR RACING
73	132	LUÍS MENDES	1:06:12.30	1:06:11.62	47	M	VetI M (40-49)	66	24	TEAM PARAKICK
74	26	JOÃO CATALÃO	1:06:12.68	1:06:12.63	67	M	VetIII M (60-99)	67	8	ACNPN
75	131	DAVID GONÇALVES	1:06:14.04	1:06:13.31	29	M	seniores M (23-39)	68	19	TEAM PARAKICK
76	84	MICHAEL DICKINSON	1:06:23.85	1:06:21.02	39	M	seniores M (23-39)	69	20	
77	92	ELSA CUNHA	1:06:30.51	1:06:21.93	42	F	VetI F (40-49)	8	4	

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78	74	PAULO O MISTER	1:06:47.99	1:06:45.09	52	M	VetII M (50-59)	70	17	CLUBE DESPORTIVO DA GRAÇA
79	71	SUSANA BOAVENTURA	1:06:58.08	1:06:58.02	48	F	VetI F (40-49)	9	5	C MILLENNIUM BCP
80	125	DORKA HEGEDUS	1:06:58.46	1:06:46.63	23	F	Seniores F (23-39)	10	2	
81	130	JOANA ONOFRE	1:07:01.22	1:06:50.65	43	F	VetI F (40-49)	11	6	
82	106	VANESSA ALVES	1:07:43.46	1:07:35.74	44	F	VetI F (40-49)	12	7	C FERROV PORTUGAL
83	68	ARTUR LEITE	1:07:45.05	1:07:40.92	58	M	VetII M (50-59)	71	18	C MILLENNIUM BCP
84	98	ÚRSULA SILVA	1:08:24.12	1:08:19.05	45	F	VetI F (40-49)	13	8	C FERROV PORTUGAL
85	135	DIOGO ALMEIDA	1:09:13.00	1:09:03.34	38	M	Seniores M (23-39)	72	21	MIRANTENSE FUTEBOL CLUBE
86	138	FÁBIO COSTA	1:09:14.69	1:09:06.50	37	M	Seniores M (23-39)	73	22	MIRANTENSE FUTEBOL CLUBE
87	111	VASCO SALDANHA	1:09:17.97	1:09:13.08	19	M	Juniiores M (18-22)	74	2	
88	119	SOFIA CUNHA	1:09:26.39	1:09:14.56	40	F	VetI F (40-49)	14	9	SS CGD
89	42	SELMA FAKRI	1:10:31.94	1:10:24.90	32	F	Seniores F (23-39)	15	3	CAMPO RUN
90	85	ANTÓNIO CASAS NOVAS	1:11:11.61	1:10:58.37	44	M	VetI M (40-49)	75	25	
91	115	RAFAELA ALEXANDRA PINTO CARV	1:12:10.68	1:12:10.22	21	F	Juniiores F (18-22)	16	2	RAFAELA CARVALHO
92	116	FRANCISCO CLERIGO	1:12:56.89	1:12:54.91	69	M	VetIII M (60-99)	76	9	SS CGD
93	62	LEONEL BRANDAO	1:13:14.31	1:13:09.80	55	M	VetII M (50-59)	77	19	C MILLENNIUM BCP
94	114	SANDRA GIL	1:14:08.13	1:14:08.07	47	F	VetI F (40-49)	17	10	
95	82	MARTA REIS	1:14:14.76	1:14:14.76	43	F	VetI F (40-49)	18	11	
96	44	PEDRO MANUEL GOMES	1:14:48.65	1:14:38.99	29	M	Seniores M (23-39)	78	23	
97	32	JOHNNY THOMASSEN	1:16:21.85	1:16:10.67	63	M	VetIII M (60-99)	79	10	
98	55	NELSON CASTELÔA	1:16:28.48	1:16:25.78	57	M	VetII M (50-59)	80	20	
99	36	FERNANDO JORGE FERREIRA DE O	1:20:08.74	1:19:57.88	38	M	Seniores M (23-39)	81	24	GRUPO DOS 9
100	34	ANEZKA POPOVSKI KOLACEKE	1:20:41.97	1:20:38.05	34	F	Seniores F (23-39)	19	4	
101	80	SUSANA ALVES	1:28:38.78	1:28:25.93	39	F	Seniores F (23-39)	20	5	
102	81	CHRIS DENIS	1:28:43.19	1:28:30.03	39	M	Seniores M (23-39)	82	25	
103	50	FÁTIMA MARIA LOPES MACHADO	1:30:37.07	1:30:32.67	63	F	VetIII F (60-99)	21	1	

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104	58	ANA RITA GAGO MARTINS DA SILV	1:36:16.44	1:36:05.26	46	F	Vetl F (40-49)	22	12	OS PINTINHOS
105	57	JOÃO PEDRO NEVES PINTO	1:36:17.27	1:36:05.87	42	M	Vetl M (40-49)	83	26	OS PINTINHOS