

Posição Geral	Dorsal	Nome	Tempo Prova	Tempo Líquido	Idade	Género	Escalão	Posição Género	Posição Escalão	Equipa
60	119	DANIELA INÁCIO	0:52:51.61	0:52:51.51	18	F	SEN F (18-34)	3	1	
74	266	RITA NUNES	0:54:12.06	0:54:12.05	33	F	SEN F (18-34)	4	2	2600 TR
88	86	IRIS PETINGA	0:55:53.31	0:55:53.31	28	F	SEN F (18-34)	6	3	
166	101	SORAIA FONSECA	1:04:03.25	1:03:59.16	28	F	SEN F (18-34)	14	4	
191	69	SARA CARDOSO	1:05:57.54	1:05:45.57	24	F	SEN F (18-34)	19	5	
227	263	JOANA BRAGA	1:11:35.83	1:11:23.77	26	F	SEN F (18-34)	33	6	
233	67	SARA FERNANDES	1:13:49.17	1:13:37.79	24	F	SEN F (18-34)	36	7	
239	145	ANA FERREIRA	1:14:58.25	1:14:51.86	33	F	SEN F (18-34)	38	8	3B TRIATLO
240	226	MARIANA PAIXÃO	1:15:46.06	1:15:46.06	29	F	SEN F (18-34)	39	9	
248	92	CÁTIA MONTEIRO	1:16:51.02	1:16:51.02	22	F	SEN F (18-34)	42	10	
259	231	TATIANA SANCHES	1:19:23.83	1:19:19.62	33	F	SEN F (18-34)	44	11	
267	180	ANA PINTO	1:22:58.42	1:22:45.99	29	F	SEN F (18-34)	47	12	
271	220	NÁDIA RODRIGUES	1:28:18.32	1:28:10.24	32	F	SEN F (18-34)	49	13	CCD O ALVITEJO
1	1	RUBEN AMARAL	0:38:41.51	0:38:41.51	21	M	SEN M (18-34)	1	1	SPORTING CP
4	162	DIOGO TOMÉ	0:39:56.83	0:39:56.83	19	M	SEN M (18-34)	4	2	
6	130	FILIPE FRAQUEIRO	0:40:44.97	0:40:44.97	29	M	SEN M (18-34)	6	3	
7	169	PEDRO RIBEIRO	0:41:23.76	0:41:23.76	34	M	SEN M (18-34)	7	4	SR CAMARNAL
11	152	NUNO OLIVEIRA	0:42:48.94	0:42:48.94	31	M	SEN M (18-34)	11	5	3B TRIATLO
17	59	EMANUEL DIOGO	0:44:31.72	0:44:31.72	32	M	SEN M (18-34)	17	6	GDR SÃO FRANCISCO SERRA
21	292	ANDRE FREITAS	0:46:09.00	0:46:09.00	19	M	SEN M (18-34)	21	7	SFRAA
24	85	JOÃO COSTA	0:47:14.86	0:47:14.86	30	M	SEN M (18-34)	24	8	
34	291	DAVID LEITAO	0:48:59.01	0:48:59.01	20	M	SEN M (18-34)	34	9	SFRAA
36	38	JOÃO OLIVEIRA	0:49:38.58	0:49:38.47	30	M	SEN M (18-34)	36	10	
42	267	JOÃO FERNANDES	0:50:37.47	0:50:37.46	34	M	SEN M (18-34)	42	11	2600 TR

43	178	JOÃO CATARRO	0:50:45.96	0:50:42.89	34	M	ÿEN M (18-34	43	12	
48	298	HENRIQUE MASSANO	0:51:36.59	0:51:31.87	23	M	ÿEN M (18-34	47	13	
53	136	JOÃO ROSA	0:52:11.85	0:52:11.10	34	M	ÿEN M (18-34	51	14	3B TRIATLO
70	179	OLEH BARBUL	0:53:49.68	0:53:43.96	31	M	ÿEN M (18-34	67	15	
73	93	JOÃO GÓIS	0:54:11.97	0:54:03.27	31	M	ÿEN M (18-34	70	16	
103	269	ANDRÉ RIBEIRO	0:57:46.67	0:57:45.06	31	M	ÿEN M (18-34	97	17	2600 TR
104	270	ALEXANDRE UMBELINO	0:57:46.77	0:57:45.58	24	M	ÿEN M (18-34	98	18	2600 TR
105	100	MANUEL MADEIRA	0:57:49.82	0:57:41.43	18	M	ÿEN M (18-34	99	19	
120	248	JOAO PEREIRA	0:59:23.73	0:59:23.72	26	M	ÿEN M (18-34	111	20	
134	297	BERNARDO BARCELO	1:00:36.14	1:00:32.43	30	M	ÿEN M (18-34	124	21	
144	192	RICARDO CARVALHO	1:01:22.19	1:01:19.26	31	M	ÿEN M (18-34	133	22	
146	243	BRUNO PALMA	1:01:30.81	1:01:29.39	30	M	ÿEN M (18-34	135	23	
169	296	JORGE MARTINS	1:04:14.26	1:04:13.26	22	M	ÿEN M (18-34	155	24	
170	54	BRUNO SANTOS	1:04:14.57	1:04:12.80	23	M	ÿEN M (18-34	156	25	
180	271	JOÃO SANTOS	1:05:14.51	1:05:14.50	34	M	ÿEN M (18-34	164	26	2600 TR
185	196	PEDRO FERREIRA	1:05:37.83	1:05:24.14	31	M	ÿEN M (18-34	168	27	
196	113	FLAVIO COSTA	1:06:37.20	1:06:30.54	32	M	ÿEN M (18-34	177	28	GD ÁGUIAS DA MOITA
204	165	ROMAN MIRONCHENKO	1:07:59.14	1:07:52.14	32	M	ÿEN M (18-34	182	29	
220	265	GONCALO VENTURA	1:10:41.89	1:10:38.25	33	M	ÿEN M (18-34	190	30	2600 TR
226	262	PEDRO GOMES	1:11:34.62	1:11:23.68	30	M	ÿEN M (18-34	194	31	
234	68	EDUARDO MENDONÇA	1:13:49.99	1:13:38.82	25	M	ÿEN M (18-34	198	32	
235	183	DIOGO MATOS	1:14:11.55	1:14:07.84	32	M	ÿEN M (18-34	199	33	
252	117	RUI CAMPOS	1:17:08.43	1:17:01.50	34	M	ÿEN M (18-34	209	34	GD ÁGUIAS DA MOITA
263	247	MIGUEL MOURA	1:20:09.32	1:19:59.82	27	M	ÿEN M (18-34	218	35	
264	47	LUÍS FERREIRA	1:20:44.36	1:20:27.13	31	M	ÿEN M (18-34	219	36	
265	264	MIGUEL PALMA	1:20:45.35	1:20:28.08	18	M	ÿEN M (18-34	220	37	

113	102	LILIANA FILIPE	0:58:53.00	0:58:49.62	39	F	V35 F (35-39)	7	1	
117	258	ILSA COSTA	0:59:05.17	0:58:53.16	37	F	V35 F (35-39)	8	2	OTS
171	50	ANDREIA SILVA	1:04:33.55	1:04:31.39	36	F	V35 F (35-39)	15	3	
210	114	VERA SOBRAL	1:08:51.44	1:08:46.34	37	F	V35 F (35-39)	25	4	GD ÁGUIAS DA MOITA
214	143	MILENE MONTEIRO	1:09:41.21	1:09:37.10	37	F	V35 F (35-39)	28	5	3B TRIATLO
219	82	ANA MARTINHO	1:10:39.59	1:10:39.59	35	F	V35 F (35-39)	30	6	
229	240	CARINA SILVA	1:12:41.10	1:12:32.60	37	F	V35 F (35-39)	34	7	
238	146	ROZITTA SILVA	1:14:57.96	1:14:52.78	36	F	V35 F (35-39)	37	8	3B TRIATLO
2	52	LUIS MARGARIDO	0:38:56.42	0:38:56.42	37	M	/35 M (35-39)	2	1	
5	224	MÁRCIO NEVES	0:40:34.00	0:40:34.00	39	M	/35 M (35-39)	5	2	
14	29	JESUS OLIVEIRA	0:43:56.79	0:43:56.79	36	M	/35 M (35-39)	14	3	
16	158	TELMO NOGUEIRA	0:44:14.72	0:44:14.72	38	M	/35 M (35-39)	16	4	
18	204	JOÃO LOPES	0:44:36.22	0:44:36.22	36	M	/35 M (35-39)	18	5	GDC BANCO PORTUGAL
37	222	NUNO PAIXÃO	0:49:42.42	0:49:42.42	35	M	/35 M (35-39)	37	6	
81	278	IVO DIAS	0:54:54.14	0:54:49.47	35	M	/35 M (35-39)	76	7	
84	186	RICARDO OLIVEIRA	0:55:25.72	0:55:25.72	35	M	/35 M (35-39)	79	8	
87	164	VLADIMIR PASEKUNOV	0:55:46.58	0:55:39.83	39	M	/35 M (35-39)	82	9	
90	138	FILIPE MATOS	0:56:06.11	0:56:06.09	36	M	/35 M (35-39)	84	10	3B TRIATLO
91	137	DÉCIO ANDRADE	0:56:34.63	0:56:33.95	39	M	/35 M (35-39)	85	11	3B TRIATLO
93	151	MARCO CAMACHO	0:56:55.64	0:56:55.64	35	M	/35 M (35-39)	87	12	3B TRIATLO
99	21	ANDRÉ MARTINS	0:57:17.94	0:56:59.63	38	M	/35 M (35-39)	93	13	
100	140	RUI SILVA	0:57:20.66	0:57:02.26	37	M	/35 M (35-39)	94	14	3B TRIATLO
115	163	FABIO PENTEADO	0:59:01.35	0:58:50.36	38	M	/35 M (35-39)	108	15	
122	251	PHILIFE RODRIGUES	0:59:35.79	0:59:28.33	35	M	/35 M (35-39)	113	16	
123	187	MIGUEL JORGE	0:59:37.71	0:59:24.55	39	M	/35 M (35-39)	114	17	
126	184	HILÁRIO SILVA	0:59:53.03	0:59:46.73	38	M	/35 M (35-39)	116	18	

137	225	RICARDO MESQUITA	1:00:57.79	1:00:43.32	38	M	/35 M (35-39	127	19	
147	250	ANDRÉ DIAS	1:01:31.42	1:01:24.06	35	M	/35 M (35-39	136	20	
160	90	PEDRO PINTO	1:03:36.22	1:03:20.03	37	M	/35 M (35-39	147	21	
162	212	NELSON MADEIRA	1:03:38.81	1:03:35.85	35	M	/35 M (35-39	149	22	GDC BANCO PORTUGAL
167	272	TIAGO FRANCO	1:04:03.40	1:03:59.74	36	M	/35 M (35-39	153	23	2600 TR
189	261	NUNO GOMES	1:05:49.89	1:05:40.10	35	M	/35 M (35-39	171	24	
193	156	LUÍS MONTEIRO	1:06:12.10	1:06:05.38	37	M	/35 M (35-39	174	25	
224	25	CRINA OLTEAN	1:11:13.38	1:11:03.63	39	M	/35 M (35-39	193	26	FARMATIVA
245	195	GILBERTO CRESPO	1:16:39.62	1:16:35.11	38	M	/35 M (35-39	204	27	
270	200	JOÃO ACÁCIO	1:26:37.35	1:26:33.80	35	M	/35 M (35-39	222	28	
51	141	MADALENA FONTINHAS	0:52:00.94	0:52:00.39	40	F	V40 F (40-44'	2	1	3B TRIATLO
154	201	CLÁUDIA MADEIRA	1:02:27.73	1:02:18.10	42	F	V40 F (40-44'	12	2	
184	81	LINA MATEUS	1:05:34.53	1:05:21.30	44	F	V40 F (40-44'	17	3	CCD O ALVITEJO
205	127	HELENA SOUSA	1:08:13.09	1:08:05.71	44	F	V40 F (40-44'	23	4	
211	134	NIDIA AGOSTINHO	1:09:04.20	1:09:00.50	43	F	V40 F (40-44'	26	5	3B TRIATLO
216	115	CLAUDIA MIRANDA	1:10:14.81	1:10:08.33	42	F	V40 F (40-44'	29	6	GD ÁGUIAS DA MOITA
225	109	SOFIA BATISTA	1:11:31.72	1:11:17.23	40	F	V40 F (40-44'	32	7	
241	13	ANA NOVAIS	1:15:56.49	1:15:41.55	43	F	V40 F (40-44'	40	8	
249	116	ANABELA NEVES	1:17:06.51	1:16:59.21	43	F	V40 F (40-44'	43	9	GD ÁGUIAS DA MOITA
3	287	PEDRO ARSÉNIO	0:39:47.86	0:39:47.86	40	M	/40 M (40-44	3	1	ESC ATLETISMO COIMBRA
9	223	VALDO NEVES	0:42:23.85	0:42:23.85	44	M	/40 M (40-44	9	2	
15	277	FREDERICO LÁZARO	0:44:00.86	0:44:00.86	43	M	/40 M (40-44	15	3	CF BELENENSES
19	133	JOÃO CANIÇO	0:44:38.20	0:44:38.20	42	M	/40 M (40-44	19	4	3B TRIATLO
20	142	BRUNO FONSECA	0:46:06.99	0:46:06.99	42	M	/40 M (40-44	20	5	3B TRIATLO
22	129	JOÃO RODRIGUES	0:46:11.18	0:46:11.16	43	M	/40 M (40-44	22	6	
56	23	CARLOS RODA	0:52:34.74	0:52:34.20	41	M	/40 M (40-44	54	7	

61	121	DAVID INÁCIO	0:52:57.76	0:52:57.76	40	M	/40 M (40-44	58	8	
63	41	EDUARDO SANTOS	0:53:09.03	0:53:00.65	44	M	/40 M (40-44	60	9	
67	107	LUÍS BATISTA	0:53:33.72	0:53:30.72	41	M	/40 M (40-44	64	10	
96	27	LUÍS NEVES	0:57:05.61	0:57:05.60	44	M	/40 M (40-44	90	11	MARINHAIS AC
102	98	LEONEL ALVES	0:57:39.93	0:57:39.93	44	M	/40 M (40-44	96	12	
106	177	JOAQUIM PINHEIRO	0:57:54.96	0:57:51.83	44	M	/40 M (40-44	100	13	
114	17	MARIO ROSA	0:59:00.53	0:58:59.36	42	M	/40 M (40-44	107	14	
116	199	HENRIQUE COELHO	0:59:03.66	0:59:02.00	42	M	/40 M (40-44	109	15	
125	123	RUI ALDEANO	0:59:52.69	0:59:41.48	40	M	/40 M (40-44	115	16	
135	135	LUÍS ANDRADE	1:00:38.66	1:00:38.10	40	M	/40 M (40-44	125	17	3B TRIATLO
140	209	JOÃO RODRIGUES	1:01:07.04	1:00:53.47	43	M	/40 M (40-44	130	18	GDC BANCO PORTUGAL
143	193	LUÍS TEIXEIRA	1:01:20.39	1:01:15.88	44	M	/40 M (40-44	132	19	
149	182	SERGIO AFONSO	1:01:56.03	1:01:51.90	44	M	/40 M (40-44	138	20	CAMINHAR PELA VIDA
151	55	EDUARDO NEVES	1:02:19.09	1:02:07.92	42	M	/40 M (40-44	140	21	CAA BELEM
157	244	GONÇALO GARCIA	1:02:41.65	1:02:36.10	42	M	/40 M (40-44	144	22	
168	241	SERGIO SILVA	1:04:05.39	1:03:55.63	43	M	/40 M (40-44	154	23	
175	84	BRUNO RODRIGUES	1:04:52.72	1:04:52.18	40	M	/40 M (40-44	160	24	
178	157	RODRIGO SILVA	1:05:05.67	1:04:53.88	43	M	/40 M (40-44	162	25	
192	153	FRANCISCO FERNANDES	1:05:58.99	1:05:57.59	42	M	/40 M (40-44	173	26	
195	275	FRANCISCO FARINHA	1:06:26.55	1:06:18.87	40	M	/40 M (40-44	176	27	
223	126	RICARDO ALFEIRÃO	1:11:10.27	1:11:03.25	42	M	/40 M (40-44	192	28	
242	14	VITOR MONTEIRO	1:15:57.63	1:15:42.45	43	M	/40 M (40-44	202	29	
124	198	ALESSANDRA COSTA	0:59:50.65	0:59:50.65	47	F	V45 F (45-49	10	1	
141	32	MÓNICA MACHADO	1:01:07.80	1:01:07.80	46	F	V45 F (45-49	11	2	
197	228	LEONOR FERREIRA	1:07:02.18	1:06:53.39	47	F	V45 F (45-49	20	3	
213	206	CÉLIA MINAU	1:09:31.44	1:09:26.69	47	F	V45 F (45-49	27	4	GDC BANCO PORTUGAL

232	276	MÓNICA SANTOS	1:13:27.05	1:13:19.10	45	F	V45 F (45-49)	35	5	
244	80	ANA DINIS	1:16:36.27	1:16:29.45	46	F	V45 F (45-49)	41	6	
8	282	LUIS BRITO	0:42:08.72	0:42:08.72	47	M	/45 M (45-49)	8	1	RUN TEJO
12	20	PAULO TORRES	0:43:40.49	0:43:40.49	47	M	/45 M (45-49)	12	2	
23	168	MARCO FIDALGO	0:46:38.15	0:46:38.15	45	M	/45 M (45-49)	23	3	SR CAMARNAL
25	155	ANTÓNIO LÚCIO	0:47:41.23	0:47:40.96	45	M	/45 M (45-49)	25	4	
26	172	DELFIN FERREIRA	0:47:46.67	0:47:44.83	47	M	/45 M (45-49)	26	5	SR CAMARNAL
32	252	HUGO SILVA	0:48:36.66	0:48:36.46	46	M	/45 M (45-49)	32	6	
41	97	PEDRO MENDONCA	0:49:52.10	0:49:51.39	47	M	/45 M (45-49)	41	7	
49	279	PEDRO JOGO	0:51:53.34	0:51:52.06	49	M	/45 M (45-49)	48	8	
57	281	PAULO CAÇÃO	0:52:39.60	0:52:39.57	45	M	/45 M (45-49)	55	9	STT
58	230	NUNO PITA	0:52:45.17	0:52:43.32	47	M	/45 M (45-49)	56	10	
66	268	RUI HENRIQUES	0:53:18.81	0:53:18.52	47	M	/45 M (45-49)	63	11	2600 TR
68	170	HUGO HENRIQUES	0:53:40.21	0:53:38.11	46	M	/45 M (45-49)	65	12	SR CAMARNAL
72	74	JOSE MANUEL	0:54:03.71	0:54:03.68	47	M	/45 M (45-49)	69	13	CD MAFRA
77	273	NUNO ALVES	0:54:17.11	0:54:15.87	47	M	/45 M (45-49)	72	14	
79	139	BRUNO SILVA	0:54:35.56	0:54:33.85	48	M	/45 M (45-49)	74	15	3B TRIATLO
86	161	LUIS TOMÉ	0:55:44.00	0:55:31.98	49	M	/45 M (45-49)	81	16	
95	210	TIAGO DIOGO	0:57:04.35	0:57:01.28	45	M	/45 M (45-49)	89	17	GDC BANCO PORTUGAL
111	118	PAULO MARQUES	0:58:27.60	0:58:27.47	48	M	/45 M (45-49)	105	18	
127	64	MIGUEL DIAS	0:59:55.31	0:59:55.31	47	M	/45 M (45-49)	117	19	SS CGD
148	221	RUI MARQUES	1:01:53.55	1:01:46.72	48	M	/45 M (45-49)	137	20	
158	34	NUNO VALENTE	1:02:49.25	1:02:45.26	48	M	/45 M (45-49)	145	21	ROTARY VILA FRANCA DE XIRA
172	286	TOMÁS RODRIGUES	1:04:37.17	1:04:21.77	47	M	/45 M (45-49)	157	22	
182	48	JORGE PEREIRA	1:05:28.66	1:05:10.23	45	M	/45 M (45-49)	166	23	
186	236	RICARDO HENRIQUES	1:05:40.17	1:05:40.17	46	M	/45 M (45-49)	169	24	

187	110	RICARDO VICENTE	1:05:41.37	1:05:27.13	45	M	/45 M (45-49	170	25	
218	33	FILIPE VALENTE	1:10:37.13	1:10:31.21	45	M	/45 M (45-49	189	26	ROTARY VILA FRANCA DE XIRA
222	24	JOAO GALVEIA	1:11:01.82	1:10:51.30	47	M	/45 M (45-49	191	27	FARMATIVA
255	239	LUIS MARQUES	1:17:58.16	1:17:34.77	47	M	/45 M (45-49	212	28	
257	185	LUÍS RAMALHO	1:19:06.88	1:19:00.90	49	M	/45 M (45-49	214	29	
261	144	NUNO CORDEIRO	1:19:47.28	1:19:44.97	48	M	/45 M (45-49	216	30	3B TRIATLO
119	65	NOÉMIA SEQUEIRA	0:59:15.72	0:59:12.66	54	F	V50 F (50-54	9	1	SS CGD
177	207	GINA CHEIO	1:05:04.22	1:04:59.11	51	F	V50 F (50-54	16	2	GDC BANCO PORTUGAL
208	174	RITA PALMA	1:08:24.76	1:08:23.87	53	F	V50 F (50-54	24	3	
260	242	SILVIA LOURENÇO	1:19:32.18	1:19:15.03	50	F	V50 F (50-54	45	4	
268	234	ISABEL MARQUES	1:26:08.84	1:26:02.98	53	F	V50 F (50-54	48	5	
10	147	SERGIO BATALHA	0:42:39.79	0:42:39.79	53	M	/50 M (50-54	10	1	3B TRIATLO
13	149	CARLOS LOPES	0:43:49.73	0:43:49.73	50	M	/50 M (50-54	13	2	3B TRIATLO
27	108	JOSE SANTOS	0:47:49.01	0:47:49.01	54	M	/50 M (50-54	27	3	
28	16	M MATOS	0:47:54.00	0:47:54.00	51	M	/50 M (50-54	28	4	APPACDM SANTARÉM
33	237	CARLOS FERREIRA	0:48:53.41	0:48:53.26	50	M	/50 M (50-54	33	5	
35	43	CARLOS CARVALHO	0:49:33.34	0:49:32.76	52	M	/50 M (50-54	35	6	
39	197	ROGÉRIO ARRAIOLOS	0:49:44.00	0:49:44.00	52	M	/50 M (50-54	39	7	
40	44	FERNANDO CASTELA	0:49:45.62	0:49:45.62	51	M	/50 M (50-54	40	8	
52	148	PAULO TELES	0:52:06.45	0:52:05.86	52	M	/50 M (50-54	50	9	3B TRIATLO
54	75	JOÃO MASSANO	0:52:13.27	0:52:08.44	50	M	/50 M (50-54	52	10	LIMITED EDITION
55	285	MANUEL BACATELO	0:52:27.46	0:52:25.47	54	M	/50 M (50-54	53	11	
65	211	LUÍS RIO	0:53:14.60	0:53:10.13	51	M	/50 M (50-54	62	12	GDC BANCO PORTUGAL
71	191	LUIS CALEIRAS	0:53:53.06	0:53:53.06	50	M	/50 M (50-54	68	13	
80	295	JOSÉ SANTOS	0:54:36.99	0:54:36.96	52	M	/50 M (50-54	75	14	
83	62	HENRIQUE AMADOR	0:55:18.65	0:55:18.65	51	M	/50 M (50-54	78	15	SS CGD

89	73	JOSE SILVA	0:55:53.64	0:55:53.33	54	M	/50 M (50-54)	83	16	CD MAFRA
108	57	CARLOS ROSADO	0:58:04.75	0:57:58.92	54	M	/50 M (50-54)	102	17	CLUBE RUGBY JUROMENHA
110	31	LUIS NUNES	0:58:23.63	0:58:23.63	51	M	/50 M (50-54)	104	18	
121	76	FILIPPE BRANCO	0:59:28.43	0:59:25.53	53	M	/50 M (50-54)	112	19	ALCOBELA
133	274	TÓ RAMOS	1:00:13.45	1:00:13.42	51	M	/50 M (50-54)	123	20	
138	79	JOSE FERREIRA	1:00:59.39	1:00:56.87	52	M	/50 M (50-54)	128	21	ALCOBELA
145	132	JOÃO CAMPOS	1:01:30.78	1:01:25.74	50	M	/50 M (50-54)	134	22	
152	280	SÉRGIO PAZ	1:02:24.59	1:02:14.90	51	M	/50 M (50-54)	141	23	
161	22	FREDERICO CARVALHO	1:03:38.51	1:03:22.60	51	M	/50 M (50-54)	148	24	WLF
165	99	HERNANI MADEIRA	1:03:58.40	1:03:50.30	52	M	/50 M (50-54)	152	25	
173	42	JORGE BARBOSA	1:04:37.30	1:04:28.72	53	M	/50 M (50-54)	158	26	
183	46	RICARDO MATOS	1:05:31.82	1:05:22.42	52	M	/50 M (50-54)	167	27	
194	284	PAULO ROMEIRO	1:06:21.87	1:06:08.53	54	M	/50 M (50-54)	175	28	
203	175	JOAQUIM NEVES	1:07:58.15	1:07:44.81	51	M	/50 M (50-54)	181	29	
207	303	LUÍS SILVA	1:08:22.77	1:08:16.99	51	M	/50 M (50-54)	184	30	
228	188	CARLOS VICENTE	1:12:37.05	1:12:22.70	50	M	/50 M (50-54)	195	31	
251	112	FILIPPE NEVES	1:17:07.28	1:17:00.57	54	M	/50 M (50-54)	208	32	GD ÁGUIAS DA MOITA
253	302	JORGE RODRIGUES	1:17:35.78	1:17:24.75	54	M	/50 M (50-54)	210	33	CAA BELEM
272	290	JOAQUIM CARDOSO	1:28:37.20	1:28:20.52	50	M	/50 M (50-54)	223	34	
76	218	ANA MARGARIDA	0:54:16.82	0:54:16.82	56	F	V55 F (55-59)	5	1	CCD O ALVITEJO
201	66	CRISTINA LINO	1:07:51.62	1:07:46.16	56	F	V55 F (55-59)	21	2	ALVERCA URBAN RUNNERS
202	160	JULIA CALISTO	1:07:57.38	1:07:53.39	59	F	V55 F (55-59)	22	3	
221	105	ISABEL SANTOS	1:10:53.49	1:10:53.49	55	F	V55 F (55-59)	31	4	
266	219	ELISABETE AGUAS	1:21:31.04	1:21:21.40	57	F	V55 F (55-59)	46	5	CCD O ALVITEJO
29	103	JOSE CUSTODIO	0:48:02.13	0:48:02.13	58	M	/55 M (55-59)	29	1	
30	235	ANTÓNIO ARAÚJO	0:48:09.76	0:48:09.76	57	M	/55 M (55-59)	30	2	

44	299	JOSÉ ALVES	0:51:03.90	0:51:03.64	56	M	/55 M (55-59	44	3	3B TRIATLO
45	173	PAULO PALMA	0:51:11.37	0:51:10.82	59	M	/55 M (55-59	45	4	
50	70	PAULO CHAINHO	0:51:59.89	0:51:59.58	58	M	/55 M (55-59	49	5	
62	60	PAULO MENDES	0:53:03.45	0:53:03.45	57	M	/55 M (55-59	59	6	ASSOCIAÇÃO 20KMS ALMEIRIM
64	40	PETRU NEMES	0:53:10.09	0:53:08.16	57	M	/55 M (55-59	61	7	
69	106	PAULO SANTOS	0:53:43.81	0:53:43.81	55	M	/55 M (55-59	66	8	
75	88	JORGE POLIDORO	0:54:15.87	0:54:13.92	55	M	/55 M (55-59	71	9	
92	28	JOAO BRAZ	0:56:40.24	0:56:36.87	59	M	/55 M (55-59	86	10	
97	91	JOÃO RODRIGUES	0:57:12.55	0:57:12.55	56	M	/55 M (55-59	91	11	
98	300	FRANCISCO CALÇADA	0:57:14.86	0:57:14.86	58	M	/55 M (55-59	92	12	CCD O ALVITEJO
107	257	LUIS SANTOS	0:58:00.72	0:57:48.20	57	M	/55 M (55-59	101	13	OTS
139	227	RAFAEL SANTOS	1:01:01.96	1:00:52.17	55	M	/55 M (55-59	129	14	
150	253	JOSÉ GLÓRIA	1:01:58.53	1:01:53.84	55	M	/55 M (55-59	139	15	
153	202	ANDRE LABORINHO	1:02:27.06	1:02:17.27	55	M	/55 M (55-59	142	16	
164	78	LUIS FERREIRA	1:03:49.35	1:03:47.28	56	M	/55 M (55-59	151	17	ALCOBELA
198	30	FERNANDO ALVES	1:07:10.62	1:07:10.62	57	M	/55 M (55-59	178	18	
209	11	VITOR PRATA	1:08:48.68	1:08:39.21	59	M	/55 M (55-59	185	19	
217	37	JOÃO OLIVEIRA	1:10:18.81	1:10:08.55	55	M	/55 M (55-59	188	20	
230	245	MANUEL BAPTISTA	1:12:59.10	1:12:44.75	58	M	/55 M (55-59	196	21	
236	217	VITOR MEXIEIRO	1:14:24.60	1:14:24.60	59	M	/55 M (55-59	200	22	CCD O ALVITEJO
258	61	CARLOS LEITÃO	1:19:08.21	1:18:57.64	59	M	/55 M (55-59	215	23	SS CGD
47	301	LUCÍLIA SOARES	0:51:26.53	0:51:26.53	61	F	V60 F (60-64	1	1	INGLESSES FC
156	95	MARGARIDA MARTINS	1:02:36.67	1:02:34.29	64	F	V60 F (60-64	13	2	
188	233	MARIA CONCHINHA	1:05:41.66	1:05:41.59	64	F	V60 F (60-64	18	3	
31	96	ANTÓNIO SANTOS	0:48:25.29	0:48:25.29	64	M	/60 M (60-64	31	1	SR CAMARNAL
38	203	AMÉRICO PESTANA	0:49:43.70	0:49:43.70	61	M	/60 M (60-64	38	2	

46	83	FRANCISCO OLIVEIRA	0:51:11.76	0:51:11.75	64	M	/60 M (60-64	46	3	
59	216	JOAO PAIS	0:52:45.41	0:52:45.41	63	M	/60 M (60-64	57	4	CCD O ALVITEJO
94	111	LUIS SOBRAL	0:56:56.40	0:56:50.16	61	M	/60 M (60-64	88	5	GD ÁGUIAS DA MOITA
101	259	VITOR MARTINS	0:57:34.53	0:57:34.14	63	M	/60 M (60-64	95	6	
109	166	JOAQUIM JESUS	0:58:21.72	0:58:21.72	63	M	/60 M (60-64	103	7	SR CAMARNAL
112	167	JOSÉ VITOR	0:58:46.21	0:58:44.69	64	M	/60 M (60-64	106	8	SR CAMARNAL
118	124	JOAO PASSEIRO	0:59:06.43	0:58:56.69	60	M	/60 M (60-64	110	9	
129	208	JOAQUIM FERRÃO	1:00:00.25	0:59:44.72	62	M	/60 M (60-64	119	10	GDC BANCO PORTUGAL
131	122	ANTÓNIO FERREIRA	1:00:04.19	1:00:04.19	64	M	/60 M (60-64	121	11	
136	171	JOZE RIBEIRO	1:00:53.52	1:00:51.39	60	M	/60 M (60-64	126	12	SR CAMARNAL
155	94	JORGE PAULINO	1:02:35.98	1:02:33.68	60	M	/60 M (60-64	143	13	
174	232	JOÃO SANCHES	1:04:43.64	1:04:38.85	61	M	/60 M (60-64	159	14	
176	260	EURICO GOMES	1:05:01.79	1:04:52.23	60	M	/60 M (60-64	161	15	
179	19	ANDRÉ WIBORG	1:05:07.13	1:04:51.69	64	M	/60 M (60-64	163	16	WLF
190	39	JOÃO SOUSA	1:05:50.75	1:05:40.52	63	M	/60 M (60-64	172	17	
206	254	JOAQUIM MARTIN	1:08:21.53	1:08:16.17	63	M	/60 M (60-64	183	18	CCD O ALVITEJO
243	159	JOÃO CALISTO	1:16:29.10	1:16:24.05	62	M	/60 M (60-64	203	19	
250	12	MARIO PIRES	1:17:07.00	1:16:50.05	63	M	/60 M (60-64	207	20	
254	288	ANTÓNIO CANEIRA	1:17:42.55	1:17:31.79	61	M	/60 M (60-64	211	21	JAVA RUNNERS
269	53	JOHNNY THOMASSEN	1:26:22.38	1:26:08.27	62	M	/60 M (60-64	221	22	
78	255	VITOR GOMES	0:54:33.34	0:54:33.34	67	M	/65 M (65-69	73	1	CCD O ALVITEJO
82	229	MANUEL COSTA	0:55:01.47	0:54:52.46	66	M	/65 M (65-69	77	2	
85	63	JOAQUIM FRADE	0:55:41.60	0:55:41.59	67	M	/65 M (65-69	80	3	SS CGD
128	205	JOSÉ MONTEIRO	0:59:57.99	0:59:39.87	66	M	/65 M (65-69	118	4	GDC BANCO PORTUGAL
130	181	JORGE SANTOS	1:00:00.47	1:00:00.16	69	M	/65 M (65-69	120	5	
132	131	ARMANDO LACERDA	1:00:10.71	1:00:08.63	68	M	/65 M (65-69	122	6	

142	58	CARLOS ALBERTO	1:01:10.64	1:01:10.64	65	M	/65 M (65-69	131	7	URBAN RUN TEAM
159	256	ANTÓNIO BATALHA	1:03:02.90	1:02:52.00	69	M	/65 M (65-69	146	8	
181	289	OLIMPIO GUEDELHA	1:05:21.74	1:05:10.74	67	M	/65 M (65-69	165	9	GAA VF XIRA
199	15	ANTÓNIO POMBINHO	1:07:21.56	1:07:17.38	65	M	/65 M (65-69	179	10	
237	215	JOSÉ MAIA	1:14:25.50	1:14:19.98	65	M	/65 M (65-69	201	11	CCD O ALVITEJO
246	71	DIAMANTINO ALBUQUERQUE	1:16:43.28	1:16:42.79	69	M	/65 M (65-69	205	12	CD MAFRA
247	72	JORGE PAULINO	1:16:44.71	1:16:44.22	66	M	/65 M (65-69	206	13	CD MAFRA
163	283	EUGÉNIO PISCO	1:03:39.97	1:03:26.76	71	M	/70 M (70-99	150	1	
200	45	VITOR AGUILAR	1:07:26.98	1:07:24.71	72	M	/70 M (70-99	180	2	RUN 4 FUN
212	190	ANTÓNIO JORGE	1:09:30.52	1:09:17.54	70	M	/70 M (70-99	186	3	
215	51	MALCOLM BARBER	1:10:10.34	1:10:04.78	70	M	/70 M (70-99	187	4	
231	26	GILBERTO GONÇALVES	1:13:04.45	1:12:52.65	74	M	/70 M (70-99	197	5	CAA BELEM
256	89	JOAQUIM FRAGOSO	1:18:32.31	1:18:20.94	73	M	/70 M (70-99	213	6	
262	246	RUI CORDEIRO	1:20:07.97	1:19:58.13	80	M	/70 M (70-99	217	7	

Classificações Coletivas

Escalões	Classificação	Ramo	Chegados	Soma Pontos	1o atleta	2o atleta	3o atleta
12K	1	3B TRIATLO	5	56	2	26	28
	2	CCD O ALVITEJO	4	68	5	17	46
	3	GD ÁGUIAS DA MOITA	3	97	25	29	43

Classificações do Troféu

Sexo_atleta	Classificação	Equipa	Count	Soma Pos	1ª Class	2ª Class	3ª Class	4ª Class	5ª Class
F	1	GNR	4	3	1 (V40 F (40-44))	1 (V45 F (45-49))	1 (V35 F (35-39))		
F	2	PSP	4	5	1 (V50 F (50-99))	2 (V45 F (45-49))	2 (V35 F (35-39))		
M	1	PSP	6	7	1 (V50 M (50-54))	1 (V45 M (45-49))	1 (V55 M (55-99))	2 (SEN M (16-34))	2 (V40 M (40-44))
M	2	GNR	5	8	1 (V40 M (40-44))	1 (SEN M (16-34))	2 (V50 M (50-54))	2 (V45 M (45-49))	2 (V35 M (35-39))
M	3	EXÉRCITO	6	12	1 (V35 M (35-39))	2 (V55 M (55-99))	3 (V50 M (50-54))	3 (SEN M (16-34))	3 (V40 M (40-44))