

3ª MINI-CORRIDA

5K | Prova Fernando José Andrade



Posição Geral	Dorsal	Nome	Tempo Prova	Tempo Líquido	Idade	Género	Escalão	Posição Género	Posição Escalão	Equipa
12	748	SARA GABRIEL	0:23:33.12	0:23:33.12	33	F	F F (0-99)	1	1	
17	747	ANA MENDES	0:25:35.84	0:25:33.57	56	F	F F (0-99)	2	2	
18	750	RITA TOMÉ	0:26:08.62	0:26:06.84	17	F	F F (0-99)	3	3	
19	742	ANDREIA CORREIA	0:26:21.75	0:25:56.52	30	F	F F (0-99)	4	4	
22	758	DANIELA ALVES	0:26:26.52	0:26:00.37	26	F	F F (0-99)	5	5	
28	739	MARIANA GAMEIRO	0:28:20.12	0:27:57.06	28	F	F F (0-99)	6	6	
32	710	ELISABETE CORREIA	0:31:22.81	0:31:08.80	55	F	F F (0-99)	7	7	
34	717	ROSA SILVA	0:31:29.83	0:31:15.65	42	F	F F (0-99)	8	8	
35	736	SOFIA CORREIA	0:31:46.01	0:31:31.78	23	F	F F (0-99)	9	9	
39	779	CATARINA GEADA	0:32:21.47	0:32:19.13	31	F	F F (0-99)	10	10	
41	774	ÂNGELA FERREIRA	0:32:33.72	0:32:12.48	42	F	F F (0-99)	11	11	
42	713	ELISABETE PINTO	0:32:36.16	0:32:28.43	65	F	F F (0-99)	12	12	AGUALVA RUNNERS
43	768	CECÍLIA LOURENÇO	0:32:38.37	0:32:29.38	58	F	F F (0-99)	13	13	
44	764	ISABEL PIRES	0:32:54.10	0:32:33.57	16	F	F F (0-99)	14	14	
45	769	TÂNIA RODRIGUES	0:33:10.79	0:32:52.60	39	F	F F (0-99)	15	15	OTS
46	734	ANDREIA MAGRO	0:33:20.56	0:32:31.40	44	F	F F (0-99)	16	16	
47	706	PATRICIA HENRIQUES	0:33:54.50	0:33:30.77	45	F	F F (0-99)	17	17	
48	730	ANA NUNES	0:35:01.25	0:34:36.77	33	F	F F (0-99)	18	18	
50	711	MARIANELA ANDRADE	0:35:04.18	0:34:45.34	44	F	F F (0-99)	19	19	
51	767	CLÁUDIA FLORENTIM	0:35:51.84	0:35:06.92	45	F	F F (0-99)	20	20	
53	751	ANDREIA RIO	0:36:20.36	0:36:04.16	20	F	F F (0-99)	21	21	
54	738	CLARA PINTO	0:36:26.24	0:36:21.76	66	F	F F (0-99)	22	22	
55	752	MATILDE RIO	0:36:28.52	0:36:12.32	16	F	F F (0-99)	23	23	
56	725	CARINA PISTOLA	0:36:30.36	0:36:13.39	42	F	F F (0-99)	24	24	

3ª MINI-CORRIDA

5K | Prova Fernando José Andrade



57	701	LINA ALEXANDRE	0:37:18.82	0:37:05.74	49	F	F F (0-99)	25	25	
59	56	ANA TRAVESSA	0:37:50.52	0:37:31.91	39	F	F F (0-99)	26	26	
60	729	VALÉRIA RODRIGUES	0:38:21.18	0:38:06.98	42	F	F F (0-99)	27	27	
61	732	MARILISA CHRISANTO	0:38:21.67	0:38:07.09	62	F	F F (0-99)	28	28	
62	714	MARIA SERRA	0:38:52.75	0:38:45.11	50	F	F F (0-99)	29	29	AGUALVA RUNNERS
63	749	SONIA COSTA	0:40:23.53	0:39:58.06	61	F	F F (0-99)	30	30	
65	733	MARGARIDA FONSECA	0:40:43.63	0:40:34.94	68	F	F F (0-99)	31	31	
67	765	LENA VIEIRA	0:40:57.69	0:40:31.72	60	F	F F (0-99)	32	32	
70	715	SÍLVIA FERNANDES	0:41:59.85	0:41:42.12	43	F	F F (0-99)	33	33	
71	708	SÓNIA DIAS	0:42:01.31	0:41:42.62	37	F	F F (0-99)	34	34	
72	780	MARIA ANJOS	0:43:38.28	0:43:28.13	76	F	F F (0-99)	35	35	
73	775	ANAMARIA VERDOLIN	1:11:07.80	1:10:49.08	50	F	F F (0-99)	36	36	
1	760	MÁRIO ALMEIDA	0:16:18.47	0:16:18.47	21	M	M M (0-99)	1	1	
2	716	NUNO RIBEIRO	0:17:14.79	0:17:14.79	26	M	M M (0-99)	2	2	
3	720	DUARTE COSTA	0:19:21.08	0:19:21.08	39	M	M M (0-99)	3	3	
4	762	JOÃO RAFAEL	0:19:47.73	0:19:47.73	18	M	M M (0-99)	4	4	
5	772	ALEXANDRE LOBO	0:19:50.83	0:19:50.34	30	M	M M (0-99)	5	5	
6	705	TIAGO QUITÉRIO	0:20:06.11	0:20:06.11	40	M	M M (0-99)	6	6	
7	761	DUARTE LOPES	0:20:56.52	0:20:56.52	19	M	M M (0-99)	7	7	
8	746	FRANCISCO MENDES	0:20:58.36	0:20:58.36	59	M	M M (0-99)	8	8	
9	770	JOSÉ SILVA	0:21:43.96	0:21:43.96	59	M	M M (0-99)	9	9	
10	735	AFONSO SANTOS	0:23:12.32	0:23:10.78	22	M	M M (0-99)	10	10	
11	728	RICARDO MAXIMIANO	0:23:27.09	0:23:25.72	27	M	M M (0-99)	11	11	
13	737	TIAGO SILVA	0:24:13.47	0:24:00.80	26	M	M M (0-99)	12	12	
14	703	JOÃO CORREIA	0:24:13.75	0:24:01.24	29	M	M M (0-99)	13	13	
15	771	AFONSO DELGADO	0:24:51.07	0:24:38.66	17	M	M M (0-99)	14	14	

3ª MINI-CORRIDA

5K | Prova Fernando José Andrade



16	704	MANUEL BRICENO	0:25:05.87	0:24:53.23	29	M	M M (0-99)	15	15	
20	773	SIMÃO FERREIRA	0:26:26.31	0:26:06.69	19	M	M M (0-99)	16	16	
21	759	RUBEN LOURENÇO	0:26:26.36	0:25:59.29	29	M	M M (0-99)	17	17	
23	753	MÁRIO PEREIRA	0:27:20.18	0:27:01.46	50	M	M M (0-99)	18	18	
24	721	JOSÉ SILVA	0:27:37.95	0:27:23.13	42	M	M M (0-99)	19	19	
25	723	PEDRO QUITÉRIO	0:28:08.53	0:27:50.12	42	M	M M (0-99)	20	20	
26	724	AMARO SILVA	0:28:09.86	0:27:51.02	46	M	M M (0-99)	21	21	
27	800	VALTER ALMEIDA	0:28:19.18	0:27:55.56	33	M	M M (0-99)	22	22	
29	740	DIOGO GAMEIRO	0:28:21.72	0:27:51.46	34	M	M M (0-99)	23	23	
30	702	EMANUEL MARUJO	0:29:56.67	0:29:41.35	24	M	M M (0-99)	24	24	
31	709	NUNO MARUJO	0:29:59.68	0:29:59.68	35	M	M M (0-99)	25	25	
33	719	BRUNO SEMEANO	0:31:28.49	0:31:13.76	36	M	M M (0-99)	26	26	
36	726	PEDRO MESQUITA	0:31:49.84	0:31:29.88	43	M	M M (0-99)	27	27	
37	766	RUI MESQUITA	0:31:50.09	0:31:30.88	46	M	M M (0-99)	28	28	
38	741	ANTONIO OLIVEIRA	0:31:50.49	0:31:38.44	74	M	M M (0-99)	29	29	
40	718	FILIPPE DIAS	0:32:29.96	0:32:07.02	47	M	M M (0-99)	30	30	
49	731	FERNANDO FERREIRA	0:35:01.37	0:34:36.86	62	M	M M (0-99)	31	31	
52	745	ANTÓNIO NASCIMENTO	0:36:12.23	0:35:56.23	82	M	M M (0-99)	32	32	
58	712	PEDRO PINTO	0:37:33.08	0:37:25.16	65	M	M M (0-99)	33	33	AGUALVA RUNNERS
64	757	ORLANDO SOUSA	0:40:24.60	0:39:58.14	60	M	M M (0-99)	34	34	
66	722	MANUEL SEQUEIRA	0:40:45.34	0:40:33.03	72	M	M M (0-99)	35	35	
68	743	ANTÓNIO GASPAR	0:41:24.55	0:41:07.08	79	M	M M (0-99)	36	36	
69	744	JOSÉ ABREU	0:41:29.36	0:41:13.63	74	M	M M (0-99)	37	37	
74	756	JOÃO BARBOSA	1:11:50.73	1:11:25.93	62	M	M M (0-99)	38	38	
75	754	FERNANDO FERNANDES	1:11:51.55	1:11:27.49	70	M	M M (0-99)	39	39	
76	727	RUI ANDRADE	1:12:12.20	1:11:43.38	55	M	M M (0-99)	40	40	

3ª MINI-CORRIDA

5K | Prova Fernando José Andrade



77	755	GUALDINO FREIRE	1:15:03.94	1:14:27.49	77	M	M M (0-99)	41	41
----	-----	-----------------	------------	------------	----	---	------------	----	----

Classificações Coletivas

Escalões	Classificação Ramo	Chegados	Soma Pontos	1o atleta	2o atleta	3o atleta
12K	1 3B TRIATLO	5	56	2	26	28
	2 CCD O ALVITEJO	4	68	5	17	46
	3 GD ÁGUIAS DA MOITA	3	97	25	29	43

3ª MINI-CORRIDA

5K | Prova Fernando José Andrade



3ª MINI-CORRIDA

5K | Prova Fernando José Andrade



Classificações do Troféu

Sexo_atleta	Classificação	Equipa	Count	Soma Pos	1ª Class	2ª Class	3ª Class	4ª Class	5ª Class
F	1	GNR	4	3	1 (V40 F (40-44))	1 (V45 F (45-49))	1 (V35 F (35-39))		
F	2	PSP	4	5	1 (V50 F (50-99))	2 (V45 F (45-49))	2 (V35 F (35-39))		
M	1	PSP	6	7	1 (V50 M (50-54))	1 (V45 M (45-49))	1 (V55 M (55-99))	2 (SEN M (16-34))	2 (V40 M (40-44))
M	2	GNR	5	8	1 (V40 M (40-44))	1 (SEN M (16-34))	2 (V50 M (50-54))	2 (V45 M (45-49))	2 (V35 M (35-39))
M	3	EXÉRCITO	6	12	1 (V35 M (35-39))	2 (V55 M (55-99))	3 (V50 M (50-54))	3 (SEN M (16-34))	3 (V40 M (40-44))