

**11 NOV
2018****CORRIDA DAS
CASTANHAS** 8ª EDIÇÃO**10 KM**

Class	Num	Nome	Sx	Idd	Pos Escal	T. Bruto	T. Líquido	Equipe
1	710	FILIPE REBELO	M	23	1	00:33:57	00:33:57	RUN TEJO
2	16	DANIEL PINHEIRO	M	36	2	00:34:06	00:34:06	
3	151	RODRIGO CARRERA	M	32	3	00:35:18	00:35:18	JOMA
4	313	NUNO SILVA	M	37	4	00:36:54	00:36:54	CAA AMIGOS DE BELEM
5	577	ANTÓNIO PINTO	M	43	1	00:37:06	00:37:06	GRD OS FIXES
6	594	RODRIGO GUERRA	M	43	2	00:37:08	00:37:07	AA MAFRA
7	426	ANTÓNIO RODRIGUES	M	38	5	00:37:41	00:37:39	ACADEMIA DO PRO PENICHE
8	483	PAULO ALVES	M	40	3	00:37:53	00:37:52	GDCTINCM
9	682	TIAGO ANDRÉ CORREIA	M	32	6	00:39:21	00:39:19	
10	145	HUGO JORGE	M	25	7	00:39:34	00:39:34	
11	736	AIRES PRATA	M	63	1	00:39:42	00:39:41	UNIAO POVOENSE
12	360	ÁRTUR CARVALHO	M	47	1	00:39:52	00:39:52	OS GALGOS
13	550	HENRIQUE COELHO	M	46	2	00:39:58	00:39:58	
14	83	ANTÓNIO SILVA	M	23	8	00:40:04	00:40:02	
15	727	TIAGO NOGUEIRA	M	36	9	00:40:10	00:40:10	AMINHACORRIDA
16	692	PAULO GORDINHO	M	43	4	00:40:17	00:40:17	CÂMARA LISBOA CLUBE
17	367	KCÉNIA BOUGROVA	F	24	1	00:40:26	00:40:25	SPORTING CLUBE DE PORTUGAL
18	97	TIAGO AVELÃS	M	43	5	00:40:31	00:40:28	SS CGD
19	741	LUIS CORREIA	M	33	10	00:40:33	00:40:33	AA VALE SILENCIO
20	127	FERNANDO VICENTE	M	53	1	00:40:48	00:40:48	
21	232	JOSÉ GOMES	M	58	1	00:41:01	00:40:59	
22	580	JOSE MARCELINO	M	55	2	00:41:01	00:41:00	CD ESTRELA
23	690	SARA MARINHO	F	28	2	00:41:11	00:41:09	AMINHACORRIDA
24	253	JORGE PARDAL	M	45	3	00:41:25	00:41:24	TARTARUGAS SOLIDÁRIAS
25	748	ANTÓNIO SANTOS	M	56	3	00:41:34	00:41:32	CAA BELÉM
26	584	JOSÉ SILVA	M	55	4	00:41:44	00:41:44	99PROVASGRATUITAS
27	443	FERNANDO MELÃO	M	54	2	00:41:47	00:41:47	FF PAZ MUNDIAL E UNIFICAÇÃO
28	335	FERNANDO CANDEIAS	M	47	4	00:41:48	00:41:47	SS CGD
29	541	PAULO SARTY	M	45	5	00:41:52	00:41:50	STRONG TEAM
30	739	RICARDO SANTOS	M	31	11	00:41:59	00:41:55	AMIGOS VALE SILENCIO
31	355	ANDRÉ MORGADO	M	34	12	00:42:00	00:41:57	CAD A CORRER
32	60	RUI BATISTA	M	42	6	00:42:01	00:41:59	AMIGOS DO ATLETISMO DE MAFRA
33	126	VITOR MARTINS	M	49	6	00:42:10	00:42:05	CLUBE COLABORADORES AGEAS
34	684	ORLANDO CORREIA	M	47	7	00:42:14	00:42:11	LINDA-A-PASTORA SC
35	627	PEDRO XAVIER	M	46	8	00:42:31	00:42:31	GD SANTANDERTOTTA

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36	625	JOSE BAPTISTA	M	52	3	00:42:40	00:42:40	GD SANTANDERTOTTA
37	129	JOÃO MONIZ	M	23	13	00:42:43	00:42:40	
38	520	PEDRO FERNANDES	M	35	14	00:43:02	00:42:17	VDA ATLETAS
39	70	PAULO RIBEIRO	M	49	9	00:43:05	00:43:03	
40	104	FERNANDO GOMES	M	45	10	00:43:09	00:43:08	FERRARIS DA SERAFINA
41	101	GIL X ALVES	M	42	7	00:43:14	00:43:12	FERRARIS DA SERAFINA
42	36	RUI CARMO	M	36	15	00:43:32	00:43:31	LINDA-A-PASTORA SC
43	255	DIOGO MARTINS	M	27	16	00:43:32	00:43:30	
44	48	GONÇALO FERREIRA	M	44	8	00:43:43	00:43:39	LINDA-A-PASTORA SC
45	176	CEDRIC MONTEIRO	M	31	17	00:44:00	00:43:57	1ºDIREITO
46	582	LUÍS BATISTA	M	31	18	00:44:09	00:44:09	FF PAZ MUNDIAL E UNIFICAÇÃO
47	650	DANIEL FARINHA	M	34	19	00:44:20	00:44:13	
48	499	RICARDO SILVA	M	37	20	00:44:25	00:44:25	
49	596	ANTÓNIO SILVA	M	46	11	00:44:27	00:44:19	
50	556	PEDRO C JORGE	M	25	21	00:44:30	00:44:26	
51	595	MARIA FRIAS	F	53	1	00:44:31	00:44:31	AA MAFRA
52	543	ANDRÉ LOPES	M	30	22	00:44:31	00:44:29	CORRER QUELUZ
53	332	CARLOS BRANCO	M	45	12	00:44:33	00:44:33	SS CGD
54	172	JOÃO GUTERRES	M	43	9	00:44:34	00:44:34	
55	183	JOAO LOPES	M	37	23	00:44:37	00:44:32	PAPAGAIOS DE CASCAIS
56	593	PAULO GOULART	M	50	4	00:44:38	00:44:32	CLUBE ANACOM
57	307	JOSE MOREIRA	M	18	24	00:44:51	00:44:50	
58	362	ILISITO FERREIRA	M	35	25	00:45:00	00:44:57	CAD A CORRER
59	368	ANTONIO REBELO	M	47	13	00:45:03	00:44:56	
60	457	FRANCISCO VILELA	M	44	10	00:45:06	00:45:05	GRD DA RIBEIRA DA LAGE
61	571	RICARDO SALGUEIRO	M	30	26	00:45:10	00:45:10	COA - CORVUS TRAIL TEAM
62	157	PAULO REIS	M	48	14	00:45:13	00:45:04	
63	339	JOAQUIM FRADE	M	63	2	00:45:23	00:45:20	SS CGD
64	210	PEDRO CANELAS	M	42	11	00:45:25	00:45:19	LINDA-A-PASTORA SC
65	642	ANDRÉ BESELGA	M	31	27	00:45:32	00:45:29	
66	505	LUIS TORRES	M	46	15	00:45:39	00:45:09	COMDOR RUNNERS
67	391	PAULO SANTOS	M	51	5	00:45:39	00:45:37	LOURDETE PERFUMARIAS
68	92	JOSE MARTINS	M	44	12	00:45:46	00:45:42	SS CGD
69	103	MANUEL SOARES	M	53	6	00:46:03	00:46:02	FERRARIS DA SERAFINA
70	449	JOÃO P GOMES	M	46	16	00:46:12	00:45:53	AMIGOS DO ATLETISMO DE MAFRA
71	91	HENRIQUE AMADOR	M	47	17	00:46:17	00:46:15	SS CGD
72	105	LUÍS SILVA	M	38	28	00:46:23	00:46:23	FERRARIS DA SERAFINA

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73	735	ARSINO LOPES	M	26	29	00:46:25	00:46:17	ATLETAS DE PESO
74	659	MARCELO PINTO	M	50	7	00:46:30	00:46:29	
75	412	ANILSON SOARES	M	30	30	00:46:31	00:46:08	
76	590	PATRICK SCHOELLES	M	28	31	00:46:35	00:46:35	ML
77	404	VIRGILIO MADEIRA	M	59	5	00:46:44	00:46:39	CCD TRANQUILIDADE
78	413	SUSANA RODRIGUES	F	37	3	00:46:46	00:46:36	ZIMBRA FOX RUNNERS
79	716	ANDRÉ NUNES	M	28	32	00:46:52	00:46:49	SS CGD
80	617	CARLA DIAS	F	45	1	00:46:55	00:46:55	GD SANTANDERTOTTA
81	456	POMPEU AIRES	M	52	8	00:46:59	00:46:59	GRD RIBEIRA DA LAGE
82	655	GREG HIED	M	34	33	00:47:10	00:46:58	
83	450	MARGARIDA AZEVEDO	F	40	1	00:47:11	00:47:02	
84	62	CARLOS RODRIGUES	M	61	3	00:47:19	00:47:18	CLUBE EDP LISBOA
85	455	JOÃO MARQUES	M	53	9	00:47:20	00:47:20	GRD DA RIBEIRA DA LAGE
86	281	JOSÉ AUGUSTO	M	56	6	00:47:20	00:47:20	FALCÕES SELVAGENS
87	436	CARLOS AMARO	M	37	34	00:47:21	00:47:10	GRUPO BARRAQUEIRO
88	713	LUIS CHAVES	M	41	13	00:47:23	00:47:23	RUN TEJO
89	353	ORLINDO FIGUEIREDO	M	70	4	00:47:26	00:47:26	SS CGD
90	409	FERNANDO RIBEIRO	M	51	10	00:47:36	00:47:36	
91	703	PAULO GONÇALVES	M	46	18	00:47:39	00:47:15	CÂMARA LISBOA CLUBE
92	419	ANTONIO ALMEIDA	M	54	11	00:47:40	00:47:38	ND AUTOCOOPE
93	454	JOAO P FRAGOSO	M	44	14	00:47:42	00:47:39	CLUBE VODAFONE
94	685	CARLOS OLIVEIRA	M	31	35	00:47:49	00:47:31	PERNAS DE PAU
95	587	RODRIGO DEUS	M	40	15	00:47:57	00:47:31	
96	496	MARCOS PEREIRA	M	63	5	00:47:59	00:47:50	
97	702	JOÃO FIGUEIREDO	M	61	6	00:48:00	00:47:34	CÂMARA LISBOA CLUBE
98	294	JOÃO FERNANDES	M	37	36	00:48:00	00:47:44	
99	747	HENRIQUE ADREGA	M	66	7	00:48:05	00:48:03	CAA BELÉM
100	583	INÉS MARQUES	F	41	2	00:48:13	00:48:09	99PROVASGRATUITAS
101	632	ANTONIO LOURO	M	45	19	00:48:18	00:47:57	GD SANTANDERTOTTA
102	631	FABIO DIAS	M	47	20	00:48:18	00:47:59	GD SANTANDERTOTTA
103	476	RUI FEIO	M	54	12	00:48:20	00:48:18	
104	351	NOEMIA SEQUEIRA	F	50	2	00:48:20	00:48:18	SS CGD
105	458	AMADEU BRIGAS	M	51	13	00:48:23	00:48:23	GRD DA RIBEIRA DA LAGE
106	325	LUKASZ ZIOLKOWSKI	M	34	37	00:48:25	00:48:25	
107	371	ANTÓNIO ABRAÇOS	M	38	38	00:48:26	00:48:02	TEAPOT 418
108	256	RUI PASTOR	M	46	21	00:48:27	00:48:06	PASTOR RACING
109	326	ANTÓNIO ABRANTES	M	63	8	00:48:28	00:48:24	

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110	529	JOSÉ SILVESTRE	M	52	14	00:48:28	00:48:25	
111	439	RUI ALMEIDA	M	46	22	00:48:29	00:48:04	ADRC MATA DE BENFICA
112	333	CARLOS LEITÃO	M	55	7	00:48:34	00:48:31	SS CGD
113	295	PEDRO BELO	M	35	39	00:48:35	00:48:28	LINDA-A-PASTORA SC
114	728	MAREK GLOWACKI	M	52	15	00:48:36	00:48:26	
115	379	PEDRO ENCARNAÇÃO	M	46	23	00:48:37	00:48:24	
116	234	PATRÍCIA MONTEIRO	F	29	4	00:48:41	00:48:33	
117	136	HELDER COELHO	M	45	24	00:48:41	00:48:29	
118	179	MARIO LIMEDE	M	30	40	00:48:56	00:48:56	
119	591	BRUNO AMARO	M	37	41	00:48:57	00:48:46	BENFICA EM FORMA
120	547	TIAGO DIAS	M	30	42	00:49:00	00:49:00	
121	619	FERNANDO FERNANDES	M	49	25	00:49:06	00:49:06	GD SANTANDERTOTTA
122	421	JOÃO SIMOES	M	47	26	00:49:07	00:48:52	AMINHACORRIDA
123	106	ALEXANDRE ALMEIDA	M	38	43	00:49:07	00:49:06	FERRARIS DA SERAFINA
124	69	JOAO ABRANTES	M	60	9	00:49:08	00:49:01	A NATUREZA ENSINA
125	434	SÉRGIO OLIVEIRA	M	43	16	00:49:10	00:49:10	
126	431	CLAUDIO MATOS	M	29	44	00:49:11	00:48:54	
127	35	RUI MENDES	M	46	27	00:49:12	00:49:05	
128	322	JOÃO PEREIRA	M	39	45	00:49:15	00:49:08	LINDA-A-PASTORA SC
129	666	GUILHERME GONÇALVES	M	58	8	00:49:20	00:49:20	C FERROVIÁRIO PORTUGAL
130	729	JAROSLAW CIESLA	M	52	16	00:49:28	00:49:19	
131	199	RUI FIGUEIREDO	M	43	17	00:49:29	00:49:25	QUARTETO
132	219	LUÍS MORGADO	M	18	46	00:49:31	00:49:18	
133	501	CARLOS NEVES	M	38	47	00:49:38	00:49:27	
134	498	FERNANDO MARQUES	M	53	17	00:49:42	00:49:30	
135	740	PEDRO BALEIA	M	40	18	00:49:50	00:49:40	AMINHACORRIDA
136	394	ANTÓNIO SENA	M	47	28	00:49:50	00:49:37	CCD TRANQUILIDADE
137	737	JOAO RODRIGUES	M	59	9	00:49:52	00:49:42	CARACOIS DE PEDRA
138	222	ADELINO GOMES	M	49	29	00:49:56	00:49:54	
139	118	MIGUEL SOUSA	M	43	19	00:50:03	00:49:55	CLUBE COLABORADORES AGEAS
140	452	JOSE CAETANO	M	66	10	00:50:06	00:49:57	
141	28	FERNANDO FARIA	M	36	48	00:50:07	00:50:02	
142	746	FREDERICO NOBRE	M	42	20	00:50:18	00:50:09	CAA BELÉM
143	331	ANTÓNIO NASCIMENTO	M	61	11	00:50:19	00:50:12	SS CGD
144	504	FRANCISCO J LAFUENTE	M	26	49	00:50:21	00:50:06	
145	688	RICARDO RODRIGUES	M	30	50	00:50:37	00:50:20	PERNAS DE PAU
146	687	SUSE LUCAS	F	31	5	00:50:37	00:50:19	PERNAS DE PAU

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147	320	JOÃO TEIXEIRA	M	49	30	00:50:39	00:50:39	
148	185	NUNO CONDEÇO	M	38	51	00:50:39	00:50:25	
149	398	FERNANDO CELESTINO	M	59	10	00:50:41	00:50:35	CCD TRANQUILIDADE
150	336	FERNANDO LIMA	M	49	31	00:50:45	00:50:42	SS CGD
151	693	LICINIO FIDALGO	M	59	11	00:50:45	00:50:19	CÂMARA LISBOA CLUBE
152	407	THOMAS TEWS	M	29	52	00:50:47	00:50:44	
153	208	CAROLINA SILVA	F	26	6	00:50:48	00:50:48	
154	500	TIAGO F FONSECA	M	44	21	00:50:49	00:50:20	
155	46	JOSE CORREIA	M	59	12	00:50:54	00:50:50	
156	588	ANTONIO MARQUES	M	57	13	00:50:54	00:50:49	
157	467	MOISES ALMEIDA	M	46	32	00:51:02	00:51:02	
158	141	FERNANDO CARREIRO	M	57	14	00:51:02	00:51:02	LINCES DA BELA VISTA
159	15	ABILIO OLIVEIRA	M	53	18	00:51:06	00:51:01	
160	726	TINA OLIVEIRA	F	54	3	00:51:07	00:51:03	AMINHACORRIDA
161	531	HUGO DINIS	M	30	53	00:51:11	00:50:51	
162	128	ANTÓNIO GRILO	M	54	19	00:51:12	00:50:54	
163	669	NUNO ALVES	M	42	22	00:51:15	00:51:04	
164	309	RUI HENRIQUES	M	47	33	00:51:17	00:50:59	
165	395	BRUNO DUARTE	M	35	54	00:51:20	00:51:07	CCD TRANQUILIDADE
166	680	CARLA JARDIM	F	46	2	00:51:20	00:51:15	AA MAFRA
167	231	NUNO BERTON	M	46	34	00:51:21	00:51:07	
168	243	ALCINDO ALMEIDA	M	60	12	00:51:28	00:51:22	LINDA-A-PASTORA SC
169	714	MAFALDA MARTINHO	F	30	7	00:51:33	00:51:20	RUN TEJO
170	731	NUNO GALVAO	M	55	15	00:51:38	00:51:22	SIMECQ
171	121	JOÃO PERNECO	M	42	23	00:51:41	00:51:27	CLUBE COLABORADORES AGEAS
172	488	ANA R CASTRO	F	41	3	00:51:45	00:51:08	ML
173	47	LUÍS BALINHO	M	44	24	00:51:54	00:51:27	
174	158	HUGO SANTOS	M	41	25	00:51:57	00:51:25	FALCÕES SELVAGENS
175	544	FILIPPE PAULO	M	35	55	00:51:58	00:51:34	
176	441	PAULO TEIXEIRA	M	58	16	00:52:06	00:52:06	
177	465	RAFAEL AZRIEL	M	48	35	00:52:15	00:52:07	
178	26	JOÃO MOITEIRO	M	46	36	00:52:15	00:51:58	
179	181	ANTÓNIO MARTINS	M	54	20	00:52:16	00:52:12	
180	461	ANTÓNIO C NOVAS	M	40	26	00:52:20	00:51:59	
181	468	MÁRIO SANTOS	M	44	27	00:52:23	00:52:23	
182	269	FERNANDO FARIA	M	56	17	00:52:24	00:52:18	LINK
183	495	RICARDO FRANCO	M	46	37	00:52:32	00:52:26	

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184	334	CÁTIA FONSECA	F	36	8	00:52:32	00:52:20	SS CGD
185	662	JORGE MADUREIRA	M	47	38	00:52:32	00:52:28	BELENENSES
186	349	MIGUEL DIAS	M	43	28	00:52:40	00:52:29	SS CGD
187	67	HELDER RAPOSO	M	50	21	00:52:47	00:52:20	OS GALGOS
188	354	PAULA MARTINS	F	38	9	00:52:52	00:52:36	SS CGD
189	683	ALFREDO BACELAR	M	53	22	00:52:54	00:52:38	
190	497	FILIPE PEREIRA	M	36	56	00:52:54	00:52:40	
191	406	JOÃO PEREIRA	M	55	18	00:53:02	00:52:34	ACPORTALEGRE
192	164	NUNO SOARES	M	38	57	00:53:05	00:52:46	
193	270	CARLOS PALMA	M	49	39	00:53:07	00:52:59	LINK
194	606	EDUARDO QUARESMA	M	39	58	00:53:07	00:52:34	GD SANTANDERTOTTA
195	676	IDALÉCIO BARROS	M	76	13	00:53:08	00:53:07	
196	602	ARTUR BOTÃO	M	49	40	00:53:12	00:53:09	ACADEMIA DO LUMIAR
197	578	ELSA FRANCISCO	F	47	3	00:53:14	00:53:01	
198	722	PATRÍCIA BACELAR	F	22	10	00:53:18	00:53:02	
199	197	TOMAS LOPES	M	24	59	00:53:21	00:53:09	RUN4FUN
200	168	MIGUEL BARRETO	M	25	60	00:53:21	00:53:07	
201	644	HENRIQUE COELHO	M	38	61	00:53:24	00:53:07	OPTICALIA RUNNING TEAM
202	89	EMANUEL AGUAS	M	44	29	00:53:28	00:53:07	SS CGD
203	408	VITOR MORAIS	M	60	14	00:53:34	00:53:04	
204	268	FERNANDO FILIPE	M	50	23	00:53:40	00:53:38	
205	229	PEDRO VITORINO	M	42	30	00:53:47	00:53:17	LINDA-A-PASTORA SC
206	227	PATRÍCIA MATOS	F	44	4	00:53:47	00:53:19	LINDA-A-PASTORA SC
207	668	ANA PEDREIRA	F	38	11	00:53:50	00:53:45	PRAZER EM CORRER ILHA TERCEIRA
208	694	MIGUEL VELEZ	M	55	19	00:53:56	00:53:31	CÂMARA LISBOA CLUBE
209	124	RUI GARCIA	M	39	62	00:53:56	00:53:46	CLUBE COLABORADORES AGEAS
210	396	CARLOS BARGADO	M	53	24	00:53:58	00:53:54	CCD TRANQUILIDADE
211	567	ANIBAL CARVALHO	M	67	15	00:54:22	00:53:57	
212	572	NÁDIA AFONSO	F	33	12	00:54:22	00:54:21	COA - CORVUS TRAIL TEAM
213	201	PAULO VAZ	M	46	41	00:54:23	00:53:57	QUARTETO
214	361	RUI OLIVEIRA	M	41	31	00:54:27	00:54:23	CAD A CORRER
215	623	ANTONIO CASTRO	M	49	42	00:54:27	00:53:53	GD SANTANDERTOTTA
216	131	FABIANO FERREIRA	M	38	63	00:54:28	00:54:04	
217	750	JOÃO ALMEIDA	M	41	32	00:54:31	00:54:11	CAA BELÉM
218	551	CHRIS WEUTSCHECK	M	34	64	00:54:37	00:54:37	RUHR RUN CLUB
219	392	RICARDO CONCEIÇÃO	M	33	65	00:54:38	00:54:34	LOURDETE PERFUMARIAS

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220	698	EDUARDO MANSO	M	56	20	00:54:41	00:54:18	CÂMARA LISBOA CLUBE
221	316	SELMA SILVA	F	53	4	00:54:42	00:54:37	
222	133	JOSE MONTEIRO	M	61	16	00:54:44	00:54:19	
223	493	ANTONIO NEVES	M	34	66	00:54:47	00:54:22	EQUIPA POSITIVA
224	68	FERNANDO ARAÚJO	M	42	33	00:54:49	00:54:49	KENIANOS
225	312	MARIA D OLIVEIRA	F	53	5	00:54:50	00:54:49	
226	679	JOÃO BATISTA	M	37	67	00:54:56	00:54:28	TRILHOS & BIGODES
227	212	JOANA PINTO	F	36	13	00:54:56	00:54:49	
228	377	PAULO MOURA	M	36	68	00:54:57	00:54:35	
229	175	RUI SERAFIM	M	45	43	00:54:59	00:54:59	
230	677	LUIS PINTO	M	39	69	00:55:00	00:55:00	TRILHOS & BIGODES
231	678	MIGUEL HORTA	M	42	34	00:55:00	00:54:33	TRILHOS & BIGODES
232	514	RICARDO SIMÕES	M	49	44	00:55:03	00:54:54	CORRER QUELUZ
233	509	JORGE OLIVEIRA	M	55	21	00:55:04	00:54:49	
234	380	LUÍS GASPAS	M	48	45	00:55:06	00:54:52	
235	264	MARIA D D PALMA	F	61	6	00:55:09	00:54:44	
236	474	RITA ESTEVES	F	46	4	00:55:10	00:55:05	
237	648	FREDERICO VARÃO	M	27	70	00:55:13	00:55:13	
238	420	CARLOS FERREIRA	M	61	17	00:55:22	00:55:19	ND AUTOCOOPE
239	204	JOSÉ CALHEIROS	M	44	35	00:55:24	00:55:13	
240	130	PAULO MONIZ	M	63	18	00:55:26	00:55:25	
241	120	FERNANDO MATIAS	M	62	19	00:55:26	00:55:16	CLUBE COLABORADORES AGEAS
242	462	JOÃO A MARTINS	M	50	25	00:55:29	00:55:02	
243	532	ANDREIA CASTANHEIRA	F	37	14	00:55:29	00:55:16	BRRNIGHTRUNNERS
244	95	LUISA LANDEIRO	M	48	46	00:55:30	00:55:23	SS CGD
245	98	OLGA BORGES	F	43	5	00:55:30	00:55:23	SS CGD
246	337	JOÃO CORREIA	M	49	47	00:55:30	00:55:24	SS CGD
247	144	PAULO COSTA	M	52	26	00:55:30	00:55:30	SFUAP
248	486	IRINA PEDRO	F	38	15	00:55:31	00:55:17	BRRNIGHTRUNNERS
249	143	MARIO ALVES	M	63	20	00:55:31	00:55:31	SFUAP
250	254	CRISTINA CUNHA	F	48	5	00:55:32	00:55:25	LX RUN
251	487	FRANCISCO COSTA	M	41	36	00:55:33	00:55:21	BRRNIGHTRUNNERS
252	719	MANUEL BRÁS	M	50	27	00:55:39	00:55:07	SS CGD
253	110	GONÇALO LOUREIRO	M	41	37	00:55:43	00:55:37	
254	153	RODRIGO MARIANO	M	41	38	00:55:44	00:55:20	MARIANOS RUNNERS
255	111	VANESSA SEQUEIRA	F	36	16	00:55:45	00:55:29	
256	502	BRUNO LEITE	M	34	71	00:55:45	00:55:29	

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257	446	RUI ALVES	M	44	39	00:55:47	00:55:45	AZA-AZAMBUJA COM ALMA
258	303	RICARDO CORREIA	M	40	40	00:55:47	00:55:32	
259	473	IOAN MATEI	M	58	22	00:55:51	00:55:50	
260	479	ANA PEREIRA	F	42	6	00:55:52	00:55:36	GDCTINCM
261	484	PAULO SOUSA	M	44	41	00:55:52	00:55:37	GDCTINCM
262	743	CARLOS SILVERIO	M	52	28	00:55:55	00:55:52	
263	246	PATRÍCIA ALVES	F	37	17	00:55:56	00:55:39	VAMOS A TODAS!
264	451	MEAGAN CARTY	F	42	7	00:55:56	00:55:41	
265	597	NUNO SERRÃO	M	35	72	00:55:57	00:55:38	
266	338	JOAO FONTES	M	40	42	00:55:58	00:55:42	SS CGD
267	376	JÚLIO FERREIRA	M	64	21	00:56:04	00:55:55	CARACÓIS SONOLENTOS
268	276	PEDRO SERRASQUEIRO	M	38	73	00:56:06	00:55:41	GDCT UNICRE
269	273	PAULO DUARTE	M	53	29	00:56:09	00:55:42	GDCT UNICRE
270	125	TITO TEIXEIRA	M	40	43	00:56:18	00:56:13	CLUBE COLABORADORES AGEAS
271	17	ALEXANDRE RIBEIRO	M	46	48	00:56:20	00:56:07	GRUPO BARRAQUEIRO
272	657	JOSÉ PEDRO	M	53	30	00:56:22	00:56:01	
273	444	ALZIRA CRUZ	F	54	7	00:56:29	00:56:23	FF PAZ MUNDIAL E UNIFICAÇÃO
274	542	SANDRA LOPES	F	32	18	00:56:32	00:56:30	STRONG TEAM
275	200	JOSE GASPAR	M	45	49	00:56:35	00:56:35	QUARTETO
276	27	PAULO MOUTINHO	M	47	50	00:56:35	00:56:30	H-GARRA A LEBRE !!!
277	604	LINO OLIVEIRA	M	72	22	00:56:42	00:56:41	GD SANTANDERTOTTA
278	296	MARISA RODRIGUES	F	36	19	00:56:47	00:56:41	LINDA-A-PASTORA SC
279	704	ANA GIL	F	58	8	00:56:48	00:56:21	RUN TEJO
280	235	ANÍBAL FRANCISCO	M	56	23	00:57:00	00:56:51	
281	536	MARISA PINHEIRO	F	26	20	00:57:00	00:56:24	
282	107	NUNO MARTINS	M	41	44	00:57:04	00:56:51	RUN FORREST RUN
283	94	LUIS SILVA	M	48	51	00:57:20	00:56:44	SS CGD
284	569	JOSE LOPES	M	61	23	00:57:23	00:57:15	AMIGOS DA ESTRELA
285	386	SHAHIN AMIRALI	M	34	74	00:57:26	00:56:59	BENFICA EM FORMA
286	389	TATIANA LIVRAMENTO	F	30	21	00:57:27	00:57:08	
287	382	PEDRO PACHECO	M	48	52	00:57:28	00:57:15	
288	663	RUI AFONSO	M	50	31	00:57:29	00:57:02	BELENENSES
289	198	ANTONIO RIBEIRO	M	54	32	00:57:31	00:57:27	QUARTETO
290	471	CARLA RIBEIRO	F	47	6	00:57:33	00:57:16	
291	557	DANIEL MARTINS	M	29	75	00:57:34	00:57:02	
292	689	MARIANA PASSOS	F	28	22	00:57:34	00:57:25	
293	472	MIGUEL RIBEIRO	M	46	53	00:57:34	00:57:17	

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294	721	MADALENA BELO	F	28	23	00:57:35	00:57:26	
295	723	JOÃO BARRAL	M	43	45	00:57:37	00:57:29	
296	629	JOSE ANTONIO SANTOS	M	46	54	00:57:40	00:57:07	GD SANTANDERTOTTA
297	537	PAULO SILVA	M	45	55	00:57:45	00:57:13	BIGROSCAS
298	686	NUNO PEREIRA	M	36	76	00:57:48	00:57:31	PERNAS DE PAU
299	160	ANTONIO FONSECA	M	72	24	00:57:50	00:57:20	
300	442	ANTÓNIO PAIS	M	71	25	00:57:53	00:57:47	VALE DE MADEIROS SC
301	314	ANTONIO LIMA	M	55	24	00:57:54	00:57:19	
302	196	VITOR LOPES	M	51	33	00:57:56	00:57:56	RUN4FUN
303	213	JOSÉ BAIXINHO	M	61	26	00:57:57	00:57:45	SANTIAGO FUTEBOL CLUBE
304	645	MARCO FREITAS	M	42	46	00:57:58	00:57:58	
305	139	JOAQUIM LOPES	M	54	34	00:57:59	00:57:54	
306	708	MARIO RIBEIRO	M	53	35	00:58:00	00:57:32	RUN TEJO
307	609	TIAGO CANHOTO	M	47	56	00:58:03	00:57:45	GD SANTANDERTOTTA
308	19	JOSÉ TOMÉ	M	52	36	00:58:09	00:57:56	GRUPO BARRAQUEIRO
309	559	TIAGO SIMÕES	M	35	77	00:58:10	00:57:57	CLUBE DE CORRIDA REN
310	384	ANA NETO	F	40	8	00:58:10	00:58:04	LINDA-A-PASTORA SC
311	574	JORGE RATÃO	M	51	37	00:58:13	00:57:57	
312	29	MARCO SILVA	M	39	78	00:58:17	00:57:51	
313	745	GILBERTO GONÇALVES	M	69	27	00:58:17	00:57:56	CAA BELÉM
314	660	VITOR ESCARIA	M	47	57	00:58:17	00:57:52	ESCARIA&FRIENDS
315	400	JOÃO MELO	M	32	79	00:58:19	00:58:15	CCD TRANQUILIDADE
316	403	TAM AFONSO	M	65	28	00:58:19	00:58:16	CCD TRANQUILIDADE
317	667	CARLOS ALVES	M	61	29	00:58:21	00:58:11	C FERROVIÁRIO PORTUGAL
318	356	ODÍLIA PEREIRA	F	47	7	00:58:29	00:58:25	CLUBE VODAFONE
319	475	MÁRIO COELHO	M	53	38	00:58:31	00:58:13	AA LEBRES DO SADO
320	749	JORGE ALMEIDA	M	69	30	00:58:33	00:58:14	CAA BELÉM
321	99	LEANDRO DAMASCENO	M	36	80	00:58:38	00:58:26	MARATURISTA
322	211	NUNO MOLERO	M	46	58	00:58:39	00:58:11	
323	64	JOSÉ BRÁS	M	54	39	00:58:41	00:58:41	
324	634	LUCIO SILVA	M	52	40	00:58:41	00:58:12	GD SANTANDERTOTTA
325	447	ELSA BRUXELAS	F	59	9	00:58:44	00:58:24	TARTARUGAS SOLIDÁRIAS
326	343	PEDRO FONTOURA	M	48	59	00:58:45	00:58:14	SS CGD
327	263	QUIM SANDE	M	58	25	00:58:45	00:58:23	
328	272	SUSANA TOLEDO	F	32	24	00:58:46	00:58:25	
329	274	CARLOS VIEGAS	M	60	31	00:58:47	00:58:23	GDCT UNICRE
330	297	CARLA PEREIRA	F	45	8	00:58:48	00:58:31	

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331	649	JOAO VIEIRA	M	45	60	00:58:50	00:58:50	
332	71	CÁTIA PINTO	F	36	25	00:58:59	00:58:59	
333	387	HELDER FURTADO	M	35	81	00:59:04	00:58:43	
334	53	BARBOTIN DAVID	M	33	82	00:59:04	00:58:46	TOKANDAR
335	54	MARILIA RIBEIRO	F	35	26	00:59:05	00:58:47	TOKANDAR
336	600	CARLOS PEREIRA	M	36	83	00:59:07	00:58:40	
337	38	ELISABETE ÁGUAS	F	53	10	00:59:08	00:58:55	C.C.D. O ALVITEJO
338	214	JUDITE BAIXINHO	F	32	27	00:59:10	00:58:59	SANTIAGO FUTEBOL CLUBE
339	705	LUIS ISABELINHA	M	45	61	00:59:11	00:58:43	RUN TEJO
340	122	JOÃO FRADE	M	47	62	00:59:18	00:59:03	CLUBE COLABORADORES AGEAS
341	438	MANUEL GOMES	M	53	41	00:59:18	00:59:07	CLUBE MARGINAL
342	725	GENINHA ANDRADE	F	39	28	00:59:20	00:58:59	AMINHACORRIDA
343	341	LIDIA BAILAO	F	48	9	00:59:23	00:58:54	SS CGD
344	342	PAULO BAILAO	M	48	63	00:59:23	00:58:53	SS CGD
345	652	RUBEN LOURENÇO	M	36	84	00:59:30	00:59:02	
346	277	GONÇALO OLIVEIRA	M	56	26	00:59:31	00:59:06	GDCT UNICRE
347	347	TERESA MARTINS	F	59	11	00:59:41	00:59:25	SS CGD
348	405	HENRIQUE VILHENA	M	62	32	00:59:45	00:59:29	
349	624	LUIZ PEREIRA	M	38	85	00:59:47	00:59:33	GD SANTANDERTOTTA
350	410	CATIA RAMOS	F	38	29	00:59:47	00:59:34	
351	167	MÁRIO FERREIRA	M	41	47	00:59:54	00:59:13	
352	250	MÁRIO NUNES	M	46	64	00:59:54	00:59:18	OS CORRE PARA COMER
353	154	DUARTE GODINHO	M	27	86	00:59:57	00:59:22	
354	695	CARLOS SOUSA	M	42	48	00:59:58	00:59:33	CÂMARA LISBOA CLUBE
355	242	TOMÁS CORREIA	M	25	87	00:59:59	00:59:59	
356	373	JOÃO ESTEVES	M	59	27	01:00:04	00:59:45	
357	533	FRANCISCO ALVES	M	19	88	01:00:04	00:59:59	SPORT AMADORA E PUMAS
358	512	RAFAELA GONÇALVES	F	24	30	01:00:04	01:00:00	
359	205	NATACHA MOUCO	F	24	31	01:00:14	01:00:03	PANDAS GORDOS
360	393	ANTÓNIO JORGE	M	64	33	01:00:23	01:00:17	CCD TRANQUILIDADE
361	399	HELENA SANTOS	F	56	12	01:00:23	01:00:17	CCD TRANQUILIDADE
362	209	MIGUEL REDMONT	M	48	65	01:00:26	01:00:02	
363	344	PEDRO LOURO	M	35	89	01:00:28	01:00:06	SS CGD
364	545	PEDRO PAULO	M	39	90	01:00:35	01:00:35	
365	65	PAULA ALMEIDA	F	47	10	01:00:36	01:00:27	
366	252	PAULA CAFÉ	F	44	9	01:00:38	01:00:23	
367	535	PEDRO HENRIQUES	M	32	91	01:00:53	01:00:30	

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368	25	DIOGO SIMOES	M	40	49	01:00:56	01:00:56	DURA RUNNING TEAM
369	119	ANA MATIAS	F	53	13	01:01:01	01:00:51	CLUBE COLABORADORES AGEAS
370	142	JOSE CRUZ	M	64	34	01:01:08	01:01:08	LINCES DA BELA VISTA
371	162	SALES RIBEIRO	M	33	92	01:01:11	01:00:56	
372	570	JOSÉ CATITA	M	60	35	01:01:13	01:00:53	OUTSYSTEMS – C O OIRAS
373	109	CRISTIANA RODRIGUES	F	24	32	01:01:22	01:01:11	ZIMBRA FOX RUNNERS
374	568	JOSE MARQUES	M	68	36	01:01:23	01:01:18	
375	635	MARIO RUI COSTA	M	42	50	01:01:24	01:00:51	GD SANTANDERTOTTA
376	539	AUGUSTO PEDRO	M	32	93	01:01:29	01:01:29	
377	278	PAULO FRANÇA	M	56	28	01:01:32	01:01:07	GDCT UNICRE
378	525	RICARDO MOURA	M	42	51	01:01:43	01:01:43	VDA ATLETAS
379	238	SUSANA TEIXEIRA	F	27	33	01:01:45	01:01:38	
380	397	CLÁUDIA TAM	F	36	34	01:01:54	01:01:34	CCD TRANQUILIDADE
381	203	MARIA J LOURENÇO	F	46	11	01:02:00	01:01:38	FF PAZ MUNDIAL E UNIFICAÇÃO
382	610	PEDRO DIAS	M	47	66	01:02:02	01:01:29	GD SANTANDERTOTTA
383	555	PEDRO CORREIA	M	30	94	01:02:04	00:54:49	
384	90	FRANCISCO CLERIGO	M	65	37	01:02:05	01:01:55	SS CGD
385	329	ÁLVARO FURTADO	M	59	29	01:02:05	01:01:33	SS CGD
386	636	SUSANA GUERREIRO	F	42	10	01:02:08	01:01:36	GD SANTANDERTOTTA
387	534	SOFIA AMBRIOSO	F	41	11	01:02:10	01:01:57	BRRNIGHTRUNNERS
388	697	PAULA LEITÃO	F	44	12	01:02:13	01:01:57	CÂMARA LISBOA CLUBE
389	661	SOFIA ESCARIA	F	22	35	01:02:14	01:01:48	ESCARIA&FRIENDS
390	628	CARLOS ALVES	M	49	67	01:02:17	01:01:44	GD SANTANDERTOTTA
391	237	SUSANA MONTEIRO	F	25	36	01:02:21	01:02:13	
392	506	SANDRA PINA	F	44	13	01:02:28	01:01:57	COMDOR RUNNERS
393	244	JORGE COSTA	M	58	30	01:02:32	01:02:09	FF PAZ MUNDIAL E UNIFICAÇÃO
394	82	CHIARA BEDINI	F	45	12	01:02:47	01:02:09	
395	279	PEDRO FERREIRA	M	43	52	01:02:47	01:02:09	CONQUILHAS
396	81	HUGO SILVA	M	42	53	01:02:47	01:02:09	
397	32	SELMA MARCELLI	F	47	13	01:02:49	01:02:20	
398	217	MARCOS SERRANO	M	22	95	01:02:50	01:02:14	
399	161	TIAGO MINEIRO	M	35	96	01:03:02	01:02:46	
400	643	PEDRO VIEIRA	M	38	97	01:03:09	01:02:53	OPTICALIA RUNNING TEAM
401	108	PAULO JERÓNIMO	M	55	31	01:03:10	01:02:54	ASAS DE ALMADA
402	651	RUI AGRIÃO	M	24	98	01:03:13	01:03:03	
403	116	PATRICIA XAVIER	F	43	14	01:03:16	01:03:08	
404	696	JORGE DUARTE	M	55	32	01:03:17	01:03:05	CÂMARA LISBOA CLUBE

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405	576	MARTA RATÃO	F	18	37	01:03:17	01:03:02	
406	432	JORZI COIMBRA	M	43	54	01:03:19	01:03:19	COIMBRAS
407	123	MÓNICA T SOUSA	F	46	14	01:03:26	01:03:17	CLUBE COLABORADORES AGEAS
408	132	VANDA SEQUEIRA	F	46	15	01:03:29	01:03:20	CLUBE COLABORADORES AGEAS
409	579	JOÃO PEDRO GONÇALVES	M	43	55	01:03:31	01:03:05	
410	113	MANUEL SEQUEIRA	M	68	38	01:03:32	01:03:25	GDCT REPSOL POLÍMEROS
411	433	BARBARA COIMBRA	F	24	38	01:03:33	01:03:33	COIMBRAS
412	641	ANNA VASILYEVA	F	38	39	01:03:46	01:03:46	
413	330	ANTÓNIO CARPINTEIRO	M	73	39	01:03:46	01:03:40	SS CGD
414	699	CARLOS FERREIRA	M	54	42	01:03:50	01:03:25	CÂMARA LISBOA CLUBE
415	639	CRISTINA \ SOUSA	F	36	40	01:03:58	01:03:53	GD SANTANDERTOTTA
416	665	CARLOS VISEU	M	49	68	01:04:08	01:03:58	BELENENSES
417	712	ANA PASSOS	F	47	16	01:04:14	01:03:46	RUN TEJO
418	284	EDGAR RAMOS	M	45	69	01:04:14	01:03:54	
419	328	ANTONIO PINHO	M	59	33	01:04:21	01:04:07	A LEBRES DO SADO
420	734	CARLOS CORREIA	M	60	40	01:04:39	01:04:18	ATLETAS DE PESO
421	466	MOISES PIRES	M	52	43	01:04:40	01:04:21	ATLETAS DE PESO
422	239	FRANCISCO RIBEIRO	M	67	41	01:04:43	01:04:09	ADRC MATA DE BENFICA
423	549	ADELINO CORREIA	M	64	42	01:04:45	01:04:39	
424	744	LUIZ ROSA	M	65	43	01:04:50	01:04:28	CAA BELÉM
425	658	RUTE NOGUEIRA	M	24	99	01:04:54	01:04:38	
426	418	ALFREDO MARTINHO	M	41	56	01:05:00	01:04:41	MARÍTIMO LISBOA CLUBE
427	85	MARIA J SIMOES	F	50	14	01:05:02	01:04:54	
428	558	ZITA FERNANDES	F	35	41	01:05:04	01:04:51	CLUBE DE CORRIDA REN
429	503	LURDES SILVA	F	50	15	01:05:06	01:05:00	
430	177	PAULO MARTINS	M	49	70	01:05:06	01:04:44	1ºDIREITO
431	86	MARCO CANDEIAS	M	40	57	01:05:18	01:03:52	
432	114	PEDRO SOUSA	M	37	100	01:05:18	01:05:18	
433	674	ANA PINTO	F	25	42	01:05:19	01:05:07	
434	733	SUSANA MENDES	F	39	43	01:05:23	01:05:07	SIMECQ
435	358	REBECA BASTOS	F	26	44	01:05:25	01:05:03	CLUBE VODAFONE
436	357	PEDRO SANTOS	M	41	58	01:05:25	01:05:03	CLUBE VODAFONE
437	732	OLGA GALVAO	F	55	16	01:05:26	01:05:11	SIMECQ
438	299	MARIA ALMEIDA	F	49	17	01:05:35	01:05:19	SIMECQ
439	435	RICARDO SOUSA	M	38	101	01:05:37	01:05:02	WALKIE TALKIES
440	428	MARINA CARREIRAS	F	36	45	01:05:37	01:05:03	
441	427	JORGE CARREIRAS	M	40	59	01:05:39	01:05:08	

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442	586	ANTÓNIO ALMEIDA	M	41	60	01:05:50	01:05:50	VDA ATLETAS
443	170	FRANCISCO SARRASQUEIRO	M	71	44	01:05:50	01:05:27	
444	184	VANDA MARTINS	F	41	15	01:05:52	01:05:40	
445	553	JOAO OLIVEIRA	M	43	61	01:05:58	01:05:30	
446	707	MARIA FORTES	F	43	16	01:06:02	01:05:34	RUN TEJO
447	115	ANA REIS	F	44	17	01:06:07	01:05:59	
448	220	MARIA M D SOUSA	F	53	17	01:06:10	01:05:56	
449	485	SÓNIA CORREIA	F	42	18	01:06:11	01:06:02	GDCTINCM
450	271	JOÃO JORGE	M	33	102	01:06:17	01:06:10	LINK
451	39	VICTOR RODRIGUES	M	51	44	01:06:26	01:06:12	C.C.D. O ALVITEJO
452	206	JOÃO CAMPOS	M	26	103	01:06:27	01:06:27	PANDAS GORDOS
453	251	CARLA NUNES	F	40	19	01:06:37	01:06:37	OS CORRE PARA COMER
454	448	RENATO TOMÉ	M	39	104	01:06:38	01:06:29	
455	247	INÊS MATOS	F	24	46	01:06:40	01:06:10	LINDA-A-PASTORA SC
456	228	ANA S ALEIXO	F	41	20	01:06:40	01:06:10	LINDA-A-PASTORA SC
457	459	PAULA FRAGOSO	F	43	21	01:06:41	01:06:20	CLUBE VODAFONE
458	163	JOÃO CHURRO	M	41	62	01:06:58	01:06:42	OS MESMOS
459	494	NÍDIA MARTINS	F	32	47	01:06:58	01:06:41	
460	492	LUIS OLIVEIRA	M	34	105	01:07:01	01:06:37	EQUIPA POSITIVA
461	425	FABIO BAGAGEM	M	32	106	01:07:09	01:06:51	
462	424	ANA ROCHA	F	34	48	01:07:09	01:06:51	
463	152	PAULA MARIANO	F	44	22	01:07:28	01:07:04	MARIANOS RUNNERS
464	507	VASCO TORRES	M	46	71	01:07:34	01:07:34	COMDOR RUNNERS
465	620	PAULA FIGUEIREDO	F	61	18	01:07:43	01:07:09	GD SANTANDERTOTTA
466	308	MARISA MARTINS	F	42	23	01:07:45	01:07:26	
467	626	JOSE RIBEIRO	M	73	45	01:07:45	01:07:17	GD SANTANDERTOTTA
468	221	JORGE M N BAPTISTA	M	63	46	01:07:52	01:07:42	
469	249	ISABEL REDMONT	F	48	18	01:07:53	01:07:53	
470	346	RUI J OLIVEIRA	M	52	45	01:08:07	01:07:45	SS CGD
471	22	ANTÓNIO CARAPUÇA	F	57	19	01:08:26	01:07:51	RUNNING FAMILY
472	21	PATRICIA I P CARAPUÇA	F	26	49	01:08:29	01:07:55	RUNNING FAMILY
473	202	SANDRA TEIXEIRA	F	45	19	01:08:39	01:08:15	
474	388	HECTOR COSTA	M	39	107	01:08:40	01:08:04	
475	359	MARIA L AZEVEDO	F	47	20	01:08:41	01:08:17	CLUBE VODAFONE
476	717	ANTÓNIO FONSECA	M	49	72	01:08:53	01:08:24	SS CGD
477	345	RITA ANTUNES	F	41	24	01:08:53	01:08:33	SS CGD
478	548	VALERIA M SANTOS	F	50	20	01:08:55	01:08:44	

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479	526	ANA RAMOS	F	43	25	01:09:01	01:09:01	VDA ATLETAS
480	565	LUIGI ROSSI	M	69	47	01:09:08	01:08:46	
481	178	LARISSA GOMES	F	27	50	01:09:10	01:09:10	
482	290	FERNADO ALVES	M	61	48	01:09:33	01:09:14	
483	40	HENRIQUE RUAS	M	78	49	01:09:33	01:09:19	C.C.D. O ALVITEJO
484	321	PAULO PADRÃO	M	50	46	01:09:59	01:09:59	
485	546	WENDY V CALSTER	F	38	51	01:10:17	01:10:05	
486	437	FRANCISCO COITO	M	66	50	01:10:26	01:10:15	CLUBE MARGINAL
487	491	IVA OLIVEIRA	F	44	26	01:10:42	01:10:35	ML
488	327	MARIA C ANJOS	F	72	21	01:10:55	01:10:29	CONDOR
489	300	CARINA CONDEÇO	F	36	52	01:11:34	01:11:20	WONDER COUPLE
490	301	TIAGO NASCIMENTO	M	41	63	01:11:35	01:11:21	WONDER COUPLE
491	10	JOHNNY THOMASSEN	M	58	34	01:11:49	01:11:37	
492	261	ANTÓNIO HORTA	M	61	51	01:11:55	01:11:32	
493	260	VANDA OLIVEIRA	F	48	21	01:11:55	01:11:35	
494	709	FREDERICO LÁZARO	M	39	108	01:11:56	01:11:52	RUN TEJO
495	575	SUSANA MARIA	F	47	22	01:12:10	01:11:55	
496	715	RITA GONÇALVES	F	39	53	01:13:24	01:13:20	
497	385	PEDRO FILIPE	M	39	109	01:14:11	01:13:37	SISCOG
498	372	VANDA RIBEIRO	F	38	54	01:14:26	01:14:02	TEAPOT 418
499	72	THIAGO PONTES	M	37	110	01:14:29	01:14:00	VIVA MEU PADIM CIÇO
500	463	NATÁLIA LOPES	F	32	55	01:14:34	01:14:34	
501	207	MAYER RAPOSO	M	71	52	01:14:47	01:14:28	AA LEBRES DO SADO
502	224	ANA PATO	F	29	56	01:15:01	01:14:37	
503	223	ANABELA CARVALHO	F	37	57	01:15:05	01:14:40	
504	159	RAQUEL ROQUE	F	40	27	01:15:07	01:15:07	
505	589	JOANA DARC CHOURIÇO	F	55	22	01:15:28	01:15:22	RUNNING CLUB SANTA CASA
506	41	NIDIA S SILVA	F	63	23	01:15:36	01:15:05	
507	302	LUCINDA REIS	F	57	24	01:15:52	01:15:28	
508	245	SUSANA COSTA	F	38	58	01:17:29	01:17:11	VAMOS A TODAS!
509	374	ANA DIAS	F	62	25	01:17:59	01:17:34	
510	656	MARIA HELENA RUSSO	F	33	59	01:18:52	01:18:45	LES BIG MECS
511	233	MARIA MACEDO	F	56	26	01:18:53	01:18:48	
512	166	MARTA CARDOSO	F	40	28	01:19:18	01:18:44	
513	304	LILIANA ANTUNES	F	34	60	01:20:04	01:19:36	
514	288	MÓNICA RODRIGUES	F	37	61	01:20:25	01:20:06	
515	469	RICARDO NEVES	M	31	111	01:20:30	01:19:55	

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516	155	MARIANA CARVALHO	F	29	62	01:20:32	01:19:57	
517	289	RICARDO ALVES	M	42	64	01:20:43	01:20:25	
518	675	MAGDA DOLORES	F	25	63	01:22:38	01:22:18	
519	706	CARLOS ALVES	M	41	65	01:24:40	01:24:10	RUN TEJO
520	530	LUMA CALVACANTE	F	25	64	01:24:46	01:24:09	
521	738	FLAVIA SOUSA	F	32	65	01:24:46	01:24:09	
522	603	FRANCISCO MOUCHINHO	M	70	53	01:26:23	01:26:07	ACADEMIA DO LUMIAR

Total de registros: 522