



26 MAIO — 21H00
PARTIDA — CHEGADA
REITORIA DA UNIVERSIDADE DE LISBOA



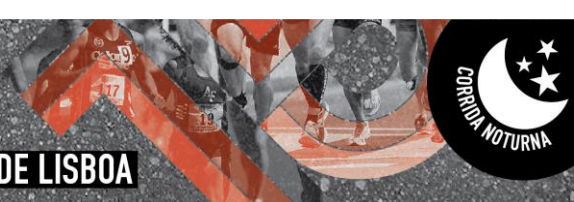
Class	Num	Nome	Sx	Idd	Pos Escal	T. Bruto	T. Líquido	Equipe
1	508	PEDRO ALVES	M	24	1	00:35:39.84	00:35:39.84	RUN TEJO
2	526	TIAGO S NOGUEIRA	M	35	2	00:36:00.57	00:36:00.57	AMINHACORRIDA/MYPROTEIN
3	18	DIOGO GARCIA	M	30	3	00:36:25.88	00:36:25.88	CORRER LISBOA
4	411	PEDRO MARQUES	M	40	1	00:36:56.71	00:36:56.71	AM ATIBÁ
5	20	MIGUEL CUNHA	M	36	4	00:37:33.83	00:37:33.83	CORRER LISBOA
6	25	BRUNO MAIA	M	42	2	00:37:45.38	00:37:45.38	
7	392	ANTÓNIO ARAÚJO	M	53	1	00:38:00.86	00:38:00.86	
8	19	JOANA RAMALHO	F	27	1	00:39:09.26	00:39:09.26	UA POVOENSE
9	391	TELMO NOGUEIRA	M	34	5	00:39:20.20	00:39:20.20	
10	192	CONSTANTINO ARAUJO	M	51	2	00:39:27.53	00:39:26.88	SC REBOLEIRA DAMAIA
11	348	AIRES A PRATAS	M	63	1	00:39:38.25	00:39:38.25	CA ODIMARQ
12	281	BRUNO MARRÃO	M	42	3	00:39:43.09	00:39:43.09	GO!RUNNERS/ OUTPRO STORE
13	57	PEDRO SERRA	M	34	6	00:39:46.88	00:39:46.88	TARTARUGAS SOLIDÁRIAS
14	517	PEDRO PEREIRA	M	33	7	00:39:47.01	00:39:47.01	AMINHACORRIDA/MYPROTEIN
15	394	PAULO GOMES	M	37	8	00:40:10.86	00:40:10.86	
16	548	ALEXANDRA ALVES	F	35	1	00:40:31.77	00:40:31.77	
17	340	JOÃO MENDONÇA	M	26	9	00:40:32.93	00:40:32.93	
18	162	JOSÉ M GOMES	M	57	2	00:40:35.13	00:40:35.13	
19	520	JOSE MARQUES	M	50	3	00:40:45.00	00:40:45.00	AMINHACORRIDA/MYPROTEIN
20	462	CARLOS NEVES	M	31	10	00:41:41.17	00:41:41.17	
21	551	LUCILIA SOARES	F	56	1	00:41:41.89	00:41:41.89	
22	257	TIAGO F M PONTES	M	21	11	00:42:00.46	00:41:29.95	
23	339	NUNO LINO	M	37	12	00:42:02.80	00:42:02.80	OS GALGOS
24	532	VITOR LIMA	M	50	4	00:42:03.35	00:42:03.35	AMINHACORRIDA/MYPROTEIN
25	493	MÁRCIO RODRIGUES	M	39	13	00:42:09.80	00:42:09.80	ACDRS QUINHENDROS
26	487	PAULO S P RODRIGUES	M	51	5	00:42:14.59	00:42:14.59	
27	70	LUÍS LOUREIRO	M	32	14	00:42:43.00	00:42:35.99	
28	430	RICARDO RODRIGUES	M	21	15	00:42:46.49	00:42:27.06	
29	243	JOSE FERREIRA	M	53	6	00:43:01.69	00:43:01.69	GRCD LEIAO
30	426	MIGUEL MIRA	M	36	16	00:43:17.73	00:43:02.34	AON
31	98	JOSÉ PINTO	M	55	3	00:43:24.34	00:43:24.34	
32	496	AVELINO SOARES	M	51	7	00:43:38.77	00:43:38.77	RUN TEJO
33	158	ADILSON LINO	M	45	1	00:43:56.75	00:43:56.75	
34	413	ALVARO CANDEIAS	M	65	1	00:44:10.91	00:44:10.91	LIFE SPORT
35	425	GONÇALO MOURA	M	36	17	00:44:18.89	00:44:03.88	AON
36	193	JOSE REIS	M	64	4	00:44:28.20	00:44:27.95	SC REBOLEIRA DAMAIA



37	405	SILVINO MACHADO	M	31	18	00:44:31.94	00:44:31.94	ACADEMIA DO PRO - PENICHE
38	269	GIL CARNEIRO	M	40	4	00:44:32.03	00:44:30.32	MARGIL
39	396	RUI GUILHERME	M	44	5	00:44:36.35	00:44:36.36	
40	268	ANA M CORREIA	F	38	2	00:44:36.79	00:44:35.36	MARGIL
41	232	PEDRO SINGÉIS	M	47	2	00:44:36.94	00:44:36.94	BJWHF
42	450	LÚCIA OLIVEIRA	F	39	3	00:44:52.60	00:44:52.60	GENERG
43	501	CARLOS FREITAS	M	47	3	00:44:56.36	00:44:56.36	RUN TEJO
44	500	NUNO NAIÁ	M	43	6	00:44:58.55	00:44:58.55	RUN TEJO
45	497	JORGE ABREU	M	33	19	00:44:58.58	00:44:58.58	RUN TEJO
46	499	PEDRO A PEREIRA	M	43	7	00:45:00.10	00:45:00.10	RUN TEJO
47	504	PEDRO FAVINHA	M	45	4	00:45:00.17	00:45:00.17	RUN TEJO
48	15	PAULO NUNES	M	44	8	00:45:14.63	00:45:14.63	CORRER LISBOA
49	547	MAFALDA MARTINHO	F	29	2	00:45:15.01	00:45:15.01	
50	90	PAULO FRANCISCO	M	48	5	00:45:27.09	00:45:25.92	
51	267	FRANCISCO GAMA	M	54	8	00:45:29.80	00:45:25.72	
52	398	RODOLFO CARNEIRO	M	29	20	00:45:34.49	00:45:31.71	
53	444	DANIEL SILVÉRIO	M	43	9	00:45:41.22	00:45:41.22	GDR S FRANCISCO SERRA
54	167	FERNANDO ALVIM	M	44	10	00:45:41.91	00:45:26.36	
55	16	HÉLDER COTRIM	M	38	21	00:46:21.16	00:46:21.16	
56	479	FERNANDO CELESTINO	M	59	5	00:46:23.29	00:46:17.90	TAC - TRANQUILIDADE
57	112	CARLOS MADUREIRA	M	30	22	00:46:26.71	00:46:26.71	EQUIPA BRAVO
58	122	MICHEL GOMES	M	42	11	00:46:33.86	00:46:29.36	OS 6 MAGNÍFICOS
59	125	ANTÓNIO MARTINS	M	40	12	00:46:34.14	00:46:30.18	OS 6 MAGNÍFICOS
60	248	PEDRO BORGES	M	26	23	00:46:45.58	00:46:45.58	
61	104	CARLOS COSTA	M	47	6	00:46:48.73	00:46:47.99	CLUBE ANACOM
62	48	ANDRÉ F MORAIS	M	25	24	00:46:53.98	00:46:51.18	
63	132	ADELINO PEREIRA	M	54	9	00:46:55.97	00:46:45.51	RUN2FINISH.PT
64	531	ANA S VARELA	F	43	4	00:46:57.79	00:46:53.52	AMINHACORRIDA/MYPROTEIN
65	117	JOÃO LEITÃO	M	47	7	00:46:57.91	00:46:53.17	RUNLOVERS
66	181	NELSON LOURO	M	37	25	00:46:59.89	00:46:57.05	CORRER QUELUZ
67	101	FREDERICO MORAIS	M	38	26	00:47:03.97	00:46:47.57	
68	416	DIOGO TEIXEIRA	M	30	27	00:47:04.60	00:46:49.99	MATILHA DA ATALAIA
69	414	PEDRO NETO	M	45	8	00:47:06.04	00:47:06.04	
70	209	HUGO FARIA	M	29	28	00:47:07.99	00:46:37.16	
71	133	ANTÓNIO MARTINS	M	46	9	00:47:15.03	00:47:12.58	RUN2FINISH.PT
72	505	PEDRO R AFONSO	M	51	10	00:47:16.00	00:47:16.00	RUN TEJO
73	407	JORGE SALVADO	M	55	6	00:47:16.67	00:47:15.64	



74	374	CÉDRIC MONTEIRO	M	31	29	00:47:17.61	00:47:17.61	CHAVES RUNNING TEAM
75	521	VITOR JORGE	M	56	7	00:47:21.15	00:47:21.15	AMINHACORRIDA/MYPROTEIN
76	372	CHRISTIANE MONTEIRO	F	35	5	00:47:21.27	00:47:17.36	CHAVES RUNNING TEAM
77	123	RUI ALVES	M	36	30	00:47:21.56	00:47:17.30	OS 6 MAGNÍFICOS
78	35	PEDRO MONTEIRO	M	43	13	00:47:27.12	00:47:26.97	
79	417	BRUNO ANDRÉ	M	35	31	00:47:27.35	00:47:13.12	MATILHA DA ATALAIA
80	338	JOSÉ BOUCEIRO	M	53	11	00:47:28.66	00:47:23.16	ADCR PJ
81	289	ANTÓNIO ALMEIDA	M	38	32	00:47:33.45	00:47:31.43	
82	89	CRISTINA FRANCISCO	F	43	6	00:47:33.77	00:47:33.20	
83	202	FERNANDO CARREIRO	M	56	8	00:47:41.26	00:47:40.84	REST CARTAXEIRO
84	482	FRANCISCO BISPO	M	57	9	00:47:52.86	00:47:47.68	
85	156	JORGE CAMPOS	M	43	14	00:47:54.42	00:47:51.99	
86	102	JOÃO FERNANDES	M	37	33	00:47:59.37	00:47:53.75	
87	214	LUIS AMORIM	M	60	10	00:48:09.96	00:48:06.35	
88	377	NUNO GOMES	M	42	15	00:48:13.89	00:48:13.54	
89	115	NUNO MARQUES	M	50	12	00:48:16.16	00:48:10.24	RUNLOVERS
90	215	SONNY SEDATE	M	57	11	00:48:16.91	00:48:14.69	
91	294	JOSE RODRIGUES	M	51	13	00:48:19.16	00:48:12.32	
92	220	JORGE MORGADO	M	56	12	00:48:22.32	00:48:21.58	SS CGD
93	393	INÉS PEIXOTO	F	38	7	00:48:26.50	00:48:21.40	
94	459	PEDRO ANTUNES	M	41	16	00:48:29.95	00:48:22.24	EPAL
95	408	JOÃO BATISTA	M	36	34	00:48:41.32	00:48:41.32	TRILHOS & BIGODES
96	528	JOSE TOMAS	M	45	10	00:48:47.20	00:48:43.51	AMINHACORRIDA/MYPROTEIN
97	22	HENRIQUE P V C HORTA	M	54	14	00:48:48.27	00:48:48.27	
98	536	GENINHA ANDRADE	F	39	8	00:48:55.80	00:48:54.51	AMINHACORRIDA/MYPROTEIN
99	40	RUI MENDES	M	46	11	00:48:57.95	00:48:55.85	
100	484	NUNO FONTES	M	31	35	00:49:13.22	00:49:09.19	
101	174	PAULO DUARTE	M	52	15	00:49:19.65	00:49:17.67	GDCT UNICRE
102	443	DARIO LIMA	M	35	36	00:49:20.51	00:48:52.15	ARVATO
103	515	JORGE AMARAL	M	49	12	00:49:27.19	00:49:04.16	AMINHACORRIDA/MYPROTEIN
104	72	JOAO SABINA	M	40	17	00:49:38.20	00:49:07.45	
105	292	RICARDO CAMPOS	M	42	18	00:49:41.42	00:49:41.43	DESPORTIVO DE ODIVELAS
106	287	PAULO LOPES	M	40	19	00:49:43.97	00:49:35.61	
107	121	LUÍS SIMÕES	M	40	20	00:49:45.01	00:49:40.48	OS 6 MAGNÍFICOS
108	124	PAULO FIGUEIRAS	M	47	13	00:49:45.03	00:49:41.23	OS 6 MAGNÍFICOS
109	437	PEDRO BRITES	M	27	37	00:49:46.80	00:49:13.90	ARVATO
110	537	FRANCISCO PEREIRA	M	51	16	00:49:48.49	00:49:48.40	AMINHACORRIDA/MYPROTEIN



111	266	FABIANO FERREIRA	M	37	38	00:49:51.04	00:49:46.03	BENFICA EM FORMA
112	26	BRUNO AMARO	M	36	39	00:49:52.85	00:49:41.87	
113	154	CARLOS M O SILVA	M	53	17	00:49:54.68	00:49:52.08	
114	113	ZÉ PAULO	M	43	21	00:49:56.28	00:49:32.21	
115	524	RUI ALMEIDA	M	41	22	00:50:01.23	00:49:31.48	AMINHACORRIDA/MYPROTEIN
116	28	RUI CRISTOVAO	M	24	40	00:50:07.55	00:49:42.48	
117	27	VERA MATOS	F	24	3	00:50:07.70	00:49:42.87	
118	224	MIGUEL DIAS	M	42	23	00:50:09.60	00:49:58.02	SS CGD
119	44	FERNANDO ALMEIDA	M	51	18	00:50:10.26	00:50:09.09	
120	165	ANTÓNIO C NOVAS	M	39	41	00:50:15.15	00:49:51.53	
121	409	JOÃO CALISTO	M	57	13	00:50:15.55	00:50:02.06	
122	260	MIGUEL GAMA	M	49	14	00:50:28.09	00:50:23.88	
123	60	PG GUERREIRO	F	45	2	00:50:28.25	00:50:25.04	
124	439	SERGII GALKIN	M	27	42	00:50:48.96	00:50:16.92	ARVATO
125	146	NUNO FRAGOSO	M	42	24	00:50:51.88	00:50:26.24	LINCES DA BELA VISTA
126	280	MARIA OLIVEIRA	F	53	3	00:50:58.59	00:50:58.59	
127	406	DAVID RODRIGUES	M	34	43	00:51:03.22	00:50:55.52	
128	249	ARTUR CARVALHO	M	47	15	00:51:04.68	00:51:00.02	CORRER QUELUZ
129	246	LUIS CECILIO	M	47	16	00:51:06.28	00:51:05.06	
130	478	BRUNO A GOMES	M	44	25	00:51:08.42	00:51:08.42	
131	54	RUI GUSTAVO	M	47	17	00:51:09.94	00:50:59.90	DUO DINÂMICO
132	47	ADELINO GOMES	M	48	18	00:51:11.29	00:51:02.78	
133	331	LUÍS PEREIRA	M	29	44	00:51:12.29	00:51:12.29	
134	259	PAULO PALMINHA	M	47	19	00:51:18.15	00:51:09.93	
135	341	RUI BRITO	M	38	45	00:51:18.65	00:51:10.69	
136	490	PEDRO LOURO	M	35	46	00:51:28.54	00:51:22.39	SS CGD
137	477	SÓNIA NEVES	F	40	9	00:51:33.21	00:51:33.21	SUNSET RUNNING TEAM
138	13	RÚBEN PAGAIME	M	36	47	00:51:33.77	00:51:14.64	CD AMIGOS DE PACO NASSA
139	227	SONIA FIGUEIREDO	F	42	10	00:51:34.67	00:51:09.09	
140	321	CRINA OLTEAN	F	34	4	00:51:39.63	00:51:21.74	TARTARUGAS FURIOSAS
141	82	JOÃO FERREIRA	M	38	48	00:51:44.30	00:51:36.98	LEOGYM
142	471	HUGO SOBREIRA	M	41	26	00:51:51.90	00:51:51.90	APAV
143	467	NUNO CATARINO	M	46	20	00:51:54.60	00:51:23.91	APAV
144	37	MIGUEL BERMONTE	M	42	27	00:52:00.21	00:52:00.21	
145	312	CARLA DOMINGUES	F	26	5	00:52:01.68	00:51:51.69	
146	311	MARIA COTRIM	F	26	6	00:52:01.73	00:51:50.11	
147	313	ANDRÉ MACHADO	M	26	49	00:52:04.45	00:51:54.04	



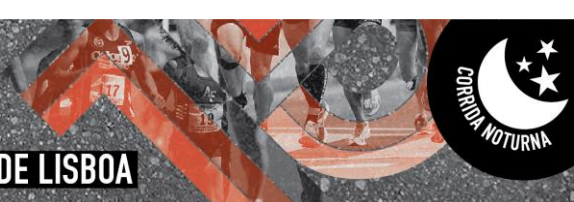
148	83	MIGUEL SILVA	M	29	50	00:52:10.35	00:51:56.81	
149	310	BRUNO FERREIRA	M	27	51	00:52:13.02	00:51:49.16	
150	92	FÁBIO JÚLIO	M	29	52	00:52:13.16	00:51:42.80	OS MANGAS
151	303	MÓNICA MATOS	F	40	11	00:52:13.68	00:52:06.57	
152	449	VANESSA SEQUEIRA	F	35	12	00:52:13.76	00:52:05.97	
153	308	JOAO CAMPOS	M	45	21	00:52:37.85	00:52:35.90	
154	24	VANDA MAIA	F	42	13	00:52:38.08	00:52:32.93	
155	451	FÁTIMA BRANCO	F	51	4	00:52:42.50	00:52:42.51	
156	431	CESAR FERREIRA	M	36	53	00:52:44.81	00:52:14.37	ARVATO
157	129	ORLANDO BAPTISTA	M	39	54	00:52:47.09	00:52:38.24	
158	105	TIAGO OLIVEIRA	M	40	28	00:52:52.12	00:52:49.98	
159	399	CATARINA RODRIGUES	F	39	14	00:52:52.44	00:52:50.08	
160	212	NUNO LOPES	M	40	29	00:52:57.16	00:52:57.17	KENIANOS AZUIS
161	432	DIEGO FRATINI	M	35	55	00:53:03.46	00:52:33.18	ARVATO
162	95	NUNO BAPTISTA	M	37	56	00:53:07.12	00:52:49.63	A GRUPETA
163	144	NUNO SANTOS SILVA	M	42	30	00:53:07.39	00:52:43.10	
164	94	JOÃO OLIVEIRA	M	35	57	00:53:08.97	00:52:39.30	OS MANGAS
165	468	ISABEL MOREIRA	F	48	5	00:53:11.66	00:53:01.41	APAV
166	530	HENRIQUE T FERREIRA	M	37	58	00:53:11.94	00:53:08.79	AMINHACORRIDA/MYPROTEIN
167	323	MIGUEL C JERÓNIMO	M	20	59	00:53:30.42	00:53:00.32	
168	218	FRANCISCO CLERIGO	M	64	14	00:53:34.87	00:53:29.34	SS CGD
169	370	RUI AGRIAO	M	24	60	00:53:35.35	00:53:35.35	BJWHF
170	120	FREDERICO MENDES	M	36	61	00:53:35.52	00:53:35.52	OS 6 MAGNÍFICOS
171	481	CRISTINA FERNANDES	F	42	15	00:53:39.15	00:53:18.91	
172	134	JORGE MONTEIRO	M	51	19	00:53:40.83	00:53:30.37	RUN2FINISH.PT
173	141	JOSÉ BORGES	M	55	15	00:53:44.56	00:53:37.20	
174	329	PEDRO COSTA	M	46	22	00:53:48.09	00:53:42.83	SS CGD
175	421	LUIS TEIXEIRA	M	36	62	00:53:52.32	00:53:35.82	AON
176	359	MARCO BRIOSA	M	40	31	00:53:59.43	00:53:27.63	
177	525	GONÇALO PEDRO	M	38	63	00:54:01.95	00:54:01.95	AMINHACORRIDA/MYPROTEIN
178	21	JORGE SANTOS	M	53	20	00:54:05.78	00:53:43.35	O DESPERTAR DE CASAL DE CAMBRA
179	36	ADRIANO COTRIM	M	76	2	00:54:15.27	00:54:15.27	
180	131	JOÃO AFONSO	M	45	23	00:54:15.67	00:54:02.28	
181	506	ANA SERRAO	F	34	7	00:54:21.46	00:54:21.46	RUN TEJO
182	325	BEATRIZ MARTINS	F	20	8	00:54:23.66	00:53:57.39	
183	127	FRUZSI GÉTH	F	20	9	00:54:26.19	00:54:16.90	FRUZSI G. HUN
184	533	ANA P RAMOS	F	49	6	00:54:30.63	00:54:14.90	AMINHACORRIDA/MYPROTEIN



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PARTIDA — CHEGADA
REITORIA DA UNIVERSIDADE DE LISBOA



185	315	NUNO CORREIA	M	36	64	00:54:31.35	00:54:19.19	
186	495	PEDRO HENRIQUES	M	44	32	00:54:34.62	00:54:24.10	RUN TEJO
187	271	EDUARDA ADRIANO	F	43	16	00:54:35.61	00:54:24.11	
188	261	PEDRO BISCAIA	M	44	33	00:54:38.05	00:54:15.24	
189	336	GERMANO BERNARDO	M	62	16	00:54:41.46	00:54:09.78	PRAZER DA CORRIDA
190	213	NELSON RAMOS	M	39	65	00:54:46.64	00:54:45.61	KENIANOS AZUIS
191	415	INÉS TEIXEIRA	F	37	17	00:54:50.88	00:54:34.58	MATILHA DA ATALAIA
192	324	SANDRA TRIÃES	F	36	18	00:55:05.26	00:54:56.13	
193	402	MÁRCIA GASPAR	F	41	19	00:55:05.61	00:55:02.50	
194	507	ANABELA SALAZAR	F	46	7	00:55:08.09	00:55:08.09	RUN TEJO
195	172	SÉRGIO SILVEIRA	M	47	24	00:55:12.15	00:54:57.96	
196	253	ISABEL GONÇALVES	F	37	20	00:55:14.73	00:54:49.71	
197	328	FERNANDO ALVES	M	56	17	00:55:18.35	00:55:08.77	SS CGD
198	184	AMTÓNIO PINTO	M	58	18	00:55:27.13	00:55:21.61	CORRER QUELUZ
199	84	DIOGO FERREIRA	M	35	66	00:55:31.96	00:55:25.74	
200	375	SARA RODRIGUES	F	35	21	00:55:32.24	00:55:21.31	
201	262	CARLOS CONSTANTINO	M	44	34	00:55:33.70	00:55:11.95	
202	252	MÁRIA FERREIRA	F	39	22	00:55:34.26	00:55:11.59	
203	189	RITA COSTA FERREIRA	F	39	23	00:55:34.47	00:55:12.23	
204	382	RUI MARTINS	M	27	67	00:55:39.85	00:55:27.86	
205	166	ADRIANA MORAES	F	53	8	00:55:44.99	00:55:25.98	
206	285	JOANNA BACHMATIUK	F	28	10	00:55:56.13	00:55:35.48	
207	441	MIHAI ACONSTANTINEI	M	32	68	00:55:57.84	00:55:28.02	ARVATO
208	164	NUNO VIDEIRA	M	47	25	00:55:58.83	00:55:27.37	
209	244	SARA SILVA	F	46	9	00:55:59.75	00:55:52.25	
210	245	LUÍS CARVALHO	M	47	26	00:55:59.87	00:55:53.99	
211	363	TIAGO FERNANDES	M	38	69	00:56:02.71	00:55:40.39	
212	322	HUGO VALENTE	M	33	70	00:56:03.06	00:55:43.58	TARTARUGAS FURIOSAS
213	420	MIGUEL ESTEVES	M	47	27	00:56:10.67	00:55:54.72	AON
214	349	TIAGO FIGO	M	31	71	00:56:10.97	00:55:51.37	
215	107	ANA NETO	F	39	24	00:56:11.00	00:56:08.00	
216	356	PEDRO FERNANDES	M	42	35	00:56:12.64	00:55:50.71	
217	320	JOÃO GALVEIA	M	42	36	00:56:13.51	00:55:52.82	TARTARUGAS FURIOSAS
218	62	JOÃO LIMA	M	58	19	00:56:17.07	00:56:06.89	4 AO KM
219	485	JOAO SOARES	M	32	72	00:56:18.15	00:55:54.04	ANA E JOÃO
220	87	HÉLIO MARTINS	M	42	37	00:56:18.51	00:56:17.90	
221	119	PEDRO SILVA	M	32	73	00:56:18.64	00:55:50.91	TARTARUGAS SOLIDÁRIAS



222	77	JOÃO OSÓRIO	M	43	38	00:56:37.00	00:56:25.52	
223	486	ANA P MIRANDA	F	27	11	00:56:43.88	00:56:19.90	ANA E JOÃO
224	519	HENRIQUE VILHENA	M	62	20	00:56:46.59	00:56:15.45	AMINHACORRIDA/MYPROTEIN
225	126	NUNO VENTURA	M	44	39	00:56:46.63	00:56:15.56	
226	31	JOSÉ BAIXINHO	M	58	21	00:56:56.19	00:56:45.30	SANTIAGO FC
227	207	ARMANDO VALENTE	M	47	28	00:57:00.91	00:56:41.20	AMCS
228	390	ALFREDO CHAMBEL	M	51	21	00:57:08.00	00:49:25.91	ACDV
229	365	LETÍCIA MARTINS	F	23	12	00:57:22.81	00:57:11.70	
230	460	PEDRO GOMES	M	29	74	00:57:26.90	00:57:19.47	EPAL
231	488	ADRIANO CUNHA	M	64	22	00:57:28.09	00:57:21.98	
232	160	DIAMANTINO SERRANO	M	43	40	00:57:29.69	00:57:26.11	CORRER QUELUZ
233	161	CARLA SERRANO	F	41	25	00:57:29.77	00:57:27.26	CORRER QUELUZ
234	177	FERNANDO LUZ	M	48	29	00:57:32.38	00:57:19.13	GDCT UNICRE
235	447	BEATRIZ FIGUEIREDO	F	42	26	00:57:33.07	00:57:22.99	
236	305	LUÍS M COELHO	M	46	30	00:57:35.72	00:57:26.71	
237	342	MARCO FREITAS	M	41	41	00:57:37.10	00:57:23.92	SUNSET RUNNING TEAM
238	198	NUNO CABANAS	M	45	31	00:57:41.20	00:57:24.48	
239	380	SOFIA CÂNDIDO	F	46	10	00:57:46.81	00:57:40.25	THE BEST
240	354	PEDRO COSTA	M	53	22	00:57:48.93	00:57:39.13	
241	351	ESMERALDA RAMALHO	F	46	11	00:57:56.28	00:57:43.62	CORRER LISBOA
242	205	SANDRA CARDOSO	F	45	12	00:57:56.37	00:57:37.08	AMCS
243	424	CARLOTA ANDRADE	F	29	13	00:58:00.53	00:57:40.23	AON
244	422	MANUEL LAIA	M	30	75	00:58:00.68	00:57:41.15	AON
245	367	JOÃO DAVIM	M	31	76	00:58:09.93	00:57:59.13	
246	55	MARIA BATISTA	F	46	13	00:58:13.62	00:58:03.96	DUO DINÂMICO
247	510	THOMAS ?? BOSCAT	F	22	14	00:58:14.70	00:57:50.12	
248	373	PAULO MARTINS	M	49	32	00:58:15.67	00:57:50.23	CHAVES RUNNING TEAM
249	511	DARIO MIROSSI	M	24	77	00:58:15.72	00:57:49.25	
250	116	HELENA LEITÃO	F	48	14	00:58:21.85	00:58:16.54	RUNLOVERS
251	196	CRISTINA SILVERIO	F	40	27	00:58:23.63	00:58:02.15	GM CORRIDA JAMOR
252	263	ANTONIO P OLIVEIRA	M	44	42	00:58:29.81	00:57:50.66	
253	45	NUNO DIAS	M	34	78	00:58:32.44	00:58:23.53	
254	61	JOAO LAZARO	M	34	79	00:58:32.93	00:58:26.53	
255	453	BRUNO PEREIRA	M	23	80	00:58:36.85	00:58:19.46	
256	290	HELDER SANTOS	M	40	43	00:58:41.32	00:58:11.85	CORRER LISBOA
257	429	HENRIQUE CRUZ	M	29	81	00:58:42.36	00:58:25.96	AON
258	435	ANNA KOCHETKOVA	F	34	15	00:58:42.39	00:58:10.05	ARVATO

259	258	RUI ALVES	M	25	82	00:58:42.55	00:58:11.94	
260	231	MARISA NUNES	F	48	15	00:58:46.32	00:58:33.85	SUNSET RUNNING TEAM
261	277	ADEMAR PEREIRA	M	46	33	00:58:46.66	00:58:33.72	
262	445	CATIA RAMOS	F	38	28	00:58:53.19	00:58:43.65	
263	446	LUIZ PEREIRA	M	37	83	00:58:53.36	00:58:42.38	
264	128	MAFALDA RIBEIRO	F	34	16	00:58:58.06	00:58:49.21	
265	397	VALERIE COUTINHO	F	55	16	00:58:58.23	00:58:46.42	
266	265	ALEXANDRE ROBALO	M	36	84	00:59:02.59	00:58:33.47	
267	208	LAURA FARIA	F	27	17	00:59:03.02	00:58:34.29	
268	264	MARTA MAFRA	F	37	29	00:59:04.70	00:58:25.27	
269	455	DAVID FRIJA	M	33	85	00:59:21.30	00:59:13.80	EPAL
270	498	CLAUDIA BORRALHO	F	44	30	00:59:22.97	00:58:59.22	RUN TEJO
271	509	CARLA COELHO	F	43	31	00:59:24.34	00:59:02.29	RUN TEJO
272	535	ARMANDO M ALMEIDA	M	59	23	00:59:31.54	00:59:03.32	AMINHACORRIDA/MYPROTEIN
273	410	JULIA CALISTO	F	57	17	00:59:32.46	00:59:18.85	
274	352	M ^a JOÃO LOURENÇO	F	45	18	00:59:37.46	00:59:05.32	
275	41	MARÍLIA RIBEIRO	F	34	18	00:59:54.72	00:59:38.84	TOKANDAR
276	42	DAVID BARBOTIN	M	33	86	00:59:54.86	00:59:40.39	TOKANDAR
277	96	JOÃO DIAS	M	37	87	01:00:01.57	00:59:42.70	A GRUPETA
278	43	NUNO D MARTINS	M	29	88	01:00:07.05	00:59:59.18	
279	300	FÁBIO MARTINS	M	28	89	01:00:11.47	00:59:37.62	
280	386	JOÃO FERREIRA	M	46	34	01:00:12.70	00:59:52.93	GINJINHA RUNNERS
281	301	FILIPE SILVESTRE	M	23	90	01:00:13.62	00:59:07.10	
282	151	CLÁUDIA SANTOS	F	29	19	01:00:13.82	00:59:06.99	
283	32	JUDITE BAIXINHO	F	32	20	01:00:25.28	01:00:14.38	SANTIAGO FC
284	427	MARTA MONTEIRO	F	26	21	01:00:27.98	01:00:09.12	AON
285	480	JORGE GOMES	M	57	24	01:00:28.88	01:00:22.40	
286	463	INES CARVALHO	F	25	22	01:00:35.41	00:58:28.53	APAV
287	379	M ^a JOÃO GONÇALVES	F	50	19	01:00:38.07	01:00:31.11	THE BEST
288	99	ALEXANDRA PINTO	F	43	32	01:00:51.69	01:00:45.46	
289	71	ANA DIAS	F	41	33	01:00:54.02	01:00:24.76	
290	297	ANA DOMINGUES	F	54	20	01:00:55.53	01:00:46.72	
291	296	RUI DOMINGUES	M	53	23	01:00:55.89	01:00:46.78	ELEFANTES DO DOMINÓ
292	183	DORA SOUSA	F	41	34	01:01:03.18	01:00:56.86	
293	206	CARLA CARDOSO	F	44	35	01:01:05.28	01:00:46.15	AMCS
294	109	DINIS LAGE	M	34	91	01:01:06.22	01:00:43.66	
295	110	JOANA RODRIGUES	F	35	36	01:01:07.70	01:00:45.49	



296	489	ANTÓNIO PESQUEIRA	M	22	92	01:01:09.09	01:00:56.76	
297	279	MARIA FILIPE	F	46	21	01:01:10.11	01:01:01.10	
298	401	MIGUEL MENDES	M	30	93	01:01:13.99	01:00:43.00	
299	286	PREETI YADAV	F	28	23	01:01:14.67	01:00:53.48	
300	389	ALEXANDRE AZEVEDO	M	38	94	01:01:32.18	00:53:47.68	ACDV
301	418	RUI FIGUEIREDO	M	38	95	01:01:33.79	01:01:17.99	AON
302	135	JOAO PAULO	M	49	35	01:01:36.96	01:01:15.79	
303	337	VIRGILIO OLIVEIRA	M	9	96	01:01:43.10	01:01:17.84	ADCR PJ
304	452	JOSÉ CATITA	M	60	25	01:01:44.41	01:01:19.44	
305	428	MARCIO PESTANA	M	35	97	01:01:45.09	01:01:26.81	AON
306	63	SANDRA MARTINS	F	41	37	01:01:45.18	01:01:20.67	4 AO KM
307	270	NUNO E SANTO	M	48	36	01:01:45.62	01:01:19.29	LISBON MOONLIGHT RUNNERS
308	436	MYKYTA GORBUNOV	M	23	98	01:01:49.11	01:01:16.46	ARVATO
309	516	TINA OLIVEIRA	F	54	22	01:01:54.72	01:01:31.32	AMINHACORRIDA/MYPROTEIN
310	550	SOFIA CAVACO	F	36	38	01:02:04.70	01:01:48.77	
311	512	SWEETY GOVINDJI	F	34	24	01:02:11.78	01:01:43.71	
312	226	RUI J OLIVEIRA	M	51	24	01:02:28.01	01:02:22.58	SS CGD
313	387	RAQUEL DUARTE	F	39	39	01:03:00.96	00:55:17.36	ACDV
314	381	CARLOS VIEIRA	M	48	37	01:03:08.91	01:02:56.77	
315	175	PAULO FRANÇA	M	56	26	01:03:12.30	01:03:10.48	GDCT UNICRE
316	148	FREDERICO NOBRE	M	41	44	01:03:25.02	01:02:58.15	CAA BELÉM
317	314	JOAO PALMA	M	41	45	01:03:25.39	01:03:16.71	
318	149	JÚLIO FERREIRA	M	63	27	01:03:25.88	01:02:57.17	CARACÓIS SONOLENTOS
319	316	NUNO AMIGUINHO	M	49	38	01:03:31.18	01:03:18.05	
320	319	ANTÓNIO MENDES	M	59	28	01:03:32.91	01:03:17.65	
321	364	RICARDO LOPES	M	35	99	01:03:52.64	01:03:28.77	
322	448	DAVIDE SILVA	M	28	100	01:04:05.99	01:01:27.00	
323	59	PAULA SANTOS	F	48	23	01:04:11.95	01:03:45.06	
324	388	HELENA VASCONCELOS	F	44	40	01:04:17.06	00:56:35.25	ACDV
325	187	ISABEL MAGALHÃES	F	61	24	01:04:21.27	01:03:54.62	GYM 2010
326	147	GILBERTO GONÇALVES	M	69	3	01:04:21.73	01:03:54.32	CAA BELÉM
327	412	NUNO BARRADAS	M	52	25	01:04:22.47	01:03:51.56	
328	522	JOAO SIMOES	M	47	39	01:04:24.38	01:04:24.38	AMINHACORRIDA/MYPROTEIN
329	534	MARTA CONCEIÇÃO	F	33	25	01:04:35.43	01:04:17.78	AMINHACORRIDA/MYPROTEIN
330	155	MIGUEL P R CASTELA	M	47	40	01:04:39.86	01:04:35.41	AA LEBRES SADO
331	153	CÉLIA AZENHA	F	53	25	01:04:39.91	01:04:36.87	AA LEBRES DO SADO
332	143	CECILIA NICOLAU	F	51	26	01:04:39.97	01:04:36.93	AA LEBRES SADO



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333	474	FILIPE NOGUEIRA	M	48	41	01:04:40.06	01:04:16.43	APAV
334	378	SONIA PINTO	F	50	27	01:04:45.57	01:04:20.35	RUNTOBE
335	278	SANDRA PORTELA	F	45	28	01:04:55.66	01:04:42.75	
336	404	MARIA PUGA	F	53	29	01:04:57.16	01:04:39.03	
337	103	SUSANA SOUSA	F	42	41	01:05:00.50	01:04:50.75	
338	361	EDUARDO BERNARDO	M	46	42	01:05:02.58	01:04:54.45	INNOWAVE TECHNOLOGIES
339	247	CÉU NEVES	F	58	30	01:05:07.28	01:04:53.33	LEBRE
340	283	PAULO INÁCIO	M	38	101	01:05:21.58	01:05:01.09	
341	284	ALEXANDRA INÁCIO	F	44	42	01:05:21.68	01:05:01.18	
342	93	CATARINA AMBRÓSIO	F	29	26	01:05:38.24	01:05:08.85	OS MANGAS
343	159	MÓNICA MOREIRA	F	41	43	01:05:44.09	01:05:28.56	
344	188	DANIELA D ÉVORA	F	36	44	01:05:45.28	01:05:18.33	GYM 2010
345	185	MARTA SIMAO	F	41	45	01:05:45.63	01:05:18.79	GYM2010
346	549	JOAQUIM CARDOSO	M	46	43	01:05:52.34	01:05:41.58	
347	347	HELENA ESTEVINHA	F	48	31	01:06:26.60	01:06:04.87	GINÁSIO CLUBE PORTUGUÊS
348	346	RUI LOUZEIRO	M	54	26	01:06:26.81	01:06:04.70	GINÁSIO CLUBE PORTUGUÊS
349	53	JORGE BAPTISTA	M	63	29	01:06:33.14	01:06:08.82	
350	239	ANDRÉ CARVALHO	M	21	102	01:07:07.51	01:06:41.66	
351	190	VITOR LUCAS	M	54	27	01:07:10.90	01:06:47.58	
352	241	JOÃO JÚLIO	M	27	103	01:07:11.24	01:06:43.20	
353	456	GONÇALO NUNES	M	27	104	01:07:13.34	01:06:50.25	EPAL
354	130	SUSANA BRANCO	F	47	32	01:07:29.76	01:07:17.56	
355	476	FILOMENA CORREIA	F	63	33	01:07:48.57	01:07:48.57	O PRATICANTE
356	299	ANA LOPES	F	50	34	01:08:01.57	01:07:36.87	
357	49	MÁRIO PIRES	M	59	30	01:08:10.47	01:07:39.43	
358	514	TÂNIA ANTAS	F	33	27	01:08:12.94	01:07:44.97	100 ESTRILHOS
359	145	SAMUEL JOAQUIM	M	65	4	01:08:13.09	01:07:55.27	
360	242	RICARDO ARROIO	M	28	105	01:08:21.45	01:07:55.20	
361	88	NICOLE HUTCHESON	F	23	28	01:08:24.15	01:08:24.15	
362	423	LUIS NETO	M	31	106	01:08:29.46	01:08:12.64	AON
363	298	DIOGO MADEIRA	M	31	107	01:08:50.54	01:08:30.12	OS CANSADOS
364	191	OLIVIA LUCAS	F	52	35	01:08:53.38	01:08:30.16	
365	383	LEANDRO PEREIRA	M	17	108	01:09:09.87	01:08:37.98	
366	559	ANA NOGUEIRA	F	46	36	01:09:14.68	01:08:49.96	APAV
367	171	FILIPA REIS	F	41	46	01:09:18.38	01:09:05.54	SUNSET RUNNING TEAM
368	368	SONIA CRISTINA	F	40	47	01:09:18.62	01:09:03.23	
369	118	PEDRO RUIVO	M	42	46	01:10:05.55	01:10:05.55	

370	230	BRUNO P CORREIA	M	42	47	01:10:31.98	01:06:18.10	
371	173	ADELAIDE PORTO	F	51	37	01:10:46.24	01:10:37.47	
372	91	MIGUEL T NOGUEIRA	M	42	48	01:10:47.38	01:10:28.59	A GRUPETA
373	106	ANDREIA BAPTISTA	F	39	48	01:10:47.45	01:10:27.34	A GRUPETA
374	304	NUNO BOTELHO	M	44	49	01:10:58.00	01:10:46.34	
375	275	CRISTINA REIS	F	48	38	01:10:58.07	01:10:46.32	
376	288	ANA ROBERTO	F	37	49	01:10:58.21	01:10:46.49	
377	458	OSVALDO ANDRADE	M	59	31	01:10:58.68	01:10:36.29	EPAL
378	293	LUÍS M CORREIA	M	38	109	01:11:09.60	01:06:54.66	
379	385	DORA CRUZ	F	45	39	01:11:12.09	01:10:52.11	GINJINHA RUNNERS
380	223	MANUEL BRAS	M	50	28	01:11:32.44	01:11:27.95	SS CGD
381	503	CARLOS ALVES	M	41	50	01:11:36.30	01:11:11.86	RUN TEJO
382	17	DIDE MARISE	F	40	50	01:11:39.03	01:11:04.57	
383	23	JOANA SILVA	F	34	29	01:11:39.76	01:11:05.18	CORRER LISBOA
384	434	KATHIA BACHIR	F	25	30	01:11:47.47	01:11:18.05	ARVATO
385	179	CATARINA GOMES	F	30	31	01:12:17.51	01:12:17.51	GÉMEAS
386	180	JOANA GOMES	F	30	32	01:12:17.64	01:11:15.81	GÉMEAS
387	546	ANA LOURENCO	F	50	40	01:12:44.97	01:12:18.13	PORTUGAL RUN
388	334	JORGE SILVA	M	46	44	01:12:49.86	01:12:28.93	
389	335	VALESCA FRUTUOSO	F	41	51	01:12:49.90	01:12:28.68	
390	274	ANDREA SOUSA	F	37	52	01:13:12.78	01:12:39.60	
391	85	ANTONIO NUNES	M	38	110	01:13:24.56	01:12:56.46	
392	440	VIRGINIA BASTOS	F	33	33	01:13:43.66	01:13:43.66	ARVATO
393	255	JORGE DUARTE	M	32	111	01:13:49.57	01:13:21.18	
394	254	INÉS PEDRAS	F	27	34	01:13:49.96	01:13:23.52	
395	163	Mª MARGARIDA MACEDO	F	55	41	01:14:21.43	01:13:54.37	
396	395	ELSA PIÇARRA	F	35	53	01:14:59.39	01:14:39.54	OS CANSADOS
397	376	JACINTA GONÇALVES	F	37	54	01:15:12.11	01:14:48.61	
398	272	CARLOS PEDREIRINHO	M	54	29	01:15:37.91	01:15:24.57	LIDIA E CARLOS
399	273	LIDIA REZIO	F	49	42	01:15:37.98	01:15:24.68	LIDIA E CARLOS
400	353	LUCINDA REIS	F	56	43	01:15:39.31	01:15:07.59	
401	433	MAGALY DA COSTA	F	21	35	01:15:40.68	01:15:11.27	ARVATO
402	545	JOSE M PEREIRA	M	55	32	01:16:07.71	01:15:40.25	
403	138	JOSÉ ALIPIO	M	61	33	01:17:57.62	01:17:44.23	
404	369	ANTONIO FIGUEIREDO	M	60	34	01:18:31.30	01:18:13.15	
405	333	BRUNO CARDOSO	M	33	112	01:19:10.14	01:18:52.36	
406	332	NUNO BRÁS	M	36	113	01:19:10.73	01:18:51.56	



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407	238	GABRIEL COSTA	M	22	114	01:20:31.13	01:20:05.26	
408	216	ANA CASTRO	F	52	44	01:22:02.23	01:21:47.66	SS CGD
409	344	ANA SANTOS	F	28	36	01:22:22.02	01:21:01.99	FINDMORE CONSULTING
410	343	NUNO COSTA	M	43	51	01:22:22.07	01:21:03.06	FINDMORE CONSULTING
411	237	CATARINA NEVES	F	26	37	01:23:52.30	01:23:24.80	
412	233	INÉS MONTEIRO	F	20	38	01:24:32.03	01:24:04.92	
413	240	MAGDA MAIA	F	26	39	01:42:25.93	01:41:49.74	
414	234	JOANA BUGALHO	F	19	40	01:42:26.12	01:41:51.39	
415	235	LUÍS BUGALHO	M	20	115	01:42:26.59	01:41:51.86	

Total de registros: 415