

II CAMINHADA E CORRIDA SAUDE MENTAL 2015 - 7,5 KM - 29/11/2015

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	42	JOÃO FREIRE	M	22		00:24:32	00:24:31	INGLESES FC
2	11	LUIS F F ALVES	M	45		00:27:10	00:27:10	DEZ PRAS ONZE
3	89	PAULO HERMEZILHAS	M	39		00:27:14	00:27:13	MENTE TRAQUINA
4	30	FRANCISCO S P Q MACEDO	M	24		00:28:39	00:28:39	INDIVIDUAL
5	12	ANTONIO MESTRE	M	50		00:28:43	00:28:43	DEZ PRAS ONZE
6	41	DAVID M R L PEREIRA	M	29		00:29:02	00:29:01	CORRER LISBOA
7	63	LEONEL SELEIRO	M	58		00:29:39	00:29:38	AA AGUALVA
8	83	ANDRE M C ALMEIDA	M	26		00:30:15	00:30:11	CORRER QUELUZ
9	85	JORGE H P SILVA	M	42		00:30:21	00:30:20	MENTE TRAQUINA
10	39	DANIEL J P P ALMEIDA	M	31		00:31:10	00:31:09	INDIVIDUAL
11	68	FRANCISCO PESSOA	M	42		00:31:16	00:31:16	AA AGUALVA
12	50	LUIS M S LEMOS	M	0		00:32:05	00:32:05	INDIVIDUAL
13	66	ALBERTO FERNANDES	M	62		00:32:09	00:32:09	AA AGUALVA
14	52	LUIS M S ANDRADE	M	18		00:32:39	00:32:39	THE SPRINTERS
15	69	MANUEL RODRIGUES	M	57		00:32:46	00:32:46	AA AGUALVA
16	40	SARA A R A GOMES	F	29		00:32:46	00:32:45	CORRER LISBOA
17	37	RICARDO R FERNANDES	M	15		00:32:53	00:32:53	INDIVIDUAL
18	65	FERNANDO SANTOS	M	62		00:34:19	00:34:19	AA AGUALVA
19	75	MIGUEL A P M M DÁBRIO	M	33		00:35:18	00:35:12	SEMPRE À FRENTE!
20	64	BERNARDO GRADISSIMO	M	57		00:35:35	00:35:35	AA AGUALVA
21	3	RICARDO CAMPOS	M	40		00:36:48	00:36:46	AFO
22	2	PEDRO LEONARDO	M	38		00:37:48	00:37:43	CORRER QUELUZ
23	71	JOSE SOUSA	M	48		00:37:48	00:37:44	INDIVIDUAL
24	55	Mª CONCEIÇÃO R VARELA	F	41		00:38:10	00:38:07	CORRER QUELUZ
25	67	MANUEL EMÍDIO	M	59		00:41:12	00:41:12	AA AGUALVA
26	88	SORAIA GOMES	F	14		00:43:22	00:43:20	MENTE TRAQUINA
27	56	JOSE G NOBRE	M	54		00:45:29	00:45:23	INDIVIDUAL
28	35	SOFIA A B R FERNANDES	F	39		00:46:05	00:46:05	INDIVIDUAL
29	18	JORGE M NARCISO	M	55		00:46:09	00:46:04	CORRER LISBOA
30	86	AUGUSTA ALMEIDA	F	52		00:46:15	00:46:14	MENTE TRAQUINA
31	120	ISABEL FONSECA	F	27		00:46:36	00:46:32	CORRER QUELUZ
32	33	DIAMANTINO D SERRANO	M	40		00:46:37	00:46:34	CORRER QUELUZ
33	22	VITOR LUCAS	M	52		00:46:38	00:46:38	BREAKAWAY
34	34	CARLA S P SERRANO	F	41		00:46:38	00:46:35	CORRER QUELUZ
35	38	ALICE R FERNANDES	F	11		00:47:44	00:47:44	INDIVIDUAL
36	36	LUIS J FERNANDES	M	46		00:47:46	00:47:44	INDIVIDUAL
37	8	RICARDO SANTOS	M	24		00:52:13	00:52:08	CORRER QUELUZ
38	1	PAULA FONSECA	F	37		00:52:51	00:52:51	CORRER QUELUZ
39	160	VERA SOUSA	F	36		00:53:42	00:53:42	INDIVIDUAL

II CAMINHADA E CORRIDA SAUDE MENTAL 2015 - 7,5 KM - 29/11/2015

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
40	27	ANDREIA SILVA	F	32		00:54:15	00:54:09	INDIVIDUAL
41	108	ÉLCIO E DJATA	M	16		00:54:17	00:54:17	JOVENS-IDANHA
42	101	ANA P G NASCIMENTO	F	46		00:54:20	00:51:11	JOVENS-IDANHA
43	73	ALEXANDRA G N ABREU	F	20		00:54:23	00:51:11	VOLUNTÁRIO
44	96	SOFIA N DUARTE	F	14		00:54:26	00:54:26	JOVENS-IDANHA
45	95	JOANA F J TEIXEIRA	F	14		00:54:27	00:54:27	JOVENS-IDANHA
46	99	Mª SILVA VIEGAS	F	14		00:54:27	00:54:27	JOVENS-IDANHA
47	53	ANDRÉ M S ANDRADE	M	14		00:59:48	00:59:48	THE SPRINTERS
48	51	SUSANA M V S ANDRADE	F	41		00:59:51	00:59:51	THE SPRINTERS
49	48	Mª JOÃO VELADAS	F	40		01:01:35	01:01:32	INDIVIDUAL
50	16	VITOR M R SILVA	M	64		01:05:14	01:05:14	INDIVIDUAL
51	133	LUIS M B ALMEIDA	M	31		01:08:04	01:08:04	INDIVIDUAL
52	25	CÉLIA C A P BRITO	F	39		01:08:04	01:08:04	INDIVIDUAL
53	61	GONÇALO B SIBORRO	M	14		01:08:05	01:07:58	OS TRÊS ESTAROLAS
54	76	ANA C S BATISTA	F	33		01:10:38	01:10:31	SEMPRE À FRENTE!
55	140	ANTONIO PAULO	M	44		01:12:58	01:12:51	INDIVIDUAL
56	45	PAULO J F GONÇALVES	M	47		01:13:38	01:13:28	INDIVIDUAL
57	9	EUGÉNIA SANTOS	F	39		01:13:56	01:13:56	INDIVIDUAL
58	135	MARIA OLIVEIRA VAZ	F	64		01:13:57	01:13:57	
59	47	NELSON PINHEIRO	M	34		01:15:01	01:14:52	INDIVIDUAL
60	26	Mª FÁTIMA M LOUREIRO	F	50		01:15:31	01:15:31	INDIVIDUAL
61	32	MAFALDA R M LOUREIRO	F	19		01:15:40	01:15:40	INDIVIDUAL
62	82	JOÃO M R BORGES	M	21		01:15:41	01:15:41	INDIVIDUAL
63	46	PATRICIA F GONÇALVES	F	35		01:16:14	01:16:05	INDIVIDUAL
64	114	JOSÉ M R N NARCISO	M	14		01:16:22	01:16:22	JOVENS-IDANHA
65	94	JOÃO P A ALVES	M	15		01:16:25	01:16:25	JOVENS-IDANHA
66	93	FRANCISCO A L L VIEIRA	M	15		01:16:27	01:16:27	JOVENS-IDANHA
67	104	ÉRICA P GONÇALVES	F	14		01:17:54	01:14:45	JOVENS-IDANHA
68	106	LILIANE M SOUSA	F	13		01:17:54	01:17:54	JOVENS-IDANHA
69	107	CARLA S S VARELA	F	15		01:17:54	01:14:45	JOVENS-IDANHA
70	110	ANA S OLIVEIRA	F	15		01:17:55	01:14:44	JOVENS-IDANHA
71	111	RAFAELA SOUSA	F	11		01:17:55	01:17:55	JOVENS-IDANHA
72	92	DANIELA S RODRIGUES	F	27		01:18:02	01:14:56	JOVENS-IDANHA
73	112	Mª ZAIRA MIRANDA	F	47		01:18:17	01:18:17	JOVENS-IDANHA
74	49	FERNANDA M C CAETANO	F	38		01:18:56	01:15:50	INDIVIDUAL
75	91	PEDRO M C V REBELO	M	21		01:18:57	01:18:57	JOVENS-IDANHA
76	113	SARA M G MOURISCO	F	14		01:18:58	01:18:58	JOVENS-IDANHA
77	102	PAULO J M BAIÃO	M	45		01:18:58	01:18:58	JOVENS-IDANHA
78	97	TERESA A M MARTINS	F	28		01:19:20	01:16:13	JOVENS-IDANHA

II CAMINHADA E CORRIDA SAUDE MENTAL 2015 - 7,5 KM - 29/11/2015

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
79	57	CARLOS ANTUNES	M	55		01:19:49	01:19:43	INDIVIDUAL
80	58	CÉLIA ANTUNES	F	48		01:19:49	01:19:42	INDIVIDUAL
81	14	SUSANA D TOLEDO	F	29		01:19:51	01:18:47	INDIVIDUAL
82	98	Mª JÚLIA S COSTA	F	48		01:19:52	01:16:43	JOVENS-IDANHA
83	59	PAULA C B SIBORRO	F	38		01:20:01	01:16:55	OS TRÊS ESTAROLAS
84	90	Mª ROSÁRIO S B ALMEIDA	F	52		01:27:00	01:27:00	INDIVIDUAL
85	134	ISABEL M T M PINTO	F	52		01:27:00	01:27:00	INDIVIDUAL
86	132	ISABEL M T M PINTO	F	52		01:27:01	01:27:01	INDIVIDUAL
87	62	MARGARIDA B SIBORRO	F	11		01:34:13	01:34:13	OS TRÊS ESTAROLAS
88	81	BEATRIZ S ANTUNES	F	10		01:35:45	01:35:37	INDIVIDUAL
89	80	SANDRA I F S ANTUNES	F	41		01:35:45	01:35:37	INDIVIDUAL
90	77	Mª ROSARIO M DUARTE	F	45		01:35:49	01:35:30	CASA DO SOL
91	79	CARLOS A C CERQUEIRA	M	47		01:35:49	01:35:49	U 15
92	28	JOAQUIM N CELORICO	M	59		01:35:49	01:35:29	INDIVIDUAL
93	116	NUNO M C C V REBELO	M	14		01:38:45	01:38:45	JOVENS-IDANHA
94	119	HENRIQUE A S CAVACO	M	14		01:38:45	01:38:45	JOVENS-IDANHA
95	115	FRANCISCO J G A IRÉDIO	M	14		01:38:45	01:38:45	JOVENS-IDANHA
96	118	CARLOS M F CORREIA	M	15		01:38:45	01:38:45	JOVENS-IDANHA
97	121	ISABEL R P C ALMEIDA	F	48		01:39:06	01:39:06	GIRASSOL
98	123	ANTÓNIA E F VIEGAS	F	41		01:39:06	01:39:06	GIRASSOL
99	100	RITA S R M GRILO	F	30		01:39:06	01:39:06	JOVENS-IDANHA
100	127	SÓNIA M G R SÁ	F	41		01:39:06	01:38:51	GIRASSOL
101	103	ERICA N C BACURIM	F	14		01:39:06	01:38:50	JOVENS-IDANHA
102	109	ANA P E S CARREIRA	F	17		01:39:06	01:38:50	JOVENS-IDANHA
103	117	MARIANA I L M COSTA	F	14		01:39:06	01:39:06	JOVENS-IDANHA
104	124	Mª ARLINDA R SILVA	F	42		01:39:06	01:39:06	GIRASSOL
105	125	Mª ANTÓNIA S CHINARRO	F	57		01:39:14	01:38:58	GIRASSOL
106	126	Mª LURDES P SILVA	F	58		01:39:14	01:39:14	GIRASSOL
107	122	ANA P F VENTOSA	F	41		01:39:14	01:38:59	GIRASSOL
108	13	ANA ANTUNES	F	25		01:42:22	01:42:22	INDIVIDUAL

Total de registros: 108